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25 FEB-3 MARCH 2023

TV & Satellite week

NEW

DJANGO
Wild West hero rides again!

TV TO GET EXCITED ABOUT!

NEW

Unforgotten

Sinéad Keenan joins **Sanjeev Bhaskar** for a baffling cold case

STARTS MONDAY ON ITV1

NEW

ENDEAVOUR
Back for the final series

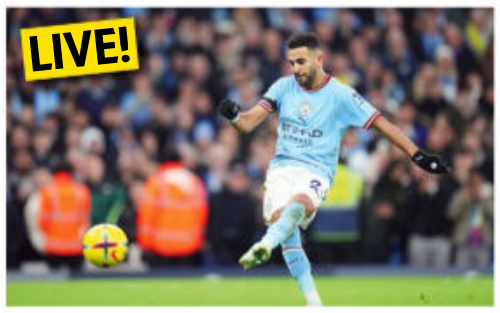
NEW

THE MANDALORIAN
More adventures in the Star Wars galaxy

HotList This week's 28

Saturday 25

Six Nations
***RUGBY UNION** BBC1, ITV1 & S4C*
The third week of the contest sees title favourites Ireland travel to Rome to face Italy (ITV1, k-o 2.15pm), before Wales welcome England to Cardiff's Principality Stadium (BBC1 & S4C, k-o 4.45pm).



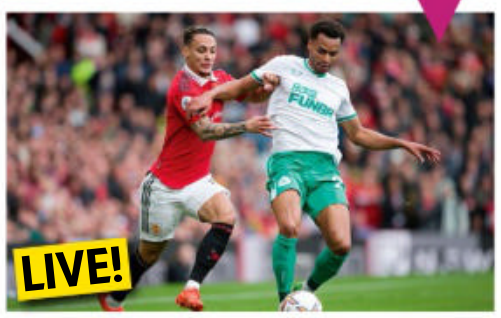
Premier League
***FOOTBALL** Sky Sports Premier League & Sky Sports Main Event*
There are two top-flight games to enjoy tonight – first, Manchester City face Bournemouth (k-o 5.30pm), then it's Crystal Palace v Liverpool (k-o 7.45pm).

Ant & Dec's Saturday Night Takeaway
***ENTERTAINMENT** ITV1, 7pm*
The Geordie duo are back to host more fun and games, including new mini-serial *Murder at Bigwig Manor* – a whodunnit with Richard Wilson. *See feature, page 11*

The Jonathan Ross Show
***ENTERTAINMENT** ITV1, 9.40pm*
Wossy (above) is back with another series of the chat show, starting with East End royalty Danny Dyer, actor Evangeline Lilly and comedian Maisie Adam, plus music from The 1975.

■ Full listings start on **p35**

Sunday 26



EFL Cup Final
***FOOTBALL** Sky Sports Main Event & Sky Sports Football, kick-off 4.30pm*
Two Uniteds face off today. Man Utd last won a cup in 2017, while Newcastle haven't lifted a domestic trophy since 1955.
See Sport Week, page 28

Antiques Roadshow
***FACTUAL** BBC1, 7pm*
Historic medical equipment, uniforms and medals are in the spotlight for this nursing-themed special edition of the show, which also explores the story of *Call the Midwife* author Jennifer Worth.

Endeavour
***CRIME DRAMA** ITV1, 8pm*
A three-episode final-ever series of the *Inspector Morse* prequel begins with the melancholy sleuth (Shaun Evans) tackling a pair of murders that may be linked to a prestigious orchestra. *See feature, page 6*

Call the Midwife
***DRAMA** BBC1, 8pm*
The nuns and nurses of Nonnatus House are excited this week as the wedding day of Trixie and Matthew arrives – but there are several issues to contend with before they can say, 'I do'. *See feature, page 7*

■ Full listings start on **p45**

Monday 27

Coastal Defenders
***DOCUMENTARY** BBC2, 6.30pm*
Take the plunge with a new series about the diving engineers who maintain our ports and waterways. In the first episode, divers repair a wonky jetty at Brighton Marina. Continues to Wednesday.

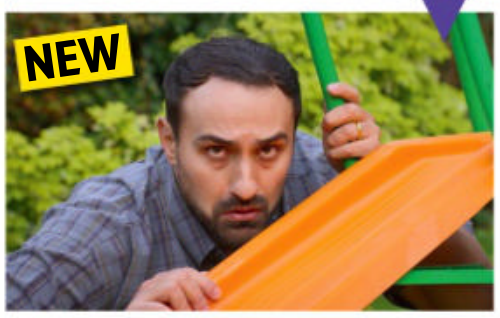
Unforgotten
***CRIME DRAMA** ITV1, 9pm (box set, ITVX)*
DI Sunil 'Sunny' Khan (Sanjeev Bhaskar) heads to a Victorian house where a body has been found – and where new boss DCI Jessica James (Sinéad Keenan) is waiting for him. *See feature, page 4*

Better
***DRAMA** BBC1, 9pm*
The drama continues. With her son in hospital, cop Lou Slack (Leila Farzad) is determined to cut all ties with gangster Col McHugh (Andrew Buchan). But her former friend is growing more suspicious...

Sex Actually with Alice Levine
***DOCUMENTARY** C4, 10pm (box set, All 4)*
The former Radio 1 DJ once again steps out of her comfort zone to embark upon an enlightening – but sometimes very awkward – journey of sexual discovery.

■ Full listings start on **p55**

Tuesday 28



A Whole Lifetime with Jamie Demetriou
***COMEDY** Netflix*
A one-off special in which the *Stath Lets Flats* comedian uses sketches and songs to make the journey from birth to death. He's joined by Ellie White and Katy Wix.

FA Cup Fifth Round
***FOOTBALL** BBC & ITV, from 7.15pm*
A busy night of domestic-cup action sees Fulham play Leeds (BBC1), Leicester host Blackburn (BBC iPlayer), Bristol City entertain Manchester City (ITV1), and Stoke City welcome Brighton (ITV4).

The Mormons Are Coming
***DOCUMENTARY** BBC2, 9pm*
One-off documentary offering a rare insight into life at Europe's only Mormon missionary training centre, in Chorley, Lancashire, as a camera crew is allowed inside for the very first time.

The Diplomat
***DRAMA** Alibi, 9pm (box set, Sky Box Sets, Virgin TV & NOW)*
Sophie Rundle stars as a British consul in Spain whose job it is to assist UK citizens, starting with the family of a man who's died in an apparent jet-ski accident. *See feature, page 8*

■ Full listings start on **p65**

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best shows

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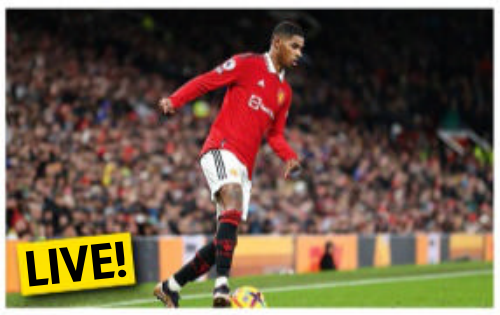
Wednesday 1

The Mandalorian
SCI-FI Disney+
Third season of the Star Wars spin-off. After undergoing Jedi training, Grogu (dubbed 'Baby Yoda' by fans) is back with Mando – and facing some new enemies. *See Your Watchlist, page 17*

Cheat
GAME SHOW Netflix
Actor Danny Dyer returns to the world of game shows to present a new format where honesty is not the best policy, as contestants try to blag their way to a £50,000+ jackpot. Ellie Taylor co-hosts.



FA Cup Fifth Round
FOOTBALL BBC & ITV, from 7.15pm
Tonight's big game is Manchester United v West Ham United (ITV1, k-o 7.45pm). Southampton play Grimsby Town (ITV4), Burnley meet Fleetwood (BBC iPlayer), and Sheffield United face Spurs (BBC1).

Django
WESTERN Sky Atlantic, 9pm & 10.05pm
Matthias Schoenaerts stars as the titular gunslinger, who, haunted by the murder of his family years earlier, is looking for the daughter he thinks may have survived the massacre. *See feature, page 12*

■ Full listings start on p75

Thursday 2

Social Media Murders
DOCUMENTARY ITVX
Shocking cases where online connections have put young people into the paths of their killers are at the heart of this new series, beginning with a fatal stabbing in Essex and a revenge killing in Merseyside.

Arnold Palmer Invitational
GOLF Sky Sports Golf, from 12noon
This event always attracts a strong field – defending champ Scottie Scheffler (above) is in good form after his win at the Phoenix Open. Continues tomorrow.

Murder in the Pacific
DOCUMENTARY BBC2, 9pm (box set, BBC iPlayer)
The story of the 1985 sinking of Greenpeace ship *Rainbow Warrior*, which was bombed by the French secret service while docked in Auckland. *See Documentaries, page 21*

Willem & Frieda – Defying the Nazis
DOCUMENTARY C4, 9pm
Stephen Fry (above) heads to Amsterdam to tell the story of Willem Arondeus and Frieda Belinfante, whose forged ID cards saved the lives of thousands of Jews.

■ Full listings start on p85

Friday 3

Daisy Jones & the Six
DRAMA Prime Video
Riley Keough (daughter of the late Lisa Marie Presley) plays an LA-based singer-songwriter in this drama charting the rise and fall of a fictional folk-rock band during the 1970s. *See Your Watchlist, page 14*

Finding Michael
DOCUMENTARY Disney+
Made in Chelsea's Spencer Matthews (above) sets off on a journey to Everest, where his 22-year-old brother, Michael, disappeared in 1999 after reaching the summit. *See Documentaries, page 20*

Elvis
BIOPIC Sky Premiere, 11.35am & 8pm
This Baz Luhrmann-directed biopic stars Austin Butler (above) as the rock icon, while Tom Hanks plays manager Tom Parker, who exerts a vice-like grip over his profitable client. *See review, page 22*

Beyond Paradise
CRIME DRAMA BBC1, 8pm (times vary)
The *Death in Paradise* spin-off continues, with DI Humphrey Goodman (Kris Marshall) still adjusting to life in Devon as he investigates the disappearance of a local family. *See feature, page 12*

■ Full listings start on p95

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New boss

Sinéad Keenan replaces Nicola Walker as Sanjeev Bhaskar's crime-solving partner as the cold-case drama returns

NEW CRIME DRAMA
Unforgotten
Monday, 9pm, ITV1 (box set, ITVX)

There's a new boss, a new gruesome crime to solve and another batch of interlinked suspects as ITV1's crime drama *Unforgotten* returns this week for a fifth series.

Viewers were left shocked when, at the end of the last run, the show's much-loved lead character of DCI Cassie Stuart, played by Nicola Walker, died from injuries she sustained in a car accident. The new series picks up nine months after that fateful day and heralds the arrival of Cassie's replacement, DCI Jessica 'Jess' James, played by award-winning *Little Boy Blue* and *Showtrial* actor Sinéad Keenan.

However, Jess fails to make a good impression on her colleagues, including Cassie's sidekick, DI Sunil 'Sunny' Khan, played by Sanjeev Bhaskar. And when the two meet to investigate the grim discovery of human remains hidden inside the chimney breast of a Victorian house in London, the tension is palpable. It continues to simmer as they set about identifying the victim, establishing the cause of death and working out how long the body has been there.

Here, Bhaskar, 59 and Keenan, 45, reveal more…

Sinéad, how has it been joining the cast of *Unforgotten*?

Keenan What I was most nervous about was following Nicola Walker, because who wants to do that? [Laughing.] When my agent first told me I was one of three actors they were sending the script to, I initially whispered, 'No, thanks.' But then I read it, and it was so compelling, it was a no-brainer that I would want to do it.

> 'The script was so compelling, it was a no-brainer that I would want to do it'
> SINÉAD KEENAN

And Sanjeev, what state of mind do we find Sunny in?

Bhaskar He's really struggling. He's grieving the loss of Cassie deeply and feeling very lost without her. She was so much more than a colleague to him – she was a friend, his confidante – and now that she's gone, he's finding it difficult to recalibrate.

How do Sunny and Jess get on at the start of the series?

Keenan Jess has been very successful in her career; she's ambitious and has been fast-tracked to DCI. She's got a husband and two children, but on her first day working as Sunny's new boss, something happens in her personal life that completely blindsides her. It impacts her ability to function properly. Sunny and the team are thinking, 'This woman is rubbish at her job; why is she even here?'

Bhaskar Neither of them act or behave their best at a time when it's vital to make that first connection. It's clear they can't continue to operate like that, so it's going to be an interesting journey.

What can you tell us about their first case together?

Bhaskar A body has been found bricked up in a chimney breast in an old Victorian house in London. It was discovered when the owner started doing renovations.

Keenan Jess thinks it could date back a very long time, and, as far as she's concerned, if it's a body from 30 or 40 years ago, her budget would be more effectively spent on trying to solve more recent cases. She and Sunny don't see eye to eye on that.

How does this series compare to previous ones?

Bhaskar What is really interesting is that the group of suspects span the biggest age range we've ever had, and they are from disparate backgrounds. In the past, for example, it has been a group of friends or people who all worked together in the police force, but with this group, you look at them and go, 'How on Earth can you lot all be connected?'

Keenan It's so true; you've got a Tory lord, a drug addict, young and old.

Will Sunny's infamous backpack be making an appearance?

Bhaskar Oh, yes, and once again, the costume department has had a great time filling it with all kinds of weird and ridiculous items. We've had a balloon pump, a leg cast, an inflatable guitar and a 'Girl Power' T-shirt. I can't believe how much attention that backpack gets!

Keenan I didn't get to have even the tiniest peek inside that zip! I'll have to wait and see what comes out, like everyone else.

Hayley Mills as Lady Emma Hume

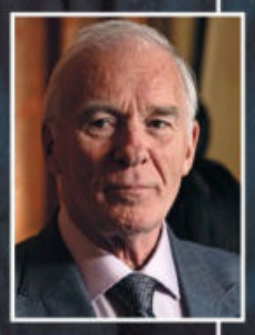
Jess, Dr Leanne Balcombe (Georgia Mackenzie) and Sunny

WORDS: TESS LAMACRAFT. PHOTOS: ITV

THE SUSPECTS

The four people in the frame are decades apart in age and come from wildly different backgrounds...

Lord Tony Hume
Ian McElhinney



The Tory politician with a loyal wife, Emma (Hayley Mills), wants to compensate for his past wrongs.

Ebele Falade
Martina Laird

The ambitious vegan restaurant owner has made some traumatic choices in the past that were her ways of surviving.

Karol Wojski
Max Rinehart

The Polish immigrant came to London when he was eight but now lives and works in Paris with his French girlfriend.

Jay Royce
Rhys Yates

Jay lives with his drug-addict girlfriend on a run-down council estate. But he's looking for a way to break out of his destructive cycle.

Endeavour and Fred at work in Castle Gate

NEW CRIME DRAMA
Endeavour
Sunday, 8pm, ITV1

Roger Allam and Shaun Evans on the final series of the long-running crime drama

Roger & out

Back in 2012, *Inspector Morse* prequel *Endeavour* introduced us to a fresh-faced, melancholic young Endeavour Morse as he cracked his first case among the dreaming spires of Oxford. Now, the brilliant but still deeply-troubled DS Morse (Shaun Evans) and his stalwart superior DCI Fred Thursday (Roger Allam) are bowing out for good in the ninth and final series.

The three-part swansong is set in 1972 and begins as Endeavour returns to Oxford feeling brighter than usual after seeking help for his alcohol issues, but change is in the air at Castle Gate Police Station.

RENEWED ENERGY

'At the end of the last series, Endeavour was told to get his act together. He was fighting that, but then he reached the conclusion that he did need time off, so he's back in a more positive mood and full of good intentions,' says Evans, 42. 'But Bright [Endeavour and Fred's boss, played by Anton Lesser] is retiring and Fred might be moving on, and for Endeavour, something is ending and shifting inside…'

The first case of the series involves the discovery of the body of a mysterious young man following a reception for a prestigious orchestra, while one of the musicians later dies during a performance. But the grisly death of a crook with connections to Fred's earlier days in London opens an unsettling can of worms that will have dire repercussions.

'There's a juxtaposition between the highbrow orchestra and the deaths,' reveals Evans. 'Then there's the underbelly of London drawing Fred back. But are those worlds colliding or not? It presents interesting challenges.'

As the series progresses, the detectives investigate the murder of an actor in a TV cop show and some bizarre deaths that are announced in the newspaper before they have occurred. But the past continues to haunt them and old faces return, along with links to an unsolved earlier case, which leads Endeavour to become dangerously obsessed with getting to the truth.

Sara Vickers as Joan

RESOLUTION

'Things had been left open, so it was great, as we're ending, to cross Ts and dot Is,' explains Evans. 'We see corruption again on every level and Endeavour immediately focuses on this case and thinks, "This has to be sorted out now."'

Personal matters are also set to bring turmoil, as Endeavour receives a shock concerning his 'will they, won't they?' relationship with Fred's daughter Joan (Sara Vickers), while Fred himself is anxious about his soldier son Sam (Jack Bannon), who went AWOL in the last series but now returns in a deeply-disturbed state.

'It is an upsetting and dramatic story,' reveals Allam, 69. 'I like that things are brought back in and I hope it's satisfying for the audience.'

The goings-on in Fred's family also have an effect on Endeavour.

'What I find poignant is that Fred has been a father figure and Endeavour has been a surrogate

WORDS: CAREN CLARK. PHOTOS: BBC, ITV

Allam and Evans as Fred and Endeavour

son, but when Sam returns, you realise Endeavour is just Fred's colleague,' says Evans. 'And with Joan, there's that feeling that Endeavour has come back with optimism and hope but maybe the timing is wrong…'

As events lead to a thrilling climax, both Evans and Allam, who are executive producers on the show, feel pleased with the way that storylines are tied up and how they lay the foundations for the older Endeavour Morse.

'We see corruption again on every level'
SHAUN EVANS

'I remember, years ago, someone saying, "How should it end?" I said, "A spectacular death for Fred!" But can that happen?' teases Allam. 'There has to be a satisfying reason with emotional heft as to why John Thaw's Morse never mentions Fred Thursday. And Russell Lewis [the show's writer] has achieved that well. I'm proud that we have got to a certain point. There's a beginning, middle and end.'

Rix and George as Matthew and Trixie

Marriage ROWS

In the build-up to their wedding, **Matthew and Trixie** have a big argument

The couple after the ceremony

LAST ONE DRAMA
Call the Midwife
Sunday, 8pm, BBC1

After weeks of preparations, stylish midwife Trixie Franklin is at last ready to tie the knot with dashing fiancé Sir Matthew Aylward in the series finale of *Call the Midwife*, but the nuptials don't exactly go smoothly.

While widower and single dad Matthew (Olly Rix) is still adjusting to his new title and responsibilities following the recent death of his aristocratic father, Trixie (Helen George) gets jittery as unforeseen problems mount, and when she realises that she can't wear the Aylward family tiara on her big day, the couple have a terrible row.

'Trixie gets a bit "bridezilla" about it. She's obsessed with wearing this tiara,' laughs George, 38. 'There has been a lot of build-up and pressure because the family she's marrying into has wealth and titles, so there's an expectation of how the wedding's going to be. It's a challenging time for them.'

'Matthew is also going through grief, so when he loses his cool, that's about deeper, bigger things,' adds Rix. 'But Trixie is the woman he wants to be with.'

Luckily, Trixie's fun-loving brother Geoffrey (*Coronation Street*'s Christopher Harper), who is giving her away, tries to ensure that she has the perfect day, while her friends and colleagues also rally round.

'Geoffrey is a scream. It's important for her to have someone from her past to offer support. And the wedding ends up as something more meaningful and it works out for the best,' teases George. 'What's lovely is that the community at Nonnatus House comes together and helps one of their own.'

For both George and Rix, shooting the wedding scenes proved to be a joyous and moving experience.

'I made sure that I didn't see Helen beforehand,' reveals Rix, 37. 'I had no idea what the dress would look like and then she came out and it was heart-stopping.'

'There was a real sense of occasion,' agrees George. 'Walking up the aisle, it took my breath away because all the incredible cast that I've been with for years were there, so it was emotional. I think Trixie and Matthew will have an interesting, passionate marriage. They challenge each other, so I'm excited to see what happens.'

Christopher Harper as Trixie's brother Geoffrey

Sophie Rundle plays Barcelona's British consul in a sun-kissed crime drama

TROUBLE *in paradise*

NEW DRAMA

The Diplomat

Tuesday, 9pm, Alibi (box set, Sky Box Sets, Virgin TV & NOW)

The art, architecture, culture and food of Barcelona have long made the coastal city a popular destination for British tourists.

However, when holidaymakers find themselves in trouble, their first stop is the British consulate, where they can seek assistance with anything from falling ill to problems with the local police.

That's the backdrop to Alibi's new drama *The Diplomat*, which stars Sophie Rundle as Laura Simmonds, the Barcelona-based British consul of the title.

The first Brit she helps is Colin Sutherland (Danny Sapani), the bereaved father of a young British barman found dead after an apparent jet-ski accident. He has flown in from the UK to identify his son's body, but suspects foul play.

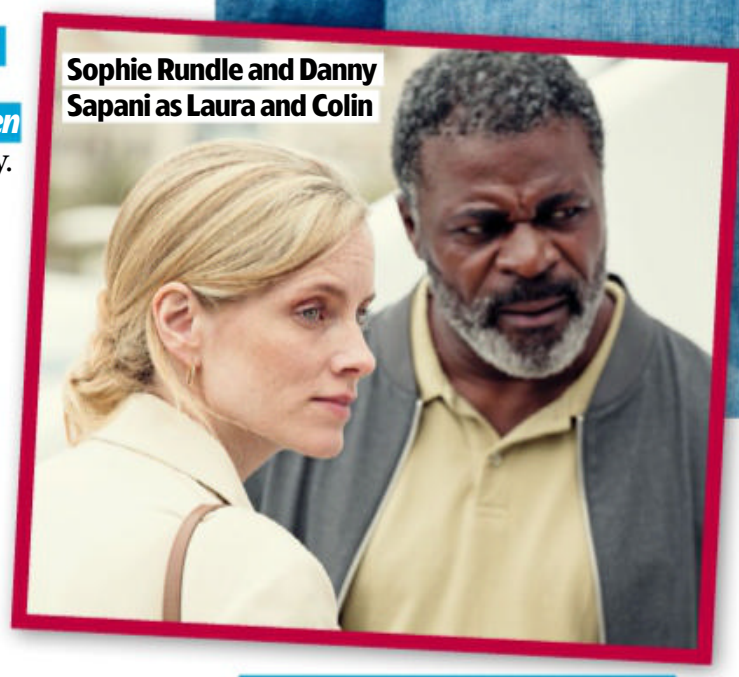
During a break in filming at a sweltering Girona Airport, *TV&Satellite Week* caught up with *Gentleman Jack* and *Peaky Blinders* star Rundle, 34, to find out more…

Your character Laura is the British consul based in Barcelona. What does that entail? She basically looks after any distressed British national, or 'DBN'. So anyone from the UK who comes over to Barcelona and finds themselves in a pickle. It can be anything from a lost passport to something more serious, and she's the person who oversees it, dealing with the police and the public. The job leads her and her team into all sorts of different scenarios and set-ups, so it's a really good idea for a TV show.

What is Laura like? Often, to warrant having a young female protagonist in a TV series, there has to be something quirky about her – for instance, she's got to be unhinged or quite masculine. Laura's not like that – she's a very competent, cool, efficient young woman who's good at her job, has a safe pair of hands, and is fun.

Quite different from your roles on *Peaky Blinders* and *Gentlemen Jack*, right? Absolutely. Coming off the back of those last two jobs, where one character was impossibly cool and the other was really damaged, you do get quite nervous that you're just being very normal. This is the closest to myself that I've ever played. I know women like Laura, and I went to school with girls like her.

What can you tell us about Laura's colleagues? Laura, her deputy Alba Ortiz [Serena Manteghi] and assistant Carl Hyndley [Dylan Brady] are all quite cheeky and naughty with each other, and they have this really nice working relationship. That brings warmth, humour and levity to the show.



Sophie Rundle and Danny Sapani as Laura and Colin

The consulate gets a new boss, Sam Henderson (Steven Cree), in episode one. How does that pan out? Sam is the new consul general. He's different from the sort of person they would expect to be in that role, and he immediately rubs Laura up the wrong way. Then you start to see that real doggedness in her, which riles Sam. So it's not a happy mix, but maybe things aren't quite what they seem.

Bereaved father Colin thinks there's more to his son's death than meets the eye. How does Laura deal with that? Laura has a lot of compassion and empathy, and that's why she's good at her job. Colin's tenacity and determination make her start to think: 'Actually, maybe something isn't quite right.' So she keeps pulling at that thread, and that gets her into hot water.

Barcelona is a beautiful location. Have you had the

WORDS: IAN MACEWAN, ALISON SLADE. PHOTOS: BBC, GETTY, ITV, UKTV

'Laura has a lot of compassion and empathy, and that's why she's good at her job'
SOPHIE RUNDLE

chance to do much exploring? Not in the way I had imagined. I'd pictured myself hanging out in glamorous tapas bars late at night, but as I have my one-year-old son with me, we've been to the zoo, the aquarium, and off to the seaside every weekend!

Had you been to Barcelona before, and how important is it as a backdrop to the show? I came when I was 15, just for the day – so not really! In *The Diplomat*, we're saying: 'Come and explore Barcelona, and see what it would be like to be on holiday, or to live and work here!' It's not a rose-tinted travel advert, as it does show the city's slightly shadier side, too. But Barcelona is also historic, beautiful and fascinating, and that's to be celebrated.

Dylan Brady, Serena Manteghi and Steven Cree as Carl, Alba and Sam

STORY OF THE WEEK

Soap Diary

This week's soaps at a glance

Paddy feels overwhelmed by despair

EMMERDALE

Paddy hits rock bottom

» **There's relief all** round when Paddy returns home, having been AWOL for a fortnight. Little do his loved ones realise that he doesn't intend on sticking around. The vet is at rock bottom following his split from Chas and, prior to that, the death of their baby daughter Grace. Wrongly believing there's no other solution to his pain, he has decided to take his own life.

But first, Paddy wants to reassure himself that everyone will manage perfectly well without him – something that couldn't be further from the truth. He checks in with the likes of daughter Eve, dad Bear and best mate Marlon, and makes sure everything is running smoothly at the vet surgery. Nobody twigs that he's actually bidding them goodbye.

Bear and Marlon read Paddy's letter

The awful truth dawns when Bear finds a letter from his son, and he and Marlon read it. The pair are panic-stricken as it dawns on them what their beloved Pads is planning to do. Can they track him down and get him the help he needs?

» **PLUS** Kyle's hearing takes place, Amy proposes to Matty, Leyla makes a pass at Jai, Naomi has a date with Alex, Noah gives Samson more money, Marshall tells Arthur he's being sent to boarding school, and Mary is smitten with Faye.

whattowatch.com/soaps

ALSO IN THE SOAPS THIS WEEK...

CORONATION STREET

» Stephen (right) accidentally has Carla's LSD-laced drink, Aaron gets into bed with drunk Amy, Peter offers Paul compensation for his hand injury, and Faye tells Sally she's been offered the chance to reconnect with her daughter Miley.

EASTENDERS

» Whitney and Zack (above) get the sad confirmation that their baby has Edwards' syndrome, Suki struggles ahead of her and Nish's marriage blessing, Denise discovers Jack is investigating Ravi, and Ben agrees to help Lola and Jay.

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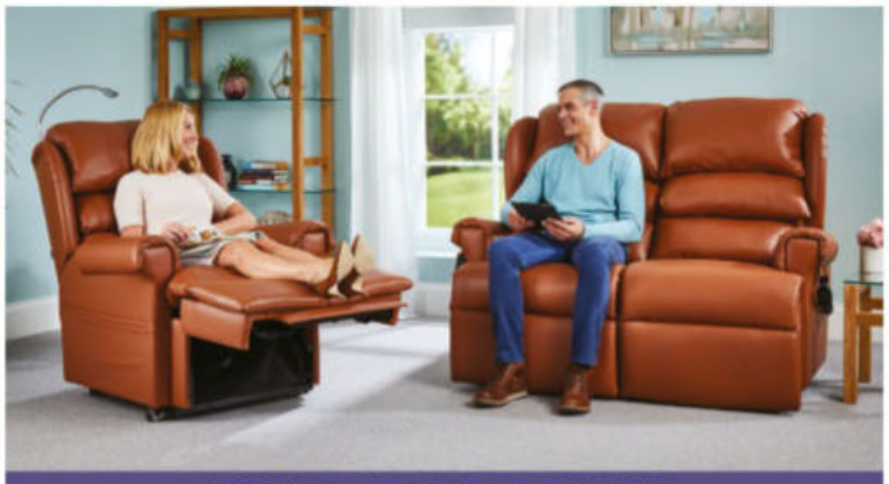

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Prankety prank!

Ant and Dec on the celebrities being fooled in a new series of *Saturday Night Takeaway*

NEW ENTERTAINMENT

Ant & Dec's Saturday Night Takeaway

Saturday, 7pm, ITV1

Get ready for more laughs, more surprises and more pranks as everyone's favourite Geordie duo return in *Ant & Dec's Saturday Night Takeaway* on ITV1 this week.

All the popular segments are back, with Alison Hammond and Rylan Clark among the celebrities being pranked in Undercover, the boys at the centre of another mystery in mini-serial *Murder at Bigwig Manor* and Stephen Mulhern pitting the friends against each other in Ant vs Dec.

Here, the duo, both 47, tease what's to come.

This is the 19th series of *Saturday Night Takeaway*. Is it still fun to make?

Ant Absolutely! It's unlike any other show we do. It's live, frantic and anything can happen. We love being part of it, creating ideas for it and having a laugh on a Saturday night.

Dec The beauty is, there are lots of elements that we constantly interchange, which keeps it fresh for us and the audience – and keeps us on our toes!

We enjoy Undercover, where you prank a celebrity from behind the scenes...

Dec We did Undercovers on Alison Hammond and Rylan, which were both very funny. Alison's was a night in a creepy hotel but she kind of scuppered our plans when she refused to stay because it looked too scary! She said she was going home – until we manufactured a situation to make her stay.

Claudia Winkleman and Joe Wicks join the fun

Alison Hammond is the subject of a practical joke

Can we expect to see I'm a Celebrity... Get Out of Me Ear!, where you instruct famous faces – via a concealed earpiece – to say cheeky things to members of the public?

Dec We've done Get Out of Me Ears! with Joe Wicks and Claudia Winkleman.

Ant We've been trying to do Joe Wicks for years but he finally had a gap and let us into his ear. He immediately regretted it when we got him to do things that embarrassed him!

What can you tell us about *Murder at Bigwig Manor*?

Dec It's a whodunnit. *One Foot in the Grave*'s Richard Wilson is playing the head of ITV, who's called TV stars to his mansion to announce who'll host a new show. All the stars start getting killed off, so we have to find the murderer before we get done in!

Ant There are cameos from the likes of Davina McCall and Dermot O'Leary – with Stephanie Cole playing Stephen Mulhern's nan!

Have you planned some epic End of the Show Shows?

Dec We have star guests and some specialty acts that we're going to get involved with, so we're currently learning some new skills.

Ant We've got lots of treats in store.

You liked...

Normal People

on BBC3 (currently on BBC iPlayer)

This 2020 adaptation of Sally Rooney's novel followed the complex relationship between Marianne (Daisy Edgar-Jones) and Connell (Paul Mescal) from their time as secondary-school pupils in County Sligo to undergraduates at Trinity College Dublin.

Now try this...

One Day on Netflix

Based on David Nicholls' novel, this upcoming series stars *The White Lotus*' Leo Woodall and *This Is Going to Hurt*'s Ambika Mod as Dexter and Emma, who first meet on the night of their university graduation on 15 July 1988. Over the next 20 years, snapshots of their relationship are revealed on the same day each year.

Leo Woodall and Ambika Mod

WORDS: NATASHA HOLT, VICTORIA WILSON.
PHOTOS: BBC, GETTY, ITV, SHUTTERSTOCK

Look Who's Back...

A familiar face making a new appearance this week

Stephen Fry

Willem & Frieda – Defying the Nazis

NEW *Thursday, 9pm, C4*

1989

Stephen Fry, 65, has been a familiar face on TV for decades. His many credits include the BBC sketch show *A Bit of Fry & Laurie* (1987, 1989-1995) with Hugh Laurie, several of BBC1's *Blackadder* series in the 1980s (inset), and ITV's *Jeeves and Wooster* (1990-1993), also with Laurie. He hosted BBC panel show *QI* from 2003 to 2016 and has fronted several documentaries, including *Stephen Fry: The Secret Life of the Manic Depressive* (2006).

HIS NEW APPEARANCE

This week, Fry presents C4's documentary *Stephen Fry: Willem & Frieda – Defying the Nazis*. During the Nazi occupation of the Netherlands in World War Two, Willem Arondeus, a painter, and Frieda Belinfante, a cellist, used their skills to forge identity cards to save thousands of Jews from the death camps. Fry heads to Amsterdam to discover why this story has remained largely hidden to this day.

Matthias Schoenaerts plays a gunslinger in a reboot of a classic spaghetti western

Clockwise from top left: Django, John, Sarah and Elizabeth

A fair cop

Dylan Llewellyn on catching criminals in *Beyond Paradise*

CRIME DRAMA

Beyond Paradise

Friday, 8pm (Wales, 8.30pm), BBC1

Dylan Llewellyn's role as self-assured PC Kelby Hartford in BBC1's crime drama *Beyond Paradise* is a world away from the part that made him famous – 'wee English fella' James Maguire in C4's teen comedy *Derry Girls*.

'Finally, I'm playing an adult!' laughs Llewellyn, 30. 'It's been fun and different compared to playing an awkward teen or a university student. He is a working man, a police officer, with a lot of confidence and drive.'

Playing a cop has also allowed Llewellyn to have his fair share of action scenes.

'I really enjoyed the chase scenes, trying to catch a criminal – especially as I got the chance to jump on a boat in the first episode – and it's so fun taking down people twice my size!' he says.

This week, Kelby and the team investigate the disappearance of an entire family – and Llewellyn believes his character is an asset to Devon's Shipton Abbott police force, even if Kelby's occasionally slow on the uptake.

'He's determined, but can sometimes be naive,' says the actor. 'Kelby is a people-pleaser – he's got golden retriever energy! But he's an endearing, kind-hearted Jack the Lad, which I think makes him a very good police officer.'

The six-part series was shot on location across Devon and Cornwall, and Llewellyn loved spending time filming in the West Country.

'It is a beautiful place to be, with the countryside and the beaches,' he says. 'Shooting towards the end of the summer meant that we were able to enjoy some great weather, too. At times, it was difficult to film on the police-station set as it was hot – but I loved having my own desk!'

WORDS: NATASHA HOLT, JUDY EWENS, STEVEN PERKINS.
PHOTOS: BBC, C4, ACORN TV, SKY

NEW WESTERN

Django

Wednesday, 9pm & 10.05pm, Sky Atlantic

Loosely based on the classic 1966 spaghetti western of the same name, Sky Atlantic's new series *Django* stars Belgian actor Matthias Schoenaerts in the title role of a gunslinger in the Wild West of the 1860s and 1870s.

Django is haunted by the massacre of his family years before, but believing that his daughter Sarah may have survived, he has been searching for her.

Eventually, he tracks Sarah (Lisa Vicari) down to New Babylon, a town full of outcasts founded by her fiancé, former slave John Ellis (Nicholas Pinnock). But the town is under threat from the deeply religious and ruthless Elizabeth Thurman (Noomi Rapace), who considers the place sinful.

Here, Schoenaerts, 45, tells us more about the 10-part series...

What was it like taking on such a classic role? Django is an iconic character, so it's pretty big shoes to fill, but with this series, the aim was to add a more personal crisis without dishonouring the original ingredients. So here we encounter a Django who's in search of reparation and redemption and is trying to cope with all the losses he's suffered.

Have you seen the original film with Franco Nero? Yes, of course. When I was young, I lived with my grandmother for a while, and she was in the French-speaking part of Belgium. There, they dub everything, and so all the spaghetti westerns had these awkward French voices, but they were the same awkward French voices that were also in *Starsky & Hutch* and *The A-Team*.

What appealed to you about this new reimagining? There are a lot of elements in it that resonate with the world we live in today. I love the cinematic texture of a western, especially with these modern elements and these different renditions of masculinity and femininity. The symbol of this lone wolf trying to repair something because he feels guilty for messing up resonates with me for some reason.

Matthias Schoenaerts as Django

What was filming like? In the summer, there was a heatwave in Bucharest, where we filmed, and it hit 43°C. It was super-humid, and I was wearing a wig, a hat, two T-shirts, a shirt, a woollen jacket, woollen pants and big boots, and 30 seconds after walking out on set, I was drenched. So we started using this huge fan, almost as big as a room, for the actors in between takes, but because everybody was wearing wigs, whenever anyone sat in front of it, their wig almost flew off.

Llewellyn as James in *Derry Girls*

Dylan Llewellyn as PC Kelby Hartford

What else can I watch?

We search the TV schedules to uncover the shows you might have missed...

Antiques Roadshow

Sunday, 7pm, BBC1

To mark the 75th anniversary of the NHS, this special – filmed at St Thomas' and St Bartholomew's Hospitals in London – looks at the history of nursing. Fiona Bruce is joined by one-time psychiatric nurse Jo Brand (above, right, with Bruce) and also hears from the daughter of Jennifer Worth, whose memoirs inspired TV's *Call the Midwife*.

Harry Wild Investigates

Saturday, 8pm, Channel 5

As seen on Acorn TV, the mystery series stars Jane Seymour (left) as recently retired English professor Harriet 'Harry' Wild, who discovers she has a knack for solving crimes when she is recovering at the home of her detective son Charlie (Kevin Ryan) after being mugged. Helping her with her sleuthing is Fergus Reid (Rohan Nedd), the streetwise mugger she befriends.

Home Greek Home

Tuesday, 9pm, More4

Interior designer and BBC1's *Money for Nothing* presenter Sarah Moore has a flair for recycling and she brings that passion to this six-part series in which she restores a house on the Greek island of Skiathos to its former glory. This week, Sarah and her family (left) visit the house for the first time and learn about the complications that come with renovating property in Greece.

Landscape Artist of the Year

Wednesday, 8pm, Sky Arts & Sky Showcase

Stephen Mangan (left) presides over the grand finale of the competition as the three finalists have four hours to capture the village of Portmeirion in North Wales, famous for being the setting of the 1960s TV series *The Prisoner*. At stake is a £10,000 commission for Royal Museums Greenwich to create a seascape inspired by the paintings of the Dutch Golden Age, which follows at 9pm.

YOUR WATCHLIST

The band on tour

LOST IN MUSIC

Riley Keough and Sam Claflin play the troubled lead singers of a 1970s band

Daisy Jones & the Six

NEW *Available: Friday 3 March*
Genre: Drama Season: 1 Eps: 10
(first three eps from 3 March, then weekly)

The meteoric rise and fall of a 1970s folk-rock band takes centre stage in Prime Video's *Daisy Jones & the Six*, starring *Peaky Blinders*' Sam Claflin and *The Terminal List*'s Riley Keough as its talented but troubled lead singers.

Based on Taylor Jenkins Reid's 2019 novel, the series follows aspiring LA singer-songwriter Daisy Jones (Keough) who's determined to realise her dream of becoming 'somebody'.

Meanwhile, in Pittsburgh, frontman Billy Dunne (Claflin) decides to head to LA in search of a record deal for his band, which includes his guitarist brother Graham (Will Harrison), keyboard player Karen (Suki Waterhouse), drummer Warren (Sebastian Chacon) and bassist Eddie (Josh Whitehouse).

But when they recruit Daisy, sparks fly and fame and fortune soon follow – along with infighting, addiction and heartache – until the band abruptly calls it quits after a sold-out gig at Chicago's Soldier Field in 1977.

Stars Keough and Claflin

TIME TRAVEL

Decades later, the band members and their inner circle – including Billy's wife, Camila (Camila Morrone), and disco star Simone Jackson (Nabiyah Be) – reveal the truth about the dramatic break-up in a tell-all documentary as the action splits between two timelines.

'Billy is creative, talented and passionate, and is like the father figure of the band,' says Claflin, 36. 'I think because he grew up without a father himself, he takes that role very seriously, but his weaknesses are alcohol and addiction.'

The series features original songs recorded by the cast, who all had to learn to sing and play instruments for their roles.

'Riley and I play the leaders, but we're probably the least musical,' reveals Claflin, who learnt rhythm guitar. 'We had extra rehearsals to find that chemistry together, but I was in awe of Riley and the energy she brought.'

However, despite being Elvis Presley's granddaughter and the daughter of singer-songwriter Lisa Marie Presley, who died in January, Keough says she

Sam Claflin as Billy Dunne

At a press conference

had no musical experience and found the audition process daunting.

'I'd never sung before, but sometimes as an actor, you say, "I can do that!" So I sent in a recording of me singing softly, but they wanted to hear me belt,' says Keough, 33. 'I didn't even know what that meant. I tried to sing something loudly, but it sounded so bad that I started crying. I then went to a voice coach and it really worked.

'We've all worked so hard, though, and to go from not being able to play an instrument or sing to functioning in a band that feels authentic, I feel so proud of us. You can't fake that.'

What we're watching...

The shows being enjoyed by the *TVSW* team

ITV X Nolly

Genre: Drama Season: 1 Episodes: 3

Helena Bonham Carter is fabulous as *Crossroads* legend Noele 'Nolly' Gordon in Russell T Davies' wonderful drama. Gordon, the queen of ITV's much derided but hugely popular soap, was sacked without explanation in 1981 after 17 years playing motel owner Meg Richardson (later Mortimer). Gordon's dismissal left her, the cast and fans reeling, and Davies' script highlights how shabbily the powers-that-be treated a dedicated and loyal professional. Augustus Prew plays Gordon's colleague and great friend Tony Adams.

NETFLIX Pamela, a Love Story

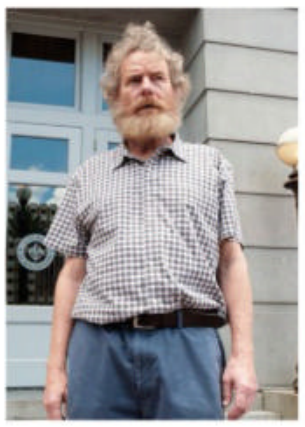
Genre: Documentary Episodes: One-off

Former *Baywatch* star and international sex symbol Pamela Anderson tells the story of her often tumultuous life in the relentless gaze of the public eye in a revealing, fascinating documentary.

Paramount+ Your Honor

Genre: Drama Season: 2 Eps: 10 (released weekly)

Bryan Cranston returns as disgraced New Orleans judge Michael Desiato, who, grieving the loss of his son, is enlisted by an assistant US attorney (Rosie Perez) to bring down the Baxter crime family.



Now in production...

Three upcoming shows to look out for soon

NETFLIX Scoop

Gillian Anderson (above) will play former *Newsnight* lead anchor Emily Maitlis in a Netflix drama about her infamous TV interview with Prince Andrew (Rufus Sewell) in 2019. Keeley Hawes plays Andrew's then private secretary Amanda Thirsk and Billie Piper is TV producer Sam McAlister.

Apple tv+ Tehran

A third season of Apple TV+'s award-winning Israeli espionage thriller sees Hugh Laurie (above) join the cast as a South African nuclear inspector who encounters Mossad agent Tamar Rabinyan (Niv Sultan) as she tries to get back into the agency's good books.

NETFLIX Eric

In Netflix's six-part thriller set in 80s New York, Benedict Cumberbatch (above) stars as puppeteer Vincent, whose life unravels when his son disappears. Struggling to cope, the distraught father becomes obsessed with Eric, a monster that lives under the boy's bed.

WORDS: CAREN CLARK, JUDY EWENS, REBECCA MAHONEY. PHOTOS: ©CORUSENT, GETTY, ITV, PARAMOUNT+, PRIME VIDEO, SHOWTIME

For fans of Stath Lets Flats...

NETFLIX A Whole Lifetime with Jamie Demetriou

NEW *Available: Tue 28 February*
Genre: Comedy

The BAFTA-winning comedian, actor and writer stars in a Netflix special in which he takes viewers on a journey from birth to death through sketches and songs. He's joined by his *Stath Lets Flats* co-stars Katy Wix, Ellie White and Kiell Smith-Bynoe.

If you like classic movies...

Paramount+ 1939: Secrets of Hollywood's Golden Year

NEW *Available: Wed 1 March*
Genre: Documentary
Season: 1 Episodes: 2

Having seen the release of such popular hits as *The Wizard of Oz* (inset) and *Gone with the Wind*, 1939 is feted by many as a high-water mark in Hollywood's history. This two-parter revisits that year's films, while people close to some of their stars reveal the inside story of how they were made.

Quinta Brunson as Janine

Disney+ Abbott Elementary

NEW *Available: Wed 1 March Genre: Comedy*
Season: 2 (part 1) Episodes: 10

The first season of the mockumentary set in an underfunded Philadelphia elementary school won three Emmys, including Outstanding Writing for its creator Quinta Brunson, who also stars as ever-optimistic teacher Janine Teagues. At the end of the last season, Janine ended her relationship with her long-time boyfriend and the new season will show how she is adjusting to being single, while also giving a peek into the teachers' lives outside of school. 'We'll be going home and out with them more,' says Brunson. 'In the first season, I really wanted people to fall in love with the school and the staff. Now, we can go to events and parties, into our characters' homes and be outside more.'

Killer Fourniret and accomplice Olivier

NETFLIX Monique Olivier: Accessory to Evil

NEW *Available: Thursday 2 March*
Genre: Documentary

French serial killer Michel Fourniret confessed to killing 12 people, mainly girls and young women, in France and Belgium between 1987 and 2003. Among his victims was British student Joanna Parrish, who was killed in Burgundy in 1990. In 2003, Fourniret was finally arrested and in 2008 he was sentenced to life in prison with no possibility of parole. His then wife Monique Olivier was sentenced to a minimum of 28 years for aiding and abetting him. Fourniret died in 2021, aged 79, while Olivier remains behind bars. Netflix's documentary looks at how the outwardly ordinary housewife became involved in such unspeakable crimes, leading the prosecutor at her trial to describe her as a 'cunning witch'.

Hosts Ellie Taylor and Danny Dyer

NETFLIX Cheat

NEW *Available: Wednesday 1 March*
Genre: Game show Season: 1
Episodes: 12 (four eps released weekly)

Ted Lasso's Ellie Taylor and ex-*EastEnders* star Danny Dyer host a new quiz show that disproves the saying 'cheats never prosper'. If players don't know the answer to a question, they can literally bluff their way through the general-knowledge rounds to avoid elimination and build a potential jackpot of more than £50,000. But there is one rule – they mustn't get caught doing so. 'It's like a lavish game of poker,' says Dyer. 'The better you are at taking liberties, the more chance you've got of winning. Many of those who won were really good at cheating, so they'd slip under the radar while calling others out. We learnt men are awful at lying... and women are unbelievably good!'

WORDS: SEAN MARLAND, JUDY EWENS, VICTORIA WILSON, CAREN CLARK. PHOTOS: BBC, C4, ©DISNEY AND ITS RELATED ENTITIES, NETFLIX, WARNER BROS

Mando of the people

The fearless bounty hunter returns to **lead the Mandalorians**

Disney+ The Mandalorian

NEW *Available:* *Wednesday 1 March* *Genre:* *Sci-fi*
Season: *3* *Episodes:* *8 (released weekly)*

It's been a long wait, but the much-anticipated third run of Star Wars spin-off *The Mandalorian* finally lands on Disney+ this week.

After bounty hunter Din Djarin, AKA the Mandalorian or Mando (Pedro Pascal), won the much fought-over Darksaber weapon from villainous Moff Gideon in season two, many are now looking to him to unite and lead his people. And following the events of *The Book of Boba Fett*, Mando once again has Grogu by his side.

'The world opens up in terms of Mandalore and Mandalorians,' says Pascal. 'That means so many different facets of culture, politics, and rules and discoveries.'

Giancarlo Esposito, who plays Moff Gideon, leader of a remnant of the fallen Galactic Empire, agrees.

'We're living in a universe that is huge and has so much to explore,' he says. 'So I think this show is going to start to lay the groundwork for what's going to come in seasons three and four, where you're really gonna start to get answers.'

REVELATIONS

Like Moff Gideon, Mando's rival Bo-Katan Kryze (Katee Sackhoff) also wants to claim the Darksaber for herself, while more Mandalorians take up arms in a series that is set to be packed with action – and twists.

'There's so much that you're going to see,' says Pascal. 'I think some of the best things about seasons one and two were the surprises. We were all able to keep Grogu a secret. We were able to keep Luke Skywalker's return to the world a secret. So there are more secrets to keep.'

Grogu with Mando

EVERYONE'S TALKING ABOUT...

We point you towards the TV moments you won't want to miss on catch-up

BBC iPLAYER The Gold

BBC1's drama about the Brink's-Mat robbery sees thieves nab £26 million of gold bullion, instead of the £1m in banknotes they had expected, but one of them soon comes to the attention of detective Brian Boyce (Hugh Bonneville) and his team...

4 The Piano

In the opener to C4's series, hosted by Claudia Winkleman, amateur pianists, including 93-year-old Harry, play at a London rail station before learning that some of them could be in the running for a chance to perform at the Royal Festival Hall.

BBC iPLAYER Better

Ambitious cop Lou (Leila Farzad) has been embroiled in a shady long-term alliance with gangster Col (Andrew Buchan) in BBC1's crime thriller, but after her son has a health scare, Lou reassesses her life choices and resolves to make some big changes.

BBC iPLAYER Inside Our Autistic Minds

BBC2's documentary follows Chris Packham as he meets others with autism, such as DJ Ken Bruce's son Murray, who has made a thought-provoking short film about what it is like to live with the condition.

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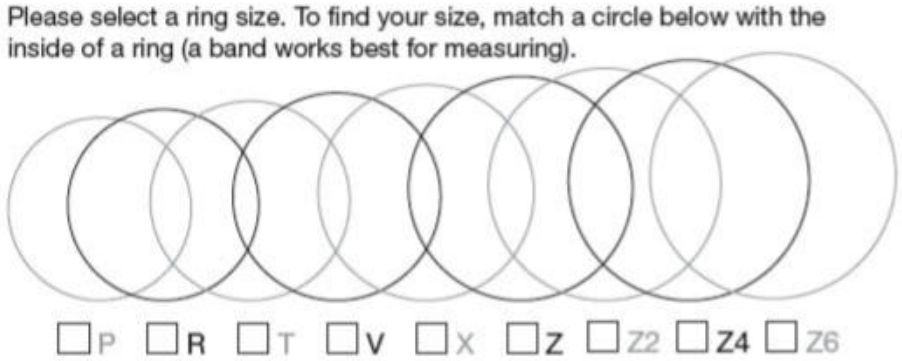

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Pick of the new releases

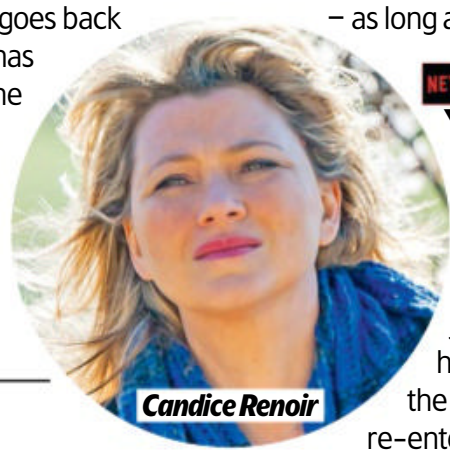
The best new shows to enjoy this week on streaming services...

The Devil's Academy
Sunday 26 February

This documentary revisits the events of 25 October 1979 when the student body at the Miami Aerospace Academy seemed to fall victim to mass demonic possession. Revelations from former students shed light on the day.

Candice Renoir
Monday 27 February

Season five of the French crime drama. Detective Candice Renoir (Cécile Bois) is still in denial about the tragedy in the previous season and goes back to work as if nothing has happened. But has she returned too soon?


Candice Renoir

A Whole Lifetime with Jamie Demetriou
Tuesday 28 February

One-off musical comedy special with BAFTA-winning *Stath Lets Flats'* star Jamie Demetriou playing multiple characters as he takes viewers on a journey from birth to death.

The Mandalorian
Wednesday 1 March

In season three of the Star Wars spin-off, bounty hunter Din Djarin (Pedro Pascal) and Grogu have been reunited and continue their journey through the lawless galaxy. See feature, page 17.

Moon Girl and Devil Dinosaur
Wednesday 1 March

Kids' animation following the adventures of 13-year-old super-genius Lunella Lafayette and her 10-ton T-rex, Devil Dinosaur, who she accidentally brings through time into present-day New York City.

Karate Sheep
Thursday 2 March

Children's animation series about two clever sheep who use karate and an array of high-tech gadgets to protect their flock from a hungry wolf who's determined to make them all his dinner.

Abbott Elementary
Wednesday 1 March

Season two of the Emmy-winning mockumentary set in an underfunded Philadelphia elementary school. Creator Quinta Brunson heads the cast as idealistic teacher Janine Teagues.

Cheat
Wednesday 1 March

Quiz show hosted by Danny Dyer and Ellie Taylor in which contestants can literally cheat their way to a grand prize of over £50,000 by bluffing and blagging – as long as they don't get caught.

Tonight You're Sleeping with Me
Wednesday 1 March

Polish drama. Stuck in a passionless marriage, a journalist is torn between her distant husband and the ex-boyfriend who has re-entered her life.

Wrong Side of the Tracks
Wednesday 1 March

Season two of the Spanish drama about a fed-up war veteran taking revenge on the drug dealers who have preyed on his granddaughter.

1939: Secrets of Hollywood's Golden Year
Wednesday 1 March

Two-part docuseries on what is considered to be Hollywood's greatest year with the release of a number of classic films including *The Wizard of Oz*.

Monique Olivier: Accessory to Evil
Thursday 2 March

Docuseries on Monique Olivier, the then-wife of notorious French serial killer Michel Fourniret, dubbed the Ogre of the Ardennes, who helped him abduct and murder his victims.

Next in Fashion
Friday 3 March

Season two of the competition series. Fashion designer Tan France is joined by a new co-host, supermodel Gigi Hadid, as up-and-coming designers compete for a prize of $200,000 and the chance to share their designs with the world.

Sex/Life
Thursday 2 March

Season two of the drama starring Sarah Shahi as a mother-of-two married to a strait-laced investment banker (Mike Vogel) whose exciting ex-boyfriend (Adam Demos) comes back into her life.

Social Media Murders
Thursday 2 March

Season two of the true-crime series examining cases where victim and killer were brought together by social media. It begins with Canadian teen Ashley Wadsworth, who, in 2022, was stabbed to death in Chelmsford, Essex, by a man she had met online.

Finding Michael
Friday 3 March

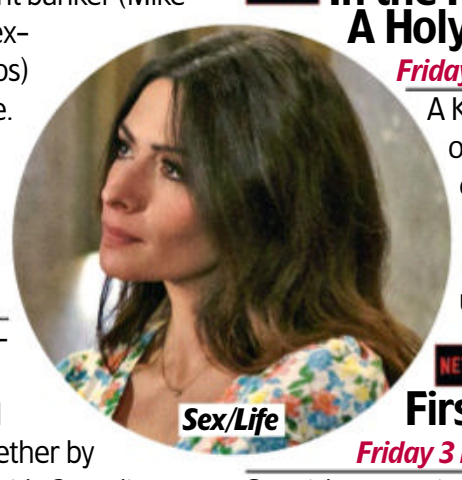
In 1999, 22-year-old Michael Matthews became the youngest Briton to summit Mount Everest. Three hours later, he disappeared and his body has never been found. Now, his brother, broadcaster Spencer Matthews, heads to Everest with an expedition team to find him. See feature, page 20.

Daisy Jones & The Six
Friday 3 March

Riley Keough and Sam Claflin star in a musical-drama series telling the story of the rise of a rock band in 1970s America and their split at the height of their fame. See feature, page 14.

In the Name of God: A Holy Betrayal
Friday 3 March

A Korean docuseries on four leaders who claimed to be prophets exposes the dark side of unquestioning belief.


Sex/Life

Love at First Kiss
Friday 3 March

Spanish romantic comedy. Javier finally knows who the love of his life is. There's just one problem – she's his best friend's girlfriend.

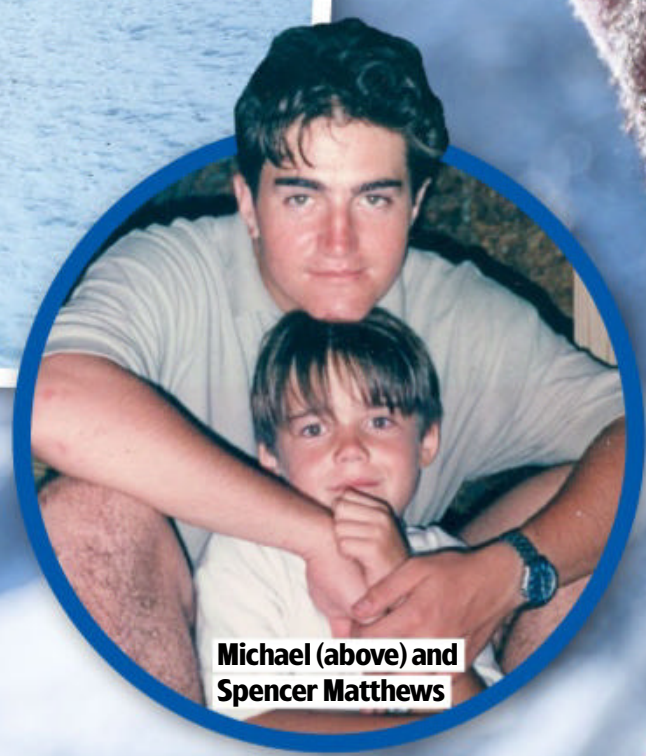
Home for a Royal Heart
Friday 3 March

Romantic film. When the seaside town of Shaw Bay is under threat of being redeveloped, estate agent Erin (Brittany Bristow) will do anything to save it. Cue Theo (Dan Jeannotte), a royal looking for a new property, although he is hiding the royal part.

WORDS: JUDY EWENS. PHOTOS: ACORN TV, NETFLIX

Documentaries

The expedition team retrace Michael's route


Michael (above) and Spencer Matthews

High hopes

Spencer Matthews sets out to retrieve his brother's body from Everest

The Mormons Are Coming

Tuesday, 9pm, BBC2

Cameras have never previously been allowed inside Europe's only Mormon missionary training centre in Chorley, Lancashire. This one-off follows three of the hundreds of young adults, including Sister Cooper and Elder Cook (above), who arrive there each year wanting to learn about life in the Church of Jesus Christ of Latter-day Saints.

Linda Ronstadt: The Sound of My Voice

Saturday, 9pm, BBC2

With contributions from Dolly Parton, Bonnie Raitt, Emmylou Harris and Jackson Browne, this feature-length 2019 rockumentary profiles hugely talented, genre-spanning US singer Linda Ronstadt (left), who had a hit in 1974 with *You're No Good* and who is celebrated here as 'the first female rock star' who 'could sing anything'.

Sex Actually with Alice Levine

Monday, 10pm, C4 (box set, All 4)

Alice Levine returns to explore more of the stranger aspects of our sexual proclivities, including 'digisexuals', whose sex lives revolve around computers, headsets and robots, and the concept of 'relationship anarchy', whereby interaction is only restricted by explicitly agreed rules.

WORDS: IAN MACEWAN, HANNAH DAVIES. PHOTOS: BBC, C4, GETTY, ©2023 DISNEY AND ITS RELATED ENTITIES, GREENPEACE, ©THE MATTHEWS FAMILY

NEW FACTUAL

Finding Michael

From Friday 3 March, Disney+

The last time TV viewers saw *Made in Chelsea*'s Spencer Matthews up a mountain, he was being crowned the 2017 winner of C4's celebrity winter-sports competition *The Jump*.

Now, in Disney+'s moving documentary *Finding Michael*, the reality star is heading to Mount Everest, where his older brother Michael disappeared in 1999.

Michael was 22 when he became the youngest Briton to reach the summit before going missing during the descent. Now, Matthews, 34, is determined to locate and bring his brother's body home.

'Being able to recover bodies from Everest is only a comparatively recent thing,' says Matthews, who was very close to Michael despite an 11-year age gap. 'Michael and I were described as twins separated by time. We had a special kind of bond.'

After retracing his brother's journey to reach base camp, Matthews waits anxiously for news as a team of mountaineers, led by former Gurkha and special-forces soldier Nirmal 'Nims' Purja, follow Michael's route up the mountain and survey the vast search area using drones. But with only brief weather windows, they are always working against the clock.

'We were at base camp for over four weeks,' says Matthews. 'The searches were the most difficult times, because that's when I felt the most helpless.'

Matthews (left) and Nirmal 'Nims' Purja

With more than 200 bodies thought to be on Everest, it's not long before the team is inspecting some that could be a match for the equipment and personal effects they know Michael had on him.

Matthews says that, irrespective of the conclusion to the search that is revealed in the film, the whole process of making the trip has been therapeutic for himself and his loved ones.

'As a family, we never had a body to grieve, and I didn't process the loss ever,' he explains. 'So we wanted to give Michael the legacy that I feel he deserves.'

Weight Loss Surgery: Getting Thin Abroad

Tuesday, 9pm, BBC3

The cost of weight-loss surgery in the UK has prompted a rise in 'medical tourism' as an increasing number of patients look abroad for cheaper options and shorter waiting times. Alex Hollywell-Rolfe (above), who had a gastric-sleeve operation on the NHS, investigates the potential risks involved.

Untold: The Secret World of Incels

Sunday, 10pm, C4

Film-maker Ben Zand investigates the disturbing and misogynistic online world of 'incels' – the self-styled 'involuntary celibate' community that is largely comprised of male heterosexuals – and encounters one British man who has never conversed with a woman face to face.

Terror at sea

Photographer Fernando Pereira

The Greenpeace flagship after the explosion

How French **intelligence agents bombed** the *Rainbow Warrior*

NEW FACTUAL

Murder in the Pacific

Thursday, 9pm, BBC2 (box set, BBC iPlayer)

The bombing of environmental campaign group Greenpeace's flagship *Rainbow Warrior* by French secret service agents in New Zealand in 1985 resulted in the death of a crew member and a scandal that still rumbles today.

The ship had docked in Auckland as its 12-strong crew prepared to protest against French nuclear testing on South Pacific islands. But in the early hours of 10 July 1985, two explosions rocked the ship, sinking it in seconds.

'All of a sudden, I was awake. My first thought was, "Have we hit somebody?"' remembers the ship's captain Peter Willcox, 69, in BBC2's three-part docuseries *Murder in the Pacific*. 'Everything in my room was upside down, and in the engine room the water was rising. Then the second explosion happened. The whole boat sank in 40 seconds.'

Sea captain Peter Willcox

Eleven crew members escaped, but the boat's photographer, Fernando Pereira, drowned.

'Navy divers found him dead in his cabin, which had flooded instantly,' says Willcox. 'He was a wonderfully laid-back guy and a brilliant photographer. It felt so unreal.'

Five days after the bombing, New Zealand police arrested a French couple posing as tourists and travelling on false passports. It soon emerged that they were members of France's foreign intelligence service, the DGSE, acting on orders to sink the *Rainbow Warrior* and stop the nuclear protest.

Knowledge of French involvement caused a political storm. The two spies later pleaded guilty to manslaughter but were eventually repatriated to France. No one else was caught, and the French government has never apologised.

'The enormity that a First World government had set out to stop us from waving some flags felt bizarre,' says Willcox. 'At the time, I remember thinking the agents should pay for their crimes. But now I think maybe the politicians who sent them should pay.'

Films Our Pick of

Hail to the king: Austin

PREMIERE OF THE WEEK

ELVIS

Austin Butler dazzles as the king of rock'n'roll in this eye-popping movie that tells his story through the eyes of his devious manager, played by **Tom Hanks**

BIOPIC

Friday, 11.35am & 8pm, Sky Premiere ★★★★

A cultural force like no other, Elvis Presley is still the best-selling solo music artist of all time. Duly, the question relating to any big-screen biopic isn't 'why make it?' but 'why has it taken this long?' Spanning 30 years of Elvis' life, from formative early encounters with gospel and rhythm & blues to his death at the age of 42, Baz Luhrmann's trad but entertaining biopic has swagger to spare, and a star-making performance from Austin Butler as the king of rock'n'roll.

The story is told not by its title character, but one closely connected to him, Tom Hanks' Colonel Tom Parker, who managed Elvis for much of his career and was revealed to have committed a form of financial abuse that kept Presley in a gilded cage.

As the film opens, Parker is rushed to A&E in Las Vegas following a heart attack. From his hospital bed, Parker recounts Elvis' story with a delusional insistence that the King's death wasn't his fault. It's a novel device, but for the most part *Elvis* reprises the typical music-biopic format. The humble beginnings, rise to fame, drugs, divorce, the comeback, the undoing – it's all here. Luhrmann's solution is a level of brio and enthusiasm that makes the familiarity of some of the storytelling choices almost irrelevant.

Tackling Presley's story with exuberant aplomb, Luhrmann deploys snazzy transitions, hallucinatory visions, anachronistic soundtrack choices, animated flashbacks, corkscrew camerawork, swooping CG establishing shots, crash zooms, split screens, archive footage and music-video quick cuts to ensure the energy never sags. But he also strikes the right balance of bombast and character beats.

Elvis was made with the blessing of the Presley estate, if not the direct involvement of the family, and the cynical expectation may be a whitewashed hagiography, but it isn't, though neither is Presley's life tackled in a warts'n'all fashion. It occupies an inoffensive middle ground: it doesn't feel like the edges are shorn off, but neither does it get under his skin. Instead, Luhrmann preserves the myth. 2022, 12, 159MIN

WORDS: JORDAN FARLEY, MATT LOOKER, JAMES MOTTRAM, NIGEL PIZEY

STAR RATINGS ★★★★★ Excellent ★★★★ Very good ★★★ Good ★★ Average ★ Poor

the Week's Best Films

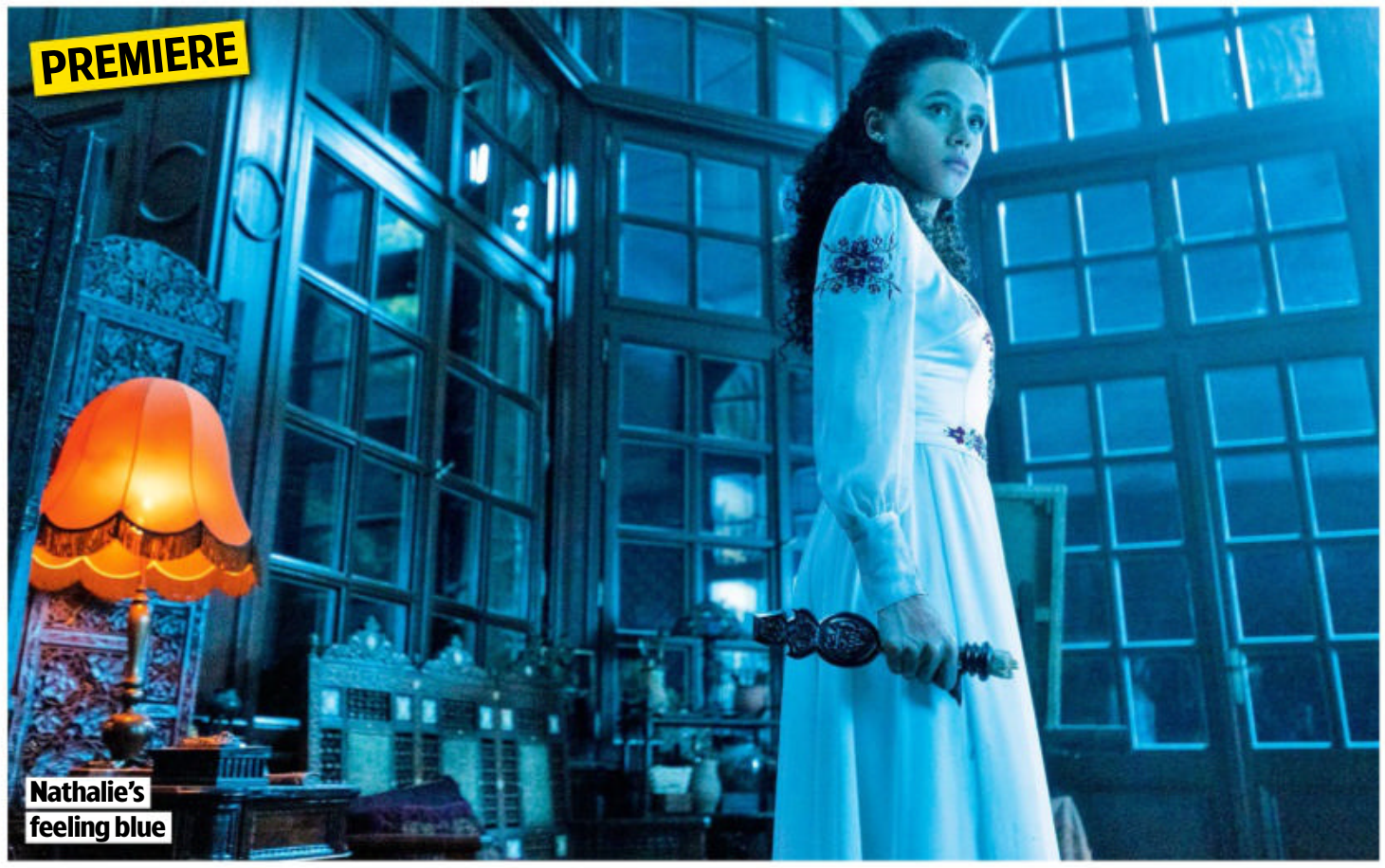
ANIMATION

Where Is Anne Frank

Sunday, 10.15am & 8pm, Sky Premiere ★★★★

The diary of Anne Frank is given a thrilling makeover in Ari Folman's latest animation. It's set not during World War Two, mind, but in near-future Amsterdam, where bridges, schools and theatres bear the name Anne Frank. On a stormy night at the Anne Frank House, where tourists still throng, Folman goes into magic-realist mode, as Kitty (voiced by Ruby Stokes), Anne's imaginary friend from her diaries, comes alive. In search of Anne, Kitty ventures through the city, teaming up with a refugee, Peter (Sebastian Croft). The animation exhilarates which, when combined with an authentic re-examination of Anne's journey, results in a beautiful parable that works on multiple levels. 2021, PG, 99MIN

An animated crowd



Nathalie's feeling blue

CHILLER

The Invitation

Saturday, 12.15pm & 10pm, Sky Premiere ★★★

A slick and entertaining take on a gothic classic – made to delight the likes of the *Riverdale/Sabrina* crowd than hardcore horror fans – in which broke New Yorker Nathalie Emmanuel discovers she's related to some seriously posh folk in England, and is invited to a wedding by charmer Hugh Skinner (doing his bumbling Hugh Grant thing) to be his guest and meet the rest of her new-found family, all expenses paid. When she arrives, she's swept off her feet by the dashing Walter De Ville (Thomas Doherty), but all is not what it seems… Emmanuel is a fine lead and carries the movie with considerable ease, even if there are some cheesy impediments in her way, and the rest of the cast, which also includes Sean Pertwee as a brusque butler, put on a good show, too. It's ultimately all pretty dumb, but the movie rarely falters from being polished fun. 2022, 15, 103MIN

THRILLER

Fall

Thursday, on demand, Netflix ★★★

High-concept survival thrillers don't come much higher – or sillier, quite frankly – than this white-knuckle adventure by British-born writer-director Scott Mann. Becky (Grace Caroline Currey) is struggling to get over a climbing tragedy a year earlier, so her daredevil friend Hunter (Virginia Gardner) takes her to climb a 2,000ft TV tower in the California desert and plans to live-stream their adventure. But all manner of perils, from rusting ladders to vultures, make for a palm-dampening thrill ride. Vertigo sufferers may want to give this a wide berth. 2022, 15, 107MIN

Grace had better not look down

Colm leads a rum bunch

BLACK COMEDY

Three Day Millionaire

Saturday, on demand, Netflix ★★★

Guy Ritchie is the clear inspiration for Jack (*Destination: Dewsbury*) Spring's amateur-gangster heist movie, featuring a gaggle of fast-talking, colourful characters and a distinctly *Lock, Stock & Two Smoking Barrels* style. James Burrows stars as cocky trawler worker Curly who, after falling victim to the changing face of Grimsby's fishing industry, gathers his shipmates to steal from their unscrupulous boss, Mr Barr (Colm Meaney). If this lacks the laughs to succeed as a comedy crime caper, there's enough compelling characterisation and drama to keep things afloat. 2022, 15, 92MIN

FilmFinder The best of the week at a glance

Western

True Grit
Sunday, 10pm, Sky Hits ★★★★
Jeff Bridges plays boozy, one-eyed marshal Rooster Cogburn in this splendid remake of the 1969 John Wayne film. He's hired by Hailee Steinfeld to bring her dad's killer to justice. 2010, 15, 110MIN

Unforgiven
Monday, 9pm, TCM ★★★★★
Director and star Clint Eastwood's Western is bleak, brilliantly acted and perfectly formed. A widowed farmer, he's persuaded back into his old gunslinging ways to help a brothel madam. 1992, 15, 130MIN

The Tin Star
Tuesday, 11am, Film4 ★★★★
Anthony Perkins is the young sheriff who has a lot to learn and Henry Fonda is the disillusioned bounty hunter who's seen it all before. One of director Anthony Mann's best Westerns. 1957, U, 93MIN

Wyatt Earp
Thursday, 9pm, TCM ★★★
Kevin Costner is the Wild West's favourite lawman in this warts-and-all epic. Dennis Quaid is a wisecracking Doc Holliday and the shoot 'em up action at the OK Corral is very entertaining. 1994, 12, 190MIN

Thriller

Drive
Saturday, 1.15am, GREAT! movies ★★★★★
Ryan Gosling's stunt-cum-getaway driver makes a fateful error in helping neighbour Carey Mulligan. A stylish, mesmerising – and violent – thriller. 2011, 18, 100MIN

Nightcrawler
Sunday, 11pm, AMC ★★★★
Jake Gyllenhaal is thoroughly unlikeable, yet strangely compelling, in this gritty crime drama, playing a freelance cameraman stopping at nothing to find the grisliest stories. 2014, 15, 117MIN

Kimi
Monday, 11.30am & 3.50am, Sky Thriller ★★★★
Zoë Kravitz analyses smart-hub data streams, when she hears what appears to be an assault... Kravitz is excellent in this gripping thriller. 2022, 15, 89MIN

Fatal Attraction
Monday, 8pm, Sky Cult Classics ★★★★
The massive box-office hit that introduced the term 'bunny-boiler' to the world sees Glenn Close in fine form as she makes smug Michael Douglas' life hell. 1987, 18, 120MIN

Horror

Jacob's Ladder
Saturday, 2.50am, AMC ★★★★
Tim Robbins is on commanding form in this haunting movie, as a Vietnam vet haunted by flashbacks to army service and by demons he encounters as he struggles for his sanity. 1990, 18, 113MIN

Angel Heart
Monday, 1am, AMC ★★★★
An atmospheric 1950s-set thriller from director Alan Parker, with great turns from Mickey Rourke as a shabby private eye and Robert De Niro as his mysterious client, Louis Cyphre. 1987, 18, 113MIN

EDITOR'S CHOICE

Happy Death Day 2U
Tuesday, 9pm, Film4 ★★★★
This sequel to *Happy Death Day* (on Film4 on Mon at 11.10pm) is equally quirky and even more inventive. This time, writer-director Christopher Landon adds some quantum jiggery-pokery to explain why luckless sorority girl Tree (Jessica Rothe) has been dying over and over; she's caught in an inadvertently created time loop... There are twists and blackly funny deaths and the creepy baby masks return. 2019, 15, 98MIN

Comedy

The Hangover
Saturday, 6.05pm, Sky Cinema Comedy ★★★★
Bradley Cooper, Ed Helms and Zach Galifianakis lose pal Justin Bartha on his Vegas stag night in this riotous comedy. The two sequels follow. 2009, 15, 100MIN

Our Ladies
Tuesday, 7.35am & 4.20am, Sky Cinema Comedy ★★★★
A joyously irreverent tale in which five teen girls from a quiet Highlands backwater are determined to enjoy a day out in Edinburgh. 2019, 15, 106MIN

Hot Rod
Tuesday, 8pm, Sky Cinema Comedy ★★★★
An endearing, very funny tale starring Andy Samberg as an incompetent stuntman who plans to leap 13 school buses on his moped. 2007, 12, 88MIN

Rat Race
Friday, 6.50pm, Film4 ★★★
This wacky race sends eight random hotel guests on a mad dash to find $2million. Whoopi Goldberg's disastrous short cut and Jon Lovitz's trip to the Barbie museum offer standout hilarity. 2001, 12, 112MIN

FILMS MAY BE EDITED FOR TELEVISION. THE RUNNING TIMES GIVEN ARE THOSE OF THE ORIGINAL CINEMA RELEASES.

Weekend movies

Saturday 25 February

COMEDY DRAMA

Military Wives

9pm, C4 ★★★★

Sex ●●● Violence ●●● Language ●●●

Kristin Scott Thomas and Sharon Horgan hit all the right notes as chalk-and-cheese army wives who form a prickly, awkward partnership while taking their choir to the Royal Albert Hall in this funny, feel-good film inspired by Gareth Malone's chart-toppers. Director Peter Cattaneo's film follows a familiar trajectory, blending humour, heart and more than a little pathos, and it's hard to remain dry-eyed as this motley bunch of ladies discover confidence, camaraderie and the joy of singing. 2019, 12, 112MIN

Grand plans: Sharon and Kristin

MUSICAL

A Hard Day's Night

3.05pm, BBC2 ★★★★★

Sex ●●● Violence ●●● Language ●●●

The Beatles' first movie, which was shot on the hoof during the height of Beatlemania, revolutionised pop music films. John, Paul, George and Ringo show a deft touch with a throwaway joke, and examples of the boys' wry sense of humour are legion. The film made the name of American director Richard Lester, whose playful, improvisational style successfully disguised the fact that the film had been entirely scripted. 1964, U, 88MIN

ACTION COMEDY

Hancock

11.15pm, C4 ★★★

Sex ●●● Violence ●●● Language ●●●

This superhero spoof gets off to a goofy start with Will Smith as drunken, unpopular superhero John Hancock, who gets a professional makeover after he saves the life of PR man Jason Bateman. However, Bateman's wife Charlize Theron is strangely against helping Smith... Turning into a serious action blockbuster halfway through, the film is a bit messy, but the stars' appealing performances ensures it stays entertaining. 2008, 12, 92MIN

COMEDY

The Truman Show

10.10pm, Sky Drama ★★★★

Sex ●●● Violence ●●● Language ●●●

An ingenious media satire from Australian director Peter Weir that gives Jim Carrey a chance to flex both his comedy skills and his serious acting talents as an innocent husband unaware that his whole life is the subject of a global TV show, presided over by its god-like producer (Ed Harris). While the film offers little in the way of great revelations about our attitudes towards television, it is intelligent, inventive and uplifting. 1997, PG, 99MIN

DRAMA

The Beguiled

11.55pm, BBC1 (1.10am Scotland) ★★★★

Sex ●●● Violence ●●● Language ●●●

Director Sofia Coppola skilfully keeps the tension at boiling point in this atmospheric remake of the 1971 melodrama. During the Civil War, wounded Union soldier Colin Farrell finds refuge in a girls' boarding school in Virginia, stirring up rivalries and jealousies among the women and girls, including Nicole Kidman, Kirsten Dunst and Elle Fanning. 2017, 15, 94MIN

■ Full listings start on p35

Sunday 26 February

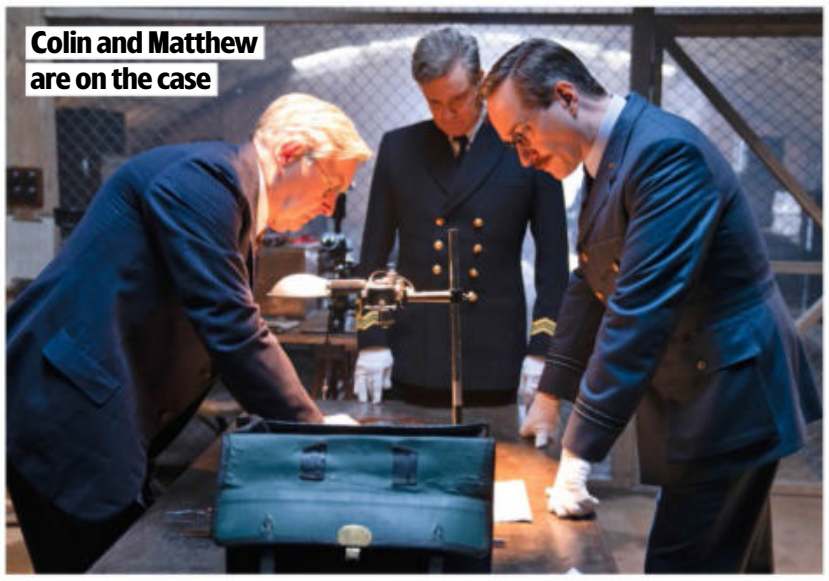
DRAMA

Operation Mincemeat

6.50pm, Sky Drama ★★★★

Sex ●●● Violence ●●● Language ●●●

This confident adaptation of Ben Macintyre's book tells the tale of the British military's plot to fool the Nazis by floating a corpse onto a Spanish beach with fake papers meant for Hitler. Colin Firth and Matthew Macfadyen head the stiff-upper-lip caper to find a dead body, a convincing backstory and a cunning plan. There's fine acting and ingenuity in the nest of mini-dramas (adultery, brotherly blackmail, treachery) wrapped around the gripping creation of 'The Man Who Never Was'. 2021, 12, 122MIN



Colin and Matthew are on the case

DRAMA

Chariots of Fire

5pm, BBC2 (not WIs) ★★★★★

Sex ●●● Violence ●●● Language ●●●

Directed by Hugh Hudson (who died earlier this month) and driven along by the anthemic synthesisers of Vangelis, this is a splendid, Oscar-winning drama. Ben Cross and Ian Charleson play runners from opposite ends of British society who are seeking glory at the 1924 Olympics. John Gielgud and Lindsay Anderson have wonderful cameos as Cambridge University masters, but it is Ian Holm, as a coach who gives the most pleasing performance. 1981, U, 120MIN

DRAMA

The King's Speech

10pm, BBC2 (11.30pm NI) ★★★★★

Sex ●●● Violence ●●● Language ●●●

A hit with audiences, critics and Oscar voters, this excellent film takes a footnote from royal history and transforms it into an enthralling human drama. Oscar-winner Colin Firth plays future King George VI as he struggles to overcome his debilitating stammer, while Geoffrey Rush matches him brilliantly as Australian therapist Lionel Logue and Helena Bonham Carter offers regal support as the king's consort. 2010, 12, 118MIN

DRAMA

Mud

11.10pm, BBC1 (12.10am Scotland) ★★★★

Sex ●●● Violence ●●● Language ●●●

Matthew McConaughey delivers a charismatic turn as an outlaw who draws an idealistic teenage boy into his perilous quest to be reunited with his one true love in this beguiling coming-of-age tale set in the Mississippi Delta. McConaughey's lean and grizzled fugitive makes a compelling protagonist, but Tye Sheridan's youngster is equally impressive, and Reese Witherspoon provides strong support. 2012, 12, 130MIN

DRAMA

Tulip Fever

11.50pm, BBC2 (not NI) ★★★

Sex ●●● Violence ●●● Language ●●●

A classy adaptation of Deborah Moggach's best-selling novel set in 17th-century Holland. It tells two parallel storylines – the red-hot commodity that was tulips, and the forbidden love between painter Dane DeHaan and his married sitter Alicia Vikander. There are twists and tricksy turns in the overstuffed narrative, but it holds the attention and looks sensational. 2017, 15, 105MIN

■ Full listings start on p45

PAY-PER-VIEW PREMIERES

The pick of the week's films on Sky, Virgin and other platforms

On the money: Christoph

WESTERN

Dead for a Dollar

From Mon 27 Feb ★★★

Sex ●●● Violence ●●● Language ●●●

Christoph Waltz's bounty hunter is hired to find missing Rachel Brosnahan and discovers that, rather than being abducted, she and her 'kidnapper' (Brandon Scott) are lovers. Soon, other interested parties arrive on the scene and, as characters collide on the Mexican terrain, the stage is set for an inevitable bullet-zinging shoot-out. Directed without fuss by Western veteran Walter Hill, there is much to enjoy here – Willem Dafoe and Benjamin Bratt have a ball as baddies and the mixed-race angle brings freshness to the genre – but it's let down by a disappointing third act. 2022, 15, 107MIN

Quiet place: Letitia and Tamara

DRAMA

The Silent Twins

From Mon 27 Feb ★★★★

Sex ●●● Violence ●●● Language ●●●

Led by cracking performances from Letitia Wright and Tamara Lawrance as real-life twins June and Jennifer Gibbons, this drama (based on the book by Marjorie Wallace) is a beautifully crafted look at the sisters' extraordinary bond. The only West Indian kids in 1970s Haverfordwest, the girls are already isolated, but suddenly refuse to communicate with anyone apart from each other. They disappear into a fantasy world (realised with top-notch stop-motion animation) and end up at Broadmoor, where journalist Wallace (Jodhi May) tries to help. 2022, 18, 113MIN

Weekday movies over page

Weekday movies

Monday 27 February

THRILLER

The Strays

On demand, Netflix ★★★★

Sex ●●● Violence ●●● Language ●●●

Wealthy and successful, Ashley Madekwe's Neve appears to have it all – a loving husband (Justin Salinger), confident kids (Samuel Small and Mary Almeida) and a job as deputy headmistress of an exclusive private school. But cracks appear after Jordan Myrie and Bukky Bakray turn up in her village. This intriguing thriller creates an effective mood of off-kilter menace and Madekwe's portrayal of a biracial woman who's erased her black identity quietly speaks volumes about the pressures of code-switching and denial. 2023, 15, 100MIN

Heading for a fall: Ashley

ACTION

SAS Red Notice

7.55am, Sky Action ★★★

Sex ●●● Violence ●●● Language ●●●

It's a case of who dares wins in this enjoyable action romp based on Andy McNab's bestseller. Sam Heughan stars as an SAS operative whose plans to propose to his girlfriend (Hannah John-Kamen) in Paris are ruined when they're caught in a train hijack in the Channel Tunnel. Largely thanks to Heughan's charisma and Ruby Rose's kick-ass baddie, this is an attention-grabbing, edge-of-seat thrill ride. 2021, 15, 130MIN

DRAMA

Creed II

9pm, ITV4 ★★★

Sex ●●● Violence ●●● Language ●●●

This punchy sequel sets up the grudge match to end them all – Michael B Jordan's scrappy contender-turned-heavyweight champ, Adonis Creed, against Russian hulk Viktor Drago (Florian Munteanu), the son of the man who killed his dad in *Rocky IV*. Which cues a blast from the past for Rocky (Sylvester Stallone)... The fight scenes carry their usual weight and some familiar faces make a welcome return, but it's a bit too soapy. 2018, 12, 130MIN

THRILLER

Sicario

9pm, GREAT! movies ★★★★

Sex ●●● Violence ●●● Language ●●●

Emily Blunt delivers a brilliant performance as a doggedly upright yet vulnerable FBI agent whose eyes are opened to the murky realities of the war on drugs in this gripping thriller. She joins a government task force led by Josh Brolin's deceptively laid-back, flip-flop-wearing agent, blurring ethical lines as they criss-cross the US-Mexico border. The film's pervading sense of dread and unease keeps us on edge throughout. 2015, 15, 121MIN

WESTERN

The Sisters Brothers

11.15pm, BBC2 ★★★★

Sex ●●● Violence ●●● Language ●●●

With bursts of gunplay and moments of wry comedy, this is an enjoyable, most unusual Western about fraternal gunslingers (John C Reilly and Joaquin Phoenix) for hire at the time of the California Gold Rush. The bickering stars are superb, while Riz Ahmed and Jake Gyllenhaal are equally good as their quarry, a chemist-turned-gold prospector and a detective. 2018, 15, 122MIN

■ Full listings start on p55

Tuesday 28 February

DRAMA

Rain Man

10.40pm, BBC1 (11.10pm NI, 11.20pm Wales) ★★★★

Sex ●●● Violence ●●● Language ●●●

After learning that the bulk of his father's $3million estate has been left to an autistic elder brother, Tom Cruise's Charlie Babbitt decides to spirit Raymond (Dustin Hoffman) away from the institution where he lives and nab the inheritance. But as he increasingly gets to know Raymond, Charlie's attitude begins to change… Director Barry Levinson's gentle comedy drama is superbly acted (Hoffman won one of the film's four Oscars), poignant and totally involving. 1988, 15, 133MIN

On a journey: Tom and Dustin

ACTION

Babylon A.D.

9pm, GREAT! movies action ★★★

Sex ●●● Violence ●●● Language ●●●

Vin Diesel's mercenary is hired by a Russian mobster (Gérard Depardieu) to escort a nun (Michelle Yeoh) and a woman (Mélanie Thierry) from a convent in Kazakhstan to New York across hostile terrain. Though this post-apocalyptic sci-fi thriller doesn't make much sense thanks to some drastic last-minute pruning, the striking visuals and excitingly staged action make it worthwhile. 2008, 12, 90MIN

HORROR

30 Days of Night

10.45pm, HorrorXtra ★★★★

Sex ●●● Violence ●●● Language ●●●

For 30 days a year there's no daylight in the remote Alaskan town of Barrow. Ideal conditions, then, for Danny Huston's bloodthirsty vampires to run amok. Intrepid sheriff Josh Hartnett and his estranged wife Melissa George try to ensure the monsters don't have things all their own way, while creepy Ben Foster is also hanging around in this astonishing-looking and imaginatively grisly horror movie. 2007, 18, 113MIN

COMEDY

Swingers

9.35pm, Sky Cinema Comedy ★★★★

Sex ●●● Violence ●●● Language ●●●

Jon Favreau stars as a man who is still brooding over his break-up with his long-time girlfriend. Despite its modest budget, this is a screamingly funny look at a group of twentysomethings and their fumbling attempts to find romance in LA. The scene where the pathologically insecure Favreau (who also penned the screenplay) verbally wrestles with a telephone answering machine will have you rolling on the floor. 1996, 15, 96MIN

THRILLER

Prisoners

11.30pm, Sky Greats ★★★★

Sex ●●● Violence ●●● Language ●●●

Hugh Jackman is terrific as an anguished father who takes the law into his own hands after his six-year-old daughter and her friend go missing. Jackman is well matched by Jake Gyllenhaal as a dogged detective and Paul Dano as the prime suspect. The plot twists and turns to super effect, cruelly tugging our sympathies, in this unsettling thriller. 2013, 15, 153MIN

■ Full listings start on p65

Wednesday

DRAMA

CODA

On demand, Paramount+ ★★★★

Sex ●●● Violence ●●● Language ●●●

This heart-warming and bawdy coming-of-age tale is a certified crowd-pleaser. As a 'Child of Deaf Adults', aspiring singer Ruby (Emilia Jones) pinballs between school and her family's fishing business,

Heart to heart: Emilia and Marlee

BIOPIC

The Iron Lady

6.55pm, Film4 ★★★★

Sex ●●● Violence ●●● Language ●●●

This biopic of former prime minister Margaret Thatcher deserves to be seen if only for Meryl Streep's magnificent Oscar-winning performance in the lead role. Streep inhabits the role in a way few would have thought possible as she portrays Thatcher in her political prime and struggling with the onset of dementia in a lonely old age. Olivia Colman plays her daughter Carol and Jim Broadbent is husband Denis. 2011, 12, 105MIN

SCI-FI HORROR

Alien

10pm, ITV4 ★★★★★

Sex ●●● Violence ●●● Language ●●●

The plot of this blockbuster sci-fi chiller is pure B-movie, but director Ridley Scott's eye for visuals and relentless sense of pace transform the film into a classic of the genre and turned its star, Sigourney Weaver, into a movie icon. The terrifying storyline sees Weaver's Ripley and her fellow crew members of the commercial spaceship *Nostromo* being picked off one by one by an unstoppable alien beastie. 1979, 15, 117MIN

1 March

which needs her to deal with the hearing world. Marlee Matlin and Troy Kotsur give great performances as Ruby's tough yet tender parents. But this is Jones' movie (her voice a clue that she's Aled Jones' real-life daughter), her performance propelled by Ruby's stubborn energy and soulful tunes. 2021, 15, 111MIN

SUPERHERO

Captain America: The Winter Soldier

10.40pm, BBC1 (11.40pm NI, 11.45pm Wales) ★★★★

Sex ●●● Violence ●●● Language ●●●

Marvel's 1940s comic-book hero has been defrosted in the present day for a sizzling, quip-filled second solo effort. Chris Evans' Captain America doesn't know who to trust – apart from Scarlett Johansson and Anthony Mackie – when the mysterious Winter Soldier starts wreaking havoc just as Robert Redford's slick politician pushes for a system of global surveillance. 2014, 12, 136MIN

WORLD CINEMA

A Fantastic Woman

2.50am, C4 ★★★★

Sex ●●● Violence ●●● Language ●●●

This visually striking, deeply compassionate Oscar-winning drama by Chilean director Sebastián Leilo follows the trials and humiliations of a young transgender woman in the wake of her older lover's sudden death. All manner of indignities are heaped upon Daniela Vega's grieving aspiring singer, but the film's overall mood is one of resilient defiance. Subtitled. 2017, 15, 104MIN

■ Full listings start on p75

Thursday 2 March

SUPERHERO

The Batman

8pm, Sky Greats ★★★★

Sex ●●● Violence ●●● Language ●●●

In a seedy Gotham blighted by corruption and crime, a masked maniac is killing big wigs. With riddles left at each scene addressed 'To the Batman', detective James Gordon (Jeffrey Wright) seeks the help of Robert Pattinson's caped vigilante. Pattinson proves a worthy crime-fighter, while Wright, Zoë Kravitz and Andy Serkis provide lively support. The villains also score strongly, represented by Paul Dano, John Turturro and an unrecognisable Colin Farrell, in an outstanding return to form for ol' Bats. 2021, 15, 176MIN

Cape-able types: Zoë and Robert

PERIOD DRAMA

Howards End

3.55pm, Film4 ★★★★★

Sex ●●● Violence ●●● Language ●●●

Merchant-Ivory's meticulous adaptation of the EM Forster novel brings Edwardian England luxuriously to life and makes the best of a winning gallery of characters. Howards End is an idyllic country house that becomes the focus of an intricate drama involving rich businessman Anthony Hopkins, witty sisters Helena Bonham Carter and Emma Thompson (who won an Oscar) and lowly clerk Samuel West. An absolute joy. 1991, PG, 142MIN

DRAMA

The Wrestler

9pm, AMC ★★★★

Sex ●●● Violence ●●● Language ●●●

Mickey Rourke is outstanding as Randy Robinson, a burnt-out wrestler who is given the chance to revive his career with a rematch against an adversary from his glory days. Rourke's performance is nuanced, compelling and desperately moving, while Marisa Tomei also impresses as the pole dancer who helps keep Randy in the game. A powerful, gripping film with challenging dialogue and a sting in its tail. 2008, 15, 109MIN

WAR DRAMA

Lone Survivor

11.30pm, ITV4 ★★★★

Sex ●●● Violence ●●● Language ●●●

Based on Marcus Luttrell's first-hand account of a disastrous US military mission in 2005 Afghanistan, this intensely powerful action movie stars Mark Wahlberg as a member of a four-man Navy SEAL reconnaissance team (Taylor Kitsch, Emile Hirsch and Ben Foster play his comrades) sent into hostile terrain to locate a Taliban commander, only to find themselves in a ferocious firefight against overwhelming odds. 2013, 15, 121MIN

COMEDY DRAMA

Whiskey Tango Foxtrot

2.20am, C4 ★★★

Sex ●●● Violence ●●● Language ●●●

Stepping out of her comfort zone, Tina Fey stars as a US war reporter in a film about real-life journalist Kim Barker's experiences in Afghanistan. There is slapstick fun at the expense of her initial cluelessness and Margot Robbie and Martin Freeman do well as her colleagues, but the mix of laughs and drama is uneven. 2016, 15, 112MIN

■ Full listings start on p85

Friday 3 March

ACTION

Kick-Ass

10pm, BBC3 ★★★★

Sex ●●● Violence ●●● Language ●●●

Obsessed with comic-books, teen Dave Lizewski (Aaron Johnson) reinvents himself as superhero Kick-Ass to fight crime in New York, teaming up with crazed vigilantes Big Daddy (Nicolas Cage) and his foul-mouthed 11-year-old daughter Hit Girl (Chloë Grace Moretz) to battle Mark Strong's evil Mob boss. Written by Jane Goldman and directed by Matthew Vaughn, this is dazzling, constantly surprising and brilliantly edgy, though Moretz's violent antics are hard to stomach. 2010, 15, 117MIN

Ready for action: Aaron and Chloë

COMEDY DRAMA

Instant Family

9pm, E4 ★★★★

Sex ●●● Violence ●●● Language ●●●

Mark Wahlberg and Rose Byrne deliver a winning mixture of emotion and wit in this comedy drama about a couple who foster three siblings (Isabela Moner, Gustavo Quiroz and Julianna Gamiz). Though completely out of their depth, the couple's efforts to cope prove both funny and feel-good. And the fact that the film is inspired by real events from the life of writer-director Sean Anders only makes it more touching. 2018, 12, 118MIN

THRILLER

The Rock

10.45pm, ITV1 ★★★★

Sex ●●● Violence ●●● Language ●●●

Ed Harris' US general is in San Francisco's Alcatraz prison, threatening to release lethal gas unless the government compensates the families of his dead soldiers. Nicolas Cage's chemical weapons expert and Sean Connery's ex-inmate try to stop him. British writers Dick Clement and Ian La Frenais provided some uncredited rewrites that help humanise this action thriller and the result is a hugely enjoyable blockbuster. 1996, 15, 136MIN

WORLD CINEMA

Pain and Glory

11.55pm, BBC2 ★★★★

Sex ●●● Violence ●●● Language ●●●

Spanish maestro Pedro Almodóvar mines his own life and career, and even the decor of his Madrid apartment, for this visually lush, intimate drama. It stars Antonio Banderas as an ageing director with film-maker's block and a variety of niggling ailments who begins to recall his childhood and first love after being invited to introduce a special screening of one of his early films. Penélope Cruz co-stars. Subtitled. 2019, 15, 113MIN

COMEDY

Bad Teacher

12.10am, C4 ★★★

Sex ●●● Violence ●●● Language ●●●

Mean-spirited, selfish and lazy, Cameron Diaz is the bad teacher of the title and she's on the lookout for a rich husband in this comedy. She sets her sights on new colleague Justin Timberlake while ignoring nice PE teacher Jason Segel. This crass comedy lacks polish, but Diaz does well with her hard-to-like character and the perky supporting performances are a lot of fun. 2011, 15, 92MIN

■ Full listings start on p95

Sport week

Your **ultimate guide** to the best of the week's live action

Manchester United's Marcus Rashford (left) and Newcastle United's Sean Longstaff

THE MAIN EVENT

EFL Cup FINAL

Erik ten Hag

Eddie Howe

Manchester United and Newcastle United meet at Wembley

LIVE FOOTBALL

Sunday, kick-off 4.30pm, Sky Sports Football & Sky Sports Main Event

Success-starved Newcastle United fans will be hoping their club can finally end a 54-year trophy drought as they take on Manchester United in Sunday's EFL Cup final at Wembley.

The Magpies won their last piece of silverware in the 11th Inter-Cities Fairs Cup in 1969, beating Hungarian side Újpest FC in the final of what was the predecessor to European football's UEFA Cup, now known as the Europa League.

In terms of domestic trophies, their most recent was won in 1955, when a 3-1 victory over Manchester City secured Newcastle's third FA Cup success in five years.

Five-time EFL Cup winners Manchester United last lifted this trophy in 2017, with a 3-2 win over this year's beaten semi-finalists Southampton. Their last cup final meeting with Newcastle came in the 1999 FA Cup, which was the Magpies' second defeat in a row, having lost the '98 final to Arsenal.

As the two resurgent sides prepare to walk out at Wembley, here's a preview of the battle to lift the first domestic cup of the season…

ROAD TO WEMBLEY

Newcastle United got past League Two's Tranmere Rovers, Crystal Palace, manager Eddie Howe's former club Bournemouth, Leicester City and Southampton en route to the final, while Manchester United's road to Wembley saw them beat Aston Villa, Championship leaders Burnley, Charlton Athletic and Nottingham Forest. The Reds' five goals in their two-leg semi-final win over Forest were all scored by different players, while local lad Sean Longstaff netted twice and Brazilian Joelinton once as the Magpies saw off relegation-threatened Saints.

IN THE DUGOUT

Eddie Howe has overseen an upturn in Newcastle United's fortunes, with help from the transfer cash made available by the club's new Saudi owners. Rather than the familiar battle to avoid relegation, the Mags are now chasing a Champions League place, with some fans even dreaming of a push for the title.

With the legacy of Sir Alex Ferguson having cast a long shadow over a series of new managers at Old Trafford, former Ajax boss Erik ten Hag has galvanised the Reds into a winning team, becoming the fastest United manager to notch up 20 wins.

WORDS: IAN MACEWAN. PHOTOS: GETTY

Jack Conan of Ireland

LIVE RUGBY UNION

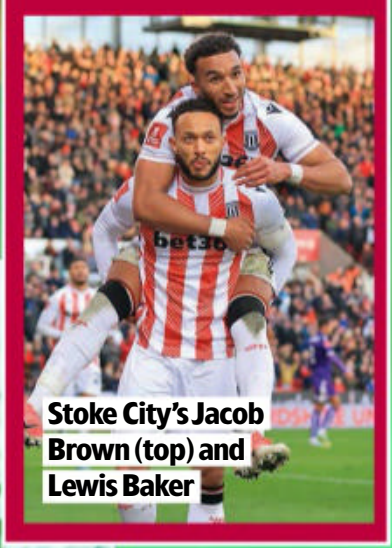
Six Nations

Saturday & Sunday, BBC1, ITV1 & S4C

With two wins in two, Scotland and Ireland have both made impressive starts to this season's campaign, with the Scots winning at Twickenham for the second time in three seasons, before crushing Wales at home 35-7. Favourites Ireland also inflicted a heavy defeat on Wales in Cardiff, following that with a convincing win over France in Dublin. This weekend, Ireland travel to Italy (Saturday, kick-off 2.15pm, ITV1) and the Scots head to Paris (Sunday, 3pm, ITV1), while Wales host England (Saturday, 4.45pm, BBC1 & SC4). The top two sides in the table will also have one eye on what could be a crucial meeting at Murrayfield in two weeks' time.

ALSO... FA CUP FIFTH ROUND

The season's biggest domestic-cup competition also continues this week, with six fifth-round FA Cup ties being shown across the BBC and ITV networks. Tuesday night's games are Stoke City v Brighton, Leicester City v Blackburn Rovers, Fulham v Leeds United and Bristol City v Manchester City; Wednesday's are Southampton v Grimsby Town, Burnley v Fleetwood Town, Manchester United v West Ham United and Sheffield United v Tottenham Hotspur. See our Football Planner (page 33) for kick-off times and TV coverage.



Stoke City's Jacob Brown (top) and Lewis Baker

NET ASSETS

After struggling at times to live up to his early promise, Marcus Rashford has been in a rich vein of scoring form for the Reds since returning from the World Cup, netting 21 times in 34 games by mid-February.

For the Magpies, Miguel Almirón hit a hot streak at the end of 2022, scoring seven times in as many games. However, he is one of a long list of recent injury concerns for Howe that includes Allan Saint-Maximin, Joe Willock and Callum Wilson.

England captain Heather Knight

LIVE CRICKET

Women's T20 World Cup Final

Sunday, play starts 1pm, Sky Sports Cricket

Australia, India and England started the competition as the bookies' favourites and all opened their campaigns with comfortable wins. But who will be contesting the final in Cape Town this weekend? The Aussies have dominated to date, winning five World Cups out of seven. England, currently led by captain Heather Knight, have been losing finalists on three of those occasions, and will be keen to lift the trophy for the second time, having been inaugural winners in 2009.

LIVE ATHLETICS

Birmingham Indoor Tour Final

Saturday, BBC iPlayer

Scottish middle-distance star Laura Muir will be looking to end her World Indoor Tour campaign on a high as Birmingham plays host to the last event in the global series this weekend. The 29-year-old has been in fine form, coming first in the Wanamaker Mile in New York and leading a dominant British foursome to win the 3,000m at the World Indoor Tour in Boston. She'll be targeting Maria Mutola's 1,000m record in her first appearance in front of a Birmingham crowd since her double-medal triumph at the Commonwealth Games.

Laura Muir

Jonathan Rea (left) and Toprak Razgatlıoglu

LIVE MOTORSPORT

World Superbikes

Friday 24 February & Saturday, Eurosport 2

As the new season gets under way on Australia's Phillip Island, six-time World Champion Jonathan Rea, from Northern Ireland, and Turkish 2021 winner Toprak Razgatlıoğlu, will be looking to get back on terms with the defending champ, Spaniard Álvaro Bautista. Phillip Island hosted last season's final round, in which Bautista picked up his 16th win, holding Rea off in a rain-affected race.

Sport A-Z and football planner »»

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Sport week A-Z GUIDE

ATHLETICS

LIVE Birmingham Indoor Tour Final
Sat BBC iPlayer
Coverage from Utilita Arena in Birmingham. See p29.

LIVE European Indoor Championships
Thu 3.30pm; Fri 5.45am & 3.30pm BBC2
Days one and two from Istanbul.

BASEBALL

LIVE St Louis Cardinals v New York Mets
Mon 6pm BT Sport 4

LIVE New York Mets v Houston Astros
Tue 6pm BT Sport 4

LIVE New York Yankees v Washington Nationals
Wed 6pm BT Sport 1

LIVE Boston Red Sox v Philadelphia Phillies
Thu 6pm BT Sport 1

BASKETBALL

LIVE Detroit Pistons v Toronto Raptors
Sat 5pm Sky Sports Arena & Sky Sports Mix

LIVE College basketball
Sat 5pm; Fri 1am & 3.30am BT Sport 4; Mon 2am BT Sport 3; Tue 12m't & 2am, Thu 2am BT Sport 2

LIVE North Carolina Tar Heels v Virginia Cavaliers
Sat 11pm BT Sport 4

LIVE Duke Blue Devils v Virginia Tech Hokies
Sat 1am BT Sport 4

LIVE Philadelphia 76ers v Boston Celtics
Sat 1.30am Sky Sports Main Event & Sky Sports Arena

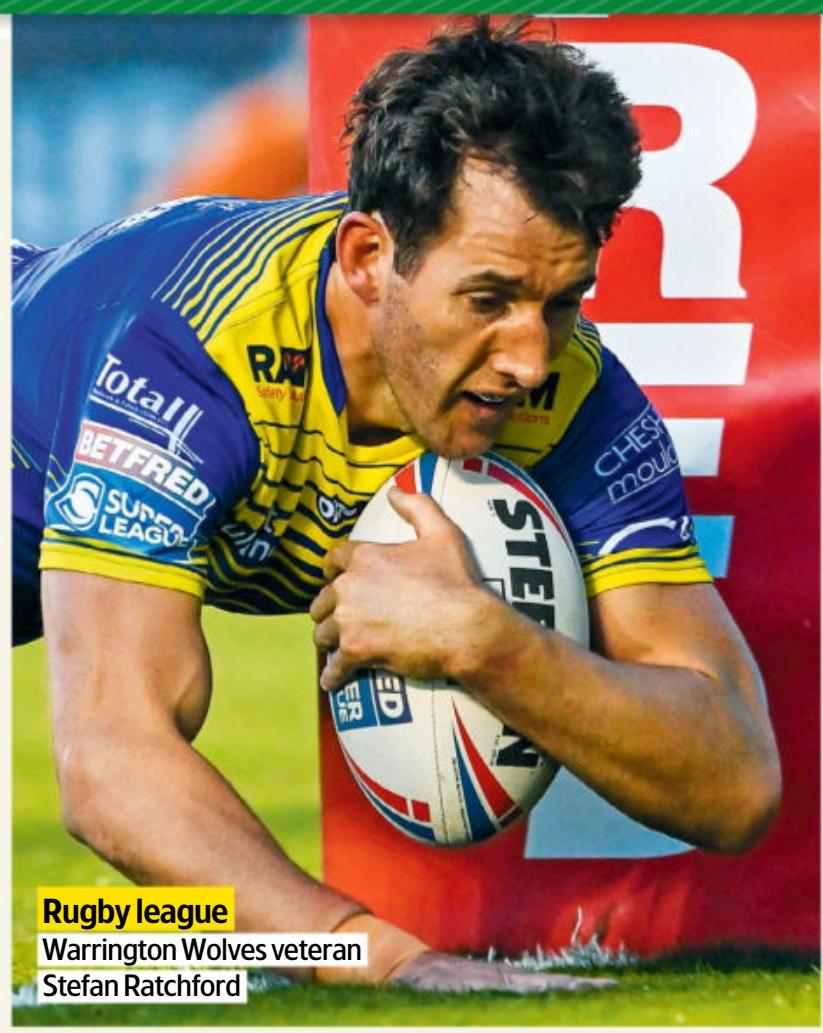
LIVE Gonzaga Bulldogs v Saint Mary's Gaels
Sat 3am BT Sport 4

LIVE South Carolina Gamecocks v Georgia Bulldogs
Sun 5pm BT Sport 4

LIVE Milwaukee Bucks v Phoenix Suns
Sun 6pm Sky Sports Arena

LIVE Memphis Tigers v Cincinnati Bearcats
Sun 7pm BT Sport 4

LIVE Dallas Mavericks v Los Angeles Lakers
Sun 8.30pm Sky Sports Arena


Rugby league
Warrington Wolves veteran Stefan Ratchford

LIVE Iowa Hawkeyes v Indiana Hoosiers
Sun 9pm BT Sport 4

LIVE Florida State Seminoles v North Carolina Tar Heels
Mon 12m't BT Sport 3

LIVE Alabama Crimson Tide v Auburn Tigers
Wed 12m't BT Sport 2

LIVE TCU Horned Frogs v Texas Longhorns
Wed 2am BT Sport 2

LIVE Illinois Fighting Illini v Michigan Wolverines
Thu 12m't BT Sport 1

LIVE Dallas Mavericks v Philadelphia 76ers
Thu 12.30am Sky Sports Main Event & Sky Sports Arena

LIVE Golden State Warriors v Los Angeles Clippers
Thu 3am Sky Sports Main Event & Sky Sports Arena

LIVE Leicester Riders v London Lions
Fri 7.30pm Sky Sports Action

LIVE Saint Louis Billikens v Dayton Flyers
Fri 12m't BT Sport 3

LIVE Boston Celtics v Brooklyn Nets
Fri 12.25am BBC1
The NBA Eastern Conference encounter.

BOXING

LIVE Jake Paul v Tommy Fury
Sun 6pm BT Sport Box Office
The cruiserweight fight from Diriyah Arena in Saudi Arabia.

COMBAT SPORTS

LIVE UFC Prelims
Sat 10pm BT Sport 2

LIVE Nikita Krylov v Ryan Spann
Sat 12m't BT Sport 2
The light heavyweight bout in Las Vegas.

CRICKET

LIVE New Zealand v England
Sat-Mon 9.30pm BT Sport 1
Coverage of days three to five of the second and final Test.

LIVE Karachi Kings v Multan Sultans
Sun 8.50am Sky Sports Mix

LIVE Women's T20 World Cup
Sun 12.30pm Sky Sports Cricket
Coverage of the final from Cape Town. See page 29.

LIVE Lahore Qalandars v Peshawar Zalmi
Sun 1.50pm Sky Sports Mix & 5pm Sky Sports Cricket

LIVE Lahore Qalandars v Islamabad United
Mon 1.50pm Sky Sports Cricket & Sky Sports Mix, 2pm Sky Sports Main Event

LIVE South Africa v West Indies
Tue 7am; Wed-Fri 7.30am Sky Sports Main Event & Sky Sports Cricket
Days one to four of the first Test.

LIVE India v Australia
Tue-Thu 3.45am BT Sport 1; Fri 3.45am BT Sport 3
Days one to four of the third Test.

LIVE Peshawar Zalmi v Karachi Kings
Wed 1.50pm Sky Sports Mix & 4pm Sky Sports Main Event & Sky Sports Cricket

LIVE Lahore Qalandars v Quetta Gladiators
Thu 1.50pm Sky Sports Mix & 4pm Sky Sports Main Event & Sky Sports Cricket

LIVE Islamabad United v Karachi Kings
Fri 1.50pm Sky Sports Mix & 4pm Sky Sports Cricket

CYCLING

LIVE Men's UAE Tour
Sat & Sun 10.50am Euro2

LIVE Omloop Het Nieuwsblad
Sat 12.30pm Euro2

LIVE Kuurne-Brussels-Kuurne
Sun 1.30pm Euro2

LIVE GP Le Samyn
Tue 1pm Euro1

DARTS

LIVE European Tour
Sat & Sun 12noon & 6pm Viaplay Sports 2
Coverage of days two and three at Wunderino Arena Kiel in Germany.

LIVE Premier League
Thu 7pm Sky Sports Main Event & Sky Sports Action
The fifth night of the tournament from Westpoint Arena, Exeter.

LIVE UK Open
Fri 11.45am & 7pm ITV4
Coverage of day one from Butlin's Minehead in Somerset.

GOLF

LIVE Hero Indian Open
Sat 8am & Sun 7am Sky Sports Main Event & Sky Sports Golf
Coverage of days three and four.

LIVE Honda Classic
Sat & Sun 1.30pm & 6pm Sky Sports Golf; Sun 7.30pm Sky Sports Main Event
Days three and four in Florida.

LIVE HSBC Women's World Championship
Wed-Fri 5.30am Sky Sports Main Event & Sky Sports Golf
Days one to three in Singapore.

LIVE Arnold Palmer Invitational
Thu & Fri 12noon & 7pm Sky Sports Golf; Fri 6pm Sky Sports Main Event
Days one and two from Florida.

HOCKEY

LIVE New Zealand v China
Sat 2am BT Sport 3

LIVE Australia v Argentina
Tue 6am BT Sport 1

LIVE Australia v Argentina
Tue 8am BT Sport 1

LIVE Australia v USA
Wed 6am BT Sport 2

LIVE Australia v Spain
Wed 8am BT Sport 2

LIVE Argentina v USA
Thu 6am BT Sport 2

LIVE Argentina v Spain
Thu 8am BT Sport 2

LIVE Australia v Argentina
Fri 6am BT Sport 3

LIVE Australia v Argentina
Fri 8am BT Sport 3

HORSE RACING

LIVE Kempton
Sat 1.10pm ITV4
Coverage of the Coral Trophy from the meeting at Kempton Park.

ICE HOCKEY

LIVE New Jersey Devils v Philadephia Flyers
Sat 12m't Viaplay Sports 1

LIVE Vegas Golden Knights v Dallas Stars
Sat 3am Viaplay Sports 2

LIVE Minnesota Wild v Columbus Blue Jackets
Sun 6pm Viaplay Xtra

LIVE New York Rangers v Los Angeles Kings
Sun 10pm Viaplay Xtra

LIVE Seattle Kraken v Toronto Maple Leafs
Sun 12m't Viaplay Sports 2

LIVE Edmonton Oilers v Boston Bruins
Mon 1.30am Viaplay Sports 1

LIVE Columbus Blue Jackets v Vegas Golden Knights
Mon 2am Viaplay Sports 2

ICE SKATING

LIVE Speed Skating
Thu 5.30pm Euro1

MOTORCYCLING

LIVE World Superbikes
Sat 1.45am & 3.15am Euro2
Round one of the season from Phillip Island, Australia. See p29.

LIVE World Superbikes
Fri 1.45am & 3.45am Euro2
Round two of the season in Indonesia.

MOTORSPORT

LIVE Formula 1 Testing
Sat 6.50am & 11.50am Sky Sports F1

LIVE Formula E
Sat 1.30pm C4 & 2pm Euro1
Coverage of the Cape Town ePrix.

LIVE NASCAR
Sun 8pm Viaplay Sports 1
Coverage of the Pala Casino 400.

LIVE Formula 3
Fri 7.50am & 1pm Sky Sports F1; 1pm Sky Sports Main Event
The Bahrain Grand Prix practice and qualifying sessions in Sakhir.

LIVE Formula 2
Fri 9am, 4.25pm & 4am Sky Sports F1; 4.25pm Sky Sports Main Event
The Bahrain Grand Prix practice and qualifying sessions in Sakhir.

LIVE Formula 1
Fri 11am & 2.45pm Sky Sports Main Event & Sky Sports F1
Coverage of the Bahrain Grand Prix practice sessions from Sakhir.

LIVE Indycar
Fri 8pm Sky Sports F1

POOL

LIVE Ultimate Pool Masters
Mon 6.30pm Viaplay Xtra

RUGBY LEAGUE

LIVE Castleford Tigers v St Helens
Sun 12.30pm C4 (kick-off 1pm)
Coverage of the Super League match at Mend-a-Hose Jungle.

LIVE Widnes Vikings v Halifax Panthers
Mon 7.15pm Viaplay Sports 1 (kick-off 7.45pm) The Championship match from DCBL Stadium.

LIVE Parramatta Eels v Melbourne Storm
Thu 8.50am Sky Sports Arena

LIVE Warrington Wolves v Salford Red Devils
Thu 7.30pm Sky Sports Arena (kick-off 8pm) The Super League match at Halliwell Jones Stadium.

LIVE Penrith Panthers v Brisbane Broncos
Fri 9am Sky Sports Arena

LIVE St Helens v Leeds Rhinos
Fri 7.30pm Sky Sports Arena (kick-off 8pm) The Super League game at Totally Wicked Stadium.

Sport A-Z and football planner >>>

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Football planner

RUGBY UNION

LIVE Highlanders v Blues
Sat 6am Sky Sports Main Event & Sky Sports Action

LIVE Reds v Hurricanes
Sat 8.30am Sky Sports Action

LIVE Force v Rebels
Sat 10.55am Sky Sports Action

LIVE Sharks v Ulster
Sat 11.55am Viaplay Sports 1

LIVE Italy v Ireland
Sat 1.25pm ITV1 (kick-off 2.15pm) Coverage of the Six Nations match held at Stadio Olimpico. See p29.

LIVE Lions v Glasgow
Sat 2pm Viaplay Sports 1

LIVE Wales v England
Sat 4pm BBC1 & S4C (kick-off 4.45pm) The Six Nations clash at Principality Stadium. See p29.

LIVE Exeter Chiefs v Sale Sharks
Sun 12noon BT Sport 1 (kick-off 1pm) The Premiership match at Sandy Park.

LIVE France v Scotland
Sun 2.15pm ITV1 (kick-off 3pm) Coverage of the Six Nations match held at Stade de France. See p29.

LIVE Crusaders v Highlanders
Fri 6.55am Sky Sports Action

LIVE Rebels v Hurricanes
Fri 9.05am Sky Sports Action

LIVE Bristol Bears v Northampton Saints
Fri 7pm BT Sport 1 (kick-off 7.45pm) The Premiership encounter.

LIVE Munster v Scarlets
Fri 7.30pm BBC2 Wales

SKIING

LIVE Freestyle Skiing
Sat 7.50am Euro2; Tue 9am Euro1 Coverage from Bakuriani, Georgia.

LIVE Nordic Combined Skiing
Sat 8.50am, Sun 1.50pm & Wed 10am & 2.10pm Euro1; Sun 9.20am Euro2 Coverage from Planica in Slovenia.

LIVE Alpine Skiing
Sat 10am & Sun 9.45am Euro1 From Crans Montana, Switzerland.

LIVE Cross-Country Skiing
Sat 1pm & Tue-Fri 11.30am Euro1; Sun 12.30pm Euro2 Coverage from Planica in Slovenia.

LIVE Biathlon
Thu & Fri 3.10pm Euro1 From Nove Mesto, Czech Republic.

LIVE Alpine Skiing
Fri 9.30am Euro1 Coverage from Kvitfjell in Norway.

LIVE Alpine Skiing
Fri 6.30pm Euro1 Coverage from Aspen in Colorado.

SNOOKER

LIVE Players Championship
Sat 6.45pm ITV3; Sun 12.45pm & 6.45pm ITV4 The semi-finals and final.

WINTER SPORTS

LIVE Ski Jumping
Sat 11.15am & 3.35pm; Sun 3.30pm; Tue 5.30pm; Wed-Fri 4.30pm Euro1

LIVE Snowboarding
Mon 9am& Fri 6am Euro1; Fri 10.30am Euro2

LIVE PREMIER LEAGUE

Bournemouth v Manchester City

Saturday, kick-off 5.30pm, Sky Sports Main Event & Sky Sports Premier League

Wins have been sparse for the Cherries this season, so the visit of the champions will cause plenty of headaches. City's Phil Foden will be looking to score against the south-coast club for the third meeting in a row.

LIVE PREMIER LEAGUE

Tottenham Hotspur v Chelsea

Sunday, kick-off 1.30pm, Sky Sports Main Event & Sky Sports Premier League

Spurs boss Antonio Conte will want a good performance as his side host Chelsea, a club he managed to a Premier League title and an FA Cup. The Blues are undefeated in the last seven games against Tottenham.

LIVE SPFL CUP FINAL

Rangers v Celtic

Sunday, kick-off 3pm, Viaplay Sports 1

The first silverware of the Scottish season is decided at Hampden Park, as the Glasgow rivals meet for the third time this season. New Year's Day saw an electric 2-2 draw at Ibrox, with Celtic's Kyogo Furuhashi claiming a late equaliser to keep his team top of the Premiership.

Saturday 25

LIVE Melbourne City v Sydney FC
6am BT Sport 3

LIVE Perth Glory Women v Brisbane Roar Women
8am BT Sport 2

LIVE Western Sydney Wanderers v Macarthur FC
8.45am BT Sport 1

LIVE Turbine Potsdam v Bayern Munich
11.55am Sky Sports Mix (kick-off 12noon)

LIVE Coventry City v Sunderland
12noon Sky Sports Main Event & Sky Sports Football (kick-off 12.30pm) The Championship match at Coventry Building Society Arena.

LIVE Espanyol v Mallorca
12noon Viaplay Xtra (k-o 1pm)

LIVE Bournemouth v Manchester City
5pm Sky Sports Main Event & Sky Sports Premier League (kick-off 5.30pm) The Premier League clash from the Vitality Stadium.

LIVE Notts County v Dagenham & Redbridge
5pm BT Sport 1 (kick-off 5.20pm) The National League encounter.

LIVE Real Madrid v Atlético Madrid
5pm ITV4 & 5.25pm Viaplay Sports 1 (kick-off 5.30pm)

LIVE Empoli v Napoli
5.15pm BT Sport 2

LIVE Schalke 04 v VfB Stuttgart
5.20pm Sky Sports Football (kick-off 5.30pm)

LIVE Crystal Palace v Liverpool
7.30pm Sky Sports Main Event & Sky Sports Premier League (kick-off 7.45pm) Coverage of the Premier League encounter from Selhurst Park.

LIVE Lecce v Sassuolo
7.30pm BT Sport 2 (kick-off 7.45pm)

LIVE Montpellier v Lens
8pm BT Sport 3 (kick-off 8pm)

LIVE Vizela v Benfica
8.30pm BT Sport 4 (kick-off 8.30pm)

LIVE Wellington Phoenix Women v Sydney FC Women
12m't BT Sport 3 (kick-off 12m't)

LIVE Melbourne Victory v Adelaide United
5am BT Sport 2

LIVE Newcastle Jets Women v Western United Women
5am BT Sport 3

Sunday 26

LIVE Melbourne Victory Women v Adelaide United Women
6.30am BT Sport 1

LIVE Brisbane Roar v Perth Glory
8.45am BT Sport 1

LIVE Sampdoria v AS Roma
11.25am Sky Sports Football (kick-off 11.30am)

LIVE Bologna v Inter Milan
11.30am BT Sport 2 (kick-off 11.30am)

LIVE Lorient v Auxerre
12noon BT Sport 3 (kick-off 12noon)

LIVE Athletic Bilbao v Girona
12noon Viaplay Xtra (kick-off 1pm)

LIVE Tottenham Hotspur v Chelsea
12.30pm Sky Sports Main Event & Sky Sports Premier League (kick-off 1.30pm) The Premier League match from the Tottenham Hotspur Stadium.

LIVE Hearts v Hibernian
1pm BBC Alba Coverage of the SWPL encounter from Tynecastle.

LIVE Chelsea v Arsenal
1.45pm BBC2 (kick-off 2pm) The Women's FA Cup fifth-round tie from Kingsmeadow.

LIVE Salernitana v Monza
2pm BT Sport 2 (kick-off 2pm)

LIVE Nantes v Rennes
2pm BT Sport 3 (kick-off 2pm)

LIVE Rangers v Celtic
2pm Viaplay Sports 1 (kick-off 3pm) Coverage of the SPFL Cup final from Hampden Park.

LIVE Manchester United v Newcastle United
3pm Sky Sports Football & 3.30pm Sky Sports Main Event (kick-off 4.30pm) The EFL Cup final from Wembley Stadium. See page 28.

LIVE Celta Vigo v Real Valladolid
3pm Viaplay Xtra (kick-off 3.15pm)

LIVE Monaco v Nice
4pm BT Sport 1 (kick-off 4.05pm)

LIVE Udinese v Spezia
5pm BT Sport 2 (kick-off 5pm)

LIVE Marseille v Paris Saint-Germain
7.30pm BT Sport 3 (kick-off 7.45pm)

LIVE AC Milan v Atalanta
7.45pm BT Sport 2 (kick-off 7.45pm)

Monday 27

LIVE Hellas Verona v Fiorentina
5.30pm BT Sport 2 (kick-off 5.30pm)

LIVE Swansea City v Rotherham United
7.30pm Sky Sports Main Event & Sky Sports Football (kick-off 8pm) The Championship game.

LIVE Lazio v Sampdoria
7.30pm BT Sport 2 (kick-off 7.45pm)

LIVE Villarreal v Getafe
7.30pm Viaplay Sports 2 (kick-off 8pm)

Tuesday 28

LIVE Cremonese v AS Roma
5.30pm BT Sport 1 (kick-off 5.30pm)

LIVE Stoke City v Brighton & Hove Albion
6.30pm ITV4 (kick-off 7.15pm) Coverage of the FA Cup fifth-round clash from Bet365 Stadium.

LIVE Leicester City v Blackburn Rovers
7.30pm BBC iPlayer & BBC Red Button (kick-off 7.30pm) The FA Cup fifth-round encounter at the King Power Stadium.

LIVE Bristol City v Manchester City
7.30pm ITV1 (kick-off 8pm) The FA Cup fifth-round game from Ashton Gate.

LIVE Fulham v Leeds United
7.30pm BBC1 (kick-off 7.45pm) Coverage of the FA Cup fifth-round encounter at Craven Cottage.

LIVE Luton Town v Millwall
7.30pm Sky Sports Main Event & Sky Sports Football (kick-off 8pm) The Championship clash.

LIVE Juventus v Torino
7.30pm BT Sport 1 (kick-off 7.45pm)

Wednesday 1

LIVE Southampton v Grimsby Town
6.30pm ITV4 (kick-off 7.15pm) Coverage of the FA Cup fifth-round game at St Mary's Stadium.

LIVE Manchester United v West Ham United
7pm ITV1 (kick-off 7.45pm) Mark Pougatch presents coverage of the FA Cup fifth-round encounter from Old Trafford.

LIVE Glasgow City v Motherwell
7.25pm BBC Alba All the action from the SWPL match at Petershill Park.

LIVE Burnley v Fleetwood Town
7.30pm BBC iPlayer & BBC Red Button (kick-off 7.30pm) FA Cup fifth round from Turf Moor.

LIVE Sheffield United v Tottenham Hotspur
7.30pm BBC1 (kick-off 7.55pm) Coverage of the FA Cup fifth-round encounter at Bramall Lane.

Friday 3

LIVE Adelaide United v Melbourne City
8.45am BT Sport 2

LIVE Hamilton Academical v Arbroath
7.30pm BBC Scotland (kick-off 7.45pm) All the action from the Scottish Championship encounter at Fountain of Youth Stadium.

LIVE Hull City v West Bromwich Albion
7.30pm Sky Sports Main Event & Sky Sports Football (kick-off 8pm) The Championship fixture from MKM Stadium.

LIVE Napoli v Lazio
7.30pm BT Sport 2 (kick-off 7.45pm) Coverage of the Serie A clash.

LIVE Nice v Auxerre
8pm BT Sport 3 (kick-off 8pm) Coverage of the Ligue 1 clash.

LIVE Wellington Phoenix v Newcastle Jets
2am BT Sport 2

LIVE Newcastle Jets Women v Melbourne City Women
4am BT Sport 1

LIVE Canberra United Women v Adelaide United Women
4am BT Sport 2

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Saturday

25 February

Evening Planner

Rugby Union

Six Nations
BBC1/ITV1, from 1.30pm
High-flying Ireland take on Italy in Rome, (ITV1, k-o 2.15pm) followed by Wales v England in Cardiff (BBC1, k-o 4.45pm).

Football

Premier League
Sky Sports, from 5pm
Bournemouth host Manchester City (k-o 5.30pm), before Crystal Palace take on Liverpool at Selhurst Park (k-o 7.45pm).

Entertainment

Ant and Dec's Saturday Night Takeaway
ITV1, 7pm
The duo return with more undercover pranks, star guests and surprises galore.

Entertainment

The Jonathan Ross Show
ITV1, 9.40pm
The host kicks off a new series of his chat show with guests Evangeline Lilly, Danny Dyer, Maisie Adam and the 1975.

SKY EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES								
101 BBC1	7.00 Michael McIntyre's The Wheel		8.00 Pointless Celebrities		8.50 Casualty	9.40 Not Going Out	10.10 News	10.30 Match of the...
102 BBC2		7.15 Universe		8.15 P!nk Live in the Piano Room	9.00 Linda Ronstadt: The Sound of My Voice			10.35 The Old...
103 ITV1	7.00 Ant & Dec's Saturday Night Takeaway			8.30 Starstruck		9.40 The Jonathan Ross Show		10.40 News
104 CHANNEL 4	7.00 Bettany Hughes' Treasures of the...		8.00 Living Wild: How to Change Your Life		9.00 Film: Military Wives			
105 CHANNEL 5	7.00 Secrets of the Royal Palaces		8.00 Harry Wild Investigates		9.00 Billy Connolly: In His Own Words			10.30 Are You...
106 SKY SHOWCASE	7.00 An Idiot Abroad 2		8.00 A League of Their Own Road Trip...		9.00 Film: The Bourne Supremacy			
ENTERTAINMENT								
117 BBC3	7.00 EastEnders		8.00 Film: The Divergent Series: Insurgent			9.45 Two Pints of Lager and a Packet of Crisps		
116 BBC4	7.00 Britain's Lost Waterlands: Escape to...		8.00 Hidden Wales: Last Chance to Save		9.00 Film: The Macaluso Sisters			10.25 A Bit of Fry and...
118 ITV2	◂ 6.40 Film: Back to the Future Part III				9.00 Love Island: Unseen Bits		10.05 Kavos Weekender	
136 MORE4	◂ 6.55 Four in a Bed		8.00 Amanda Owen's Farming Lives		9.00 24 Hours in A&E			
135 E4	7.00 The Big Bang Theory		8.00 The Great British Bake Off: Best Bits		9.00 Celebrity Gogglebox		10.00 Gogglebox	
107 SKY WITNESS	7.00 Blue Bloods		8.00 The Rookie: Feds		9.00 The Rookie		10.00 The Equalizer	
108 SKY ATLANTIC	◂ 6.45 Ray Donovan	7.55 Game of Thrones						
110 GOLD	◂ 6.40 Only Fools and Horses						10.00 The Vicar of Dibley	
111 DAVE	◂ 6.40 Would I Lie to You?		8.00 Not Going Out Christmas Special		9.00 Not Going Out	9.40 Mock the Week		
119 ITV3	◂ 6.45 Snooker: Players Championship – Live: The concluding semi-final							10.15 Agatha Christie's Poirot
120 ITV4	◂ 5.00 LaLiga – Live	7.55 1989 Liverpool v Arsenal Title Decider...			9.00 English Football League Highlights			
112 COMEDY CENTRAL		7.10 Film: Bring It On			9.00 Film: This Is 40			
139 SKY SCI-FI	7.00 Stargate SG-1				9.00 Film: The Final Level: Escaping Rancala			
113 SKY MAX	7.00 An Idiot Abroad 2		8.00 A League of Their Own Road Trip...		9.00 Freddie Fries Again		10.00 Banshee	
132 ALIBI	◂ 6.00 Inspector George Gently		8.00 Shakespeare & Hathaway: Private...		9.00 Death in Paradise			
130 SKY ARTS	7.00 Ray Charles: Live at Montreux			8.30 The Who: Live at Kilburn 1977			10.00 The Who Sell Out: Classic Albums	
DOCUMENTARY								
125 DISCOVERY	7.00 Dirty Jobs		8.00 Gold, Lies & Videotape		9.00 Gold Rush		10.00 Mystery at Blind Frog Ranch	
162 ANIMAL PLANET	7.00 How Do Animals Do That?		8.00 Wildest Islands of Indonesia		9.00 Wildest Europe		10.00 Alaskan Bush People	
129 NAT GEO	7.00 Bloody Tales of the Tower				9.00 Atlas of Cursed Places			
123 SKY HISTORY	7.00 Medieval Dead				9.00 Royal Mob			
155 YESTERDAY	7.00 Bangers and Cash						10.00 Porridge	
121 SKY DOCS		7.20 Django & Django			9.00 Chernobyl: The Lost Tapes			
FILMS - Sky Cinema								
301 PREMIERE	◂ 6.00 Lamborghini: The Man Behind the...		8.00 The Independent				10.00 The Invitation	
303 HITS	◂ 5.45 A Knight's Tale		8.00 Godzilla					10.25 Scream
304 GREATS	◂ 5.15 Once Upon a Time in the West		8.00 Jaws				10.10 Prisoners	
305 ANIMATION	◂ 5.50 Sing 2	7.50 Free Birds			9.35 Cloudy with a Chance of Meatballs			
306 WIZARDING WORLD	◂ 5.50 Harry Potter and the Deathly Hallows: Part II		8.10 Fantastic Beasts and Where to Find Them					10.35 Fantastic...
307 ULTIMATE ACTION	◂ 5.55 Batman & Robin		8.00 Batman v Superman: Dawn of Justice					10.35 The Raid
308 COMEDY	◂ 6.05 The Hangover		8.00 The Hangover Part II			9.55 The Hangover Part III		
309 THRILLER	◂ 6.10 Layer Cake		8.00 2 Days in the Valley				10.00 The Girl with the Dragon Tattoo	
310 DRAMA	◂ 5.50 P.S. I Love You		8.00 Downton Abbey: A New Era				10.10 The Truman Show	
311 SCI-FI	◂ 6.20 A Quiet Place Part II		8.00 Interstellar					
302 CULT CLASSICS	◂ 6.15 The Fog		8.00 Escape from LA			9.55 Pet Sematary		
313 FILM4	◂ 6.50 A Beautiful Day in the Neighborhood				9.00 The Hitman's Bodyguard			
315 TCM MOVIES	7.00 Day of the Evil Gun				9.00 Hard to Kill			
SPORT								
401 MAIN EVENT	◂ 5.00 SNF – Live: Bournemouth v Manchester City (Kick-off 5.30); Crystal Palace v Liverpool (Kick-off 7.45)							10.30 News
402 PREMIER LEAGUE	◂ 5.00 SNF – Live: Bournemouth v Manchester City (Kick-off 5.30); Crystal Palace v Liverpool (Kick-off 7.45)							10.30 PL Highlights
403 FOOTBALL	◂ 5.20 Bundesliga...	7.30 EFL						10.30 EFL Greatest...
404 CRICKET	◂ 4.00 Women's ICC World T20 Cricket						10.00 Pakistan Super League Highlights	
413 BT SPORT 1	◂ 5.00 Vanarama...	7.30 UEFA Champions League Tonight		8.30 Test Cricket Highlights		9.30 Test Cricket – Live: New Zealand v England		
414 BT SPORT 2	7.00 BT Sport Reload	7.30 Serie A – Live: Lecce v Sassuolo (Kick-off 7.45)					10.00 UFC – Live	

◂ Denotes programmes starting before 7.00pm † Regions vary

SATURDAY

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BBC1

101 101 | 101 101 | 1 101 | 101 101/106

6.00 AM **Breakfast** (S)
10.00 **Saturday Kitchen Live** New edition With Grace Dent, Niklas Ekstedt and Thomasina Miers. (S)
11.30 **The Great Food Guys** Series finale 8/8. Nick Nairn and Dougie Vipond celebrate spices. (S)(AD)
12.00 NOON **Football Focus** (S)
1.00 PM **BBC News** (S)
1.15 **Six Nations Sin Bin** New edition 3/5. With guests Ed Balls, Owain Wyn Evans and Sadia Kabeya. (S)
1.45 **Bargain Hunt** In Brackley. (S)(R)
2.45 **Escape to the Country** (S)(R)(AD)
3.40 **BBC News** (S)
3.50 **Local News** (S)
4.00 LIVE **Rugby Union: Six Nations** Wales v England: Coverage of both teams' third match of the Championship from Principality Stadium. Kick-off is at 4.45. (S)

7.00 Michael McIntyre's The Wheel

6 PM LIVE **Rugby Union: Six Nations** (started at 4.00pm)

7 PM
7.00 NEW SERIES **Michael McIntyre's The Wheel** 1/12. Stephen Mangan, Charlotte Church, Sam Quek, Rosie Ramsey, Nihal Arthanayake, Kate Humble and Keith Brymer Jones help tonight's contestants. (S)

8 PM
8.00 **Pointless Celebrities** New edition Jo Wood, Brix Smith Start, Ed Gamble, Nish Kumar, Robert Peston, Anita Anand, Mark Francis Vandelli and Emma Thynn take part. (S)
8.50 **Casualty** *Not Important*: Stevie learns the truth about Marcus, and a patient causes friction between Max and Faith. (S)(AD)

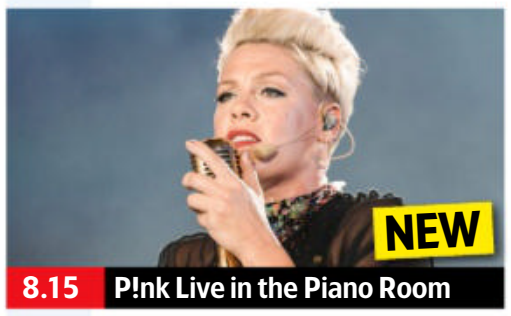
9 PM
9.40 **Not Going Out** 6/7. The school lollipop man gets on the wrong side of Lee and Lucy. (S9) (S)(R)

10 PM
10.10 **BBC News** (S)
10.30 **Match of the Day** Gary Lineker introduces the latest Premier League action, including Leicester City v Arsenal and Bournemouth v Manchester City. (S)
■ *Match of the Day 2* is tomorrow at 10.30pm
11.55 FILM **The Beguiled** Period drama starring Colin Farrell, Nicole Kidman and Kirsten Dunst. The arrival of a wounded US Civil War soldier brings jealousy and betrayal to a Southern girls' school. (S) (2017, 15, 90min) ★★★★
1.25 AM **Weather for the Week Ahead**
1.30 **to 6.00** AM **BBC News** (S)

BBC2

102 102/115 802 | 102 102 | 2 102 | 102 102/106

6.30 AM **Children's Programmes**
9.30 **Deadly Pole to Pole** (S)(R)(AD)
10.00 **Serengeti III** (S)(R)(AD)
11.00 **Sort Your Life Out with Stacey Solomon** (S)(R)(AD)
12.00 NOON **Rick Stein's Cornwall** Rick visits a tea plantation. (S)(R)(AD)
12.30 PM FILM **The Band Wagon** Vintage MGM musical starring Fred Astaire and Cyd Charisse. (S) (1953, U, 110min) ★★★★★
2.20 **Marvellous Musicals: Talking Pictures** A celebration of cinema's finest musicals. (S)(R)
3.05 FILM **A Hard Day's Night** Music comedy about a madcap day in the life of the Beatles. (S)(AD) (1964, b/w, U, 85min) ★★★★★
4.30 **Final Score** Results round-up. (S)
5.25 **Flog It!** Paul Martin presents from Haddon Hall in Derbyshire. (S)(R)



8.15 P!nk Live in the Piano Room

6.15 **Celebrity Antiques Road Trip** 16/20. Broadcasters Mark Radcliffe and Edith Bowman dip their toes into the world of antiques under the guidance of experts Natasha Raskin Sharp and Paul Martin. (S)(R)
7.15 **Universe** 2/5. Professor Brian Cox examines the search for extra-terrestrials, which has become a matter of serious scientific inquiry over the last few decades. (S)(R)(AD)
8.15 NEW **P!nk Live in the Piano Room** The American singer performs alongside members of the BBC Concert Orchestra at the BBC's Maida Vale Studio. (S)
9.00 NEW **Linda Ronstadt: The Sound of My Voice** One-off documentary on one of the most versatile female singers of the 20th Century, and one of the most successful recording artists of all time. (S)
10.35 **The Old Grey Whistle Test** Bob Harris introduces a performance by Linda Ronstadt from the New Victoria Theatre, London. First aired in November 1976. (S)(R)
11.25 **Sisters in Country: Dolly, Linda and Emmylou** The careers of Dolly Parton, Linda Ronstadt and Emmylou Harris. (S)(R)
12.25 AM **Emmylou Harris's 10 Commandments of Country** A performance from Los Angeles by the American musician. (S)(R)
1.25 **The Old Grey Whistle Test Special: Emmylou Harris** (S)(R)
2.05 **What We Do in the Shadows** (R)
4.05 **to 6.35** AM **Previews** (S)

ITV1

103 103/176 803 | 103 103/113 | 3 103 | 103 111

6.00 AM **CITV**
9.25 **ITV News** (S)
9.30 **James Martin's Saturday Morning** New edition With TV presenter Scarlette Douglas. (S)
11.40 **Ainsley's Fantastic Flavours** New edition Chef Ainsley Harriott celebrates fresh flavours. (S)
12.45 PM **James Martin's French Adventure** In Bresse. (S)(R)(AD)
1.15 **ITV News** (S)
1.25 LIVE **Rugby Union: Six Nations** Italy v Ireland: All the action from both teams' third match of the championship held at Stadio Olimpico. Kick-off is at 2.15. (S)
4.30 **The Chase Celebrity Special** With Lance Ellington, Beth Tweddle, Bob Champion and Sally Lindsay. (S)(R)
5.30 **ITV News** (S)
5.45 **Local News** (S)

8.30 Starstruck

6.00 **Celebrity Catchphrase** New edition Stephen Mulhern hosts a charity edition of the game show, with guests Sarah Millican, Vernon Kay and Joel Dommett attempting to guess the familiar phrases. (S)(AD)
7.00 NEW SERIES **Ant & Dec's Saturday Night Takeaway** The duo return with a new series of the entertainment show. *Doctor Who* actor David Tennant is tonight's Guest Announcer, Alison Hammond stars in a terrifying Undercover, while singer Tom Grennan appears in the End of the Show Show. *See feature, page11*. (S)
8.30 **Starstruck** New edition Olly Murs hosts as four more teams of superfans are transformed into their music idols before stepping onto the stage to sing one of their biggest hits. (S)
9.40 NEW SERIES **The Jonathan Ross Show** *Ant-Man* star Evangeline Lilly, actors Danny Dyer and Will Sharpe, comedian Maisie Adam and model Leomie Anderson join the host. Plus, the 1975 perform in the studio. (S)
10.40 **ITV News** (S)
11.00 **Bradley & Barney Walsh: Breaking Dad** 1/6. The duo begin their journey in Croatia. (S)(R)(AD)
11.30 **English Football League Highlights** Action from the latest fixtures, including West Bromwich Albion v Middlesbrough. (S)
1.15 AM **Shop: Ideal World**
3.00 **Unwind with ITV** (S)
4.15 **to 6.00** AM **Love Your Weekend with Alan Titchmarsh** (S)(SL)(R)

+1 hour 203 | 114 | 35 | 112

CHANNEL 4

104 104/108 804 | 104/108 | 4 104 | 104/106

5.55 AM **The Simpsons** (S)(R)(AD)
9.05 FILM **Diary of a Wimpy Kid: The Long Haul** Family comedy sequel starring Jason Drucker, Alicia Silverstone and Tom Everett Scott. (S) (2017, U, 110min) ★★
10.55 **Four in a Bed** Five editions. (S)(R)
1.30 PM LIVE **Motorsport: Formula E** The Cape Town ePrix: Vernon Kay and Nicki Shields present coverage of the fifth race of the season, held at Cape Town Street Circuit. Start-time is at 2.05. (S)
3.30 **A Place in the Sun** A couple seek a holiday home in Portugal. (S)(R)
4.30 **Chateau DIY** A car park is converted into a new terrace and dining area. (S)(R)(AD)
5.30 **Sarah Beeny's New Life in the Country** 8/8. Sarah and Graham transform the kitchen. (S)(R)

7.00 Treasures of the World

6.30 **News** (S)
7.00 **Bettany Hughes' Treasures of the World** New edition 3/8. Bettany heads to Cyprus, where she explores Aphrodite's cult and visits her sanctuary at Palaepaphos. (S)
■ Entire series on All4
8.00 **Living Wild: How to Change Your Life** New edition Presenter Sophie Morgan heads to the most southerly point of Ireland – the island of Cape Clear. (S)(AD)
■ Entire series on All4
9.00 FILM **Military Wives** Fact-based comedy drama starring Kristin Scott Thomas and Sharon Horgan. With their partners serving in Afghanistan, a group of army women decide to form a choir – and soon find themselves at the centre of a global movement. (S)(AD) (2019, 12, 135min) ★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
11.15 FILM **Hancock** Action comedy fantasy starring Will Smith, Charlize Theron and Jason Bateman. (S)(AD) (2008, 12, 105min) ★★★
1.00 AM **Ramsay's Kitchen Nightmares USA** (S)(SL)(R)
1.55 **Couples Come Dine with Me** From the West Midlands. (S)(R)
2.45 **Hollyoaks Omnibus** (S)(SL)(R)(AD)
4.55 **to 5.50** AM **Location, Location, Location** (S)(R)

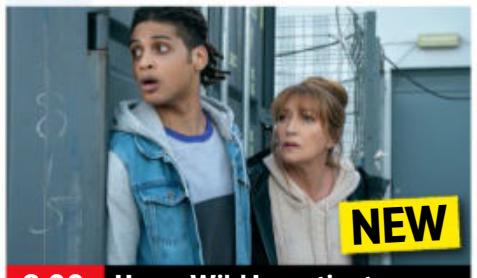
+1 hour 204/208 | 142 | 15 | 121

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

CHANNEL 5

105 105 805 | 154 105 | 5 105 | 105 105

5.30 AM **Milkshake!**
10.00 **The Smurfs** New episode (S)
10.10 **SpongeBob SquarePants** (S)(R)
10.25 **Entertainment News** (S)
10.30 **Friends** (S5&6) (S)(R)(AD)
12.25 PM FILM **A Cinderella Story** Romantic comedy with Hilary Duff and Chad Michael Murray. (S) (2004, PG, 115min) ★★
2.20 FILM **What Women Want** Romantic comedy starring Mel Gibson and Helen Hunt. A man wakes up after an accident to find he has the ability to hear women's thoughts. (S) (2000, 12, 155min) ★★★
4.55 **News** (S)
5.00 **Fortnum & Mason: The Royal Grocer** The story behind the luxury food emporium located in Piccadilly, London. (S)(R)



8.00 Harry Wild Investigates

6.00 **George V: Our Unexpected King** A profile of the monarch, who reigned from 1910 to 1936 and who took Britain into World War One. (S)(R)

7.00 **Secrets of the Royal Palaces** Series finale 8/8. Tales of Kensington Palace, originally known as Nottingham House until William III transformed it into a royal residence. (S)

8.00 NEW SERIES **Harry Wild Investigates** *When Harry Met Fergus:* 1/8. Mystery starring Jane Seymour. A retired English professor decides to help her police detective son. (S1) (S)

9.00 **Billy Connolly: In His Own Words** A profile of the comedian and actor, drawing on interviews, TV appearances and stand-up performances from his career to reveal his journey to the top of international showbiz. (S)(R)

10.30 **Are You Being Served?: 50 Years of Laughs** A celebration of the 1970s sitcom, which was set in a department store. (S)(R)
11.55 **Funniest Ever TV Cock Ups** 2/2. A compilation of classic television mistakes. (S)(R)
12.50 AM **Entertainment News** (S)
1.00 **LeoVegas Live Casino Show**
3.00 **Paddington Station 24/7** Double bill of the series. (S)(R)
4.40 **Divine Designs** Exploring the treasures of Winchester Cathedral. (S)(SL)(R)
5.05 **to 5.30** AM **House Doctor** (R)

+1 hour 205 | 155 | 46 | 128

SKY SHOWCASE

106 106 806 | 109 | 340 355

6.00 AM **Wildlife ER** (S)(R)
8.00 **The Fresh Prince of Bel Air** Five episodes, including at: **10.00** 24/24. Will has to take extra music lessons. (S3) (S)(R)
10.30 **Soccer AM** Football magazine.
12.00 NOON **The Simpsons** Six episodes, including at: **2.30** PM *Scenes from the Class Struggle in Springfield:* Homer, Marge and the kids visit an exclusive country club. (S)(R)
3.00 **Gillette Labs Soccer Saturday** The latest updates from this afternoon's football matches.
5.00 **Al Murray: Why Does Everyone Hate the English?** 3/5. The host is joined by fellow comedian Andrew Maxwell to examine England's greatest feuds with Ireland. (S)(R)

9.00 The Bourne Supremacy

6.00 **Strangest Things** This collection of objects comprises an intriguing 35,000-year-old box, a steam-powered gun and a monument that may have been an Aztec throne. (R)

7.00 **An Idiot Abroad 2** 1/8. Karl Pilkington visits destinations on his 'bucket list', beginning with a trip to a private island in Vanuatu in the South Pacific. (S)(R)

8.00 **A League of Their Own Road Trip: Southeast Asia** 2/6. Jamie Redknapp and Micah Richards are joined by Patrice Evra, Maisie Adam and Mo Gilligan as they take on more challenges. (R)

9.00 FILM **The Bourne Supremacy** Spy thriller sequel based on Robert Ludlum's novel, starring Matt Damon. The former CIA assassin tries to discover why his enemies want to kill him. Also stars Franka Potente, Brian Cox, Julia Stiles and Joan Allen. (2004, 12, 108min) ★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

11.00 **Funny Woman** 3/6. The pilot show is not the instant hit that was hoped for. (S1) (R)
12.00 M'T **Fantasy Football League** With celebrity managers AJ Tracey and Tom Grennan. (R)
12.35 AM **The Force: Manchester** Following the work of Greater Manchester Police. (S)(R)
1.30 **Road Wars** (S)(R)
3.00 **to 6.00** AM **Nothing to Declare**

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky **951**, Virgin **862**, Freesat **960**
1.45pm Escape to the Country (S)(R)(AD) **2.40** Homes Under the Hammer (S)(R) **3.10-3.40** Amanda & Alan's Italian Job Series finale (S)(AD) **11.55** Sportscene: Premiership Highlights (S)(R) **1.10am** FILM The Beguiled (S) (2017, 15, 90min) ★★★★ **2.40** Weather for the Week Ahead (S) **2.45-6.00am** BBC News (S)

N. IRELAND
Sky **953**, Virgin **863**, Freesat **957**
No variations

WALES
Sky **952**, Virgin **864**, Freesat **964**
11.30am-12.00noon Six Nations Sin Bin (S)(R) **1.15-1.45pm** Food Fest Wales (S)(R)

BBC2

N. IRELAND
Sky **972**, Freesat **969**
6.15pm The Chronicles of Belfast (S)(R) **6.45** B&B by the Sea (S)(R) **7.15** Restoration Rescue (S)(R) **7.45-8.15pm** Food Fest Northern Ireland (S)(R)

WALES
Sky **971**, Freesat **971**
No variations

ITV1

No variations

S4C

Sky **134**, Virgin **166**, Freesat **120**
6.00am Cyw **8.00** Stwnsh Sadwrn **10.00** Ty am Ddim **11.00** Cwpwrdd Epic Chris **11.30** Anrhegion Melys Richard Holt (AD) **12.00noon** Cefn Gwlad (AD) **12.30pm** Rygbi Cymru: Y Gêm yn y Gwaed **1.30** Cymry ar Gynfas **2.00** Dan Do **2.30** Priodas Pum Mil **3.30** Bois y Pizza: Chwe' Gwlad (AD) **4.00** LIVE Clwb Rygbi Rhyngwladol **7.15** Newyddion a Chwaraeon **7.30** Am Dro! (AD) **8.30** Noson Lawen New edition **9.30** Jonathan **10.30-11.35pm** Ar Dâp

BBC3

117/141/173 | 107/157 | 23 109 | 179 | 107

BBC3 programmes start at 7.00pm

7.00 PM **EastEnders** Denise makes a move on Ravi. **7.30** Kim is seeking a Walford man to take part in her livestream.
8.00 FILM **The Divergent Series: Insurgent** Sci-fi adventure sequel starring Shailene Woodley and Kate Winslet. An outsider in a regimented society faces a conflict that threatens to tear her civilisation apart. (2015, 12, 116min) ★★★
9.45 **Two Pints of Lager and a Packet of Crisps** 1/6. Tim's life is thrown into turmoil. **10.15** 2/6. Billy's behaviour continues to baffle Gaz. **10.45** 3/6. Gaz goes to extreme lengths to help Billy. **11.15** 4/6. Billy agrees to a date with Cassie. (S9)
11.45 **Bad Education** 6/6. Hoburn has a sinister plan. (S4)
12.15 AM **Charlotte in Sunderland** Double bill.
1.15 **Go Hard or Go Home**
2.15 **Two Pints of Lager and a Packet of Crisps**
3.45 **to 4.00** AM **Lazy Susan**

BBC4

116 116 | 107/108 | 9/24 106 | 108

BBC4 programmes start at 7.00pm

7.00 PM **Britain's Lost Waterlands: Escape to Swallows and Amazons Country** The landscapes that inspired the 1930 book *Swallows and Amazons.*
8.00 **Hidden Wales: Last Chance to Save** Will Millard explores some of Wales's forgotten historic buildings.
9.00 FILM PREMIERE **The Macaluso Sisters** Italian drama starring Alissa Maria Orlando. The lives of five sisters living together in Palermo are forever changed after a sudden death. Subtitled. (2020, 15, 85min) ★★★
10.25 **A Bit of Fry and Laurie** Comedy sketches.
11.25 **As Time Goes By**
11.55 **The Many Faces of Ronnie Barker**
12.55 AM **Clive James: Postcard from Rome**
1.45 **Britain's Lost Waterlands: Escape to Swallows and Amazons Country**
2.45 **to 3.45** AM **The Story of Welsh Art**

MORE4

136 136 831 | 147 | 18 | 124

8.55 AM **Food Unwrapped**
9.30 **A Place in the Sun**
12.30 PM **Location, Location, Location** Double bill.
2.40 **Come Dine with Me**
5.20 **Four in a Bed** The competition kicks off at Laskill Country House in Helmsley, North Yorkshire. **5.55** The second visit is to The Swan Hotel in Telford. **6.25** The third visit takes place at the 81-room Scalford Hall Hotel in Melton Mowbray, Leicestershire.
6.55 **Four in a Bed** The final visit is to the Abbey Hotel in Battle, East Sussex. **7.25** The B&B owners meet to settle some scores.
8.00 **Amanda Owen's Farming Lives** 5/6. Amanda visits the Rose family on FarmEco in Nottinghamshire, an eco-focused business and one-stop shop for the community – which hosts several tenant businesses.
9.00 **24 Hours in A&E** A retired builder is treated after falling from his daughter's roof. **10.00** A 13-year-old boy arrives by helicopter after a baseball accident.
11.05 **8 Out of 10 Cats Does Countdown** With Sarah Millican and Rob Beckett. **12.10** AM With Bill Bailey.
1.15 **24 Hours in A&E**
3.25 **to 3.50** AM **A Place in the Sun**

+1 hour 236 | 196 | 125

E4

135 135 830 | 106 | 13 | 122

6.00 AM **Rude(ish) Tube Shorts**
6.20 **Don't Tell the Bride**
7.15 **Supernanny USA**
8.15 **Lego Masters Australia**
9.35 **Ramsay's Hotel Hell**
11.35 **Modern Family**
2.05 PM **The Big Bang Theory**
3.35 FILM **Sonic the Hedgehog** Fantasy starring James Marsden and Jim Carrey. (2020, PG, 99min) ★★★
5.30 **The Big Bang Theory** Triple bill, including at: **6.30** 17/24. Amy attempts to find Raj a date. (S7)
7.00 **The Big Bang Theory** 18/24. Sheldon receives a nasty surprise when he visits his mother in Houston. **7.30** 19/24. Raj attempts to date both Lucy and Emily at the same time. (S7)
8.00 **The Great British Bake Off: Best Bits** 2/2. Highlights show featuring popular contestants Val and Liam, and delveing into the curse of the Star Baker.
9.00 **Celebrity Gogglebox** *Friends: The Reunion* and *Secret Crush* are appraised.
10.00 **Gogglebox** Opinions on shows including *The Crown* and *You Won't Believe This.*
11.05 **Gogglebox** Reviews of *The Traitors* and *Michael McIntyre's The Wheel.*
12.10 AM **First Dates**
1.15 **Summer House**
3.50 **to 6.00** AM **Ramsay's Hotel Hell**

+1 hour 235 | 146 | 30 | 123

SATURDAY Entertainment

Saturday

Sky Witness

107 107 807 110 341 356

6.00 AM **Bondi Rescue**
7.00 **Border Patrol**
10.00 **Stop, Search, Seize**
11.00 **The Force: Manchester**
12.00 NOON **UK Border Force** Documentary taking viewers inside the UK Border Agency.
1.00 PM **Caught on Dashcam** Road disasters captured on dashboard cameras.
2.00 **Nothing to Declare** Ten editions of the documentary following the lives of customs and immigration officers at Australia's biggest airports.

7.00 Blue Bloods

7 PM

7.00 **Blue Bloods** *Fallen Heroes:* 13/16. Jamie refuses to explain why he contests the arrest report of a fellow officer. (S11)

8 PM

8.00 **The Rookie: Feds** *Star Crossed:* 3/22. Garza's unit become embroiled in a complex kidnapping case. (S1)

9 PM

9.00 **The Rookie** *The Choice:* 4/17. Rosalind returns with a vengeance, and Bailey's life is left hanging in the balance. (S5)

10 PM

10.00 **The Equalizer** *Boom:* 1/10. McCall's life continues to crumble as those closest to her must come together to save her. (S3)
11.00 **Law & Order: Special Victims Unit** 7/22. Rollins searches for a missing teenager. (S23)
12.00 M'T **Elementary** 7/13. (S7)
1.00 AM **Blue Bloods** As 7pm.
2.00 **Coroner** 3/10. (S3)
3.00 **to 6.00** AM **Nothing to Declare**

+1 hour 207 163

Sky Atlantic

108/109 108/109 808 342 357

6.00 AM **Richard E Grant's Hotel Secrets** Triple bill.
9.00 **The Sopranos** (S5&6)
2.25 PM **Ray Donovan** 5/12. Terry takes Damon to New York to train for a fight. **3.30** 6/12. Terry visits Bridget and discovers a shocking truth. **4.35** 7/12. Ray steps in to save Mickey from himself. **5.40** 8/12. A last-ditch medical trial sends Ray on a dark mission in New York. **6.45** 9/12. Natalie's fame puts Ray's career in jeopardy. (S5)

7.55 Game of Thrones

7.55 **Game of Thrones** *First of His Name:* 5/10. Cersei and Tywin plot their next move after Tommen's coronation, and Daenerys hears worrying news.

9.00 **Game of Thrones** *The Laws of Gods and Men:* 6/10. Stannis and Davos arrive in Braavos for their meeting.

10.00 **Game of Thrones** *Mockingbird:* 7/10. Brienne follows a new lead as her mission to find the Stark girls continues. (S4)
11.00 **Game of Thrones** 8/10. Tyrion's fate is decided. (S4)
12.05 AM **Game of Thrones** (S4)
1.10 **Lovecraft Country** 6/10. (S1)
2.25 **Richard E Grant's Hotel...**
3.25 **In Treatment** 1/24. (S4)
4.00 **to 6.00** AM **Richard E Grant's Hotel Secrets**

+1 hour 208/209

Sky Max

113/114 113/114 111 346 361

6.00 AM **Supergirl** 12-16/22. (S4)
11.00 **Fringe** 4&5/21. (S1)
1.00 PM **Fringe** 6/21. A woman reappears with a sinister ability. **2.00** 7/21. A parasite latches on to a dying FBI agent's internal organs. (S1)
3.00 **Hawaii Five-0** 22/23. McGarrett captures Wo Fat. **4.00** 23/23. Vince Fryer is shot in an alleyway. (S2)
5.00 **Agatha Raisin** *Love, Lies & Liquor:* 2/4. The sleuth finds herself the prime suspect in a murder case. (S4)

7.00 An Idiot Abroad 2

7.00 **An Idiot Abroad 2** Karl Pilkington visits places on his 'bucket list', beginning with a trip to an island in the South Pacific.

8.00 **A League of Their Own Road Trip: Southeast Asia** 2/6. With Patrice Evra, Maisie Adam and Mo Gilligan.

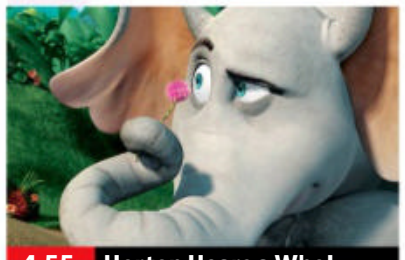
9.00 **Freddie Fries Again** 4/6. Andrew Flintoff and Rob Penn head to the south-west of England, where they join a ghost hunt.

10.00 **Banshee** *Innocent Might Be a Bit of a Stretch:* 4/8. Another murder rocks the town's residents. Guest stars Eliza Dushku. (S4)
11.00 **Funny Woman** 3/6. The pilot show is not the instant hit hoped for. (S1)
12.00 M'T **Fantasy Football League** With Tom Grennan.
12.35 AM **The Force: Manchester**
1.35 **Road Wars**
2.00 **Air Ambulance ER**
4.00 **to 6.00** AM **Sun, Sea and A&E: South Africa**

ITV2

118 118 816 115 6 113

6.00 AM **Totally Bonkers Guinness World Records**
6.35 **Coronation Street Omnibus**
9.20 **Dress to Impress**
11.30 **Australian Ninja Warrior**
1.10 PM **FILM Garfield 2: A Tale of Two Kitties** Comedy. (2006, U, 80min) ★★★
2.50 **FILM The Smurfs 2** Family adventure sequel mixing live action and animation. (2013, U, 104min) ★★
4.55 **FILM Horton Hears a Who!** Animated comedy adventure. (2008, U, 86min) ★★★★


4.55 Horton Hears a Who!

6.40 **FILM Back to the Future Part III** Comedy adventure concluding the time-travel fantasy trilogy starring Michael J Fox and Christopher Lloyd. Marty McFly learns that Doc is stranded in the Wild West. (1990, PG, 112min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Love Island: Unseen Bits** New edition Exclusive unseen action from inside the villa.

10.05 **Kavos Weekender** 8/10. The arrival of guests gives Lucy and Jaegia a spring in their step, and some food for thought for Joel.
11.05 **Family Guy** 7/20. Peter is overcome with jealousy. (S14) **11.35** 17/20. Stewie and Brian swap bodies. (S16)
12.05 AM **American Dad!** (S3)
1.00 **The Emily Atack Show**
1.45 **Buffering** (S2)
2.10 **to 3.00** AM **All American**

+1 hour 218 116 29 114

ITV3

119 119 817 117 10 115

6.00 AM **On the Buses**
7.00 **Agatha Christie's Poirot**
8.10 **Rosemary & Thyme**
10.10 **Maigret**
12.35 PM **Agatha Christie's Poirot** *Five Little Pigs:* A young woman asks Poirot to investigate her father's murder. **2.35** *Sad Cypress:* The Belgian detective investigates a double poisoning.
4.45 **Midsomer Murders** *Death of a Stranger:* A fox hunt turns sour when a tramp is found dead in the woods.

6.45 Players Championship

6.45 **LIVE Snooker: Players Championship** Coverage of the evening session on day six from Aldersley Village in Wolverhampton, featuring the concluding semi-final, played over the best of 11 frames. Analysis from Stephen Hendry, Alan McManus, Neal Foulds and Ken Doherty, commentary by David Hendon and Phil Yates, and reports from Rob Walker.

10.15 **Agatha Christie's Poirot** *Third Girl:* The death of a former nanny is believed to be suicide until a discovery connects her to a troubled heiress with secrets of her own. Guest stars Jemima Rooper and Zoe Wanamaker.

12.20 AM **On the Buses** Triple bill.
2.05 **to 2.30** AM **Unwind with ITV**

+1 hour 219 174 59 116

BBC Scotland

SCOT 115 108 9 106 106
REST OF UK 187 162 110

12.00 NOON **This Is BBC Scotland**
4.30 PM **Sportscene Results**
5.20 **This Is BBC Scotland**
7.00 **The Seven**
7.15 **The Edit** New edition
7.30 **Sportscene: Premiership Highlights** Action from the latest fixtures, including Aberdeen v Livingston.
8.45 **The Mart** 5/6. Two farming brothers retiring after 50 years get rid of all their worldly goods.
9.15 **The Women Who Changed Modern Scotland** 1/3. Stories of pioneering women from the 1960s and 1970s.
10.15 **FILM Blood** Drama starring Paul Bettany. (2012, 15, 92min) ★★★
11.40 **One More Tune** New edition With extreme sports cyclist Danny MacAskill.
11.55 PM **to 12.00** M'T **Loop** New edition

Sky Comedy

114/115 112 347 362

8.00 AM **Everybody Hates Chris** 4&5/22. (S4)
9.00 **Fresh Prince of Bel Air**
11.30 **Modern Family** (S7)
1.30 PM **Will & Grace** (S2)
4.00 **Futurama** (S8)
6.30 **The Office (US)** 11/19. Michael treks into the woods on an adventure. **7.00** 12/19. Jan tries to sue Dunder Mifflin. **7.30** 13/19. Jim and Pam visit Michael's house for dinner. **8.00** 14/19. Michael is obsessed with a chair model in a catalogue. **8.30** 15/19. Dwight and Michael pays a visit to Ryan. (S4)
9.00 **Curb Your Enthusiasm**
10.15 **Bill Maher: Adulting** Stand-up show from Miami's Fillmore Theatre.
11.30 **Young Rock** 12/13. (S3)
12.00 M'T **Sex and the City**
1.00 AM **Code 404** (S3)
1.30 **Silicon Valley** (S5)
3.30 **to 5.00** AM **Everybody Hates Chris**

Sky Arts

130 130 140 123 11 147 365

6.00 AM **Frank Sinatra: Welcome Home Elvis**
7.15 AM **Frank Sinatra: The Main Event**
8.30 **Tales of the Unexpected**
11.00 **Hitchcock Presents**
1.00 PM **Classic Albums**
2.00 **Landscape Artist of the Year** The semi-final.
3.00 **Beatles Stories**
5.00 **Discovering**
6.00 **From the Vaults**
7.00 **Ray Charles Live**
8.30 **The Who: Live at Kilburn 1977**
10.00 **Classic Albums**
11.00 **Marvin Gaye: What's Going On**
12.20 AM **FILM Sign o' The Times** Documentary. (1987, 15) ★★★★
1.55 **Berlin Live: Simple Minds**
3.15 **Video Killed the...**
3.40 **Music Icons**
4.05 **The Great Songwriters**
5.05 **Discovering**
5.35 **to 6.00** AM **Video Killed the Radio Star**

Pick

151 135 36 144

6.00 AM **Nothing to Declare**
11.00 **Stop, Search, Seize**
12.00 NOON **Highway Cops**
1.00 PM **Motorway Patrol**
2.00 **Australia's Hidden Islands** Fraser Island.
3.00 **Wild Birds of Australia**
4.00 **Secret Life of the Kangaroo** Documentary.
5.00 **Extreme Snakes: Australia** Documentary.
6.00 **Road Wars**
8.00 **The Force: Manchester**
9.00 **Caught on Dashcam** Road disasters captured on dashboard cameras.
10.00 **World's Most Evil Killers** A profile of Oregon serial killer Dayton Leroy Rogers.
11.00 **Killer in My Village**
12.00 M'T **Dan Brown's The Lost Symbol** 5/10. (S1)
1.00 AM **Cop Squad**
2.00 **Border Security: America's Front Line**
4.00 **Highway Patrol**
5.00 **to 6.00** AM **Border Patrol**

Comedy Central

112/113 181 132 345 360

8.00 AM **Friends** (S10)
1.00 PM **FILM Bowfinger** Comedy starring Steve Martin. (1999, 12, 97min) ★★★★
3.00 **FILM Wayne's World 2** Comedy sequel with Mike Myers and Dana Carvey. (1993, PG, 95min) ★★★
4.45 **Friends** (S10)
7.10 **FILM Bring It On** Teen comedy starring Kirsten Dunst. (2000, 12, 99min) ★★★★
9.00 **FILM This Is 40** Comedy starring Leslie Mann and Paul Rudd. (2012, 15, 135min) ★★★
11.40 **FILM Jackass: The Movie** Slapstick comedy. (2002, 18, 87min) ★
1.25 AM **Most Ridiculous Parks and Recreation**
1.55 **Most Ridiculous Teenage Kicks**
2.25 **Ugly Americans** (S1)
2.55 **South Park** (S1)
4.10 **to 5.00** AM **Friends**

+1 hour 212/213 133

ITV Be

131 119 28 119

7.00 AM **Be Beautiful**
7.10 **Little Women: LA**
8.00 **Making It Home with Kortney & Kenny**
9.00 **LittleBe**
12.00 NOON **Be Beautiful**
12.10 PM **Great Chocolate Showdown** Double bill.
2.05 **Real Housewives of Atlanta** Reality series.
3.00 **The Only Way Is Essex**
7.00 **Dinner Date** PE teacher Anton is given five menus put together by potential blind dates.
8.00 **The Singles Table** The four singles girls head to Cumbria for a wedding.
9.00 **Botched** Former model Dee Stein has her failing saline implants removed. **10.00** Paul Nassif helps singer Norwood Young find his voice again.
11.00 **Totally Unbelievable: Celebrity Weddings**
12.00 M'T **Vanderpump Rules**
12.55 **to 1.00** AM **Unwind**

+1 hour 120 58

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 120 818 118 26 117

6.00 AM **The Protectors**
6.25 **Grand Slam Years: England**
7.20 **Minder**
8.25 **Tenable All Stars**
9.30 **Racing: The Opening Show**
10.30 **The Big Match Revisited**
12.35 PM **Made in Britain**
1.10 LIVE **Racing from Kempton** Coverage from Kempton Park, Lingfield Park and Newcastle.
4.00 **Made in Britain**
5.00 LIVE **LaLiga** Real Madrid v Atletico Madrid: From the Bernabeu. Kick-off is at 5.30.

1.10 Racing from Kempton

7.45 **World of Sport** The glory days of British Wrestling.
7.55 **ITV Football Classics: 1989 Liverpool v Arsenal Title Decider** Elton Welsby presents extended highlights of the match at Anfield.
9.00 **English Football League Highlights** Action from the latest EFL fixtures, including West Bromwich Albion v Middlesbrough at The Hawthorns and Sheffield United v Watford at Bramall Lane in the Championship.
11.00 FILM **Carlito's Way** Brian De Palma's crime thriller starring Al Pacino as an ex-jailbird who is pulled back into the violent drugs underworld by his sleazy lawyer. With Sean Penn. (1993, 18, 145min) ★★★★
1.55 **to 3.00** AM **Minder**

+1 hour 220 175 60 118

Sky Sci-Fi

139 139 836 122 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **The Outpost** Five episodes of the series, including at: **2.00** PM 11/13. Talon seeks answers about her father. **3.00** 12/13. Talon and Zed learn painful truths about their relatives. (S3)
4.00 **Stargate SG-1** 1/22. Teal'c returns to his old self. **5.00** 2/22. Teal'c undergoes a dangerous ritual. **6.00** 3/22. Carter experiences a blackout. (S5)

9.00 The Final Level...

7.00 **Stargate SG-1** *The Fifth Man:* 4/22. Teal'c, Carter and Daniel return to Stargate Command.
8.00 **Stargate SG-1** *Red Sky:* 5/22. The team's wormhole triggers a disaster that threatens a friendly planet. (S5)
9.00 FILM **The Final Level: Escaping Rancala** Adventure starring Emily Sweet. When an arcade manager realises her brother has been transported into a video game, she and her two best friends follow him. (2019, PG, 87min) ★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.00 FILM **Ape vs Monster** Sci-fi adventure with Quinn Baker, Rudy Bentz and Buck Burns. (2021, 12, 88min) ★★
1.00 AM **Room 104** (S1)
2.00 **Wynonna Earp** 7&8/12. (S4)
4.00 **Star Trek: Deep Space Nine**
5.00 **to 6.00** AM **Most Haunted**

+1 hour 229

Alibi

109/110 809 126 343 358

7.15 AM **Murdoch Mysteries**
10.00 **Inspector George Gently**
11.55 **Inspector Alleyn Mysteries**
2.00 PM **Father Brown** Four episodes, including at: **4.00** *The Kembleford Boggart:* The father of a young writer is found dead. **5.00** *The Lair of the Libertines:* The priest gets stranded with a group of hedonists.
6.00 **Inspector George Gently** *Gently and the New Age:* The detective takes on his final case as he prepares to retire.

9.00 Death in Paradise

Inspector George Gently (started at 6.00pm)
8.00 **Shakespeare & Hathaway: Private Investigators** 8/10. Frank and Lu struggle to protect a troubled teenager. (S1)
9.00 **Death in Paradise** *Beyond the Shining Sea – Part Two:* 6/8. Tragedy strikes close to home. Guest stars Saskia Reeves.
10.00 **Death in Paradise** *Murder on the Airwaves:* 7/8. A radio presenter is murdered live on air. With Richard Blackwood. (S8)
11.00 **Father Brown** *The Last Man:* Kembleford's new cricket captain is framed for murder. **12.00** M'T *Upcott Fraternity:* A student commits suicide.
1.00 AM **Annika** 2/6. (S1)
2.00 **to 4.00** AM **Inspector George Gently**

+1 hour 209/210 191

GOLD

110/111 110/111 124 344 359

7.00 AM **The Green Green Grass**
7.30 **Ever Decreasing Circles**
8.05 **Citizen Khan**
9.20 **Still Open All Hours**
10.00 **Only Fools and Horses**
12.40 PM **Only Fools and Horses** Six episodes, including at: **5.35** An audition gives Raquel the chance of a lifetime – and perhaps more importantly, an excuse to get out of Nelson Mandela House. **6.40** Del becomes a showbiz entrepreneur after discovering a Tom Jones-style singer.

7.45 Only Fools and Horses

7.45 **Only Fools and Horses** Del is invited to a school reunion organised by old adversary Roy Slater. Guest stars Jim Broadbent.
8.55 **Only Fools and Horses** After Uncle Albert falls victim to muggers, Del Boy resolves to take the law into his own hands, while Rodney becomes a director in Trotters Independent Traders.
10.00 **The Vicar of Dibley** Alice and Hugo's baby is christened amid chaos. **10.55** The village suffers a water shortage.
11.50 **Coupling** Patrick begs Sally to pretend to be his wife. **12.30** AM Jeff worries about his conversational abilities. **1.10** Steve and Susan's relationship founders.
1.50 **The Vicar of Dibley**
3.30 **to 4.00** AM **The Rebel**

+1 hour 210/211 194

Dave

111/112 127 19 157

7.10 AM **Secrets of the Supercars**
8.00 **Rick Stein's Mediterranean Escapes** From Catania, Sicily.
9.00 **Top Gear** Double bill.
11.00 **Red Bull Soapbox Race**
12.00 NOON **Storage Hunters UK**
1.00 PM **World's Most Dangerous Roads** A trek through Turkey.
2.00 **Red Dwarf**
3.20 **Gavin & Stacey**
4.40 **Not Going Out**
6.00 **Would I Lie to You?** With Mackenzie Crook. **6.40** With Lorraine Kelly.

9.40 Mock the Week

7.20 **Would I Lie to You?** With Chris Tarrant, Alex Jones, Mel Giedroyc and Alexander Armstrong.
8.00 **Not Going Out Christmas Special** Lee faces a desperate search for a last-minute Christmas present.
9.00 **Not Going Out** Lucy arranges a special surprise for Lee's birthday.
9.40 **Mock the Week** With Hugh Dennis, Alasdair Beckett-King, Ria Lina, Ivo Graham and Rhys James. **10.20** With Ed Byrne, Ed Gamble, Sukh Ojla and Maisie Adam.
11.00 **Not Going Out Bloopers Special** Unscripted moments.
11.40 **QI** With Charlie Higson.
12.15 AM **Have I Got a Bit More News for You**
1.15 **Live at the Apollo**
2.25 **to 4.00** AM **Whose Line Is It Anyway? USA**

+1 hour 211 131 57

Saturday

7 PM

8 PM

9 PM

10 PM

GREAT! tv

157 189 50 142

6.00 AM **Highway to Heaven**
11.00 **Diagnosis Murder**
1.00 PM **Diagnosis Murder** Eight episodes of the drama, including at: **6.00** *Love is Murder:* Steve becomes involved with a female serial killer. Guest stars Sally Jessy Raphael. **7.00** *Mis-Diagnosis Murder:* Jesse witnesses a suspicious death. **8.00** *The Pressure to Murder:* A medical student is murdered.
9.00 **Garage Sale Mystery: The Mask Murder** Drama starring Lori Loughlin and Steve Bacic.
10.50 **Great! Movie News**
11.00 **Garage Sale Mystery: Pandora's Box** Drama starring Lori Loughlin.
12.50 AM **Great! Movie News**
1.00 **Randall and Hopkirk (Deceased)** 17/26. (S1)
2.00 **to 6.00** AM **Castle**

+1 hour 257 220 62 143

4seven

137 143 49 127

9.00 AM **Come Dine with Me**
11.30 **Sarah Beeny's New Life in the Country**
1.30 PM **A Place in the Sun**
3.30 **Location, Location, Location** Double bill.
5.35 **A Place in the Sun**
8.00 **Kirstie and Phil's Love It or List It** The hosts revisit Gary and Bill from Edinburgh.
9.00 **The Supervet: Safari Special** Noel Fitzpatrick spends time with the animals of the South African savannah.
10.00 FILM **Master and Commander: The Far Side of the World** Epic seafaring adventure based on the stories of Patrick O'Brian, starring Russell Crowe and Paul Bettany. (2003, 12, 138min) ★★★★
12.40 AM **Gogglebox**
2.40 **Katie Price's Mucky Mansion** Documentary.
3.50 **to 4.50** AM **24 Hours in A&E**

5USA

141 141 153 21 129

9.00 AM **Entertainment News**
9.10 **Murder, She Wrote**
1.05 PM **Murder, She Wrote** Seven episodes of the mystery, including at: **7.00** *Incident in Lot Seven:* Jessica visits Hollywood to see her latest mystery novel turned into a movie.
8.00 **Blue Bloods** *Thanksgiving:* 8/22. Henry suffers a heart attack during Thanksgiving. (S2)
9.00 **Criminal Minds** *Poison:* 13/22. The team travel to New Jersey, where several people have been poisoned. **10.00** *Riding the Lightning:* 14/22. The team save a woman from execution. (S1)
11.00 **Law & Order: Special Victims Unit** (S4)
2.50 AM **The Blacklist**
3.35 **to 4.00** AM **Criminals: Caught on Camera**

+1 hour 241 185 130

5STAR

128 151 32 131

8.00 AM **Entertainment News**
8.05 **Filthy House SOS**
8.55 **Call the Bailiffs: Time to Pay Up**
11.55 FILM **Look Who's Talking Now** Comedy. (1993, 12, 95min) ★
2.00 PM FILM **Six Days Seven Nights** Comedy. (1998, 12, 101min) ★
4.05 FILM **You've Got Mail** Comedy. (1998, PG, 114min) ★★★
6.30 FILM **The Terminal** Steven Spielberg's comedy drama. (2004, 12, 129min) ★★★★
9.00 FILM **The Meg** Thriller starring Jason Statham. (2018, 12, 113min) ★★★
11.10 FILM **Scary Movie** Horror comedy. (2000, 18, 88min) ★★
1.00 AM **Casualty 24/7: Every Second Counts**
3.00 **Filthy House SOS**
3.55 **to 4.00** AM **Entertainment News**

+1 hour 228 186 141

W

132 827 125 25 156

6.10 AM **The Bill**
12.00 NOON **Tipping Point**
5.00 PM **My Family** Six episodes, including at: **7.40** Ben grows jealous of a wealthy friend. **8.20** Janey believes her job as a waitress could be her passport to fame and fortune.
9.00 **Gavin & Stacey** The Shipmans drive to Wales for the wedding fayre. **9.40** Gavin embarks on two stag nights. **10.20** The day of the wedding arrives.
11.00 **Louis Theroux: Law & Disorder in Johannesburg**
12.20 AM **Louis Theroux: Law & Disorder in Philadelphia**
1.40 **Stacey Dooley: Face to Face with the Arms Dealers**
2.30 **to 3.00** AM **Inside the Ambulance**

+1 hour 232 190

Drama

143 130 20 158

7.10 AM **Doctor Finlay**
9.00 **Sister Boniface Mysteries** 7&8/10. (S1)
11.00 **Sharpe**
1.00 PM **Pie in the Sky**
4.00 **Inspector George Gently** As 11.25pm.
6.00 **The Brokenwood Mysteries** 6/6. (S7)
8.00 **Father Brown** *The Missing Man:* The priest investigates an apparent suicide.
9.00 **Atlantic Crossing** New episode 7/8. A Nazi agent slips through the cracks, putting the children at risk. **10.10** Series Finale 8/8. Roosevelt's health declines. (S1)
■ Full series on UKTV Play
11.25 **Inspector George Gently** *Gently Evil:* The detective discovers a family are hiding a shocking secret.
1.25 **to 4.00** AM **Taggart**

+1 hour 243 226 60

SKY HD SD VIRGIN HD FREEVIEW HD FREESAT HD BT HD

RealityXtra

147 197 68 134

9.00 AM **Medical Detectives**
12.00 NOON **Something's Killing Me** Double bill.
2.00 PM **Medical Detectives** A tragedy on a boat sees the captain drown. **2.30** A wealthy real-estate tycoon is killed. **3.00** An American tourist is killed in a Mexican resort. **3.30** A banker's wife is kidnapped. **4.00** A neighbour witnesses a man stab and drown his wife in their swimming pool. **4.30** How investigators use forensic science to solve various crimes.
5.00 **Judge Judy** Back-to-back real-life small-claims cases.
12.30 AM **World's Most Unexplained...**
1.00 **Psychic Private Eyes**
4.00 **Something's Killing Me**
5.30 **to 6.00** AM **Medical Detectives**

Legend

148 149 41 137

7.00 AM **World's Most Unexplained...**
8.00 FILM **Rock Monster** Creature feature. (2008, 15, 89min) ★★
10.00 **Walker, Texas Ranger**
3.00 PM **MacShayne: Winner Takes All** Crime drama starring Kenny Rogers.
4.50 **MacShayne: Final Roll of the Dice** Crime drama starring Kenny Rogers.
6.40 FILM **Mega Piranha** Creature feature. (2010, 15, 89min) ★★
8.30 **The Twilight Zone** (S1)
9.00 FILM **Johnny Handsome** Crime thriller starring Mickey Rourke. (1989, 15, 94min) ★★★
10.55 FILM **Jack's Back** Thriller starring James Spader. (1988, 18, 93min) ★★
12.50 AM FILM **Extraterrestrial** Horror. (2014, 15, 98min) ★★
2.50 **to 4.30** AM FILM **Cop Car** Crime thriller. (2015, 15, 84min) ★★★

Challenge

145 139 48 146

7.00 AM **The Chase**
9.00 **Wheel of Fortune**
11.30 **Family Fortunes**
1.00 PM **All Star Family Fortunes** Double bill.
3.00 **Strike It Lucky**
4.00 **Tenable** Warwick Davis host as a football-loving family of five from Leicester compete on the quiz show.
5.00 **The Chase** Four editions of the quiz show hosted by Bradley Walsh.
9.00 **The Chase Celebrity Special** Bradley Walsh presents as Nigel Havers, Melinda Messenger, Michelle Hardwick and Dave Gorman take on the Chaser and try to secure a cash prize for charity.
10.00 **The Chase** Quiz show hosted by Bradley Walsh.
11.00 **Bullseye** Eight editions.
3.00 AM **The Chase Celebrity Special**
4.00 **to 6.00** AM **The Chase**

E!

159 159 835 160

7.00 AM **Rich Kids of Beverly Hills**
12.00 NOON **Kourtney & Khloe Take Miami**
1.30 PM **Kourtney & Kim Take New York**
5.00 **Botched** A transgender woman hopes to have her nose fixed. **6.00** A Kentucky man seeks a new nose. **7.00** A male model is in pursuit of perfection. **8.00** Paul Nassif treats a nose that is stuck at a 7 o'clock angle. **9.00** An attempt to fix a woman's strip-mall breast surgery. **10.00** A New Jersey housewife suffers from agitated breasts. **11.00** Help for a man plagued by his flat nose.
12.00 M'T **For Real: The Story of Reality TV**
2.00 AM **Teleshopping**
3.00 **to 5.00** AM **Kimora: Life in the Fab Lane**

Sky Documentaries

121 121 819 277 352 367

6.00 AM **Discovering: Sidney Poitier**
7.00 **Discovering: Steve McQueen**
8.00 **The Directors**
9.00 **Reopening Night**
10.45 **My Icon: Denise Lewis**
11.00 FILM **Ice on Fire** Documentary. (2019, PG, 88min) ★★★★
1.00 PM **Kenny**
2.50 **PL Legends**
3.20 **Val** Profile of Val Kilmer.
5.30 **Steve McQueen: The Lost Movie**
7.20 **Django & Django**
9.00 **Chernobyl: The Lost Tapes** Archive footage and witness accounts of the nuclear disaster.
11.00 **The Legend of the Underground**
12.45 AM **Assassins**
2.45 FILM **I Am Evidence** Documentary. (2017, 12, 89min) ★★★★
4.30 **to 6.00** AM **Katrina Babies**

Sky Nature

124 124 822 278 354 369

6.00 AM **Wildlife ER**
8.00 **Shark Squad**
12.00 NOON **Into the Wild: Colombia** Five editions.
5.00 PM **David Attenborough's Conquest of the Skies**
8.00 **Battle of the Alphas** New editions The teamwork of alphas. **8.30** The weapons used by small alphas.
9.00 **Big Cat Country** The Hollywood lionesses retreat and regroup.
10.00 **Carpathian Predators** 1/2. The creatures of the Carpathian Mountains. **11.00** 2/2. The role of the Eurasian wolf.
12.00 M'T **Battle of the Alphas** Double bill.
1.00 AM **Big Cat Country**
2.00 **The Invisible River: Under Water Between the Black Forest and the Vosges**
3.00 **to 6.00** AM **Hope for Wildlife**

HGTV

158 286 44 166

7.00 AM **Escape to the Country** Four editions.
11.00 **My Lottery Dream Home** Eight editions.
3.00 PM **A Place in the Sun**
8.00 **Escape to the Country** Nicki Chapman helps a couple hunting for a home in Derbyshire.
9.00 **My Dream Derelict Home in the Sun** A project to transform a derelict farmhouse in Normandy, France.
10.00 **Escape to the Country** Searching for a 'forever' home in south Wales. **11.00** A couple looking for a property with business potential in the Yorkshire Dales. **12.00** M'T Jonnie Irwin goes property shopping in North Somerset.
1.00 AM **Bargain Block**
2.00 **Escape to the Country**
3.00 **to 4.00** AM **A Place in the Sun**
+1 hour 258 290

Food Network

140 285 43 148

6.00 AM **Diners, Drive-Ins and Dives** Four editions.
8.00 **The Pioneer Woman**
1.00 PM **James Martin's American Adventure**
3.00 **Jamie's 15 Minute Meals**
3.30 **Jamie's 30 Minute Meals**
4.00 **Jamie's 15 Minute Meals**
4.30 **Jamie's 30 Minute Meals**
5.00 **Jamie's 15 Minute Meals**
5.30 **Jamie's 30 Minute Meals**
6.00 **Jamie's 15 Minute Meals**
6.30 **Jamie's 30 Minute Meals**
7.00 **Jamie's 15 Minute Meals**
7.30 **Jamie's 30 Minute Meals**
8.00 **Gok's Chinese Takeaway** Gok Wan sets off to visit Chinese communities around the globe to discover their take on the country's food outside of China.
9.00 **Man v Food**
12.00 M'T **Mystery Diners**
2.00 **to 3.00** AM **Rachel Khoo's Kitchen Notebook: London**
+1 hour 240 149

DMAX

172 171 39 150

6.00 AM **Deadliest Catch**
10.00 **Baggage Battles**
12.00 NOON **American Pickers** Triple bill.
3.00 PM **Alaska: Homestead Rescue** Triple bill.
7.00 **How Do Animals Do That?** Double bill.
8.00 **Dodo Heroes** An attempt to reunite six dogs with the soldier who saved them.
9.00 **Dr Jeff: Rocky Mountain Vet** Dr Jeff Young tries to save a dog that was kicked in the head by a horse.
10.00 **Goddess Face Tumour: Body Bizarre**
11.00 **Monsters Inside Me**
1.00 AM **Marooned with Ed Stafford**
2.00 **Teleshopping**
4.00 **Insane Pools: Off the Deep End**
5.00 **to 6.00** AM **Baggage Battles**
+1 hour 272 214 151

5Action

150 150 33 132

9.00 AM **Criminals: Caught on Camera**
9.30 **Trucking Hell**
11.30 FILM **Ben-Hur** Oscar-winning epic starring Charlton Heston. (1959, PG, 212min) ★★★★★
3.45 PM FILM **Four Horsemen of the Apocalypse** Remake of the Rudolph Valentino silent screen classic, starring Glenn Ford. (1961, PG, 153min) ★★
6.50 FILM **Daylight** Disaster movie starring Sylvester Stallone. (1996, 12, 114min) ★★★
9.00 FILM **Tango & Cash** Action thriller starring Sylvester Stallone and Kurt Russell. (1989, 18, 100min) ★★★
11.10 FILM **Above the Law** Action thriller starring Steven Seagal. (1988, 18, 99min) ★★★
1.15 **to 5.00** AM **World's Strongest Man 2022**

Sky Crime

122 122 820 121 349 364

6.00 AM **Motorbike Cops**
7.00 **Highway Patrol**
11.00 **Brit Cops: Law & Disorder** Documentary.
12.00 NOON **The Force: Manchester**
1.00 PM **Killing Mum and Dad** Daniel Dighton.
2.00 **World's Most Evil Killers**
4.00 **Britain's Most Evil Killers**
5.00 **Forensics: Catching the Killer** Double bill.
7.00 **Killer in My Village**
8.00 **How I Caught the Killer** A woman killed in a bath full of bleach.
9.00 **Killing Mum and Dad**
10.00 **Fred West: The Glasgow Girls**
11.00 **Forensics: Catching the Killer** Documentary.
12.00 M'T **Love You To Death**
1.00 AM **Britain's Most Evil Killers** Double bill.
3.00 **Road Wars**
4.30 **to 6.00** AM **Motorway Patrol**
+1 hour 222 164

CBS Reality

146 148 67 135

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
5.00 **Evidence of Evil**
7.00 **Medical Detectives** A computer bug cripples a thriving company. **7.30** A woman is found dead after selling her home and moving out. **8.00** The search for the body of a security guard. **8.30** Forensic experts try to find a link between three murders.
9.00 **Ice Cold Killers** Murders in Alaska, beginning with a violent night in Anchorage that left seven people dead. **10.00** The case of the rape and murder of 11-year-old Mandy Lemaire in an isolated Alaskan village in 1991.
11.00 **Voice of a Serial Killer**
1.00 AM **Ice Cold Killers**
3.00 **Evidence of Evil**
4.40 **to 6.00** AM **Judge Judy**
+1 hour 246 218 136

Really

142 128 17 160

6.00 AM **Fantasy Homes by the Sea** In north Wales.
7.00 **Teleshopping**
8.00 **Antiques Road Trip**
10.00 **Dr Pimple Popper**
1.00 PM **A Place in the Sun**
3.00 **The Edinburgh Auction House** A rare gold coin.
4.00 **Helicopter ER**
8.00 **Saving Lives at Sea**
9.00 **Ghost Hunters** New edition The Ghost Brothers unite with TAPS to visit Blennerhassett Island.
10.00 **Ghost Brothers: Lights Out** New edition The guys check into the Waverly Hills Sanatorium in Louisville.
11.00 **Paranormal: Caught on Camera** A bizarre humanoid creature.
12.00 M'T **Kindred Spirits**
1.00 AM **Ghost Adventures: House Calls**
2.00 **Teleshopping**
4.00 **to 6.00** AM **Antiques Road Trip**

Blaze

164 199 64 162

6.00 AM **Walking Through History** Holy Island.
7.00 **Strangest Things**
8.00 **World's Deadliest Weather: Caught on Camera** Triple bill.
11.00 **Highway Thru Hell**
1.00 PM **Pawn Stars**
3.00 **Ancient Aliens**
8.00 **Eating History** A classic Korean War era chocolate taffy legend is put to the test. **8.30** Old Smokey and Josh Macuga crack open a 40-year-old can of iconic 'chips'.
9.00 **Paranormal Survivor** How paranormal activity in Evelyn Martin's home put her son at risk.
10.00 **I Am a Killer**
11.00 **Homicide: Hours to Kill**
12.00 M'T **Strange Evidence**
1.00 AM **Monsterquest**
3.00 **to 6.00** AM **Hardcore Pawn**
+1 hour 81

TLC

133 133 828 167

7.00 AM **Say Yes to the Dress: Lancashire**
8.00 **Say Yes... UK**
10.00 **Say Yes to the Dress**
12.00 NOON **My 600lb Life**
1.00 PM **Dr Pimple Popper**
3.00 **Dr Mercy**
5.00 **Sister Wives**
6.00 **Say Yes... Atlanta**
7.00 **I Love a Mama's Boy** Shekeb confesses to Emily about having lunch with Yussra.
8.00 **I Didn't Know I Was Pregnant** Double bill.
9.00 **Married to Real Estate** A couple are struggling to find a home in their dream neighbourhood.
10.00 **My 600lb Life**
12.00 M'T **I Didn't Know I Was Pregnant**
1.00 AM **Married to Real Estate** As 9.00pm.
2.00 **My 600lb Life**
5.00 **to 6.00** AM **Dr Pimple Popper**
+1 hour 233 172

5SELECT

153 152 56 133

9.00 AM **GPs: Behind Closed Doors** Double bill.
11.00 **Drain the Oceans**
1.00 PM **Drain the Oceans**
3.00 **Great British Ships: Golden Hinde**
4.00 **Great British Ships: Cutty Sark**
5.00 **Great British Ships: The Mary Rose**
6.00 **Great British Ships: SS Great Britain**
7.00 **Great British Ships: HMS Victory**
8.00 **Great British Ships: HMS Belfast**
9.00 **China: The Rise of a Superpower**
11.00 **Air Crash: Disaster Revealed** Documentary.
1.00 AM **Titanic: Draining the Wreck**
2.00 **Tony Robinson's History of Britain**
3.00 **Around the World by Train with Tony Robinson** Travel series.
3.50 **to 4.00** AM **Entertainment News**

Quest

144 144 834 169 12 172

6.00 AM **Secrets of the Arsenal** Double bill.
8.00 **Fifth Gear Recharged**
9.00 **Wheeler Dealers**
2.00 PM **Ambulance**
3.00 **Helicopter ER**
5.00 **Supertruckers**
6.00 **Fifth Gear Recharged**
7.00 **Salvage Hunters**
8.00 **The Woodland Workshop** The team craft an art-deco style bookcase.
9.00 **The Repair Shop** A Victorian railway lamp.
10.00 **Ancient Unexplained Files** Microbiology reveals why a Medieval child was buried with a stone in its mouth.
11.00 **Secrets Underground**
12.00 M'T **Hunting Hitler**
1.00 AM **NASA's Unexplained Files**
3.00 **Outback Opal Hunters**
4.00 **to 5.00** AM **How It's Made**
+1 hour 244 213 70 168

Quest Red

149 170 40 169

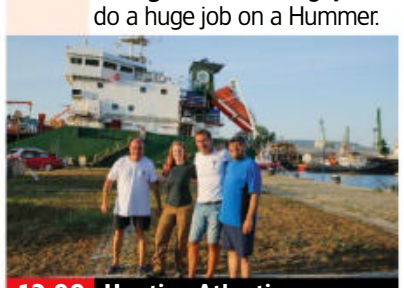
6.00 AM **Say Yes to the Dress**
7.00 **Animal Cops Detroit**
9.00 **The Zoo**
10.00 **The Bad Skin Clinic**
12.00 NOON **Hoarding: Buried Alive**
2.00 PM **Say Yes to the Dress** Five editions.
7.00 **The Bad Skin Clinic** Double bill of editions.
9.00 **Murder on CCTV** New edition In North Carolina, a shop worker is killed, seemingly part of a larger pattern of armed robberies.
10.00 NEW **The Murder of Arthur Labinjo-Hughes: A Faking It Special** Investigating the murder of six-year-old Arthur Labinjo-Hughes.
11.00 **Forensic Detectives** Double bill of editions.
1.00 AM **The Perfect Murder**
2.00 **Murder Comes to Town**
3.00 **to 4.00** AM **FBI Files**
+1 hour 249 170

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125 125 823 250 320 325

6.00 AM **Barnwood Builders**
12.00 NOON **Hunting Atlantis** Stel and Jess begin their search for the lost city of Atlantis. **1.00** PM The duo explore underwater ruins off Greece. **2.00** A mysterious island. **3.00** Unexplored sites along the Adriatic coast of Croatia. **4.00** Exploring Europe's largest active volcano. **5.00** Investigating ancient cave paintings in Turkey.
6.00 **Kindig Customs** The guys do a huge job on a Hummer.


12.00 Hunting Atlantis

7.00 **Dirty Jobs** Mike cleans an asphalt filtration system in North Carolina. In Colorado, he pyrolyses wood into fertiliser.
8.00 **Gold, Lies & Videotape** 6/6. Terry reveals his secret meetings with high-ranking officials.
9.00 **Gold Rush** Parker gets down to paydirt in Alaska, but disaster strikes when he hits an old mine shaft.
10.00 **Mystery at Blind Frog Ranch** The crew return to the ranch to strategise a plan to get the box out of the underwater cave.
11.00 **Aircrash Confidential** Documentary questioning how a routine landing for a Boeing 777 went so terribly wrong, with three fatalities and many others injured.
12.00 M'T **The Alaska Triangle**
4.00 AM **to 5.00** AM **How Do They Do It?**

+1 hour 225 258

Animal Planet

162 251

8.00 AM **The Pool Master**
9.00 **Life at Vet University**
10.00 **Pit Bulls & Parolees**
11.00 **Alaska: Homestead Rescue**
12.00 NOON **The Pool Master**
1.00 PM **Life at Vet University**
2.00 **Monster Croc Invasion**
3.00 **Pit Bulls & Parolees: Tia's Tales** Tia, Tania and Mariah recount their biggest successes and losses.
4.00 **Pit Bulls & Parolees**
5.00 **Alaska: Homestead Rescue**
6.00 **The Pool Master**

7.00 How Do Animals Do That?

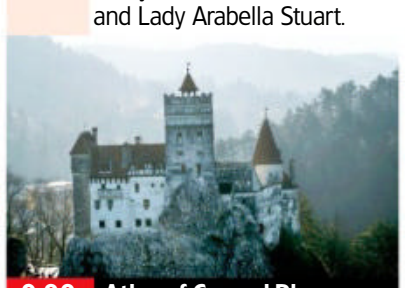
7.00 **How Do Animals Do That?** How hyenas can eat virtually anything. **7.30** A squirrel's ability to hide 10,000 nuts.
8.00 **Wildest Islands of Indonesia** Exploring how Indonesia's heat enables its reptilian residents to thrive across the country.
9.00 **Wildest Europe** The arid lands of southern Europe during summer.
10.00 **Alaskan Bush People** Ami prepares for a critical medical check-up, and a rogue bear destroys Bam's new beehives.
11.00 **I Was Prey** A boy dragged from his tent by a wolf. **12.00** M'T A woman is attacked by a crocodile during a relaxing river swim.
1.00 AM **Alaskan Bush People**
2.00 **Pit Bulls & Parolees**
3.00 **Alaska: Homestead Rescue**
4.00 **to 5.00** AM **The Pool Master**

+1 hour 262 259

Nat Geographic

129 129 825 266

8.00 AM **Food Factory**
9.00 **Columbus's Cursed Colony**
10.00 **Lost Treasures of the Maya**
2.00 PM **Kingdom of the Mummies** A burial chamber in Egypt. **3.00** The team try to move the lid of a sarcophagus. **4.00** A 12-tonne sarcophagus is examined. **5.00** The team discover two priests buried side by side.
6.00 **Bloody Tales of the Tower** A look at the deaths of Anne Boleyn, Catherine Howard and Lady Arabella Stuart.


9.00 Atlas of Cursed Places

7.00 **Bloody Tales of the Tower** The contrasting fates of three people imprisoned in the Tower of London for treason.
8.00 **Bloody Tales of the Tower** Examining why it took five blows to decapitate the Duke of Monmouth in July 1685.
9.00 **Atlas of Cursed Places** Sam Sheridan explores the curse of Vlad Tepes, a 15th-century eastern European ruler.
10.00 **Atlas of Cursed Places** Louisiana locals blame everything from hurricanes to high crime rates on a 100-year-old curse.
11.00 **Atlas of Cursed Places** The curse of the Mothman.
12.00 M'T **Atlas of Cursed Places**
2.00 AM **Lords of War**
2.30 **Food Factory**
4.10 **Secrets of the Zoo: Keeper Tales**
4.35 **to 5.00** AM **Exotic Animal ER: Double Dose**

+1 hour 229 267

Sky History

123 123 821 270 353 368

6.00 AM **Storage Wars**
7.00 **Pawn Stars**
8.00 **Forged in Fire**
9.00 **Mountain Men**
11.00 **The Heroes of Biggin Hill**
12.00 NOON **Ancient Egypt's Darkest Hour** Double bill.
2.00 PM **Pawn Stars**.
5.00 **Al Murray: Why Does Everyone Hate the English?** What lies behind England's greatest feuds with Ireland.
6.00 **Strangest Things** Featuring a 35,000-year-old box.

6.00 Strangest Things

7.00 **Medieval Dead** Examining the 1415 Battle of Agincourt and its Band of Brothers.
8.00 **Medieval Dead** Bones from the 1385 Battle of Aljubarrota are forensically examined.
9.00 **Royal Mob** 1/4. Docu-drama about Queen Victoria's four favourite grand-daughters, the Hesse sisters.
10.00 **Royal Mob** 2/4. Willy at last ascends the German throne and tries to find evidence of his parents conspiring with Britain.
11.00 **Royal Mob** 3/4. At the turn of the 20th century, Queen Victoria dies and George V is crowned king. **12.00** M'T 4/4. Victoria learns Alix, Nicky and their children have been executed.
1.00 AM **Pawn Stars**
4.00 **to 6.00** AM **Medieval Dead**

+1 hour 223 271

Yesterday

155 155 846 129 27 159

6.00 AM **Churchill's Bodyguard**
8.00 **Bangers and Cash**
1.00 PM **Abandoned Engineering** A haunting complex on an old American Frontier. **2.00** The story of a shattered compound in Colombia. **3.00** The facility that held apartheid's greatest critic.
4.00 **Bangers and Cash** A 1967 Aston Martin DB6 arrives. **5.00** A collection of Austin Mini Metros arrive for auction. **6.00** An Argentinian Army Mercedes G wagon arrives.

10.00 Porridge

7.00 **Bangers and Cash** Derek has three scooters to collect, while also finding room for a Daimler and a teardrop caravan. **7 PM**
8.00 **Bangers and Cash** Derek is on his way to Blackpool to pick up a 1970 Aston Martin DBS. **8 PM**
9.00 **Bangers and Cash** *Call the Midwife* star Cliff Parisi drops off his Bedford CA campervan. **9 PM**
10.00 **Porridge** The inmates decide on a wager as the parole board gathers. **10.40** Godber revises for an O-level exam. **10 PM**
11.20 **Porridge** Godber gets into a fight a week before his parole board hearing.
12.00 M'T **Bangers and Cash** A Welshman is selling his son's Ford Escort RS 1600i.
1.00 AM **Underground Worlds**
2.00 **to 3.00** AM **Churchill's Bodyguard**

+1 hour 255 217 74

Disc. History

177 257

6.00 AM **Shed and Buried**
8.00 **Combat Dealers**
9.00 **Secrets Underground**
12.00 NOON **Combat Dealers**
3.00 PM **Tony Robinson's Victory in Europe**
4.00 **Tony Robinson's VE Day: Minute by Minute**
5.00 **Combat Dealers**
8.00 **The Somme: The First 24 Hours** Tony Robinson assesses the events of the first day of the Battle of the Somme.
9.00 **Shark Rampage 1916** The true story of the 1916 shark attack that inspired the film *Jaws*.
11.00 **Cruise Ship Disaster: Inside the Concordia** An exploration of what caused the *Costa Concordia* disaster of January 2012.
12.00 M'T **Combat Dealers**
2.00 **to 5.00** AM **Massive Engineering Mistakes**

+1 hour 277 261

Eden

166 245

9.00 AM **The Zoo**
1.00 PM **The Zoo**
7.00 **The Zoo** The Chilean flamingo flock lay eggs. **7.30** A heatwave poses a series of challenges. **8.00** Two sea lions prepare to give birth. **8.30** Sea lion pups explore their habitat. **9.00** A rhino develops health problems. **9.30** A goeldi monkey is found to be pregnant. **10.00** A hippopotamus falls ill, causing concern for keeper Ken. **10.30** An Asian bull elephant prepares to move to France. **11.00** A western lowland gorilla arrives. **11.30** Tiger cubs explore their habitat.
12.00 M'T **The Zoo**
5.30 **to 6.00** AM **David Attenborough's Natural Curiosities**

+1 hour 266 246

WILD

165 165 841 264 265

8.00 AM **Bizarre Animal Friends** Triple bill.
11.00 **Yukon Vet**
12.00 NOON **Hidden Wonders of Europe**
4.00 PM **Ten Deadliest Snakes with Nigel Marven** Double bill.
6.00 **Africa's Super Snake**
7.00 **The Truth Behind** An investigation into the Loch Ness monster.
8.00 **Cesar Millan: Better Human Better Dog** Cesar rehabilitates a dog that guards food and bites when touched.
9.00 **The Incredible Dr Pol** New edition The Pol family welcome a new mare to the herd.
10.00 **Something Bit Me**
11.00 **Night Killers**
12.00 M'T **When Sharks Attack** Double bill.
2.00 AM **Bizarre Animal Friends** Double bill.
4.00 **to 5.00** AM **Yukon Vet**

Sky History 2

163 163 840 272

8.00 AM **Ancient Aliens**
9.00 **Damian Lewis: Spy Wars** Documentary.
10.00 **Battle 360**
1.00 PM **Treasures Decoded**
2.00 **Conspiracy Files: Unsealed**
3.00 **Deep Water Salvage**
4.00 **Mega Disasters**
5.00 **Storm Stories**
6.00 **National Park Mysteries** Canyonlands National Park in Utah.
7.00 **The Proof Is Out There** An examination of several seemingly impossible sightings.
8.00 **Alien Files: Unsealed**
9.00 **WWII Lost Films**
10.00 **The Real War of Thrones** Documentary.
11.00 **Paranormal Survivor**
12.00 M'T **Paranormal: Caught on Camera**
1.00 AM **Human Weapon**
2.00 **Battle 360**
5.00 **to 6.00** AM **What on Earth?**

PBS America

174 273 84 155

8.00 AM **Beautiful Serengeti**
8.30 **Augmented**
9.40 **Armada: The Untold Story** Triple bill.
1.00 PM **Beautiful Serengeti**
1.30 **Shooting the War**
5.20 **Armada: The Untold Story** Documentary going inside the Spanish Armada. **6.30** Dan Snow relives the fierce battles at sea. **7.40** The web of misunderstandings that stopped the Spanish from invading.
8.50 **Singapore on Film** Part one of two. The earliest footage of Singapore, dating back to 1900. **9.50** Part two of two. A look at portrayals of colonial Singapore in Hollywood films.
10.55 **A Short History of the English Garden**
12.00 M'T **Augmented**
1.15 **to 2.00** AM **Beautiful Serengeti**

CI

156 156 837 198

6.00 AM **On the Case with Paula Zahn** Triple bill.
9.00 **Meet, Marry, Murder**
12.00 NOON **Sunshine Slayings** Four editions.
4.00 PM **Criminal Confessions** Triple bill.
7.00 **Meet, Marry, Murder** Examining the murder of American politician Kathy Augustine.
8.00 **Murdered By Morning**
9.00 **One Deadly Mistake** The discovery of a woman's body dumped at a landfill site.
10.00 **Bubble & Squeak Murder: The Killing of David Jackson** The story of how Penny Jackson murdered her husband David in 2021.
11.00 **Family Massacre**
12.00 M'T **Court Cam**
3.00 AM **Cops Uncensored**
4.00 **to 6.00** AM **Sunshine Slayings**

+1 hour 256 222

SKY HD SD | VIRGIN HD | FREEVIEW HD | FREESAT HD | BT HD

SATURDAY Films

Saturday

Sky Cinema Premiere

301 301 848 401 501 515

6.20 AM **The Estate** As 11.55pm.
8.15 **Lamborghini: The Man Behind the Legend** As 6pm.
10.15 **The Independent** As 8pm.
12.15 PM **PREMIERE The Invitation**
2.15 **Dear Elizabeth** Comedy. (2020, 12, 98min) ★★★
4.10 **Paradise City** Crime thriller. (2022, 15, 94min) ★★
6.00 **Lamborghini: The Man Behind the Legend** Biographical drama with Frank Grillo. (2022, 12, 97min) ★★

10.00 The Invitation

8 PM **8.00** **The Independent** Drama starring Jodie Turner-Smith, Brian Cox and Luke Kirby. A journalist discovers a conspiracy involving a US presidential candidate. (2022, 12, 108min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10 PM **10.00** **PREMIERE The Invitation** Horror starring Nathalie Emmanuel. A young woman is swept off her feet, but there is more to the seduction than meets the eye. (2022, 15, 105min) ★★★ *See review, page 23.*
SEX ●●● VIOLENCE ●●● LANG ●●●

11 PM

11.55 **The Estate** Comedy. (2022, 15, 96min) ★★
1.50 AM **Dear Elizabeth** As 2.15pm.
3.45 **Paradise City** As 4.10pm.
5.35 **to 6.35** AM **Sky Cinema Preview**

+1 hour 312

Sky Cinema Hits

303 303 857 403 503 517

6.05 AM **We Broke Up** Comedy drama. (2021, 15, 80min) ★★★
7.35 **Dear Evan Hansen** Musical. (2021, 12, 137min) ★★★
9.55 **Little Voice** (1998, 15) ★★★★
11.35 **The Three Musketeers** Adventure. (2011, 12) ★★★
1.30 PM **Hellboy** Horror fantasy. (2004, 12, 122min) ★★★★
3.45 **Hellboy II: The Golden Army** Horror. (2008, 12) ★★★★
5.45 **A Knight's Tale** Action comedy. (2001, PG, 132min) ★★★

5.45 A Knight's Tale

8.00 **Godzilla** Hollywood remake of the Japanese monster movie, starring Matthew Broderick, Jean Reno and Maria Pitillo. A giant mutant lizard heads for Manhattan, leaving a trail of disaster in its wake. (1998, PG, 139min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.25 **Scream** Horror sequel starring Neve Campbell. Twenty-five years after brutal murders shocked a quiet town, a new killer targets a group of teenagers. (2022, 18, 114min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.25 AM **Paranormal Activity 2** Horror thriller sequel. (2010, 15, 90min) ★★★★
2.05 **True Grit** Western remake. (2010, 15, 110min) ★★★★
4.05 **to 6.00** AM **The Tiger Rising** Drama. (2022, PG) ★★★

Sky Cinema Wizarding World

306 306 850 406 506 520

7.40 AM **Harry Potter and the Goblet of Fire** (2005) ★★★
10.20 **Harry Potter and the Order of the Phoenix** (2007, 12) ★★★
12.40 PM **Harry Potter and the Half-Blood Prince** Fantasy. (2009, 12, 153min) ★★★★★
3.15 **Harry Potter and the Deathly Hallows: Part I** Fantasy. (2010, 12, 146min) ★★★★
5.50 **Harry Potter and the Deathly Hallows: Part II** Fantasy. (2011, 12, 130min) ★★★★★

8.10 Fantastic Beasts and...

8.10 **Fantastic Beasts and Where to Find Them** Harry Potter prequel starring Eddie Redmayne. A wizarding Brit arrives in 1920s New York with a bagful of magical creatures that cause chaos. With Katherine Waterston, Colin Farrell and Samantha Morton. (2016, 12, 133min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.35 **Fantastic Beasts: The Crimes of Grindelwald** Fantasy adventure starring Eddie Redmayne and Jude Law. (2018, 12, 134min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

1.00 AM **Fantastic Beasts: The Secrets of Dumbledore** Fantasy with Eddie Redmayne. (2022, 12, 142min) ★★★
3.30 **to 6.10** AM **Harry Potter and the Philosopher's Stone** Fantasy with Daniel Radcliffe. (2001, PG, 152min) ★★★★

Sky Cinema Ultimate Action

307 307 851 407 507 521

6.00 AM **The Hunted** Action thriller. (2003, 15, 94min) ★★★
7.35 **Warcraft** (2016, 12) ★★★
9.40 **Wrath of the Titans** Fantasy. (2012, 12, 99min) ★★
11.30 **Batman** Fantasy adventure. (1989, 15, 121min) ★★★★
1.40 PM **Batman Returns** Fantasy adventure. (1992, 12) ★★★★
3.50 **Batman Forever** Adventure. (1995, 12, 121min) ★★★
5.55 **Batman & Robin** Fantasy. (1997, PG, 125min) ★★

5.55 Batman & Robin

8.00 **Batman v Superman: Dawn of Justice** Action adventure starring Ben Affleck and Henry Cavill. The two superheroes' mutual distrust leads them into a battle to the death manipulated by an evil billionaire. With Amy Adams, Gal Gadot and Jesse Eisenberg. (2016, 12, 164min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.35 **The Raid** Action thriller starring Iko Uwais. A police raid on a slum tenement controlled by a Jakarta drug lord goes awry. Subtitled. (2011, 18, 101min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.30 AM **Terminator 2: Judgment Day** Sci-fi thriller sequel. (1991, 15, 146min) ★★★★★
3.05 **Suicide Squad** Fantasy. (2016, 15, 123min) ★★★
5.20 **to 6.20** AM **Sky Cinema Preview**

Sky Cinema Comedy

308 308 408 508 522

6.50 AM **Forces of Nature** (1999)
8.50 **Dinner for Schmucks** Comedy. (2010, 12, 113min) ★★★
10.50 **Gambit** Farcical heist comedy. (2012, 12, 85min) ★★★
12.35 PM **Made of Honor** Comedy. (2008, 12, 97min) ★★
2.30 **Dear Elizabeth** Comedy. (2020, 12, 98min) ★★★
4.15 **Goon** Sports comedy. (2011, 15, 91min) ★★★
6.05 **The Hangover** Dark comedy. (2009, 15, 99min) ★★★★

6.05 The Hangover

8.00 **The Hangover Part II** Dark comedy sequel starring Bradley Cooper and Ed Helms. A drug-fuelled bachelor party in Bangkok leaves three friends looking for the bride's vanished brother. (2011, 15, 101min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.55 **The Hangover Part III** Dark comedy sequel starring Bradley Cooper, Ed Helms and Zach Galifianakis. The friends go in search of a Chinese criminal after they are captured by his mobster rival. With Ken Jeong. (2013, 15, 100min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.50 **Blades of Glory** Sports comedy. (2007, 12) ★★★
1.40 AM **Delivery Man** Comedy drama. (2013, 12) ★★★
3.40 **Forces of Nature** Comedy. (1999, 12, 105min) ★★★
5.40 **to 6.40** AM **Sky Cinema Preview**

primetime

Sky Cinema Greats

304 304 849 404 504 518

6.10 AM **Black Beauty** As 2.45am.
8.00 **The Godfather** Francis Ford Coppola's classic gangster saga. (1971, 15, 167min) ★★★★★
11.00 **The Godfather Part II** Francis Ford Coppola's gangster sequel. (1974, 18, 200min) ★★★★★
2.25 PM **The Godfather Part III** Concluding chapter of Francis Ford Coppola's grand gangster epic. (1990, 15, 162min) ★★★
5.15 **Once Upon a Time in the West** Sergio Leone's classic Western. (1968, 15, 165min) ★★★★★
8.00 **Jaws** Steven Spielberg's monster thriller starring Roy Scheider. A killer shark terrorises a beach resort on America's east coast. (1975, 12, 125min) ★★★★★
10.10 **Prisoners** Thriller starring Hugh Jackman and Jake Gyllenhaal. A father decides to take the law into his own hands after two six-year-old girls go missing. (2013, 15, 153min) ★★★★
12.45 AM **The Accused** Oscar-winning drama starring Jodie Foster. (1988, 18, 111min) ★★★★
2.45 **Black Beauty** Family adventure. (1971, U, 106min) ★★★
4.40 **to 6.50** AM **Sabrina** Romantic comedy starring Harrison Ford. (1995, PG, 127min) ★★★

Sky Cinema Animation

305 305 412 500 514

6.30 AM **Lego DC Batman: Family Matters** Animated comedy. (2019, U, 72min) ★★★
7.55 **How to Train Your Dragon 2** Animated adventure sequel. (2014, PG, 102min) ★★★★
9.40 **The Secret Life of Pets** Animation. (2016, U) ★★★
11.10 **StarDog and TurboCat** Animation. (2019, U, 91min) ★★
12.40 PM **Mr Peabody & Sherman**
2.20 **Surf's Up** As 12.40am.
4.00 **The Croods 2: A New Age** Animated comedy sequel. (2020, U, 91min) ★★★★
5.50 **Sing 2** Animated sequel. (2021, PG, 110min) ★★★★
7.50 **Free Birds** Animated comedy adventure. (2013, U, 91min) ★★
9.35 **Cloudy with a Chance of Meatballs** Animated comedy. (2009, U, 90min) ★★★★
11.05 **Even Mice Belong in Heaven** Animated family comedy. (2021, PG, 80min) ★★★
12.40 AM **Surf's Up** Animated comedy. (2007, PG, 85min) ★★★★
2.10 **Mr Peabody & Sherman** Animated family comedy. (2014, U, 97min) ★★★★
3.50 **Even Mice Belong in Heaven**
5.25 **to 7.05** AM **Tarzan** Animation. (2013, PG, 94min) ★★

TCM Movies

315 415

6.00 AM **Hollywood's Best Directors**
6.35 **Off Set** With Michael Caine.
7.05 **The Desperate Hours** Fact-based suspense thriller. (1955, b/w, PG, 113min) ★★★
9.25 **The Naked Spur** Western. (1953, PG, 91min) ★★★
11.20 **Hellfire** Vintage Western. (1949, PG, 90min) ★★★
1.10 PM **The Gun Hawk** Western. (1963, U, 92min) ★★
3.00 **Copper Canyon** Western. (1950, PG, 84min) ★★★
4.45 **Big Jake** Western adventure. (1971, 15, 110min) ★★★
7.00 **Day of the Evil Gun** Western starring Glenn Ford and Arthur Kennedy. (1968, PG, 93min) ★★
9.00 **Hard to Kill** Thriller starring Steven Seagal. An LA cop plots his revenge against the vicious drugs gang that murdered his wife and child. With Kelly LeBrock and Bill Sadler. (1990, 18, 92min) ★★★
11.00 **Lethal Weapon 4** Action thriller sequel. (1998, 15, 128min) ★★★
1.40 AM **Teleshopping**
4.00 **Close Up** Double bill.
5.00 **Hollywood's Best Directors**
5.30 **to 6.00** AM **Close Up**

+1 hour 316 417

Talking Pictures

328 445 82 306

6.00 AM **Once In a New Moon** Sci-fi drama. (1935, b/w, U) ★★
7.15 **Stock Car** (1955, b/w, PG) ★★
9.00 **Looney Tunes**
9.10 **The Adventures of Sir Lancelot**
9.40 **A Hitch in Time** (1978, U) ★★
10.45 **Danny the Dragon** (S1)
11.05 **Phantom Creeps** (S1)
11.30 **Sir Francis Drake** (S1)
12.00 NOON **Teenagers From Outer Space** (1959, b/w, 18) ★★
1.45 PM **The Outer Limits** (S1)
2.45 **Mantrap** Suspense thriller. (1953, b/w, PG, 76min) ★★
4.25 **Biscuit Time** Documentary.
4.45 **The Abominable Snowman** Chiller. (1957, b/w, 12, 91min) ★★
6.30 **Below Zero** Laurel and Hardy comedy. (1930, b/w, U) ★★★
6.55 **Next to No Time!** Comedy. (1958, U, 93min) ★★
8.45 **Look at Life** Documentary.
9.00 **The Four Just Men** Drama.
9.30 **Hammerhead** Thriller. (1968, PG, 100min) ★★★
11.30 **Morons from Outer Space** Sci-fi comedy. (1985, PG) ★
1.15 AM **Prick Up Your Ears** Biopic. (1987, 15, 108min) ★★★★
3.20 **The Seventh Commandment** Crime drama starring Jonathan Kidd. (1961, b/w, PG, 81min) ★★
5.00 **to 6.00** AM **The Rogues**

HorrorXtra

317 192 138

HorrorXtra programmes start at 5.00pm

5.00 PM **Eye of the Beast** Monster movie. (2007, 15, 90min) ★★
6.50 **This Is HorrorXtra** As 8.50pm.
7.00 **Termination Point** Time-travel thriller starring Jason Priestley and Lou Diamond Phillips. (2007, 15, 89min) ★★
8.50 **This Is HorrorXtra**
9.00 **It Follows** Horror starring Maika Monroe. After sleeping with her boyfriend for the first time, a teenager is stalked by an unseen, supernatural menace. (2014, 15, 96min) ★★★★
11.00 **Assault on Precinct 13** John Carpenter's cult action thriller. (1976, 15, 90min) ★★★★★
12.50 AM **This Is HorrorXtra**
1.00 **Eye of the Beast** As 5.00pm.
2.50 **to 3.00** AM **This Is HorrorXtra**

+1 hour 318 219 139

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Thriller

309 309 409 509 523

6.00 AM **Into the Labyrinth** Mystery. (2019, 15) ★★★★
8.15 **The Cinema List: Bourne**
8.40 **The Card Counter** As 2.30am.
10.40 **Last Seen Alive** Thriller. (2022, 15, 95min) ★★★
12.20 PM **The Outfit** As 12.40am.
2.10 **Red Eye** Airborne thriller. (2005, 12, 85min) ★★★★
3.40 **Inception** Sci-fi thriller. (2010, 12, 148min) ★★★★★
6.10 **Layer Cake** Gangster thriller. (2004, 15, 105min) ★★★★

6.10 Layer Cake

8.00 **2 Days in the Valley** Comedy thriller starring Danny Aiello and James Spader. After being double-crossed and left for dead by his partner-in-crime, a hit-man holds an art dealer and his secretary hostage. (1996, 18, 105min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **The Girl with the Dragon Tattoo** David Fincher's crime thriller remake based on the bestseller by Stieg Larsson, starring Daniel Craig, Rooney Mara and Christopher Plummer. (2011, 18, 152min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.40 AM **The Outfit** Crime drama. (2022, 15, 105min) ★★★
2.30 **The Card Counter** Crime thriller starring Oscar Isaac. (2021, 15, 111min) ★★★★
4.25 **to 6.00** AM **Vantage Point** Thriller starring Dennis Quaid. (2008, 12, 90min) ★★★

Sky Cinema Drama

310 310 410 510 524

6.15 AM **Percy vs Goliath** (2020)
8.00 **Just Like Heaven** Fantasy. (2005, PG, 95min) ★★★★
9.45 **Seven Pounds** (2007) ★★★★
11.50 **Eternal Sunshine of the Spotless Mind** Comedy. (2004, 15, 108min) ★★★★★
1.40 PM **Mamma Mia!** Musical. (2008, PG, 108min) ★★★★
3.40 **Good Will Hunting** Drama. (1997, 15, 126min) ★★★★
5.50 **P.S. I Love You** Comedy drama. (2007, 12, 121min) ★★★

8.00 Downton Abbey

8.00 **Downton Abbey: A New Era** Drama starring Hugh Bonneville, Jim Carter and Michelle Dockery. The Crawley family go on a journey to the south of France to uncover the mystery of the dowager countess's villa. (2022, PG, 124min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

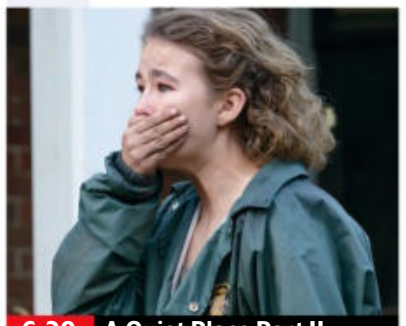
10.10 **The Truman Show** Comedy starring Jim Carrey as the unwitting star of the world's longest running documentary soap opera. With Laura Linney, Ed Harris and Natascha McElhone. (1997, PG, 99min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **Flight** Melodrama. (2012, 15, 138min) ★★★★
2.25 AM **Donnie Brasco** Crime drama starring Al Pacino. (1997, 18, 126min) ★★★★
4.40 **to 6.30** AM **Percy vs Goliath** Drama. (2020, PG) ★★★

Sky Cinema Sci-Fi/Horror

311 311 858 411 511 525

6.05 AM **Dracula 2000** Horror. (2000, 15, 99min) ★
8.00 **Firestarter** As 4.45am.
9.45 **The Matrix Revolutions** Sci-fi action thriller. (2003, 15) ★★★
12.00 NOON **Freaky** Comedy horror. (2020, 15, 102min) ★★★★
1.45 PM **Dune** Epic sci-fi drama. (2021, 12, 155min) ★★★★★
4.25 **Super 8** Sci-fi mystery. (2011, 12, 111min) ★★★★
6.20 **A Quiet Place Part II** Horror sequel. (2020, 15) ★★★★


6.20 A Quiet Place Part II

8.00 **Interstellar** Director Christopher Nolan's sci-fi drama starring Matthew McConaughey and Anne Hathaway. A spacecraft goes in search of a new home for the human race before a devastated Earth becomes uninhabitable. With Michael Caine and Jessica Chastain. (2014, 12, 166min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.50 **Blade 2** Action horror sequel starring Wesley Snipes, Kris Kristofferson and Ron Perlman. (2002, 18, 117min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.50 AM **Last Night in Soho** Edgar Wright's mystery thriller. (2021, 18, 116min) ★★★★
2.50 **The Crow** Supernatural thriller. (1994, 18, 110min) ★★★★
4.45 **to 6.35** AM **Firestarter** Thriller starring Zac Efron. (2022, 15, 94min) ★★★

Sky Cinema Cult Classics

302 302 856 402 502 516

6.05 AM **Swingers** Comedy. (1996, 15, 96min) ★★★★
7.50 **Big Daddy** (1999, 12) ★★★
9.30 **Hot Rod** (2007, 12) ★★★★
11.05 **Ghost Rider** (2006, 12) ★★★
1.00 PM **The Golden Child** Fantasy. (1986, PG, 93min) ★★
2.45 **Vampire in Brooklyn** Horror comedy. (1995, 15) ★★
4.30 **Prince of Darkness** Horror. (1987, 18, 101min) ★★★
6.15 **The Fog** Supernatural chiller. (1979, 15, 90min) ★★★

6.15 The Fog

8.00 **Escape from LA** Adventure sequel starring Kurt Russell as an outlaw trying to retrieve a satellite weapon device from the earthquake-created island of Los Angeles. With Steve Buscemi. (1996, 15, 102min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

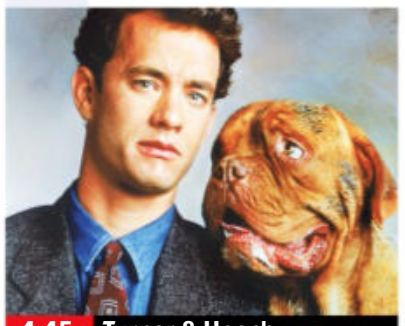
9.55 **Pet Sematary** Supernatural thriller based on the bestseller by Stephen King, with Dale Midkiff and Fred Gwynne. (1989, 18, 103min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.45 **The Running Man** Sci-fi fantasy adventure starring Arnold Schwarzenegger and Maria Conchita Alonso. (1987, 18, 101min) ★★★
1.30 AM **Stephen King's Thinner** Thriller starring Robert John Burke. (1996, 18, 92min) ★★
3.05 **Virtuosity** Sci-fi thriller starring Denzel Washington. (1995, 15, 103min) ★★★
5.00 **to 6.00** AM **Sky Cinema Preview**

Film4

313 313 855 428 14 300

■ **Films start at 11.00am**
11.00 AM **The Secret of Kells** Animated fantasy adventure. (2009, PG, 75min) ★★★★
12.40 PM **Thunderbirds Are GO** Adventure. (1966, U) ★★★
2.35 **Rat Race** Road comedy. (2001, 12, 112min) ★★★
4.45 **Turner & Hooch** Comedy. (1989, PG, 99min) ★★★
6.50 **A Beautiful Day in the Neighborhood** Drama. (2019, PG, 109min) ★★★★


4.45 Turner & Hooch

8 PM **A Beautiful Day in the Neighborhood** (film started at 6.50pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM **9.00** **The Hitman's Bodyguard** Comedy action thriller starring Ryan Reynolds and Samuel L Jackson. A man is hired to protect a hitman about to testify at the International Criminal Court. With Gary Oldman. (2017, 15, 118min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10 PM **11.20** **Hitman: Agent 47** Action thriller starring Rupert Friend. A genetically engineered assassin fights against a corporation that plans to create an army of superhuman killers. (2015, 15, 92min) ★★
1.15 AM **to 3.10** AM **Legend** Ridley Scott's fantasy adventure with Tom Cruise and Mia Sara. (1985, PG, 94min) ★★★

11 PM

+1 hour 314 430 47 301

GREAT! movies romance

319 424 52 303

6.00 AM **Unleashing Mr Darcy** Drama. (2016, PG, 90min) ★★
8.00 **Eat, Drink and Be Married** Drama. (2019, U, 90min) ★★
10.00 **The Last Bridesmaid** Romantic drama. (2019, PG, 90min) ★★
12.00 NOON **Cooking with Love** Romantic comedy drama. (2018, PG, 90min) ★★
2.00 PM **For the Love of Chocolate** Comedy. (2021, PG, 85min) ★★
4.00 **Cooking Up Love** Romantic drama starring Rachel Bles. (2020, PG, 85min) ★★
6.00 **Hint of Love** Romantic comedy starring Debs Howard. (2020, PG, 90min) ★★
8.00 **Love's Sweet Recipe** Romantic drama starring Megan Hutchings and Damon Runyan. (2021, PG, 85min) ★★
10.00 **As Good As It Gets** Comedy starring Jack Nicholson, Helen Hunt and Greg Kinnear. (1997, 15, 138min) ★★★★
1.00 AM **Flip That Romance** Drama. (2019, PG, 90min) ★★
2.40 **How to Find Forever** Romantic drama. (2021, PG, 90min) ★★
4.20 **to 5.50** AM **Walking the Dog** Comedy drama. (2017, PG) ★★

+1 hour 320 303 63 304

GREAT! movies

321 425 34 302

9.10 AM **Shattered Memories** Thriller. (2018, PG, 86min) ★★
11.10 **Kidnapped: 48 Hours of Terror** Thriller starring Ian Zering. (2010, 15, 91min) ★★
1.15 PM **Bridge to Terabithia** Family fantasy adventure. (2007, PG, 96min) ★★★★
3.20 **The Rundown** Action comedy starring Dwayne Johnson. (2003, 12, 99min) ★★
5.25 **King Kong** Peter Jackson's remake of the classic monster movie, starring Naomi Watts. A film crew travel to a mysterious unexplored island and encounter a giant gorilla to whom the natives offer human sacrifices. (2005, 12, 187min) ★★★★
9.00 **Tears of the Sun** Action drama starring Bruce Willis and Monica Bellucci. In war-torn Nigeria, a small band of US soldiers help a group of endangered villagers. (2003, 15, 121min) ★
11.20 **Escape Plan 3** Action thriller sequel. (2019, 15, 97min) ★
1.15 AM **Drive** Film-noir thriller. (2011, 18, 100min) ★★★★★
3.30 **to 6.00** AM **Where Angels Fear to Tread** (1991, PG) ★★

+1 hour 322 61

GREAT! movies action

323 426 42 305

6.10 AM **Tank Force** Adventure. (1958, PG, 102min) ★★★
8.05 **The Enemy General** War drama. (1960, b/w, U, 74min) ★★
9.40 **Castle Keep** War adventure. (1969, 15, 107min) ★★★
11.50 **Bitter Victory** War drama. (1957, b/w, PG, 101min) ★★
1.55 PM **Atlantic Convoy** Wartime drama starring Bruce Bennett. (1942, U, 66min) ★★
3.20 **Ambush at Tomahawk Gap** Western starring John Hodiak. (1953, PG, 73min) ★★★
4.55 **A Bullet for the General** Western. (1966, 18, 115min) ★★
7.10 **The Desperadoes** Western with Glenn Ford and Randolph Scott. (1943, U, 86min) ★★
9.00 **The Thin Red Line** War drama about a US army rifle company fighting the Japanese on the Pacific island of Guadalcanal in 1942. Stars Sean Penn. (1998, 15, 170min) ★★★★
12.25 AM **Behind the Line: Escape to Dunkirk** Wartime drama starring Sam Gittins. (2020, 12, 87min) ★★
2.10 **to 4.00** AM **Riot** Action thriller. (2015, 15, 87min) ★★

+1 hour 324

Movies 24

325 419

7.00 AM **Rip in Time** As 7.00pm.
9.00 **Groundswell** As 9.00pm.
11.00 **The 27-Hour Day** As 11.00pm.
1.00 PM **Sweet Pecan Summer**
3.00 **Flowers and Honey** Romance starring Ashley Newbrough. (2021, PG, 90min) ★★
5.00 **The Song to My Heart** Romantic drama starring Lanie McAuley and Sebastian Pigott. (2022, PG, 85min) ★★
7.00 **Rip in Time** Romantic fantasy starring Torrey DeVitto and Niall Matter. An organic farmer falls for a man who claims to have travelled through time from the year 1787. With Eric Keenleyside. (2022, PG, 84min) ★★
9.00 **Groundswell** Romantic comedy starring Lacey Chabert and Ektor Rivera. A surf instructor helps a chef to get her life on track after a series of personal and professional setbacks. (2022, PG, 84min) ★★
11.00 **The 27-Hour Day** Romantic drama. (2021, PG, 84min) ★★
1.00 AM **Sweet Pecan Summer** Drama. (2021, PG, 84min) ★★
3.00 **to 5.00** AM **Flowers and Honey** As shown at 3.00pm.

+1 hour 326 420

FILMS ON OTHER CHANNELS

6pm TILL LATE

6.30 PM **The Terminal** *5STAR* ★★★★
6.40 **Back to the Future Part III** *ITV2* Comedy adventure. ★★★★
6.50 **Daylight** *5Action* Thriller. ★★★
7.10 **Bring It On** *Comedy Central* Teen comedy. ★★★★
8.00 **The Divergent Series: Insurgent** *BBC3* Sci-fi. ★★★
9.00 **Military Wives** *Channel 4* Fact-based comdey drama. ★★★★
9.00 **The Bourne Supremacy** *Sky Showcase* Spy thriller. ★★★★
9.00 **The Meg** *5STAR* Thriller. ★★★
9.00 **This Is 40** *Comedy Central* ★★★
9.00 **Macaluso Sisters** *BBC4* ★★★
9.00 **Tango & Cash** *5Action* ★★★
10.00 **Master and Commander: The Far Side of the World** *4Seven* Seafaring adventure. ★★★★
10.15 **Blood** *BBC Scotland* ★★★
11.00 **Carlito's Way** *ITV4* ★★★★
11.10 **Scary Movie** *5STAR* Spoof. ★★
11.10 **Above the Law** *5Action* ★★★
11.15 **Hancock** *Channel 4* ★★★
11.40 **Jackass: The Movie** *Comedy Central* Slapstick comedy. ★
11.55 **The Beguiled** *BBC1 (Scot: 1.10am)* Period drama. ★★★★
2.45 AM **I Am Evidence** *Sky Documentaries* ★★★★

SATURDAY Sport

25 February

Sky Sports Main Event

401 401 859 | 511 501 | 420 440

6.00 AM **LIVE Super Rugby Highlanders v Blues.** Coverage of the match, staged at Forsyth Barr Stadium in Dunedin, New Zealand. Kick-off **6.05am**.
8.00 **LIVE DP World Tour Golf** Coverage of the third day of the Hero Indian Open at the DLF Golf & County Club near New Delhi.
12.00 NOON **LIVE EFL Coventry City v Sunderland.** Coverage of the Championship fixture, which takes place at Coventry Building Society Arena. Kick-off **12.30pm**.
3.00 PM **Soccer Saturday**
5.00 **LIVE SNF Bournemouth v Manchester City.** Coverage of the Premier League match from Vitality Stadium. Kick-off **5.30pm**.
7.30 **LIVE SNF Crystal Palace v Liverpool.** Coverage of the Premier League game from Selhurst Park. Kick-off **7.45pm**.
10.30 **Sky Sports News**
1.30 AM **LIVE NBA Basketball Philadelphia 76ers v Boston Celtics.** Coverage of the Eastern Conference match, held at Wells Fargo Centre. Tip-off **1.30am**.
4.00 **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 860 | 512 502 | 421 441

6.00 AM **PL Greatest Games**
7.00 **Premier League Years**
9.00 **Premier League – The Big Interview**
9.30 **Saturday Social**
10.30 **Soccer AM** Football magazine.
12.00 NOON **Gillette Labs Soccer Saturday: Build-Up**
3.00 PM **Soccer Saturday**
5.00 **LIVE SNF Bournemouth v Manchester City.** Coverage of the Premier League match from Vitality Stadium. Kick-off **5.30pm**.
7.30 **LIVE SNF Crystal Palace v Liverpool.** Coverage of the Premier League match from Selhurst Park. Kick-off **7.45pm**.
10.30 **Premier League Highlights** Action from Everton v Aston Villa. **11.00** Leeds Utd v Southampton. **11.30** Leicester City v Arsenal.
12.00 M'T **SNF** Highlights from Bournemouth v Manchester City. **12.30** AM Action from Crystal Palace v Liverpool.
1.00 AM **Premier League Highlights**
3.00 **PL Greatest Games**
4.00 **Best PL Goals 13/14**
5.00 **Premier League Best Goals**
5.30 **to 6.00** AM **Premier League 100 Club**

Sky Sports Football

403 403 861 | 513 503 | 422 442

6.00 AM **EFL Play-Off Final C'Ship 2015/16** Highlights from Hull City v Sheffield Wednesday.
7.00 **EFL Play-Off Final League 1 2015/16** Barnsley v Millwall.
8.00 **EFL Greatest Games**
8.30 **EFL Trophy Football**
9.30 **Saturday Social**
10.30 **Soccer AM** Football magazine.
12.00 NOON **LIVE EFL Coventry City v Sunderland.** Coverage of the game staged at Coventry Building Society Arena. Kick-off **12.30pm**.
3.00 PM **Soccer Saturday**
5.00 **EFL Highlights** Action from Coventry City v Sunderland.
5.15 **Bundesliga Clubs** Schalke 04.
5.20 **LIVE Bundesliga Schalke 04 v VfB Stuttgart.** Coverage of the German top-flight fixture from Veltins-Arena. Kick-off **5.30pm**.
7.30 **EFL** Coventry City v Sunderland.
10.30 **EFL Greatest Games**
12.00 M'T **EFL** Bristol City v Hull City.
2.00 AM **Best Moments From The Championship Play-Off Final (1993-2019)** Memorable finals.
2.30 **Best Moments From The League 1 & 2 Play-Off Final (1993-2019)** Classic finals.
3.00 **to 6.00** AM **EFL Highlights**

Sky Sports Cricket

404 404 862 | 514 504 | 423 443

6.00 AM **Women's ICC World T20 Cricket** Semi-final highlights.
8.00 **Pakistan Super League Highlights** Quetta Gladiators v Islamabad United in Karachi.
9.00 **Women's ICC World T20 Cricket** Action from the first semi-final match in Cape Town. **10.00** The second semi-final.
11.00 **Pakistan Super League Highlights** Action from Quetta Gladiators v Islamabad United.
12.00 NOON **Women's ICC World T20 Cricket** A chance to see the first semi-final match at Six Gun Grill Newlands in Cape Town. **4.00** PM Another chance to see the second semi-final match at Six Gun Grill Newlands in Cape Town. **8.00** Semi-final highlights.
10.00 **Pakistan Super League Highlights** Action from Quetta Gladiators v Islamabad United.
11.00 **Women's ICC World T20 Cricket** Semi-final highlights.
1.00 AM **Pakistan Super League Highlights** Action from Quetta Gladiators v Islamabad United.
2.00 **Best of the Women's World T20**
4.00 **to 6.00** AM **Women's ICC World T20 Cricket**

Sky Sports Golf

405 405 863 | 515 505 | 424 444

6.00 AM **The Improvers**
6.15 **DP World Tour Golf**
6.30 **PGA Tour Champions**
7.30 **The Improvers**
7.45 **DP World Tour Golf**
8.00 **LIVE DP World Tour Golf** Coverage of the third day of the Hero Indian Open at the DLF Golf & County Club near New Delhi.
12.30 PM **LPGA Tour Golf** Action from day three of the LPGA Thailand.
1.30 **LIVE PGA Tour Golf** Coverage of day three of the Honda Classic at the PGA National Golf Club in Palm Beach Gardens, Florida.
11.00 **DP World Tour Golf** The third day of the Hero Indian Open.
11.15 **The Improvers**
11.30 **LPGA Tour Golf** The third day of the Honda LPGA Thailand.
12.30 AM **DP World Tour Golf**
12.45 **The Improvers**
1.00 **LPGA Tour Golf**
2.00 **DP World Tour Golf**
2.15 **The Improvers**
2.30 **Chronicles of a Champion Golfer** Profiles of leading players.
3.30 **DP World Tour Golf**
3.45 **The Improvers**
4.00 **to 6.00** AM **Chronicles of a Champion Golfer**

BT Sport 1

413 413 870 | 527 | 408 430

6.00 AM **ESPN FC** Football news.
6.30 **Premier League Preview**
7.00 **Scottish Football Extra**
7.30 **Ligue 1** Lille v Brest.
8.30 **BT Sport Fight Night**
8.45 **LIVE Isuzu UTE A-League Western Sydney Wanderers v Macarthur FC.** From CommBank Stadium in Parramatta, New South Wales. Kick-off **8.45am**.
10.45 **BT Sport Fight Night**
11.00 **Inside Serie A**
11.30 **ESPN FC** Football news.
12.00 NOON **Rio Ferdinand's Between the Lines**
12.30 PM **Scottish Football Extra**
1.00 **Premier League Preview**
1.30 **The Football's On**
2.30 **BT Sport Score**
5.00 **LIVE Vanarama National League Notts County v Dagenham & Redbridge.** Coverage of the match from Meadow Lane. Kick-off **5.20pm**.
7.30 **UEFA Champions League Tonight** Football discussion.
8.30 **Test Cricket Highlights**
9.30 **to 6.00** AM **LIVE Test Cricket New Zealand v England.** Coverage of the third day of the second and final Test in Wellington.

BT Sport 2

414 414 871 | 528 | 409 431

7.00 AM **The Football's On**
8.00 **LIVE A-League Women Perth Glory v Brisbane Roar.** From Macedonia Park. Kick-off **8.00am**.
10.00 **ESPN FC** Football news.
10.30 **Scottish Football Extra**
11.00 **Premier League Preview**
11.30 **UEFA Champions League Magazine** News and action.
12.00 NOON **Shoulder to Shoulder**
1.30 PM **Inside Serie A**
2.00 **ESPN FC** Football news.
2.30 **Ariel Helwani Meets**
2.45 **WWE Monday Night Raw**
5.15 **LIVE Serie A Empoli v Napoli.** The Italian top-flight encounter.
7.00 **BT Sport Reload** Highlights.
7.30 **LIVE Serie A Lecce v Sassuolo.** Kick-off **7.45pm**.
9.45 **BT Sport Reload**
10.00 **LIVE UFC** The preliminary bouts.
12.00 M'T **LIVE UFC Nikita Krylov v Ryan Spann.** Coverage of the light heavyweight bout from UFC Apex in Las Vegas, Nevada.
3.30 AM **UFC Unleashed**
4.30 **BT Sport Reload**
5.00 **to 7.00** AM **LIVE Isuzu UTE A-League Melbourne Victory v Adelaide United.**

BT Sport 3

417 417 874 | 529 | 410 432

6.00 AM **LIVE Isuzu UTE A-League Melbourne City v Sydney FC.** From AAMI Park. Kick-off **6.00am**.
8.00 **WWE NXT UK Classics**
9.00 **WWE Friday Night SmackDown**
10.31 **Gallagher Premiership Rugby Union** Bath Rugby v Bristol Bears.
12.00 NOON **Test Cricket Highlights**
3.00 **Hockey** New Zealand v USA.
4.00 **Isuzu UTE A-League**
7.00 **Fishing: On the Bank**
8.00 **LIVE Ligue 1 Montpellier v Lens.** Coverage from Stade de La Mosson. Kick-off **8.00pm**.
10.00 **WWE Friday Night SmackDown**
11.30 **Vanarama National League Highlights** Recent action.
12.00 M'T **LIVE A-League Women Wellington Phoenix v Sydney FC.** Coverage of the match from North Harbour Stadium in New Zealand. Kick-off **12.00m't**.
2.00 AM **LIVE Hockey New Zealand v China.** Coverage of the women's encounter. Push-back **2.10am**.
4.00 **Ligue 1** Angers v Lyon.
5.00 **to 7.00** AM **LIVE A-League Women Newcastle Jets v Western United.** In Newcastle, New South Wales. Kick-off **5.00am**.

Sky Sports Action

407 407 865 | 517 507 | 426 446

6.00 AM **LIVE Super Rugby Highlanders v Blues.** From Forsyth Barr Stadium in Dunedin, New Zealand. Kick-off **6.05am**.
8.00 **The Rugby Championship**
8.30 **LIVE Super Rugby Reds v Hurricanes.** From Queensland Country Bank Stadium in South Townsville. Kick-off **8.35am**.
10.30 **My Icon** Double bill.
10.55 **LIVE Super Rugby Force v Rebels.** Coverage from HBF Park in Perth. Kick-off **11.00am**.
1.00 PM **British Basketball**
3.15 **Super Bowl LVII Highlights**
3.30 **Fight Night** Josh Taylor v Jack Catterall from February 2022.
4.30 **Fight Night International** Teofimo Lopez v Pedro Campa.
5.30 **British Basketball** Sheffield Sharks v Surrey Scorchers.
7.45 **Super Bowl LVII Highlights** Philadelphia Eagles v Kansas City Chiefs at State Farm Stadium.
8.00 **Fight Night** Double bill.
12.00 M'T **Fight Night International**
2.00 AM **Fight Night** As 3.30pm.
3.00 **The Rugby Championship**
3.30 **British Basketball**
5.45 **to 6.00** AM **Super Bowl LVII Highlights**

Sky Sports Mix

416 416 873 | 520 510 | 429 449

6.00 AM **DP World Tour Golf**
6.15 **Super League Highlights**
7.15 **DP World Tour Golf**
7.30 **Netball Superleague**
9.30 **Women's ICC World T20 Cricket** Semi-final highlights.
11.30 **Super League Highlights**
11.45 **My Icon** Leon Pryce.
11.55 **LIVE Women's Bundesliga Turbine Potsdam v Bayern Munich.** The German women's top-flight clash at Karl-Liebknecht-Stadion. Kick-off **12.00noon**.
2.00 PM **NBA Basketball**
4.00 **NBA on Fire** The latest news.
4.30 **NBA: The Way We Ball: Toronto**
5.00 **LIVE NBA Basketball Detroit Pistons v Toronto Raptors.** The Eastern Conference game at Little Ceasars Arena. Tip-off **5.00pm**.
7.30 **NBA: The Way We Ball: Toronto**
8.00 **Women's ICC World T20 Cricket** The second semi-final.
9.00 **British Basketball**
11.15 **NBA Basketball**
11.30 **DP World Tour Golf**
12.30 AM **Super League Highlights**
1.30 **Women's ICC World T20 Cricket** The second semi-final.
2.30 **to 6.00** AM **Top Rank Boxing Archive**

BT Sport 4

423 423 876 | 530 | 411 434

6.00 AM **BT Sport Reload**
6.15 **Around the Horn**
6.45 **Pardon the Interruption**
7.15 **BT Sport Reload**
7.30 **ESPN FC** Football news.
8.00 **Test Cricket Highlights**
10.00 **Ligue 1** Lille v Brest.
11.00 **Badminton Unlimited**
11.30 **Fishing: On the Bank**
12.30 PM **Around the Horn**
1.00 **Pardon the Interruption**
1.30 **Premier Lacrosse League**
3.00 **College GameDay**
5.00 **LIVE College Basketball** Coverage of an NCAA fixture.
7.00 **Badminton Unlimited**
7.30 **30 for 30: Deion's Double Play**
8.30 **LIVE Primeira Liga Vizela v Benfica.** The Portuguese top-flight match from Estadio do FC Vizela. Kick-off **8.30pm**.
10.30 **Champions League Magazine**
11.00 **LIVE College Basketball** Coverage of three NCAA games.
5.00 **to 6.00** AM **WRC Review**

Eurosport 1

410 410 868 | 521 | 412 435

6.00 AM **Highlights**
8.50 **LIVE Nordic Combined Skiing** From Planica, Slovenia.
10.00 **LIVE Alpine Skiing** Coverage form Crans Montana, Switzerland.
11.15 **LIVE Ski Jumping** In Slovenia.
1.00 PM **LIVE Cross-Country Skiing** From Planica in Slovenia.
2.00 **LIVE Formula E** The Cape Town ePrix. Start-time **2.05pm**.
3.35 **LIVE Ski Jumping** In Slovenia.
6.15 **Nordic Combined Skiing**
6.45 **Best of Giant Slalom 2022**
7.00 **Alpine Skiing**
8.00 **Ski Jumping**
10.00 **Nordic Combined Skiing**
10.30 **LIVE Triathlon: Super League Arena Games** The opening round from Montreal.
1.00 AM **Cycling: Men's UAE Tour**
2.00 **Cycling: Omloop Het Nieuwsblad** Double bill.
4.00 **Cycling: Men's UAE Tour**
5.00 **to 6.50** AM **Highlights**

Eurosport 2

411 411 869 | 522 | 413 436

6.00 AM **Highlights**
7.50 **LIVE Freestyle Skiing** Coverage from Bakuriani in Georgia.
9.10 AM **Freestyle Skiing**
9.30 **World Superbikes**
10.30 **Cycling: Strade Bianche**
10.50 **LIVE Cycling: Men's UAE Tour** Coverage of stage six.
12.30 PM **LIVE Cycling: Omloop Het Nieuwsblad** The men's race.
3.30 **LIVE Cycling: Omloop Het Nieuwsblad** The women's race.
5.00 **Dakar Rally**
6.00 **World Superbikes**
7.00 **Cycling** Recent highlights.
10.00 **World Superbikes**
11.00 **Cycling: Men's UAE Tour**
12.00 M'T **Discovery Golf**
12.30 AM **World Superbikes**
1.45 **LIVE World Superbikes** From Phillip Island in Australia.
2.30 **World Superbikes**
3.15 **to 6.00** AM **LIVE World Superbikes** From Australia.

Sky Sports Arena

408 408 866 | 518 508 | 427 447

6.00 AM **Super League Highlights**
6.30 **Sail GP** Highlights from Sydney.
7.00 **NBA Basketball**
9.00 **Premier League Darts**
12.30 PM **Sail GP** From Sydney.
1.00 **Fight Night** Boxing highlights.
2.00 **Netball Superleague**
4.00 **Super League Highlights**
5.00 **LIVE NBA Basketball Detroit Pistons v Toronto Raptors.** Coverage of the Eastern Conference match at Little Ceasars Arena. Tip-off **5.00pm**.
7.30 **NBA Basketball** Triple bill of highlights, including at: **10.00** Action from Philadelphia 76ers v Memphis Grizzlies.
12.00 M'T **NBA Action**
12.30 AM **NBA Classic Games**
1.30 **LIVE NBA Basketball Philadelphia 76ers v Boston Celtics.** Coverage of the Eastern Conference match from Wells Fargo Centre. Tip-off **1.30am**.
4.00 **to 6.00** AM **NBA Basketball**

Sky Sports F1

406 406 864 | 516 506 | 425 445

6.00 AM **George Russell F1 Winner**
6.10 **2022 – End of Season Funnies**
6.15 **The Notebook**
6.45 **Max Goes Sailing**
6.50 **LIVE Formula 1** Session one on day three of testing from Bahrain.
11.00 **Sky F1 Watchalong**
11.50 **LIVE Formula 1** Session two on day three of testing from Bahrain.
4.30 PM **Sky F1 Watchalong**
5.30 **Lando Re-Lives Austria**
5.40 **Sky Zero Sustainability**
5.50 **George Drives Anything**
6.00 **Red Bull's First Win**
6.30 **Formula 1** The 2022 season.
8.00 **Testing Wrap**
8.30 **The Notebook**
9.00 **Ted's Development Corner**
9.30 **Testing Wrap**
10.00 **The Notebook**
10.30 **Ted's Development Corner**
11.00 **Testing Wrap**
11.30 **The Notebook**
12.00 M'T **Ted's Development Corner**
12.30 **to 6.00** AM **Best of 2022**

SKY HD SD | VIRGIN HD | BT HD

Sunday

26 February

Evening Planner

Football

EFL Cup Final
Sky Sports, 3.30pm
Manchester United take on Newcastle United at Wembley for the English season's first piece of silverware (k-o 4.30pm).

Factual

Antiques Roadshow
BBC1, 7pm
Fiona Bruce presents a special edition dedicated to nursing from St Thomas's and St Bartholomew's hospitals in London.

Drama

Endeavour
ITV1, 8pm
The last-ever series of the *Inspector Morse* prequel. The sleuth (Shaun Evans) tackles a double murder linked to an orchestra.

Drama

Call the Midwife
BBC1, 8pm
Wedding bells are ringing out for Trixie and Matthew – but will everything go to plan for the stylish bride and groom?

SKY EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES								
101 BBC1	7.00 Antiques Roadshow		8.00 Call the Midwife		9.00 The Gold		10.00 News	10.30 Match of the...
102 BBC2	7.00 Rugby Union: Six Nations		8.00 Secrets of the Jurassic Dinosaurs		9.00 The Warship: Tour of Duty		10.00 Film: The King's Speech	
103 ITV1	◂ 6.30 Dancing on Ice		8.00 Endeavour				10.15 EFL Carabao Cup...	
104 CHANNEL 4	◂ 6.45 World's Most Secret...	7.45 The Great Pottery Throw Down			9.00 Guy Martin's Great British Power Trip		10.00 Untold: The Secret World of Incels	
105 CHANNEL 5	7.00 Dinosaur with Stephen Fry		8.00 22 Kids & Counting		9.00 Dark Water: The Murder of Shani Warren			10.25 Killer at the...
106 SKY SHOWCASE	7.00 The Simpsons		8.00 The Equalizer		9.00 S.W.A.T.		10.00 NCIS: Los Angeles	
ENTERTAINMENT								
117 BBC3	7.00 EastEnders		8.00 Scarlett's...	8.30 Dubai Hustle	9.00 Go Hard or Go Home		10.00 Eddie Hall: The Beast v the Mountain	
116 BBC4	7.00 Come Dancing	7.40 Ravel's Daphnis et Chloe: Inside Classical				9.15 The Jet Set: Timeshift	9.55 Metroland	
118 ITV2	◂ 6.30 Film: Snow White and the Huntsman				9.00 Love Island		10.00 Love Island: Aftersun	
136 MORE4	◂ 6.55 Come Dine with Me		8.00 Emergency Helicopter Medics		9.00 24 Hours in A&E		10.00 Rescue: Extreme Medics	
135 E4	◂ 6.40 Lego Masters Australia		8.00 Film: Raiders of the Lost Ark				10.15 Film: Instant Family	
107 SKY WITNESS	7.00 Blue Bloods		8.00 The Equalizer		9.00 The Rookie: Feds		10.00 The Rookie	
108 SKY ATLANTIC	◂ 6.45 Ray Donovan	7.50 Succession			9.00 The Last of Us			10.10 Yellowjackets
110 GOLD	◂ 6.10 Only Fools and Horses			8.25 Dad's Army	9.00 The Vicar of Dibley			
111 DAVE	7.00 Special Ops: Crime Squad UK		8.00 World's Most Dangerous Roads		9.00 Have I Got a Bit More News for You		10.00 Live at the Apollo	
119 ITV3	7.00 Rosemary & Thyme		8.00 Long Lost Family		9.00 Joanna Lumley's Home Sweet Home...		10.00 Endeavour	
120 ITV4	◂ 6.45 Snooker: Players Championship – Live: The evening session of the final						10.00 Film: Predators	
112 COMEDY CENTRAL	7.00 Friends				9.00 Film: Police Academy 3: Back in Training			
139 SKY SCI-FI	7.00 Blood & Treasure				9.00 Film: Ape vs Monster			
113 SKY MAX	7.00 Fringe				9.00 S.W.A.T.		10.00 NCIS: Los Angeles	
132 ALIBI	7.00 Murdoch Mysteries		8.00 Father Brown		9.00 Death in Paradise		10.00 CSI: Vegas	
130 SKY ARTS	7.00 Tales of the Unexpected		8.00 Alfred Hitchcock Presents		9.00 Dolly Parton: Song by Song		10.00 Women Who Rock	
DOCUMENTARY								
125 DISCOVERY	7.00 Alaska: Homestead Rescue				9.00 Dirty Jobs		10.00 Diesel Brothers	
162 ANIMAL PLANET	7.00 Life at Vet University		8.00 Coyote Peterson: Brave the Wild		9.00 Tanked		10.00 Alaskan Bush People	
129 NAT GEO	7.00 Super/Natural		8.00 Airport Security: Rome		9.00 Trafficked with Mariana Van Zeller		10.00 Film: Fire of Love	
123 SKY HISTORY	7.00 Rome: Rise and Fall of an Empire						10.00 River Hunters	
155 YESTERDAY	7.00 Bangers and Cash		8.00 'Allo 'Allo!			9.35 Hornby: A Model World		10.35 Bangers...
121 SKY DOCS		7.10 Film: Apollo 11			9.00 I Am Johnny Cash			
FILMS - Sky Cinema								
301 PREMIERE	◂ 6.00 Where Is Anne Frank		8.00 The Independent				10.00 The Invitation	
303 HITS	◂ 5.35 Cast Away		8.00 The Pursuit of Happyness				10.00 True Grit	
304 GREATS	◂ 6.00 Sunset Boulevard		8.00 A Beautiful Mind					10.20 The Accused
305 ANIMATION		7.10 The Ant Bully			8.55 The Amazing Maurice			
306 WIZARDING WORLD	◂ 6.55 Harry Potter and the Deathly Hallows: Part I					9.30 Harry Potter and the Deathly Hallows: Part II		
307 ULTIMATE ACTION	◂ 6.05 The Batman				9.00 The Suicide Squad			
308 COMEDY	◂ 6.10 Blades of Glory		8.00 Delivery Man				10.00 Nacho Libre	
309 THRILLER	◂ 5.35 Clear and Present Danger		8.00 The Manchurian Candidate					10.10 No Sudden Move
310 DRAMA	◂ 6.50 Operation Mincemeat				9.00 Donnie Brasco			
311 SCI-FI	◂ 6.05 Frailty		8.00 Sleepy Hollow				10.00 Evil Dead	
302 CULT CLASSICS	◂ 5.35 Hook		8.00 Jaws					10.10 The Running Man
313 FILM4	◂ 6.15 Star Trek Into Darkness				9.00 Independence Day: Resurgence			
315 TCM MOVIES		7.10 Riding Shotgun			9.00 The Dead Pool			
SPORT								
401 MAIN EVENT	◂ 3.30 EFL Cup...	7.30 PGA Tour Golf – Live: The Honda Classic						
402 PREMIER LEAGUE	7.00 SNF	7.30 PL Highlights	8.00 Premier League Years				10.00 PL Highlights	10.30 SNF
403 FOOTBALL	◂ 3.00 EFL Cup...	7.30 Best Goals	8.00 EFL Highlights					10.30 EFL Goals
404 CRICKET	7.00 Women's ICC World T20 Cricket		8.00 Pakistan Super League Highlights				10.00 Women's ICC World T20 Cricket	
413 BT SPORT 1	◂ 6.00 WWE Friday...	7.30 The High Performance Podcast		8.30 Test Cricket Highlights		9.30 Test Cricket – Live: New Zealand v England		
414 BT SPORT 2	7.00 Golazzo Live	7.45 Serie A – Live: AC Milan v Atalanta (Kick-off 7.45)					10.00 WWE NXT UK Classics	

◂ Denotes programmes starting before 7.00pm † Regions vary

SUNDAY

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BBC1

101 101 | 101 101 | 1 101 | 101 101/106

6.00 AM **Breakfast** (S)
7.35 **Match of the Day** (S)(R)
9.00 **Sunday with Laura Kuenssberg**
10.00 **Politics England** (S)
10.30 **Sunday Morning Live** (S)
11.30 **Homes Under the Hammer** (S)(R)
12.00 NOON **Bargain Hunt** (S)(R)(AD)
1.00 PM **BBC News** (S)
1.15 **Songs of Praise** New edition (S)
1.50 **Lifeline** New edition (S)
2.00 **Escape to the Country** A home in the Oxfordshire countryside. (S)(R)
3.00 FILM **The NeverEnding Story** Fantasy adventure starring Barret Oliver and Gerald McRaney. (S)(AD) (1984, U, 95min) ★★★
4.35 **Serengeti III** Series finale 6/6. A newborn giraffe takes its tentative first steps. (S)(AD)
5.35 **BBC News** (S)
5.50 **Local News** (S)

9.00 The Gold

6 PM

6.00 **Countryfile** New edition Celebrating the 70th anniversary of the first recorded summit of Mount Everest, Ellie Harrison heads to Kettering to put outdoor gear – and herself – to the test. (S)

7 PM

7.00 **Antiques Roadshow** New edition Fiona Bruce hosts an edition dedicated to nursing, with objects providing an insight into the history of the profession. Plus, contributions from ex-nurse Jo Brand. (S)

8 PM

8.00 **Call the Midwife** Series finale 8/8. A catalogue of disasters threaten to ruin Trixie's wedding day, while Sister Julienne hatches a plan to save Nonnatus House. *See feature, page 7.* (S12) (S)(AD)

9 PM

9.00 **The Gold** New episode 3/6. DCI Boyce sets up surveillance on Noye's house, and they soon strike lucky when they follow Brian Reader from the property to a gold merchants. (S1) (S)(AD)

10 PM

10.00 **BBC News** (S)
10.25 **Local News** (S)
10.30 **Match of the Day 2** Jason Mohammad presents highlights and analysis of today's Premier League match between Tottenham Hotspur and Chelsea at the Tottenham Hotspur Stadium. (S)
11.10 FILM **Mud** Coming-of-age adventure starring Matthew McConaughey and Tye Sheridan. A 14-year-old boy agrees to help a fugitive in his quest to be reunited with his one true love. With Reese Witherspoon. (S) (2012, 12, 125min) ★★★★
1.15 AM **Weather for the Week Ahead**
1.20 **to 6.00** AM **BBC News** (S)

BBC2

102 102/115 802 | 102 102 | 2 102 | 102 102/106

6.35 AM **Gardeners' World** (S)(R)
7.35 **Countryfile** (S)(R)
8.30 **Life in a Cottage Garden with Carol Klein** (S)(R)(AD)
9.00 **Weatherman Walking: The Welsh Coast** New edition (S)
9.30 **Saturday Kitchen Best Bites** New edition Series highlights. (S)
11.00 **Rick Stein's Cornwall** (S)(R)(AD)
11.30 **Mary Berry's Fantastic Feasts** (R)
12.30 PM **The Hairy Bikers** (S)(R)
12.45 **Italy's Invisible Cities** (S)(R)(AD)
1.45 LIVE **Football: Women's FA Cup** Chelsea v Arsenal: Coverage of the fifth-round tie from Kingsmeadow. Kick-off is at 2.00. (S)
4.05 **Flog It!** (S)(R)
5.00 FILM **Chariots of Fire** Oscar-winning drama starring Ben Cross and Ian Charleson. (S) (1981, U, 120min) ★★★★★

8.00 Secrets of the Jurassic...

6 PM

FILM **Chariots of Fire** (film started at 5.00pm)
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

7 PM

7.00 **Rugby Union: Six Nations** Action from the third round of fixtures, which featured Italy v Ireland at Aviva Stadium, Wales v England at Principality Stadium and France v Scotland held at Stade de France. (S)

8 PM

8.00 **Secrets of the Jurassic Dinosaurs** Series finale 2/2. Presenter Liz Bonnin joins the team of palaeontologists as they unearth the remains of fearsome Jurassic predators. (S)(AD)

9 PM

9.00 **The Warship: Tour of Duty** Series finale 6/6. An F35 jet loses power at a critical moment and the pilot has to eject, and *HMS Queen Elizabeth* launches a search and rescue mission to locate the airman. (S)(AD)

10 PM

10.00 FILM **The King's Speech** Oscar-winning drama starring Colin Firth and Geoffrey Rush. An unconventional Australian speech therapist is the future George VI's last hope to cure his crippling stammer. (S)(AD) (2010, 12, 110min) ★★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
11.50 FILM **Tulip Fever** Historical romance starring Alicia Vikander and Dane DeHaan. An artist falls for a married woman while painting her portrait in Amsterdam during the tulip mania of the 17th-century. (S) (2017, 15, 95min) ★★★
1.25 AM **Sign Zone: Question Time** (R)
2.25 **Sign Zone: Sort Your Life Out with Stacey Solomon** (S)(R)(AD)
3.25 **to 6.30** AM **Previews** (S)

ITV1

103 103/176 803 | 103 103/113 | 3 103 | 103 111

6.00 AM **CITV**
9.25 **ITV News** (S)
9.30 **Love Your Weekend with Alan Titchmarsh** New edition With guests Diarmuid Gavin and Owain Wyn Evans. (S)
11.25 **James Martin's Saturday Morning** With Scarlette Douglas. (S)(R)
1.35 PM **Simply Raymond Blanc** The chef shares a collection of recipes using wine. (S)(R)(AD)
2.00 **ITV News** (S)
2.15 LIVE **Rugby Union: Six Nations** France v Scotland: Mark Pougatch introduces coverage of the final match in the third round of fixtures staged at the Stade de France in Paris. Kick-off is at 3.00. (S)
5.30 **You've Been Framed!** A teenager falls face first into manure, and a driver tears off her car door. (S)(R)

6.30 Dancing on Ice

6 PM

6.00 **ITV News** (S)
6.15 **Local News** (S)
6.30 **Dancing on Ice** New edition Phillip Schofield and Holly Willoughby host as the celebrities and their professional partners take to the ice once again, performing routines in which they have to skate with props as they hope to avoid the dreaded skate-off. Judges Oti Mabuse, Ashley Banjo, Christopher Dean and Jayne Torvill give their verdicts. (S)

8 PM

8.00 NEW SERIES **Endeavour** *Prelude:* 1/3. Return of the 1970s-set detective drama starring Shaun Evans and Roger Allam. A murder in a college garden leads Morse to investigate a celebrated Oxford orchestra but when a second tragedy hits the sleuth discovers a story the ensemble would sooner forget. *See feature, page 6.* (S9) (S)(AD)

10 PM

10.00 **ITV News** (S)
10.15 **Football: EFL Cup Final** Jules Breach presents highlights of this afternoon's final between Manchester United and Newcastle United held at Wembley Stadium. (S)
11.10 **Rugby Union: Premiership** A round-up of highlights from the 18th round of fixtures, including Bath v Bristol Bears. (S)
12.10 AM **Shop: Ideal World**
3.00 **The Widow** 6/8. Georgia and Adidja journey into the Congolese wilderness. (S1) (S)(SL)(R)(AD)
3.50 **Unwind with ITV** (S)
5.05 **to 6.00** AM **Jeremy Pang's Asian Kitchen** (S)(SL)(R)(AD)

+1 hour 203 | 114 | 35 | 112

CHANNEL 4

104 104/108 804 | 104/108 | 4 104 | 104/106

5.50 AM FILM **Born Free** Fact-based adventure with Virginia McKenna. (S) (1965, U, 100min) ★★★★
7.30 **The Simpsons** (S)(R)(AD)
9.30 **Sunday Brunch** New edition With Judi Love, JLS, Jamie Demetriou, John Robins and the Lathums. (S)
12.30 PM LIVE **Rugby League: Super League** Castleford Tigers v St Helens: Coverage from Mend-a-Hose Jungle. Kick-off is at 1.00. (S)
3.15 **George Clarke's Amazing Spaces** Including a small hotel disguised as a tree. (S)(R)
4.00 **Devon and Cornwall** Rob and Sarah Taylor prepare their ponies for the show season. (S)(R)
4.30 **Matt Baker: Our Farm in the Dales** 5/6. Matt makes plans for a home for the chickens. (S)(R)(AD)
5.30 **News** (S)

6.45 World's Most Secret Hotels

6 PM

6.00 **The Andrew Neil Show** Political discussion show, featuring guests from across the political spectrum. (S)

6.45 **World's Most Secret Hotels** New edition 5/6. Including a trip to the Scottish wilderness in search of spaceships and a visit to the Welsh mountains to probe some mysterious looking spheres. (S)(AD)

7.45 **The Great Pottery Throw Down** New edition It's the quarter-final, and the remaining potters must throw and radically alter an abstract coffee set, before judges Keith Brymer Jones and Rich Miller challenge them to throw multiple high-footed rice bowls under pressure. (S)(AD)

9 PM

9.00 **Guy Martin's Great British Power Trip** Series finale 3/3. The host makes a journey to Orkney as he investigates the future of energy production. (S)(AD)
■ Entire series on All4

10 PM

10.00 NEW **Untold: The Secret World of Incels** Film-maker Ben Zand explores the dark world of incels, the term that describes a man who is hostile towards women due to their inability to attract them. (S)
11.00 NEW SERIES **Faking Hitler** 1/6. German drama. Subtitled. (S1)
12.00 M'T FILM **Charlie's Angels: Full Throttle** Comedy thriller sequel. (S) (2003, 12, 120min) ★
2.00 AM **Ramsay's Kitchen Nightmares USA** (S)(R)
2.50 **The Simpsons** (S)(R)(AD)
3.15 **Come Dine with Me** (S)(R)
5.25 **Keep Cooking and Carry On** (S)(R)
5.50 **to 6.10** AM **House of Craft** (S)(R)

+1 hour 204/208 | 142 | 15 | 121

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

CHANNEL 5

105 105 805 | 154 105 | 5 105 | 105 105

5.30 AM **Milkshake!**
10.00 **The Smurfs** New episode (S)
10.15 **SpongeBob SquarePants** (S)(R)
10.35 **Entertainment News** (S)
10.40 **Friends** (S6) (S)(R)(AD)
1.05 PM **Reap What You Sew: An Aurora Teagarden Mystery** Crime drama. (S)(R)
2.55 FILM **Murder at the Gallop** Mystery starring Margaret Rutherford as Miss Marple. (S) (1963, b/w, U, 105min) ★★★
4.40 **Inside the Kellogg's Factory** How cereals are made at the Kellogg's factory. (S)(R)
5.35 **News** (S)
5.40 **The Stonehenge Enigma: What Lies Beneath** Investigating a vast, previously undetected monument found near Stonehenge. (S)(R)

8.00 22 Kids & Counting

The Stonehenge Enigma: What Lies Beneath (started at 5.40pm)

7.00 **Dinosaur with Stephen Fry** New edition 3/4. The actor finds himself transported back to a forest in the late Cretaceous period, home to the Tyrannosaurus rex. (S)

8.00 **22 Kids & Counting** New edition 8/10. Sue has had enough when Noel misses the start of another family holiday, so he decides it is time to step back from his role at the bakery. (S)

9.00 NEW **Dark Water: The Murder of Shani Warren** A look at the cold case investigation into the killing of Shani Warren, who was found drowned in Taplow Lake, Buckinghamshire, with her hands tied and feet bound together in 1987. (S)

10.25 **Killer at the Crime Scene** 2/12. A body found in a ditch by a dog walker leads to an investigation to find a serial killer. (S)(R)

11.20 **Most Shocking Celebrity Moments** 10/10. Meltdowns involving famous faces. (S)(R)
1.10 AM **LeoVegas Live Casino Show**
3.10 **Paddington Station 24/7** A lorry rips the safety barriers off a level crossing. (S)(R)
3.55 **World's Busiest Train Stations** 1/4. Documentary. (S)(R)
4.40 **Divine Designs** (S)(SL)(R)
5.05 **to 5.30** AM **House Doctor** (R)

+1 hour 205 | 155 | 46 | 128

SKY SHOWCASE

106 106 806 | 109 | 340 355

6.00 AM **All Hail King Julien** (S)(R)
8.05 **The Fresh Prince of Bel Air** (R)
10.00 **The Simpsons** (R)
11.30 **David Attenborough's Wild City** Documentary. (S)(R)(AD)
12.30 PM **Monkeys: An Amazing Animal Family** (S)(R)(AD)
3.30 **The Simpsons** *The Winter of Our Monetised Content:* Lisa goes up against the school's new detention system. (S)(R) **4.00** *Go Big or Go Homer:* A 35-year-old intern asks Homer to be his mentor. (S)(R) **4.30** *The Fat Blue Line:* Springfield's residents begin having their wallets stolen by a pickpocket. (S)(R)
5.00 **Uptown Otters** The Nomads squat in Marina Bay while Anna is away upriver. (S)(R)

10.00 NCIS: Los Angeles

6.00 **The Simpsons** *The Day the Violence Died:* Featuring the guest voice of Kirk Douglas. (S)(R) **6.30** *Bart on the Road:* Bart rents a car for a cross-country trip. (S)(R)

7.00 **The Simpsons** New episode *Step Brother from the Same Planet:* Lisa and Bart host a sleepover. (S) **7.30** *22 Short Films About Springfield:* A parody of the 1993 film *Short Cuts*. (S)(R)

8.00 **The Equalizer** *Boom:* 1/10. Return of the crime drama. McCall's family and vigilante life continue to crumble as those closest to her must come together to save her. (S3) (R)

9.00 **S.W.A.T.** New episode *Checkmate:* A police officer on the verge of shutting down a drug operation is abducted, and Luca is concerned about Hicks' behaviour. (S6) (S)

10.00 **NCIS: Los Angeles** New episode *Glory of the Sea:* 6/20. The team investigate after a rear admiral is abducted. Deeks goes apartment-hunting with his mother. (S14) (S)

11.00 **A League of Their Own Road Trip: Southeast Asia** 2/6. With Patrice Evra, Maisie Adam and Mo Gilligan. (R)
12.00 M'T **Saturday Night Live** Actor Woody Harrelson hosts. (R)
1.30 AM **Brassic** 2/6. Vinnie strikes a deal with McCann. (S2) (S)(R)
2.30 **Road Wars** (S)(R)
3.00 **Nothing to Declare** (S)(R)
5.00 **to 6.00** AM **The Early Rundown**

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 951, Virgin 862, Freesat 960
10.00-10.30am The Sunday Show (S) **11.30** The Farmers' Country Showdown (S)(R) **12.15-1.00pm** Bargain Hunt (S)(R)(AD)

N. IRELAND
Sky 953, Virgin 863, Freesat 957
No variations

WALES
Sky 952, Virgin 864, Freesat 964
10.00-10.30am Homes Under the Hammer (S)(R) **11.30** Bargain Hunt (S)(R) (AD) **12.30-1.00pm** Legends of Welsh Sport: Glenn Webbe (S)(R)

BBC2

N. IRELAND
Sky 972, Freesat 969
10.00pm NEW CIOTÓG (S) **11.00** Sunday Politics Northern Ireland (S)(R) **11.30** FILM The King's Speech (S)(AD) (2010, 12, 110min) ★★★★★ **1.20-1.25am** Weather Watchers with Barra Best (S)(R)

WALES
Sky 971, Freesat 971
12.45-1.45pm Eggheads (S)(R) **5.00** Italy's Invisible Cities (S)(R)(AD) **6.00** Scrum V Six Nations Special (S) **7.00-8.00pm** NEW SERIES Secrets of the Jurassic Dinosaurs (S)

ITV1

No variations

S4C

Sky 134, Virgin 166, Freesat 120
6.00am Cyw **8.50** Penblwyddi Cyw New edition **9.00** Prosiect Pum Mil **10.00** Y Cosmos **11.00** Dau Gi Bach (AD) **11.30** Dechrau Canu Dechrau Canmol **12.00noon** Bwrdd i Dri **12.30pm** Bwrdd i Dri **1.00** Rygbi Pawb **1.45** Sain Ffagan **2.20** Gwesty Aduniad **3.20** Ar Werth **3.50** Cefn Gwlad (AD) **4.25** Clwb Rygbi Rhyngwladol **6.10** Pobol y Cwm Omnibws (AD) **7.15** Newyddion a Chwaraeon **7.30** Dechrau Canu Dechrau Canmol New edition **8.00** Priodas Pum Mil Series finale **9.00** Drych: Camau Tua'r Sêr New edition **10.00** Stori'r Iaith **11.00-11.35pm** Darn Bach o Hanes (AD)

TV&Satellite week
Best for Sky and Virgin

BBC3

117/141/173 | 107/157 | 23 109 | 179 | 107

BBC3 programmes start at 7.00pm

7.00 PM **EastEnders** Suki accuses Karen of stealing. **7.30** Nish convinces Suki to apologise to Karen.
8.00 **Scarlett's Driving School** 2/10. A 56-year-old woman hopes to pass her driving test at the seventh attempt.
8.30 **Dubai Hustle** 4/4. There is excitement over the firm's end-of-year yacht party.
9.00 **Go Hard or Go Home** New edition 4/10. It's sink or swim for the trainees as they face the daunting Water Power Challenge.
10.00 **Eddie Hall: The Beast v the Mountain** Behind-the-scenes access to Hall's preparations for a boxing bout with Hafthor 'Thor' Bjornsson.
11.00 **Search Party** New episodes 7&8/10. (S2)
11.50 **Go Hard or Go Home**
12.50 AM **Charlotte in Sunderland**
1.50 **Tonight with Target**
2.35 **Go Hard or Go Home**
3.35 **to 3.55** AM **My Mate's a Bad Date**

BBC4

116 116 | 107/108 | 9/24 106 | 108

BBC4 programmes start at 7.00pm

7.00 PM **Come Dancing** Midland and West take on Home Counties South in the first show of the 1977 season.
7.40 NEW **Ravel's Daphnis et Chloé: Inside Classical** The BBC Scottish Symphony Orchestra perform Ravel's ballet score.
9.15 **The Jet Set: Timeshift** The heyday of airline travel from the 1950s to the 70s.
9.55 **Metroland** Documentary from 1973 in which John Betjeman takes a nostalgic look at the Metropolitan Line's outer-London lines.
10.45 **Clive James: Postcard from Paris** The presenter walks around the city.
11.35 **Victorian Sensations**
12.35 AM **Storyville: Inside Russia – Traitors and Heroes** Documentary in which two Russian film-makers follow the impact of the war inside their country.
1.50 **Stewart Copeland's Adventures in Music**
2.50 **to 3.40** AM **Metroland**

MORE4

136 136 831 | 147 | 18 | 124

8.55 AM **George Clarke's Amazing Spaces**
9.55 **Ugly House to Lovely House with George Clarke**
11.00 **George Clarke's Old House, New Home**
12.00 NOON **Come Dine with Me**
2.40 PM **Four in a Bed**
5.20 **Come Dine with Me** Girl-about-town Liv hosts the first dinner party in Bath. **5.55** Former raver Mel prepares a Cajun menu. **6.25** Handyman Jon hosts the third dinner party.
6.55 **Come Dine with Me** Cafe worker Becky hosts a 'Mad Hat' tea party in Bath. **7.25** Frenchman Denis hosts the final dinner party in Bath.
8.00 **Emergency Helicopter Medics** Medics battle to keep 48-year-old Paul alive as he suffers a series of heart attacks.
9.00 **24 Hours in A&E** A heart attack victim undergoes an emergency procedure.
10.00 **Rescue: Extreme Medics** A German tourist is stranded on a remote hillside after breaking her ankle.
11.05 **Emergency Helicopter Medics: Motorbike Crash Emergencies**
12.10 AM **24 Hours in A&E**
1.15 **Rescue: Extreme Medics**
2.20 **Emergency Helicopter Medics** As 8.00pm.
3.25 **to 3.50** AM **A Place in the Sun**

+1 hour 236 | 196 | 125

E4

135 135 830 | 106 | 13 | 122

6.00 AM **Hollyoaks Omnibus**
8.30 FILM **Bee Movie** Animated comedy adventure. (2007, U, 91min) ★★
10.20 **Ramsay's Hotel Hell**
1.05 PM FILM **Playing with Fire** Comedy starring John Cena and John Leguizamo. (2019, PG, 96min) ★★
3.10 **The Big Bang Theory** Seven episodes, including at: **5.40** 24/24. Leonard is offered a job abroad. (S6) **6.10** 1/24. Sheldon and Penny miss Leonard. (S7)
6.40 **Lego Masters Australia** New edition 9/14. The teams must create wind-powered builds.
8.00 FILM **Raiders of the Lost Ark** Steven Spielberg's action adventure starring Harrison Ford. Buccaneering archaeologist Indiana Jones attempts to stop the Ark of the Covenant from falling into Nazi hands. (1981, PG, 115min) ★★★★★
10.15 FILM **Instant Family** Comedy starring Mark Wahlberg and Rose Byrne. A couple decide to adopt but get much more than they bargained for when they take in a rebellious teen and her two siblings. (2018, 12, 118min) ★★★★
12.35 AM **Gogglebox**
1.40 **Summer House**
3.30 **to 6.00** AM **Hollyoaks Omnibus**

+1 hour 235 | 146 | 30 | 123

Sunday primetime

Sky Witness

107 107 807 | 110 | 341 356

6.00 AM **UK Border Force**
7.00 **Nothing to Declare UK**
8.00 **Border Patrol**
11.00 **The Real A&E**
12.00 NOON **Air Ambulance ER** A mother and daughter are involved in a high-speed motorcycle crash.
1.00 PM **Sun, Sea and A&E** Swine flu puts Majorca on red alert.
2.00 **Nothing to Declare** Ten editions of the documentary series following customs and immigration officers at Australia's biggest airports.

2.00 Nothing to Declare

7 PM

7.00 **Blue Bloods** *The New You:* 14/16. Danny and Baez look into a feud between local residents and hotels for the homeless. (S11)

8 PM

8.00 **The Equalizer** *Boom:* 1/10. McCall's life continues to crumble as those closest to her must come together to save her. (S3)

9 PM

9.00 **The Rookie: Feds** *Star Crossed:* 3/22. Garza's unit become embroiled in a complex kidnapping case. (S1)

10 PM

10.00 **The Rookie** *The Choice:* 4/17. Rosalind returns with a vengeance, and Bailey's life is left hanging in the balance. (S5)
11.00 **Chicago Med** Marcel must improvise to help a victim of the train crash. (S8)
12.00 M'T **Chicago Fire** (S11)
1.00 AM **Chicago PD** (S10)
2.00 **Blue Bloods** As 7.00pm.
3.00 **to 6.00** AM **Nothing to Declare**

+1 hour 207 163

Sky Atlantic

108/109 108/109 808 | 342 357

6.00 AM **Fish Town**
9.00 **The Sopranos** 3-7/21. (S6)
2.25 PM **Ray Donovan** 10/12. Jay asks for a meeting with Daryll. **3.30** 11/12. Ray searches for Frank Barnes in an attempt to get Bridget out of jail. **4.35** 12/12. Ray goes to New York to arrange a surgery that may save Smitty. (S5) **5.40** 1/12. A suicidal Ray is pulled from the East River. **6.45** 2/12. A witness willing to give answers could rock Mac and Ray's worlds. (S6)

7.50 Succession

7.50 **Succession** *Going for What It Takes:* 6/9. Logan and team head to Virginia for a conservative political conference, where Roman finds out some surprising news. (S3)

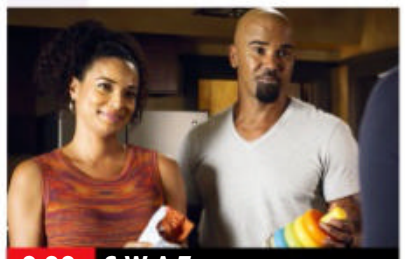
9.00 **The Last of Us** *Kin:* 6/9. A smuggler is tasked with escorting a teenage girl across a post-apocalyptic United States. Stars Pedro Pascal. (S1)
10.10 **Yellowjackets** *The Dollhouse:* 3/10. The Yellowjackets debate the merits of staying put. (S1)
11.15 **Yellowjackets** 4/10. (S1)
12.20 AM **In Treatment** 2/24. (S4)
12.50 **City on a Hill** 7/10. (S1)
2.00 **The Last of Us** New episode 7/9. Post-apocalyptic drama starring Pedro Pascal and Bella Ramsey. (S1)
3.05 **to 6.00** AM **Fish Town**

+1 hour 208/209

Sky Max

113/114 113/114 | 111 | 346 361

6.00 AM **Highway Patrol**
7.00 **DC's Legends of Tomorrow**
12.00 NOON **NCIS: New Orleans** Five episodes, including at: **3.00** PM 12/24. Gregorio joins a social club for military wives. **4.00** 13/24. A US Navy entomologist disappears after a deadly shooting at a research lab. (S5)
5.00 **Fringe** 8/21. A music prodigy is taken by a serial killer. **6.00** 9/21. A man leaps to his death after hallucinating a butterfly attack. (S1)


9.00 S.W.A.T.

7.00 **Fringe** *Safe:* 10/21. The team investigate a bank robbery when one of the thieves is found embedded in a wall.

8.00 **Fringe** *Bound:* 11/21. Peter joins forces with the FBI in a desperate search for the abducted Olivia. (S1)

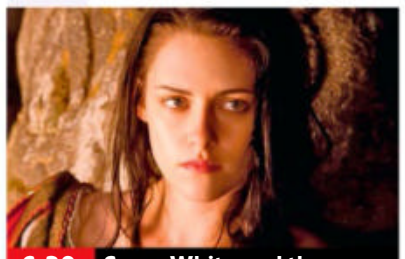
9.00 **S.W.A.T.** New episode *Checkmate:* 6/16. A police officer on the verge of shutting down a drug operation is abducted. (S6)

10.00 **NCIS: Los Angeles** New episode *Glory of the Sea:* 6/20. Rear Admiral Ted Gordon is abducted from his home. (S14)
11.00 **A League of Their Own Road Trip: Southeast Asia** 2/6. Jamie and Micah are joined by Patrice Evra, Maisie Adam and Mo Gilligan.
12.00 M'T **The Force: Manchester**
1.00 AM **Brassic** 2/6. (S2)
2.00 **Road Wars**
3.00 **Brit Cops: Law & Disorder**
4.00 **to 6.00** AM **Air Ambulance ER**

ITV2

118 118 816 | 115 | 6 | 113

6.00 AM **Totally Bonkers Guinness World Records**
6.35 **Secret Crush**
9.25 **Dress to Impress**
11.30 **Celebrity Catchphrase**
12.35 PM **In for a Penny**
1.10 FILM **Mr Popper's Penguins** Comedy starring Jim Carrey. (2011, PG, 94min) ★★★
3.05 FILM **Home** Animation. (2014, U, 94min) ★★★
4.50 FILM **Ice Age** Animated comedy adventure featuring the voice of Ray Romano. (2002, U, 81min) ★★★★


6.30 Snow White and the...

6.30 FILM **Snow White and the Huntsman** Spirited fantasy adventure starring Kristen Stewart and Chris Hemsworth. Princess Snow White strives to overcome her evil stepmother. (2012, 12, 127min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Love Island** New edition The seventh week begins, with the single people living like celebrities in the villa. Maya Jama hosts.

10.00 **Love Island: Aftersun** New edition Maya Jama is joined by a panel of celebrity superfans to dissect the latest news.
11.05 **Family Guy** 8/20. Joe is injured during a bull run. (S14) **11.35** 18/20. Peter attracts a powerful figure. (S16)
12.05 AM **American Dad!** (S3)
1.05 **All American** 16/16. (S1)
2.00 **The Masked Singer**
2.45 **to 3.00** AM **Unwind with ITV**

+1 hour 218 116 29 114

ITV3

119 119 817 | 117 | 10 | 115

6.00 AM **On the Buses**
6.35 **Emmerdale Omnibus**
9.20 **Maigret**
10.25 **Agatha Christie's Poirot** Four episodes, including at: **3.55** PM *Evil Under the Sun:* The detective heads for the coast of Devon for a well-earned rest, but his relaxation is ruined by the discovery of a body on the beach.
6.00 **Rosemary & Thyme** 2/8. A murder takes place at a monastery where the amateur sleuths are working. (S3)

9.00 Joanna Lumley's Home...

7.00 **Rosemary & Thyme** *Seeds of Time:* 3/8. A murder occurs at the home of a famous botanist. (S3)

8.00 **Long Lost Family** A woman whose memory of a week with her brother 50 years ago is driving her to find him.

9.00 **Joanna Lumley's Home Sweet Home: Travels in My Own Land** 1/3. Joanna makes a nostalgic return to *Coronation Street*.

10.00 **Endeavour** *Pilot:* Prequel to *Inspector Morse* set in 1965, starring Shaun Evans as a younger version of the detective.
12.00 M'T **Upstairs, Downstairs** 7/13. Richard's brother visits. **1.05** AM 8/13. Elizabeth returns to Eaton Place with her unwanted child. (S2)
2.15 **Agatha Christie's Poirot**
3.20 **Emmerdale Omnibus**
5.50 **to 6.00** AM **Unwind with ITV**

+1 hour 219 174 59 116

BBC Scotland

SCOT 115 108 9 106 106
REST OF UK 187 162 110

12.00 NOON **This Is BBC Scotland**
7.00 PM **The Seven**
7.15 **Snow Dogs** Gordon Buchanan takes on a dog-sledding trail in the Yukon wilderness.
8.15 **Rewind 1990s** Events and news from 1999.
8.30 **Return to Uist** 4/4. Alex and Susannah make it through their second winter on the island.
9.00 **Still Game** 4/6. Jack and Victor ask an old friend for help. (S3)
9.30 **Life on the Bay** Series finale 8/8. Entertainments manager Laura organises a summer family fun day.
10.00 **Darren McGarvey's Class Wars** 4/4. Darren's examination of social class concludes with a look to the future.
11.00 PM **to 12.00** M'T **Seven Days**

Sky Comedy

114/115 | 112 | 347 362

8.00 AM **Everybody Hates Chris** 10&11/24. (S4)
9.00 **Fresh Prince of Bel Air**
11.30 **Modern Family** (S8)
1.30 PM **Will & Grace** (S2)
4.00 **Futurama** (S8&5)
7.30 **The Office (US)** 16/19. Michael tries to change Stanley's attitude. **8.00** 17/19. Michael sets up a stall at a job fair. **8.30** 18/19. Phyllis takes over the party planning committee. (S4)
9.00 **Saturday Night Live** New edition Actor Woody Harrelson presents the satirical comedy show. With musical guest Jack White.
10.25 **Curb Your Enthusiasm** 6/10. Larry returns from New York to some bad news. (S3)
11.00 **Saturday Night Live**
12.30 AM **Barry** 4&5/8. (S1)
1.40 **Carters Get Rich** (S1)
2.35 **Modern Family** (S8)
3.30 **to 5.00** AM **Everybody Hates Chris**

Sky Arts

130 130 140 123 | 11 | 147 365

6.00 AM **Discovering**
7.00 **Dean Martin: A Legend in Concert**
8.00 **Anyone Can Sing**
9.00 **Tales of the Unexpected**
11.00 **Hitchcock Presents**
12.00 NOON **Landscape Artist of the Year**
1.00 PM **André Rieu: My Musical Year**
2.00 **Andrea Bocelli: The Journey**
3.00 **The Directors**
5.00 **Genesis: When in Rome** From 2007.
7.00 **Tales of the Unexpected**
8.00 **Hitchcock Presents**
9.00 **Dolly Parton: Song by Song**
10.00 **Women Who Rock**
11.15 **Guy Garvey: From the Vaults**
12.15 AM **The Directors**
1.15 **Discovering**
3.45 **The Great Songwriters**
4.45 **Discovering**
5.10 **Foreigner: Music Icons**
5.35 **to 6.00** AM **Frankie Goes to Hollywood**

Pick

151 | 135 | 36 | 144

6.00 AM **Border Patrol**
8.00 **Highway Patrol**
11.00 **Neighbourhood Blues**
12.00 NOON **The Chase Celebrity Special**
2.00 PM **Border Security: America's Front Line**
4.00 **Highway Cops**
5.00 **Caught Red Handed**
7.00 **Motorway Patrol**
8.00 **Brit Cops: Rapid Response** Following police officers on patrol.
9.00 **The Killer Within** The story of Barbara Coombes, who murdered her 87-year-old father in an act of revenge.
10.00 **Dan Brown's The Lost Symbol** *Diophantine Pseudonym:* 6/10. Mal'akh puts pressure on Langdon and Peter to decipher the clues. (S1)
11.00 **New York Homicide** Double bill of editions.
1.00 AM **Snapped**
2.00 **Motorway Patrol**
4.00 **to 6.00** AM **Border Patrol**

Comedy Central

112/113 181 132 | 345 360

8.00 AM **Friends** (S1)
1.00 PM **Friends** (S1)
7.00 **Friends** 1/24. Rachel struggles to deal with Ross's new relationship. **7.30** 2/24. Phoebe manages to unwittingly disgust everyone. **8.00** 3/24. The gang's strange neighbour Mr Heckles dies. **8.30** 4/24. Phoebe announces she is married. (S2)
9.00 FILM **Police Academy 3: Back in Training** Comedy sequel starring Steve Guttenberg. (1986, PG, 82min) ★
10.40 **Greatest Ever Movie Blunders** Elis James presents a selection of errors in movies.
11.40 **Live at the Apollo**
12.40 AM **South Park: 25th Anniversary Concert**
2.55 **South Park** (S1)
4.10 **to 5.00** AM **Friends**

+1 hour 212/213 133

ITV Be

131 | 119 | 28 | 119

7.00 AM **Be Beautiful**
7.10 **Little Women: LA**
8.00 **Making It Home with Kortney & Kenny**
9.00 **LittleBe**
12.00 NOON **Sugar Showdown**
12.25 PM **Making It Home with Kortney & Kenny**
1.20 **The Real Housewives of New York City**
6.00 **Great Chocolate Showdown** New editions Double bill.
8.00 **Gino's Italian Express**
9.00 **Botched** Helping service members who have fallen victim to surgical mishaps.
10.00 **Totally Unbelievable: Celebrity Holiday Hotspots** The hottest super-rich celebrity holiday getaways.
11.00 **Keeping Up with the Aristocrats**
12.00 M'T **The Real Housewives of Atlanta**
12.55 **to 1.00** AM **Unwind**

+1 hour 120 58

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 120 818 118 26 117

6.00 AM **Highlights**
7.25 **Auto Mundial**
7.55 **Extreme E Preview Show**
8.30 **The Car Years**
9.00 **EFL Highlights**
11.00 **Tenable All Stars**
12.05 PM **Made in Britain**
12.35 **Dramatic Finishes**
12.45 LIVE **Snooker: Players Championship** The final.
4.00 **Made in Britain**
5.00 **Monster Carp**
6.00 **River Monsters**
6.30 **The Best of the 80s**

6.00 River Monsters

6.45 LIVE **Snooker: Players Championship** Rishi Persad presents coverage of the evening session of the final from Aldersley Village in Wolverhampton, where the first player to reach 10 frames will win the title. Analysis from Stephen Hendry, Alan McManus, Neal Foulds and Ken Doherty, commentary by David Hendon and Phil Yates, and reports from Rob Walker.

10.00 FILM **Predators** Sci-fi sequel starring Adrien Brody and Topher Grace. A small group of highly-trained killers land on an alien planet. (2010, 15, 102min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

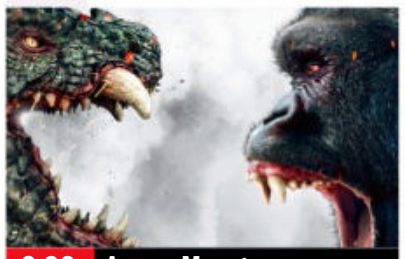
12.05 AM **The Car Years**
12.35 **Driving Force**
1.40 **Unwind with ITV**
2.00 **to 3.00** AM **EFL Carabao Cup Highlights**

+1 hour 220 175 60 118

Sky Sci-Fi

139 139 836 122 348 363

6.00 AM **Fringe** 9&10/21. (S1)
8.00 **Teleshopping**
11.00 **Fringe** 11-13/21. (S1)
2.00 PM **Merlin** 9/13. The warlock is determined to break Morgana's control over Gwen. **3.00** 10/13. Morgana seeks help from the wizard Alator. **4.00** 11/13. Mordred is torn between loyalty and love. **5.00** 12/13. Morgana prepares to wage war. **6.00** 13/13. Merlin must find the strength to overcome his greatest challenge. (S5)


9.00 Ape vs Monster

7.00 **Blood & Treasure** *The Ravens of Shangri-La:* 7/13. Danny's father Patrick leads the team to a secret base in Laos.

8.00 **Blood & Treasure** *The Lost City of Sana:* 8/13. Lexi is injured when the team crash land in the jungle. (S2)

9.00 FILM **Ape vs Monster** Sci-fi adventure starring Quinn Baker and Rudy Bentz. The ooze from a space capsule makes an ape and a lizard grow to titanic size. (2021, 12, 88min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

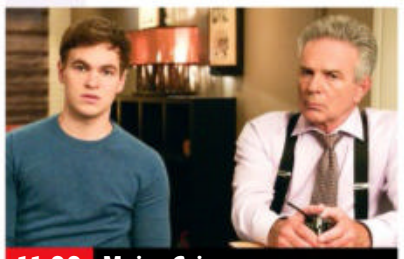
11.00 FILM **Megaboa** Thriller starring Eric Roberts. Students head into the rainforest and run into a giant, bloodthirsty snake. (2021, PG, 85min) ★★
1.00 AM **Wynonna Earp** (S4)
4.00 **to 6.00** AM **Star Trek: Deep Space Nine**

+1 hour 229

Alibi

109/110 809 126 343 358

7.15 AM **Murdoch Mysteries**
10.00 **Father Brown**
2.00 PM **Miss Scarlet and the Duke** 1&2/6. Double bill. (S1)
4.00 **Miss Fisher's Murder Mysteries** 1/13. Sleuth Phryne Fisher becomes embroiled in a case involving poison, cocaine and illegal abortionists. **5.00** 2/13. A woman disappears on a train. (S1)
6.00 **Death in Paradise** 7/8. A famous radio presenter is murdered live on air. Guest stars Richard Blackwood. (S8)


11.00 Major Crimes

7.00 **Murdoch Mysteries** *Clean Hands:* 6/24. Murdoch and Ogden investigate the suspicious death of a Mennonite. (S16)

8.00 **Father Brown** *The Enigma of Antigonish:* The sleuth investigates staff at a health spa when an ex-employee is found dead.

9.00 **Death in Paradise** *Erupting in Murder:* 1/8. Humphrey investigates the death of a scientist studying a volcano. (S6)

10.00 **CSI: Vegas** *In The White Room:* 9/21. The bodies of two Regency Romantic Festival attendees are discovered. (S2)

11.00 **Major Crimes** 12/13. Rusty unearths an important clue. **12.00** M'T 13/13. Lt Tao becomes trapped in a room that may contain a bomb. (S6)
1.00 AM **We Hunt Together** (S2)
2.00 **Major Crimes** 1/13. (S6)
2.55 **to 4.00** AM **Traces**

+1 hour 209/210 191

GOLD

110/111 110/111 124 344 359

7.05 AM **Citizen Khan**
7.35 **Ever Decreasing Circles**
8.10 **Only Fools and Horses**
1.05 PM **Only Fools and Horses** Five episodes, including at: **3.20** Trotters Independent Traders embark on a booze cruise to France. **5.00** Del Boy is invited to a school reunion organised by old adversary Roy Slater. **6.05** Uncle Albert falls victim to muggers, so Del Boy resolves to take the law into his own hands.

8.25 Dad's Army

7.15 **Only Fools and Horses** Rodney and Albert begin to worry the flat will get overcrowded as the birth of Del Boy Jr approaches.

8.25 **Dad's Army** Captain Mainwaring devises a cunning new way of foiling Hitler's invasion plans.

9.00 **The Vicar of Dibley** Alice and Hugo's baby is christened amid chaos Guest stars Sean Bean. **9.55** A summer water shortage presents problems for the locals.

10.50 **Blackadder Goes Forth** Captain Blackadder develops an interest in art.

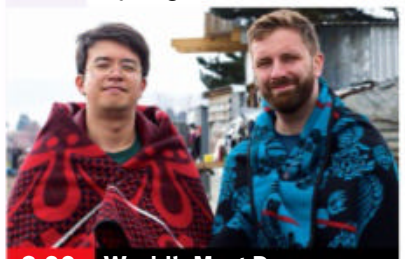
11.30 **Blackadder Goes Forth** Captain Blackadder faces death by firing squad. **12.10** AM Captain Blackadder organises a stage show.
12.50 **Upstart Crow**
1.30 **Blackadder Goes Forth**
3.24 **to 4.00** AM **Hold the Sunset**

+1 hour 210/211 194

Dave

111/112 127 19 157

7.10 AM **Secrets of the Supercars**
8.00 **Rick Stein's Cornwall**
9.00 **Red Bull Soapbox Race**
12.00 NOON **Top Gear**
1.00 PM **Top Gear: Driving Home for Christmas**
2.00 **Not Going Out** Triple bill.
4.00 **Room 101** Triple bill of editions, including at: **5.20** Frank Skinner invites guests Sue Perkins, Bruno Tonioli and Steve Jones to discuss their pet hates.
6.00 **Top Gear** Paddy trains a team of young amateur racers


8.00 World's Most Dangerous...

7.00 **Special Ops: Crime Squad UK** A special police task force tackle the brutal stabbing of a teenage boy in Preston.

8.00 **World's Most Dangerous Roads** New edition Phil Wang and Pierre Novellie head to Lesotho in Africa.

9.00 **Have I Got a Bit More News for You** Adil Ray hosts, with James May and Jess Phillips joining Paul Merton and Ian Hislop.

10.00 **Live at the Apollo** Ed Byrne introduces sets by Angela Barnes and Geoff Norcott at the Hammersmith Apollo.
11.00 **QI XL** Phill Jupitus, Danny Baker and Teri Hatcher join Alan Davies and Sandi Toksvig.
12.00 M'T **Red Dwarf** Triple bill.
2.00 AM **Whose Line Is It Anyway? USA** Triple bill.
3.25 **to 4.00** AM **Beat the Internet with John Robins**

+1 hour 211 131 57

Sunday

7 PM 8 PM 9 PM 10 PM

GREAT! tv

157 189 50 142

6.00 AM **Highway to Heaven**
11.00 **Murder, She Wrote**
1.00 PM **Murder, She Wrote** Eight episodes of the mystery, including at: **6.00** *Portrait of Death:* A friend of Jessica's wins a fortune. **7.00** *Deadly Assets:* Jessica finds herself mixed up with dodgy detective Charlie Garrett. **8.00** *Murder on the 30th Floor:* Jessica's editor is found dead.
9.00 **Garage Sale Mystery: Picture a Murder** Crime drama with Lori Loughlin and Eva Bourne.
10.50 **Great! Movie News**
11.00 **A Case of Murder: Garage Sale Mystery** Drama with Lori Loughlin.
12.50 AM **Great! Movie News**
1.00 **Randall and Hopkirk (Deceased)** 18/26. (S1)
2.00 **to 6.00** AM **Body of Proof**

+1 hour 257 220 62 143

4seven

137 143 49 127

9.00 AM **Four in a Bed**
11.30 **A New Life in the Sun: Where Are They Now?**
2.30 PM **A Place in the Sun**
7.00 **A Place in the Sun** Scarlette Douglas helps a woman to find a holiday home in Malaga.
8.00 **The Dog House** A lively French bulldog meets drag queen John and partner Sammy.
9.00 **Gogglebox** The critics are back to watch the best of the week's TV. **10.00** Opinions on *Strictly Come Dancing*, *Antiques Roadshow* and *Frozen Planet II*.
11.05 **The Great Pottery Throw Down** The five remaining potters take part in the quarter-final.
12.20 AM **Guy Martin's Great British Power Trip**
1.25 **SAS: Who Dares Wins – Jungle Hell**
3.35 **to 4.40** AM **The Billionaires Who Made Our World**

+1 hour 229

5USA

141 141 153 21 129

9.00 AM **Columbo**
12.55 PM **Columbo** Five episodes, including at: **6.00** *Death Lends a Hand:* Columbo locks horns with a private eye who turns to murder when his attempts at blackmail prove fruitless. **7.30** *Old Fashioned Murder:* The owner of a family-run museum has her brother killed, but the shabby sleuth is soon on the case.
9.00 **Lucifer** *The Angel of San Bernardino:* 20/26. Pierce and Chloe's relationship takes an interesting turn. **10.00** *Anything Pierce Can Do I Can Do Better:* 21/26. A prima ballerina is brutally murdered. (S3)
11.00 **Law & Order: Special Victims Unit** (S4&5)
2.50 AM **The Blacklist** (S1)
3.35 **to 4.00** AM **Criminals: Caught on Camera**

+1 hour 241 185 130

5STAR

128 151 32 131

8.00 AM **Entertainment News**
8.10 **Dirty Home Rescue**
1.00 PM **Traffic Cops**
5.00 **Police Interceptors** Four editions, including at: **7.00** Two officers tackle a suspected gunman. **8.00** Duggie and Mark chase a serial offender.
9.00 FILM **The Sixth Sense** Psychological thriller with Bruce Willis and Haley Joel Osment. (1999, 15, 108min) ★★★★★
11.15 FILM **Unbreakable** Supernatural thriller with Bruce Willis and Samuel L Jackson. (2000, 12, 107min) ★★★★
1.25 AM **Shoplifters & Scammers: At War with the Law**
2.25 **999: Criminals Caught on Camera**
3.20 **Dogs with Incredible Jobs** Documentary.
3.50 **to 4.00** AM **Entertainment News**

+1 hour 228 186 141

W

132 827 125 25 156

6.10 AM **Tipping Point**
10.00 **Emergency: First Time Medics** Five editions.
3.00 PM **My Family**
7.00 **Alex Jones: Making Babies** Alex is allowed to assist in complex cases.
8.00 **Emergency: First Time Medics** Claire confronts her fears with her first child patient.
9.00 **Stacey Dooley Sleeps Over USA** Stacey meets a variety of extraordinary families in America.
10.00 **Killer Women with Piers Morgan** The story of Ashley Humphrey, convicted for shooting a barmaid in 2003.
11.00 **Louis Theroux: Law & Disorder in Philadelphia**
12.20 AM **The Baby Has Landed** Documentary.
1.40 **One Born: What Happened Next?**
2.30 **to 3.00** AM **Inside the Ambulance**

+1 hour 232 190

Drama

143 130 20 158

7.10 AM **The Bill**
11.00 **Miss Marple**
1.00 PM **Catherine Cookson's The Dwelling Place**
4.20 **Call the Midwife**
5.20 **Atlantic Crossing** *The Gift:* 7/8. A Nazi agent slips through the cracks. **6.35** *A Queen Returns:* 8/8. Roosevelt's health declines. (S1)
7.50 **Inspector Alleyn Mysteries** *Death in a White Tie:* The detective enlists the help of an old friend.
10.00 **McMafia** 3/8. Alex receives an offer from someone claiming to be an old friend. (S1)
11.10 **Luther** 1/4. The DCI is confused by a series of seemingly indiscriminate killings. (S5)
12.30 AM **The Inspector Lynley Mysteries**
2.30 **to 4.00** AM **Leonardo**

+1 hour 243 226 60

RealityXtra

147 197 68 134

9.00 AM **Medical Detectives**
12.00 NOON **Something's Killing Me** Double bill.
2.00 PM **Medical Detectives**
5.00 Judge Judy Back-to-back editions of the series, including at: **10.25** A driver who allegedly told police that the sun was in his eyes when he collided with another vehicle. **10.50** A daycare provider is accused of mistaking a child's skin condition for bruises. **11.15** A five-year-old girl is accused of vandalising a neighbour's car. **11.40** A daycare provider is accused of being abusive toward an 18-month-old child.
12.05 AM **World's Most Unexplained...**
1.00 Psychic Private Eyes
4.00 Something's Killing Me
5.25 to 6.00 AM **Medical Detectives**

Legend

148 149 41 137

7.00 AM **Special Unit 2** (S2)
8.00 FILM **Independence Daysaster** Sci-fi thriller. (2013, PG, 90min) ★
10.00 Star Trek: The Next Generation (S4)
3.00 PM FILM **Mega Storm: Days of Destruction** Sci-fi action thriller. (2011, PG, 89min) ★★
4.50 FILM **Stonehenge Apocalypse** Thriller. (2010, 15, 90min) ★
6.40 FILM **Ice Quake** Sci-fi disaster movie. (2010, PG, 91min) ★★
8.30 The Twilight Zone (S1)
9.00 FILM **The Giant Claw** Chiller with Jeff Morrow. (1957, PG, 75min) ★
10.30 FILM **The Abominable Snowman** Chiller. (1957, b/w, 12, 91min) ★★
12.15 AM FILM **Black Death** Period horror thriller. (2010, 15, 101min) ★★
2.15 to 4.30 AM FILM **Robbery** Crime thriller. (1967, U, 114min) ★★★

Challenge

145 139 48 146

7.00 AM **Scrapheap Challenge** Triple bill.
10.00 The Chase Double bill.
12.00 NOON **Family Fortunes**
1.00 PM **Bruce's Price Is Right** Triple bill.
2.30 Play Your Cards Right Hosted by Bruce Forsyth.
3.00 Lily Savage's Blankety Blank Triple bill of the comedy quiz series.
5.00 The Chase Four editions of the quiz show hosted by Bradley Walsh.
9.00 The Chase Celebrity Special Bradley Walsh presents as celebrity contestants Susie Dent, Anthony Crolla, Ellie Taylor and Harry Redknapp work as a team to take on the Chaser and try to secure a cash prize for charity.
10.00 The Chase Five editions of the quiz show.
3.00 AM **The Chase Celebrity Special**
4.00 to 6.00 AM **The Chase**

E!

159 159 835 160

7.00 AM **Wags** Reality show.
12.00 NOON **Botched** Seven editions of the series, including at: **5.00** PM A patient whose surgeon poked a hole through her nose. **6.00** A reality TV star seeks a breast reduction.
7.00 PM **Keeping Up with the Kardashians** Scott tries to become Kylie and Kendall's manager. **7.30** Bruce takes his family to Bora Bora. **8.00** Kourtney learns the truth about Scott's drinking habits. **9.00** A frustrated Rob lashes out at Kim. **10.00** Kendall's 16th birthday approaches. **11.00** Kris looks to prove Khloe's paternity.
12.00 M'T **For Real: The Story of Reality TV**
2.00 AM **Teleshopping**
3.00 to 5.00 AM **Kimora: Life in the Fab Lane**

Sky Documentaries

121 121 819 277 352 367

6.00 AM **Discovering: Maureen O'Hara**
7.00 Discovering: Edward G Robinson
8.00 The Directors
10.00 The Man Who Bought Cricket Triple bill.
1.00 PM **Clint Eastwood: A Life in Film**
2.45 My Icon
3.00 I Am Heath Ledger
4.50 Jane Fonda In Five Acts A look at the life and work of the actor.
7.10 FILM **Apollo 11** Documentary about the moon landings. (2019, U, 93min) ★★★★★
9.00 I Am Johnny Cash A celebration of the singer-songwriter.
10.50 The Janes
12.50 AM FILM **The Act of Killing** Chilling documentary. (2012, 15, 122min) ★★★★
3.10 The Look of Silence
5.10 to 6.00 AM **The Directors**

Sky Nature

124 124 822 278 354 369

6.00 AM **Rooted**
11.00 David Attenborough's Wild City Examining the wildlife of Singapore.
12.00 NOON **Battle of the Alphas** Double bill.
1.00 PM **Monkeys: An Amazing Animal Family** Triple bill.
4.00 Uptown Otters
5.00 Great Barrier Reef with David Attenborough
8.00 Caught in Motion
9.00 Alaskan Summer
10.00 Undercover in the Jungle An expedition into a diverse region of the Amazon rainforest.
11.00 The Invisible River: Under Water Between the Black Forest and the Vosges
12.00 M'T **Great Barrier Reef with David Attenborough**
3.00 AM **Caught in Motion**
4.00 to 6.00 AM **Hope for Wildlife**

HGTV

158 286 44 166

7.00 AM **My Lottery Dream Home** Six editions.
10.00 The Great Interior Design Challenge
3.00 PM **A Place in the Sun**
8.00 My Dream Derelict Home in the Sun Transforming a derelict farmhouse in Normandy.
9.00 A Place in the Sun A couple looking to retire to Orihuela, Spain. **10.00** A search for a property in Menorca. **11.00** A couple look for a home in Menorca. **12.00** M'T Two sisters hope to buy a property in Cannes, France.
1.00 AM **Fixer Upper: The Castle** Chip and Jo finally finish their biggest renovation to date.
1.30 Fixer Upper: Behind the Design
2.00 to 4.00 AM **The Great Interior Design Challenge**

+1 hour 258 290

Food Network

140 285 43 148

6.00 AM **Diners, Drive-Ins and Dives** Triple bill.
8.00 Best Baker in America
1.00 PM **James Martin's American Adventure**
3.00 The Great British Bake Off Five editions.
8.00 Rachel Allen's Everyday Kitchen Recipes designed to make food go further. **8.30** Rachel Allen a new and delicious twist to roast chicken.
9.00 Jamie Cooks Italy Jamie Oliver and Gennaro Contaldo travel to Naples. **9.30** Jamie and Gennaro head to the little-known region of Basilicata.
10.00 Restaurant: Impossible
1.00 AM **Diners, Drive-Ins and Dives** Double bill.
2.00 to 3.00 AM **Rachel Khoo's Kitchen Notebook: London**

+1 hour 240 149

DMAX

172 171 39 150

6.00 AM **Dallas Car Sharks**
9.00 Richard Hammond's Big
10.00 Jade Fever
12.00 NOON **Yukon Gold**
3.00 PM **Aussie Gold Hunters**
5.00 Life Below Zero
6.00 Gold Divers
7.00 Aussie Gold Hunters
8.00 Paranormal Declassified
9.00 Paranormal Lockdown with Nick Groff A visit to the Waverly Hills Sanatorium in Kentucky.
10.00 Spooked Scotland Paranormal activity at Stirling Old Town Jail.
11.00 Goddess Face Tumour: Body Bizarre
12.00 M'T **Monsters Inside Me**
1.00 AM **Marooned with Ed Stafford**
2.00 Teleshopping
4.00 Insane Pools: Off the Deep End
5.00 to 6.00 AM **Baggage Battles**

+1 hour 272 214 151

5Action

150 150 33 132

9.00 AM **Trucking Hell**
10.00 WWE – SmackDown Highlights
11.00 WWE – Raw Highlights
12.00 NOON **Police Interceptors**
3.00 PM FILM **A Big Hand for the Little Lady** Comedy Western. (1966, PG, 95min) ★★★
5.00 FILM **Drums Across the River** Western. (1954, PG, 75min) ★★
6.35 FILM **Escape to Victory** World War Two drama. (1981, PG, 111min) ★★
9.00 FILM **Contraband** Action thriller. (2012, 15, 105min) ★★★
11.10 FILM **Max Payne** Action thriller. (2008, 15, 99min) ★★★
1.15 AM **World's Strongest Man 2022** Double bill.
3.35 Florida's Mega Sinkholes Documentary.
4.25 Winter Road Rescue
4.55 to 5.00 AM **Entertainment News**

Sky Crime

122 122 820 121 349 364

6.00 AM **Send in the Dogs**
7.00 Road Wars
7.30 Motorway Patrol
8.30 Caught Red Handed
10.00 How I Caught the Killer
11.00 Britain's Most Evil Killers
12.00 NOON **Murdered at First Sight**
1.00 PM **The Killer Within**
2.00 World's Most Evil Killers
3.00 Killer in My Village
4.00 The Real Manhunter
5.00 World's Most Evil Killers
7.00 Britain's Most Evil Killers
8.00 Forensics: Catching the Killer Documentary.
9.00 Fred West: The Glasgow Girls New edition
10.00 The Suzy Lamplugh Mystery Documentary.
12.00 M'T **Snapped**
1.00 AM **Love You To Death**
2.00 When Life Means Life
3.00 World's Most Evil Killers
4.00 Road Wars
4.30 to 6.00 AM **Motorway Patrol**

+1 hour 222 164

CBS Reality

146 148 67 135

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
5.00 Evidence of Evil
7.00 Medical Detectives Two agents are killed when their cars collide. **7.30** A man vows to bring his sister's murderer to justice. **8.00** A frozen river could help solve a businessman's murder. **8.30** A successful estate agent is killed.
9.00 Ice Cold Killers The hunt for Charles Sinclair, a serial killer who continuously changed his hunting grounds. **10.00** The manhunt for a suspected killer who left a driver paralysed in a bid to stop his victim from fleeing.
11.00 Voice of a Serial Killer
1.00 AM **Ice Cold Killers**
3.00 Evidence of Evil
4.40 to 6.00 AM **Judge Judy**

+1 hour 246 218 136

Really

142 128 17 160

6.00 AM **Fantasy Homes by the Sea** From Sussex.
7.00 Teleshopping
8.00 Fantasy Homes by the Sea Double bill.
10.00 A Place in the Sun
3.00 PM **The Hotel Inspector: The Walkout**
4.00 Celebrity Antiques Road Trip Triple bill.
7.00 The Edinburgh Auction House A home packed with family heirlooms.
8.00 The Repair Shop
9.00 The Hair Loss Clinic
10.00 Chris Watts: A Faking It Special The case of the disappearance of Shanann Watts and her two daughters.
11.00 Help! My House Is Haunted The team head to Wolverhampton.
12.00 M'T **Ghost Hunters**
1.00 AM **Ghost Brothers: Lights Out**
2.00 Teleshopping
4.00 to 6.00 AM **Fantasy Homes by the Sea**

Blaze

164 199 64 162

6.00 AM **Eating History**
7.00 Mountain Men
9.00 Curse of the Lost Amazon Gold
10.00 Lost Gold of World War II The team focus on a tunnel.
11.00 The Proof Is Out There
12.00 NOON **WW2 Mystery: Foo Fighters**
1.00 PM **Alien Files: Unsealed**
2.00 UFOs Declassified
3.00 Hunting Nazi Treasure
8.00 The Curse of Oak Island The team prepare to follow up on a Knights Templar lead.
9.00 Eating History
10.00 Mountain Men
12.00 M'T **Paranormal: Caught on Camera**
1.00 AM **The Proof Is Out There** Documentary.
2.00 Paranormal Survivor
3.00 Wicked Tuna
5.00 to 6.00 AM **Counting Cars**

+1 hour 81

TLC

133 133 828 167

7.00 AM **Say Yes to the Dress: Lancashire**
8.00 Flip or Flop
10.00 My Lottery Dream Home Four editions.
12.00 NOON **Say Yes to the Dress** Double bill.
2.00 PM **Curvy Brides Boutique** Four editions.
4.00 Good Bones
5.00 Dr Pimple Popper
6.00 sMothered
7.00 Sister Wives
8.00 Body Invaders A woman is impaled on an iron spike.
9.00 My Baby's Face Tumour: Body Bizarre
10.00 Monsters Inside Me
11.00 Return to Amish
12.00 M'T **Body Invaders**
1.00 AM **My Baby's Face Tumour: Body Bizarre**
2.00 Monsters Inside Me
3.00 Return to Amish
4.00 to 6.00 AM **Say Yes to the Dress**

+1 hour 233 172

5SELECT

153 152 56 133

9.00 AM **GPs: Behind Closed Doors** Triple bill.
12.00 NOON **Ben Fogle: New Lives in the Wild**
7.00 PM **Ben Fogle: New Lives in the Wild** A man living a nomadic life in French Polynesia. **8.00** Ben meets a family who moved to Rum in the Inner Hebrides.
9.00 Only Fools and Horses: Secrets & Scandals Behind-the-scenes stories of how the show was made.
10.00 Britain's Favourite 70s Hits A look at some of the biggest pop bands of the decade, kicking off in 1970 with The Osmonds and The Jackson 5.
12.00 M'T **World's Most Scenic Railway Journeys** Triple bill.
3.00 AM **Walking Wartime Britain** Documentary.
3.50 to 4.00 AM **Entertainment News**

Quest

144 144 834 169 12 172

6.00 AM **How Trains Changed the World**
7.00 World's Biggest Shipbuilders
8.00 The Woodland Workshop
9.00 Salvage Hunters: The Restorers
10.00 The Repair Shop
11.00 Salvage Hunters
2.00 PM **The Yorkshire Auction House**
3.00 Shed and Buried
5.00 Find It, Fix It, Flog It
7.00 The Woodland Workshop
8.00 Salvage Hunters
9.00 The Repair Shop
10.00 Outback Opal Hunters
11.00 Jade Fever
12.00 M'T **Lost Mines: Restored** Documentary.
1.00 AM **World's Greatest Motorcycle Rides**
3.00 Fifth Gear Recharged
4.00 to 5.00 AM **How It's Made**

+1 hour 244 213 70 168

Quest Red

149 170 40 169

6.00 AM **Say Yes to the Dress**
7.00 Animal Cops Detroit
9.00 My 600lb Life
10.00 Emergency
12.00 NOON **Disappeared**
2.00 PM **Forensic Detectives**
3.00 Say Yes... UK
7.00 Long Lost Family A woman hopes to be reunited with the son she gave up for adoption. **8.00** A woman hopes to meet her father, an American serviceman who was deported before she was born
9.00 The Murder of Arthur Labinjo-Hughes: A Faking It Special The murder of a six-year-old.
10.00 The Detectives: My Killer Case
11.00 Murder on CCTV
12.00 M'T **Forensic Detectives**
1.00 AM **The Perfect Murder**
2.00 Murder Comes to Town
3.00 to 4.00 AM **FBI Files**

+1 hour 249 170

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125 125 823 250 320 325

6.00 AM **Wheeler Dealers**
12.00 NOON **Gold, Lies & Videotape** Six editions, including at: **3.00** PM The Noss family defend their claim against hundreds looking for gold. **4.00** Terry takes over the family's mission and makes a breakthrough with the military. **5.00** An interview with a White Sands soldier exposes the government's involvement.
6.00 **Ed Stafford: First Man Out** Exclusive behind-the-scenes footage from the show.

9.00 Dirty Jobs

7.00 **Alaska: Homestead Rescue** The Raneys rescue a single-father homesteader facing threats of rockslides and bears in a Montana box canyon. Marty and Misty face an uphill battle.
9.00 **Dirty Jobs** New edition Mike farms deer urine for hunters, and performs a necropsy for science on Maryland's shoreline.
10.00 **Diesel Brothers** Redbeard takes on a build of his own, and it's time to see if the *Gama Goat* will sink or swim.
11.00 **Bitchin' Rides** Dave and the guys do a huge job on a Hummer. They convert it to four-wheel drive, swap the engine, redo the interior and give it a fresh paint job.
12.00 M'T **Naked and Afraid**
4.00 **to 5.00** AM **How Do They Do It?**

+1 hour 225 258

Animal Planet

162 251

8.00 AM **The Pool Master**
9.00 **How Do Animals Do That?**
10.00 **Pit Bulls & Parolees**
11.00 **Alaska: Homestead Rescue**
12.00 NOON **The Pool Master**
1.00 PM **Life at Vet University**
2.00 **Pet Nation Renovation**
4.00 **Pit Bulls & Parolees**
5.00 **Alaska: Homestead Rescue** A wildfire prompts Marty to create an evacuation ark for the Grants' livestock.
6.00 **The Pool Master** A boring backyard is transformed into a Japanese-style water garden.

11.00 Wildest Islands...

7.00 **Life at Vet University** Fourth-year student Clint assists in an emergency caesarean on a cocker spaniel.
8.00 **Coyote Peterson: Brave the Wild** Australia's most fascinating lizards. **8.30** The history behind the Tasmanian devil.
9.00 **Tanked** Actor Wilmer Valderrama asks Brett Raymer and Wayde King to build an aquarium with multiple angles .
10.00 **Alaskan Bush People** Barn construction means its all hands on deck, but someone in the family isn't pulling their weight.
11.00 **Wildest Islands of Indonesia** How Indonesia's heat allows its reptiles to thrive.
12.00 M'T **Wildest Europe** The arid lands of southern Europe.
1.00 AM **Alaskan Bush People**
2.00 **Pit Bulls & Parolees**
3.00 **Alaska: Homestead Rescue**
4.00 **to 5.00** AM **The Pool Master**

+1 hour 262 259

Nat Geographic

129 129 825 266

8.00 AM **Food Factory**
9.00 **Lost Tombs of the Pyramids**
10.00 **The Lost Tomb of Alexander the Great** Documentary.
11.00 **Head of John the Baptist**
12.00 NOON **Secrets of Christ's Tomb** Documentary.
1.00 PM **Uncovering Herod's Lost Tomb** Documentary.
2.00 **Lost Tomb of Genghis Khan**
3.00 **China's Megatomb: Secrets of the Terracotta Army**
4.00 **China's Mystery Mummies**
5.00 **Two Million Year Old Boy**
6.00 **Sex in the Stone Age**

9.00 Trafficked

7.00 **Super/Natural** Examining abilities that animals have developed to provide for their young and ensure their bloodline's survival.
8.00 **Airport Security: Rome** Police seize cocaine sewn into a shirt, and discover the drug is hidden in a shoe too.
9.00 **Trafficked with Mariana Van Zeller** New edition An investigation into the trade of human organs on the black market.
10.00 **NEW Fire of Love** Documentary following the story of French volcanologists Katia and Maurice Krafft.
11.35 **Air Crash Investigation** A crash in Missouri in 2004.
12.30 AM **To Catch a Smuggler**
1.30 **JFK: Lost Assassination Tapes**
2.30 **Food Factory**
4.00 **Secrets of the Zoo: Keeper Tales**
4.30 **to 5.00** AM **Exotic Animal ER: Double Dose**

+1 hour 229 267

Sky History

123 123 821 270 353 368

6.00 AM **Ancient Egypt's Darkest Hour** Double bill.
8.00 **Pawn Stars** Six editions.
11.00 **Legends of the Pharaohs: Secrets of the Pyramid Builders** Six editions.
5.00 PM **Bermuda Triangle: Into Cursed Waters** The team begin a hunt for a spy plane lost in the Bermuda Triangle.
6.00 **The Curse of Oak Island** The fellowship are stunned when evidence suggests that a dam lies buried at the end of the swamp.

7.00 Rome: Rise and Fall of...

7.00 **Rome: Rise and Fall of an Empire** A look at the career of the half-Vandal general Stilicho.
8.00 **Rome: Rise and Fall of an Empire** A look at how Ricimer became the power behind the throne of the failing empire.
9.00 **Rome: Rise and Fall of an Empire** How the Barbarian tribes brought about the downfall of the Roman Empire.
10.00 **River Hunters** Beau Ouimette and Rick Edwards visit to Britain's best-preserved Roman frontier – Hadrian's Wall.
11.00 **Colosseum** 7/8. Focusing on Commodus, son of Emperor Marcus Aurelius, who was willing to step out of the Imperial Box and onto the sands of the arena.
12.00 M'T **Forged in Fire**
5.00 **to 6.00** AM **The Curse of Oak Island**

+1 hour 223 271

Yesterday

155 155 846 129 27 159

6.00 AM **Churchill's Bodyguard**.
8.00 **Adolf Hitler's War**
1.00 PM **Joanna Lumley's India** Joanna visits Tamil Nadu. **2.00** Joanna visits the Maharaja of Dungarpur. **3.00** Joanna ends her trip in Kashmir, the place of her birth.
4.00 **Bangers and Cash** Actor Cliff Parisi drops off his Bedford CA campervan. **5.00** A rusty 1970 Fiat 500 goes under the hammer. **6.00** Derek picks up a five-vehicle haul from a collector.

8.00 'Allo 'Allo!

7.00 **Bangers and Cash** A 1970 Excalibur Roadstar, once owned by Roy Orbison, arrives in Thornton-le-Dale.
8.00 **'Allo 'Allo!** René and company dance their way out of the POW camp. **8.30** Colonel Von Strohm is joined by an Italian liaison officer. **9.05** René uses strange means to establish radio contact with England.
9.35 **Hornby: A Model World** The team attempt to replicate the legendary 9F steam locomotive.
10.35 **Bangers and Cash** A rusty 1970 Fiat 500 goes under the hammer.
11.35 **Bangers and Cash** Actor Cliff Parisi drops off his Bedford CA campervan.
12.35 AM **Underground Worlds** A Cold War fortress in Denmark.
1.35 **Churchill's Bodyguard**
2.25 **to 3.00** AM **David Attenborough's Natural Curiosities**

+1 hour 255 217 74

Sunday

7 PM **8 PM** **9 PM** **10 PM**

Disc. History

177 257

6.00 AM **Shed and Buried**
8.00 **Combat Dealers**
9.00 **Tony Robinson's World War One**
10.00 **The Somme: The First 24 Hours**
11.00 **Tony Robinson's Victory in Europe**
12.00 NOON **Truth Behind the Moon Landing**
1.00 PM **NASA's Unexplained Files**
3.00 **Tony Robinson's Wild West** Double bill.
5.00 **Combat Dealers: Reloaded**
6.00 **Lost World of the Colosseum**
7.00 **Hunt for King Arthur's Castle** Documentary.
8.00 **Greatest Events of World War II**
10.00 **Blood and Fury: America's Civil War**
12.00 M'T **Combat Dealers**
2.00 **to 5.00** AM **Massive Engineering Mistakes**

+1 hour 277 261

Eden

166 245

9.00 AM **Outback Vet**
12.00 NOON **Sea of Creepy Monsters** As 6.00pm.
1.00 PM **China's 10 Deadliest Snakes with Nigel Marven**
2.00 **Nature's Nurseries**
3.00 **Outback Vet**
6.00 **Sea of Creepy Monsters** Underwater creatures in Sulawesi.
7.00 **China's 10 Deadliest Snakes with Nigel Marven** Deadly snakes.
8.00 **Nature's Nurseries**
9.00 **Outback Vet**
12.00 M'T **Sea of Creepy Monsters** As 6.00pm.
1.00 AM **China's 10 Deadliest Snakes with Nigel Marven**
2.00 **Nature's Nurseries**
3.00 **Equator: The Line of Life** Triple bill.
5.30 **to 6.00** AM **David Attenborough's Natural Curiosities**

+1 hour 266 246

WILD

165 165 841 264 265

8.00 AM **Safari Live: Gauntlet** Triple bill.
11.00 **Yukon Vet**
12.00 NOON **Cecil: The Legacy of a King**
1.00 PM **Sri Lanka: Leopard Dynasty**
2.00 **Africa's Blood River**
3.00 **The Croc that Ate Jaws: Ancient Enemies**
4.00 **Ten Deadliest Snakes with Nigel Marven**
6.00 **Magic of Disney's Animal Kingdom** New edition Lily the giraffe needs an X-ray.
7.00 **A Leopard's Legacy**
8.00 **Magic of Disney's Animal Kingdom**
9.00 **Great Shark Chow Down** Feeding frenzies.
10.00 **Shark Vs Predator Showdown** Animals that feed on sharks.
11.00 **The Sand Eating Shark**
12.00 M'T **When Sharks Attack**
2.00 AM **Safari Live: Gauntlet**
4.00 **to 5.00** AM **Yukon Vet**

Sky History 2

163 163 840 272

8.00 AM **Ancient Aliens**
9.00 **Ancient Aliens: The Ultimate Evidence**
10.00 **Britain's Most Historic Towns** Double bill.
1.00 PM **WW2 Treasure Hunters** Triple bill.
4.00 **What on Earth?**
6.00 **Ancient Superstructures**
7.00 **History of Weapons**
8.00 **Egypt's Unexplained Files** The secrets of health and wealth.
9.00 **Encounter: UFO** Close encounters with UFOs.
10.00 **Britain's Greatest Obsessions** The appeal of Winston Churchill.
11.00 **Kings of Pain**
12.00 M'T **Curse of Skinwalker Ranch**
1.00 AM **The Invisibles: Hunting Narcos**
2.00 **Britain's Most Historic Towns** Triple bill.
5.00 **to 6.00** AM **What on Earth?**

PBS America

174 273 84 155

8.00 AM **Beautiful Serengeti**
8.45 **Singapore on Film**
10.50 **Asteroid Rush**
1.00 PM **Beautiful Serengeti**
1.30 **Augmented**
2.40 **World War II: The Last Heroes** Testimonies from veterans offer an insight into the conflict. **3.40** The inadequacies of British tanks. **4.40** A momentous battle in Normandy. **5.40** Allied efforts to retake the port at Antwerp in Belgium. **6.45** An American soldier remembers his baptism of fire. **7.45** The Allies' arrival at the River Rhine.
8.45 **Asteroid Rush** 1&2/2. The science behind the film *Don't Look Up*.
10.55 **A Short History of the English Garden**
12.00 M'T **The Covid Cruise**
1.10 **to 2.00** AM **Beautiful Serengeti**

CI

156 156 834 198

6.00 AM **I Knew My Murderer**
7.00 **Court Cam**
9.00 **Killer in Plain Sight**
1.00 PM **The Redemption Project with Van Jones**
5.00 **Murdered By Morning**
8.00 **Bubble & Squeak Murder: The Killing of David Jackson** An investigation into the murder of David Jackson in 2021. **9.00** Examining how Penny Jackson murdered her husband.
10.00 **Jo Frost on Britain's Killer Kids** Parenting expert Jo Frost explores the psychology of Daniel Bartlam, who killed his mother with a hammer.
11.00 **The First 48** An economics professor is shot dead in his home.
12.00 M'T **Sex, Lies and Murder** Triple bill.
3.00 **to 6.00** AM **Killer in Plain Sight**

+1 hour 256 222

SKY HD SD | VIRGIN HD | FREEVIEW HD | FREESAT HD | BT HD

SUNDAY Films

Sunday

Sky Cinema Premiere

301 301 848 401 501 515

6.35 AM **Brian and Charles** Comedy. (2022, PG) ★★★★
8.15 **The Independent** As 8pm.
10.15 **PREMIERE Where Is Anne...**
12.15 PM **The Invitation** As 10pm.
2.15 **Lamborghini: The Man Behind the Legend** (2022)
4.10 **Paradise City** Crime thriller. (2022, 15, 94min) ★★
6.00 **PREMIERE Where Is Anne Frank** Animated drama. (2021, PG, 99min) ★★★★
See review, page 23.

6.00 Where Is Anne Frank

8 PM

8.00 **The Independent** Drama starring Jodie Turner-Smith, Brian Cox and Luke Kirby. A journalist discovers a conspiracy involving a US presidential candidate. (2022, 12, 108min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10 PM

10.00 **The Invitation** Horror with Nathalie Emmanuel. A young woman is swept off her feet, but there is more to the seduction than meets the eye. (2022, 15, 105min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11 PM

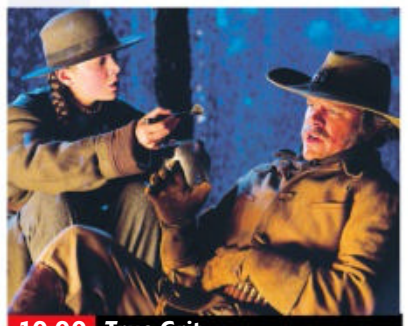
12.00 M'T **Lamborghini: The Man Behind the Legend** Drama. (2022, 12, 97min) ★★
2.05 AM **Paradise City** As 4.10pm.
3.50 **Dakota** Family drama. (2022, PG, 96min) ★★
5.45 **to 6.00** AM **The Cinema List: Sports Films**

+1 hour 312

Sky Cinema Hits

303 303 857 403 503 517

6.00 AM **Four Kids and It** (2020)
7.55 **The Three Musketeers** Adventure. (2011, 12) ★★★
9.50 **A Knight's Tale** Action comedy. (2001, PG, 132min) ★★★
12.05 PM **Godzilla** Monster movie remake. (1998, PG) ★★★
2.25 **Ace Ventura Pet Detective** Comedy. (1993, 12) ★★★★
3.55 **Ace Ventura: When Nature Calls** Comedy. (1995, PG) ★★
5.35 **Cast Away** Adventure drama. (2000, 12, 143min) ★★★★


10.00 True Grit

8.00 **The Pursuit of Happyness** Drama based on a true story, starring Will Smith. A single father in early 1980s San Francisco endures poverty and homelessness as he struggles to make the grade as a stockbroker. (2006, 12, 117min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

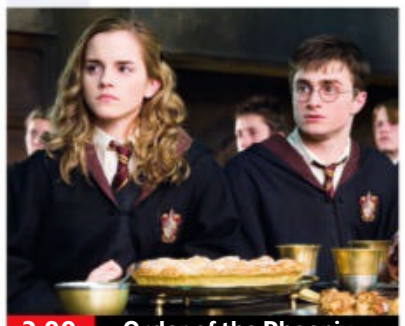
10.00 **True Grit** Western remake starring Jeff Bridges and Hailee Steinfeld. A teenage girl seeking to avenge her father's murder turns to a drunken US Marshal for assistance. (2010, 15, 110min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **Paranormal Activity 3** Found-footage horror thriller prequel. (2011, 15, 84min) ★
1.35 AM **The Glorias** Biopic. (2020, 12, 139min) ★★★
4.10 **The Cinema List: The 90s**
4.35 **to 6.35** AM **Four Kids and It** Fantasy. (2020, PG) ★★★

Sky Cinema Wizarding World

306 306 850 406 506 520

6.10 AM **Harry Potter and the Chamber of Secrets** (2002)
8.55 **Harry Potter and the Prisoner of Azkaban** (2004)
11.20 **Harry Potter and the Goblet of Fire** Fantasy adventure. (2005, 12, 157min) ★★★
2.00 PM **Harry Potter and the Order of the Phoenix** Fantasy. (2007, 12, 132min) ★★★
4.20 **Harry Potter and the Half-Blood Prince** Fantasy. (2009, 12, 153min) ★★★★★


2.00 ...Order of the Phoenix

6.55 **Harry Potter and the Deathly Hallows: Part I** Fantasy adventure starring Daniel Radcliffe, Rupert Grint and Emma Watson. (2010, 12, 146min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.30 **Harry Potter and the Deathly Hallows: Part II** Fantasy adventure concluding the film series based on JK Rowling's bestselling books, starring Daniel Radcliffe. (2011, 12, 130min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.45 **Harry Potter and the Philosopher's Stone** Fantasy starring Daniel Radcliffe. (2001, PG, 152min) ★★★★
2.25 AM **Harry Potter and the Chamber of Secrets** Fantasy starring Daniel Radcliffe. (2002, PG, 161min) ★★★★
5.15 **to 7.50** AM **Harry Potter and the Prisoner of Azkaban** Fantasy adventure starring Daniel Radcliffe. (2004, PG, 142min) ★★★★★

Sky Cinema Ultimate Action

307 307 851 407 507 521

6.20 AM **After Earth** As 1.45am.
8.05 **The Suicide Squad** As 9pm.
10.20 **Batman Begins** Dark thriller. (2005, 12, 140min) ★★★★
12.40 PM **The Dark Knight** Dark comic-book action thriller. (2008, 12, 152min) ★★★★
3.15 **The Dark Knight Rises** Action drama starring Christian Bale. (2012, 12, 164min) ★★★★
6.05 **The Batman** Comic-book drama with Robert Pattinson. (2021, 15, 176min) ★★★★

9.00 The Suicide Squad

The Batman (film started at 6.05pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **The Suicide Squad** Comic-book adventure comedy starring Idris Elba. Supervillains Harley Quinn, Bloodsport, Peacemaker and a rag-tag bunch of cons at Belle Reve prison join a secret task force. (2021, 15, 132min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.15 **The Raid 2** Action thriller sequel starring Iko Uwais and Arifin Putra. Partly subtitled. (2014, 18, 150min) ★★★★
1.45 AM **After Earth** Sci-fi adventure with Will and Jaden Smith. (2013, 12, 98min) ★★
3.30 **Battle: Los Angeles** Sci-fi adventure with Aaron Eckhart and Michelle Rodriguez. (2011, 12, 116min) ★★★
5.30 **to 6.00** AM **Sky Cinema Preview**

Sky Cinema Comedy

308 308 408 508 522

6.40 AM **Eurotrip** As 3.35am.
8.30 **Gambit** Farcical heist comedy. (2012, 12, 85min) ★★★
10.15 **Goon** Sports comedy. (2011, 15, 91min) ★★★
12.05 PM **Nacho Libre** As 10.00pm.
1.55 **Pixels** As shown at 1.35am.
3.55 **Big Gold Brick** Comedy drama starring Emory Cohen. (2022, 15, 135min) ★★★
6.10 **Blades of Glory** Sports comedy starring Will Ferrell. (2007, 12, 93min) ★★★

6.10 Blades of Glory

8.00 **Delivery Man** Comedy drama remake starring Vince Vaughn and Chris Pratt. A man who made donations to a sperm bank learns he has more than 500 children, and tries to help them with their lives. (2013, 12, 102min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Nacho Libre** Comedy with Jack Black and Ana de la Reguera. (2006, 12, 92min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.50 **Napoleon Dynamite** Teen comedy starring Jon Heder as a nerdy teenager growing up in a small Idaho town. (2004, PG, 95min) ★★★★
1.35 AM **Pixels** Sci-fi comedy starring Adam Sandler. (2015, 12, 105min) ★★
3.35 **Eurotrip** Teen comedy starring Scott Mechlowicz. (2004, 15, 90min) ★
5.25 **to 6.10** AM **Sky Cinema Preview**

primetime

Sky Cinema Greats

304 304 849 404 504 518

6.50 AM **Watership Down** Animation. (1978, U, 92min) ★★★★
8.30 **Sunset Boulevard** As 6.00pm.
10.30 **Prisoners** Crime thriller. (2013, 15, 153min) ★★★★
1.10 PM **Alfie** Classic comedy drama. (1966, 15, 114min) ★★★★
3.10 **Once Upon a Time in the West** Sergio Leone's classic Western starring Charles Bronson. (1968, 15, 165min) ★★★★★

6.00 **Sunset Boulevard** Classic drama starring William Holden and Gloria Swanson. (1950, b/w, PG, 110min) ★★★★★
8.00 **A Beautiful Mind** Biopic starring Russell Crowe as John Nash, a mathematician who suffered from paranoid schizophrenia but went on to win the Nobel Prize. With Jennifer Connelly. (2001, 12, 136min) ★★★★
10.20 **The Accused** Oscar-winning drama starring Jodie Foster. (1988, 18, 111min) ★★★★

12.15 AM **American Beauty** Satirical comedy starring Kevin Spacey and Annette Bening. (1999, 18, 122min) ★★★★★
2.20 **to 6.00** AM **The Ten Commandments** Cecil B DeMille's epic biblical drama. (1956, U, 219min) ★★★★

Sky Cinema Animation

305 305 412 500 514

7.05 AM **Cloudy with a Chance of Meatballs** Animated comedy. (2009, U, 90min) ★★★★
8.50 **The Croods 2: A New Age** Animated comedy sequel. (2020, U, 91min) ★★★★
10.30 **Sing 2** Animated sequel. (2021, PG, 110min) ★★★★
12.25 PM **Free Birds** Animated comedy with the voice of Owen Wilson. (2013, U, 91min) ★★

2.10 **Paws of Fury: The Legend of Hank** Animated comedy. (2022, PG, 97min) ★★★
4.00 **Storks** Animated adventure. (2016, U, 87min) ★★★
5.30 **Spirit Untamed** Animation. (2021, U, 88min) ★★★
7.10 **The Ant Bully** Animation. (2006, U, 89min) ★★★★
8.55 **The Amazing Maurice** Animation. (2022, PG) ★★★★
10.40 **Cloudy with a Chance of Meatballs 2** Animated comedy sequel. (2013, U, 93min) ★★★

12.25 AM **Molly Monster** Animated adventure. (2016, U, 72min) ★★
1.45 **Storks** As shown at 4.00pm.
3.15 **Paws of Fury: The Legend of Hank** As shown at 2.10pm.
4.50 **to 6.30** AM **Justin and the Knights of Valour** Animation. (2013, PG, 96min) ★★

TCM Movies

315 415

6.00 AM **Close Up** Five editions.
8.55 **The Best Years of Our Lives** Drama. (1946, U) ★★★★
12.25 PM **The Treasure of the Sierra Madre** Adventure. (1948, b/w, PG, 126min) ★★★★★
3.00 **The Lonely Man** Western. (1957, b/w, PG, 87min) ★★★
4.50 **The Spy Who Came in from the Cold** Spy thriller. (1965, b/w, PG, 107min) ★★★★

7.10 **Riding Shotgun** Western starring Randolph Scott, Charles Bronson and Wayne Morris. (1954, U, 75min) ★★
8.40 **Off Set** Ben Miller talks about his acting career.
9.00 **The Dead Pool** Action thriller starring Clint Eastwood. 'Dirty Harry' investigates a bizarre series of celebrity murders, while making sure he's not the next famous victim. With Patricia Clarkson and Liam Neeson. (1988, 18, 91min) ★★

11.00 **2001: A Space Odyssey** Stanley Kubrick's sci-fi epic with Gary Lockwood and Keir Dullea. (1968, U, 136min) ★★★★★
1.50 AM **Teleshopping**
4.00 **to 6.00** AM **Close Up**

+1 hour 316 417

Talking Pictures

328 445 82 306

6.00 AM **Impulse** Suspense thriller. (1954, b/w, PG, 90min) ★★
7.40 **Hillary on Everest**
9.15 **Action for Skids**
9.35 **Fantastic Voyage** Sci-fi thriller. (1966, U, 100min) ★★★★
11.35 **Doctor in the House** Comedy. (1954, U, 91min) ★★★
1.25 PM **Second Time Around**
3.20 **Genevieve** Vintage comedy. (1953, U, 83min) ★★★★★

5.00 **The Footage Detectives**
6.00 **The Saint**
7.00 **The Lavender Hill Mob** Ealing comedy starring Alec Guinness as a mild-mannered bank employee who hatches a plan to steal a fortune in gold bullion. (1951, b/w, U, 81min) ★★★★★
8.40 **Look at Life** Documentary
9.00 **The Onedin Line** 11/14. (S2)
10.00 **Personal Services** Comedy starring Julie Walters, Alec McCowen and Danny Schiller. (1987, 18, 105min) ★★★

12.10 AM **Blame It on the Bellboy** Comedy. (1991, 15, 78min) ★
1.45 **The Heritage Chart Show with Mike Read** Music show.
2.50 **Age of Innocence** Drama. (1977, 15, 101min) ★★★
4.45 **to 6.00** AM **The Hangman Waits** (1947, b/w, PG) ★★★

HorrorXtra

317 192 138

HorrorXtra programmes start at 5.00pm

5.00 PM **Killer Bees** Thriller. (2002, PG, 91min) ★
6.50 **This Is HorrorXtra**
7.00 **Mega Shark vs Kolossus** Fantasy thriller starring Illeana Douglas. (2015, 12, 90min) ★
8.50 **This Is HorrorXtra**
9.00 **Iron Sky: The Coming Race** Fantasy adventure starring Lara Rossi. The last of mankind, struggling to co-exist on the moon, race to battle an extraordinary enemy and save humanity. (2019, 15, 90min) ★

10.55 **The Final Wish** Horror thriller starring Michael Welch and Lin Shaye. (2019, 15, 95min) ★★
12.50 AM **This Is HorrorXtra**
1.00 **Killer Bees** As 5.00pm.
2.50 **to 3.00** AM **This Is HorrorXtra**

+1 hour 318 219 139

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Thriller

309 309 409 509 523

6.00 AM **The Comeback Trail** Crime comedy. (2020, 12) ★★★
7.55 **The Cinema List: Bourne**
8.20 **Red Eye** (2005, 12) ★★★★
10.00 **The Desperate Hour** Thriller. (2021, 12, 84min) ★★★★
11.30 **Layer Cake** (2004, 15) ★★★★
1.20 PM **A Few Good Men** Drama. (1992, 15, 132min) ★★★★
3.40 **2 Days in the Valley** Thriller. (1996, 18, 105min) ★★★★
5.35 **Clear and Present Danger** Action thriller. (1994, 12) ★★★

5.35 Clear and Present Danger

8.00 **The Manchurian Candidate** Thriller remake with Denzel Washington. A Gulf War hero wins the US vice-presidential nomination, but his former platoon commander discovers he is being manipulated by a sinister corporation. (2004, 15, 130min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.10 **No Sudden Move** Crime drama starring Don Cheadle, Benicio Del Toro and Jon Hamm. A group of criminals are brought together under mysterious circumstances. (2021, 15, 115min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.10 AM **The Cold Light of Day** Thriller. (1995, 18, 101min) ★
1.55 **The Warriors** Urban thriller. (1979, 15, 94min) ★★★
3.40 **Undertow** Suspense thriller. (2018, 18, 96min) ★★★★
5.30 **to 6.00** AM **Sky Cinema Preview**

Sky Cinema Drama

310 310 410 510 524

6.30 AM **In the Heights** As 3.25am.
8.55 **Mamma Mia!** Musical drama. (2008, PG, 108min) ★★★★
10.55 **P.S. I Love You** Comedy drama. (2007, 12, 121min) ★★★
1.05 PM **Downton Abbey: A New Era** Drama. (2022, PG) ★★★
3.15 **Dear John** Romantic drama. (2010, 12, 108min) ★★
5.05 **The Truman Show** Comedy. (1997, PG, 99min) ★★★★
6.50 **Operation Mincemeat** War drama. (2021, 12) ★★★★

9.00 Donnie Brasco

Operation Mincemeat (film started at 6.50pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

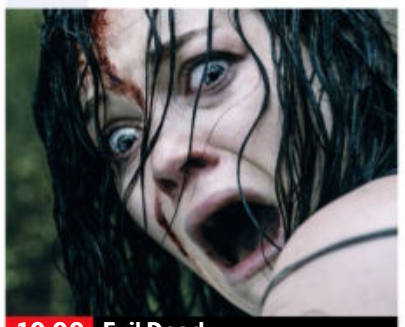
9.00 **Donnie Brasco** Crime drama based on a true story, starring Al Pacino and Johnny Depp. An ageing gangster takes a young man under his wing, unaware that he is an FBI agent seeking to infiltrate the Mob. (1997, 18, 126min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.15 **Old Henry** Western thriller starring Tim Blake Nelson, Scott Haze and Gavin Lewis. (2021, 15, 99min) ★★★★
1.05 AM **Murder at Yellowstone City** Western starring Gabriel Byrne and Thomas Jane. (2022, 15, 127min) ★★★
3.25 **to 6.00** AM **In the Heights** Musical starring Anthony Ramos, Corey Hawkins, Leslie Grace and Melissa Barrera. (2021, PG, 143min) ★★★

Sky Cinema Sci-Fi/Horror

311 311 858 411 511 525

6.35 AM **Paycheck** As 3.55pm.
8.45 **The Host** As 11.35pm.
11.05 **A Quiet Place Part II** Horror sequel starring John Krasinski. (2020, 15, 97min) ★★★★
12.55 PM **Interstellar** Sci-fi drama with Matthew McConaughey. (2014, 12, 166min) ★★★★
3.55 **Paycheck** Sci-fi thriller with Ben Affleck and Uma Thurman. (2003, 12, 119min) ★★★
6.05 **Frailty** Horror with Bill Paxton. (2001, 15, 100min) ★★★


10.00 Evil Dead

8.00 **Sleepy Hollow** Tim Burton's comic horror fantasy starring Johnny Depp and Christina Ricci. In 1799, a New York constable investigates the apparent crimes of a murderous headless horseman. (1999, 15, 105min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Evil Dead** Horror remake starring Jane Levy and Shiloh Fernandez. (2013, 18, 89min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.35 **The Host** Romantic sci-fi thriller starring Saoirse Ronan, Jake Abel and Max Irons. (2013, 12, 127min) ★★★
1.45 AM **Shadowhunter** Horror starring Scott Glenn. Angela Alvarado and Benjamin Bratt. (1993, 18, 97min) ★★
3.30 **Reminiscence** Sci-fi romance starring Hugh Jackman. (2021, 12, 116min) ★★★
5.30 **to 6.30** AM **Sky Cinema Preview**

Sky Cinema Cult Classics

302 302 856 402 502 516

6.00 AM **Hot Rod** (2007) ★★★★
7.30 **Wayne's World** (1992) ★★★★
9.10 **Wayne's World 2** Comedy sequel. (1993, PG) ★★★
10.50 **Ferris Bueller's Day Off** Teen comedy. (1986, 12) ★★★★
12.35 PM **Pretty in Pink** Comedy drama. (1986, 15) ★★★★
2.15 **Stand by Me** Nostalgic drama. (1986, 15, 89min) ★★★★★
3.45 **Young Sherlock Holmes** Fantasy. (1985, PG) ★★★
5.35 **Hook** Fantasy. (1991, U) ★★

8.00 Jaws

8.00 **Jaws** Steven Spielberg's monster thriller starring Roy Scheider, Robert Shaw and Richard Dreyfuss. A killer shark terrorises a beach resort on America's east coast. (1975, 12, 125min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.10 **The Running Man** Sci-fi adventure starring Arnold Schwarzenegger as an escaped convict forced to participate in a deadly, gladiatorial game show. (1987, 18, 101min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.55 **Blade** Action adventure chiller starring Wesley Snipes. (1998, 18, 121min) ★★★
2.00 AM **Sliver** Erotic thriller. (1993, 18, 106min) ★★
3.50 **Halloween H20** Horror sequel. (1998, 18, 85min) ★
5.30 **to 6.15** AM **Sky Cinema Preview**

Film4

313 313 855 428 14 300

■ **Films start at 11.00am**
11.00 AM **CutThroat Island** Swashbuckling adventure. (1995, PG, 123min) ★★
1.35 PM **Crocodile Dundee II** Comedy adventure sequel. (1988, PG, 111min) ★★
3.50 **City Slickers** Comedy Western starring Billy Crystal. (1991, 12, 114min) ★★★★★
6.15 **Star Trek Into Darkness** Sci-fi adventure sequel. (2013, 12, 132min) ★★★★

3.50 City Slickers

Star Trek Into Darkness (film started at 6.15pm) **8 PM**
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Independence Day: Resurgence** Sci-fi adventure starring Jeff Goldblum and Liam Hemsworth. Two decades after the world was saved from an alien attack, a second even deadlier invasion begins. (2016, 12, 120min) ★★★ **9 PM**
SEX ●●● VIOLENCE ●●● LANG ●●●

11.20 **Mechanic: Resurrection** Action thriller sequel starring Jason Statham. A hitman is blackmailed into committing three assassinations when his enemy kidnaps his girlfriend. (2016, 15, 98min) ★★ **10 PM**
1.15 **to 3.30** AM **Last Orders** Ensemble comedy drama starring Michael Caine. (2001, 15, 109min) ★★★★ **11 PM**

+1 hour 314 430 47 301

GREAT! movies romance

319 424 52 303

6.00 AM **Made for You, with Love** Romance. (2019, U, 90min) ★★
8.00 **Appetite for Love** Romantic comedy. (2016, 84min) ★★
10.00 **Love at Sea** Romantic drama. (2018, PG, 90min) ★★
12.00 NOON **Love on the Menu** Drama. (2019, PG, 90min) ★★
2.00 PM **Love at the Shore** Romantic comedy drama. (2017, PG, 84min) ★★
4.00 **Love in Design** Romantic comedy. (2018, PG, 86min) ★★
6.00 **Like Cats and Dogs** Romantic comedy starring Wyatt Nash. (2017, PG, 81min) ★★
8.00 **Hitch** Romantic comedy with Will Smith and Eva Mendes. (2005, 12, 118min) ★★★
10.15 **The Wedding Fix** Romantic drama starring Andrea Brooks. (2022, PG, 87min) ★★
12.00 M'T **Love, Bubbles & Crystal Cove** Romantic drama. (2021, PG, 85min) ★★
1.40 AM **Hello, It's Me** Romantic drama. (2015, PG, 90min) ★★
3.10 **Forever in My Heart** Romantic drama. (2019, U, 90min) ★★
4.40 **to 6.00** AM **Love on Harbor Island** Drama. (2020, PG) ★★

+1 hour 320 303 63 304

GREAT! movies

321 425 34 302

9.10 AM **My Mother's Killer Boyfriend** Suspense thriller. (2019, PG, 90min) ★★
11.10 **Starman** Sci-fi fantasy. (1984, PG, 115min) ★★★★
1.35 PM **The League of Extraordinary Gentlemen** Fantasy adventure. (2003, 12, 110min) ★★
3.45 **47 Ronin** Fantasy adventure. (2011, 12, 119min) ★★
6.05 **Exodus: Gods and Kings** Biblical epic starring Christian Bale. The adoptive brother of the pharaoh of Egypt tries to free the country's slaves during a series of plagues. (2014, 12, 147min) ★★★
9.00 **The Last Witch Hunter** Fantasy adventure starring Vin Diesel. An immortal warrior faces a showdown with an evil sorceress who tried to wipe out the human race in the Middle Ages. (2015, 12, 104min) ★★★
11.10 **Cell** Sci-fi thriller starring John Cusack. (2014, 15, 95min) ★★★
1.15 AM **The Guest** Thriller. (2014, 15, 100min) ★★★★
3.30 **to 6.00** AM **Evening** Romance. (2007, 12, 117min) ★★★★

+1 hour 322 61

GREAT! movies action

323 426 42 305

6.00 AM **Operation Barbarossa**
7.00 **Combat Squad** War drama. (1953, PG, 72min) ★★
8.35 **The Mountain Road** Adventure. (1959, U, 90min) ★★
10.45 **Suicide Mission** Wartime drama. (1956, U, 69min) ★★
12.15 PM **The Devil's Brigade** War drama. (1968, PG, 126min) ★★
3.00 **Hannah's Law** Western. (2012, PG, 88min) ★★
4.50 **Meek's Cutoff** Western. (2010, PG, 102min) ★★★
7.00 **Two Rode Together** Western starring James Stewart as a marshal hired to rescue pioneers captured by Comanche Indians. With Richard Widmark. (1961, PG, 109min) ★★★
9.15 **Escape Plan 3** Action thriller sequel with Sylvester Stallone. Security expert Ray Breslin is hired to rescue the kidnapped daughter of a Hong Kong tech mogul. (2019, 15, 97min) ★
11.10 **Extraction** Action thriller. (2015, 15, 88min) ★
1.00 AM **Assassination Games** Thriller. (2010, 18, 95min) ★★
3.00 **to 4.00** AM **The War in the Jungle**

+1 hour 324

Movies 24

325 419

7.00 AM **Hidden Gems** As 7pm.
9.00 **Game, Set, Love** As 9pm.
11.00 **The Journey Ahead** As 11pm.
1.00 PM **To Her, With Love** As 1am.
3.00 **Feature Movie**
5.00 **The Wedding Arrangement** Drama starring Kristina Cole. A botanist and a photographer work together to create flower arrangements for a wedding. (2022, PG, 90min) ★★
7.00 **Hidden Gems** Romantic comedy starring Hunter King and Beau Mirchoff. A woman rediscovers her love of the sea while searching for her grandmother's ring in the waters of Hawaii. (2022, PG, 85min) ★★
9.00 **Game, Set, Love** Romantic comedy starring Davida Williams and Richard Harmonv. A former tennis pro coaches an infamous player for a tournament, and sees past his bad reputation. (2022, PG, 84min) ★★
11.00 **The Journey Ahead** Comedy starring Holly Robinson Peete. (2022, PG, 102min) ★★
1.00 AM **To Her, With Love** Drama. (2022, PG, 84min) ★★
3.00 **to 5.00** AM **Feature Movie**

+1 hour 326 420

FILMS ON OTHER CHANNELS

6pm TILL LATE

6.30 PM **Snow White and the Huntsman** *ITV2* Fantasy. ★★★
6.35 **Escape to Victory** *5Action* ★★
7.10 **Apollo 11** *Sky Documentaries* Documentary. ★★★★★
8.00 **Raiders of the Lost Ark** *E4* Rollicking adventure. ★★★★★
9.00 **The Sixth Sense** *5STAR* Thriller starring Bruce Willis. ★★★★★
9.00 **Police Academy 3: Back in Training** *Comedy Central* ★
9.00 **Ape vs Monster** *Sky Sci-Fi* ★★
9.00 **Contraband** *5Action* ★★★
10.00 **The King's Speech** *BBC2* Drama starring Colin Firth. ★★★★★
10.00 **Predators** *ITV4* Sci-fi action sequel with Adrien Brody. ★★★
10.15 **Instant Family** *E4* Comedy starring Mark Wahlberg. ★★★★
11.00 **Megaboa** *Sky Sci-Fi* Action thriller with Eric Roberts. ★★
11.10 **Mud** *BBC1 (Scot: 12.10am)* Coming-of-age drama. ★★★★
11.10 **Max Payne** *5Action* ★★★
11.15 **Unbreakable** *5STAR* ★★★★
11.50 **Tulip Fever** *BBC2* Drama. ★★★
12.00 M'T **Charlie's Angels: Full Throttle** *Channel 4* Thriller. ★
12.50 AM **The Act of Killing** *Sky Documentaries* ★★★★

Sunday

Sky Sports Main Event

401 401 859 | 511 501 | 420 440

6.00 AM **Sky Sports News**
7.00 **LIVE DP World Tour Golf** The fourth and final day of the Hero Indian Open at the DLF Golf & County Club near New Delhi.
11.30 **Super Sunday Matchday**
12.00 NOON **Sports Sunday**
12.30 PM **LIVE Super Sunday Tottenham Hotspur v Chelsea.** Coverage of the Premier League clash from the Tottenham Hotspur Stadium. Kick-off is at **1.30pm**.
3.30 **LIVE EFL Cup Final Manchester United v Newcastle United.** Coverage of the final from Wembley Stadium. Kick-off **4.30pm**. The Red Devils last lifted this trophy in 2017 and eliminated Aston Villa, Burnley, Charlton Athletic and Nottingham Forest to reach this showpiece occasion. Newcastle's last major domestic trophy of any kind came back when they won the FA Cup in 1955. *See feature, page 28.*
7.30 **LIVE PGA Tour Golf** The fourth and final day of the Honda Classic at the PGA National Golf Club in Palm Beach Gardens, Orlando.
11.00 PM **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 860 | 512 502 | 421 441

6.00 AM **Premier League Highlights**
7.30 **SNF** Double bill of action.
8.30 **Premier League Highlights**
9.00 **SNF** Double bill of action.
10.00 **Super Sunday Matchday**
12.00 NOON **Sports Sunday**
12.30 PM **LIVE Super Sunday Tottenham Hotspur v Chelsea.** Coverage of the Premier League clash from the Tottenham Hotspur Stadium. Kick-off is at **1.30pm**.
4.00 **FIFA Eworld Cup Series**
5.00 **Premier League Stories**
5.30 **Premier League Best Goals**
6.00 **Premier League Highlights**
6.30 **SNF** A look back at highlights of Bournemouth v Manchester City. **7.00** Crystal Palace v Liverpool.
7.30 **Premier League Highlights**
8.00 **Premier League Years**
10.00 **Premier League Highlights**
10.30 **SNF** Double bill of action.
11.30 **Premier League Highlights**
12.00 M'T **SNF** Double bill of action.
1.00 AM **Premier League Highlights**
1.30 **SNF** Double bill of action.
2.30 **Premier League Highlights**
3.00 **PL Greatest Games**
4.00 **PL Best Goals 14/15**
5.00 **Premier League Best Goals**
5.30 **to 6.00** AM **P: 100 Club**

Sky Sports Football

403 403 861 | 513 503 | 422 442

6.00 AM **EFL Goals: Leagues 1 & 2**
6.30 **EFL Highlights**
8.00 **EFL Goals: Leagues 1 & 2**
8.30 **EFL Highlights**
10.00 **EFL Goals: Leagues 1 & 2**
10.30 **EFL Highlights**
11.15 **EFL Greatest Games**
11.25 **LIVE W.Serie A Sampdoria v AS Roma.** The Italian women's match. Kick-off is at **11.30am**.
1.30 PM **EFL Goals: Leagues 1 & 2**
2.00 **EFL Cup Highlights**
3.00 **LIVE EFL Cup Final Manchester United v Newcastle United.** Coverage of the final from Wembley. Kick-off **4.30pm**. *See feature, page 28*
7.30 **Best Goals: EFL Cup 2022/23**
8.00 **EFL Highlights**
10.30 **EFL Goals: Leagues 1 & 2**
11.00 **EFL Highlights**
11.30 **Best Goals: EFL Cup 2022/23**
12.00 M'T **EFL Cup Highlights**
1.00 AM **Best Goals: EFL Cup 2022/23** Memorable strikes.
1.30 **EFL** Football League action.
4.00 **EFL Cup Highlights**
5.00 **Best Goals of the Carabao Cup 2020/21** Memorable strikes.
5.30 **to 6.00** AM **Best Goals: EFL Cup 2021-22**

Sky Sports Cricket

404 404 862 | 514 504 | 423 443

6.00 AM **Women's World T20 Classics** Five editions
8.00 **Women's ICC World T20 Cricket** The first semi-final. **9.00** The second semi-final.
9.55 **Women's World T20 Classics**
10.30 **Women's ICC World T20 Cricket** The first semi-final. **11.30** The second semi-final.
12.30 PM **LIVE Women's T20 World Cup Final** Coverage of this afternoon's final staged at Newlands in Cape Town.
5.00 **LIVE Pakistan Super League Lahore Qalandars v Peshawar Zalmi.** The T20 match staged at the Gaddafi Stadium in Lahore.
6.00 **Women's World T20 Classics**
7.00 **Women's ICC World T20 Cricket** This year's final.
8.00 **Pakistan Super League**
10.00 **Women's ICC World T20 Cricket** This year's final.
11.00 **Women's ICC World T20 Cricket** A re-run of the final.
3.30 AM **Women's World T20 Classics** The 2009 final.
4.00 **Women's ICC World T20 Cricket** This year's final.
5.00 **to 6.00** AM **Pakistan Super League Highlights**

Sky Sports Golf

405 405 863 | 515 505 | 424 444

6.00 AM **Chronicles of a Champion Golfer** Profile of Jack Nicklaus.
6.30 **The Improvers**
6.45 **DP World Tour Golf**
7.00 **LIVE DP World Tour Golf** The fourth and final day of the Hero Indian Open at the DLF Golf & County Club near New Delhi.
11.30 **LPGA Tour Golf**
12.30 PM **Women In Golf: Breaking with Tradition** Documentary focusing on some of the pioneers shaping the future of golf.
1.30 **LIVE PGA Tour Golf** Featured groups on the closing day of the Honda Classic at the PGA National Golf Club in Palm Beach Gardens.
6.00 **LIVE PGA Tour Golf** Further coverage of the fourth and final day of the Honda Classic.
11.00 **DP World Tour Golf** Action from the fourth and final day of the Hero Indian Open.
12.00 M'T **LPGA Tour Golf** The final day of the Honda LPGA Thailand.
1.00 AM **DP World Tour Golf**
2.00 **LPGA Tour Golf**
3.00 **DP World Tour Golf**
4.00 **to 6.00** AM **Chronicles of a Champion Golfer**

BT Sport 1

413 413 870 | 527 | 408 430

6.00 AM **ESPN FC** Football news.
6.30 **LIVE A-League Women Melbourne Victory Women v Adelaide United Women.** Coverage from AAMI Park in Melbourne. Kick-off **6.40am**.
8.45 **LIVE Isuzu UTE A-League Brisbane Roar v Perth Glory.** Coverage from Dolphin Stadium in Kippa-Ring, Brisbane.
10.45 **BT Sport Reload**
11.00 **The High Performance Podcast**
12.00 NOON **LIVE Gallagher Premiership Rugby Union Exeter Chiefs v Sale Sharks.** The top-flight match from Sandy Park. Kick-off **1.00pm**.
3.15 PM **UEFA Champions League**
3.45 **What I Wore: Owen Hargreaves**
4.00 **LIVE Ligue 1 Monaco v Nice.** The French top-flight clash from Stade Louis II. Kick-off **4.05pm**.
6.00 **WWE Friday Night SmackDown**
7.30 **The High Performance Podcast**
8.30 **Test Cricket Highlights**
9.30 PM **to 6.00** AM **LIVE Test Cricket New Zealand v England.** Coverage of day four of the second and final Test from Cello Basin Reserve, Wellington.

BT Sport 2

414 414 871 | 528 | 409 431

7.00 AM **Premier League – The Big Interview**
7.30 **Vanarama National League**
9.00 **WWE Raw Highlights**
10.00 **WWE SmackDown Highlights**
11.00 **ESPN FC** Football news.
11.30 **LIVE Serie A Bologna v Inter Milan.** Coverage from Stadio Renato Dall'Ara. Kick-off **11.30am**.
1.30 PM **Vanarama National League**
2.00 **LIVE Serie A Salernitana v Monza.** Coverage from Stadio Arechi. Kick-off **2.00pm**.
4.00 **Test Cricket Highlights**
5.00 **LIVE Serie A Udinese v Spezia.** Coverage of the Italian top-flight encounter from Dacia Arena. Kick-off is at **5.00pm**.
7.00 **Golazzo Live**
7.45 **LIVE Serie A AC Milan v Atalanta.** Coverage of the Italian top-flight encounter from the San Siro. Kick-off is at **7.45pm**.
10.00 **WWE NXT UK Classics**
11.00 **WWE SmackDown Highlights**
12.00 M'T **WWE NXT**
1.45 AM **World Poker Tour Series**
4.45 **UEFA Champions League – Stories of the Finals**
5.45 **to 6.00** AM **BT Sport Reload**

BT Sport 3

417 417 874 | 529 | 410 432

7.00 AM **UEFA Champions League Magazine** News and action.
7.30 **Serie A** Double bill.
9.30 **ESPN FC** Football news.
10.00 **Ligue 1** Double bill.
12.00 NOON **LIVE Ligue 1 Lorient v Auxerre.** Coverage of the French top-flight clash from Stade du Moustoir. Kick-off **12.00noon**.
2.00 PM **LIVE Ligue 1 Nantes v Rennes.** Coverage of the French top-flight clash from Stade de la Beaujoire. Kick-off **2.00pm**.
4.00 **BT Sport Fight Night**
4.30 **LIVE Premier Lacrosse League** Coverage from the Series Championship.
6.00 **Hockey**
7.00 **BT Sport Reload**
7.30 **LIVE Ligue 1 Marseille v Paris Saint-Germain.** The French top-flight clash from Orange Velodrome. Kick-off **7.45pm**.
9.45 **UEFA Europa League Goals**
10.00 **UFC** Nikita Krylov v Ryan Spann.
1.00 AM **Gallagher Premiership Rugby Highlights**
2.30 **Badminton Unlimited**
3.00 **UEFA Champions League**
4.00 **to 6.00** AM **ESPN Classic Boxing**

Sky Sports Action

407 407 865 | 517 507 | 426 446

6.00 AM **The Rugby Championship**
10.50 **My Icon** Martin Offiah.
11.00 **The Rugby Championship**
12.00 NOON **NFL Bitesize Highlights**
1.45 PM **Super Bowl LVII Highlights** Brief highlights of Philadelphia Eagles v Kansas City Chiefs.
2.00 **Fight Night International**
4.00 **Premier League Darts** A chance to see the fourth night of the tournament at 3Arena in Dublin.
7.30 **Top Rank Boxing Archive** Action from George Foreman v Gerry Cooney from 1990.
8.00 **Fight Night International** Vasiliy Lomachenko v Richard Commey from December 2021.
9.00 **Fight Night International** Vasiliy Lomachenko v Jamaine Ortiz from October 2022.
10.00 **Super Bowl LVII Highlights** Highlights from Philadelphia Eagles v Kansas City Chiefs.
12.00 M'T **Super Bowl LVI Highlights** Highlights of Cincinnati Bengals v Los Angeles Rams from 2022.
2.00 AM **Super Bowl LV Highlights** Tampa Bay Buccaneers v Kansas City Chiefs in Super Bowl LV.
4.00 **to 6.00** AM **Super Bowl LIV Highlights**

Sky Sports Mix

416 416 873 | 520 510 | 429 449

6.00 AM **Betfred Super League Highlights** Top-flight action.
7.00 **Women's ICC World T20 Cricket** Semi-final action.
8.50 **LIVE Pakistan Super League Karachi Kings v Multan Sultans.** The T20 match from National Stadium in Karachi.
1.00 PM **Betfred Super League Highlights** Top-flight action.
1.45 **Super League Gold** A look back at the 2014 Grand Final, as St Helens and Wigan Warriors met at Old Trafford.
1.50 **LIVE Pakistan Super League Lahore Qalandars v Peshawar Zalmi.** The T20 match from Gaddafi Stadium in Lahore.
6.00 **Women's ICC World T20 Cricket** Double bill of action.
8.00 **Betfred Super League Highlights** Top-flight action.
9.00 **Women's ICC World T20 Cricket** The first semi-final. **10.00** Action from this year's final. **11.00** Another chance to see this year's final in Cape Town.
3.30 AM **NBA Basketball** Detroit Pistons v Toronto Raptors.
5.30 **to 6.00** AM **Betfred Super League Highlights**

BT Sport 4

423 423 876 | 530 | 411 434

6.00 AM **Ligue 1** Montpellier v Lens.
7.00 **ESPN FC** Football news.
7.30 **WRC Review**
8.30 **Badminton Unlimited**
9.00 **College Basketball**
4.00 PM **College GameDay**
5.00 **LIVE College Basketball South Carolina Gamecocks v Georgia Bulldogs.** From Colonial Life Arena. Tip-off **5.00pm**.
7.00 **LIVE College Basketball Memphis Tigers v Cincinnati Bearcats.** Coverage of the match at FedExForum. Tip-off **7.00pm**.
9.00 **LIVE College Basketball Iowa Hawkeyes v Indiana Hoosiers.** From Carver – Hawkeye Arena in Iowa City. Tip-off **9.00pm**.
11.00 **30 for 30: Be Water**
1.00 AM **Vanarama National League**
1.30 **Fishing: On the Bank**
2.30 **UFC** The action from UFC 278.
3.30 **UFC Unleashed**
4.30 **to 6.00** AM **30 for 30: Slaying the Badger**

Eurosport 1

410 410 868 | 521 | 412 435

6.50 AM **Ski Jumping**
7.45 **LIVE Powerboat Racing World Championship** Round one from Lake Toba, Indonesia.
8.45 **Alpine Skiing**
9.45 **LIVE Alpine Skiing** Coverage from Crans Montana, Switzerland.
11.30 **LIVE Sailing: The Ocean Race** Coverage of the start of leg three from Cape Town.
1.30 PM **Snowboarding**
1.45 **LIVE Nordic Combined Skiing** From Planica, Slovenia.
3.00 **Biathlon**
3.30 **LIVE Ski Jumping** In Slovenia.
6.05 **Alpine Skiing**
7.00 **Ski Jumping**
9.00 **Formula E** The Cape Town ePrix.
10.00 **Cycling: Men's UAE Tour**
11.00 **Alpine Skiing**
12.00 M'T **Ski Jumping**
1.00 AM **Cycling: Men's UAE Tour**
3.00 **Cycling: Kuurne-Brussels...**
4.00 **to 6.00** AM **Alpine Skiing**

Eurosport 2

411 411 869 | 522 | 413 436

6.00 AM **Alpine Skiing**
7.00 **Cycling: Men's UAE Tour**
8.00 **World Superbikes**
9.20 **LIVE Nordic Combined Skiing** From Planica in Slovenia.
10.30 **Cycling: Strade Bianche**
10.50 **LIVE Cycling: Men's UAE Tour** Coverage of stage seven.
12.30 PM **LIVE Cross-Country Skiing** From Planica in Slovenia.
1.30 **LIVE Cycling: Kuurne-Brussels-Kuurne** Coverage of the one-day race from Belgium.
4.00 **Cycling: Omloop Het Nieuwsblad** The one-day race.
5.00 **Formula E** The Cape Town ePrix.
6.00 **World Superbikes**
7.00 **Cycling: Kuurne-Brussels...**
8.00 **Cycling: Men's UAE Tour**
9.00 **Cycling: Omloop Het...**
10.00 **World Superbikes**
11.00 **Cycling: Men's UAE Tour**
12.00 M'T **Formula E**
1.00 **to 6.00** AM **Highlights**

Sky Sports Arena

408 408 866 | 518 508 | 427 447

6.00 AM **Sail GP**
9.00 **Netball Superleague**
11.00 **World Club Challenge**
12.00 NOON **Fight Night**
1.00 PM **Sail GP** Round nine.
1.30 **Betfred Super League Highlights** Top-flight action.
2.00 **NBA Basketball**
6.00 **LIVE NBA Basketball Milwaukee Bucks v Phoenix Suns.** Coverage of the inter-conference match from Fiserv Forum. Tip-off **6.00pm**.
8.30 **LIVE NBA Basketball Dallas Mavericks v Los Angeles Lakers.** Coverage of the Western Conference match at American Airlines Centre. Tip-off **8.30pm**.
11.00 **NBA Basketball**
1.00 AM **Betfred Super League Highlights** Top-flight action.
2.00 **Premier League Darts**
5.30 **Super League Gold**
5.35 **to 6.00** AM **Concussion Round Table**

Sky Sports F1

406 406 864 | 516 506 | 425 445

6.00 AM **Best of 2022**
10.25 **F1 Travel Logistics**
10.30 **Testing Wrap**
11.00 **The Notebook**
11.30 **Ted's Development Corner**
12.00 NOON **Formula 1** The 2022 Emilia Romagna Grand Prix.
2.10 PM **Max Goes Sailing**
2.15 **Formula 1** Another chance to see the 2022 Canadian Grand Prix.
4.30 **Formula 1** Another chance to see the 2022 Hungarian Grand Prix.
6.50 **F1 Onboard Cameras**
7.00 **Formula 1** A replay of the 2022 Belgian Grand Prix, the 14th round of the season, which took place at Circuit de Spa-Francorchamps.
9.00 **Formula 1** The 2022 Japanese Grand Prix, the 18th round of the season, held at Suzuka International Racing Course.
10.00 **Jackie Stewart** Documentary.
12.00 M'T **Fittipaldi in His Lotus 72**
12.10 AM **Max Goes Sailing**
12.15 **to 6.00** AM **Best of 2022**

SKY HD SD | VIRGIN HD | BT HD

Monday

27 February

Evening Planner

Factual

Coastal Defenders
BBC2, 6.30pm
Series following the work of commercial diving engineers as they battle to keep Britain's coastlines and waterways moving.

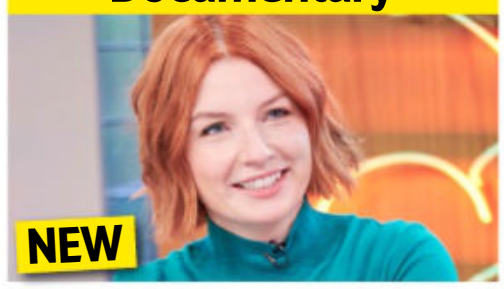
Drama

Better
BBC1, 9pm
With her son in hospital, Lou (Leila Farzad) resolves to sever all ties with Col, but her actions soon invite further suspicion.

Drama

Unforgotten
ITV1, 9pm
Cassie's replacement, DCI Jessica James, (Sinéad Keenan) gets off to a shaky start when she clashes with a grieving Sunny.

Documentary



Sex Actually with Alice Levine
C4, 10pm
The host embarks on a journey to find out what modern sex means to people.

SKY EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES								
101 BBC1	7.00 The One Show	7.30 EastEnders		8.30 Panorama †	9.00 Better		10.00 News; Local News	10.40 Go... †
102 BBC2	7.00 A Special School	7.30 Mastermind	8.00 Only Connect	8.30 University...	9.00 Parole		10.00 Detectorists	10.30 Newsnight
103 ITV1	◂ 6.30 News	7.30 Emmerdale	8.00 Coronation Street		9.00 Unforgotten		10.00 News; Local News	
104 CHANNEL 4	7.00 News		8.00 George Clarke's Amazing Spaces		9.00 Bronson: Fit to Be Free?		10.00 Sex Actually with Alice Levine	
105 CHANNEL 5	7.00 Motorway Cops: Catching Britain's...		8.00 Traffic Cops		9.00 Police: Suspect No 1		10.00 Casualty 24/7: Every Second Counts	
106 SKY SHOWCASE	7.00 The Simpsons		8.00 The F1 Show: 2023 Season Launch		9.00 Jackie Stewart			
ENTERTAINMENT								
117 BBC3	7.10 Yianni: Supercar Customiser		8.00 Glow Up: Britain's Next Make-Up Star		9.00 Go Hard or Go Home		10.00 Sliced	10.30 Charlotte in...
116 BBC4	7.00 Great British...	7.30 The Joy of...	8.00 Da Vinci: The Lost Treasure		9.00 Art of France		10.00 Bent Coppers: Crossing the Line of...	
118 ITV2	7.00 The Masked Singer US		8.00 Superstore		9.00 Love Island		10.05 Buffering	10.35 Family Guy
136 MORE4	◂ 6.55 Escape to the Chateau	7.55 Grand Designs			9.00 World's Greatest Train Journeys from...		10.00 Homes from Hell: Caught on Camera	
135 E4	7.00 Hollyoaks	7.30 Come Dine...	8.00 Below Deck: Mediterranean		9.00 Gogglebox		10.00 Naked Attraction's Best Naughty Bits	
107 SKY WITNESS	7.00 Nothing to Declare		8.00 Blue Bloods		9.00 Coroner		10.00 Lincoln Rhyme: Hunt for the Bone...	
108 SKY ATLANTIC	◂ 6.40 Ray Donovan	7.50 Game of Thrones			9.00 The Last of Us		10.05 Succession	
110 GOLD	◂ 6.40 Dad's Army		8.00 Blackadder The Third			9.20 Miranda	10.00 Not Going Out	10.40 Live...
111 DAVE	7.00 Richard Osman's...	7.40 Room 101		8.20 Would I Lie to You?	9.00 QI XL		10.00 Have I Got a Bit More News for You	
119 ITV3	◂ 6.50 Heartbeat		8.00 Agatha Christie's Poirot		9.00 Long Lost Family		10.00 Grantchester	
120 ITV4	7.00 The Chase Celebrity Special		8.00 The Grand Fishing Adventure		9.00 Film: Creed II			
112 COMEDY CENTRAL	7.00 Friends				9.00 Last Man Standing		10.00 Impractical Jokers: Practically Live	
139 SKY SCI-FI	7.00 Star Trek: Deep Space Nine		8.00 Star Trek: Voyager		9.00 Room 104		10.00 The Twilight Zone	
113 SKY MAX	7.00 Stargate SG-1		8.00 Agatha Raisin				10.00 Funny Woman	
132 ALIBI	7.00 Person of Interest		8.00 Death in Paradise				10.00 Murdoch Mysteries	
130 SKY ARTS	7.00 André Rieu: Dance the Night Away		8.00 Andrea Bocelli: The Journey		9.15 André Rieu: Live in Maastricht II			
DOCUMENTARY								
125 DISCOVERY	7.00 Kindig Customs		8.00 Outback Truckers		9.00 Bitchin' Rides		10.00 Diesel Brothers	
162 ANIMAL PLANET	7.00 Life at Vet University		8.00 Great White Appetite		9.00 Deadliest Sharks		10.00 Alaskan Bush People	
129 NAT GEO	7.00 Air Crash Investigation		8.00 Airport Security: First Class Rome		9.00 Air Crash Investigation		10.00 Trafficked with Mariana Van Zeller	
123 SKY HISTORY	7.00 Forged in Fire		8.00 American Pickers		9.00 Strangest Things		10.00 Bermuda Triangle: Into Cursed Waters	
155 YESTERDAY	7.00 Secrets of the London Underground		8.00 Hornby: A Model World		9.00 The Architecture the Railways Built		10.00 Bangers and Cash	
121 SKY DOCS	7.00 Spector		8.00 The Vow		9.00 Jackie Stewart			
FILMS - Sky Cinema								
301 PREMIERE	◂ 6.00 Lamborghini: The Man Behind The...		8.00 The Independent				10.00 Bullet Train	
303 HITS	◂ 6.15 Belfast		8.00 San Andreas				10.00 Hollywoodland	
304 OSCARS	◂ 6.00 Breakfast at Tiffany's		8.00 The Godfather					
305 ANIMATION	◂ 5.40 Happy Feet	7.30 Rock Dog			9.05 Lego DC Comics Super Heroes: Aquaman – Rage of...			10.25 The Fairy...
306 WIZARDING WORLD	◂ 6.00 Harry Potter and the Deathly Hallows: Part II		8.15 Fantastic Beasts and Where to Find Them					10.30 Fantastic...
307 ACTION	◂ 6.05 RED		8.00 RED 2				10.00 The Raid 2	
308 COMEDY	◂ 6.20 Anchorman: The Legend of Ron...		8.00 As Good As It Gets				10.20 Clueless	
309 THRILLER	◂ 5.40 Stillwater		8.00 Everest				10.05 The Cold Light of Day	
310 DRAMA	◂ 6.15 The Hanging Sun		8.00 The Last Samurai					10.40 Alfie
311 SCI-FI	◂ 6.10 The Faculty		8.00 Blade: Trinity				10.00 Knowing	
302 CULT CLASSICS	◂ 5.35 Vanilla Sky		8.00 Fatal Attraction				10.10 Sliver	
313 FILM4	◂ 6.10 The Martian				9.00 Bloodshot			
315 TCM MOVIES	7.15 Copper Canyon				9.00 Unforgiven			
SPORT								
401 MAIN EVENT	7.00 News	7.30 EFL – Live: Swansea City v Rotherham United (Kick-off 8.00)						10.30 Back Pages...
402 PREMIER LEAGUE	7.00 Premier League Review		8.00 Gary Neville's Soccerbox		9.00 Premier League Review		10.00 Soccer AM...	10.30 PL Retro
403 FOOTBALL	◂ 6.30 Bundesliga...	7.30 EFL – Live: Swansea City v Rotherham United (Kick-off 8.00)						10.30 EFL Cup...
404 CRICKET	7.00 Best of the...	7.30 Women's...	8.00 Pakistan Super League Highlights		9.00 Women's ICC World T20 Cricket		10.00 Pakistan Super League Highlights	
413 BT SPORT 1	7.00 Packer: The Man Who Changed Cricket			8.30 Test Cricket Highlights		9.30 Test Cricket – Live: New Zealand v England		
414 BT SPORT 2	◂ 5.30 Serie A – Live: Hellas Verona v Fiorentina (Kick-off 5.30); Lazio v Sampdoria (Kick-off 7.45)					9.45 BT Sport Goals Reload		10.30 ESPN FC...

◂ Denotes programmes starting before 7.00pm † Regions vary

MONDAY

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Monday

BBC1

101 101 | 101 101 | 1 101 | 101 101/106

6.00 AM **Breakfast** (S)
9.15 **Morning Live** New edition (S)
10.00 **Caught Red Handed** New edition A family who watched an intruder prowling around downstairs on their security camera. (S)(AD)
10.30 **Claimed and Shamed** (S)(R)
11.15 **Homes Under the Hammer** (S)(R)
12.15 PM **Bargain Hunt** New edition (S)
1.00 **BBC News** (S)
1.30 **Local News** (S)
1.45 **Doctors** (S)(AD)
2.15 **The Farmers' Country Showdown**
3.00 **Escape to the Country** (S)(R)(AD)
3.45 **Antiques Road Trip** New edition Mark Hill invests in some mid-century Italian ceramics. (S)
4.30 **Bridge of Lies** Quiz show. (S)(R)
5.15 **Pointless** Quiz show. (S)(R)
6.00 **BBC News** (S)
6.30 **Local News** (S)

7.30 EastEnders

7 PM

7.00 **The One Show** Alex Jones and Ronan Keating present the topical show. (S)
7.30 **EastEnders** Zack and Whitney receive their baby's test results, and Denise seduces Jack. (S)(AD)

8 PM

8.00 **EastEnders** Whitney is forced to make a difficult decision, and Denzel's lies are exposed. (S)(AD)
8.30 **Panorama** New edition In-depth current affairs report. (S)

9 PM

9.00 **Better** New episode 3/5. Lou and Vernon's plans to take Col down threaten to trigger a gangland war, while Esther becomes curious about Lou's erratic behaviour. (S1) (S)(AD)
■ Entire series on BBC iPlayer

10 PM

10.00 **BBC News** (S)
10.30 **Local News** (S)
10.40 **Go Hard or Go Home** 4/10. It's sink or swim for the trainees as they face the Water Power Challenge. (S)(R)
11.40 **Go Hard or Go Home** 5/10. Love is in the air as a new trainee turns up the heat before the most brutal challenge yet. (S)(R)
12.40 AM **The Graham Norton Show** The host is joined by Helen Mirren, Patrick Stewart, Ariana DeBose and Pedro Pascal. Plus, Freya Ridings performs her current single *Weekends*. (S)(R)
1.25 **Weather for the Week Ahead** Seven-day forecast. (S)
1.30 **to 6.00** AM **BBC News** (S)

BBC2

102 102/115 802 | 102 102 | 2 102 | 102 102/106

6.30 AM **Antiques Road Trip** (S)(R)
7.15 **Bridge of Lies** (S)(R)
8.00 **Sign Zone: Winterwatch** (S)(R)
9.00 **BBC News** (S)
12.15 PM **Politics Live** (S)
1.00 **Impossible** Game show. (S)(R)
1.45 **Eggheads** Quiz show. (S)(R)
2.45 **Holding Back the Years** (S)(R)(AD)
3.30 **Big Cats** 1/3. (S)(R)(AD)
4.30 **Make Me a Dealer** (S)(R)
5.15 **Flog It!** From Tilbury Docks. (S)(R)
6.00 **Richard Osman's House of Games** Nihal Arthanayake, Jake Humphrey, Patsy Kensit and Mae Martin compete. (S)(R)
6.30 NEW SERIES **Coastal Defenders** 1/8. Documentary series following the work of commercial diving engineers as they battle time and tide to keep Britain's coastlines and waterways moving. (S)(AD)

7.00 A Special School

7 PM

7.00 **A Special School** New edition 2/3. Thieves break into the school and take watersport equipment. (S)
7.30 **Mastermind** New edition Specialist subjects include singer Stevie Nicks. (S)

8 PM

8.00 **Only Connect** New edition The Scrummagers take on the Crustaceans in the concluding semi-final. (S)
8.30 **University Challenge** New edition The first of the quarter-final matches. (S)

9 PM

9.00 **Parole** New edition 2/5. The parole board consider the cases of a murderer who has the chance to move to an open prison, and an arsonist and drug dealer with a history of mental health problems. (S)(AD)

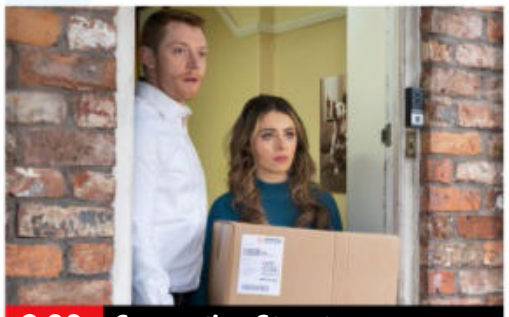
10 PM

10.00 **Detectorists** 2/7. Sophie seems to be making progress with her new friend, and the club is visited by the mayor. (S2) (S)(R)(AD)
10.30 **Newsnight** (S)
11.10 **Weather** (S)
11.15 FILM **The Sisters Brothers** Western starring John C Reilly, Joaquin Phoenix and Jake Gyllenhaal. In the American West of the 1850s, two gunfighting brothers are hired to kill a man named Hermann Warm. (S) (2018, 15, 115min) ★★★★
1.10 AM **Sign Zone: Countryfile** (S)(R)
2.05 **Sign Zone: Dragons' Den** (S)(R)
3.05 **Sign Zone: Make It at Market** (R)
3.50 **to 6.20** AM **Previews** (S)

ITV1

103 103/176 803 | 103 103/113 | 3 103 | 103 111

6.00 AM **Good Morning Britain** (S)
9.00 **Lorraine** (S)
10.00 **This Morning** (S)
12.30 PM **Loose Women** (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 **Dickinson's Real Deal** David Dickinson is joined by dealers Karen Dalmeny, Henry Nicholls, Jo Brayshaw and Stewart Hofgartner to assess items brought in by members of the public in Cheltenham. (S)(R)(AD)
3.00 **Lingo** Word-based quiz show hosted by Adil Ray. (S)(R)
4.00 **Tipping Point** New edition Game show hosted by Ben Shephard. (S)
5.00 **The Chase** New edition Quiz show hosted by Bradley Walsh. (S)
6.00 **Local News** (S)
6.30 **ITV News** (S)



8.00 Coronation Street

7 PM

7.30 **Emmerdale** Leyla misinterprets Jai's warmth, while Noah agrees to give Samson more money. (S)(AD)

8 PM

8.00 **Coronation Street** Stephen puts Carla's future at Underworld to the vote, Paul faces the repercussions of the accident, and Daisy's wedding cake tasting turns sour. (S)(AD)

9 PM

9.00 NEW SERIES **Unforgotten** 1/6. Return of the crime drama series starring Sanjeev Bhaskar. A severed leg is found inside a chimney, and the new DCI gets off to a rocky start. *See feature, page 4.* (S5) (S)(AD)
■ Entire series available on ITVX

10 PM

10.00 **ITV News** (S)
10.30 **Local News** (S)
10.45 **Peston** Political magazine show hosted by Robert Peston, featuring interviews with MPs, topical guests and cultural figures. (S)
11.45 **Football: EFL Highlights** Action from this weekend's EFL fixtures, including West Bromwich Albion v Middlesbrough and Sheffield United v Watford in the Championship. (S)(R)
1.30 AM **Shop: Ideal World**
3.00 **Wrestling: AEW Dynamite** Hard-hitting wrestling action. (S)
4.40 **Unwind with ITV** (S)
5.35 **to 6.00** AM **James Martin's French Adventure** (S)(SL)(R)

+1 hour 203 | 114 | 35 | 112

CHANNEL 4

104 104/108 804 | 104/108 | 4 104 | 104/106

6.10 AM **Countdown** (S)(R)
6.50 **3rd Rock from the Sun** (S)(R)(AD)
7.40 **The King of Queens** (S)(R)(AD)
9.00 **Frasier** 22-24/24. (S2) (S)(R)(AD)
10.25 **Undercover Boss USA** (S)(R)
11.25 **News** (S)
11.30 **Emergency Helicopter Medics** (R)
12.30 PM **Steph's Packed Lunch** New edition Magazine. (S)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** (S)(R)
4.00 **A New Life in the Sun: Where Are They Now?** New edition (S)
5.00 **Four in a Bed** New edition (S)
5.30 **Come Dine with Me** New edition The first dinner party of the week from north London. (S)
6.00 **The Simpsons** (S)(R)(AD)
6.30 **Hollyoaks** Tension is running high in Hollyoaks village as a teenager is caught red-handed. (S)(AD)

8.00 Amazing Spaces

7 PM

7.00 **News** (S)

8 PM

8.00 **George Clarke's Amazing Spaces** Series finale 8/8. To celebrate the tenth anniversary of the show, the architect talks to a contributor from the first series to find out how *Amazing Spaces* has changed his life. (S)(AD)

9 PM

9.00 NEW SERIES **Bronson: Fit to Be Free?** 1/2. Documentary series in which members of the criminal justice system discuss whether prisoner Charles Bronson is fit to be released. (S)(AD)
■ Concludes tomorrow

10 PM

10.00 NEW SERIES **Sex Actually with Alice Levine** 1/3. The host returns to explore the sex lives across the world. In this edition, she examines new technologies that could be what sex and relationships will look like in the future. (S)(AD)
11.05 **Send Nudes: Body SOS** (S)(R)
12.10 AM **Katie Price's Mucky Mansion**
1.05 **Ramsay's Kitchen Nightmares USA** From Seattle. (S)(SL)(R)
1.55 **Grand Designs** (S)(SL)(R)(AD)
2.50 **George Clarke's Old House, New Home** (S)(SL)(R)(AD)
3.45 **Extraordinary Escapes** (S)(SL)(R)
4.40 **Location, Location, Location** (R)
5.35 **Kirstie's House of Craft** (S)(R)
5.45 **to 6.10** AM **Jamie: Keep Cooking and Carry On** (S)(SL)(R)

+1 hour 204/208 | 142 | 15 | 121

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

CHANNEL 5

105 105 805 | 154 105 | 5 105 | 105 105

5.30 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
12.45 PM **GPs: Behind Closed Doors** A man with abdominal pain receives treatment. (S)(R)(AD)
1.40 **News** (S)
1.45 **Home and Away** (S)(R)(AD)
2.15 **FILM Surrounded By Lies** Thriller starring Sarah Roemer. A woman becomes the target of a stalker after being hired to home-school a celebrity's son. (S) (2019, PG, 105min) ★★
4.00 **Bargain-Loving Brits in the Sun** A look back at some of the best bits of the series. (S)(R)
5.00 **News** (S)
6.00 **Big Road Rescue: Emergency Call Out** The Beast from the East descends on the UK. (S)(R)
6.55 **News** (S)

9.00 Police: Suspect No 1

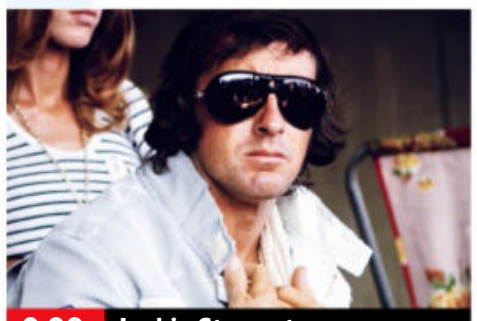
7.00 **Motorway Cops: Catching Britain's Speeders** 6/10. PC Rich Woodward is part of a operation to catch a vehicle being driven with cloned number plates. (S)(R)
7.55 **News** (S)
8.00 **Traffic Cops** New edition 9/20. In North Yorkshire, officers are out in force to protect lorry drivers and their cargo as organised gangs target goods and trucks travelling through the county. (S)
9.00 **Police: Suspect No 1** New edition 2/6. Inspector Tom Smith and his team at CID investigate a series of burglaries targeting the elderly, and suspect the break-ins might be the work of a man known to police. (S)
10.00 **Casualty 24/7: Every Second Counts** 9/20. A 17-year-old arrives after falling from his bike and suffering a fit. Consultant Liz needs to find out if a broken neck is the cause of his arm numbness. (S)(R)
11.05 **999: Critical Condition** 8/8. A man suffers his second heart attack in two weeks. (S)(R)
12.05 AM **Police Interceptors** (S)(R)
1.00 **LeoVegas Live Casino Show**
3.00 **Paddington Station 24/7** Enthusiasts try to get a glimpse of the *Flying Scotsman*. (S)(R)
3.50 **World's Busiest Train Stations**
4.40 **Divine Designs** (S)(SL)(R)
5.05 **to 5.30** AM **House Doctor** (R)

+1 hour 205 | 155 | 46 | 128

SKY SHOWCASE

106 106 806 | 109 | 340 355

6.00 AM **The Early Rundown**
7.00 **Kay Burley**
8.00 **New Kids in the Wild** (S)(R)
9.00 **Nothing to Declare** (S)(R)
10.00 **Supergirl** 17/22. (S4) (S)(R)
11.00 **NCIS: New Orleans** (S5) (S)(R)
1.00 PM **Hawaii Five-0** (S3) (S)(R)
2.00 **S.W.A.T.** (S4) (S)(R)(AD)
3.00 **Malawi Wildlife Rescue** (S)(R)
4.00 **The Conners** 9/20. (S3) (R)
4.30 **Futurama** (S)(R)
5.00 **The Simpsons** (S)(R)
5.30 **The Fresh Prince of Bel Air** 6/26. Will, Carlton and Phil get involved in a legal battle. (S)(R) **6.00** 7/26. The family attend a seance. (S4) (S)(R)
6.30 **The Simpsons** *The Curse of the Flying Hellfish:* Grampa and Mr Burns vie for a priceless collection of pictures. (S)(R)



9.00 Jackie Stewart

7.00 **The Simpsons** *Much Apu About Nothing:* Apu finds himself threatened with deportation. (S)(R) **7.30** *Homerpalooza:* Homer takes Bart and Lisa to a rock festival featuring Sonic Youth and Cypress Hill. (S)(R)
8.00 **The F1 Show: 2023 Season Launch** With pre-season testing complete, the team look ahead to a season full of new faces, new places and more races than ever before. (R)
9.00 **Jackie Stewart** One-off documentary about Formula 1 legend Jackie Stewart, tracing his life from humble beginnings outside Glasgow to winning three World Championships – in 1969, 1971 and 1973. (S)(R)
10.45 **Last Week Tonight with John Oliver** The host takes a satirical look at developments from the past seven days. (R)
11.25 **Fantasy Football League** With celebrity managers AJ Tracey and Tom Grennan. (R)
12.00 M'T **Sex and the City** 17&18/18. Double bill. (S2) (S)(R)
1.05 AM **Road Wars** Tackling Russian scam artists. (S)(R)
2.05 **The Force: Manchester** (S)(R)
3.00 **Hawaii Five-0** 4/24. (S3) (S)(R)
4.00 **S.W.A.T.** 15/18. (S4) (S)(R)(AD)
5.00 **to 6.00** AM **The Early Rundown**

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky **951**, Virgin **862**, Freesat **960**
8.30-9.00pm Food Fest Scotland New edition **10.40** Panorama New edition **11.10** Go Hard or Go Home **1.10am** Sportscene: SWPL Highlights **1.55** The Graham Norton Show **2.40** Weather for the Week Ahead **2.45-6.00am** BBC News

N. IRELAND
Sky **953**, Virgin **863**, Freesat **957**
8.30-9.00pm Food Fest Northern Ireland New edition **10.40** Panorama New edition **11.10** Go Hard or Go Home **1.10am** The Graham Norton Show **2.00-6.00am** BBC News

WALES
Sky **952**, Virgin **864**, Freesat **964**
10.00-10.30am Caught Red Handed New edition **8.30-9.00pm** X-Ray New edition **10.40** Panorama New edition **11.10** Go Hard or Go Home **1.10-6.00am** BBC News

BBC1 North/North East/North West/ Yorkshire & Lincolnshire
Sky **956/955/958/957**, Freesat **966/956/955/967**
12.40-1.25am The Super League Show

BBC2

N. IRELAND
Sky **972**, Freesat **969**
10.00-10.30pm I Lár an Aonaigh New edition

WALES
Sky **971**, Freesat **971**
No variations

ITV1

As main ITV1 except:
WALES
10.45-11.45pm Sharp End

S4C

Sky **134**, Virgin **166**, Freesat **120**
6.00am Cyw **12.00noon** Newyddion **12.05pm** Cymry ar Gynfas **12.30** Dan Do **1.00** Nyrsys **1.30** Cegin Bryn: Y Dosbarth Meistr **2.00** Newyddion **2.05** Prynhawn Da New edition **3.00** Newyddion **3.05** Am Dro! **4.00** Awr Fawr **5.00** Stwnsh **6.00** Pobl a'u Gerddi **6.30** Rownd a Rownd **7.00** Heno New edition **7.30** Newyddion **8.00** Y Byd ar Bedwar New edition **8.25** Bois y Pizza: Chwe' Gwlad New edition **8.55** Newyddion **9.00** Cefn Gwlad New edition **9.35** Sgorio **10.05** Codi Hwyl **10.35-11.40pm** Gwesty Aduniad

TV&Satellite week
New issue on sale tomorrow

BBC3

117/141/173 | 107/157 | 23 109 | 179 | 107

BBC3 programmes start at 7.00pm

7.00 PM **The Fast and the Farmer-ish** England heat.
7.10 **Yianni: Supercar Customiser** Double bill.
7.55 **The Catch Up**
8.00 **Glow Up: Britain's Next Make-Up Star** 8/8. The finalists face a masterclass at Harrods.
9.00 **Go Hard or Go Home** New edition 5/10. Love is in the air as a new trainee turns up the heat before the most brutal challenge yet.
10.00 **Sliced** 1/3. Comedy set in a backstreet pizza parlour. (S1)
10.30 **Charlotte in Sunderland** 7/10. Disaster strikes at the baby shower of the year. **11.00** 8/10. The final preparations are made for baby Alba's arrival.
11.35 **Tonight with Target**
12.20 AM **Dubai Hustle**
12.50 **Go Hard or Go Home**
1.50 **Charlotte in Sunderland**
2.50 **Squad Goals: Dorking 'Til I Die**
3.50 **to 4.00** AM **The Fast and the Farmer-ish**

BBC4

116 116 | 107/108 | 9/24 106 | 108

BBC4 programmes start at 7.00pm

7.00 PM **Great British Railway Journeys** Presenter Michael Portillo explores York, Leeds and Bradford.
7.30 **The Joy of Painting** A tropical seascape.
8.00 **Da Vinci: The Lost Treasure** 1/3. A recently discovered painting by Leonardo da Vinci.
9.00 **Art of France** 1/3. Andrew Graham-Dixon examines the history of French art.
10.00 **Bent Coppers: Crossing the Line of Duty** 1/3. Documentary examining corruption in the police during the 1970s, revealing a secret network of officers that were operating illegally throughout London.
11.00 **Big Sky, Big Dreams, Big Art: Made in the USA**
12.00 M'T **The Story of Welsh Art** Documentary.
1.00 AM **Romancing the Stone: The Golden Ages of British Sculpture**
2.00 **Great British Railway...**
2.30 **The Joy of Painting**
3.00 **to 4.00** AM **Art of France**

MORE4

136 136 831 | 147 | 18 | 124

8.55 AM **Kirstie's House of Craft** A tin-can dog.
9.15 **A Place in the Sun**
10.05 **A New Life in the Sun**
11.05 **Find It, Fix It, Flog It**
1.10 PM **Heir Hunters**
2.10 **Four in a Bed**
4.50 **Location, Location, Location** Property series.
5.55 **Kirstie and Phil's Love It or List It** The duo visit to Clifford, West Yorkshire.
6.55 **Escape to the Chateau** The family come together to build an open kitchen.
7.55 **Grand Designs** Kevin McCloud meets a couple who have decided to put their talent for steam-bending wood to use in constructing their own wavy wooden home in south Cornwall.
9.00 **World's Greatest Train Journeys from Above** The Glacier Express is filmed from above, winding along alpine peaks as it connects St Moritz and Zermatt.
10.00 **Homes from Hell: Caught on Camera** Real-life footage reveals some of the dangers lurking inside homes.
11.00 **24 Hours in A&E**
12.05 AM **999: On the Front Line** An aggressive prisoner.
1.10 **8 Out of 10 Cats Does Countdown**
2.15 **24 Hours in A&E**
3.20 **to 3.45** AM **A Place in the Sun**

+1 hour 236 | 196 | 125

E4

135 135 830 | 106 | 13 | 122

6.00 AM **Hollyoaks**
7.00 **Ramsay's Kitchen Nightmares USA**
9.00 **The Goldbergs**
10.00 **The Big Bang Theory**
11.00 **Modern Family**
12.00 NOON **Brooklyn Nine-Nine**
1.00 PM **The Big Bang Theory**
3.00 **Modern Family**
4.00 **Brooklyn Nine-Nine**
5.00 **The Big Bang Theory**
7.00 **Hollyoaks** A secret tip-off gives Sam and Zoe the evidence they need.
7.30 **Come Dine with Me** Radio DJ Eloho hosts the first dinner party in Edinburgh.
8.00 **Below Deck: Mediterranean** New edition A fight between the entire interior team erupts and affects the crew on their night out.
9.00 **Gogglebox** Reviews of *The Traitors, Michael McIntyre's The Wheel* and *Mammals*.
10.00 **Naked Attraction's Best Naughty Bits** Dates that led to romance – and those that ended in disaster.
11.05 **First Dates**
12.10 AM **Gogglebox**
2.15 **Naked Attraction's Best Naughty Bits**
3.10 **Below Deck: Mediterranean**
4.00 **Ramsay's Kitchen Nightmares USA**
4.50 **to 6.00** AM **The Goldbergs**

+1 hour 235 | 146 | 30 | 123

Monday primetime

MONDAY Entertainment

Monday

Sky Witness

107 107 807 110 341 356

6.00 AM **Sun, Sea and A&E**
7.00 **UK Border Force**
8.00 **Border Patrol**
9.30 **Caught Red Handed**
11.00 **Air Ambulance ER**
12.00 NOON **FBI** 10/19. (S2)
1.00 PM **9-1-1** 4/18. (S5)
2.00 **Blue Bloods** 18/20. A child is abducted. (S12)
3.00 **Bull** 13/22. A widow suspected of orchestrating her husband's death hires Jason to represent her. (S2)
4.00 **Nothing to Declare**

10.00 Lincoln Rhyme: Hunt for...

7 PM

7.00 **Nothing to Declare** Double bill of the documentary following the work of customs officers in Australia.

8 PM

8.00 **Blue Bloods** *Where We Stand:* 15/20. A physical altercation between a school officer and a student goes viral. (S12)

9 PM

9.00 **Coroner** *Eyes Up:* 4/10. Jenny and Donovan help a young girl trying to find out the truth about her father's death. (S3)

10 PM

10.00 **Lincoln Rhyme: Hunt for the Bone Collector** *Game On:* 5/10. The Bone Collector challenges the team. (S1)
11.00 **FBI** 5/19. A married father of two is kidnapped. (S2)
12.00 M'T **FBI: Most Wanted** (S3)
1.00 AM **The Equalizer** 1/10. (S3)
2.00 **Road Wars**
3.00 **Elementary** 7/13. (S7)
4.00 **9-1-1** 4/18. (S5)
5.00 **to 6.00** AM **The Real A&E**

+1 hour 207 163

Sky Atlantic

108/109 108/109 808 342 357

6.00 AM **Fish Town**
8.00 **The Sopranos** 6&7/21. (S6)
10.20 **Ray Donovan** 1&2/12. (S6)
12.40 PM **Game of Thrones** (S4)
1.50 **Six Feet Under** 12/12. Brenda goes into labour. (S5)
3.20 **The Sopranos** 8/21. AJ causes issues for his family. **4.25** 9/21. Paulie organises an annual feast. (S6)
5.35 **Ray Donovan** 3/12. Ray officially begins working for Samantha Winslow again. **6.40** 4/12. Mickey kidnaps movie star Jay White. (S6)

9.00 The Last of Us

7.50 **Game of Thrones** *The Children:* 10/10. Jon tries to negotiate a peace with Mance Rayder, but an unexpected arrival changes the situation. (S4)

9.00 **The Last of Us** New episode *Left Behind:* 7/9. A smuggler is tasked with escorting a teenage girl across America. (S1)

10.05 **Succession** *Too Much Birthday:* 7/9. Shiv and Roman try to arrange a meeting with tech mogul Lukas Matsson. (S3)
11.15 **Big Little Lies** 1/7. The 'Monterey Five' bond together as they pick up the pieces of their shattered lives. (S2)
12.20 AM **Devils** 9/10. (S1)
1.25 **Watchmen** 8/9. (S1)
2.45 **Game of Thrones** As 7.50pm.
4.00 **to 6.00** AM **Fish Town**

+1 hour 208/209

Sky Max

113/114 113/114 111 346 361

6.00 AM **Stargate SG-1** (S3)
8.00 **DC's Legends of Tomorrow**
9.00 **Quantum Leap** 17/22. (S2)
10.00 **Supergirl** 17/22. (S4)
11.00 **NCIS: New Orleans** (S5)
1.00 PM **Hawaii Five-0** (S3)
2.00 **S.W.A.T.** 15/18. (S4)
3.00 **Quantum Leap** 16/22. (S2)
4.00 **DC's Legends of Tomorrow**
5.00 **Supergirl** 17/22. (S4)
6.00 **Stargate SG-1** 20/22. The team race against Apophis to find the Harsesis child, a being with incredible powers. (S3)

5.00 Supergirl

7.00 **Stargate SG-1** *Crystal Skull:* 21/22. The team encounter a mysterious crystal skull. (S3)

8.00 **Agatha Raisin** *A Spoonful of Poison:* 3/4. The judge of Carsley's jam-making competition dies after being poisoned by the winning entry and Agatha resolves to discover the identity of the culprit. (S4)

10.00 **Funny Woman** 3/6. The pilot show is not the instant hit hoped for, and Sophie's new friend Diane takes her shopping. (S1)
11.00 **Fantasy Football League** With celebrity managers AJ Tracey and Tom Grennan.
11.35 **A League of Their Own Road Trip: Southeast Asia**
12.35 AM **Road Wars** Double bill.
2.00 **The Force: Manchester**
3.00 **Hawaii Five-0** 4/24. (S3)
4.00 **S.W.A.T.** 15/18. (S4)
5.00 **to 6.00** AM **Highway Patrol**

ITV2

118 118 816 115 6 113

6.00 AM **World's Funniest Videos**
6.35 **Guinness World Records**
7.00 **Love Bites**
8.00 **Dress to Impress**
9.00 **Chuck** 10/24. (S4)
10.00 **One Tree Hill** 17/23. (S2)
11.00 **The O.C** 12/24. (S2)
12.00 NOON **Love Bites**
1.00 PM **Dress to Impress**
2.00 **Family Fortunes**
3.05 **Chuck** 11/24. (S4)
4.00 **One Tree Hill** 18/23. (S2)
5.00 **The O.C** 13/24. (S2)
6.00 **Celebrity Catchphrase**

10.05 Buffering

7.00 **The Masked Singer US** Russian Dolls, Robopine, Seashell, Orca and Yeti compete. Presented by Nick Cannon.

8.00 **Superstore** 19/22. Amy is forced to cut staff hours. **8.30** 20/22. Amy and Jonah use a photograph to their advantage. (S4)

9.00 **Love Island** New edition The seventh week continues with the single people living like celebrities in the villa.

10.05 **Buffering** New episode 5/6. Rosie paints a feature wall. (S2)
10.35 **Family Guy** 9/20. Peter is arrested. (S14)
11.05 **Family Guy** 19/20. (S16)
11.35 **American Dad!** (S3)
12.35 AM **The Stand Up Sketch Show** With Travis Jay.
1.05 **Kavos Weekender**
2.05 **Totally Bonkers Guinness World Records**
2.35 **to 3.00** AM **Unwind with ITV**

+1 hour 218 116 29 114

ITV3

119 119 817 117 10 115

6.00 AM **Classic Emmerdale**
7.00 **Classic Coronation Street**
8.05 **On the Buses**
8.35 **Where the Heart Is**
10.55 **Heartbeat**
1.15 PM **Classic Emmerdale**
2.15 **Classic Coronation Street**
3.20 **Midsomer Murders**
5.20 **Downton Abbey** 1/7. The lives of the Crawley family and Downton Abbey's servants are changed for ever when the sinking of the *Titanic* leaves the estate without its heir and his son. (S1)

9.00 Long Lost Family

6.50 **Heartbeat** *Bygones Be Bygones:* Nick investigates a spate of poison pen letters.

8.00 **Agatha Christie's Poirot** *The Adventure of the Clapham Cook:* The sleuth investigates the disappearance of a cook.

9.00 **Long Lost Family** Following the story of a woman who has been searching for her birth mother for 30 years.

10.00 **Grantchester** 1/6. Will and Geordie must infiltrate the murky world of campus politics to find a killer. (S5)
11.05 **The Bay** 1/6. DS Jenn Townsend, Morecambe's new Family Liaison Officer, is thrown into the deep end when a body washes up in the bay. Stars Marsha Thomason. (S3)
12.05 AM **Where the Heart Is**
2.20 **to 2.30** AM **Unwind with ITV**

+1 hour 219 174 59 116

BBC Scotland

SCOT 115 108 9 106 106
REST OF UK 187 162 110

12.00 NOON **This Is BBC Scotland**
2.00 PM **Sign Zone: Inside Central Station**
3.00 **Sign Zone: This Farming Life**
4.00 **This Is BBC Scotland**
7.00 **Sportscene: SWPL Highlights**
7.45 **Sportscene Goals+**
8.00 **Born to Be Wild**
8.30 **Scottish Vets Down Under** Mike Whiteford performs surgery on a critically ill mare.
9.00 **The Nine**
10.00 **The Agency: Unfiltered** New edition 3/6. Jess and Charlotte are given an event each to organise on their own.
10.30 **Dubai Hustle** Part one of two. Archie and Ben vie for a promotion.
11.00 **Loop** New edition The Ayoub Sisters perform.
11.30 PM **to 12.00** M'T **The Fast and the Farmer-ish**

Sky Comedy

114/115 112 347 362

8.00 AM **Futurama** (S8)
9.00 **Everybody Hates Chris**
10.00 **Sex and the City** (S6)
11.20 **Entourage** (S2)
12.30 PM **Fresh Prince of Bel Air** 4&5/26. (S4)
1.30 **Modern Family** (S8)
2.30 **The Office (US)** (S2)
3.00 **Will & Grace** (S2)
4.00 **The Conners** (S3)
4.30 **Futurama** (S5)
5.00 **The Office (US)** (S2)
5.30 **Fresh Prince of Bel Air**
6.30 **Futurama** (S8)
7.30 **The Office (US)** (S4)
8.00 **The Conners** New episode 10/20. (S3)
8.30 **The Office (US)** (S5)
9.00 **Last Week Tonight with John Oliver** New edition Talk show.
9.40 **Black Monday** (S3)
11.00 **Last Week Tonight...**
11.40 **Sex and the City** (S2)
12.50 AM **Code 404** (S3)
1.20 **Veep** 5&6/10. (S6)
2.30 **Curb Your Enthusiasm**
3.40 **to 5.00** AM **Everybody Hates Chris**

Sky Arts

130 130 140 123 11 147 365

6.00 AM **Arts Uncovered**
6.10 **Rhinegold**
9.00 **Tales of the Unexpected**
10.00 **Hitchcock Presents**
11.00 **Discovering**
12.00 NOON **Sky Arts Book Club** Discussion.
1.00 PM **Tales of the...**
2.00 **Treasures of the British Library**
3.00 **Landscape Artist 2018**
4.00 **Discovering**
5.00 **Tales of the Unexpected**
6.00 **Hitchcock Presents**
7.00 **Andre Rieu: Dance the Night Away**
8.00 **Andrea Bocelli: The Journey** New edition
9.15 **Andre Rieu: Live**
11.45 **Yes: Symphonic Live**
1.05 AM **Urban Myths**
2.05 **The Lot of Fun: Where the Movies Learned to Laugh**
3.05 **The Warner Saga**
4.00 **The South Bank Show**
5.00 **Music Icons**
5.30 **to 6.00** AM **Video Killed the Radio Star**

Pick

151 135 36 144

7.00 AM **Nothing to Declare**
8.00 **Motorway Patrol**
9.00 **Stop, Search, Seize**
10.00 **Nothing to Declare**
11.00 **Highway Patrol**
12.00 NOON **Motorbike Cops**
1.00 PM **Border Patrol**
2.00 **Nothing to Declare**
4.00 **Warehouse 13** (S3)
5.00 **Star Trek: The Next Generation** 18/26. (S3)
6.00 **The Librarians** (S4)
7.00 **Star Trek: Voyager** (S2)
8.00 **NCIS: New Orleans** (S1)
9.00 **S.W.A.T.** 1/21. (S3)
10.00 **Grimm** *Pilot:* 1/22. First episode of the fantasy crime drama. (S1)
11.00 **Snapped** Documentary.
12.00 M'T **How I Caught the Killer** A man suspected of killing his family.
1.00 AM **Brit Cops: Frontline Crime UK**
2.00 **Nothing to Declare**
3.00 **Border Patrol**
4.00 **Motorway Patrol**
5.00 **to 6.00** AM **Highway Cops**

Comedy Central

112/113 181 132 345 360

8.00 AM **Younger** (S1)
9.00 **The Middle** (S7)
11.00 **Last Man Standing** (S4)
1.00 PM **Friends** (S1&2)
7.00 **Friends** 11-14/24. (S2)
9.00 NEW SERIES **Last Man Standing** 1/21. A series of time jumps finds Mike and Vanessa with two new grandchildren. **9.30** New episode 2/21. Mike labours over a topic for his vlog. (S9)
10.00 **Impractical Jokers: Practically Live** Footage from the US tour.
11.00 **Inside Amy Schumer**
11.30 **Rich Hall: Comedy Central Live**
12.00 M'T **Phil Wang at the Comedy Store**
12.30 AM **John Robins at the Comedy Store**
1.00 **South Park** (S13)
2.30 **The Ren & Stimpy Show**
3.00 **Beavis and Butt-Head**
3.20 **The Ricky Gervais Show**
4.10 **to 5.00** AM **Friends**

+1 hour 212/213 133

ITV Be

131 119 28 119

7.00 AM **The Real Housewives of Cheshire**
8.00 **Buying and Selling**
9.00 **LittleBe**
12.00 NOON **Be Beautiful**
12.10 PM **Real Housewives of New York City**
1.05 **The Real Housewives of Cheshire** Reality series.
2.05 **The Only Way Is Essex**
3.05 **Million Dollar Listing: LA**
4.00 **The Real Housewives of Atlanta** Reality series.
5.00 **The Real Housewives of New York City**
6.00 **Making It Home with Kortney & Kenny** New edition Transforming a charming old house.
7.00 **Buying and Selling**
8.00 **Dinner Date**
9.00 **Botched**
10.00 **Real Housewives of Atlanta** Marlo has a tough phone call.
10.55 **Dr. 90210**
11.50 **The Only Way Is Essex**
12.50 **to 1.00** AM **Unwind**

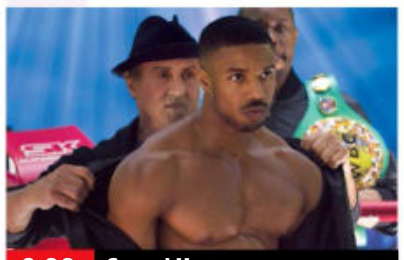
+1 hour 120 58

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 120 818 118 26 117

6.00 AM **Derby Through the Years**
6.15 **The Saint**
7.15 **Robin of Sherwood**
8.20 **Magnum, PI**
9.20 **The Sweeney**
10.25 **Minder**
11.35 **The Saint**
12.35 PM **Robin of Sherwood**
1.45 **Extreme Salvage Squad**
2.40 **Magnum, PI**
3.40 **The Sweeney**
4.50 **Minder**
6.00 **Gallagher Premiership Rugby Union Highlights**



9.00 Creed II

7.00 **The Chase Celebrity Special** Bradley Walsh hosts a special *I'm a Celebrity... Get Me Out of Here!* edition.

8.00 **The Grand Fishing Adventure** Ali Hamidi and Bobby Zamora's bucket list fishing tour begins in Shropshire.

9.00 FILM **Creed II** Sports drama starring Michael B Jordan. Heavyweight champion Adonis Creed faces off against Viktor, the son of Ivan Drago, whom his mentor Rocky Balboa fought in the 1980s. (2018, 12, 124min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

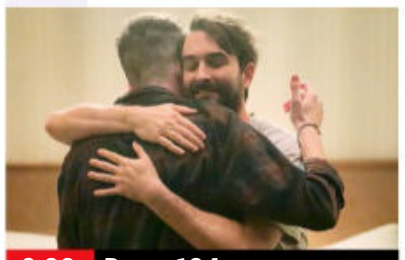
11.35 FILM **Lone Survivor** War drama with Mark Wahlberg. Four soldiers face a battle for survival while on a mission to eliminate a terrorist leader. (2013, 15, 116min) ★★★★
2.10 AM **The Protectors**
2.40 **to 3.00** AM **Unwind with ITV**

+1 hour 220 175 60 118

Sky Sci-Fi

139 139 836 122 348 363

6.00 AM **V** 10/10. (S2)
7.00 **Fact or Faked: Paranormal...**
8.00 **Teleshopping**
11.00 **V** 10/10. (S2)
12.00 NOON **Star Trek: Deep Space Nine** (S1)
2.00 PM **Fringe** 14/21. (S1)
3.00 **The Outpost** 13/13. (S3)
4.00 **Fact or Faked: Paranormal Files** A ghost-like apparition.
5.00 **Stargate SG-1** 6/22. (S5)
6.00 **Star Trek: Deep Space Nine** 12/20. Odo travels to the Gamma Quadrant. (S1)



9.00 Room 104

7.00 **Star Trek: Deep Space Nine** *Battle Lines:* 13/20. Sisko, Kira and Bashir are stranded in a world caught in a civil war. (S1)

8.00 **Star Trek: Voyager** *Caretaker – Part One:* 1/16. The starship is hurled into an uncharted region of space. (S1)

9.00 **Room 104** 4/12. A visitor seeks advice. **9.30** 6/12. A housekeeper reconnects with her younger self. (S1)

10.00 **The Twilight Zone** 7/10. A grieving couple have a strange encounter. **10.45** 8/10. A man finds a magical model. (S2)
11.30 **V** 10/10. Erica, Diana and the Fifth Column stage a coup in a bid to save humanity. (S2)
12.25 AM **Wynonna Earp** 12/12. (S4)
1.20 **Spides** 1/8. (S1)
2.20 **Stargate SG-1** 6/22. (S5)
3.15 **Star Trek: Deep Space Nine**
5.05 **to 6.00** AM **Most Haunted**

+1 hour 229

Alibi

109/110 809 126 343 358

7.15 AM **Murdoch Mysteries** (S12)
9.00 **Hudson & Rex** 14/16. (S4)
10.00 **Rizzoli & Isles** 3/10. (S1)
11.00 **Person of Interest** (S2)
12.00 NOON **Miss Fisher's Murder Mysteries** 1/13. (S1)
1.00 PM **Death in Paradise** (S6)
2.00 **Murdoch Mysteries** (S12)
4.00 **Hudson & Rex** 14/16. (S4)
5.00 **Rizzoli & Isles** 3/10. (S1)
6.00 **Without a Trace** 14/23. The team search for a delivery-truck driver after her vehicle is found abandoned. (S3)

6.00 Without a Trace

7.00 **Person of Interest** *All In:* 18/22. Reese and Finch discover a casino owner is using elderly customers to launder drug money. (S2)

8.00 **Death in Paradise** *Erupting in Murder:* 1/8. Humphrey investigates the death of a scientist studying a volcano.

9.00 **Death in Paradise** *The Secret of the Flame Tree:* 2/8. A literature student is pushed off a cliff to her death. (S6)

10.00 **Murdoch Mysteries** *Patriot Games:* 18/24. A Japanese spy is found dead in the cellar of a Korean family. (S15)
11.00 **Without a Trace** As 6.00pm.
12.00 M'T **Hudson & Rex** 14/16. The owner of a construction company is found dead. (S4)
1.00 AM **Miss Fisher's Murder Mysteries** 1/13. (S1)
2.00 **Evil** 8/13. (S2)
3.00 **to 4.00** AM **Traces**

+1 hour 209/210 191

GOLD

110/111 110/111 124 344 359

7.10 AM **Highlights**
9.20 **Are You Being Served?**
10.00 **Open All Hours**
10.40 **Last of the Summer Wine**
12.00 NOON **Green Green Grass**
12.40 PM **Outnumbered**
1.20 **Dad's Army**
2.00 **Open All Hours**
2.40 **Are You Being Served?**
3.20 **Last of the Summer Wine**
4.40 **Dad's Army**
5.20 **The Green Green Grass**
6.00 **Are You Being Served?**
6.40 **Dad's Army**

8.00 Blackadder the Third

7.20 **Dad's Army** Walker is accused of being a fifth columnist for smuggling Italian PoWs out of camp.

8.00 **Blackadder the Third** The new prime minister makes plans to bankrupt the Prince Regent. **8.40** Edmund falls foul of Dr Johnson. Guest stars Robbie Coltrane.
9.20 **Miranda** Stevie and Miranda compete for the attention of a new friend.

10.00 **Not Going Out** Lee imagines having the perfect life with Lucy.
10.40 **Live at the Apollo** Hosted by Rhod Gilbert.
11.40 **Upstart Crow** Will finds himself facing a dilemma.
12.20 AM **This Time with Alan Partridge** Double bill.
1.40 **Miranda** As 9.20pm.
2.15 **Not Going Out** As 10.00pm.
2.45 **to 4.00** AM **Live at the Apollo**

+1 hour 210/211 194

Dave

111/112 127 19 157

7.10 AM **Secrets of the Supercars**
8.00 **Cop Car Workshop**
9.00 **The Force: Behind the Line**
10.00 **Survivor South Africa** New edition Reality series.
11.00 **Rick Stein's Mediterranean Escapes** A feast in Corfu.
12.00 NOON **Special Ops: Crime Squad UK**
1.00 PM **Cop Car Workshop**
2.00 **Top Gear** Double bill.
4.00 **Red Bull Soapbox Race**
5.00 **QI XL** With Aisling Bea.
6.00 **Taskmaster** With Joe Thomas.

7.00 Richard Osman's House...

7.00 **Richard Osman's House of Games** With Mina Anwar and Glen Moore.
7.40 **Room 101** With Ross Kemp, Rob Beckett and Sophie Ellis-Bextor.
8.20 **Would I Lie to You?** With Jo Brand, Emma Bunton, Jonnie Peacock and Shaun Williamson.

9.00 **QI XL** Guest Phill Jupitus, Danny Baker and Teri Hatcher join regular panellist Alan Davies and host Sandi Toksvig.

10.00 **Have I Got a Bit More News for You** Alexander Armstrong hosts, with guest panellists Joe Lycett and Kirsty Wark.
11.00 **Taskmaster**
12.00 M'T **Mock the Week**
12.40 AM **QI** With Doon Mackichan.
1.20 **Meet the Richardsons**
2.00 **House of Games**
2.30 **QI XL** With Sara Pascoe.
3.30 **to 4.00** AM **Beat the Internet with John Robins**

+1 hour 211 131 57

7 PM 8 PM 9 PM 10 PM

GREAT! tv

157 189 50 142

6.00 AM **Sue Thomas: F.B.Eye** 17&18/19. (S1)
8.00 **Highway to Heaven**
10.00 **Crazy Like a Fox** (S2)
11.00 **Castle** 3/23. (S6)
12.00 NOON **Body of Proof**
1.00 PM **Sue Thomas: F.B.Eye** 8&9/19. (S2)
3.00 **Diagnosis Murder**
5.00 **Murder, She Wrote**
7.00 **M*A*S*H** 3-6/26. (S7)
9.00 **Randall and Hopkirk (Deceased)** *It's Supposed to Be Thicker Than Water:* 22/26. A family reunion turns into a grim affair. (S1)
10.00 **The Persuaders!** *Someone Like Me:* 7/24. Brett starts acting out of character. (S1)
11.00 **Return of the Saint**
12.00 M'T **M*A*S*H** (S7)
2.00 AM **Randall and Hopkirk (Deceased)**
3.00 **Sue Thomas: F.B.Eye**
4.30 **to 6.00** AM **Highway to Heaven**

+1 hour 257 220 62 143

4seven

137 143 49 127

9.00 AM **Come Dine with Me**
11.30 **A Place in the Sun**
1.30 PM **A New Life in the Sun: Where Are They Now?** Documentary.
2.30 **Come Dine with Me**
5.00 **A Place in the Sun**
6.00 **Emergency Helicopter Medics** Documentary.
7.00 **Sarah Beeny's New Life in the Country**
8.00 **Matt Baker: Our Farm in the Dales** In summer, the sheep are sheared.
9.00 **The Great Pottery Throw Down** The five remaining potters take part in the quarter-final.
10.15 **Gogglebox**
11.15 **Bronson: Fit to Be Free?** 1/2. Documentary.
12.20 AM **Guy Martin's Great British Power Trip**
1.25 **Sex Actually with Alice Levine** Documentary.
2.30 **The Supervet: Safari Special**
3.35 **to 4.35** AM **The Dog House**

5USA

141 141 153 21 129

9.00 AM **NCIS** (S4)
12.00 NOON **Law & Order**
12.55 PM **Entertainment News**
1.00 **Law & Order**
6.00 **NCIS** *Ex-File:* 3/19. Lt Col Mann arrives to assist with inquiries into the murder of a Marine. **7.00** *Identity Crisis:* 4/19. Ducky discovers a cadaver he is using for medical research is the body of a murder victim. **8.00** *Leap of Faith:* 5/19. A Navy SEAL is shot dead while threatening to throw himself from the top of a building. (S5) **9.00** *Blood in the Water:* 1/21. The NCIS team search for Gibbs after the wreckage from his boat is discovered. (S19)
10.00 **Law & Order: Special Victims Unit** (S5&4)
1.50 AM **The Blacklist**
3.35 **to 4.00** AM **Criminals: Caught on Camera**

+1 hour 241 185 130

5STAR

128 151 32 131

8.00 AM **Entertainment News**
8.10 **Rich Kids, Skint Holiday**
9.00 **Bargain-Loving Brits in the Sun**
10.00 **Call the Bailiffs: Time...**
11.00 **Dirty Home Rescue**
12.00 NOON **Traffic Cops**
2.00 PM **Police Interceptors**
5.00 **Call the Bailiffs: Time to Pay Up**
6.00 **Home and Away**
7.00 **GPs: Behind Closed Doors** Docmentary.
8.00 **Casualty 24/7: Every Second Counts**
9.00 **Call the Bailiffs: Time to Pay Up**
10.00 **Murdered By My Husband** Documentary.
11.00 **Countdown to Murder**
12.00 M'T **Skin A&E**
1.00 AM **Kill Thy Neighbour**
2.00 **GPs: Behind Closed Doors** Documentary.
3.00 **Amazing Cleans**
3.50 **to 4.00** AM **Entertainment News**

+1 hour 228 186 141

W

132 827 125 25 156

6.15 AM **Top Chef**
7.00 **Property Brothers: Forever Homes**
8.00 **Tipping Point**
10.00 **DIY SOS: The Big Build**
12.00 NOON **Bang on Budget**
1.00 PM **Tipping Point**
4.00 **DIY SOS: The Big Build**
5.00 **Property Brothers: Forever Homes**
6.00 **MasterChef Australia**
7.20 **Nigellissima** Nigella Lawson presents a guide to Italian cookery.
8.00 **Inside the Ambulance** Paramedics treat a woman trapped in her car after a crash.
9.00 **DIY SOS: The Big Build** Helping a family in Kent.
10.20 **24 Hours in A&E**
11.20 **Inside the Operating Theatre** Documentary.
12.20 AM **Million Dollar Wedding Planner**
1.30 **Young Vets**
2.20 **to 3.00** AM **Inside the Ambulance**

+1 hour 232 190

Drama

143 130 20 158

7.20 AM **Pie in the Sky**
8.15 **The Bill**
9.15 **Classic Holby City**
10.35 **Casualty**
11.40 **The Bill**
12.40 PM **Classic EastEnders**
2.00 **Howards' Way**
3.10 **Lovejoy**
4.10 **Peak Practice**
5.20 **As Time Goes By**
6.00 **Keeping Up Appearances**
6.40 **Last of the Summer Wine** Double bill.
8.00 **The Inspector Lynley Mysteries** *In Divine Proportion:* A woman is murdered with a shotgun in rural Suffolk.
10.00 **New Tricks** *Diamond Geezers:* The team track a vicious criminal.
11.20 **Clocking Off**
12.30 AM **Bad Girls**
1.30 **Lovejoy**
2.45 **to 4.00** AM **Passport to Freedom**

+1 hour 243 226 60

SKY HD SD VIRGIN HD FREEVIEW HD FREESAT HD BT HD

MONDAY

Documentaries

RealityXtra
147 197 68 134

9.00 AM **Perry Mason**
11.00 **Matlock** As 6pm.
12.00 NOON **The Fugitive**
1.00 PM **Evidence of Evil**
3.00 **Perry Mason**
5.00 **The Fugitive** *Cry Uncle:* 11/30. Kimble finds himself in an unusual situation when three children decide to use him as an ally in their efforts to run away from an orphanage. (S2)
6.00 **Matlock** *The Picture – Part Two:* 13/22. Matlock defends his cousin when she is accused of murdering her own husband. (S6)
7.00 **Judge Judy** Real-life small-claims cases on issues affecting family life, presided over by the former New York judge.
1.00 AM **Matlock** As 6pm.
2.00 **The Fugitive** As 5pm.
3.00 **Murder By the Sea**
5.00 **to 6.00** AM **Medical Detectives**

Legend
148 149 41 137

8.00 AM **Walker, Texas Ranger** 16/27. (S4)
9.00 **Mutant X** 14/22. (S2)
10.00 **Star Trek: The Next Generation** 21/26. (S4)
11.00 FILM **Terror Peak** Thriller. (2003, PG) ★
1.05 PM FILM **Icetastrophe** Sci-fi disaster movie. (2014, PG, 86min) ★★
3.00 FILM **Instrument of War** Wartime drama. (2017, 12, 90min) ★★
5.00 **Star Trek** 7/24. (S3)
6.00 **Star Trek: The Next Generation** 22/26. (S4)
7.00 **Airwolf** 3/22. (S3)
8.00 **Walker, Texas Ranger**
9.00 FILM **Air America** Offbeat action comedy. (1990, 15, 112min) ★★★
11.10 FILM **Hellraiser III: Hell on Earth** Horror sequel. (1992, 18, 93min) ★
1.00 AM FILM **The Shrine** Horror. (2010, 18) ★★
2.45 **to 4.30** AM FILM **FirstBorn** Horror thriller. (2016, 15, 86min) ★★

Challenge
145 139 48 146

7.00 AM **The Chase**
10.00 **Dickinson's Real Deal**
11.00 **Dale's Supermarket Sweep** Double bill.
12.00 NOON **Wheel of Fortune** Double bill.
1.00 PM **Catchphrase**
2.00 **Classic Who Wants to Be a Millionaire?** Quiz.
3.00 **Play Your Cards Right**
4.00 **Bruce's Price Is Right**
5.00 **Bullseye** Four editions of the darts-based quiz.
7.00 **Pointless** Quiz hosted by Alexander Armstrong and Richard Osman.
8.00 **The Chase** Double bill of the quiz show hosted by Bradley Walsh.
10.00 **Classic Who Wants to Be a Millionaire?** Big-money quiz show hosted by Chris Tarrant.
11.00 **Bullseye** Double bill of the darts-based quiz.
12.00 M'T **The Chase**
4.00 AM **Classic Who Wants to Be a Millionaire?**
5.00 **to 6.00** AM **Bullseye**

E!
159 159 835 160

7.00 AM **Wags**
8.00 **Keeping Up with the Kardashians**
10.00 **Jerseylicious**
11.00 **Rich Kids of Beverly Hills** Double bill.
12.00 NOON **Botched**
1.00 PM **Kourtney & Kim Take New York**
2.00 **Keeping Up with the Kardashians**
7.00 **Botched** Double bill.
9.00 **Keeping Up with the Kardashians** Khloe and Kim plan an epic surprise to celebrate Corey's birthday. **10.00** Kim reveals she no longer wants to host the annual Christmas Eve party.
11.00 **Rich Kids of Beverly Hills** Double bill of the reality series.
12.00 M'T **Dr 90210**
1.00 AM **Wags**
2.00 **Teleshopping**
3.00 **to 5.00** AM **Kimora: Life in the Fab Lane**

Sky Documentaries
121 121 819 277 352 367

6.00 AM **The Guest Wing**
7.00 **Discovering: Jack Lemmon**
8.00 **The Directors**
9.00 **The Seventies**
10.00 **Spector**
11.00 **The Vow**
12.00 NOON **Reopening Night**
1.45 PM **My Icon: John Amaechi**
2.00 FILM **Ice on Fire** Documentary. (2019, PG, 88min) ★★★★
4.00 **The Directors**
5.00 **Discovering: Jack Lemmon**
6.00 **The Seventies**
7.00 **Spector** 1/4. Documentary series.
8.00 **The Vow** The story of cult leader Keith Raniere.
9.00 **Jackie Stewart**
10.50 **Kenny** Documentary.
12.40 AM **Wirecard: A Billion Euro Lie**
2.40 **Ethel** Documentary.
4.40 **My Icon: John Amaechi**
5.00 **to 6.00** AM **Discovering: Jack Lemmon**

Sky Nature
124 124 822 278 354 369

6.00 AM **Wild Castles**
7.00 **Monkey Life**
8.00 **New Kids in the Wild**
9.00 **Malawi Wildlife Rescue**
10.00 **Brazil Untamed**
11.00 **Africa's Wild Horizons**
12.00 NOON **Hope for Wildlife**
1.00 PM **Monkey Life**
2.00 **New Kids in the Wild**
3.00 **Malawi Wildlife Rescue**
4.00 **Brazil Untamed**
5.00 **Africa's Wild Horizons**
6.00 **Hope for Wildlife**
7.00 **Monkey Life**
8.00 **Attenborough's Journey** The making of the series *First Life*.
9.00 **America's Wild Seasons**
10.00 **Africa's Wild Horizons**
11.00 **Hope for Wildlife**
12.00 M'T **Dogs: An Amazing Animal Family**
1.00 AM **Secret Life of the Kangaroo**
2.00 **Attenborough's...**
3.00 **America's Wild Seasons**
4.00 **New Kids in the Wild**
5.00 **to 6.00** AM **Malawi...**

HGTV
158 286 44 166

7.00 AM **Building Off the...**
8.00 **The Great Interior...**
9.00 **A Place in the Sun**
10.00 **Escape to the Country**
11.00 **Fantasy Homes by the...**
12.00 NOON **My Lottery Dream Home**
1.00 PM **Home Town**
2.00 **Christina in the Country**
3.00 **The Great Interior Design Challenge**
4.00 **Restoration Home**
5.00 **Building Off the Grid**
6.00 **A Place in the Sun**
7.00 **Fantasy Homes by the Sea** The Devon coast.
8.00 **My Dream Derelict Home in the Sun** New edition
9.00 NEW SERIES **Fixer Upper Rewatch**
10.00 **Help! I Wrecked My House** New edition
11.00 **Home Town**
12.00 M'T **Fantasy Homes by...**
1.00 AM **Building Off the...**
2.00 **to 4.00** AM **Highlights**

+1 hour 258 290

Food Network
140 285 43 148

6.00 AM **Trisha's Southern Kitchen** New editions
7.00 **The Pioneer Woman**
8.00 NEW SERIES **Delicious Miss Brown**
9.00 **Jamie's 15 Minute Meals**
9.30 **Jamie's 30 Minute Meals**
10.00 **Gok Wan's Easy Asian**
11.00 **Donal's Meals in Minutes**
12.00 NOON **Great British...**
2.00 PM **James Martin's...**
3.00 **Jamie's 15 Minute Meals**
3.30 **Jamie's 30 Minute Meals**
4.00 **Delicious Miss Brown**
5.00 **The Pioneer Woman** New edition
5.30 **The Pioneer Woman**
6.00 **Ainsley Eats the Streets**
7.00 **Great British Bake Off**
8.00 **James Martin's American Adventure**
9.00 **Gok Wan's Easy Asian**
10.00 **Ainsley Eats the Streets**
11.00 **Restaurant: Impossible**
12.00 M'T **Guy's Grocery Games** New edition
1.00 **to 3.00** AM **Highlights**

+1 hour 240 149

DMAX
172 171 39 150

6.00 AM **Salvage Dawgs**
7.00 **Outback Opal Hunters**
8.00 **Alaskan Bush People**
10.00 **Alaska: Last Frontier**
12.00 NOON **Yukon Men**
1.00 PM **Aussie Gold Hunters**
2.00 **Gold Divers**
3.00 **Alaska: Homestead Rescue** Documentary.
4.00 **Building Off the Grid**
5.00 **Scrap Kings**
6.00 **Outback Opal Hunters**
7.00 **Deadliest Catch**
8.00 **Alaska: Last Frontier**
9.00 **Sinkholes: Swallowed Alive** The facts about the natural phenomena.
10.00 **Copycat Killers** A twisted idea stolen from *Breaking Bad*.
11.00 **Jade Fever**
12.00 M'T **Alaska: Last Frontier**
1.00 AM **Naked and Afraid**
2.00 **Teleshopping**
4.00 **Tanked**
5.00 **to 6.00** AM **Maine Cabin Masters**

+1 hour 272 214 151

5Action
150 150 33 132

9.00 AM **Entertainment News**
9.05 **Winter Road Rescue**
9.40 **Outback Truckers**
10.40 **Police Interceptors**
11.45 FILM **Angel and the Badman** Western. (1947, b/w, U, 100min) ★★★
1.55 PM FILM **Arrowhead** Western. (1953, U) ★★
4.00 **Trucking Hell**
5.00 **Outback Truckers**
6.00 **Police Interceptors**
7.00 **Trucking Hell**
8.00 **Warship: Life at Sea**
9.00 FILM **The Kingdom** Action thriller starring Jamie Foxx. (2007, 15, 105min) ★★★
11.10 FILM **The Negotiator** Political thriller. (2018, 15, 109min) ★★★★
1.25 AM **UK's Strongest Man 2022** In Milton Keynes.
2.25 **999: Criminals Caught on Camera**
3.20 **Sinkholes**
4.10 **Red Shoe Diaries**
4.35 **to 5.00** AM **Criminals: Caught on Camera**

Sky Crime
122 122 820 121 349 364

6.00 AM **Highway Patrol**
7.00 **Motorway Patrol**
8.00 **Send in the Dogs**
9.00 **Nothing to Declare**
10.00 **UK Border Force**
11.00 **How I Caught the Killer**
12.00 NOON **Real Manhunter**
1.00 PM **Murders That Shocked the Nation**
2.00 **Killer in My Village**
3.00 **World's Most Evil Killers**
4.00 **Britain's Most Evil Killers**
5.00 **What the Killer Did Next**
6.00 **Killer in My Village**
7.00 **World's Most Evil Killers**
8.00 **Britain's Most Evil Killers**
9.00 **Mark of a Serial Killer**
10.00 **Forensics: Catching...**
11.00 **World's Most Evil Killers**
12.00 M'T **Forensics: Catching the Killer**
1.00 AM **Love You To Death**
2.00 **Killer in My Village**
3.00 **When Life Means Life**
4.00 **The Force: Manchester**
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 222 164

CBS Reality
146 148 67 135

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **Medical Detectives** A train crash in Alabama. **7.30** A politician dies in mysterious circumstances.
8.00 **48 Hours** New edition Twin sisters say they were attacked, but it is unclear if they are telling the truth or hiding a family secret.
9.00 **Inside Crime** The stories of two female scammers.
10.00 **Interview with a Serial Killer** Arthur Shawcross talks about his crimes.
11.00 **Fatal Vows** A love triangle of jealousy that led to murder.
12.00 M'T **Medical Detectives**
1.00 AM **Inside Crime**
2.00 **Interview with a Serial Killer** As 10.00pm.
3.00 **48 Hours**
3.45 **Medical Detectives**
4.10 **to 6.00** AM **Judge Judy**

+1 hour 246 218 136

Really
142 128 17 160

6.00 AM **Fantasy Homes by the Sea** From Portugal.
7.00 **Teleshopping**
8.00 **Salvage Hunters**
10.00 **Antiques Road Trip**
12.00 NOON **Money for Nothing** Old metal props.
1.00 PM **A Place in the Sun**
2.00 **Animal Cops Houston**
4.00 **Dr Jeff: Rocky Mountain Vet**
5.00 **Helicopter ER**
6.00 **Money for Nothing**
7.00 **Antiques Road Trip**
9.00 **The Edinburgh Auction House** New edition Sybelle helps a client downsize – only to find a diamond-encrusted gold nugget.
10.00 **The Repair Shop** A cherished pedal scooter is restored.
11.00 **Ghost Adventures**
12.00 M'T **Ghost Nation**
1.00 AM **Ghost Adventures**
2.00 **Teleshopping**
4.00 **to 6.00** AM **Animal Cops Houston**

Blaze
164 199 64 162

6.00 AM **Hardcore Pawn**
7.45 **Weird or What? with William Shatner**
8.40 **Ancient Aliens**
10.40 **Storage Wars Canada**
11.10 **Storage Wars**
12.10 PM **Pawn Stars**
2.05 **Hardcore Pawn**
4.00 **Ancient Aliens**
6.00 **Weird or What? with William Shatner**
7.00 **Storage Wars**
8.00 **Dickinson's Real Deal**
9.00 **The Curse of Oak Island** Evidence of a Knights Templar connection to the island.
10.00 **Secrets in the Ice**
11.00 **Lost Gold of World War II** The team make their biggest breakthrough yet.
12.00 M'T **Monsterquest**
1.00 AM **Wicked Tuna**
2.00 **Swamp People**
3.00 **Dickinson's Real Deal**
3.45 **Storage Wars Canada**
4.10 **to 6.00** AM **Pawn Stars**

+1 hour 81

TLC
133 133 828 167

7.00 AM **Flip or Flop**
8.00 **Good Bones**
9.00 **Say Yes... UK**
10.00 **Say Yes to the Dress**
11.00 **Say Yes... Atlanta**
12.00 NOON **Say Yes to the Dress: Lancashire**
1.00 PM **Cake Boss**
2.00 **Dr Pimple Popper**
3.00 **My Lottery Dream Home** Double bill.
4.00 **Seeking Sister Wife**
5.00 **I Love a Mama's Boy**
6.00 **Flip or Flop**
7.00 **Welcome to Plathville**
8.00 **Extreme Sisters** New edition
9.00 NEW SERIES **sMothered**
10.00 **Dr Pimple Popper**
11.00 **Seeking Sister Wife**
12.00 M'T **Extreme Sisters**
1.00 AM **sMothered**
2.00 **Dr Pimple Popper**
3.00 **Seeking Sister Wife**
4.00 **Flip or Flop**
5.00 **to 6.00** AM **Say Yes to the Dress: UK**

+1 hour 233 172

5SELECT
153 152 56 133

9.00 AM **Eggheads**
9.25 **GPs: Behind Closed Doors** Documentary.
10.30 FILM **My Mother Is a Murderer** Thriller. (2020, PG, 90min) ★★
12.20 PM FILM **Paralysed By Danger** Thriller. (2021, PG, 86min) ★★
2.00 **Holiday Homes in the Sun** From Saint-Emilion.
3.00 **The Yorkshire Vet**
4.00 **Ben Fogle: New Lives in the Wild** Double bill.
6.00 **World's Most Scenic Railway Journeys**
7.00 **The Yorkshire Vet**
8.00 **Scotland: A Year in the Wild** The Shetland Isles.
9.00 **Lost Worlds with Ben Fogle** The presenter explores Detroit.
10.30 **Forged in Fire**
12.15 AM **Drain the Oceans: Lost Giants**
1.20 **Great British Ships: Golden Hinde**
2.20 **to 4.00** AM **Ben Fogle: New Lives in the Wild**

Quest
144 144 834 169 12 172

6.00 AM **How Do They Do It?**
6.25 **Find It, Fix It, Flog It**
7.10 **The Repair Shop**
8.00 **American Pickers**
10.00 **Chasing Classic Cars**
11.00 **Salvage Hunters: Classic Cars**
12.00 NOON **Motor Pickers**
1.00 PM **The Repair Shop**
2.00 **Love Your Garden**
3.00 **Find It, Fix It, Flog It**
4.00 **Salvage Hunters**
5.00 **Salvage Hunters: The Restorers**
6.00 **Wheeler Dealers**
7.00 **Aussie Gold Hunters**
8.00 **Salvage Hunters**
9.00 **Opal Hunters: Red Dirt Road Trip** New edition
10.00 **Jade Fever**
11.00 **How Do They Do It?**
12.00 M'T **Wheeler Dealers**
1.00 AM **Cops UK**
2.00 **Salvage... Classic Cars**
3.00 **Motor Pickers**
4.00 **to 5.00** AM **How It's Made**

+1 hour 244 213 70 168

Quest Red
149 170 40 169

6.00 AM **Say Yes to the Dress**
7.00 **Curvy Brides Boutique**
8.00 **Say Yes to the Dress**
9.00 **Animal Cops Detroit**
11.00 **Forensic Detectives**
1.00 PM **Diabolical: Deadly Love**
2.00 **Disappeared**
3.00 **Murder Comes to Town**
4.00 **Reasonable Doubt**
5.00 **Say Yes to the Dress**
7.00 **Who Do You Think You Are?** With singer Lulu.
8.00 **Dr Pimple Popper**
9.00 **Unbelievable Me** New edition Stories of people living with rare medical conditions.
10.00 **World's Tallest Couple: Body Bizarre**
11.00 **Forensic Detectives**
12.00 M'T **The Murder of Arthur Labinjo-Hughes: A Faking It Special**
1.00 AM **The Perfect Murder**
2.00 **Murder Comes to Town**
3.00 **to 4.00** AM **FBI Files**

+1 hour 249 170

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125 125 823 250 320 325

6.00 AM **Wheeler Dealers**
7.00 **Deadliest Catch**
8.00 **Alaska: Homestead Rescue**
9.00 **Flying Wild Alaska**
10.00 **How Do They Do It?**
11.00 **Wheeler Dealers**
12.00 NOON **Salvage Hunters**
1.00 PM **Gold Rush**
3.00 **Building Off the Grid**
4.00 **Alaska: Homestead Rescue**
5.00 **Wheeler Dealers**
6.00 **Salvage Hunters** Quirky head carvings and a tartan design in honour of Elvis Presley.

10.00 **Diesel Brothers**

7.00 **Kindig Customs** The last car show of the season arrives, so the Fairlane and the Nomad get extra attention from the team.

8.00 **Outback Truckers** Steve's hot shot run to Broome starts to unravel, and Mark's short cut becomes a nightmare.

9.00 **Kindig Customs** New edition The shop prepares for the 2022 SEMA show in Las Vegas.

10.00 **Diesel Brothers** New edition Heavy D pushes his luck on a 951 International Diesel dozer with engine problems.

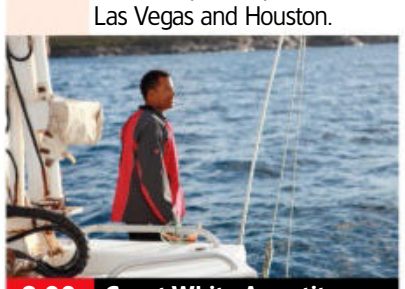
11.00 **Naked and Afraid** Two survivalists face venomous coral snakes in Mexico.
12.00 M'T **Combat Dealers**
1.00 AM **Kindig Customs**
2.00 **Diesel Brothers**
3.00 **Moonshiners**
4.00 **to 5.00** AM **Wheeler Dealers**

+1 hour 225 258

Animal Planet

162 251

8.00 AM **The Pool Master**
9.00 **Life at Vet University**
10.00 **Pit Bulls & Parolees**
11.00 **Alaska: Homestead Rescue**
12.00 NOON **The Pool Master**
1.00 PM **Life at Vet University**
2.00 **The Pool Master**
3.00 **Life at Vet University**
4.00 **Pit Bulls & Parolees**
5.00 **Alaska: Homestead Rescue**
6.00 **The Pool Master** Presenter Anthony Archer-Wills visits luxurious private pools in Las Vegas and Houston.



8.00 **Great White Appetite**

7.00 **Life at Vet University** Graduation is around the corner – but the trainees have much to prove to earn their qualifications.

8.00 **Great White Appetite** The new information that could help scientists understand the secrets of great white sharks.

9.00 **Deadliest Sharks** Dr Michael Domeier and Dr Barry Bruce examine the deadly oceanic white tip sharks.

10.00 **Alaskan Bush People** The Wolfpack brace for a looming wildfire, while Ami and Billy return with a health update.

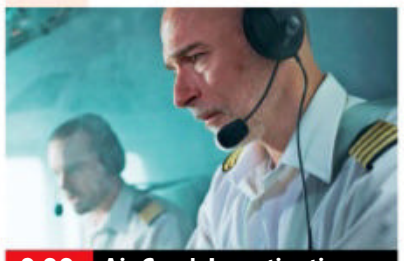
11.00 **Coyote Peterson: Brave the Wild** A search for Australia's most fascinating lizards. **11.30** The Tasmanian devil.
12.00 M'T **Tanked**
1.00 AM **Alaskan Bush People**
2.00 **Pit Bulls & Parolees**
3.00 **Alaska: Homestead Rescue**
4.00 **to 5.00** AM **The Pool Master**

+1 hour 262 259

Nat Geographic

129 129 825 266

8.00 AM **Food Factory**
9.00 **Air Crash Investigation**
10.00 **Car S.O.S**
11.00 **Ice Road Rescue**
12.00 NOON **Nazi Megastructures**
1.00 PM **Vikings: The Rise and Fall**
2.00 **Drain the Oceans**
3.00 **World War II: Secrets From Above** Double bill.
5.00 **World War II: The Apocalypse** America's preparations for dropping the atomic bomb.
6.00 **Lost Treasures of Egypt** Archaeologists investigate Alexander the Great.



9.00 **Air Crash Investigation**

7.00 **Air Crash Investigation** How a former airline employee caused a plane to crash in 1987, killing all 43 people on board.

8.00 NEW SERIES **Airport Security: First Class Rome** Italian police seize a cocaine stash strapped to a back support.

9.00 **Air Crash Investigation** New edition A deadly flaw that caused a turboprop to crash in Papua New Guinea.

10.00 **Trafficked with Mariana Van Zeller** Mariana investigates the trade of human organs on the black market.

11.00 **Air Crash Investigation**
12.00 M'T **Banged Up Abroad**
1.00 AM **Drugs Inc**
2.00 **Lords of War**
2.30 **Food Factory**
4.10 **Secrets of the Zoo: Keeper Tales**
4.35 **to 5.00** AM **Exotic Animal ER: Double Dose**

+1 hour 229 267

Sky History

123 123 821 270 353 368

6.00 AM **Forged in Fire**
7.00 **Storage Wars**
8.00 **American Pickers**
9.00 **Pawn Stars**
10.00 **Salvage Kings**
11.00 **Henry VIII's Lost Palace: Digging Up Britain**
12.00 NOON **Mountain Men**
1.30 PM **Nature Gone Wild**
2.00 **Ancient Aliens**
3.00 **Salvage Kings**
4.00 **Storage Wars**
5.00 **Pawn Stars**
6.00 **American Pickers**

10.00 **Bermuda Triangle**

7.00 **Forged in Fire** The finalists must create a blade that requires both precision and detail – the French smallsword.

8.00 **American Pickers** New edition The Wolfe brothers visit some buildings abandoned since the 1950s.

9.00 **Strangest Things** New edition A look at unusual objects hidden in museums, laboratories and storage rooms.

10.00 **Bermuda Triangle: Into Cursed Waters** New edition The team begin a search for two large air force planes.

11.00 **The Bermuda Triangle Enigma** Documentary.
12.00 M'T **U-Boat Wargamers**
1.15 AM **American Pickers**
2.10 **Henry VIII's Lost Palace: Digging Up Britain**
3.10 **Storage Wars**
4.05 **Salvage Kings**
5.00 **to 6.00** AM **Ancient Aliens**

+1 hour 223 271

Yesterday

155 155 846 129 27 159

6.00 AM **Churchill's Bodyguard**.
8.00 **Abandoned Engineering**
9.00 **Narrow Escapes of World War II** Documentary.
10.00 **WW2: Battles for Europe**
11.00 **Secrets of the London Underground**
12.00 NOON **Great British Railway Journeys** Four editions.
2.00 PM **Bangers and Cash**
4.00 **Narrow Escapes of World War II** Documentary.
5.00 **WW2: Battles for Europe**
6.00 **Great British Railway Journeys** Double bill.

8.00 **Hornby: A Model World**

7.00 **Secrets of the London Underground** Exploring the abandoned branch line located between Holborn and Aldwych. **7 PM**

8.00 **Hornby: A Model World** New edition A huge challenge faces designer Phil with Hornby's latest range of A4 locos. **8 PM**

9.00 **The Architecture the Railways Built** Tim Dunn examines the architecture of the Stockton & Darlington railway. **9 PM**

10.00 **Bangers and Cash** Derek is reunited with the vehicle he took his driving test in – a 1957 Ford 100E Estate. **10 PM**

11.00 **Abandoned Engineering** Exploring Oradour-sur-Glane, a French town that is drenched in infamy.
12.00 M'T **Great British Railway Journeys** Double bill.
1.00 AM **Underground Worlds**
2.00 **to 3.00** AM **Churchill's Bodyguard**

+1 hour 255 217 74

Disc. History

177 257

6.00 AM **Combat Dealers**
7.00 **How the Universe Works**
8.00 **Tony Robinson's World War One**
9.00 **Combat Dealers**
10.00 **Expedition Unknown**
11.00 **UFOs Over Phoenix**
12.00 NOON **Shed and Buried** Double bill.
1.00 PM **Combat Dealers**
2.00 **Wings of War**
3.00 **Blowing Up History**
4.00 **Mysteries at the Museum** A wooden sign.
5.00 **Tony Robinson's World War One**
6.00 **How the Universe Works**
7.00 **Expedition Unknown**
8.00 **Combat Dealers**
9.00 **Hunting Atlantis**
10.00 **How the Universe Works**
11.00 **Blowing Up History**
12.00 M'T **Combat Dealers**
2.00 AM **Hunting Atlantis**
3.00 **Wings of War**
4.00 **to 5.00** AM **Blowing Up History**

+1 hour 277 261

Eden

166 245

9.00 AM **Inside the Vets**
10.00 **Aquarium: An Aquatic...**
11.00 **World of Oceans**
12.00 NOON **Nature's Nurseries** Documentary.
1.00 PM **Forbidden History**
2.00 **Inside the Vets**
3.00 **Africa From Above**
5.00 **Aquarium: An Aquatic Life**
6.00 **World of Oceans**
7.00 **Forbidden History**
8.00 **Inside the Vets**
9.00 **Africa From Above**
10.00 **World of Oceans**
11.00 **Aquarium: An Aquatic Life**
12.00 M'T **Forbidden History**
1.00 AM **Inside the Vets**
2.00 **Aquarium: An Aquatic...**
3.00 **World of Oceans**
3.50 **Africa From Above**
4.40 **Forbidden History**
5.30 **to 6.00** AM **David Attenborough's Natural Curiosities**

+1 hour 266 246

WILD

165 165 841 264 265

8.00 AM **Animal Fight Club**
9.00 **Lion Kingdom**
10.00 **Kingdom of the Polar Bears** Double bill.
12.00 NOON **Snakes in the City** A trapped mamba.
1.00 PM **Yukon Vet**
2.00 **Monster Fish of the Congo** Documentary.
3.00 **Africa's Big Five**
4.00 **America's Funniest Home Videos: Animal Edition**
5.00 **Snakes in the City**
7.00 **Secrets of the Zoo**
8.00 **Dragon Island**
9.00 **Cesar Millan: Better Human Better Dog** New edition Helping a family with their aggressive Border Collie.
10.00 **When Sharks Attack**
11.00 **Snakes in the City**
12.00 M'T **Shark Attack Files**
1.00 AM **Caught in the Act**
2.00 **Lion Kingdom**
3.00 **to 5.00** AM **Kingdom of the Polar Bears**

Sky History 2

163 163 840 272

8.00 AM **Legends of the Pharaohs: Secrets of the Pyramid Builders**
9.00 **Battle 360**
10.00 **Lost Gold of World War II** Documentary.
11.00 **Ancient Aliens**
1.00 PM **Alien Files: Unsealed**
2.00 **Legends of the Pharaohs: Secrets of the Pyramid Builders**
4.00 **Mega Disasters**
5.00 **Dangerous Missions**
6.00 **Alien Files: Unsealed**
7.00 **Ancient Aliens**
9.00 **Paranormal: Caught on Camera** A father and son record evidence of a monster in a lake in Canada.
10.00 **Paranormal Survivor**
11.00 **Ancient Aliens** .
2.00 AM **Paranormal: Caught on Camera**
3.00 **Paranormal Survivor**
4.00 **Lost Gold of World...**
5.00 **to 6.00** AM **What on Earth?**

PBS America

174 273 84 155

8.00 AM **Beautiful Serengeti**
8.40 **Submarines**
9.50 **Azorian: The Raising...**
10.55 **WWII in Color: Road...**
12.00 NOON **World War II...**
1.00 PM **Shanghai 1937: Where World War II Began** Documentary.
2.15 **Submarines**
3.25 **Azorian: The Raising...**
4.30 **WWII in Color: Road...**
5.35 **World War II: The...**
6.35 **Submarines**
7.40 **Azorian: The Raising of the K-129** A project that saw the US raise a sunken Soviet submarine.
8.50 **WWII in Color: Road to Victory** New edition In the summer of 1944, war-torn France reaches a crisis point.
9.55 **World War II: The Last Heroes** Documentary.
10.55 **Azorian: The Raising...**
12.00 M'T **WWII in Color...**
1.05 **to 2.00** AM **Beautiful Serengeti**

CI

156 156 837 198

6.00 AM **The First 48**
8.00 **Cold Case Files**
9.00 **Killer Britain**
10.00 **Meet, Marry, Murder**
11.00 **The Real Murders of Orange County**
12.00 NOON **Buried in the Backyard**
1.00 PM **Fear Thy Neighbour**
2.00 **Secrets of the Morgue**
3.00 **On the Case**
4.00 **Murdertown**
5.00 **Cold Case Files**
6.00 **The First 48**
7.00 **Homicide: Hours to Kill**
8.00 NEW SERIES **Imperfect Murder**
9.00 **Evil Up Close: Women Who Kill**
10.00 **I Am a Stalker**
11.00 **Homicide Hunter**
12.00 M'T **Snapped**
1.00 AM **Cold Case Files**
2.00 **Murdertown**
3.00 **Criminal Confessions**
4.00 **Imperfect Murder**
5.00 **to 6.00** AM **The Real...**

+1 hour 256 222

SKY HD SD | VIRGIN HD | FREEVIEW HD | FREESAT HD | BT HD

MONDAY Films

Monday

Sky Cinema Premiere

301 301 848 401 501 515

6.00 AM **Where Is Anne Frank**
7.50 **Paradise City** Crime thriller. (2022, 15, 94min) ★★
9.40 **The Independent** As 8pm.
11.40 **The Invitation** As 12.15am.
1.40 PM **Where Is Anne Frank** Animated drama featuring the voice of Emily Carey. (2021, PG, 99min) ★★★★
3.40 **Bullet Train** As 10.00pm.
6.00 **Lamborghini: The Man Behind the Legend** Drama. (2022, 12, 97min) ★★

8.00 The Independent

8 PM

8.00 **The Independent** Drama starring Jodie Turner-Smith, Brian Cox and Luke Kirby. A journalist discovers a conspiracy involving a US presidential candidate. (2022, 12, 108min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10 PM

10.00 **Bullet Train** Comedy thriller starring Brad Pitt, Joey King and Aaron Taylor-Johnson. Five assassins aboard a swiftly moving train discover their missions have something in common. (2022, 15, 127min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11 PM

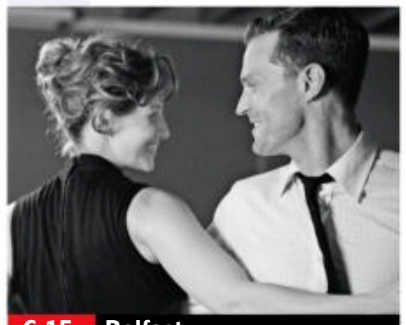
12.15 AM **The Invitation** Horror starring Nathalie Emmanuel. (2022, 15, 105min) ★★★
2.10 **Paradise City** As 7.50am.
4.00 **to 6.00** AM **Lamborghini: The Man Behind the Legend**

+1 hour 312

Sky Cinema Hits

303 303 857 403 503 517

6.35 AM **Wickensburg** As 4.50am.
8.20 **The Cinema List: The 90s**
8.40 **Teaching Mrs Tingle** (1999)
10.25 **Ace Ventura Pet Detective** Comedy. (1993, 12) ★★★★
12.00 NOON **Ace Ventura: When Nature Calls** (1995, PG) ★★
1.45 PM **Cast Away** Adventure. (2000, 12, 143min) ★★★★
4.15 **The Pursuit of Happyness** Drama. (2006, 12) ★★★
6.15 **Belfast** Kenneth Branagh's drama. (2021, 12) ★★★★


6.15 Belfast

8.00 **San Andreas** Thriller starring Dwayne Johnson. Following an earthquake in California, a helicopter pilot makes a dangerous journey across the state to rescue his daughter. With Carla Gugino and Alexandra Daddario. (2015, 12, 114min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Hollywoodland** Film noir thriller inspired by a true story, starring Adrien Brody, Diane Lane and Ben Affleck. (2006, 15, 126min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.10 AM **Paranormal Activity 4** Found-footage horror sequel. (2012, 15, 97min) ★★
1.40 **Teaching Mrs Tingle** Comedy thriller starring Katie Holmes. (1999, 15, 96min) ★★★
3.20 **Zola** Crime comedy drama. (2020, 18, 86min) ★★★★
4.50 **to 6.25** AM **Wickensburg** Adventure starring Denise Richards. (2022, PG) ★★★

Sky Cinema Wizarding World

306 306 850 406 506 520

7.45 AM **Harry Potter and the Goblet of Fire** (2005) ★★★
10.35 **Harry Potter and the Order of x** Fantasy. (2007, 12) ★★★
12.55 PM **Harry Potter and the Half-Blood Prince** Fantasy. (2009, 12, 153min) ★★★★★
3.30 **Harry Potter and the Deathly Hallows: Part I** Fantasy. (2010, 12, 146min) ★★★★
6.00 **Harry Potter and the Deathly Hallows: Part II** Fantasy. (2011, 12, 130min) ★★★★★

10.30 Fantastic Beasts...

8.15 **Fantastic Beasts and Where to Find Them** Harry Potter prequel starring Eddie Redmayne. A wizarding Brit arrives in 1920s New York with a bagful of magical creatures that cause chaos. With Katherine Waterston, Colin Farrell, and Dan Fogler. (2016, 12, 133min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.30 **Fantastic Beasts: The Crimes of Grindelwald** Fantasy adventure starring Eddie Redmayne and Johnny Depp. (2018, 12, 134min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.50 AM **Fantastic Beasts: The Secrets of Dumbledore** Fantasy with Eddie Redmayne. (2022, 12, 142min) ★★★
3.20 **to 6.00** AM **Harry Potter and the Philosopher's Stone** Fantasy with Daniel Radcliffe. (2001, PG, 152min) ★★★★

Sky Cinema Action

307 307 851 407 507 521

6.00 AM **Hero** As 5.05am.
7.55 **SAS: Red Notice** Thriller. (2021, 15, 90min) ★★★
10.00 **Battle: Los Angeles** Adventure. (2011, 12, 116min) ★★★
12.00 NOON **A Knight's Tale** Action comedy. (2001, PG) ★★★
2.15 PM **Dead Man Down** Thriller. (2013, 15, 115min) ★★★
4.15 **The Last Witch Hunter** Fantasy. (2015, 12) ★★★
6.05 **RED** Action comedy thriller. (2010, 12, 111min) ★★★★

6.05 RED

8.00 **RED 2** Action comedy sequel starring Bruce Willis, John Malkovich, Mary-Louise Parker and Helen Mirren. A bunch of retired spies try to track down a missing nuclear bomb. With Anthony Hopkins. (2013, 12, 111min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **The Raid 2** Action thriller sequel starring Iko Uwais and Arifin Putra. A cop goes undercover in a crime syndicate to expose connections between the gangsters and his corrupt colleagues. Partly subtitled. (2014, 18, 150min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.35 AM **The Punisher** Action thriller. (2004, 18, 123min) ★
2.55 **S.W.A.T.** Action thriller. (2003, 12, 115min) ★★★
5.05 **to 6.55** AM **Hero** Chinese period adventure. Subtitled. (2002, 12, 99min) ★★★★

Sky Cinema Comedy

308 308 408 508 522

6.10 AM **Sister of the Groom** Comedy. (2020, 15) ★★
7.50 **The Estate** (2022, 15) ★★
9.30 **A Very Brady Sequel** (1996)
11.05 **Big Gold Brick** (2022) ★★★
1.20 PM **Clueless** As 10.20pm.
3.15 **Napoleon Dynamite** Comedy. (2004, PG, 95min) ★★★★
4.50 **View from the Top** Comedy drama. (2003, PG) ★★★
6.20 **Anchorman: The Legend of Ron Burgundy** Comedy. (2004, 12, 94min) ★★★★

6.20 Anchorman

8.00 **As Good As It Gets** Comedy starring Jack Nicholson, Helen Hunt and Greg Kinnear. A misanthropic and neurotic novelist gradually rediscovers his humanity through his encounters with a painter and a single mother. (1997, 15, 138min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.20 **Clueless** Satirical teen comedy starring Alicia Silverstone Stacey Dash and Brittany Murphy. (1995, 12, 97min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.15 AM **Not Another Teen Movie** Comedy. (2001, 15, 89min) ★
2.00 **Swingers** Comedy drama. (1996, 15, 96min) ★★★★
3.50 **She's Out of My League** Romantic comedy. (2010, 15, 100min) ★★★
5.50 **to 7.35** AM **A Very Brady Sequel** Spoof comedy sequel. (1996, 12, 89min) ★★★

Sky Cinema Oscars

304 304 849 404 504 518

6.00 AM **Hondo** Vintage Western. (1953, PG, 84min) ★★★
7.30 **Breakfast at Tiffany's** As 6pm.
9.30 **True Grit** As 4.50am.
11.40 **The Cider House Rules** Coming-of-age drama. (1999, 12, 124min) ★★★★
1.50 PM **As Good As It Gets** Comedy. (1997, 15, 138min) ★★★★
4.10 **Little Voice** Comedy drama. (1998, 15, 98min) ★★★★

Sky Cinema Animation

305 305 412 500 514

6.30 AM **Cloudy with a Chance of Meatballs 2** (2013, U) ★★★
8.10 **Spirit Untamed** Animation. (2021, U, 88min) ★★★
9.45 **The Ant Bully** Animation. (2006, U, 89min) ★★★★
11.20 **The Amazing Maurice** Animation. (2022, PG) ★★★★
1.05 PM **LEGO DC Comics Super Heroes: Justice League – Cosmic Clash** (2016, U) ★★★

TCM Movies

315 415

6.00 AM **Close Up** Double bill.
7.10 **The Wrong Man** Thriller. (1956, b/w, PG, 105min) ★★★★★
9.20 **Chuka** Western adventure. (1967, PG, 105min) ★★
11.30 **The Last Challenge** Western. (1967, PG, 90min) ★★
1.30 PM **Churchill** Historical drama. (2017, PG, 105min) ★★
3.30 **How to Steal the World** Adventure. (1968, PG) ★★

Talking Pictures

328 445 82 306

6.00 AM **Get Some In!** 6/7. (S5)
6.30 **The Black Abbot** Crime thriller. (1933, b/w, PG, 56min) ★★
7.40 **Recipe For Success**
7.55 **Port of Escape** (1955, PG) ★★
9.30 **Impact** (1963, b/w, U) ★★
10.45 **Cast a Dark Shadow** Thriller. (1955, b/w, PG, 82min) ★★★
12.25 PM **Wanted for Murder** Crime drama. (1946, b/w, PG) ★★
2.30 **Crown Court**

HorrorXtra

317 192 138

HorrorXtra programmes start at 5.00pm

primetime

6.00 **Breakfast at Tiffany's** Romantic comedy with Audrey Hepburn and George Peppard. (1961, PG, 106min) ★★★★★
8.00 **The Godfather** Francis Ford Coppola's gangster saga of a Mafia family engaged in bloody war with rival crime families. Stars Marlon Brando, Al Pacino, James Caan, Robert Duvall. (1971, 15, 167min) ★★★★★
11.00 **The Fugitive** Action thriller starring Harrison Ford. (1993, 15, 128min) ★★★★★
1.10 AM **The Ten Commandments** Cecil B DeMille's epic biblical drama starring Charlton Heston. (1956, U, 219min) ★★★★
4.50 **to 6.00** AM **True Grit** Oscar-winning Western starring John Wayne and Glen Campbell. (1969, PG, 128min) ★★★★

2.25 **Space Chimps** (2008, U) ★★
4.00 **PAW Patrol: The Movie** Animation. (2021, U) ★★★
5.40 **Happy Feet** Animated comedy. (2006, U, 108min) ★★★★
7.30 **Rock Dog** Animated adventure. (2016, PG, 90min) ★★★
9.05 **Lego DC Comics Super Heroes: Aquaman – Rage of Atlantis** Animated adventure. (2018, PG, 77min) ★★★
10.25 **The Fairy Princess & the Unicorn** Animated adventure. (2019, U, 85min) ★★
11.55 **Space Chimps** (2008, U) ★★
1.20 AM **LEGO DC Comics Super Heroes: Justice League – Cosmic Clash** (2016, U) ★★★
2.45 **Fairy Princess & the Unicorn**
4.15 **Two by Two** (2015, U) ★★
5.45 **to 6.45** AM **Sky Cinema Preview**

5.25 **The Lonely Man** Western. (1957, b/w, PG, 87min) ★★★
7.15 **Copper Canyon** Western starring Ray Milland and Hedy Lamarr. (1950, PG, 84min) ★★
9.00 **Unforgiven** Western directed by and starring Clint Eastwood. A reformed killer is forced out of retirement to earn a living. (1992, 15, 130min) ★★★★★
11.45 **The Exorcist: The Version You've Never Seen** Supernatural horror starring Linda Blair. (1973, 18, 155min) ★★★★★
2.25 AM **Teleshopping**
4.40 **Off Set** With Jamie Cullum.
5.00 **Close Up** Profile of Billy Crystal.
5.30 **to 7.45** AM **The Desperate Hours** Fact-based thriller. (1955, b/w, PG, 113min) ★★★

+1 hour 316 417

3.00 **Ha'penny Breeze** Drama. (1952, b/w, U, 71min) ★★
4.30 **Crow Hollow** Mystery thriller. (1951, b/w, PG, 69min) ★★
5.50 **Look at Life**
6.00 **The Footage Detectives**
7.00 **The Champions** (S1)
8.00 **The Main Chance** (S3)
9.00 **The Gamma People** Sci-fi drama starring Paul Douglas. (1956, b/w, U, 79min) ★★
10.35 **Secret Army** (S2)
11.40 **The Frogmen** War adventure. (1951, b/w, U, 96min) ★★★
1.40 AM **The Fall of the House of Usher** Horror, starring Vincent Price. (1960, 12, 76min) ★★
3.15 **Flight from Vienna** Drama. (1956, b/w, U, 57min) ★★
4.25 **Between the Tides 1958**
4.50 **to 6.00** AM **Edgar Wallace Mystery Theatre**

5.00 PM **Hydra** Creature feature. (2009, 15, 94min) ★★
6.50 **This Is HorrorXtra**
7.00 **First Wave** *Lost Souls:* 9/22. Cade investigates an alien experiment. (S2)
8.00 **Knight Rider** *Short Notice:* 22/22. Michael searches for an elusive witness who can clear him of a murder charge. (S1)
9.00 **Witch Hunt** Horror thriller starring Gideon Adlon, Abigail Cowen and Elizabeth Mitchell. (2021, 15, 98min) ★★
11.00 **Await Further Instructions** Horror thriller starring Grant Masters. (2018, 15, 91min) ★★
12.50 AM **This Is HorrorXtra**
1.00 **First Wave** As 7.00pm.
2.00 **to 3.00** AM **Knight Rider**

+1 hour 318 219 139

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Thriller

309 309 409 509 523

6.00 AM **Hide and Seek** Thriller. (2021, 15, 100min) ★★
7.35 **False Positive** Horror thriller. (2021, 15, 92min) ★★
9.10 **A Few Good Men** Drama. (1992, 15, 132min) ★★★★
11.30 **Kimi** As shown at 3.50am.
1.05 PM **Clear and Present Danger** Action thriller. (1994, 12) ★★★
3.30 **The Manchurian Candidate** Thriller. (2004, 15) ★★★★
5.40 **Stillwater** Crime thriller. (2021, 15, 139min) ★★★

5.40 Stillwater

8.00 **Everest** Fact-based adventure starring Jason Clarke and Josh Brolin. Two expeditions climb the mountain, only to get caught in one of the fiercest snowstorms ever recorded. With Jake Gyllenhaal. (2015, 12, 121min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.05 **The Cold Light of Day** Thriller starring Richard E Grant as a detective who's prepared to risk a young girl's life in order to catch a serial killer. With Lynsey Baxter. (1995, 18, 101min) ★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.50 **Sin City** Gory film noir thriller. (2005, 18, 124min) ★★★★
2.05 AM **Black Site** Action thriller starring Michelle Monaghan. (2022, 15, 93min) ★★
3.50 **Kimi** Thriller with Zoë Kravitz. (2022, 15, 87min) ★★★★
5.30 **to 6.00** AM **Sky Cinema Preview**

Sky Cinema Drama

310 310 410 510 524

6.00 AM **Kate & Leopold** Comedy. (2001, 12, 118min) ★★★
8.00 **Safe Haven** Romantic thriller. (2013, 12, 113min) ★★★
10.10 **Alice** As shown at 12.35am.
12.00 NOON **Akeelah and the Bee** Drama. (2006, 12) ★★★★
2.00 PM **Dear John** Romance. (2010, 12, 108min) ★★
4.00 **Operation Mincemeat** War drama. (2021, 12) ★★★★
6.15 **The Hanging Sun** Drama. (2022, 15, 93min) ★★

10.40 Alfie

8.00 **The Last Samurai** Epic action drama starring Tom Cruise as an embittered US cavalry officer who rediscovers his lost sense of honour after he is captured by a renegade Samurai warrior in 1876 Japan. With Ken Watanabe, Timothy Spall and Tony Goldwyn. Partly subtitled. (2003, 15, 154min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.40 **Alfie** Comedy drama remake starring Jude Law, Marisa Tomei, Susan Sarandon, Nia Long and Sienna Miller. (2004, 15, 106min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.35 AM **Alice** Crime thriller. (2022, 15, 100min) ★★★
2.25 **The Hours** Drama with Nicole Kidman. (2002, 12) ★★★
4.30 **to 6.40** AM **Finding You** Romantic drama starring Rose Reid. (2021, PG, 119min) ★★

Sky Cinema Sci-Fi/Horror

311 311 858 411 511 525

6.30 AM **Benny Loves You** Horror comedy. (2019, 15) ★★★
8.15 **Reminiscence** Sci-fi romance. (2021, 12, 116min) ★★★
10.15 **The Divergent Series: Allegiant** (2016, 12) ★★
12.20 PM **The Forever Purge** Horror. (2021, 15, 103min) ★★★
2.20 **Sleepy Hollow** Comic horror. (1999, 15, 105min) ★★★★
4.20 **Frailty** Horror. (2001, 15) ★★★
6.10 **The Faculty** Sci-fi horror. (1998, 15, 102min) ★★★

10.00 Knowing

8.00 **Blade: Trinity** Comic-book adventure sequel starring Wesley Snipes and Ryan Reynolds. When a group of vampires resurrect Count Dracula, the half-human vampire hunter Blade must find a way to destroy him. (2004, 15, 113min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Knowing** Sci-fi mystery thriller starring Nicolas Cage and Chandler Canterbury. An astrophysicist discovers a list of numbers that seem to predict future disasters. With Rose Byrne. (2009, 15, 116min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.05 AM **After Earth** Adventure. (2013, 12, 98min) ★★
1.50 **The Unholy** Horror thriller. (2021, 15, 99min) ★★
3.35 **Escape from LA** Adventure sequel. (1996, 15, 102min) ★★
5.20 **to 6.20** AM **Sky Cinema Preview**

Sky Cinema Cult Classics

302 302 856 402 502 516

6.15 AM **Ferris Bueller's Day Off** Comedy. (1986, 12) ★★★★
8.10 **Pretty in Pink** (1986) ★★★★
10.00 **Stand by Me** Nostalgic drama. (1986, 15, 89min) ★★★★★
11.40 **Young Sherlock Holmes** Fantasy. (1985, PG) ★★★
1.30 PM **Harold and Maude** Black comedy. (1971, 15) ★★★★
3.15 **Jaws** Steven Spielberg's thriller. (1975, 12, 125min) ★★★★★
5.35 **Vanilla Sky** Romantic fantasy. (2001, 15, 136min) ★★★

8.00 Fatal Atraction

8.00 **Fatal Attraction** Director Adrian Lyne's thriller about a married man whose one-night stand won't leave him alone. Stars Michael Douglas, Glenn Close and Anne Archer. (1987, 18, 120min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

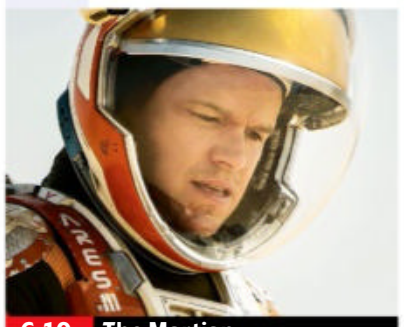
10.10 **Sliver** Erotic thriller starring Sharon Stone as a recently divorced woman who moves into a sinister high-rise Manhattan apartment building. (1993, 18, 106min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **Halloween 6: The Curse of Michael Myers** Horror sequel. (1995, 18, 88min) ★
1.45 AM **Halloween H20** Horror sequel. (1998, 18, 85min) ★
3.25 **Halloween: Resurrection** Thriller sequel. (2002, 15) ★
5.00 **to 6.00** AM **Sky Cinema Preview**

Film4

313 313 855 428 14 300

■ **Films start at 11.00am**
11.00 AM **Distant Drums** Western. (1951, U, 99min) ★★
1.05 PM **Stalag 17** World War Two comedy drama. (1953, b/w, PG, 120min) ★★★★★
3.25 **Reach for the Sky** Biopic starring Kenneth More. (1956, b/w, U, 130min) ★★★★
6.10 **The Martian** Ridley Scott's sci-fi drama starring Matt Damon and Jessica Chastain. (2015, 12, 144min) ★★★★


6.10 The Martian

The Martian (film started at 6.10pm) **8 PM**
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Bloodshot** Sci-fi thriller, starring Vin Diesel, Eiza Gonzalez and Guy Pearce. A resurrected Marine with augmented abilities tries to solve a conspiracy that robbed him of the woman he loved. With Sam Heughan. (2020, 12, 109min) ★★ **9 PM**
SEX ●●● VIOLENCE ●●● LANG ●●●

11.10 **Happy Death Day** Black comedy horror starring Jessica Rothe. A college student must relive the day of her murder over and over until she discovers her killer's identity. (2017, 15, 96min) ★★★ **11 PM**
1.00 **to 3.15** AM **Girl** Drama with Victor Polster and Arieh Worthalter. Partly subtitled. (2018, 15, 101min) ★★★★

+1 hour 314 430 47 301

GREAT! movies romance

319 424 52 303

6.00 AM **Listen Out for Love** Romantic comedy drama. (2022, PG, 88min) ★★
8.00 **Sincerely, Yours, Truly** Drama. (2020, PG, 90min) ★★
10.00 **Love to the Rescue** Romance. (2019, PG, 84min) ★★
12.00 NOON **My Birthday Romance** Comedy. (2020, PG, 90min) ★★
2.00 PM **All of My Heart** Romantic drama. (2015, PG, 81min) ★★
4.00 **A Feeling of Home** Romantic drama. (2019, PG, 90min) ★★
6.00 **Blueprint to the Heart** Romantic drama starring Laura Mitchell. (2020, PG, 90min) ★★
8.00 **Moonlight in Vermont** Romantic drama starring Lacey Chabert. (2017, PG, 90min) ★★
10.00 **A Romance Wedding** Romantic comedy drama starring Morgan Kohan. (2020, PG, 85min) ★★
11.50 **Love at Sunset Terrace** Drama. (2020, PG, 100min) ★★
1.30 AM **Love on the Sidelines** Comedy. (2016, PG, 86min) ★★
3.00 **The Wedding Ring** Romantic drama. (2020, PG, 85min) ★★
4.30 **to 6.00** AM **I Married Who?** Comedy. (2012, PG, 86min) ★★

+1 hour 320 303 63 304

GREAT! movies

321 425 34 302

9.00 AM **Presumed Guilty** Mystery drama. (2016, 15, 102min) ★★
11.00 **An Inheritance to Die For: An Aurora Teagarden Mystery** Drama. (2019, PG, 86min) ★★
1.00 PM **Under Fire** (2016, PG) ★★
3.00 **The Disappearing Game: An Aurora Teagarden Mystery** Drama. (2018, PG, 83min) ★★
4.50 **A Call to Spy** War drama. (2019, 12, 123min) ★★★
7.10 **The Double** Crime thriller starring Richard Gere and Topher Grace. An FBI agent and a retired CIA operative team up to hunt for a legendary Soviet assassin after he murders a US senator. (2011, 12, 94min) ★★
9.00 **Sicario** Crime drama starring Emily Blunt and Josh Brolin. An FBI agent is forced to question everything she believes when she is recruited to an elite narcotics task force. (2015, 15, 118min) ★★★★
11.25 **As Good As It Gets** Comedy. (1997, 15, 138min) ★★★★
2.05 AM **The Exception** War drama. (2016, 15, 107min) ★★★
4.10 **to 6.00** AM **Crash: The Mystery of Flight 1501** (1990, PG) ★★

+1 hour 322 61

GREAT! movies action

323 426 42 305

6.00 AM **M*A*S*H** (S9)
7.00 **The Traitors** Espionage drama. (1962, b/w, PG, 70min) ★★★
8.30 **Pompeii** 1/2. Drama.
10.35 **Battle of Kursk**
11.30 **Wild West Chronicles**
12.00 NOON **M*A*S*H** (S9)
1.00 PM **Combat Squad** War drama. (1953, PG, 72min) ★★
2.35 **Breaker Morant** Drama. (1979, PG, 107min) ★★★★
4.50 **Hannah's Law** Western starring Sara Canning. (2012, PG, 88min) ★★
6.40 **Wild West Chronicles**
7.10 **San Andreas Mega Quake** Thriller starring Glen Baggerly. (2019, 12, 87min) ★★
9.00 **Cross the Line** Thriller starring Luke Goss and Mischa Barton. A cop and a call centre operator are forced to collaborate with a criminal masterplan when their son is kidnapped. (2015, 15, 87min) ★★
10.50 **Inherit the Viper** Crime drama. (2019, 15, 90min) ★★
12.35 AM **Hitman: Redemption** Thriller. (2019, 15, 104min) ★★★
2.40 **to 4.00** AM **The Traitors** Spy drama. (1962, b/w, PG) ★★★

+1 hour 324

Movies 24

325 419

7.00 AM **Baby, It's Cold Inside**
9.00 **South Beach Love** As 9pm.
11.00 **Pumpkin Everything** As 11pm.
1.00 PM **A New Year's Resolution**
3.00 **Coffee Shop** Romantic comedy starring Laura Vandervoort. (2014, PG, 90min) ★★
5.00 **The Baby Proposal** Romantic comedy starring Alexandra Chando and Mike Merrill. (2019, PG, 90min) ★★
7.00 **Baby, It's Cold Inside** Romantic drama starring Jocelyn Hudon and Steve Lund. A travel agent and the owner of an ice hotel work together to make a success of the wintry destination. (2020, PG, 84min) ★★
9.00 **South Beach Love** Romantic comedy with William Levy and Taylor Cole. Two chefs whose relationship was ended by their career plans are reunited while catering rival quinceañeras. (2021, PG, 83min) ★★
11.00 **Pumpkin Everything** Romantic comedy drama. (2022, PG, 84min) ★★
1.00 AM **A New Year's Resolution** Drama. (2019, PG, 88min) ★★
3.00 **to 5.00** AM **Coffee Shop**

+1 hour 326 420

FILMS ON OTHER CHANNELS

6pm TILL LATE

Three Day Millionaire *Netflix* Rollicking black comedy. ★★★
9.00 PM **Creed II** *ITV4* Sports drama starring Michael B Jordan and Sylvester Stallone. Heavyweight champion Adonis Creed faces off against Viktor, the son of Ivan Drago, whom his mentor fought in the 1980s. ★★★
9.00 **The Kingdom** *5Action* Action thriller starring Jamie Foxx and Chris Cooper. An FBI team try to track down the mastermind behind a terrorist attack. ★★★
11.10 **The Negotiator** *5Action* Thriller starring Jon Hamm and Rosamund Pike. CIA agents send a former US diplomat to negotiate for the life of a friend he left behind. ★★★★
11.15 **The Sisters Brothers** *BBC2* Western starring John C Reilly and Joaquin Phoenix. In the American West during the 1850s, two gunfighters brothers are hired to kill a man named Hermann Warm. ★★★★
11.35 **Lone Survivor** *ITV4* Fact-based war drama starring Mark Wahlberg, Taylor Kitsch, Emile Hirsch and Ben Foster. ★★★★

MONDAY Sport

27 February

Sky Sports Main Event

401 401 859 | 511 501 | 420 440

6.00 AM **Sky Sports News**
7.00 **Good Morning Sports Fans** News and views on today's stories and a look at the back pages.
10.00 **The Football Show** Taking a look at the major stories making the football headlines.
11.30 **Ref Watch** The team look back over some of the big decisions.
12.00 NOON **The Football Show**
1.00 PM **Sky Sports News**
2.00 **LIVE Pakistan Super League Lahore Qalandars v Islamabad United.** Coverage of the T20 encounter, which takes place at Gaddafi Stadium in Lahore.
6.00 **The F1 Show: 2023 Season Launch** The team look ahead to the new season.
7.00 **Sky Sports News** A round-up of the sports news with live analysis.
7.30 **LIVE EFL Swansea City v Rotherham United.** Coverage of the Championship encounter comes from Swansea.com Stadium. Kick-off is at **8.00pm**.
10.30 **Back Pages Tonight** A look at the sports headlines in tomorrow's newspapers.
11.00 PM **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 860 | 512 502 | 421 441

6.00 AM **PL Greatest Games**
7.00 **Premier League Legends**
8.00 **SNF** Crystal Palace v Liverpool.
8.30 **Premier League Highlights** Tottenham Hotspur v Chelsea.
9.00 **SNF** Double bill of action.
10.00 **The Football Show**
11.30 **Ref Watch**
12.00 NOON **The Football Show**
1.00 PM **SNF** Double bill of action.
2.00 **Gary Neville's Soccerbox**
3.00 **PL Greatest Games**
4.00 **SNF** Crystal Palace v Liverpool.
4.30 **Premier League Highlights**
5.00 **SNF** Highlights from Bournemouth v Manchester City. **5.30** Crystal Palace v Liverpool.
6.00 **Premier League Legends**
6.30 **Soccer AM: The Best Bits**
7.00 **Premier League Review**
8.00 **Gary Neville's Soccerbox**
9.00 **Premier League Review**
10.00 **Soccer AM: The Best Bits**
10.30 **PL Retro** Arsenal v Wigan Athletic from 2006.
12.30 AM **Premier League Icons**
1.00 **Premier League Years**
3.00 **PL Greatest Games**
4.00 **PL Best Goals 08/09**
5.00 **Premier League Best Goals**
5.30 **to 6.00** AM **PL 100 Club**

Sky Sports Football

403 403 861 | 513 503 | 422 442

6.00 AM **EFL** The 2016/17 play-offs.
9.00 **Scottish Premiership Round-Up**
9.15 **EFL Highlights**
9.30 **EFL Greatest Games**
10.00 **EFL Cup Retro**
12.00 NOON **EFL Cup**
4.00 PM **Best Goals: EFL Cup 2022/23**
4.30 **EFL Goals: Leagues 1 & 2**
5.00 **EFL Highlights**
5.45 **Scottish Premiership Round-Up**
6.00 **Soccer AM: The Best Bits**
6.30 **Bundesliga Highlights Show**
7.30 **LIVE EFL Swansea City v Rotherham United.** Coverage of the Championship encounter comes from Swansea.com Stadium. Kick-off is at **8.00pm**.
10.30 **EFL Cup Highlights** Action from Manchester United v Newcastle United in this year's final.
11.30 **Best Goals: EFL Cup 2022/23**
12.00 M'T **Bundesliga Highlights Show** The latest action.
1.00 AM **Soccer AM: The Best Bits**
1.30 **EFL** Triple bill.
4.00 **EFL Cup Highlights**
5.00 **Best Goals of the Carabao Cup 2020/21**
5.30 **to 6.00** AM **Best Goals of the Carabao Cup 2021/22**

Sky Sports Cricket

404 404 862 | 514 504 | 423 443

6.00 AM **Pakistan Super League Highlights** Triple bill.
9.00 **Women's ICC World T20**
12.00 NOON **Pakistan Super League Highlights** T20 action.
1.50 PM **LIVE Pakistan Super League Lahore Qalandars v Islamabad United.** The T20 encounter staged at Gaddafi Stadium in Lahore.
6.00 **Women's ICC World T20**
7.00 **Best of the Women's World T20** Highlights from England v New Zealand in the 2009 final. **7.30** England v Australia in 2012. **7.50** Action from England v Australia in the 2018 final.
8.00 **Pakistan Super League Highlights** As shown at 10pm.
9.00 **Women's ICC World T20 Cricket** This year's final.
10.00 **Pakistan Super League Highlights** Action from Lahore Qalandars v Islamabad United.
11.00 **Best of the Women's World T20** Archive highlights.
12.00 M'T **Pakistan Super League** Another chance to see Lahore Qalandars v Islamabad United.
4.10 **to 6.00** AM **Best of the Women's World T20**

Sky Sports Golf

405 405 863 | 515 505 | 424 444

6.00 AM **Chronicles of a Champion Golfer** Profiles of leading players.
7.00 **DP World Tour Golf**
11.30 **Chronicles of a Champion Golfer** Louis Oosthuizen.
12.00 NOON **PGA Tour Golf**
5.00 PM **Chronicles of a Champion Golfer** Profiles of leading players.
6.00 **DP World Tour Golf** Action from the fourth and final day of the Hero Indian Open which took place at the DLF Golf & County Club near New Delhi.
7.00 **PGA Tour Golf** Highlights from the Honda Classic.
8.00 **DP World Tour Golf** Action from the fourth and final day of the Hero Indian Open near New Delhi.
9.00 **Women in Golf: Breaking with Tradition** Documentary.
10.00 **PGA Tour Golf** Highlights from the Honda Classic.
11.00 **DP World Tour Golf**
12.00 M'T **LPGA Tour Golf**
1.00 AM **PGA Tour Golf**
2.00 **DP World Tour Golf**
3.00 **Chronicles of a Champion Golfer** Profiles of leading players.
4.00 **PGA Tour Golf**
5.00 **to 6.00** AM **DP World Tour Golf**

BT Sport 1

413 413 870 | 527 | 408 430

6.00 AM **ESPN FC** Football news.
6.30 **UEFA Champions League Magazine** News and action.
7.00 **WWE NXT Highlights**
8.00 **Premier League Review**
9.00 **Premier League – The Big Interview**
9.30 **UEFA Europa League Highlights Show**
10.30 **ESPN FC** Football news.
11.00 **Vanarama National League**
12.30 PM **Vanarama National League Highlights** The latest action.
1.00 **Premier League Review**
2.00 **Test Cricket Highlights**
3.00 **Ligue 1 Highlights**
4.00 **Vanarama National League Highlights** The latest action.
4.30 **Premier League Stories**
5.00 **ESPN FC** Football news.
5.30 **ESPN FC Presents: Gab & Juls**
6.00 **Premier League Review**
7.00 **Packer: The Man Who Changed Cricket**
8.30 **Test Cricket Highlights** Action from New Zealand v England.
9.30 PM **to 6.00** AM **LIVE Test Cricket New Zealand v England.** The fifth and final day of the second and final Test from Cello Basin Reserve, Wellington.

BT Sport 2

414 414 871 | 528 | 409 431

6.00 AM **Hockey** Triple bill.
9.00 **Fishing: On the Bank**
10.00 **What I Wore**
10.15 **UEFA Europa League Goals Reload** Recent highlights.
10.30 **Women's T20 Super Smash**
11.30 **T20 Super Smash**
12.30 PM **Currie Club**
1.00 **Football Outposts: UK**
2.00 **Hockey** Triple bill.
5.00 **Joe Cole Cast**
5.30 **LIVE Serie A Hellas Verona v Fiorentina.** The Italian top-flight clash from Stadio Marc'Antonio Bentegodi. Kick-off **5.30pm**.
7.30 **LIVE Serie A Lazio v Sampdoria.** Coverage of the Italian top-flight clash from Stadio Olimpico. Kick-off **7.45pm**.
9.45 **BT Sport Goals Reload**
10.15 **UEFA Europa League Goals Reload** Recent highlights.
10.30 **ESPN FC Presents: Gab & Juls**
11.00 **WWE Raw Highlights**
12.00 M'T **WWE SmackDown Highlights** Wrestling action.
1.00 AM **LIVE WWE Monday Night Raw** Wrestling coverage.
4.15 **BT Sport Goals Reload**
4.30 **to 6.00** AM **Gallagher Premiership Rugby Highlights**

BT Sport 3

417 417 874 | 529 | 410 432

6.00 AM **Serie A** Recent highlights.
12.00 NOON **UEFA Champions League Tonight**
1.00 PM **UEFA Europa League Highlights Show**
2.00 **UEFA Champions League Goals Show Retro**
4.00 **ESPN FC** Football news.
4.30 **Currie Club**
5.00 **Test Cricket Highlights**
6.00 **UEFA Champions League Magazine** News and action.
6.30 **Ligue 1 Highlights**
7.30 **Gallagher Premiership Rugby Highlights** The latest action.
9.00 **Fishing: On the Bank**
10.00 **World Poker Tour Series** Action from a high-profile tournament.
12.00 M'T **LIVE College Basketball Florida State Seminoles v North Carolina Tar Heels.** Coverage of the NCAA fixture from Donald L. Tucker Centre in Florida. Tip-off **12.00m't**.
2.00 AM **LIVE College Basketball** Coverage of an NCAA clash.
4.00 **30 for 30 Shorts: The Pittsburgh Drug Trials**
4.30 **World Poker Tour Series**
5.30 **to 6.00** AM **ESPN FC Presents: Gab & Juls**

Sky Sports Action

407 407 865 | 517 507 | 426 446

6.00 AM **Top Rank Boxing Archive**
8.30 **Premier League Darts** Another chance to see the fourth night of the tournament at 3Arena, Dublin.
12.00 NOON **Good Morning Football** The latest NFL talking points.
3.00 PM **Netball Superleague** Another chance to see Loughborough Lightning v Saracens Mavericks.
5.00 **International Rugby Union** Highlights of Australia v England in the third Test from July 2022.
6.00 **NBC's Pro-Football Talk** Mike Florio and Chris Simms present this NFL talk show.
8.00 **49 Hours** A look at the 49 hours before the San Francisco 49ers take to the field for NFL action.
9.00 **Fight Night** Mikaela Mayer v Alycia Baumgardner from 2022. **10.00** Claressa Shields v Savannah Marshall from 2022. **11.00** Action from Natasha Jonas v Marie Eve Dicaire from 2022.
12.00 M'T **Total Access** A round-up of the latest NFL news.
1.00 AM **NFL Highlights** Kansas City Chiefs v Jacksonville Jaguars.
5.00 **to 6.00** AM **NFL: America's Game**

Sky Sports Mix

416 416 873 | 520 510 | 429 449

6.00 AM **PL Greatest Games**
7.00 **Premier League Legends**
7.30 **My Icon** Double bill.
8.00 **DP World Tour Golf**
9.00 **NBA Action** The latest news.
9.30 **Betfred Super League Highlights** Recent action.
10.30 **Women's ICC World T20 Cricket** The semi-finals and final.
1.30 PM **Betfred Super League Highlights** Recent action.
1.45 **Super League Gold** A look back at the 2011 Grand Final.
1.50 **LIVE Pakistan Super League Lahore Qalandars v Islamabad United.** Coverage of the T20 encounter, which takes place at Gaddafi Stadium in Lahore.
6.00 **Women's ICC World T20 Cricket** This year's final.
7.00 **Netball Superleague**
9.00 **Pakistan Super League Highlights** T20 action.
10.00 **Women's ICC World T20 Cricket** This year's final.
11.00 **Betfred Super League Highlights** Recent action.
12.00 M'T **NBA Basketball**
4.00 AM **Women's ICC World T20 Cricket** This year's final.
5.00 **to 6.00** AM **PGA Tour Golf**

BT Sport 4

423 423 876 | 530 | 411 434

6.00 AM **College Basketball**
7.45 **ESPN FC** Football news.
8.15 **ESPN SportsCenter**
8.30 **College Basketball**
12.00 NOON **ESPN FC** Football news.
12.30 PM **ESPN SportsCenter**
12.45 **ILT20 Highlights** Action from Sharjah Warriors v Gulf Giants.
2.15 **ESPN SportsCenter**
2.30 **College Basketball** Memphis Tigers v Cincinnati Bearcats.
4.15 **College Basketball** Iowa Hawkeyes v Indiana Hoosiers.
6.00 **LIVE MLB St Louis Cardinals v New York Mets.** The spring training match from Roger Dean Chevrolet Stadium in Jupiter, Florida. Start-time **6.05pm**.
9.30 **30 For 30: Long Gone Summer** Documentary.
11.30 **Gallagher Premiership Rugby Highlights**
1.00 AM **UFC Unleashed**
2.00 **UFC** Nikita Krylov v Ryan Spann.
5.00 **to 6.00** AM **Ligue 1 Highlights**

Eurosport 1

410 410 868 | 521 | 412 435

6.00 AM **World Superbikes**
7.55 **Ski Jumping**
8.50 **LIVE Snowboarding** Coverage of the World Championships from Bakuriani in Georgia.
11.30 **SailGP**
12.00 NOON **Cycling: Omloop Het Nieuwsblad** Double bill.
2.00 PM **Snowboarding**
3.00 **Les Reines du Tour 2**
4.00 **Cycling: Kuurne-Brussels-Kuurne** The men's one-day race.
5.00 **Snowboarding**
6.00 **The Judo Show**
7.00 **Triathlon: Super League Games** Action from Montreal.
8.00 **Alpine Skiing**
9.00 **Snowboarding**
10.00 **World Superbikes**
11.00 **Les Reines du Tour 2**
12.01 AM **Cycling: Kuurne-Brussels...**
1.00 **Snowboarding**
2.00 **Cycling: Omloop Het...**
4.00 **Snowboarding**
5.00 **to 6.00** AM **Ski Jumping**

Eurosport 2

411 411 869 | 522 | 413 436

6.00 AM **Ski Jumping**
7.00 **Alpine Skiing**
8.00 **World Superbikes**
10.00 **Cycling: Men's UAE Tour**
11.00 **Cycling: Kuurne-Brussels-Kuurne** The men's one-day race.
12.00 NOON **Snooker: Welsh Open** Action from the final in Llandudno.
2.00 PM **Triathlon: Super League Arena Games** From Montreal.
3.00 **Snowboarding**
4.00 **Formula E** Double bill.
6.00 **World Superbikes** Highlights from Phillip Island in Australia.
8.00 **Cycling: Kuurne-Brussels-Kuurne** Action from the men's one-day race in Belgium.
9.00 **Les Reines du Tour 2** Documentary about cycling's Tour de France Femmes.
10.00 **Snowboarding**
11.00 **Ski Jumping**
12.00 M'T **World Superbikes**
2.00 AM **Snooker: UK Championship**
4.00 **to 6.00** AM **World Superbikes**

Sky Sports Arena

408 408 866 | 518 508 | 427 447

6.00 AM **Betfred Super League Highlights** Recent action.
7.00 **Ahead of the Game**
8.00 **Netball Superleague**
10.00 **NBA Basketball** Philadelphia 76ers v Boston Celtics. **12.00** NOON A chance to see Detroit Pistons v Toronto Raptors.
2.00 PM **Betfred Super League Highlights** Recent action.
3.00 **Super League's Supermen**
4.00 **NBA Basketball**
6.00 **Sail GP** Highlights from Sydney.
6.30 **Fight Night International**
8.30 **Sail GP** Highlights from Sydney in round nine of the season.
9.00 **NBA Basketball** A replay of Milwaukee Bucks v Phoenix Suns.
11.00 **Players Only: Kobe & Shaq**
12.00 M'T **Betfred Super League Highlights** Recent action.
1.00 AM **Super League Stories: This Is Us** Bradford Bulls.
2.00 **Netball Superleague**
4.00 **to 6.00** AM **NBA Basketball**

Sky Sports F1

406 406 864 | 516 506 | 425 445

6.00 AM **Best of 2022**
12.00 NOON **Formula 1** A chance to see the 2016 Bahrain Grand Prix.
2.15 PM **George Russell F1 Winner**
2.25 **Lewis: Nelson Mandela The Icon**
2.30 **Formula 1** Bahrain GP in 2017. **3.30** The Bahrain GP in 2018.
4.30 **Testing Wrap**
5.00 **The Notebook**
5.30 **Ted's Development Corner**
6.00 **The F1 Show: 2023 Season Launch** As shown at 10.30pm.
7.00 **Formula 1** Highlights of the 2022 Bahrain Grand Prix.
8.00 **The F1 Show: 2023 Season Launch** As shown at 10.30pm.
9.00 **Formula 1** Season review.
10.30 **The F1 Show: 2023 Season Launch** The team look ahead to a season full of new faces.
11.30 **Ted's Development Corner**
12.00 M'T **Glock & Hamilton Reunited**
12.10 AM **F1 Travel Logistics**
12.15 **Thank You Lewis**
12.20 **to 6.00** AM **Best of 2022**

SKY HD SD | VIRGIN HD | BT HD

Tuesday

28 February

Evening Planner

Football

FA Cup Fifth Round
BBC & ITV, from 7.30pm
A busy night of cup ties, including Fulham v Leeds (BBC1, k-o 7.45pm) and Bristol City v Manchester City (ITV1, k-o 8pm).

Documentary

The Mormons Are Coming
BBC2, 9pm
An insight into the religious group's missionary training centre in Lancashire – the only one of its kind in Europe.

Drama

The Diplomat
Alibi, 9pm
Six-part drama starring Sophie Rundle as a British Consul whose job is to protect distressed British nationals in Barcelona.

OnDemand

NETFLIX

A Whole Lifetime with Jamie Demetriou
Available today
One-off special in which the comedian charts the journey from birth to death.

SKY EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES								
101 BBC1	7.00 The One Show	7.30 Match of the Day: The FA Cup – Live: Fulham v Leeds United (Kick-off 7.45)					10.00 News; Local News	
102 BBC2	7.00 Saving Lives at Sea		8.00 Great British Menu		9.00 The Mormons Are Coming		10.00 QI	10.30 Newsnight
103 ITV1	7.00 Emmerdale	7.30 FA Cup Football – Live: Bristol City v Manchester City (Kick-off 8.00)						10.20 News; Local News
104 CHANNEL 4	7.00 News		8.00 Food Unwrapped Gets Fruity		9.00 Bronson: Fit to Be Free?		10.00 Katie Price's Mucky Mansion	
105 CHANNEL 5	7.00 GPs: Behind Closed Doors		8.00 Dogs Behaving (Very) Badly		9.00 The Girl in the Box: The Kidnapping...		10.00 Where is Suzy Lamplugh?	
106 SKY SHOWCASE	7.00 The Simpsons		8.00 A League of Their Own Road Trip...		9.00 Film: The Bourne Ultimatum			
ENTERTAINMENT								
117 BBC3		7.10 Yianni: Supercar Customiser	8.00 Top Gear		9.00 Weight Loss...	9.30 Famalam	10.00 Big Zuu's Big Eats	
116 BBC4	7.00 Great British...	7.30 The Joy of...	8.00 As Time Goes...	8.30 The Mistress	9.00 A History of Britain by Simon Schama		10.00 Sex on Screen: Storyville	
118 ITV2	7.00 The Masked Singer US				9.00 Love Island			10.05 Kavos Weekender
136 MORE4	◂ 6.55 Escape to the Chateau		7.55 Grand Designs		9.00 Home Greek Home		10.00 24 Hours in A&E	
135 E4	7.00 Hollyoaks	7.30 Come Dine...	8.00 Below Deck: Mediterranean		9.00 Gogglebox		10.00 Naked Attraction's Best Naughty Bits	
107 SKY WITNESS	7.00 Nothing to Declare		8.00 Blue Bloods		9.00 The Equalizer		10.00 Law & Order: Special Victims Unit	
108 SKY ATLANTIC	◂ 6.50 Ray Donovan		7.55 Game of Thrones		9.00 The Last of Us			10.05 City on a Hill
110 GOLD	◂ 6.40 Dad's Army		8.00 Blackadder The Third			9.15 Miranda	10.00 Not Going Out	
111 DAVE	7.00 Richard Osman's...	7.40 Room 101		8.20 Would I Lie to You?	9.00 QI XL		10.00 Live at the Apollo Christmas Special	
119 ITV3	7.00 Heartbeat		8.00 Midsomer Murders				10.00 Grantchester	
120 ITV4	◂ 6.30 FA Cup Football – Live: Stoke City v Brighton & Hove Albion (Kick-off 7.15)					9.35 Made in...	10.00 World Superbike Highlights	
112 COMEDY CENTRAL	7.00 Friends				9.00 Film: This Is 40			
139 SKY SCI-FI	7.00 Star Trek: Deep Space Nine		8.00 Star Trek: Voyager		9.00 Film: Megaboa			
113 SKY MAX	7.00 Stargate SG-1		8.00 A League of Their Own Road Trip...		9.00 NCIS: Los Angeles		10.00 Freddie Fries Again	
132 ALIBI	7.00 Person of Interest		8.00 Death in Paradise		9.00 The Diplomat		10.00 Miss Scarlet and the Duke	
130 SKY ARTS	7.00 The Art of the Garden		8.00 Wordsworth & Coleridge Road Trip...		9.00 Cirque du Soleil: Zaia		10.00 The Art of Drumming	
DOCUMENTARY								
125 DISCOVERY	7.00 Kindig Customs		8.00 Gold Divers		9.00 Gold Rush		10.00 Gold Rush: The Dirt	
162 ANIMAL PLANET	7.00 Life at Vet University		8.00 From Wags to Riches		9.00 Pit Bulls & Parolees: Tia's Tales		10.00 Alaskan Bush People	
129 NAT GEO	7.00 Air Crash Investigation		8.00 Super/Natural		9.00 Snakes in the City		10.00 Drain the Oceans: Deep Dive	
123 SKY HISTORY	7.00 Forged in Fire		8.00 Mystery Places		9.00 U-Boat Wargamers			10.10 The Proof Is Out There
155 YESTERDAY	7.00 Secrets of the London Underground		8.00 The Architecture the Railways Built		9.00 Bangers and Cash			
121 SKY DOCS	7.00 Spector		8.00 The Vow		9.00 Liverpool Narcos		10.00 Heroin: Cape Cod, USA	
FILMS - Sky Cinema								
301 PREMIERE	◂ 5.35 Bullet Train		8.00 The Independent				10.05 The Invitation	
303 HITS	◂ 5.50 Hollywoodland		8.00 Flight					10.20 The Many Saints of...
304 OSCARS	◂ 5.00 The Godfather		8.00 The Godfather Part II					
305 ANIMATION		7.20 Rock Dog 2: Rock Around the Park			8.55 Daisy Quokka: World's Scariest Animal			10.35 Moomins...
306 KIDS BOOKS	◂ 5.55 Matilda		7.50 The Amazing Maurice			9.40 Stuart Little		
307 ACTION	◂ 5.50 RED 2		8.00 S.W.A.T.				10.10 13 Hours: The Secret...	
308 COMEDY	◂ 6.25 Not Another Teen Movie		8.00 Hot Rod			9.35 Swingers		
309 THRILLER	◂ 5.50 The Client		8.00 A Time to Kill					10.35 Sin City
310 DRAMA	◂ 6.20 Little Voice		8.00 The Hours				10.00 Fifty Shades of Grey	
311 SCI-FI	◂ 6.15 After Earth		8.00 Resident Evil: Welcome to Raccoon City				10.00 Escape from LA	
302 CULT CLASSICS	◂ 6.05 The Haunting		8.00 Evil Dead 2			9.30 Dracula 2000		
313 FILM4	◂ 6.50 Made in America				9.00 Happy Death Day 2U			
315 TCM MOVIES	◂ 5.10 Big Jake	7.25 The Fighting Lawman			9.00 Lethal Weapon 4			
SPORT								
401 MAIN EVENT	7.00 News	7.30 EFL – Live: Luton Town v Millwall (Kick-off 8.00)						10.30 Back Pages...
402 PREMIER LEAGUE	7.00 Premier League Review		8.00 Gary Neville's Soccerbox		9.00 Premier League Review		10.00 PL Icons	10.30 PL Retro
403 FOOTBALL	7.00 Scottish...	7.30 EFL – Live: Luton Town v Millwall (Kick-off 8.00)						10.30 Soccer AM...
404 CRICKET	7.00 Pakistan Super League Highlights		8.00 Test Cricket		9.00 Women's ICC World T20 Cricket		10.00 Test Cricket	
413 BT SPORT 1	◂ 5.30 Serie A – Live: Cremonese v AS Roma (Kick-off 5.30); Juventus v Torino (Kick-off 7.45)						10.00 PL Stories	10.30 Vanarama...
414 BT SPORT 2	7.00 Test Cricket Highlights		8.00 Ligue 1 Highlights		9.00 WWE Monday Night Raw			

◂ Denotes programmes starting before 7.00pm † Regions vary

TUESDAY

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Tuesday

BBC1

101 101 | 101 101 | 1 101 | 101 101/106

6.00 AM **Breakfast** (S)
9.15 **Morning Live** New edition (S)
10.00 **Caught Red Handed** New edition A musician's guitar is stolen. (S)(AD)
10.30 **Claimed and Shamed** (S)(R)
11.15 **Homes Under the Hammer** New edition From Fulham. (S)(AD)
12.15 PM **Bargain Hunt** (S)(R)(AD)
1.00 **BBC News** (S)
1.30 **Local News** (S)
1.45 **Doctors** (S)(AD)
2.15 **The Farmers' Country Showdown** A visit to Winchester Farmer's Market. (S)(R)
3.00 **Escape to the Country** (S)(R)(AD)
3.45 **Antiques Road Trip** New edition Antique-hunting in Bedford. (S)
4.30 **Bridge of Lies** Game show. (S)(R)
5.15 **Pointless** Quiz show. (S)(R)
6.00 **BBC News** (S)
6.30 **Local News** (S)

5.15 Pointless

7 PM

7.00 **The One Show** Alex Jones and Jermaine Jenas present the topical show. (S)

7.30 **LIVE Match of the Day: The FA Cup** Fulham v Leeds United: Gary Lineker presents all the action from the fifth-round tie at Craven Cottage. Goals by Aleksandar Mitrovic, Bobby Decordova-Reid and Willian helped Fulham record a 3-2 win when the sides met in the Premier League at Elland Road back in October. Analysis is provided by Micah Richards, Danny Murphy and Jermaine Beckford. Kick-off is at 7.45. (S)
■ Leicester City v Blackburn Rovers is live on BBC Red Button and BBC iPlayer

8 PM

9 PM

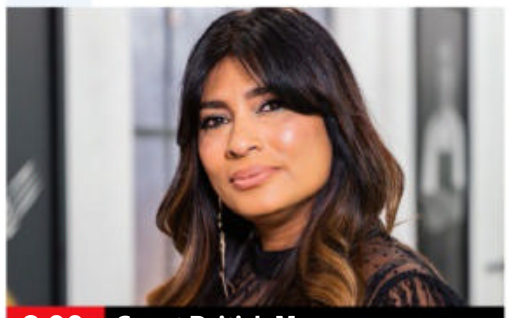
10 PM

10.00 **BBC News** (S)
10.30 **Local News** (S)
10.40 **FILM Rain Man** Oscar-winning drama starring Dustin Hoffman and Tom Cruise. At his father's funeral, self-centred car salesman Charlie Babbitt discovers he has been disinherited in favour of Raymond, his autistic older brother, of whose existence he was completely unaware. Feeling cheated, Charlie kidnaps Raymond, and takes him on an eventful cross-country trip to California... (S)(AD) (1988, 15, 130min) ★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
12.50 AM **Weather for the Week Ahead** Seven-day forecast. (S)
12.55 **to 6.00** AM **BBC News** (S)

BBC2

102 102/115 802 | 102 102 | 2 102 | 102 102/106

6.20 AM **Bargain Hunt** (S)(R)(AD)
7.05 **Antiques Road Trip** (S)(R)
7.50 **Sign Zone: The Hairy Bikers Go Local** From Leeds. (S)(R)(AD)
8.50 **Lifeline** (S)(R)
9.00 **BBC News** (S)
12.15 PM **Politics Live** (S)
1.00 **The Super League Show** (S)(R)
1.45 **Eggheads** Quiz show. (S)(R)
2.45 **Holding Back the Years** (S)(R)(AD)
3.30 **Big Cats** 2/3. (S)(R)(AD)
4.30 **Make Me a Dealer** (S)(R)
5.15 **Flog It!** (S)(R)
6.00 **Richard Osman's House of Games** Nihal Arthanayake, Jake Humphrey, Patsy Kensit and Mae Martin take part. (S)(R)
6.30 **Coastal Defenders** New edition 2/8. Cargo in a British port grinds to a halt when a tugboat picks up a mystery object in its propeller. (S)



8.00 Great British Menu

7.00 **Saving Lives at Sea** 4/10. In London, the RNLI rush to the rescue of a man in the water in the Thames, while in Fleetwood a desperate 999 call alerts the crew to a man who is in danger of being swept out to sea. (S)(R)(AD)

8.00 **Great British Menu** New edition 13/24. Andi Oliver presents as the chefs from Scotland serve up their canapes, starters and fish dishes on an animation and illustration theme. (S)
■ Continues tomorrow

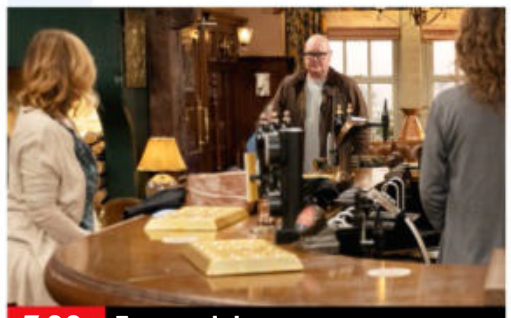
9.00 **NEW The Mormons Are Coming** Documentary following three missionaries through training as they give up their names and become Elders and Sisters who live under a strict timetable with limited contact with family. (S)

10.00 **QI** 15/16. The best moments from the T series, hosted by Sandi Toksvig with regular panellist Alan Davies. (S)(R)
10.30 **Newsnight** (S)
11.10 **Weather** (S)
11.15 **Parole** 2/5. The parole board consider the cases of two serious offenders. (S)(R)(AD)
12.15 AM **The Warship: Tour of Duty** 6/6. An F-35 jet loses power at a critical moment. (S)(R)(AD)
1.15 **Sign Zone: Tokyo Vice** (S)(R)(AD)
2.20 **Sign Zone: Surgeons: At the Edge of Life** (S)(R)(AD)
3.20 **Sign Zone: Amanda & Alan's Italian Job** (S)(R)(AD)
3.50 **to 6.30** AM **Previews** (S)

ITV1

103 103/176 803 | 103 103/113 | 3 103 | 103 111

6.00 AM **Good Morning Britain** (S)
9.00 **Lorraine** (S)
10.00 **This Morning** (S)
12.30 PM **Loose Women** Topical debate from a female perspective. (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 **Dickinson's Real Deal** David Dickinson and his dealers visit Blackpool, where a whole cast of character jugs has Matt Taylor on his toes, and a train set surprises everyone at auction. (S)(R)(AD)
3.00 **Lingo** Word-based quiz show hosted by Adil Ray (S)(R)
4.00 **Tipping Point** New edition Game show hosted by Ben Shephard. (S)
5.00 **The Chase** New edition Quiz show hosted by Bradley Walsh. (S)
6.00 **Local News** (S)
6.30 **ITV News** (S)



7.00 Emmerdale

7.00 **Emmerdale** Paddy is left bereft and broken, while Suzy agrees to step in and support Leyla. (S)(AD)

7.30 **LIVE Football: The FA Cup** Bristol City v Manchester City: Laura Woods introduces coverage of the fifth-round tie staged at Ashton Gate. The Robins have eliminated two fellow Championship sides so far in Swansea City and West Bromwich Albion, but now face arguably the toughest home tie possible against The Citizens. Analysis from Roy Keane and Ian Wright, and commentary by Sam Matterface and Ally McCoist. Kick-off is at 8.00. (S)
■ Stoke City v Brighton & Hove Albion is live on ITV4 and ITVX

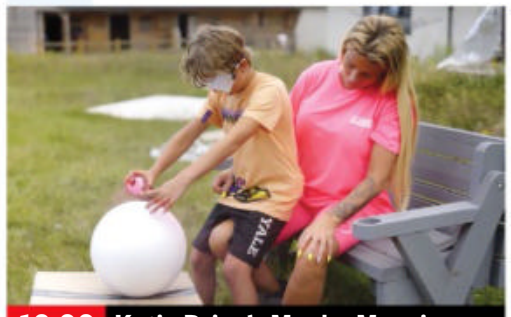
10.20 **ITV News** (S)
10.50 **Local News** (S)
11.05 **Starstruck** Olly Murs hosts as four more teams of superfans are transformed into their music idols before stepping onto the stage to sing one of their biggest hits. (S)(R)
12.15 AM **Shop: Ideal World**
3.00 **Cold Case Forensics: The Murder of Lynette White** Methods that helped crack the 1988 murder of Lynette White in Cardiff. (S)(R)
3.50 **Unwind with ITV** (S)
5.05 **to 6.00** AM **Family Fortunes** (S)(R)

+1 hour 203 | 114 | 35 | 112

CHANNEL 4

104 104/108 804 | 104/108 | 4 104 | 104/106

6.10 AM **Countdown** (S)(R)
6.50 **3rd Rock from the Sun** (S)(R)(AD)
7.40 **The King of Queens** (S)(R)(AD)
9.00 **Frasier** 1-3/24. (S3) (S)(R)(AD)
10.25 **Undercover Boss USA** (S)(R)
11.25 **News** (S)
11.30 **Emergency Helicopter Medics** (R)
12.30 PM **Steph's Packed Lunch** New edition Magazine. (S)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** (S)(R)
4.00 **A New Life in the Sun: Where Are They Now?** New edition (S)
5.00 **Four in a Bed** New edition The B&Bers are in Gateshead. (S)
5.30 **Come Dine with Me** New edition Night two from north London. (S)
6.00 **The Simpsons** (S)(R)(AD)
6.30 **Hollyoaks** Honour receives another visit from the police asking for details from the party. (S)(AD)



10.00 Katie Price's Mucky Mansion

7.00 **News** (S)

8.00 **Food Unwrapped Gets Fruity** New edition The team delve into some fruity favourites. Jimmy Doherty goes to India to investigate pomegranate health claims, and Kate Quilton learns why cucumbers are wrapped in so much plastic. (S)(AD)

9.00 **Bronson: Fit to Be Free?** Series finale 2/2. Conclusion of the documentary giving a voice to some of Charles Bronson's victims, those closest to him and members of the criminal justice system to ascertain whether he is fit to be released. (S)(AD)

10.00 **Katie Price's Mucky Mansion** New edition 2/4. The reality TV star begins transforming her daughter Bunny's bedroom into a mermaid-themed paradise – but the renovations come crashing to a halt when an old injury rears its head. (S)(AD)
11.05 **Gogglebox** (S)(SL)(R)(AD)
12.05 AM **First Dates Hotel** (S)(SL)(R)
1.05 **The Last Leg** (S)(SL)(R)
2.00 **Couples Come Dine with Me** (R)
2.55 **Extraordinary Escapes with Sandi Toksvig** (S)(SL)(R)(AD)
3.50 **The Great Pottery Throw Down** The quarter-final. (S)(SL)(R)(AD)
5.00 **Location, Location, Location** House-hunting in Essex. (S)(R)(AD)
5.55 **to 6.10** AM **Jamie's Comfort Food** (S)(R)

+1 hour 204/208 | 142 | 15 | 121

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

CHANNEL 5

105 105 805 | 154 105 | 5 105 | 105 105

5.30 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
12.45 PM **GPs: Behind Closed Doors** A patient awaiting knee surgery suffers abdominal pain. (S)(R)
1.40 **News** (S)
1.45 **Home and Away** (S)(R)(AD)
2.15 FILM PREMIERE **My Secret Stalker** Thriller starring Andrea Bowen and Matt Magnusson. (S) (2022, 12, 105min) ★★
4.00 **Bargain-Loving Brits in the Sun** Cameras follow Ellie and Jim, who have just set up their new café in Benidorm. (S)(R)
5.00 **News** (S)
6.00 **Big Road Rescue: Emergency Call Out** A heavy loader tips onto its side after leaving a busy A-road. (S)(R)
6.55 **News** (S)

8.00 Dogs Behaving (Very) Badly

7.00 **GPs: Behind Closed Doors** New edition Dr Gupreet Khaira has a visit from Hannah who has a range of symptoms, including a painful breast. (S)
7.55 **News** (S)

8.00 **Dogs Behaving (Very) Badly** New edition 9/15. Graeme Hall meets a Labrador that scavenges for things to eat during walks, and a German Shepherd that often lunges towards other dogs. (S)

9.00 NEW SERIES **The Girl in the Box: The Kidnapping of Stephanie Slater** 1/2. Documentary about the kidnapping of 25-year-old Stephanie Slater in 1992. (S)
■ Concludes tomorrow

10.00 **Where Is Suzy Lamplugh?** Documentary looking into the case surrounding Suzy Lamplugh's disappearance in 1986, tracing the twists and turns of the case across more than three decades. (S)(R)

11.30 **Shipman: 5 Mistakes That Caught a Killer** The crimes of Harold Shipman. (S)(R)
12.30 AM **Police Interceptors** (S)(R)
1.20 **LeoVegas Live Casino Show** (S)
3.20 **Britain's Favourite Dessert** The country's top 20 desserts. (S)(R)
4.30 **World's Busiest Train Stations** Behind the scenes at Flinders Street Station in Melbourne. (R)
5.15 **to 5.40** AM **House Doctor** (R)

+1 hour 205 | 155 | 46 | 128

SKY SHOWCASE

106 106 806 | 109 | 340 355

6.00 AM **The Early Rundown**
7.00 **Kay Burley**
8.00 **New Kids in the Wild** (S)(R)
9.00 **Nothing to Declare** (S)(R)
10.00 **Supergirl** 18/22. (S4) (S)(R)
11.00 **NCIS: New Orleans** (S5) (S)(R)
1.00 PM **Hawaii Five-0** (S3) (S)(R)
2.00 **S.W.A.T.** 16/18. (S4) (S)(R)(AD)
3.00 **Malawi Wildlife Rescue** (S)(R)
4.00 **The Conners** 10/20. (S3) (R)
4.30 **Futurama** (S)(R)
5.00 **The Simpsons** (S)(R)
5.30 **The Fresh Prince of Bel Air** 8/26. Will and Carlton join a college fraternity. (S)(R)
6.00 9/26. Hilary is asked to model for *Playboy*. (S4) (S)(R)
6.30 **The Simpsons** *Summer of 4ft 2:* The family take a break in Ned Flanders' beach house. With the voice of Christina Ricci. (S)(R)

9.00 The Bourne Ultimatum

7.00 **The Simpsons** *Bart the Genius:* Bart cheats during an exam and is hailed as a child genius. (S)(R)
7.30 *Homer's Odyssey:* Homer gets fired from the power plant and contemplates suicide. (S)(R)

8.00 **A League of Their Own Road Trip: Southeast Asia** 2/6. Jamie Redknapp and Micah Richards are joined by former footballer Patrice Evra, and comedians Maisie Adam and Mo Gilligan. (R)

9.00 FILM **The Bourne Ultimatum** Spy thriller sequel starring Matt Damon. An ex-CIA assassin strives to outsmart cops, killers and his former bosses in his quest to discover his true identity. Also stars Julia Stiles, David Strathairn and Joan Allen. (2007, 12, 115min) ★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

11.10 **S.W.A.T.** *Checkmate:* A police officer on the verge of shutting down a major drug operation is abducted. (S)(R)
12.10 AM **The Force: Manchester** Crime documentary. (S)(R)
1.05 **Road Wars** (S)(R)
2.00 **Brit Cops: Law & Disorder** (R)
3.00 **Hawaii Five-0** 5/24. (S3) (S)(R)
4.00 **S.W.A.T.** 16/18. (S4) (S)(R)(AD)
5.00 **to 6.00** AM **The Early Rundown**

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky **951**, Virgin **862**, Freesat **960**
No variations
N. IRELAND
Sky **953**, Virgin **863**, Freesat **957**
10.40pm Spotlight (S) **11.10** FILM Rain Man (S) (AD) (1988, 15, 130min) ★★★★ **1.20-6.00am** BBC News (S)
WALES
Sky **952**, Virgin **864**, Freesat **964**
10.00-10.30am Caught Red Handed New edition (S) **10.40pm** Dark Land: Hunting the Killers New edition (S) **11.20** FILM Rain Man: As N. Ireland. **1.30-6.00am** BBC News (S)

BBC2

N. IRELAND
Sky **972**, Freesat **969**
No variations
WALES
Sky **971**, Freesat **971**
1.45pm First Minister's Questions (S) **2.35** Eggheads (S)(R) **3.35** Holding Back the Years (S)(R)(AD) **4.20** Big Cats (S)(R)(AD) **5.20-6.00pm** Great British Comedies: Talking Pictures (S)(R)

ITV1

No variations

S4C

Sky **134**, Virgin **166**, Freesat **120**
6.00am Cyw **12.00noon** Newyddion S4C a'r Tywydd **12.05pm** Codi Hwyl America **12.30** Heno **1.00** Her yr Hinsawdd (AD) **1.30** Cefn Gwlad (AD) **2.00** Newyddion S4C a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion S4C a'r Tywydd **3.05** Cymru Wyllt Gudd **4.00** Awr Fawr **5.00** Stwnsh **6.00** Pen/Campwyr **6.30** Sgorio **6.57** Newyddion S4C a'r Tywydd **7.00** Heno New edition **7.30** Newyddion S4C a'r Tywydd **8.00** Pobol y Cwm New episode (AD) **8.25** Rownd a Rownd New episode (AD) **8.55** Newyddion S4C a'r Tywydd **9.00** Cyngerdd Cymru I'r Byd **10.00** Diflaniad New episode **10.55-11.30pm** Ar Werth

TV&Satellite week
New issue on sale today

BBC3

117/141/173 | 107/157 | 23 109 | 179 | 107

BBC3 programmes start at 7.00pm

7.00 PM **The Fast and the Farmer-ish** The Northern Ireland heat.
7.10 **Yianni: Supercar Customiser** Double bill.
7.55 **The Catch Up**
8.00 **Top Gear** Paddy McGuinness reviews the Aston Martin Victor, while Freddie Flintoff sets out to become a racing driver.
9.00 NEW **Weight Loss Surgery: Getting Thin Abroad** Investigating weight-loss surgery in Turkey that is being offered to Brits.
9.30 **Famalam** Pilot episode of the comedy sketch show. A man is left on his own in the house for ten minutes.
10.00 **Big Zuu's Big Eats** 3/10. Zuu cooks for ex-football manager Harry Redknapp. **10.30** 4/10. With comedian and presenter Judi Love.
11.00 **People Just Do Nothing**
12.00 M'T **Famalam**
12.30 AM **Go Hard or Go Home**
2.30 **People Just Do Nothing**
3.30 **to 3.55** AM **Famalam**

BBC4

116 116 | 107/108 | 9/24 106 | 108

BBC4 programmes start at 7.00pm

7.00 PM **Great British Railway Journeys** Michael Portillo travels from the steel city of Sheffield to Nantwich.
7.30 **The Joy of Painting** A mountain scene at sunset.
8.00 **As Time Goes By** Lionel and Jean spend a nostalgic day out in Buckinghamshire.
8.30 **The Mistress** Comedy starring Felicity Kendal, Jane Asher and Peter McEnery.
9.00 **A History of Britain by Simon Schama** The story of the English Civil War.
10.00 NEW **Storyville: Sex on Screen** The process of filming sex scenes in Hollywood movies.
11.25 **Africa with Ade Adepitan** Ade explores Gabon, the Democratic Republic of Congo and Uganda.
12.25 AM **Da Vinci: The Lost Treasure** A recently discovered painting.
1.25 **Bent Coppers: Crossing the Line of Duty**
2.25 **to 3.25** AM **A History of Britain by Simon Schama**

MORE4

136 136 831 | 147 | 18 | 124

8.55 AM **Kirstie's Vintage Gems** A bedroom makeover.
9.15 **A Place in the Sun**
10.05 **A New Life in the Sun**
11.05 **Find It, Fix It, Flog It**
1.10 PM **Heir Hunters**
2.10 **Four in a Bed**
4.50 **Location, Location, Location** Catching up with househunters who were keen to fly the nest.
5.55 **Kirstie and Phil's Love It or List It** Kirstie Allsopp and Phil Spencer meet a couple in Bury St Edmunds.
6.55 **Escape to the Chateau** Dick and Angel make the big decision to tackle the exterior of the Chateau.
7.55 **Grand Designs** Presenter Kevin McCloud follows the progress of Angelo Mastropietro, who wants to transform an abandoned cave in Worcestershire
9.00 NEW SERIES **Home Greek Home** 1/6. Sarah Moore renovates a house on the Greek island of Skiathos after buying it without seeing it during lockdown.
10.00 **24 Hours in A&E** A man arrives with a self-inflicted stab wound to his stomach.
11.05 **999: On the Front Line**
12.10 AM **Home Greek Home**
1.15 **8 Out of 10 Cats Does Countdown** With Isy Suttie.
2.20 **24 Hours in A&E**
3.25 **to 3.50** AM **A Place in the Sun**

+1 hour 236 | 196 | 125

E4

135 135 830 | 106 | 13 | 122

6.00 AM **Hollyoaks**
7.00 **Ramsay's Kitchen Nightmares USA**
9.00 **The Goldbergs**
10.00 **The Big Bang Theory**
11.00 **Modern Family**
12.00 NOON **Brooklyn Nine-Nine**
1.00 PM **The Big Bang Theory**
3.00 **Modern Family**
4.00 **Brooklyn Nine-Nine**
5.00 **The Big Bang Theory**
7.00 **Hollyoaks** Goldie decides to hatch a new plan, and a big decision looms over Nancy.
7.30 **Come Dine with Me** Cabin crew trainer Julie plans a night of Scottish fine dining.
8.00 **Below Deck: Mediterranean** New edition The crew scramble to help Kyle after a tumble down the stairs, while Natasha is forced to make a difficult decision.
9.00 **Gogglebox** Reviews of shows including *The Traitors* and *Gino's Cooking up Love*.
10.00 **Naked Attraction's Best Naughty Bits** Dates that led to romance – and those that ended in disaster.
11.05 **First Dates**
12.10 AM **Gogglebox**
2.15 **Naked Attraction's Best Naughty Bits**
3.10 **Below Deck: Mediterranean**
4.00 **Ramsay's Kitchen Nightmares USA**
4.50 **to 6.00** AM **The Goldbergs**

+1 hour 235 | 146 | 30 | 123

Tuesday primetime

Tuesday primetime

TUESDAY Entertainment

Tuesday

Sky Witness

107 107 807 110 341 356

6.00 AM **Sun, Sea and A&E**
7.00 **Border Security USA**
8.00 **Border Patrol**
9.30 **Caught Red Handed**
11.00 **Air Ambulance ER**
12.00 NOON **FBI** 12/19. (S2)
1.00 PM **9-1-1** 5/18. (S5)
2.00 **Blue Bloods** 19/20. Erin is stalked by a man who has just been released from jail. (S12)
3.00 **Bull** 14/22. Jason is brought in to help the FBI's case against a hacker. (S2)
4.00 **Nothing to Declare**

9.00 The Equalizer

7 PM

7.00 **Nothing to Declare** Double bill of the documentary following the work of customs officers in Australia.

8 PM

8.00 **Blue Bloods** *Guilt:* 16/20. Frank, Baker, Garrett and Gormley experience guilt when an officer is shot. (S12)

9 PM

9.00 **The Equalizer** New episode *Where There's Smoke:* 2/10. The team try to track down a missing firefighter. (S3)

10 PM

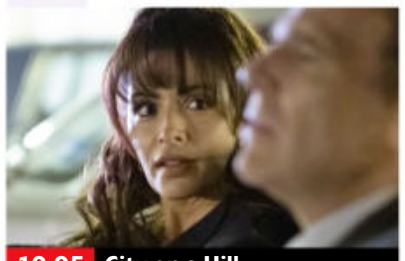
10.00 **Law & Order: Special Victims Unit** *People v Richard Wheatley:* 9/22. Benson finds herself at odds with a friend. (S23)
11.00 **FBI** 6/19. A Wall Street investor is killed. (S2)
12.00 M'T **FBI: Most Wanted** (S2)
1.00 AM **The Rookie: Feds** (S1)
2.00 **Road Wars**
3.00 **9-1-1** 5/18. (S5)
4.00 **Private Eyes** 6/12. (S4)
5.00 **to 6.00** AM **The Real A&E**

+1 hour 207 163

Sky Atlantic

108/109 108/109 808 342 357

6.00 AM **Fish Town**
8.00 **The Sopranos** 8&9/21. (S6)
10.00 **Ray Donovan** 3&4/12. (S6)
12.05 PM **Game of Thrones** (S4)
1.15 **The Leftovers** 1&2/10. (S1)
3.35 **The Sopranos** 10/21. Johnny Sack's trial begins. **4.40** 11/21. Phil pressures Tony into killing Vito. (S6)
5.45 **Ray Donovan** 5/12. Ray plans a day with Conor in New York before he ships out overseas with the Marines. **6.50** 6/12. An intruder makes a threat on Sam's life. (S6)


10.05 City on a Hill

7.55 **Game of Thrones** *The Wars to Come:* 1/10. Jon Snow struggles to mediate between Mance Rayder and Stannis, while Tyrion is given an opportunity. (S5)

9.00 **The Last of Us** *Left Behind:* 7/9. A smuggler is tasked with escorting a teenage girl across a post-apocalyptic America. (S1)

10.05 **City on a Hill** *High on the Looming Gallows Tree:* 8/10. Siobhan is blindsided by an unexpected betrayal. (S1)
11.10 **The Gilded Age** 1/9. Period drama with Louisa Jacobson and Christine Baranski. (S1)
12.45 AM **Euphoria** 8/8. Nate is confronted about his actions, and Cal makes a decision. (S1)
2.00 **Devils** 7&8/10. (S1)
4.10 **to 6.00** AM **Fish Town**

+1 hour 208/209

Sky Max

113/114 113/114 111 346 361

6.00 AM **Stargate SG-1** (S3)
8.00 **DC's Legends of Tomorrow**
9.00 **Quantum Leap** 18/22. (S2)
10.00 **Supergirl** 18/22. (S4)
11.00 **NCIS: New Orleans** (S5)
1.00 PM **Hawaii Five-0** 5/24. (S3)
2.00 **S.W.A.T.** 16/18. (S4)
3.00 **Quantum Leap** 17/22. (S2)
4.00 **DC's Legends of Tomorrow**
5.00 **Supergirl** 18/22. (S4)
6.00 **Stargate SG-1** 22/22. Part one of two. Terrifying artificial organisms launch an attack on Earth. (S3)

3.00 Quantum Leap

7.00 **Stargate SG-1** *Small Victories:* 1/22. Part two of two. The replicator bugs continue to multiply aboard a submarine. (S4)

8.00 **A League of Their Own Road Trip: Southeast Asia** 2/6. With Patrice Evra, Maisie Adam and Mo Gilligan.

9.00 **NCIS: Los Angeles** *Glory of the Sea:* 6/20. The team investigate after a rear admiral is abducted from his home. (S14)

10.00 **Freddie Fries Again** 5/6. Andrew Flintoff and Rob Penn head to south Wales, where they join in with a village choir.
11.00 **S.W.A.T.** 6/16. Hondo and the squad search for an abducted police officer. (S6)
12.00 M'T **Fantasy Football League**
12.35 AM **The Force: Manchester**
1.30 **Road Wars**
2.00 **Brit Cops: Law & Disorder**
3.00 **Hawaii Five-0** 5/24. (S3)
4.00 **S.W.A.T.** 16/18. (S4)
5.00 **to 6.00** AM **Highway Patrol**

ITV2

118 118 816 115 6 113

6.00 AM **World's Funniest Videos**
6.35 **Guinness World Records**
7.00 **Love Bites**
8.00 **Dress to Impress**
9.00 **Chuck** 11/24. (S4)
10.00 **One Tree Hill** 18/23. (S2)
11.00 **The O.C** 13/24. (S2)
12.00 NOON **Love Bites**
1.00 PM **Dress to Impress**
2.00 **Family Fortunes**
3.05 **Chuck** 12/24. (S4)
4.00 **One Tree Hill** 19/23. (S2)
5.00 **The O.C** 14/24. (S2)
6.00 **Celebrity Catchphrase**

9.00 Love Island

7.00 **The Masked Singer US** The top four from Groups A and B unite for a big sing-off in the Super Eight, which is a two-hour, double elimination round.

9.00 **Love Island** New edition More action from week seven of the contest which sees single people living like celebrities.

10.05 **Kavos Weekender** New edition 9/10. Ethan pulls out all the stops for Tash now their bed-sharing ban is lifted.
11.05 **Family Guy** 10/20. Quagmire is reunited with an ex-lover. (S14) **11.35** 20/20. Peter has a conversation with God. (S16)
12.05 AM **American Dad!** (S3)
1.05 **Superstore** (S4)
2.00 **The Masked Singer**
2.45 **to 3.00** AM **Unwind with ITV**

+1 hour 218 116 29 114

ITV3

119 119 817 117 10 115

6.00 AM **Classic Emmerdale**
7.10 **Classic Coronation Street**
8.15 **On the Buses**
8.50 **Where the Heart Is**
11.15 **Heartbeat**
12.35 PM **Agatha Christie's Poirot**
1.45 **Classic Emmerdale**
2.50 **Classic Coronation Street**
3.55 **Midsomer Murders**
5.55 **Downton Abbey** 2/7. Everyone is anxious at the arrival of Matthew Crawley, the heir presumptive, but he has problems settling in. (S1)

5.55 Downton Abbey

7.00 **Heartbeat** *Old Friends:* Nick goes undercover to track down an escaped prisoner, and Eileen meets a face from her past.

8.00 **Midsomer Murders** *Destroying Angel:* Barnaby launches a murder investigation after the beneficiaries named in a hotelier's will start to suffer fatal accidents. Guest stars John Nettles and Samantha Bond.

10.00 **Grantchester** 2/6. After Will and Leonard witness a deliberate hit-and-run, Geordie traces the car to a pair of brothers. (S5)
11.05 **The Bay** 2/6.Jenn identifies a key witness who is able to unlock the answers they need. Meanwhile for Manning, juggling work and his family situation proves challenging. (S3)
12.05 AM **Where the Heart Is** (S4)
2.20 **to 2.30** AM **Unwind with ITV**

+1 hour 219 174 59 116

BBC Scotland

SCOT 115 108 9 106 106
REST OF UK 187 162 110

12.00 NOON **This Is BBC Scotland**
7.00 PM **Inside Central Station** The engineers at Polmadie depot work against the clock.
8.00 **Snow Dogs** Wildlife film-maker Gordon Buchanan takes on a dog-sledding trail in the Yukon wilderness.
9.00 **The Nine**
10.00 **The Women Who Changed Modern Scotland** New edition 2/3. Kirsty Wark explores the 1980s and 1990s, when legislative leaps enshrined new rights for women, but sexism was rife and women had to fight to make the promise of equality a reality
11.00 PM **to 12.00** M'T **Darren McGarvey's Class Wars** 4/4. Darren's examination of social class concludes with a look to the future.

Sky Comedy

114/115 112 347 362

8.00 AM **Futurama** (S8)
9.00 **Everybody Hates Chris**
9.55 **Sex and the City** (S6)
11.25 **Entourage** (S2)
12.30 PM **Fresh Prince of...**
1.30 **Modern Family** (S8)
2.30 **The Office (US)** (S2)
3.00 **Will & Grace** (S2)
4.00 **The Conners** (S3)
4.30 **Futurama** (S5)
5.00 **The Office (US)** (S2)
5.30 **Fresh Prince of Bel Air**
6.30 **Futurama** (S1)
7.30 **The Office (US)** (S5)
8.00 **The Conners** New episode 11/20. (S3)
8.30 **The Office (US)** (S5)
9.00 **Barry** 7&8/8. (S1)
10.15 **Code 404** (S3)
10.45 **The Late Late Show with James Corden** New edition Chat show.
11.45 **The Tonight Show Starring Jimmy Fallon** New edition Talk show.
12.45 AM **Intelligence**
1.45 **Curb Your Enthusiasm**
2.20 **Veep** 5/10. (S6)
3.00 **to 5.00** AM **Everybody...**

Sky Arts

130 130 140 123 11 147 365

6.00 AM **Beethoven: The Complete Symphonies**
6.30 **Tchaikovsky, Swan Lake**
9.00 **Tales of the Unexpected**
10.00 **Hitchcock Presents**
11.00 **Discovering**
12.00 NOON **Landscape Artist of the Year**
1.00 PM **Tales of the...**
2.00 **The Art of Architecture**
3.00 **Landscape Artist 2018**
4.00 **Discovering**
5.00 **Tales of the Unexpected**
6.00 **Hitchcock Presents**
7.00 **The Art of the Garden**
8.00 **Wordsworth & Coleridge Road Trip**
9.00 **Cirque du Soleil: Zaia**
10.00 **The Art of Drumming**
11.15 **Painter and the Thief**
1.15 AM **Soundtracks: Songs That Defined History**
2.15 FILM **Corman's World: Exploits of a Hollywood Rebel** (2011, 15) ★★★★
4.00 **Sky Arts Book Club**
5.00 **Music Icons**
5.30 **to 6.00** AM **Video Killed the Radio Star**

Pick

151 135 36 144

7.00 AM **Nothing to Declare**
8.00 **Motorway Patrol**
9.00 **Stop, Search, Seize**
10.00 **Nothing to Declare**
11.00 **Highway Patrol**
12.00 NOON **Motorbike Cops**
1.00 PM **Border Patrol**
2.00 **Nothing to Declare**
4.00 **Warehouse 13** (S3)
5.00 **Star Trek: The Next Generation** 19/26. (S3)
6.00 **The Librarians** (S4)
7.00 **Star Trek: Voyager** (S2)
8.00 **NCIS: New Orleans** (S1)
9.00 **S.W.A.T.** 2/21. (S3)
10.00 **Grimm** 2/22. (S1)
11.00 **Snapped** A young mother is killed.
12.00 M'T **How I Caught the Killer** A seemingly perfect husband who fled after killing his family.
1.00 AM **Brit Cops: Frontline Crime UK**
2.00 **Nothing to Declare**
3.00 **Border Patrol**
4.00 **Motorway Patrol**
5.00 **to 6.00** AM **Highway Cops**

Comedy Central

112/113 181 132 345 360

8.00 AM **Younger** (S1)
9.00 **The Middle** (S7)
11.00 **Last Man Standing** (S4)
1.00 PM **Friends** (S4)
8.00 **Friends** 21/24. Chandler and Ross face two bullies at Central Perk. **8.30** 22/24. Rachel has an eventful birthday party. (S2)
9.00 FILM **This Is 40** Judd Apatow's comedy starring Leslie Mann and Paul Rudd, a spin-off from the 2007 film *Knocked Up*. (2012, 15, 135min) ★★★
11.40 **Greatest Ever Movie Blunders** With Elis James.
12.40 AM **Rich Hall: Comedy Central Live**
1.10 **South Park** (S13&14)
2.40 **The Ren & Stimpy Show**
3.10 **Beavis and Butt-Head**
3.20 **The Ricky Gervais Show**
3.45 **The Daily Show** New edition Talk show.
4.15 **to 5.00** AM **Friends**

+1 hour 212/213 133

ITV Be

131 119 28 119

7.00 AM **The Real Housewives of Cheshire**
8.00 **Buying and Selling**
9.00 **LittleBe**
12.00 NOON **Sugar Showdown**
12.25 PM **Real Housewives of New York City**
1.20 **The Real Housewives of Cheshire** Reality series.
2.20 **The Only Way Is Essex**
3.15 **Million Dollar Listing: LA**
4.10 **The Real Housewives of Atlanta** Reality series.
5.00 **The Real Housewives of New York City**
6.00 **Making It Home with Kortney & Kenny** New edition
7.00 **Buying and Selling**
8.00 **Dinner Date**
9.00 **Real Housewives of Atlanta** New edition Sanya confronts Ross.
10.00 **Botched**
10.55 **Million Dollar Matchmaker**
11.55 **The Only Way Is Essex**
12.55 **to 1.00** AM **Unwind**

+1 hour 120 58

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 120 818 118 26 117

6.00 AM **World of Sport**
6.15 **The Saint**
7.15 **Robin of Sherwood**
8.20 **Magnum, PI**
9.25 **The Sweeney**
10.30 **Minder**
11.35 **The Saint**
12.40 PM **Robin of Sherwood**
1.50 **Extreme Salvage Squad**
2.45 **Magnum, PI**
3.50 **The Sweeney**
4.55 **Minder**
6.00 **Made in Britain** Craftsmen making guitars fit for the stars.

6.30 Football: FA Cup

6.30 **LIVE Football: FA Cup** Stoke City v Brighton & Hove Albion: Mark Pougatch hosts coverage of the fifth-round tie from Bet365 Stadium. With analysis by Glenn Murray and Karen Carney, commentary from Clive Tyldesely and Lee Dixon, and reports by Katie Shanahan. Kick-off is at 7.15.
9.35 **Made in Britain** How a guitar amp changed the course of music history.
10.00 **World Superbike Highlights** Action from the opening round of the season, held in Phillip Island, Australia.
11.00 **Wrestling: AEW Rampage** Wrestling action featuring many of AEW's biggest stars.
12.10 AM **Auto Mundial**
12.40 **Motorsport Mundial**
1.10 **The Saint**
2.15 **The Protectors**
2.50 **to 3.00** AM **Unwind with ITV**

+1 hour 220 175 60 118

Sky Sci-Fi

139 139 836 122 348 363

6.00 AM **Pandora** 1/13. (S1)
7.00 **The Outpost** 1/13. (S4)
8.00 **Teleshopping**
11.00 **Pandora** 1/13. (S1)
12.00 NOON **Star Trek: Deep Space Nine** 14&15/20. (S1)
2.00 PM **Fringe** 15/21. (S1)
3.00 **The Outpost** 1/13. (S4)
4.00 **Pandora** 1/13. (S1)
5.00 **Stargate SG-1** 7/22. (S5)
6.00 **Star Trek: Deep Space Nine** 14/20. A Bajoran village is attacked by a mysterious destructive energy force. (S1)

9.00 Megaboa

7.00 **Star Trek: Deep Space Nine** *Progress:* 15/20. Kira defies the beliefs of her people. (S1)
8.00 **Star Trek: Voyager** *Caretaker – Part Two:* 2/16. The stranded crews band together to escape the Caretaker. (S1)
9.00 **FILM Megaboa** Action thriller with Eric Roberts. Students run into a giant, bloodthirsty snake in the Colombian rainforest. (2021, PG, 85min) ★
SEX ●●● VIOLENCE ●●● LANG ●●●
10.40 **FILM The Final Level: Escaping Rancala** Fantasy adventure. (2019, PG, 87min) ★
SEX ●●● VIOLENCE ●●● LANG ●●●
12.20 AM **Room 104** (S1)
1.20 **Star Trek: Voyager** (S1)
2.15 **Spides** 2/8. (S1)
3.15 **Stargate SG-1** 7/22. (S5)
4.10 **to 6.00** AM **Star Trek: Deep Space Nine**

+1 hour 229

Alibi

109/110 809 126 343 358

7.15 AM **Murdoch Mysteries** (S12)
9.00 **Hudson & Rex** 15/16. (S4)
10.00 **Rizzoli & Isles** 4/10. (S1)
11.00 **Person of Interest** (S2)
12.00 NOON **Miss Fisher's Murder Mysteries** 2/13. (S1)
1.00 PM **Death in Paradise** (S6)
2.00 **Murdoch Mysteries** (S12)
4.00 **Hudson & Rex** 15/16. (S4)
5.00 **Rizzoli & Isles** 4/10. (S1)
6.00 **Without a Trace** 15/23. Jack and the team investigate the kidnapping of a controversial society girl. (S3)

9.00 The Diplomat

7.00 **Person of Interest** *Trojan Horse:* 19/22. An executive at a hi-tech firm is suspected of stealing company secrets. (S2)
8.00 **Death in Paradise** *The Secret of the Flame Tree:* 2/8. A literature student is pushed off a cliff to her death. (S6)
9.00 **NEW SERIES The Diplomat** 1/6. Political thriller set in Barcelona, starring Sophie Rundle. *See feature, page 8.* (S1)
10.00 **Miss Scarlet and the Duke** 1/6. The sister of a missing woman hires Eliza to find her, creating new tensions. (S2)
11.00 **Without a Trace** As 6.00pm.
12.00 M'T **Hudson & Rex** 15/16. Charlie and Rex investigate a targeted killing spree. (S4)
1.00 AM **Miss Fisher's Murder Mysteries** 2/13. (S1)
2.00 **Evil** 6/13. (S2)
3.00 **to 4.00** AM **Traces**

+1 hour 209/210 191

GOLD

110/111 110/111 124 344 359

7.10 AM **Highlights**
9.20 **Are You Being Served?**
10.00 **Open All Hours**
10.40 **Last of the Summer Wine**
12.00 NOON **Green Green Grass**
12.40 PM **Outnumbered**
1.20 **Dad's Army**
2.00 **Open All Hours**
2.40 **Are You Being Served?**
3.20 **Last of the Summer Wine**
4.40 **Dad's Army**
5.20 **The Green Green Grass**
6.00 **Are You Being Served?**
6.40 **Dad's Army**

9.20 Miranda

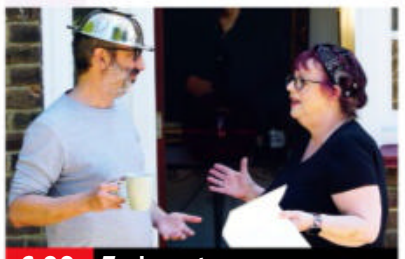
7.20 **Dad's Army** Captain Mainwaring attempts to tackle a suspected IRA terrorist by himself.
8.00 **Blackadder The Third** Edmund gets caught up in the French Revolution. **8.40** Prince George hires two superstitious actors to improve his speech-making.
9.20 **Miranda** Penny and Miranda are forced to see a therapist by the police.
10.00 **Not Going Out** Tim becomes part of a band.
10.40 **Live at the Apollo** Ed Byrne introduces stand-up sets by Adam Hills and Gina Yashere.
11.40 **Blackadder The Third** As shown at 8.00pm. **12.20** AM As 8.40pm.
1.00 **Miranda** As 9.20pm.
1.40 **Not Going Out** As 10.00pm.
2.15 **Live at the Apollo**
3.05 **to 4.00** AM **Hold the Sunset**

+1 hour 210/211 194

Dave

111/112 127 19 157

7.10 AM **Secrets of the Supercars**
8.00 **Cop Car Workshop**
9.00 **The Force: Behind the Line**
10.00 **Survivor South Africa** New edition Reality challenge.
11.00 **Rick Stein's Mediterranean Escapes** Seafood in Majorca.
12.00 NOON **Special Ops: Crime Squad UK**
1.00 PM **Cop Car Workshop**
2.00 **Top Gear** Double bill.
4.00 **Red Bull Soapbox Race** From Villa Borghese in Rome.
5.00 **Taskmaster** Double bill.


6.00 Taskmaster

7 PM
7.00 **Richard Osman's House of Games** With Kiri Pritchard-McLean.
7.40 **Room 101** Ricky Wilson, Joe Lycett and Zoe Lyons reveal their pet hates.
8 PM
8.20 **Would I Lie to You?** With Daisy May Cooper, Diane Morgan, Richard Osman and Rory Reid.
9 PM
9.00 **QI XL** The Rev Richard Coles, Sara Pascoe and Bill Bailey join regular panellist Alan Davies and host Stephen Fry.
10 PM
10.00 **Live at the Apollo Christmas Special** Katherine Ryan, Joel Dommett and John Robins take to the stage.
11.00 **World's Most Dangerous Roads** Lesotho in Africa.
12.00 M'T **Mock the Week**
12.40 AM **QI** With Sean Lock.
1.20 **Meet the Richardsons**
2.00 **House of Games** As 7.00pm.
2.30 **QI XL** With Suggs.
3.30 **to 4.00** AM **Beat the Internet**

+1 hour 211 131 57

GREAT! tv

157 189 50 142

6.00 AM **Sue Thomas: F.B.Eye** (S1&2)
8.00 **Highway to Heaven**
10.00 **Crazy Like a Fox** (S2)
11.00 **Castle** 4/23. (S6)
12.00 NOON **Body of Proof**
1.00 PM **Sue Thomas: F.B.Eye** 10&11/19. (S2)
3.00 **Diagnosis Murder**
5.00 **Murder, She Wrote**
7.00 **M*A*S*H** 7-10/26. (S7)
9.00 **Randall and Hopkirk (Deceased)** *The Trouble with Women:* 23/26. The duo investigate a crooked club. (S1)
10.00 **The Persuaders!** *Anyone Can Play:* 8/24. Danny unwittingly becomes a communist paymaster. (S1)
11.00 **Return of the Saint**
12.00 M'T **M*A*S*H** (S7)
2.00 AM **Randall and Hopkirk (Deceased)**
3.00 **Sue Thomas: F.B.Eye**
4.30 **to 6.00** AM **Highway to Heaven**

+1 hour 257 220 62 143

4seven

137 143 49 127

9.00 AM **Come Dine with Me**
11.30 **A Place in the Sun**
1.30 PM **A New Life in the Sun: Where Are They Now?** Documentary.
2.30 **Come Dine with Me**
5.00 **A Place in the Sun**
6.00 **Emergency Helicopter Medics** Documentary.
7.00 **The Dog House**
8.00 **Location, Location, Location** House-hunting in the Peak District.
9.00 **24 Hours in A&E** A woman collapses following a headache.
10.00 **Sex Actually with Alice Levine** 1/3. What sex means for modern Brits.
11.05 **Bronson: Fit to Be Free?** 2/2. Documentary.
12.10 AM **Katie Price's Mucky Mansion**
1.15 **Send Nudes: Body SOS**
2.15 **Grand Designs**
3.20 **George Clarke's Amazing Spaces**
4.15 **to 4.45** AM **Devon and Cornwall**

+1 hour 229

5USA

141 141 153 21 129

9.00 AM **NCIS** (S4)
12.00 NOON **Law & Order**
12.55 PM **Entertainment News**
1.00 **Law & Order** (S19&20)
4.55 **Entertainment News**
5.00 **Law & Order** (S20)
6.00 **NCIS** Triple bill of the drama, including at: **8.00** *Designated Target:* 8/19. An admiral is found executed. (S5)
9.00 **Law & Order: Special Victims Unit** *One More Tale of Two Victims:* 4/22. The SVU hunt for a serial rapist targeting mothers with young children. (S23)
10.00 **Law & Order: Criminal Intent** *In Treatment:* 4/16. The chief financial officer of a hedge fund is killed. (S8)
11.00 **Law & Order: Special Victims Unit** (S5&4)
1.50 AM **The Blacklist** (S1)
3.35 **to 4.00** AM **Criminals: Caught on Camera**

+1 hour 241 185 130

5STAR

128 151 32 131

8.00 AM **Entertainment News**
8.10 **Rich Kids, Skint Holiday**
9.00 **Bargain-Loving Brits in the Sun**
10.00 **Call the Bailiffs: Time to Pay Up**
11.00 **Dirty Home Rescue**
12.00 NOON **Traffic Cops**
2.00 PM **Police Interceptors**
5.00 **Call the Bailiffs: Time to Pay Up**
6.00 **Home and Away**
7.00 **The Cruise: Below Deck**
8.00 **Ambulance: Code Red**
9.00 **Shoplifters & Scammers: At War with the Law**
10.00 **999: Critical Condition**
11.00 **Casualty 24/7: Every Second Counts**
12.00 M'T **Skin A&E**
1.00 AM **Dirty Home Rescue**
2.00 **GPs: Behind Closed Doors**
3.00 **Bargain Brits on Benefits** Documentary.
3.50 **to 4.00** AM **Entertainment News**

+1 hour 228 186 141

W

132 827 125 25 156

6.15 AM **Top Chef**
7.00 **Property Brothers: Forever Homes**
8.00 **Tipping Point**
10.00 **DIY SOS: The Big Build**
12.00 NOON **Bang on Budget**
1.00 PM **Tipping Point**
4.00 **DIY SOS: The Big Build**
5.00 **Property Brothers: Forever Homes**
6.00 **MasterChef Australia**
7.20 **Nigellissima** Nigella prepares roast chicken with saffron orzotto.
8.00 **Inside the Ambulance** Paramedic crews attend a cycling accident and a man having a suspected stroke.
9.00 **DIY SOS: The Big Build** Adapting the home of a former paratrooper who struggles to walk.
10.00 **24 Hours in A&E**
11.00 **Lives on Fire**
12.00 M'T **One Born Every Minute** Documentary.
1.00 **to 3.00** AM **Young Vets**

+1 hour 232 190

Drama

143 130 20 158

7.20 AM **Pie in the Sky**
8.15 **The Bill**
9.15 **Classic Holby City**
10.35 **Casualty**
11.40 **The Bill**
12.40 PM **Classic EastEnders**
2.00 **Howards' Way**
3.10 **Lovejoy**
4.20 **Peak Practice**
5.20 **As Time Goes By**
6.00 **Keeping Up Appearances**
6.40 **Last of the Summer Wine** Double bill.
8.00 **Dalziel & Pascoe** *Time to Go:* The detective duo investigate when a clubber is found dead.
10.00 **New Tricks** *Wicca Work:* The team encounter witchcraft while trying to solve a murder case.
11.20 **Clocking Off**
12.30 AM **Bad Girls**
1.30 **Lovejoy**
2.45 **to 4.00** AM **Passport to Freedom**

+1 hour 243 226 60

TUESDAY

Documentaries

RealityXtra
147 197 68 134

9.00 AM **Perry Mason**
11.00 **Matlock** As 6pm.
12.00 NOON **The Fugitive**
1.00 PM **Evidence of Evil**
3.00 **Perry Mason**
5.00 **The Fugitive** *Detour on a Road Going Nowhere*: 12/30. Kimble flees when a burglary at his workplace leads to a check of employee fingerprints, but finds himself stuck on a bus caught in a road washout. (S2)
6.00 **Matlock** *The Outcast – Part One*: 14/22. Matlock decides to retire from the legal business, and plans a fishing trip to celebrate his newfound freedom. (S6)
7.00 **Judge Judy** Real-life small-claims cases.
1.00 AM **Matlock** As 6pm.
2.00 **The Fugitive** As 5pm.
3.00 **Murder By the Sea**
5.00 **to 6.00** AM **Medical Detectives**

Legend
148 149 41 137

8.00 AM **Walker, Texas Ranger** 17/27. (S4)
9.00 **Mutant X** 15/22. (S2)
10.00 **Star Trek: The Next Generation** 22/26. (S4)
11.00 FILM **Instrument of War** Wartime drama. (2017, 12, 90min) ★★
1.00 PM FILM **Sherlock Holmes** Mystery drama. (2010, 12, 89min) ★★
3.00 FILM **Fire Serpent** Horror. (2007, 15) ★★
5.00 **Star Trek** 8/24. (S3)
6.00 **Star Trek: The Next Generation** 23/26. (S4)
7.00 **Airwolf** 4/22. (S3)
8.00 **Walker, Texas Ranger**
9.00 FILM **Shout at the Devil** Action adventure. (1976, 15, 147min) ★★
11.55 FILM **Paranormal Activity** Chiller. (2007, 15, 86min) ★★★
1.30 AM FILM **Painkillers** Drama. (2018, 18) ★★
3.05 **to 4.30** AM FILM **The Last House** Thriller. (2019, 15, 74min) ★★

Challenge
145 139 48 146

7.00 AM **The Chase**
10.00 **Dickinson's Real Deal**
11.00 **Dale's Supermarket Sweep** Double bill.
12.00 NOON **Wheel of Fortune** Double bill.
1.00 PM **Catchphrase**
2.00 **Classic Who Wants to Be a Millionaire?**
3.00 **Play Your Cards Right**
4.00 **Bruce's Price Is Right**
5.00 **Bullseye** Four editions of the darts-based quiz.
7.00 **Pointless** Quiz hosted by Alexander Armstrong and Richard Osman.
8.00 **The Chase** Double bill of the quiz show hosted by Bradley Walsh.
10.00 **Classic Who Wants to Be a Millionaire?** Big-money quiz show hosted by Chris Tarrant.
11.00 **Bullseye** Double bill of the darts-based quiz.
12.00 M'T **The Chase**
4.00 AM **Classic Who Wants to Be a Millionaire?**
5.00 **to 6.00** AM **Bullseye**

E!
159 159 835 160

7.00 AM **Wags**
8.00 **Keeping Up with the Kardashians**
10.00 **Jerseylicious**
11.00 **Rich Kids of Beverly Hills** Double bill.
12.00 NOON **Botched**
1.00 PM **Kourtney & Kim Take New York**
2.00 **Keeping Up with the Kardashians**
7.00 **Botched** Double bill.
9.00 **Keeping Up with the Kardashians** Kourtney reveals that working with her sisters every day is no longer making her happy. **10.00** Kim and Kourtney head to Paris for the Yeezy brand's eighth season launch.
11.00 **Rich Kids of Beverly Hills** Double bill.
12.00 M'T **Dr 90210**
1.00 AM **Wags**
2.00 **Teleshopping**
3.00 **to 5.00** AM **Kimora: Life in the Fab Lane**

Sky Documentaries
121 121 819 277 352 367

6.00 AM **The Guest Wing**
7.00 **Discovering: Claudette Colbert**
8.00 **The Directors**
9.00 **The Seventies**
10.00 **Spector**
11.00 **The Vow**
12.00 NOON **Clint Eastwood: A Life in Film**
1.40 PM **Jane Fonda in Five Acts** Documentary.
4.00 **The Directors**
5.00 **Discovering: Claudette Colbert**
6.00 **The Seventies**
7.00 **Spector** 2/4. A look at how Phil Spector gained a sinister reputation.
8.00 **The Vow**
9.00 **Liverpool Narcos**
10.00 **Heroin: Cape Cod, USA**
11.40 **Steve McQueen: The Lost Movie**
1.30 AM **Atomic Homefront**
3.20 **Katrina Babies**
5.00 **to 6.00** AM **Discovering: Claudette Colbert**

Sky Nature
124 124 822 278 354 369

6.00 AM **Wild Castles**
7.00 **Monkey Life**
8.00 **New Kids in the Wild**
9.00 **Malawi Wildlife Rescue**
10.00 **Brazil Untamed**
11.00 **Africa's Wild Horizons**
12.00 NOON **Hope for Wildlife**
1.00 PM **Monkey Life**
2.00 **New Kids in the Wild**
3.00 **Malawi Wildlife Rescue**
4.00 **Brazil Untamed**
5.00 **Africa's Wild Horizons**
6.00 **Hope for Wildlife**
7.00 **Monkey Life**
8.00 **Predators**
9.00 **Secret Life of the Kangaroo** Documentary.
10.00 **Africa's Wild Horizons**
11.00 **Hope for Wildlife**
12.00 M'T **Rare Survivors: China's Iconic Wildlife**
1.00 AM **Tales from Zambia**
2.00 **Predators**
3.00 **Secret Life of the Kangaroo** Documentary.
4.00 **New Kids in the Wild**
5.00 **to 6.00** AM **Malawi Wildlife Rescue**

HGTV
158 286 44 166

7.00 AM **Building Off the...**
8.00 **The Great Interior...**
9.00 **A Place in the Sun**
10.00 **Escape to the Country**
11.00 **Fantasy Homes by...**
12.00 NOON **My Lottery Dream Home**
1.00 PM **Home Town**
2.00 **Fixer Upper Rewatch**
3.00 **The Great Interior Design Challenge**
4.00 **Restoration Home**
5.00 **Building Off the Grid**
6.00 **A Place in the Sun**
7.00 **Fantasy Homes by the Sea** From Dorset.
8.00 **Escape to the Country**
9.00 **Holmes Family Rescue** New edition
10.00 **Bargain Block** New edition
11.00 **Home Town**
12.00 M'T **Fantasy Homes...**
1.00 AM **Building Off the...**
2.00 **Restoration Home**
3.00 **to 4.00** AM **My Lottery Dream Home**
+1 hour 258 290

Food Network
140 285 43 148

6.00 AM **Trisha's Southern Kitchen** New editions
7.00 **The Pioneer Woman**
8.00 **Delicious Miss Brown** New editions
9.00 **Jamie's 15 Minute Meals**
9.30 **Jamie's 30 Minute Meals**
10.00 **Sophie Grigson: Slice...**
11.00 **Donal's Meals in Minutes**
12.00 NOON **Great British...**
2.00 PM **American Adventure**
3.00 **Jamie's 15 Minute Meals**
3.30 **Jamie's 30 Minute Meals**
4.00 **Delicious Miss Brown**
5.00 **The Pioneer Woman** New edition
5.30 **The Pioneer Woman**
6.00 **Ainsley Eats the Streets**
7.00 **Great British Bake Off**
8.00 **American Adventure**
9.00 **Sophie Grigson: Slice of Italy** Double bill.
10.00 **Ainsley Eats the Streets**
11.00 **Restaurant: Impossible**
12.00 M'T **Guy's Grocery Games** New edition
1.00 **to 3.00** AM **Highlights**
+1 hour 240 149

DMAX
172 171 39 150

6.00 AM **Salvage Dawgs**
7.00 **Outback Opal Hunters**
8.00 **Alaskan Bush People**
10.00 **Alaska: Last Frontier**
12.00 NOON **Yukon Men**
1.00 PM **Aussie Gold Hunters**
2.00 **Gold Divers**
3.00 **Alaska: Homestead Rescue** Reality series.
4.00 **Building Off the Grid**
5.00 **Scrap Kings**
6.00 **Outback Opal Hunters**
7.00 **Deadliest Catch**
8.00 **Alaska: Last Frontier**
9.00 **Gold Divers** Shawn and Ken push their operations to the brink to get one last score in.
10.00 **Aussie Gold Hunters**
11.00 **Jade Fever**
12.00 M'T **Alaska: Last Frontier** Documentary
1.00 AM **Naked and Afraid**
2.00 **Teleshopping**
4.00 **Tanked**
5.00 **to 6.00** AM **Maine Cabin Masters**
+1 hour 272 214 151

5Action
150 150 33 132

9.00 AM **Outback Truckers**
10.00 **Trucking Hell**
11.00 **Police Interceptors**
12.00 NOON FILM **Column South** Western. (1953, U, 85min) ★★
1.50 PM FILM **Bandolero!** Western. (1968, 15, 106min) ★★★
4.00 **Trucking Hell**
5.00 **Outback Truckers**
6.00 **Police Interceptors**
9.00 **Motorway Cops: Catching Britain's Speeders** Concerned callers report an HGV swerving all over the M6.
10.00 **Police: Hour of Duty**
11.00 **World's Deadliest Weather: Caught on Camera** Horrific wildfires.
12.00 M'T **Police Interceptors**
1.00 AM **UK's Strongest Man**
2.00 **999: Criminals Caught on Camera**
3.00 **Sinkholes**
3.45 **Sewermen**
4.35 **to 5.00** AM **Red Shoe Diaries**

Sky Crime
122 122 820 121 349 364

6.00 AM **Highway Patrol**
7.00 **Motorway Patrol**
8.00 **Send in the Dogs**
9.00 **Nothing to Declare**
10.00 **UK Border Force**
11.00 **How I Caught the Killer**
12.00 NOON **What the Killer...**
1.00 PM **Murders That Shocked the Nation**
2.00 **Killer in My Village**
3.00 **World's Most Evil Killers**
4.00 **Britain's Most Evil Killers**
5.00 **What the Killer Did Next**
6.00 **Killer in My Village**
7.00 **World's Most Evil Killers**
8.00 **Britain's Most Evil Killers**
9.00 **Love You To Death** New edition
10.00 **How I Caught the Killer**
11.00 **World's Most Evil Killers**
12.00 M'T **Forensics: Catching the Killer**
1.00 AM **Killer in My Village**
2.00 **Murders That Shocked...**
3.00 **The Force**
5.00 **to 6.00** AM **Motorway Patrol**
+1 hour 222 164

CBS Reality
146 148 67 135

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **Medical Detectives** An inferno at King's Cross station in London. **7.30** A Montreal businessman's murder.
8.00 **48 Hours** New edition An anonymous person threatens to expose a town's rumoured secret.
9.00 **Evidence of Evil** A woman was reported missing after failing to return home from work.
10.00 **Murder By the Sea** New edition The case of Percy Mapleton, who was looking for a way to a fast fortune.
11.00 **Fatal Vows**
12.00 M'T **Injustice with Nancy Grace**
1.00 AM **Evidence of Evil**
2.00 **Murder By the Sea**
3.00 **48 Hours**
3.45 **Medical Detectives**
4.10 **to 6.00** AM **Judge Judy**
+1 hour 246 218 136

Really
142 128 17 160

6.00 AM **Fantasy Homes by the Sea** From Devon.
7.00 **Teleshopping**
8.00 **Salvage Hunters**
9.00 **The Repair Shop**
10.00 **Antiques Road Trip**
12.00 NOON **Money for Nothing** Old furniture.
1.00 PM **A Place in the Sun**
2.00 **Animal Cops San Francisco** Double bill.
4.00 **Dr Jeff: Rocky Mountain Vet**
5.00 **Helicopter ER**
6.00 **Money for Nothing**
7.00 **Antiques Road Trip**
9.00 **The Hotel Inspector** Alex Polizzi heads to the Dukes in the Bedfordshire village of Heath and Reach.
10.00 **This Came Out Of Me**
11.00 **Ghost Adventures**
12.00 M'T **Ghost Nation**
1.00 AM **Ghost Adventures**
2.00 **Teleshopping**
4.00 **to 6.00** AM **Animal Cops San Francisco**

Blaze
164 199 64 162

6.00 AM **Hardcore Pawn**
7.45 **Weird or What? with William Shatner**
8.40 **Ancient Aliens**
10.40 **Storage Wars Canada**
11.10 **Storage Wars**
12.10 PM **Pawn Stars**
2.05 **Hardcore Pawn**
4.00 **Ancient Aliens**
6.00 **Weird or What? with William Shatner**
7.00 **Storage Wars**
8.00 **Dickinson's Real Deal** From Rickmansworth in Hertfordshire.
9.00 **Mountain Men** Kidd and Harry bring down an enormous bull bison.
10.00 **Rust Valley Restorers**
11.00 **Swamp Mysteries with Troy Landry**
12.00 M'T **Monsterquest**
1.00 AM **Wicked Tuna**
2.00 **Swamp People**
3.00 **Dickinson's Real Deal**
3.45 **Storage Wars Canada**
4.10 **to 6.00** AM **Pawn Stars**
+1 hour 81

TLC
133 133 828 167

7.00 AM **Flip or Flop**
8.00 **Good Bones**
9.00 **Say Yes... UK**
10.00 **Say Yes to the Dress**
11.00 **Say Yes... Atlanta**
12.00 NOON **Say Yes to the Dress: Lancashire**
1.00 PM **Cake Boss**
2.00 **Dr Pimple Popper**
3.00 **My Lottery Dream Home** Double bill.
4.00 **Seeking Sister Wife**
5.00 **I Love a Mama's Boy**
6.00 **Flip or Flop**
7.00 **Say Yes to the Dress**
8.00 **Home Town**
9.00 **Married to Real Estate**
10.00 NEW SERIES **I Love a Mama's Boy**
11.00 **Dr Pimple Popper**
12.00 M'T **Home Town**
1.00 AM **Married to Real...**
2.00 **I Love a Mama's Boy**
3.00 **Dr Pimple Popper**
4.00 **Flip or Flop**
5.00 **to 6.00** AM **Say Yes to the Dress: UK**
+1 hour 233 172

5SELECT
153 152 56 133

9.00 AM **Cruising with Jane McDonald**
9.20 **GPs: Behind Closed Doors** Documentary.
10.25 FILM **Saving Billy** Drama. (2021, PG) ★★
12.10 PM FILM **Stolen in Her Sleep** Suspense thriller. (2021, PG, 87min) ★★
2.00 **Holiday Homes in the Sun** From Begur, Spain.
3.00 **The Yorkshire Vet**
4.00 **Ben Fogle: New Lives in the Wild** Double bill.
6.00 **World's Most Scenic River Journeys**
7.00 **Around the World by Train with Tony Robinson** Arctic Circle.
8.00 **Walking Wartime Britain** The Blitz spirit.
9.00 **Tony Robinson's History of Britain**
10.00 **Forged in Fire**
11.55 **Drain the Oceans**
1.00 AM **Great British Ships**
2.00 **Ben Fogle: New Lives...**
3.50 **to 4.00** AM **Entertainment News**

Quest
144 144 834 169 12 172

6.00 AM **How Do They Do It?**
6.25 **Find It, Fix It, Flog It**
7.10 **The Repair Shop**
8.00 **American Pickers**
10.00 **Chasing Classic Cars**
11.00 **Salvage Hunters: Classic Cars**
12.00 NOON **Motor Pickers**
1.00 PM **The Repair Shop**
2.00 **Love Your Garden**
3.00 **Find It, Fix It, Flog It**
4.00 **Salvage Hunters**
5.00 **Salvage Hunters: The Restorers**
6.00 **Wheeler Dealers**
7.00 **Aussie Gold Hunters**
8.00 **Salvage Hunters**
9.00 **The Woodland Workshop** New edition
10.00 **The Repair Shop**
11.00 **How Do They Do It?**
12.00 M'T **Wheeler Dealers**
1.00 AM **Cops UK**
2.00 **Salvage... Classic Cars**
3.00 **Motor Pickers**
4.00 **to 5.00** AM **How It's Made**
+1 hour 244 213 70 168

Quest Red
149 170 40 169

6.00 AM **Say Yes to the Dress**
7.00 **Curvy Brides Boutique**
8.00 **Say Yes to the Dress**
9.00 **Animal Cops Detroit**
11.00 **Forensic Detectives**
1.00 PM **Diabolical: Deadly Love**
2.00 **Disappeared**
3.00 **Murder Comes to Town**
4.00 **Reasonable Doubt**
5.00 **Say Yes to the Dress**
7.00 **Who Do You Think You Are?** TV presenter and DJ Fearne Cotton traces her roots.
8.00 **Dr Pimple Popper**
9.00 NEW SERIES **Awake Surgery** Dr Gruber performs surgery on patients while they are completely awake.
10.00 **1000-lb Best Friends** New edition
11.00 **Forensic Detectives**
1.00 AM **The Perfect Murder**
2.00 **Murder Comes to Town**
3.00 **to 4.00** AM **FBI Files**
+1 hour 249 170

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125 125 823 250 320 325

6.00 AM **Wheeler Dealers**
7.00 **Deadliest Catch**
8.00 **Alaska: Homestead Rescue**
9.00 **Flying Wild Alaska**
10.00 **How Do They Do It?**
11.00 **Wheeler Dealers**
12.00 NOON **Salvage Hunters**
1.00 PM **Gold Rush** Double bill.
3.00 **Building Off the Grid**
4.00 **Alaska: Homestead Rescue**
5.00 **Wheeler Dealers** Mike examines a BMW 2002tii.
6.00 **Salvage Hunters** A selection of oversized industrial antiques.

10.00 Gold Rush: The Dirt

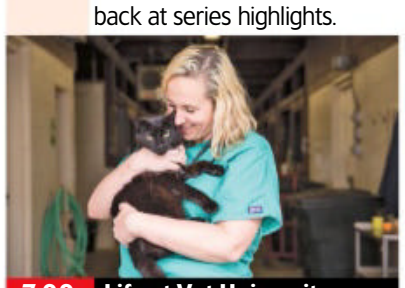
7.00 **Kindig Customs** A 1932 Roadster is given a secret refit, and Dave gives a 2004 Hummer a futuristic makeover.
8.00 **Gold Divers** Following a team of dredgers based in Nome, Alaska, trying to collect gold from the bottom of the Bering Sea.
9.00 **Gold Rush** New edition Following the gold miners of the Yukon as they put everything on the line in the hope of striking it rich.
10.00 **Gold Rush: The Dirt** New edition Christo meet newcomers Brandon and Brady Clayton, while the crew reveal a curse.
11.00 **Naked and Afraid** Two pairs of survivalists must take on the deadly jungles of Panama, and have a big decision to make before they begin.
1.00 AM **Gold Rush** As 9pm.
2.00 **Gold Rush: The Dirt**
3.00 **Moonshiners**
4.00 **to 5.00** AM **Kindig Customs**

+1 hour 225 258

Animal Planet

162 251

8.00 AM **The Pool Master**
9.00 **Life at Vet University**
10.00 **Pit Bulls & Parolees**
11.00 **Alaska: Homestead Rescue**
12.00 NOON **The Pool Master**
1.00 PM **How Do Animals Do That?** Double bill.
2.00 **Wildest Islands of Indonesia**
3.00 **Wildest Europe**
4.00 **Pit Bulls & Parolees**
5.00 **Alaska: Homestead Rescue** The Raneys find the homestead in complete disrepair.
6.00 **The Pool Master** A look back at series highlights.


7.00 Life at Vet University

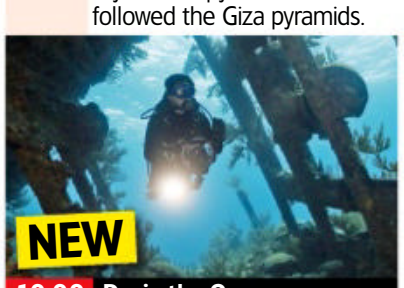
7.00 **Life at Vet University** Graduation looms as the students finish their final rotations, but emergencies still need urgent attention.
8.00 **From Wags to Riches** Looking back at highlights of the series, catching up with the adoption cases.
9.00 **Pit Bulls & Parolees: Tia's Tales** Tia looks back at memorable rescues, including the Breaux Bridge fighting dogs.
10.00 **Alaskan Bush People** The Wolfpack race to complete the first major build of their new ranch.
11.00 **Great White Appetite** New information that could finally reveal the secrets of great white sharks.
12.00 M'T **Deadliest Sharks**
1.00 AM **Alaskan Bush People**
2.00 **Pit Bulls & Parolees**
3.00 **Alaska: Homestead Rescue**
4.00 **to 5.00** AM **The Pool Master**

+1 hour 262 259

Nat Geographic

129 129 825 266

8.00 AM **Food Factory**
9.00 **Air Crash Investigation**
10.00 **Car S.O.S**
11.00 **Ice Road Rescue**
12.00 NOON **Nazi Megastructures**
1.00 PM **Drain the Sunken Pirate City** Documentary.
2.00 **Drain the Oceans**
3.00 **World War II: Secrets From Above** Double bill of editions.
5.00 **Hitler's Teen Killers**
6.00 **Lost Treasures of Egypt** Archaeologists study the mysterious pyramids that followed the Giza pyramids.



10.00 Drain the Oceans

7.00 **Air Crash Investigation** How a pilot saved the day when he lost all the engines of his aircraft.
8.00 **Super/Natural** New edition How animals rely on an array of super-senses to survive the most impossible journeys.
9.00 **Snakes in the City** Mbali's training shifts up a gear when she catches a highly venomous boomslang.
10.00 NEW SERIES **Drain the Oceans: Deep Dive** The oceans finally give up their sunken treasures.
11.00 **Air Crash Investigation**
12.00 M'T **Banged Up Abroad** A notorious Mafia hitman flees the US for South America.
1.00 AM **Drugs Inc**
2.00 **Lords of War**
2.30 **Food Factory**
4.10 **to 5.00** AM **Exotic Animal ER: Double Dose**

+1 hour 229 267

Sky History

123 123 821 270 353 368

6.00 AM **Forged in Fire**
7.00 **Storage Wars**
8.00 **American Pickers**
9.00 **Pawn Stars**
10.00 **American Pickers**
11.00 **Digging Up Britain's Past**
12.00 NOON **Mountain Men**
1.30 PM **Nature Gone Wild**
2.00 **Ancient Aliens**
3.00 **Salvage Kings**
4.00 **Storage Wars**
5.00 **Pawn Stars**
6.00 **American Pickers** A stash of amusement park relics.

9.00 U-Boat Wargamers

7.00 **Forged in Fire** A bid to recreate an ancient iron weapon – the Celtic Anthropomorphic Sword.
8.00 **Mystery Places** New edition The secrets behind the San Bernardo mummies and a trip to the Skatopia in Ohio.
9.00 **U-Boat Wargamers** New edition Examining the role the Wrens played in preventing many British merchant ships being sunk.
10.10 **The Proof Is Out There** New edition The reasons a flock of birds plunged to their death in Mexico.
11.10 **Paranormal: Caught on Camera** A haunted statue terrorises guests at a motel.
12.10 AM **The Curse of Oak Island**
1.10 **Mystery Places** As 8pm.
2.05 **Digging Up Britain's Past**
3.05 **Storage Wars**
4.00 **Salvage Kings**
5.00 **to 6.00** AM **Ancient Aliens**

+1 hour 223 271

Yesterday

155 155 846 129 27 159

6.00 AM **Churchill's Bodyguard**
8.00 **Abandoned Engineering**
9.00 **Narrow Escapes of WWII**
10.00 **WW2: Battles for Europe**
11.00 **Secrets of the London Underground**
12.00 NOON **Great British...**
2.00 PM **Bangers and Cash**
3.00 **Bangers & Cash: Restoring Classics**
4.00 **Narrow Escapes of World War II** Documentary.
5.00 **WW2: Battles for Europe**
6.00 **Great British Railway Journeys** Double bill.

8.00 The Architecture the...

7.00 **Secrets of the London Underground** Tim Dunn and Siddy Holloway visit North End under Hampstead Heath.
8.00 **The Architecture the Railways Built** New edition Tim Dunn scales a Scottish icon – the Forth Railway Bridge.
9.00 **Bangers and Cash** A rusty 1970 Fiat 500 goes under the hammer in Thornton le Dale.
10.00 **Bangers and Cash** Dave and Jack head to East Yorkshire to pick up a dusty Alfa Romeo and a 1930s Jowett.
11.00 **Abandoned Engineering** Exploring the Tunnels of Gibraltar and a World War Two espionage base.
12.00 M'T **Great British Railway Journeys** Double bill.
1.00 AM **Underground Worlds**
2.00 **to 3.00** AM **Churchill's Bodyguard**

+1 hour 255 217 74

Tuesday

7 PM
8 PM
9 PM
10 PM

Disc. History

177 257

6.00 AM **Combat Dealers**
7.00 **How the Universe Works**
8.00 **Tony Robinson's World War One**
9.00 **Combat Dealers**
10.00 **Expedition Unknown**
12.00 NOON **Shed and Buried**
1.00 PM **Combat Dealers**
2.00 **The Somme: The First 24 Hours**
3.00 **Blowing Up History**
4.00 **Mysteries at the Museum** A journal.
5.00 **Tony Robinson's World War One**
6.00 **How the Universe Works**
7.00 **Expedition Unknown**
8.00 **Combat Dealers**
9.00 **The Dino Hunters**
10.00 **How the Universe Works**
11.00 **Blowing Up History**
12.00 M'T **Combat Dealers**
2.00 AM **The Dino Hunters**
3.00 **The Somme: The First 24 Hours**
4.00 **to 5.00** AM **Blowing Up History**

+1 hour 277 261

Eden

166 245

9.00 AM **Inside the Vets**
10.00 **Aquarium: An Aquatic Life**
11.00 **World of Oceans**
12.00 NOON **Forbidden History** Double bill.
2.00 PM **Inside the Vets**
3.00 **Africa From Above**
5.00 **Aquarium: An Aquatic Life**
6.00 **World of Oceans**
7.00 **Forbidden History**
8.00 **Inside the Vets**
9.00 **Africa From Above**
10.00 **World of Oceans**
11.00 **Aquarium: An Aquatic Life**
12.00 M'T **Forbidden History**
1.00 AM **Inside the Vets**
2.00 **Aquarium: An Aquatic Life**
3.00 **World of Oceans**
3.50 **Africa From Above**
4.40 **Forbidden History**
5.30 **to 6.00** AM **David Attenborough's Natural Curiosities**

+1 hour 266 246

WILD

165 165 841 264 265

8.00 AM **Animal Fight Club**
9.00 **Africa's Hidden Wonders** Triple bill.
12.00 NOON **Snakes in the City** Documentary.
1.00 PM **Lone Star Vet**
2.00 **Crocodile King**
3.00 **North American Birds**
4.00 **America's Funniest Home Videos**
5.00 **Snakes in the City**
7.00 **Secrets of the Zoo**
8.00 **Climbing Redwood Giants: Life in the Sky** The story of the world's tallest living trees.
9.00 **Hollywood's Killer Bear** The killing of a man by a bear that had appeared in films.
10.00 **The Invaders** Animals causing chaos outside of their natural habitats.
11.00 **Snakes in the City**
12.00 M'T **Shark Attack Files**
1.00 AM **Caught in the Act**
2.00 **to 5.00** AM **Africa's Hidden Wonders**

Sky History 2

163 163 840 272

8.00 AM **Egypt's Unexplained Files**
9.00 **Dangerous Missions**
10.00 **WW2 Treasure Hunters**
11.00 **Ancient Aliens**
1.00 PM **Conspiracy Files: Unsealed**
2.00 **Egypt's Unexplained Files** Double bill.
4.00 **Dangerous Missions**
6.00 **Alien Files: Unsealed**
7.00 **Ancient Aliens** The locations chosen for sacred temples.
8.00 **Top Secret UFO Projects Declassified** The development of Project Blue Book.
9.00 **Mythical Beasts**
10.00 **Curse of Skinwalker Ranch** Documentary.
11.00 **Ancient Aliens**
1.00 AM **Top Secret UFO Projects Declassified**
2.00 **Mythical Beasts**
3.00 **Curse of Skinwalker...**
4.00 **WW2 Treasure Hunters**
5.00 **to 6.00** AM **What on Earth?**

PBS America

174 273 84 155

8.00 AM **Beautiful Serengeti**
8.30 **Submarines**
9.40 **Azorian: The Raising...**
10.50 **WWII in Color: Road...**
11.50 **D-Day 360**
1.00 PM **Beautiful Serengeti**
1.45 **Submarines**
2.55 **Azorian: The Raising of the K-129**
4.00 **WWII in Color: Road to Victory**
5.10 **D-Day 360**
6.20 **Submarines**
7.30 **Azorian: The Raising of the K-129** Engineers involved with Project Azorian tell their stories.
8.35 **WWII in Color: Road to Victory** New edition The US Air Force develop a new 'wonder' bomber.
9.45 **D-Day 360** The battlefield of Omaha Beach is brought to life.
10.55 **Azorian: The Raising...**
12.00 M'T **WWII in Color: Road to Victory**
1.10 **to 2.00** AM **Beautiful Serengeti**

CI

156 156 837 198

6.00 AM **The First 48**
8.00 **Cold Case Files**
9.00 **Killer Britain**
10.00 **Meet, Marry, Murder**
11.00 **The Real Murders of Orange County**
12.00 NOON **Buried in the Backyard**
1.00 PM **Fear Thy Neighbour**
2.00 **Imperfect Murder**
3.00 **On the Case**
4.00 **Murdertown**
5.00 **Cold Case Files**
6.00 **The First 48**
7.00 **Homicide: Hours to Kill**
8.00 **Imperfect Murder** New edition
9.00 **Meet, Marry, Murder** New edition
10.00 **Murdered By Morning** New edition
11.00 **Homicide Hunter**
12.00 M'T **Snapped**
1.00 AM **Meet, Marry, Murder**
2.00 **Murdered By Morning**
3.00 **Criminal Confessions**
4.00 **to 6.00** AM **Highlights**

+1 hour 256 222

SKY HD SD | VIRGIN HD | FREEVIEW HD | FREESAT HD | BT HD

TUESDAY Films

Tuesday

Sky Cinema Premiere

301 301 848 401 501 515

6.00 AM **Where Is Anne Frank**
7.55 **Paradise City** Crime thriller. (2022, 15, 94min) ★★
9.45 **The Invitation** As 10.05pm.
11.45 **The Independent** As 8pm.
1.45 PM **Where Is Anne Frank** Animated drama featuring the voice of Emily Carey. (2021, PG, 99min) ★★★★
3.45 **Brian and Charles** Offbeat comedy starring David Earl. (2022, PG, 79min) ★★★★
5.35 **Bullet Train** As 12.05am.

3.45 Brian and Charles

8 PM

8.00 **The Independent** Drama starring Jodie Turner-Smith, Brian Cox and Luke Kirby. A journalist discovers a conspiracy involving a US presidential candidate. (2022, 12, 108min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10 PM

10.05 **The Invitation** Horror thriller starring Nathalie Emmanuel. A young woman is swept off her feet, but there is more to the seduction than meets the eye. (2022, 15, 105min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11 PM

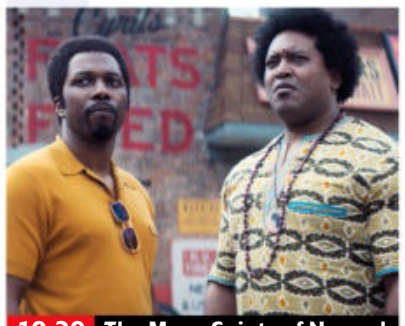
12.05 AM **Bullet Train** Comedy thriller tarring Brad Pitt, Joey King and Aaron Taylor-Johnson. (2022, 15, 127min) ★★★★
2.25 **Paradise City** As 7.55am.
4.15 **to 6.00** AM **Brian and Charles** As shown at 3.45pm.

+1 hour 312

Sky Cinema Hits

303 303 857 403 503 517

6.25 AM **Twist** As shown at 4.15am.
8.00 **Voyagers** As shown at 2.15am.
9.50 **Flight** As shown at 8.00pm.
12.10 PM **The Many Saints of Newark** As 10.20pm.
2.15 **Belfast** Kenneth Branagh's drama starring Jamie Dornan. (2021, 12, 98min) ★★★★
3.55 **San Andreas** Disaster movie. (2015, 12, 114min) ★★★
5.50 **Hollywoodland** Film noir thriller starring Adrien Brody. (2006, 15, 126min) ★★★★


10.20 The Many Saints of Newark

8.00 **Flight** Melodrama starring Denzel Washington and Kelly Reilly. A drug and drink-addicted airline captain has to face up to his problems after a crash. With Don Cheadle and John Goodman. (2012, 15, 138min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

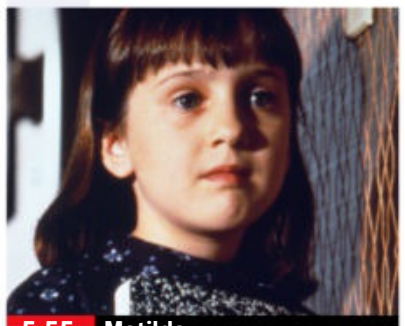
10.20 **The Many Saints of Newark** Crime drama prequel to *The Sopranos*, starring Alessandro Nivola, Jon Bernthal, Vera Farmiga, Ray Liotta and Michael Gandolfini. (2021, 15, 120min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.25 AM **Paranormal Activity: The Marked Ones** Horror sequel. (2014, 15, 101min) ★★
2.15 **Voyagers** Sci-fi thriller. (2020, 15, 108min) ★★★
4.15 **to 4.15** AM **Twist** Crime comedy. (2021, 12) ★★★★

Sky Cinema Kids Books

306 306 850 406 506 520

6.00 AM **The Borrowers** As 2.45am.
7.35 **Stuart Little** As 9.40pm.
9.15 **Stuart Little 2** As 11.20pm.
10.50 **The Wizard of Oz** As 4.25am.
12.35 PM **Call of the Wild** Adventure. (2009, PG) ★★★
2.15 **Clifford the Big Red Dog** Adventure. (2021, PG,) ★★★
4.00 **The Secret Garden** Drama. (2020, PG, 99min) ★★★★
5.55 **Matilda** Roald Dahl's dark children's fantasy drama. (1996, PG, 98min) ★★★★


5.55 Matilda

7.50 **The Amazing Maurice** Animated adventure based on the Terry Pratchett story, featuring the voices of Hugh Laurie, Emilia Clarke and David Thewlis. (2022, PG, 93min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

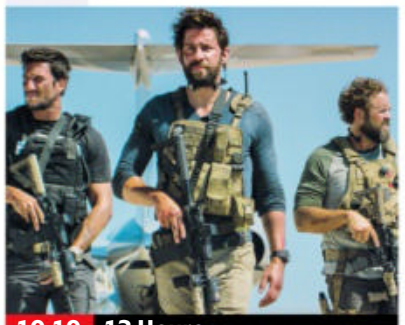
9.40 **Stuart Little** Fantasy featuring the voice of Michael J Fox. A family adopt a talking mouse as a brother for their nine-year-old son. (1999, U, 84min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.20 **Stuart Little 2** Fantasy adventure sequel featuring the voice of Michael J Fox. (2002, U, 78min) ★★★★
12.55 AM **The Amazing Maurice**
2.45 **The Borrowers** Family adventure starring John Goodman and Jim Broadbent. (1997, U, 86min) ★★★★
4.25 **to 6.15** AM **The Wizard of Oz** Vintage musical fantasy starring Judy Garland. (1939, U, 98min) ★★★★★

Sky Cinema Action

307 307 851 407 507 521

6.55 AM **A Knight's Tale** Medieval romantic action comedy. (2001, PG, 132min) ★★★
9.10 **Dead Man Down** Thriller. (2013, 15, 115min) ★★★
11.20 **13 Hours: The Secret Soldiers of Benghazi** (2016)
2.00 PM **The Last Witch Hunter** Fantasy. (2015, 12) ★★★
3.50 **RED** Action comedy thriller. (2010, 12, 111min) ★★★★
5.50 **RED 2** Action comedy sequel. (2013, 12, 111min) ★★★


10.10 13 Hours

8.00 **S.W.A.T.** Action thriller starring Samuel L Jackson and Colin Farrell. The members of an elite LAPD SWAT team are in the firing line when a billionaire drug lord offers $100million to anyone who can spring him from police custody. (2003, 12, 115min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

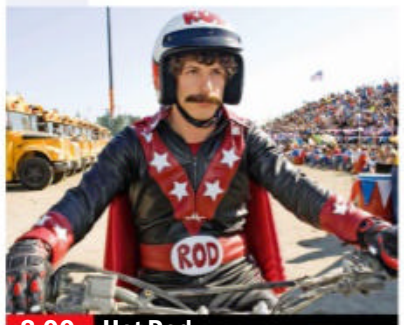
10.10 **13 Hours: The Secret Soldiers of Benghazi** Thriller starring John Krasinski. CIA security operatives fight to defend a US embassy in Libya from attack by extremists. (2016, 15, 144min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.35 AM **The Hurricane Heist** Thriller. (2018, 12, 103min) ★
2.25 **One Shot** Action thriller. (2021, 15, 96min) ★★
4.05 **Last Seen Alive** Thriller. (2022, 15, 95min) ★★★
5.45 **to 7.55** AM **Batman & Robin** Fantasy. (1997, PG) ★★

Sky Cinema Comedy

308 308 408 508 522

7.35 AM **Our Ladies** As 4.20am.
9.35 **Tommy Boy** As 4.45pm.
11.15 **Anchorman: The Legend of Ron Burgundy** Comedy. (2004, 12, 94min) ★★★★
12.55 PM **View from the Top** Comedy drama. (2003) ★★★
2.25 **As Good As It Gets** Comedy. (1997, 15, 138min) ★★★★
4.45 **Tommy Boy** Comedy. (1995, 12, 96min) ★★
6.25 **Not Another Teen Movie** Comedy. (2001, 15, 89min) ★


8.00 Hot Rod

8.00 **Hot Rod** Comedy starring Andy Samberg. A stuntman plans to leap 15 buses on a moped in order to pay for an operation for his father. (2007, 12, 84min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.35 **Swingers** Comedy with Jon Favreau, Vince Vaughn and Heather Graham. A group of struggling young actors go looking for good times and girls in the hotspots of LA. (1996, 15, 96min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.25 **Dear Elizabeth** Fact-based comedy starring Tony Hale. (2020, 12, 98min) ★★★
1.00 AM **She's Out of My League** Romantic comedy starring Jay Baruchel and Alice Eve. (2010, 15, 100min) ★★★
2.50 **The Dictator** Satirical comedy starring Sacha Baron Cohen. (2012, 15, 83min) ★★★
4.20 **to 6.10** AM **Our Ladies** Comedy drama with Abigail Lawrie. (2019, 15) ★★★★

primetime

Sky Cinema Oscars

304 304 849 404 504 518

7.00 AM **The Godfather Part II**
10.20 **The Cinema List: Behind the Camera Oscars**
10.35 **Clear and Present Danger**
1.00 PM **Roman Holiday** Romantic comedy with Audrey Hepburn. (1953, b/w, U, 118min) ★★★★★
3.00 **Dallas Buyers Club** Fact-based drama starring Matthew McConaughey and Jared Leto. (2013, 15, 114min) ★★★★

5.00 **The Godfather** Francis Ford Coppola's classic gangster saga of a Mafia family engaged in bloody war with rival crime families. Stars Marlon Brando, Al Pacino, James Caan, Robert Duvall and Diane Keaton. (1971, 15, 167min) ★★★★★
8.00 **The Godfather Part II** Francis Ford Coppola's Oscar-winning gangster sequel starring Al Pacino, Robert De Niro, Robert Duvall and Diane Keaton. (1974, 18, 200min) ★★★★★

11.30 **Prisoners** Thriller starring Hugh Jackman and Jake Gyllenhaal. (2013, 15, 153min) ★★★★
2.10 AM **Clear and Present Danger** Action thriller starring Harrison Ford and Willem Dafoe. (1994, 12, 141min) ★★★
4.40 **to 6.50** AM **Roman Holiday**

Sky Cinema Animation

305 305 412 500 514

6.45 AM **Lego DC Comics Super Heroes: Aquaman – Rage of Atlantis** (2018, PG) ★★★
8.15 **PAW Patrol: The Movie** Animation. (2021, U) ★★★
9.45 **Happy Feet** (2006, U) ★★★★
11.40 **Rock Dog** (2016, PG) ★★★
1.15 PM **Lego DC Super Heroes: Justice League – Attack of the Legion of Doom!** Animation. (2015, U, 73min) ★★★

2.35 **Space Chimps 2: Zartog Strikes Back** (2010, U) ★
4.00 **The Angry Birds Movie** Animation. (2016, U) ★★★
5.45 **The Emoji Movie** Animated adventure. (2017, U, 83min) ★
7.20 **Rock Dog 2: Rock Around the Park** Animation. (2021, U) ★★
8.55 **Daisy Quokka: World's Scariest Animal** Animation. (2020, U, 88min) ★★★
10.35 **Moomins and the Winter Wonderland** Animation. (2017, U, 82min) ★★★

12.05 AM **Space Chimps 2: Zartog...**
1.25 **Lego DC Super Heroes: Justice League – Attack of the Legion of Doom!** As 1.15pm.
2.50 **Moomins and the Winter Wonderland** As 10.35pm.
4.20 **to 6.00** AM **Khumba** Animated adventure. (2013, U, 85min) ★★

TCM Movies

315 415

7.45 AM **Cattle King** Western. (1963, U, 88min) ★★
9.35 **Day of the Evil Gun** Western. (1968, PG, 93min) ★★
11.40 **Hellfire** Vintage Western. (1949, PG, 90min) ★★★
1.30 PM **Sherlock Holmes in Dressed to Kill** Mystery. (1946, b/w, U, 70min) ★★★
3.05 **The Helicopter Spies** Spy caper. (1967, PG, 95min) ★★

5.10 **Big Jake** Western adventure. (1971, 15, 110min) ★★★
7.25 **The Fighting Lawman** Western with Wayne Morris and Virginia Grey. (1953, b/w, U, 71min) ★★
9.00 **Lethal Weapon 4** Action thriller sequel starring Mel Gibson and Danny Glover. The maverick LA cop duo tangle with a gangster from the Hong Kong underworld. With Joe Pesci. (1998, 15, 128min) ★★★
11.40 **Hard to Kill** Revenge thriller. (1990, 18, 92min) ★★★

1.35 AM **Teleshopping**
3.50 **Off Set** Singer-songwriter Jamie Cullum discusses his influences.
4.00 **Close Up** Double bill.
5.00 **to 6.00** AM **Hollywood's Best Film Directors**

+1 hour 316 417

Talking Pictures

328 445 82 306

6.00 AM **The Story of Gilbert and Sullivan** Biopic. (1953, U) ★★
8.10 **Murder in Eden** Crime drama. (1961, b/w, U, 64min) ★★
9.30 **Interpol Calling** (S1)
10.00 **Wings of the Morning** Drama. (1937, U, 89min) ★★
11.45 **Murder in Soho** Drama. (1939, U, 70min) ★★
1.05 PM **Pit of Darkness** Thriller. (1961, U, 76min) ★★

2.40 **Do You Know This Voice?** Mystery. (1964, b/w, PG) ★★
4.15 **The Queen of Spades** Drama. (1948, PG, 96min) ★★★★
6.00 **Scotland Yard** (S1)
6.35 **British Rails Are Long and Fast**
7.05 **Night Boat to Dublin** Spy thriller starring Robert Newton. (1945, b/w, PG, 91min) ★★
9.00 **Maigret** 1/4. (S1)
10.50 **Cellar Club with Caroline Munro**
10.55 **Cry of the Banshee** Period chiller. (1970, 18, 87min) ★★
12.40 AM **Cellar Club with Caroline...**

12.45 **Twice Told Tales** Horror. (1963, 12, 120min) ★★★
3.15 **Cellar Club with Caroline Munro**
3.20 **Empire of the Ants** (1977, 15) ★
5.10 **Cellar Club with Caroline Munro**
5.15 **Look at Life**
5.25 **to 6.00** AM **Mrs G Goes to College**

HorrorXtra

317 192 138

HorrorXtra programmes start at 5.00pm

5.00 PM **Force of Impact** Thriller starring Antonio Sabato Jr. (2005, PG, 86min) ★★
6.50 **This Is HorrorXtra**
7.00 **First Wave** *The Heist:* 10/22. Cade infiltrates a Gua stronghold. (S2)
8.00 **Knight Rider** *Goliath – Part One:* 1/24. Michael meets a formidable foe. (S2)
9.00 **Prey** Horror adventure starring Logan Miller, Kristine Froseth, Jolene Anderson and Jerrica Lai. (2018, 15, 85min) ★★★

10.45 **30 Days of Night** Horror starring Josh Hartnett, Melissa George and Danny Huston. (2007, 18, 108min) ★★★★
1.00 AM **First Wave** As 7.00pm.
2.00 **to 3.00** AM **Knight Rider**

+1 hour 318 219 139

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Thriller

309 309 853 409 509 523

6.00 AM **Raging Fire** Adventure. (2021, 15, 126min) ★★★★
8.10 **The Client** As 5.50pm.
10.25 **The Cinema List: Bourne**
10.50 **A Time to Kill** As 8.00pm.
1.20 PM **Stillwater** Crime thriller. (2021, 15, 139min) ★★★
3.45 **Everest** Fact-based adventure. (2015, 12, 121min) ★★★★
5.50 **The Client** Thriller based on John Grisham's bestseller, starring Susan Sarandon. (1994, 15, 121min) ★★★

5.50 The Client

8.00 **A Time to Kill** Courtroom drama based on the bestseller by John Grisham, starring Matthew McConaughey and Samuel L Jackson. An ambitious young lawyer defends a man who shot dead the Mississippi rednecks who raped his daughter. (1996, 15, 149min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.35 **Sin City** Gory film noir thriller starring Bruce Willis, Mickey Rourke and Clive Owen. (2005, 18, 124min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.45 AM **Zola** Crime comedy drama starring Taylour Paige. (2020, 18, 86min) ★★★★
2.15 **The Babysitter** Erotic thriller. (1995, 18, 91min) ★
3.50 **Into the Deep** Thriller. (2022, 15, 90min) ★★★
5.30 **to 6.00** AM **Sky Cinema Preview**

Sky Cinema Drama

310 310 410 510 524

6.40 AM **Mass** As 2.05am.
8.40 **Akeelah and the Bee** Drama. (2006, 12, 113min) ★★★★
10.35 **Little Voice** As 6.20pm.
12.15 PM **The Hanging Sun** Mystery thriller. (2022, 15, 93min) ★★
1.55 **The Last Samurai** Epic action drama starring Tom Cruise. (2003, 15, 154min) ★★★★
4.30 **Alfie** Comedy drama remake. (2004, 15, 106min) ★★★
6.20 **Little Voice** Comedy drama. (1998, 15, 98min) ★★★★

6.20 Little Voice

8.00 **The Hours** Stephen Daldry's drama starring Nicole Kidman, Julianne Moore and Meryl Streep. Three women in different eras are linked by a single great work of literature – Virginia Woolf's novel *Mrs Dalloway*. (2002, 12, 115min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Fifty Shades of Grey** Erotic drama starring Jamie Dornan and Dakota Johnson. A naive young literature student begins an affair with a mysterious billionaire who harbours dark desires. (2015, 18, 120min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.10 AM **Where'd You Go, Bernadette** Comedy drama. (2019, 12, 109min) ★★★
2.05 **Mass** Drama starring Jason Isaacs and Martha Plimpton. (2021, 12, 111min) ★★★★★
4.05 **to 6.00** AM **Pups Alone** Comedy. (2021, PG, 107min) ★

Sky Cinema Sci-Fi/Horror

311 311 858 411 511 525

6.20 AM **The Lodge** As 3.15am.
8.15 **The Divergent Series: Allegiant** (2016, 12) ★★
10.20 **Resident Evil: Welcome to Raccoon City** As 8pm.
12.15 PM **The Faculty** Sci-fi horror. (1998, 15, 102min) ★★★
2.10 **Knowing** Mystery thriller. (2009, 15, 116min) ★★★★
4.15 **Blade: Trinity** Adventure. (2004, 15, 113min) ★★
6.15 **After Earth** Sci-fi adventure. (2013, 12, 98min) ★★

6.15 After Earth

8.00 **Resident Evil: Welcome to Raccoon City** Sci-fi horror thriller starring Kaya Scodelario. A group of survivors work together to uncover the truth behind pharmaceutical giant Umbrella Corporation. (2021, 15, 107min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Escape from LA** Adventure sequel starring Kurt Russell. (1996, 15, 102min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.45 **The Unholy** Horror starring Jeffrey Dean Morgan, Cricket Brown and William Sadler. (2021, 15, 99min) ★★
1.30 AM **Don't Breathe 2** Horror thriller sequel starring Stephen Lang and Madelyn Grace. (2021, 15, 98min) ★★★
3.15 **The Lodge** Horror with Riley Keough and Jaeden Martell. (2019, 15, 108min) ★★★★
5.05 **to 6.00** AM **Sky Cinema Preview**

Sky Cinema Cult Classics

302 302 856 402 502 516

6.00 AM **Harold and Maude** Black comedy. (1971, 15) ★★★★
7.35 **Twilight** As shown at 2.35am.
9.40 **The Twilight Saga: New Moon**
11.55 **The Twilight Saga: Eclipse** Thriller. (2010, 12) ★★★
2.00 PM **The Twilight Saga: Breaking Dawn – Part 1** Thriller. (2011, 12, 117min) ★★
4.00 **The Twilight Saga: Breaking Dawn – Part 2** (2012) ★★★
6.05 **The Haunting** Horror chiller remake. (1999, 12, 109min) ★

11.15 The Crow

8.00 **Evil Dead 2** Director Sam Raimi's tongue-in-cheek horror sequel, starring Bruce Campbell. Once again, Ash does battle with demonic forces. (1987, 18, 85min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.30 **Dracula 2000** Contemporary retelling of the classic horror tale, starring Jonny Lee Miller, Justine Waddell and Christopher Plummer. (2000, 15, 99min) ★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.15 **The Crow** Supernatural thriller starring Brandon Lee. (1994, 18, 110min) ★★★★
1.00 AM **My Bloody Valentine** Horror thriller starring Paul Kelman. (1981, 18, 91min) ★
2.35 **Twilight** Supernatural thriller starring Kristen Stewart. (2008, 12, 122min) ★★★
4.50 **to 7.05** AM **The Twilight Saga: New Moon** Supernatural romance thriller. (2009, 12, 125min) ★★★

Film4

313 313 855 428 14 300

■ **Films start at 11.00am**
11.00 AM **The Tin Star** Western. (1957, b/w, U, 93min) ★★★★
12.55 PM **Crack in the World** Sci-fi thriller. (1965, PG, 96min) ★★
2.50 **Last Train from Gun Hill** Western. (1959, 15) ★★★
4.40 **Shenandoah** Western. (1965, PG, 101min) ★★★★
6.50 **Made in America** Romantic comedy starring Whoopi Goldberg and Ted Danson. (1993, 12, 110min) ★★

9.00 Happy Death Day 2U

Made in America (film started at 6.50pm) **8 PM**
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Happy Death Day 2U** Horror comedy sequel starring Jessica Rothe. College student Tree Gelbman is again stuck in a murderous time-loop, and has to face up to a new killer. With Israel Broussard. (2019, 15, 100min) ★★★★ **9 PM**
SEX ●●● VIOLENCE ●●● LANG ●●●

11.00 **Meet the Parents** Comedy starring Robert De Niro and Ben Stiller. A neurotic male nurse's efforts to impress his girlfriend's father disastrously backfire. With Teri Polo. (2000, 12, 108min) ★★★★ **11 PM**
1.10 **to 3.50** AM **The Motorcycle Diaries** Road movie starring Gael García Bernal. Subtitled. (2004, 15, 126min) ★★★

+1 hour 314 430 47 301

GREAT! movies romance

319 424 52 303

6.00 AM **Our Dream Wedding** Drama. (2020, PG, 90min) ★★
8.00 **A Wedding to Remember** Drama. (2020, PG, 85min) ★★
10.00 **All for Love** Romantic comedy. (2017, PG, 83min) ★★
12.00 NOON **Love, of Course** Romantic comedy drama. (2018, PG, 84min) ★★
2.00 PM **Meet Me in New York** Drama. (2022, PG, 90min) ★★

4.00 **Love Afloat** Romantic drama. (2022, PG, 90min) ★★
6.00 **Ms. Matched** Romantic comedy starring Alexa PenaVega. (2016, PG, 90min) ★★
8.00 **Love on a Limb** Romantic drama starring Ashley Williams. (2016, PG, 90min) ★★
10.00 **Cooking Up Love** Romantic drama starring Rachel Bles. (2020, PG, 85min) ★★
11.50 **Walking the Dog** Romantic comedy starring Jennifer Finnigan. (2017, PG, 84min) ★★

1.30 AM **Paris, Wine and Romance** Drama. (2019, PG, 84min) ★★
3.00 **The Wedding Arrangement** Drama. (2022, PG, 90min) ★★
4.30 **to 6.00** AM **I Me Wed** Comedy. (2007, PG, 90min) ★★

+1 hour 320 303 63 304

GREAT! movies

321 425 34 302

9.00 AM **The Nurse** (2014, PG) ★★
11.00 **A Very Foul Play: An Aurora Teagarden Mystery** Crime drama. (2019, PG, 85min) ★★
1.00 PM **Abducted Love** Thriller. (2016, PG, 86min) ★
3.00 **A Mother Betrayed** Thriller. (2015, PG, 120min) ★★
5.00 **The Beach Murders: Garage Sale Mystery** Crime drama. (2017, PG, 90min) ★★

7.00 **Garage Sale Mystery: Picture a Murder** Crime drama starring Lori Loughlin and Eva Bourne. Jennifer discovers an antique camera at the estate of a photography enthusiast. (2018, PG, 90min) ★★
9.00 **Exodus: Gods and Kings** Biblical epic starring Christian Bale and Joel Edgerton. The adoptive brother of the pharaoh of Egypt tries to free the country's slaves during a series of plagues. (2014, 12, 147min) ★★★

11.55 **Disturbing the Peace** Thriller. (2019, 15, 91min) ★
1.45 AM **The Winter Soldier** Sci-fi adventure. (2016, 15) ★★
3.50 **to 6.00** AM **Night Train to Lisbon** Drama. (2013, 12) ★★★

+1 hour 322 61

GREAT! movies action

323 426 42 305

6.00 AM **M*A*S*H** (S9)
7.00 **The Deadly Companions** Western. (1961, PG) ★★★
8.40 **Pompeii** 2/2. Drama.
10.30 **Fighters of WWII**
11.30 **Wild West Chronicles**
12.00 NOON **M*A*S*H** (S9)
1.00 PM **The Mountain Road** War adventure. (1959, U, 90min) ★★
3.05 **The Ravagers** War adventure. (1965, b/w, PG, 88min) ★★

4.45 **Two Rode Together** Western. (1961, PG, 109min) ★★★
6.55 **Wild West Chronicles**
7.25 **The Philadelphia Experiment** Sci-fi mystery thriller remake starring Nicholas Lea and Ryan Robbins. (2012, 15, 89min) ★★
9.00 **Babylon A.D** Sci-fi thriller starring Vin Diesel and Gérard Depardieu. A mercenary undertakes a dangerous mission to smuggle a young woman from Kazakhstan to New York. (2008, 12, 100min) ★★★

10.50 **Age of Heroes** World War Two thriller. (2011, 15, 89min) ★★★
12.40 AM **Assassination Games** Thriller. (2010, 18, 95min) ★★
2.40 **to 4.00** AM **The Traitors** Spy drama. (1962, b/w, PG) ★★★

+1 hour 324

Movies 24

325 419

7.00 AM **Homecoming for the Holidays** As shown at 7pm.
9.00 **Love in Winterland** As 9pm.
11.00 **Perfect Harmony** As 11pm.
1.00 PM **Matchmaker Christmas**
3.00 **Fairfield Road** Romantic drama starring Jesse Metcalfe. (2010, PG, 89min) ★★★
5.00 **My Boyfriends' Dogs** Comedy starring Erika Christensen. (2014, PG, 84min) ★★

7.00 **Homecoming for the Holidays** Family drama starring Laura Osnes. While writing her new album, a country singer works with an ex-soldier to build a house for a friend in town. (2019, PG, 90min) ★★
9.00 **Love in Winterland** Romance starring Italia Ricci and Chad Michael Murray. The winner of a dating show is caught up in a love triangle when she runs into her high school sweetheart. (2020, PG, 83min) ★★

11.00 **Perfect Harmony** Romantic comedy. (2022, PG, 84min) ★★
1.00 AM **Matchmaker Christmas** Romantic comedy drama. (2019, PG, 90min) ★★
3.00 **to 5.00** AM **Fairfield Road**

+1 hour 326 420

FILMS ON OTHER CHANNELS

6pm TILL LATE

9.00 PM **The Bourne Ultimatum** *Sky Showcase* Spy thriller starring Matt Damon. An ex-CIA assassin strives to outsmart cops, killers and his former bosses in his quest to discover his true identity. ★★★★
9.00 **This Is 40** *Comedy Central* Judd Apatow's comedy starring Leslie Mann and Paul Rudd. As they approach their 40th birthdays, a married couple go through a series of domestic crises. ★★★
9.00 **Megaboa** *Sky Sci-Fi* Thriller starring Eric Roberts. Students head into the Colombian rainforest to look for cave art but instead they run into a giant, bloodthirsty snake. ★★
10.40 **Rain Man** *BBC1* Barry Levinson's Oscar-winning drama starring Dustin Hoffman and Tom Cruise. A self-centred car dealer kidnaps his autistic brother in a bid to claim his inheritance. ★★★★
10.40 **The Final Level: Escaping Rancala** *Sky Sci-Fi* Fantasy adventure starring Emily Sweet. An arcade manager realises her brother has been transported into a dangerous video game. ★

Tuesday

Sky Sports Main Event

401 401 859 | 511 501 | 420 440

6.00 AM **Sky Sports News**
7.00 **LIVE Test Cricket South Africa v West Indies.** Coverage of the first day of the first Test in the two-match series from SuperSport Park Cricket Stadium in Centurion. South Africa have won the last eight Test series between the sides and will expect that run to continue on home soil.
4.00 PM **Sky Sports News** Round-up of the sports news, with live analysis, comment and interviews.
7.30 **LIVE EFL Luton Town v Millwall.** Coverage of the Championship encounter, which takes place at Kenilworth Road. Both teams have enjoyed encouraging campaigns so far and will each be looking to earn three points in this first meeting between the sides this season, as they look to at least finish in the play-offs with the goal of reaching the Premier League for the first time. Kick-off is at **8.00pm**.
10.30 **Back Pages Tonight** A look at the sports headlines in tomorrow's newspapers.
11.00 PM **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 860 | 512 502 | 421 441

6.00 AM **PL Greatest Games**
7.00 **Premier League Legends**
8.00 **Premier League Best Goals**
9.00 **Premier League 100 Club**
10.00 **The Football Show**
12.00 NOON **Gary Neville's Soccerbox** Double bill.
1.00 PM **Premier League Years** Memorable moments from the 1996/97 season.
3.00 **PL Greatest Games**
4.00 **Premier League Best Goals** A selection of great strikes from the 1998/99 season.
5.00 **Premier League 100 Club**
6.00 **Premier League Legends**
7.00 **Premier League Review** A look back at the weekend's action.
8.00 **Gary Neville's Soccerbox**
9.00 **Premier League Review** A look back at the weekend's action.
10.00 **Premier League Icons** A profile of Ruud Van Nistelrooy.
10.30 **PL Retro** Liverpool v Chelsea from the 2013/14 season.
12.30 AM **Premier League Icons**
1.00 **Premier League Years**
3.00 **PL Greatest Games**
4.00 **Premier League Best Goals**
5.30 **to 6.00** AM **Premier League 100 Club**

Sky Sports Football

403 403 861 | 513 503 | 422 442

6.00 AM **EFL** The 2017/18 play-offs.
9.00 **EFL Greatest Games**
10.00 **EFL Cup Retro** Birmingham City v Arsenal in the 2011 final.
12.00 NOON **EFL Highlights** Swansea City v Rotherham United.
12.15 PM **Soccer AM: The Best Bits**
12.45 **Scottish Premiership Round-Up** The latest action.
1.00 **Bundesliga Highlights Show**
2.00 **EFL Highlights**
3.00 **EFL Goals: Leagues 1 & 2**
3.30 **Soccer AM: The Best Bits**
4.00 **EFL Highlights**
4.45 **Scottish Premiership Round-Up** The latest action.
5.00 **Bundesliga Highlights Show**
6.00 **EFL Highlights**
7.00 **Scottish Premiership Round-Up** The latest action.
7.15 **EFL Highlights**
7.30 **LIVE EFL Luton Town v Millwall.** Coverage of the Championship encounter from Kenilworth Road. Kick-off **8.00pm**.
10.30 **Soccer AM: The Best Bits**
11.00 **EFL Greatest Games**
12.00 M'T **EFL Cup Highlights**
1.00 AM **EFL** The 2012/13 play-offs.
4.00 **to 6.00** AM **Championship Retro**

Sky Sports Cricket

404 404 862 | 514 504 | 423 443

6.00 AM **Women's ICC World T20 Cricket** This year's final.
7.00 **LIVE Test Cricket South Africa v West Indies.** Coverage of the opening day of the first Test in the two-match series staged at SuperSport Park Cricket Stadium.
4.00 PM **Women's ICC World T20 Cricket** This year's final.
5.00 **Best of the Women's World T20** Action from England v New Zealand in the 2009 final. **5.30** Action from England v Australia in the 2012 final. **5.50** Highlights from Australia v England in the 2018 final.
6.00 **Test Cricket**
7.00 **Pakistan Super League Highlights** Action from Lahore Qalandars v Islamabad United.
8.00 **Test Cricket**
9.00 **Women's ICC World T20 Cricket** This year's final.
10.00 **Test Cricket**
11.00 **Pakistan Super League Highlights** As shown at 7pm.
12.00 M'T **Test Cricket**
1.00 AM **Women's ICC World T20 Cricket** Four editions.
5.00 **to 6.00** AM **Best of the Women's World T20**

Sky Sports Golf

405 405 863 | 515 505 | 424 444

6.00 AM **Best of the Open Zone 2017** From Royal Birkdale.
7.00 **British Masters Masterclass**
8.00 **Golf Academy**
9.00 **School of Golf**
10.00 **DP World Tour Golf**
11.00 **PGA Tour Golf**
12.00 NOON **Best of the Open Zone 2017** From Royal Birkdale.
1.00 PM **British Masters Masterclass**
2.00 **Golf Academy**
3.00 **School of Golf**
4.00 **Nick Dougherty's Tee Time Tips**
5.00 **DP World Tour Golf**
6.00 **PGA Tour Golf**
7.00 **Roots: Shane Lowry**
7.30 **Arnold Palmer Invitational Preview** A look ahead.
8.00 **How the 2004 Ryder Cup Was Won** From Oakland Hills Country Club in Michigan.
10.00 **Arnold Palmer Invitational Preview** A look ahead.
10.30 **Roots: Shane Lowry**
11.00 **PGA Tour Golf**
12.00 M'T **DP World Tour Golf**
1.00 AM **British Masters Masterclass**
2.00 **Golf Academy**
3.00 **School of Golf**
4.00 **DP World Tour Golf**
5.00 **to 6.00** AM **PGA Tour Golf**

BT Sport 1

413 413 870 | 527 | 408 430

6.00 AM **LIVE Women's Hockey Australia v Argentina.**
8.00 **LIVE Men's Hockey Australia v Argentina.** Push-back **8.10am**.
10.00 **Premier League Review**
11.00 **Rugby Stories**
11.30 **Premiership Rugby Highlights**
1.00 PM **ESPN FC** Football news.
1.30 **Vanarama National League Highlights** Recent action.
2.00 **Test Cricket Highlights**
3.00 **UEFA Champions League**
3.30 **Premier League: Big Interview**
4.00 **Premier League Review**
5.00 **ESPN FC** Football news.
5.30 **LIVE Serie A Cremonese v AS Roma.** Kick-off **5.30pm**.
7.30 **LIVE Serie A Juventus v Torino.** Kick-off **7.45pm**.
9.45 **Premier League Reload**
10.00 **Premier League Stories**
10.30 **Vanarama National League**
11.00 **UEFA Champions League**
11.30 **A-League Highlights**
12.00 M'T **WWE NXT Highlights**
1.00 AM **LIVE WWE NXT** Wrestling.
3.15 **Vanarama National League**
3.45 **to 6.00** AM **LIVE Test Cricket India v Australia.** Coverage of the opening day of the third Test.

BT Sport 2

414 414 871 | 528 | 409 431

6.00 AM **ESPN FC** Football news.
6.30 **BT Sport Goals Reload**
7.00 **WWE NXT UK Classics**
8.00 **Isuzu UTE A-League**
2.00 PM **Serie A** Action from Hellas Verona v Fiorentina. **3.00** Lazio v Sampdoria.
4.00 **Hockey** Highlights from Australia v Argentina in the Women's FIH Pro League. **5.00** Australia v Argentina in the Men's FIH Pro League.
6.00 **A-League Highlights**
6.30 **Premier League Stories**
7.00 **Test Cricket Highlights** Action from the fifth and final day of the second and final Test between New Zealand and England.
8.00 **Ligue 1 Highlights** A look back at all the recent action from the top flight of French football.
9.00 **WWE Monday Night Raw**
11.30 **Badminton Unlimited** All the latest news and information.
11.45 **BT Sport Goals Reload**
12.00 M'T **LIVE College Basketball** Coverage of an NCAA fixture.
2.00 AM **LIVE College Basketball** Coverage of an NCAA match.
4.00 **to 6.00** AM **30 for 30: Bad Boys**

BT Sport 3

417 417 874 | 529 | 410 432

6.00 AM **Serie A** Action from Hellas Verona v Fiorentina. **7.00** Lazio v Sampdoria.
8.00 **Ligue 1** Recent highlights.
3.00 PM **Primeira Liga**
4.00 **UEFA Champions League Tonight** Key talking points.
5.00 **UEFA Europa League Highlights Show** Action from the knockout round play-off second-leg encounters.
6.00 **Gallagher Premiership Rugby Highlights** Recent action.
7.30 **Vanarama National League** Action from Notts County v Dagenham & Redbridge.
9.00 **UFC** The tale of Leon Edwards.
9.30 **The Dan Hardy Breakdown Show** A look ahead to UFC 285.
10.00 **Fight Week** A look ahead to the heavyweight title bout between Jon Jones and Ciryl Gane.
10.30 **UFC** Nikita Krylov v Ryan Spann.
1.30 AM **BT Sport Goals Reload**
2.00 **Vanarama National League Highlights** Recent action.
2.30 **The High Performance Podcast**
3.30 **Badminton Unlimited**
3.45 **Hockey** Australia v Argentina.
5.45 **to 6.00** AM **BT Sport Goals Reload**

Sky Sports Action

407 407 865 | 517 507 | 426 446

6.00 AM **The Rugby Championship** South Africa v Argentina.
8.25 **Rugby Greatest Games** England v South Africa.
8.30 **The Rugby Championship**
10.00 **Fight Night** Double bill.
12.00 NOON **Good Morning Football**
3.00 PM **NBA Basketball** Dallas Mavericks v Boston Celtics.
3.30 **British Basketball** Sheffield Sharks v Surrey Scorchers.
5.45 **Super Bowl LVII Highlights** Action from Philadelphia Eagles v Kansas City Chiefs.
6.00 **NBC's Pro-Football Talk**
8.00 **NFL Bitesize Highlights**
9.00 **Top Rank Boxing Archive** A replay of Sugar Ray Leonard v Roberto Duran from 1980. **10.30** Highlights of Marvin Hagler v Thomas Hearns in 1985. **11.00** Action from Floyd Mayweather v Diego Corrales.
12.00 M'T **Total Access** A round-up of the latest NFL news.
1.00 AM **Premier League Darts** The fourth night at 3Arena in Dublin.
4.30 **Betfred Super League Highlights** Recent action.
5.00 **to 6.00** AM **Kevin Sinfield: The Extra Mile**

Sky Sports Mix

416 416 873 | 520 510 | 429 449

6.00 AM **PL Greatest Games**
7.00 **Premier League Legends**
7.30 **My Icon** Double bill.
8.00 **Betfred Super League Highlights** Recent action.
8.30 **Netball Superleague**
10.30 **British Basketball**
12.45 PM **NBA Basketball** Charlotte Hornets v Philadelphia 76ers.
1.00 **Betfred Super League Highlights** Recent action.
2.00 **Premier League Years** Clips from the 1996/97 season.
4.00 **Women's ICC World T20 Cricket** Triple bill.
7.00 **Test Cricket** Action from South Africa v West Indies.
8.00 **Pakistan Super League Highlights** Action from Lahore Qalandars v Islamabad United.
9.00 **PGA Tour Golf** Highlights from the Honda Classic.
10.00 **DP World Tour Golf** The final day of the Hero Indian Open.
11.00 **NBA Basketball** Action from Detroit Pistons v Toronto Raptors.
1.00 AM **Betfred Super League Highlights** Recent action.
2.00 **Women's ICC World T20 Cricket** Triple bill.
5.00 **to 6.00** AM **Test Cricket**

BT Sport 4

423 423 876 | 530 | 411 434

6.00 AM **Highlights**
7.30 **ESPN FC** Football news.
8.00 **Premier Lacrosse League**
9.30 **ESPN SportsCenter**
9.45 **BT Sport Goals Reload**
10.00 **Vanarama National League**
11.30 **Around the Horn**
12.00 NOON **Pardon the Interruption**
12.30 PM **ILT20 Highlights**
2.30 **College Basketball**
6.00 **LIVE MLB New York Mets v Houston Astros.** From First Data Field. Start-time **6.10pm**.
9.30 **30 for 30: Believeland**
11.00 **Premier Lacrosse League**
12.30 AM **Ligue 1 Highlights**
1.30 **Fishing: On the Bank**
2.30 **ESPN SportsCenter**
2.45 **Around the Horn**
3.15 **Pardon the Interruption**
3.45 **A-League Highlights**
4.15 **ESPN SportsCenter**
4.30 **Primeira Liga** Vizela v Benfica.
5.30 **to 6.00** AM **UEFA Champions League Magazine**

Eurosport 1

410 410 868 | 521 | 412 435

6.00 AM **World Superbikes**
7.55 **Snowboarding**
8.50 **LIVE Freestyle Skiing** Coverage from Bakuriani, Georgia.
11.20 **LIVE Cross-Country Skiing** Coverage from Planica in Slovenia.
1.00 PM **LIVE Cycling: Women's GP Le Samyn** From Belgium.
2.00 **LIVE Cycling: GP Le Samyn** Men's one-day race in Belgium.
4.30 **SailGP** Action from Sydney.
5.00 **Freestyle Skiing**
5.20 **LIVE Ski Jumping** In Slovenia.
6.30 **Sailing: The Ocean Race**
7.00 **Freestyle Skiing**
8.00 **Formula E** The Cape Town ePrix.
9.00 **Cross-Country Skiing**
10.00 **World Superbikes**
11.00 **Cycling** Double bill.
1.00 AM **Freestyle Skiing**
2.00 **Cycling** Double bill.
4.00 **Freestyle Skiing**
5.00 **to 6.00** AM **Cross-Country Skiing**

Eurosport 2

411 411 869 | 522 | 413 436

6.00 AM **Snowboarding**
7.00 **The Judo Show**
8.00 **Formula E** Recent action.
10.00 **Cycling: Omloop Het Nieuwsblad** Action from Belgium.
12.00 NOON **Masters Snooker**
2.00 PM **World Superbikes**
4.00 **Formula E** The Hyderabad ePrix. **5.00** The Cape Town ePrix.
6.00 **Snooker: Scottish Open**
8.00 **Cycling: Women's GP Le Samyn** The one-day race.
9.00 **Cycling: GP Le Samyn** The men's one-day race in Belgium.
10.00 **Freestyle Skiing** The men's and women's slopestyle events at the World Championships in Georgia.
11.00 **Cross-Country Skiing** The women's 10km freestyle competition at the World Championships in Planica.
12.00 M'T **British Superbikes**
1.00 AM **British Superbikes Extra**
2.00 **Snooker: World Championship**
4.00 **to 6.00** AM **Formula E**

Sky Sports Arena

408 408 866 | 518 508 | 427 447

6.00 AM **Fight Night**
7.00 **Fight Night International**
8.00 **NBA Basketball** Double bill.
12.00 NOON **Netball Superleague** A chance to see Loughborough Lightning v Saracens Mavericks.
2.00 PM **Betfred Super League Highlights** Recent action.
3.00 **Premier League Darts**
6.30 **NBA Basketball** A replay of Milwaukee Bucks v Phoenix Suns.
8.30 **NBA on Fire** The latest news.
9.00 **NBA Classic Games: Lakers @ Knicks 2012**
10.00 **Betfred Super League Highlights** Recent action.
11.00 **Super League Stories: This Is Us** Bradford Bulls' Grand Final-winning season in 2005.
12.00 M'T **Fight Night** Amir Khan v Kell Brook from February 2022.
1.00 AM **NBA Basketball**
3.00 **NBA on Fire**
3.30 **Netball Superleague**
5.30 **to 6.00** AM **NBA on Fire**

Sky Sports F1

406 406 864 | 516 506 | 425 445

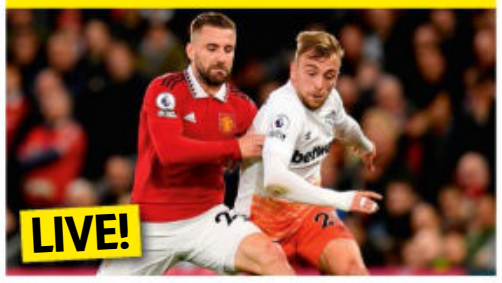
6.00 AM **Best of 2022**
11.45 **Johnny, Seb & The Green Pea**
12.00 NOON **Formula 1**
2.15 PM **Fittipaldi in His Lotus 72**
2.25 **ALOTO: Behind The Scenes**
2.30 **Formula 1** Another chance to see the 2019 Bahrain Grand Prix.
4.45 **Glock & Hamilton Reunited**
4.55 **F1 Travel Logistics**
5.00 **Formula 1** Another chance to see the 2020 Bahrain Grand Prix, which took place at Bahrain International Circuit in Sakhir.
7.15 **George Russell F1 Winner**
7.25 **Thank You Lewis**
7.30 **Formula 1** Another chance to see the 2021 Bahrain Grand Prix.
9.45 **F1 Onboard Cameras**
9.55 **Mauro Forghieri Remembered**
10.00 **Formula 1** Action from the 2022 Bahrain Grand Prix at Bahrain International Circuit in Sakhir.
12.15 AM **Conor & Sainz At The Sky Pad**
12.20 **to 6.00** AM **Best of 2022**

SKY HD SD | VIRGIN HD | BT HD

Wednesday 1 March

Evening Planner

Football



FA Cup Fifth Round
BBC & ITV, from 7pm
Tonight's ties include Man United v West Ham (ITV1, k-o 7.45pm) and Sheffield United v Tottenham (BBC1, k-o 7.55pm).

Western

Django
Sky Atlantic, 9pm
The eponymous gunslinger (Matthias Schoenaerts) arrives in a Wild West city where all manner of outcasts are welcome.

OnDemand

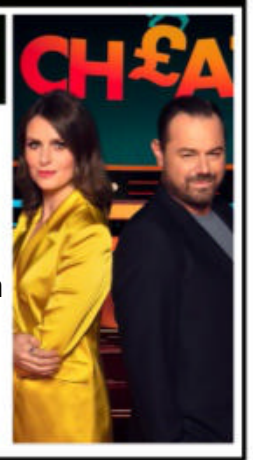
Disney+

The Mandalorian
Available today
In season three of the *Star Wars* spin-off, Grogu is back with Mando – and is faced with some new enemies.

OnDemand

NETFLIX

Cheat
Available today
Quiz hosted by Danny Dyer and Ellie Taylor in which the contestants are encouraged to cheat their way to a cash prize.



SKY EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES								
101 BBC1	7.00 The One Show	7.30 Match of the Day: The FA Cup – Live: Sheffield United v Tottenham Hotspur (Kick-off 7.55)					10.00 News; Local News	
102 BBC2	7.00 Saving Lives at Sea		8.00 Great British Menu		9.00 Saving Lives in Leeds		10.00 Our Flag...	10.30 Newsnight
103 ITV1	7.00 FA Cup Football – Live: Manchester United v West Ham United (Kick-off 7.45)						10.00 News; Local News	
104 CHANNEL 4	7.00 News		8.00 Kirstie and Phil's Love it or List it...		9.00 The Piano		10.00 The Billionaires Who Made Our...	
105 CHANNEL 5	7.00 The Gadget Show: Shop Smart, Save...		8.00 Secret Life of the Forest		9.00 The Girl in the Box: The Kidnapping...		10.00 999: Emergency Call Out	
106 SKY SHOWCASE	7.00 The Simpsons		8.00 Landscape Artist of the Year		9.00 Landscape Artist of the Year:		10.00 Fred West: The Glasgow Girls	
ENTERTAINMENT								
117 BBC3		7.10 Yianni: Supercar Customiser	8.00 Top Gear		9.00 The Mormons Are Coming		10.00 Charlotte in Sunderland	
116 BBC4	7.00 Great British...	7.30 The Joy of...	8.00 Bridging the Gap: How the Severn...		9.00 Patagonia with Huw Edwards		10.00 Edge of Darkness	
118 ITV2	7.00 The Masked Singer US		8.00 Superstore		9.00 Love Island		10.05 The Stand...	10.35 Family Guy
136 MORE4	◂ 6.55 Escape to the Chateau		7.55 Grand Designs		9.00 Amanda Owen's Farming Lives		10.00 Britain's Wildest Weather	
135 E4	7.00 Hollyoaks	7.30 Come Dine...	8.00 Below Deck: Mediterranean		9.00 Gogglebox		10.00 Naked Attraction: All Out and Proud	
107 SKY WITNESS	7.00 Nothing to Declare		8.00 Blue Bloods		9.00 The Rookie: Feds		10.00 9-1-1	
108 SKY ATLANTIC	◂ 6.50 Ray Donovan		7.55 Game of Thrones		9.00 Django			
110 GOLD	◂ 6.40 Dad's Army		8.00 Blackadder The Third		9.15 Miranda	9.55 Not Going Out		10.35 Live at...
111 DAVE	7.00 Richard Osman's...	7.40 Room 101		8.20 Would I Lie to You?...	9.00 QI XL		10.00 World's Most Dangerous Roads	
119 ITV3	◂ 6.50 Heartbeat		8.00 Lewis				10.00 Grantchester	
120 ITV4	◂ 6.30 FA Cup Football – Live: Southampton v Grimsby Town (Kick-off 7.15)					9.35 Made in...	10.00 Film: Alien	
112 COMEDY CENTRAL	7.00 Friends				9.00 Comedy Central Live		10.00 Guessable?	
139 SKY SCI-FI	7.00 Star Trek: Deep Space Nine		8.00 Star Trek: Voyager		9.00 Blood & Treasure			
113 SKY MAX	7.00 Stargate SG-1		8.00 S.W.A.T.		9.00 Strike Back: Vengeance		10.00 Rob & Romesh vs Superstar DJs	
132 ALIBI	7.00 Person of Interest		8.00 Death in Paradise		9.00 CSI: Vegas		10.00 Clarice	
130 SKY ARTS	◂ 6.30 Portrait Artist of the Year 2014		8.00 Landscape Artist of the Year		9.00 Landscape Artist of the Year		10.00 Matisse: From Tate Modern & MoMA	
DOCUMENTARY								
125 DISCOVERY	7.00 Kindig Customs		8.00 Dive Wars Australia		9.00 Gold Divers			
162 ANIMAL PLANET	7.00 Pit Bulls & Parolees		8.00 Deadliest Sharks		9.00 Shark Alley: Legend of Dynamite		10.00 Alaska: Surviving the Last Frontier	
129 NAT GEO	7.00 Air Crash Investigation		8.00 Alaska: The Next Generation		9.00 Trafficked with Mariana Van Zeller		10.00 Narco Wars	
123 SKY HISTORY	7.00 Forged in Fire		8.00 Secrets of the Lost Ark		9.00 The Curse of Oak Island		10.00 World's Greatest Treasure Mysteries	
155 YESTERDAY	7.00 Secrets of the London Underground		8.00 Great Continental Railway Journeys		9.00 Joanna Lumley's Japan		10.00 Bangers & Cash: Restoring Classics	
121 SKY DOCS	7.00 Spector		8.00 The Vow		9.00 Liverpool Narcos		10.00 Meth Storm	
FILMS - Sky Cinema								
301 PREMIERE	◂ 6.15 Lamborghini: The Man Behind the...		8.00 Bullet Train					10.20 The Independent
303 HITS	◂ 6.15 Six Minutes to Midnight		8.00 The Hangover Part III				10.00 The Purge	
304 OSCARS	◂ 5.50 Selma		8.00 A Beautiful Mind					10.20 The Bourne Ultimatum
305 ANIMATION	7.00 The Adventures of Tom Thumb and Thumbelina			8.20 Asterix: The Mansions of the Gods		9.50 Wheely		
306 KIDS BOOKS	◂ 5.35 Charlie and the...	7.35 Four Kids and It				9.35 Dr Seuss' The Lorax		
307 ACTION	◂ 5.00 The Lord of the Rings...		8.00 Inception					10.30 Rambo
308 COMEDY	◂ 6.20 Just Friends		8.00 The First Wives Club				10.00 Sleepless in Seattle	
309 THRILLER	◂ 6.00 Limitless		8.00 10 Cloverfield Lane				10.00 Law Abiding Citizen	
310 DRAMA	◂ 5.55 Revolutionary Road		8.00 Babel					10.25 Brooklyn
311 SCI-FI	◂ 6.25 Ouija		8.00 Paycheck				10.00 A Quiet Place Part II	
302 CULT CLASSICS	◂ 6.05 Days of Thunder		8.00 Legend			9.35 Risky Business		
313 FILM4	◂ 6.55 The Iron Lady				9.00 The Godfather			
315 TCM MOVIES		7.10 Rocky Mountain			9.00 Unlocked			
SPORT								
401 MAIN EVENT	7.00 Sky Sports News							10.30 Back Pages...
402 PREMIER LEAGUE	7.00 PL Stories	7.30 PL 100	8.00 Gary Neville's Soccerbox		9.00 PL Stories	9.30 PL 100	10.00 PL Icons	10.30 PL Highlights
403 FOOTBALL	7.00 EFL Highlights		8.00 EFL Cup Highlights		9.00 Bundesliga Highlights Show		10.00 EFL Highlights	10.30 EFL Goals
404 CRICKET	7.00 Talking Cricket		8.00 Pakistan Super League Highlights		9.00 Test Cricket		10.00 Pakistan Super League Highlights	
413 BT SPORT 1	◂ 6.00 MLB – Live: New York Yankees v Washington Nationals (Start-time 6.05)					9.30 The Football's On		10.30 Fight Week
414 BT SPORT 2	7.00 Test Cricket Highlights				9.00 WWE NXT			

◂ Denotes programmes starting before 7.00pm † Regions vary

WEDNESDAY

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Wednesday

BBC1

101 101 | 101 101 | 1 101 | 101 101/106

6.00 AM **Breakfast** (S)
9.15 **Morning Live** New edition (S)
10.00 **Caught Red Handed** New edition A gang stealing catalytic converters are caught out. (S)(AD)
10.30 **Claimed and Shamed** (S)(R)
11.15 **Homes Under the Hammer** (S)(R)
12.15 PM **Bargain Hunt** (S)(R)(AD)
1.00 **BBC News** (S)
1.30 **Local News** (S)
1.45 **Doctors** Nina wants to join the Mill as a partner. (S)(AD)
2.15 **The Farmers' Country Showdown** Documentary. (S)(R)
3.00 **Escape to the Country** (S)(R)(AD)
3.45 **Antiques Road Trip** New edition Antique-hunting in East Anglia. (S)
4.30 **Bridge of Lies** (S)(R)
5.15 **Pointless** Quiz show. (S)(R)
6.00 **BBC News** (S)
6.30 **Local News** (S)

3.45 Antiques Road Trip

7 PM

7.00 **The One Show** Alex Jones and Alex Scott present the topical show. (S)

7.30 LIVE **Match of the Day: The FA Cup** Sheffield United v Tottenham Hotspur: Gary Lineker presents coverage of the fifth-round tie staged at Bramall Lane. The Blades nearly succumbed to an upset in the previous round but eventually defeated Wrexham after a replay, and now they are looking for a shock result of their own. Analysis from Alan Shearer, Jermaine Jenas and Chris Wilder. Kick-off 7.55. (S)
■ Burnley v Fleetwood Town is live on BBC Red Button and BBC iPlayer

8 PM

9 PM

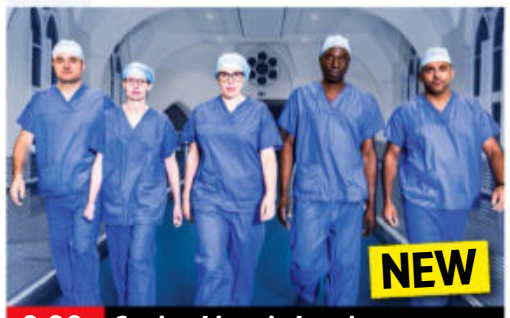
10 PM

10.00 **BBC News** (S)
10.30 **Local News** (S)
10.40 FILM **Captain America: The Winter Soldier** Comic-book thriller sequel starring Chris Evans and Scarlett Johansson. The superhuman soldier battles a mysterious cyborg assassin as he uncovers a sinister conspiracy. With Samuel L Jackson, Robert Redford and Sebastian Stan. (S)(AD) (2014, 12, 125min) ★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
12.45 AM **The Apprentice** 8/12. The candidates are tasked with selling and running immersive tours in Shropshire. (S)(R)
1.45 **Weather for the Week Ahead** Seven-day forecast. (S)
1.50 **to 6.00** AM **BBC News** (S)

BBC2

102 102/115 802 | 102 102 | 2 102 | 102 102/106

6.30 AM **Bargain Hunt** (S)(R)(AD)
7.15 **Antiques Road Trip** (S)(R)
8.00 **Sign Zone: See Hear** Series finale Featuring a group translating the Bible into BSL. (S)
8.30 **Sign Zone: Take a Hike** (S)(R)
9.00 **BBC News** (S)
11.15 **Politics Live** (S)
1.00 PM **Impossible** Quiz show. (S)(R)
1.45 **Eggheads** Double bill. (S)(R)
2.45 **Holding Back the Years** (S)(R)(AD)
3.30 **Big Cats** 3/3. (S)(R)(AD)
4.30 **Make Me a Dealer** (S)(R)
5.15 **Flog It!** From Tilbury Docks. (S)(R)
6.00 **Richard Osman's House of Games** Nihal Arthanayake, Jake Humphrey, Patsy Kensit and Mae Martin take part. (S)(R)
6.30 **Coastal Defenders** New edition 3/8. A massive oil tanker must be examined before setting sail. (S)



9.00 Saving Lives in Leeds

7.00 **Saving Lives at Sea** 5/10. In Trearddur Bay, the RNLI crew battle through gale force winds and huge waves as they try to save a surfer, as their worried families watch on from the shore. (S)(R)(AD)

8.00 **Great British Menu** New edition 14/24. The Scottish chefs serve up their mains and desserts, taking inspiration from the likes of *The Wind in the Willows*, *The Beano* and *The Gruffalo*. (S)
■ Continues tomorrow

9.00 NEW SERIES **Saving Lives in Leeds** 1/8. Documentary series following doctors and surgeons working for Leeds Hospitals Trust, beginning with a surgeon preparing to perform a rare double-hand transplant. (S)(AD)

10.00 **Our Flag Means Death** New episode *Act of Grace:* 9/10. Stede and Blackbeard renounce their pirating ways. Stars Rhys Darby. (S1) (S)(AD)
10.30 **Newsnight** (S)
11.10 **Weather** (S)
11.15 FILM **Entebbe** Fact-based thriller about the 1976 hijacking of a plane by terrorists and the Israeli mission to rescue those on board. Stars Daniel Brühl and Rosamund Pike. (S) (2017, 12, 100min) ★★★
12.55 AM **Sign Zone: See Hear** (S)(R)
1.25 **Sign Zone: Saved and Remade** (R)
2.10 **Sign Zone: Putin vs the West** (R)
3.10 **Sign Zone: Scarlett's Driving School** 1/10. Documentary. (S)(R)
3.40 **to 6.15** AM **Previews** (S)

ITV1

103 103/176 803 | 103 103/113 | 3 103 | 103 111

6.00 AM **Good Morning Britain** (S)
9.00 **Lorraine** (S)
10.00 **This Morning** (S)
12.30 PM **Loose Women** Topical debate from a female perspective. (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 **Dickinson's Real Deal** David Dickinson and his team are in Weston-super-Mare, where Jan Keyne learns rhyming slang, and Aidan Pass fishes for a great deal on a rare carving. (S)(R)(AD)
3.00 **Lingo** Word-based quiz show hosted by Adil Ray. (S)(R)
4.00 **Tipping Point** New edition Game show hosted by Ben Shephard. (S)
5.00 **The Chase** New edition Quiz show hosted by Bradley Walsh. (S)
6.00 **Local News** (S)
6.30 **ITV News** (S)

4.00 Tipping Point

7.00 LIVE **Football: The FA Cup** Manchester United v West Ham United: Mark Pougatch introduces coverage of the fifth-round encounter from Old Trafford. The sides have already met here once this season, with in-form United forward Marcus Rashford giving the hosts a 1-0 win in October. With analysis from Joe Cole, Roy Keane and Ian Wright, and match commentary is provided by Sam Matterface and Lee Dixon. Kick-off is at 7.45. (S)
■ Southampton v Grimsby Town is live on ITV4 and ITVX

10.00 **ITV News** (S)
10.30 **Local News** (S)
10.45 **Unbelievable Moments Caught on Camera** Footage of the extraordinary moment a teenager fought off a bear to save her dogs. (S)(R)
11.45 **Heathrow: Britain's Busiest Airport** A team of hockey champions try to use their gold medals to get an upgrade. (S)(R)
12.10 AM **Shop: Ideal World**
3.00 **Tonight: Rent Rises – The True Cost?** Current affairs. (S)(SL)(R)
3.25 **Life and War: Ukraine a Year On** Documentary. (S)(SL)(R)
4.15 **Unwind with ITV** (S)
5.35 **to 6.00** AM **Simply Raymond Blanc** (S)(SL)(R)

+1 hour 203 | 114 | 35 | 112

CHANNEL 4

104 104/108 804 | 104/108 | 4 104 | 104/106

6.10 AM **Countdown** (S)(R)
6.50 **3rd Rock from the Sun** (S)(R)(AD)
7.40 **The King of Queens** (S)(R)(AD)
9.00 **Frasier** 4-6/24. (S3) (S)(R)(AD)
10.25 **Undercover Boss USA** (S)(R)
11.25 **News** (S)
11.30 **Emergency Helicopter Medics** (R)
12.30 PM **Steph's Packed Lunch** New edition Magazine. (S)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** (S)(R)
4.00 **A New Life in the Sun: Where Are They Now?** New edition (S)
5.00 **Four in a Bed** New edition (S)
5.30 **Come Dine with Me** New edition The third dinner party of the week from north London. (S)
6.00 **The Simpsons** (S)(R)(AD)
6.30 **Hollyoaks** Goldie hatches a new plan, and things get tense between Felix and Warren. (S)(AD)

9.00 The Piano

7.00 **News** (S)

8.00 NEW SERIES **Kirstie and Phil's Love It or List It: Brilliant Builds** The duo take a look back on some of their most interesting renovations and house-hunts, beginning with couples in Aylesbury and Cowbridge. (S)

9.00 **The Piano** New edition 3/5. The hunt for outstanding amateur pianists continues in Glasgow Central Station, with impromptu performances from a local jazz legend, a YouTube star and a boogie woogie biker. (S)(AD)

10.00 **The Billionaires Who Made Our World** Series finale 3/3. Insiders lift the lid on how Facebook founder Mark Zuckerberg runs his online empire and what his true intentions are with the platform he created. (S)(AD)
11.05 **24 Hours in A&E** (S)(R)(AD)
12.05 AM **Death Road Trip** (S)(SL)(R)
1.05 **Untold: The Secret World of Incels** Documentary. (S)(SL)(R)
2.00 **Ramsay's Kitchen Nightmares USA** From Washington. (S)(SL)(R)
2.50 FILM **A Fantastic Woman** Drama. (S) (2017, 15, 105min) ★★★★
4.35 **Location, Location, Location** (R)
5.30 **Jamie: Keep Cooking and Carry On** Sausage bake. (S)(SL)(R)(AD)
5.55 **to 6.10** AM **House of Craft** (S)(R)

+1 hour 204/208 | 142 | 15 | 121

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

CHANNEL 5

105 105 805 | 154 105 | 5 105 | 105 105

5.40 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
12.45 PM **GPs: Behind Closed Doors** A toddler with food allergies is brought into the surgery. (S)(R)
1.40 **News** (S)
1.45 **Home and Away** (S)(R)(AD)
2.15 FILM PREMIERE **A Family's Secret** Thriller starring Maia Alvina and Robert Notman. (S) (2022, 12, 105min) ★★
4.00 **Bargain-Loving Brits in the Sun** Hostel owners Sam and Rich are preparing for a coachload of guests after being closed for two years. (S)(R)
5.00 **News** (S)
6.00 **Big Road Rescue: Emergency Call Out** A double-deck HGV rolls over on the A6. (S)(R)
6.55 **News** (S)

7.00 The Gadget Show

7.00 NEW SERIES **The Gadget Show: Shop Smart, Save Money** 1/12. Co-hosts Ortis Deley and Georgie Barrat assess a top-performing toaster. (S)
7.55 **News** (S)
8.00 **Secret Life of the Forest** New edition 3/8. Dalby and Cropton forests are in the midst of a heatwave and for some creatures the heat may be deadly, with bumblebees forced to stay in their nests so they do not overheat. (S)
9.00 **The Girl in the Box: The Kidnapping of Stephanie Slater** Series finale 2/2. The concluding part looks back at the moment Stephanie came home after her horrific experience. (S)
10.00 **999: Emergency Call Out** 1/10. Documentary following joint police and paramedic fast response units, with both emergency services travelling together in one high-performance vehicle. (S)(R)
11.05 **Motorway Cops: Catching Britain's Speeders** PC Ian Cosgrove attends a serious crash on the M6. (S)(R)
12.05 AM **Police: Suspect No 1** (S)(R)
1.00 **LeoVegas Live Casino Show** (S)
3.00 **Paddington Station 24/7** (S)(R)
3.50 **World's Busiest Train Stations** Zurich Hauptbahnhof. (S)(R)
4.40 **Divine Designs** (S)(SL)(R)
5.05 **to 5.30** AM **House Doctor** (R)

+1 hour 205 | 155 | 46 | 128

SKY SHOWCASE

106 106 806 | 109 | 340 355

6.00 AM **The Early Rundown**
7.00 **Kay Burley**
8.00 **New Kids in the Wild** (S)(R)
9.00 **Nothing to Declare** (S)(R)(AD)
10.00 **Supergirl** 19/22. (S4) (S)(R)
11.00 **NCIS: New Orleans** (S)(R)
1.00 PM **Hawaii Five-0** (S3) (S)(R)
2.00 **S.W.A.T.** 17/18. (S4) (S)(R)(AD)
3.00 **Africa's Wild Roommates: How Animals Share Bed and Board** Weaver birds, aardvarks and termites sharing their nests with other creatures. (S)(R)
4.00 **The Conners** 11/20. (S3) (R)
4.30 **Futurama** (S)(R)(AD)
5.00 **The Simpsons** (S)(R)
5.30 **The Fresh Prince of Bel Air** (R)
6.30 **The Simpsons** *There's No Disgrace Like Home:* Homer pawns the TV to pay for family therapy sessions. (S)(R)

8.00 Landscape Artist of the Year

7.00 **The Simpsons** *Bart the General:* Bart takes self-defence course to stave off the attentions of school bully Nelson Muntz. (S)(R) **7.30** *Moaning Lisa:* Jazz performer Bleeding Gums Murphy inspires Lisa. (S)(R)
8.00 **Landscape Artist of the Year** New edition 8/10. The final comes from Portmeirion, where the three remaining artists battle it out for the £10,000 commission for Royal Museums Greenwich.
9.00 **Landscape Artist of the Year** New edition 9/10. The winning artist gets to work on the Royal Museums Greenwich commission to paint a seascape inspired by the Dutch Golden Age.
10.00 **Fred West: The Glasgow Girls** Police officers discover that Fred West was well known for a abusive behaviour in Glasgow and was run out of town, followed by wife Rena and a missing friend. (R)
11.00 **Funny Woman** 3/6. The pilot show is not the instant hit that was hoped for. (S1) (R)
12.00 M'T **Fantasy Football League** With celebrity managers AJ Tracey and Tom Grennan.
12.35 AM **The Force: Manchester** (R)
1.35 **Road Wars** (S)(R)
3.00 **Hawaii Five-0** 6/24. (S3) (S)(R)
4.00 **S.W.A.T.** 17/18. (S4) (S)(R)(AD)
5.00 **to 6.00** AM **The Early Rundown**

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky **951**, Virgin **862**, Freesat **960**
2.15pm Politics Scotland (S) **3.00-3.45** The Farmers' Country Showdown (S)(R) **12.45am** The Edit (S)(R) **1.00** Debate Night (S)(R) **2.00** Weather for the Week Ahead (S) **2.05-6.00am** BBC News (S)

N. IRELAND
Sky **953**, Virgin **863**, Freesat **957**
10.40pm Nolan Live (S) **11.40pm-1.50am** FILM Captain America: The Winter Soldier (S)(AD) (2014, 12, 130min) ★★★★

WALES
Sky **952**, Virgin **864**, Freesat **964**
10.00-10.30am X-Ray (S)(R) **10.40pm** Rod Woodward: Live in Wales New episode (S) **11.10** FILM Captain America: The Winter Soldier: As N. Ireland. **1.20-1.50am** Have I Got News for You (S)(R)

BBC2

N. IRELAND
Sky **972**, Freesat **969**
11.15pm The Irish League Show (S) **11.45** Spotlight (S)(R) **12.15am** QI (S)(R) **12.45-12.55am** Barra on the Foyle (S)(R)

WALES
Sky **971**, Freesat **971**
7.00-8.00pm NEW Wynne Evans: For One Night Only (S)

ITV1

No variations

S4C

Sky **134**, Virgin **166**, Freesat **120**
6.00am Cyw **12.00noon** Newyddion S4C a'r Tywydd **12.05pm** Anrhegion Melys Richard Holt (AD) **12.30** Heno **1.00** Adre **1.30** Bois y Pizza: Chwe' Gwlad (AD) **2.00** Newyddion S4C a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion S4C a'r Tywydd **3.05** Priodas Pum Mil **4.00** Awr Fawr **5.00** Stwnsh **6.00** Her yr Hinsawdd (AD) **6.30** Rownd a Rownd (AD) **6.57** Newyddion S4C a'r Tywydd **7.00** Heno New edition **7.30** Newyddion S4C a'r Tywydd **8.00** Pobol y Cwm New episode (AD) **8.25** Pen/Campwyr New edition **8.55** Newyddion S4C a'r Tywydd **9.00** Stori'r Iaith Series finale **10.00** Y Byd ar Bedwar **10.30-11.35pm** Drych

TV&Satellite week
More channels than any other TV magazine

BBC3

117/141/173 | 107/157 | 23 109 | 179 | 107

BBC3 programmes start at 7.00pm

7.00 PM **The Fast and the Farmer-ish**
7.10 **Yianni: Supercar Customiser** Double bill.
7.55 **The Catch Up**
8.00 **Top Gear** The team take a trip across the Everglades.
9.00 **The Mormons Are Coming** Documentary following three young missionaries through training.
10.00 **Charlotte in Sunderland** New edition 9/10. Charlotte and Jake start the final countdown to the birth. **10.30** Series finale 10/10. Charlotte experiences contrasting emotions.
11.00 **Zara McDermott: Uncovering Rape Culture**
12.00 M'T **Weight Loss Surgery: Getting Thin Abroad**
12.30 AM **Charlotte in Sunderland** As 10pm.
1.30 **Squad Goals: Dorking 'Til I Die** Double bill.
2.30 **Zara McDermott: Uncovering Rape Culture**
3.30 **to 4.00** AM **Squad Goals: Dorking 'Til I Die**

BBC4

116 116 | 107/108 | 9/24 106 | 108

BBC4 programmes start at 7.00pm

7.00 PM **Great British Railway Journeys** Michael Portillo travels between Liverpool and north Wales.
7.30 **The Joy of Painting** A tranquil landscape at the base of a towering mountain.
8.00 **Bridging the Gap: How the Severn Bridge Was Built** 1/5. Liz Bonnin marks the 50th anniversary of the construction of the Severn Bridge in a *Timeshift* special telling the inside story of its design and construction.
9.00 **Patagonia with Huw Edwards** The newsreader meets descendants of Welsh settlers in the South American region.
10.00 **Edge of Darkness** *Northmoor:* 5/6. Craven and Jedburgh follow in Emma's fateful footsteps. **10.50** *Fusion:* 6/6. Jedburgh obtains the plutonium which proves Northmoor has been operating a weapons plant. (S1)
11.50 PM **to 3.45** AM **Peaky Blinders**

MORE4

136 136 831 | 147 | 18 | 124

8.55 AM **Kirstie's Handmade Treasures** Kirstie Allsopp visits Devon County Show.
9.15 **A Place in the Sun**
10.05 **A New Life in the Sun**
11.05 **Find It, Fix It, Flog It**
1.10 PM **Heir Hunters**
2.10 **Four in a Bed**
4.50 **Location, Location, Location** Catching up with two sets of house-hunters.
5.55 **Kirstie and Phil's Love It or List It** Kirstie Allsopp and Phil Spencer meet a couple in Purley, Croydon.
6.55 **Escape to the Chateau** Dick and Angel start work on replacing the whole of the original roof.
7.55 **Grand Designs** A couple transform a derelict Victorian gatehouse in London.
9.00 **Amanda Owen's Farming Lives** Series finale 6/6. Amanda visits Llyr Jones' hill farm in north Wales and learns how he has focused on making a profit since taking over the farm as a teenager.
10.00 **Britain's Wildest Weather** Footage of the most extreme weather conditions in the UK over the past year.
11.05 **Billion Pound Cruise**
12.10 AM **Amanda Owen's Farming Lives**
1.15 **8 Out of 10 Cats Does Countdown**
2.20 **24 Hours in A&E**
3.25 **to 3.50** AM **A Place in the Sun**

+1 hour 236 | 196 | 125

E4

135 135 830 | 106 | 13 | 122

6.00 AM **Hollyoaks**
7.00 **Ramsay's Kitchen Nightmares USA**
9.00 **The Goldbergs**
10.00 **The Big Bang Theory**
11.00 **Modern Family**
12.00 NOON **Brooklyn Nine-Nine**
1.00 PM **The Big Bang Theory**
3.00 **Modern Family**
4.00 **Brooklyn Nine-Nine**
5.00 **The Big Bang Theory**
7.00 **Hollyoaks** The McQueens come up with creative ways to make money.
7.30 **Come Dine with Me** IT manager and stand-up comic Ryan hosts the third dinner party from Edinburgh.
8.00 **Below Deck: Mediterranean** New edition A unique, new crew member joins for the final charter and the interior team scramble to train her.
9.00 **Gogglebox** Opinions on *The Great British Bake Off* and *Sex Actually with Alice Levine*.
10.00 **Naked Attraction: All Out and Proud** Celebrating memorable singletons from the show.
11.05 **First Dates**
12.10 AM **Gogglebox**
2.15 **Naked Attraction: All Out and Proud**
3.10 **Below Deck: Mediterranean**
4.00 **Ramsay's Kitchen Nightmares USA**
4.50 **to 6.00** AM **The Goldbergs**

+1 hour 235 | 146 | 30 | 123

WEDNESDAY Entertainment

Wednesday

Sky Witness

107 107 807 110 341 356

6.00 AM **Sun, Sea and A&E**
7.00 **Border Security USA**
8.00 **Border Patrol**
9.30 **Caught Red Handed**
11.00 **Air Ambulance ER**
12.00 NOON **FBI** 13/19. (S2)
1.00 PM **9-1-1** 6/18. (S5)
2.00 **Blue Bloods** 20/20. Jamie and Joe search for an undocumented teenager. (S12)
3.00 **Bull** 15/22. Jason is hired to help convict a drug dealer who murdered a police officer. (S2)
4.00 **Nothing to Declare**

9.00 The Rookie: Feds

7 PM

7.00 Nothing to Declare Double bill of the documentary following the work of customs officers in Australia.

8 PM

8.00 Blue Bloods *Hidden Motive:* 17/20. Danny and Baez investigate the murder of a wealthy college student. (S12)

9 PM

9.00 The Rookie: Feds New episode *To Die For:* 4/22. Simone and Laura learn details about an abusive relationship. (S1)

10 PM

10.00 9-1-1 *Malfunction:* 8/18. A fulfillment warehouse robot malfunctions, and a self-driving car is involved in an accident. (S3)
11.00 **FBI** 7/19. (S2)
12.00 M'T **FBI: Most Wanted** (S3)
1.00 AM **The Rookie** 4/17. (S5)
2.00 **The Rookie: Feds** As 9pm.
3.00 **9-1-1** 6/18. (S5)
4.00 **How to Get Away with Murder** 1/15. (S6)
5.00 **to 6.00** AM **The Real A&E**

+1 hour 207 163

Sky Atlantic

108/109 108/109 808 342 357

6.00 AM **Fish Town**
7.55 **The Sopranos** (S6)
10.05 **Ray Donovan** 5&6/12. (S6)
12.15 PM **Game of Thrones** (S5)
1.20 **The Leftovers** 3&4/10. (S1)
3.30 **The Sopranos** 12/21. Christopher attempts to overcome his addictions. **4.35** 13/21. Tony celebrates his birthday at the lake. (S6)
5.45 **Ray Donovan** 7/12. Mac lays all of his cards on the table. **6.50** 8/12. Bunchy comes back to New York with some missing goods. (S6)

9.00 Django

7.55 Game of Thrones *The House of Black and White:* 2/10. Stannis has a proposal for Jon, while Cersei fears for her daughter's safety. (S5)

9.00 NEW SERIES Django 1/10. Western starring Matthias Schoenaerts and Noomi Rapace. *See feature, page12.*

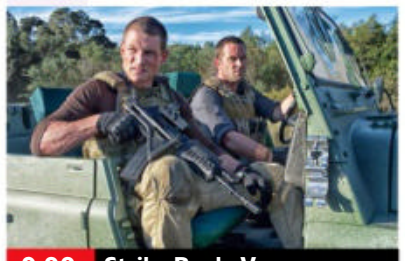
10.05 Django New episode 2/10. After discovering oil under New Babylon, John and Sarah go to Elmdale to ask for a loan. (S1)
11.05 **The Last of Us** 7/9. Post-apocalyptic drama starring Pedro Pascal and Bella Ramsey. (S1)
12.10 AM **Game of Thrones** 1-3/10. Triple bill. (S5)
3.30 **In Treatment** 3/24. (S4)
4.00 **to 6.00** AM **Fish Town**

+1 hour 208/209

Sky Max

113/114 113/114 111 346 361

6.00 AM **Stargate SG-1** (S3)
8.00 **DC's Legends of Tomorrow**
9.00 **Quantum Leap** 19/22. (S2)
10.00 **Supergirl** 19/22. (S4)
11.00 **NCIS: New Orleans** (S5)
1.00 PM **Hawaii Five-0** (S3)
2.00 **S.W.A.T.** 17/18. (S4)
3.00 **Quantum Leap** (S2)
4.00 **DC's Legends of Tomorrow**
5.00 **Supergirl** 19/22. James tries to relieve his PTSD. (S4)
6.00 **Stargate SG-1** 2/22. O'Neill and the team embark on a mercy mission. (S4)



9.00 Strike Back: Vengeance

7.00 Stargate SG-1 *Upgrades:* 3/22. A Tok'ra scientist provides the team with power-enhancing armbands. (S4)

8.00 S.W.A.T. *Checkmate:* 6/16. A police officer on the verge of shutting down a major drug operation is abducted. (S6)

9.00 Strike Back: Vengeance 8/10. Stonebridge takes refuge in a local prison with Walter's would-be assassin. (S3)

10.00 Rob & Romesh vs Superstar DJs Rob and Romesh meet some of the biggest names in the DJ world.
11.00 **Funny Woman** 3/6. The pilot show is not the instant hit that was hoped for. (S1)
12.00 M'T **Fantasy Football League**
12.35 AM **The Force: Manchester**
1.35 **Road Wars** Double bill.
3.00 **Hawaii Five-0** 6/24. (S3)
4.00 **S.W.A.T.** 17/18. (S4)
5.00 **to 6.00** AM **Highway Patrol**

ITV2

118 118 816 115 6 113

6.00 AM **World's Funniest Videos**
6.35 **Guinness World Records**
7.00 **Love Bites**
8.00 **Dress to Impress**
9.00 **Chuck** 12/24. (S4)
10.00 **One Tree Hill** 19/23. (S2)
11.00 **The O.C** 14/24. (S2)
12.00 NOON **Love Bites**
1.00 PM **Dress to Impress**
2.00 **Family Fortunes**
3.05 **Chuck** 13/24. (S4)
4.00 **One Tree Hill** 20/23. (S2)
5.00 **The O.C** 15/24. (S2)
6.00 **Celebrity Catchphrase**

6.00 Celebrity Catchphrase

7.00 The Masked Singer US Nick Cannon hosts a special edition celebrating the best of season five.

8.00 Superstore 21/22. Amy visits Cloud 9 corporate. **8.30** 22/22. The staff come together to save one of their own. (S4)

9.00 Love Island New edition The seventh week continues with the single people living like celebrities in the villa.

10.05 The Stand Up Sketch Show With Russell Kane.
10.35 **Family Guy** 11/20. Stewie stars in an advert for peanut butter. (S14)
11.05 **Family Guy** 5/20. Peter realises that none of his dreams have come true. (S14)
11.35 **American Dad!** (S3)
12.35 AM **Superstore** (S5)
1.35 **Shopping with Keith Lemon**
2.05 **CelebAbility**
2.45 **to 3.00** AM **Unwind with ITV**

+1 hour 218 116 29 114

ITV3

119 119 817 117 10 115

6.00 AM **Classic Emmerdale**
7.05 **Classic Coronation Street**
8.15 **On the Buses**
8.50 **Where the Heart Is**
11.15 **Heartbeat**
12.30 PM **Agatha Christie's Poirot**
1.45 **Classic Emmerdale**
2.45 **Classic Coronation Street**
3.50 **Midsomer Murders** *Who Killed Cock Robin?* Barnaby encounters a long-standing adversary. With Larry Lamb.
5.50 **Downton Abbey** 3/7. Mary is smitten by a houseguest. (S1)

8.00 Lewis

6.50 Heartbeat *Charity Begins at Home:* A snowstorm plunges Aidensfield into chaos, with Nick stranded in Jo's cottage.

8.00 Lewis *Old, Unhappy, Far Off Things:* A college reunion takes a tragic turn when a guest is found murdered, and Lewis calls in a former colleague to help investigate a possible link to a 10-year-old case. Guest stars Saskia Reeves.

10.00 Grantchester 3/6. Will and Ellie encounter a brutal murder on a trip to the cinema. (S5)
11.05 **The Bay** 3/6. Several major developments in the case point the team towards suspects in surprising places. Meanwhile, Erin offers an olive branch to Conor. (S3)
12.05 AM **Where the Heart Is**
2.20 **to 2.30** AM **Unwind with ITV**

+1 hour 219 174 59 116

BBC Scotland

SCOT 115 108 9 106 106
REST OF UK 187 162 110

12.00 NOON **This Is BBC Scotland**
7.00 PM **The Town That Floored the World** Examining how Kirkcaldy became the world centre for linoleum.
8.00 **The Agency: Unfiltered** 3/6. Amy and Kirsten talk to Jess and Charlotte about the competition for the role of Kirsten's maternity cover.
8.30 **The Disasters That Shocked Scotland** 4/6. The 1988 Lockerbie bombing, and the 2013 Clutha helicopter crash.
9.00 **The Nine**
10.00 **Scotland's Greatest Escape** New edition 3/7. Best friends Suzie and Shirley try out waterfront getaways.
10.30 **Debate Night** New edition Topical debate on the big issues.
11.30 PM **to 12.00** M'T **Rab C Nesbitt**

Sky Comedy

114/115 112 347 362

8.00 AM **Futurama** (S1)
9.00 **A.P. Bio** 1&2/13. (S2)
10.00 **Pen15** 1&2/10. (S1)
11.20 **Entourage** (S2)
12.30 PM **The Fresh Prince of Bel Air** 8&9/26. (S4)
1.30 **Modern Family** (S8)
2.30 **The Office (US)** (S2)
3.00 **Will & Grace** (S2)
4.00 **The Conners** (S3)
4.30 **Futurama** (S5)
5.00 **The Office (US)** (S2)
5.30 **The Fresh Prince of Bel Air** 10&11/26. (S4)
6.30 **Futurama** (S1)
7.30 **The Office (US)** (S5)
8.00 **The Conners** New episode 12/20. (S3)
8.30 **The Office (US)** (S5)
9.00 **Curb Your Enthusiasm**
10.45 **The Late Late Show with James Corden** New edition Chat show.
11.45 **The Tonight Show Starring Jimmy Fallon** New edition Talk show.
12.45 AM **Sex and the City**
1.55 **Silicon Valley** (S5)
3.40 **to 5.00** AM **A.P. Bio**

Sky Arts

130 130 140 123 11 147 365

6.00 AM **2Cellos at Sydney Opera House**
8.00 **Cirque du Soleil: Zaia**
9.00 **Tales of the Unexpected**
10.00 **Hitchcock Presents**
11.00 **Discovering**
12.00 NOON **Wordsworth & Coleridge Road Trip**
1.00 PM **Tales of the...**
2.00 **Brunelleschi's Impossible Dome**
3.00 **Landscape Artist 2018**
4.00 **Discovering**
5.00 **Tales of the Unexpected**
5.30 **Hitchcock Presents**
6.30 **Portrait Artist 2014**
8.00 **Landscape Artist of the Year** New editions
10.00 **Matisse: From Tate Modern & MoMA**
11.00 **From the Vaults**
12.00 M'T **Women Who Rock**
1.15 AM **Lauryn Hill: Live at Baloise Session**
3.00 **Life & Rhymes**
4.00 **Master of Photography**
5.00 **Music Icons**
5.30 **to 6.00** AM **Video Killed the Radio Star**

Pick

151 135 36 144

7.00 AM **Nothing to Declare**
8.00 **Motorway Patrol**
9.00 **Stop, Search, Seize**
10.00 **Nothing to Declare**
11.00 **Highway Patrol**
12.00 NOON **Motorbike Cops**
1.00 PM **Border Patrol**
2.00 **Nothing to Declare**
4.00 **Warehouse 13** (S3)
5.00 **Star Trek: The Next Generation** 20/26. (S3)
6.00 **Star Trek: Enterprise**
7.00 **Star Trek: Voyager** (S2)
8.00 **NCIS: New Orleans** (S1)
9.00 **S.W.A.T.** 3/21. (S3)
10.00 **Grimm** 3/22. (S1)
11.00 **Snapped** A young mother disappears.
12.00 M'T **How I Caught the Killer** A chilling link between two cold case murders emerges.
1.00 AM **Brit Cops: Frontline Crime UK**
2.00 **Nothing to Declare**
3.00 **Border Patrol**
4.00 **Motorway Patrol**
5.00 **to 6.00** AM **Highway Cops**

Comedy Central

112/113 181 132 345 360

8.00 AM **Younger** (S1)
9.00 **The Middle** (S7)
11.00 **Last Man Standing** (S5)
1.00 PM **Friends** (S2&3)
8.00 **Friends** 5/25. Actor Isabella Rossellini makes Ross's day. **8.30** 6/25. The pals reveal their deepest, darkest secrets. (S3)
9.00 **Jack Whitehall: Comedy Central Live**
9.30 **Jimmy Carr: Comedy Central Live 2**
10.00 **Guessable?** New edition With guests Maisie Adam, Josh Pugh, Josh Jones and Snoochie Shy.
11.00 **Al Murray's Great British Pub Quiz**
12.00 M'T **Live at the Apollo**
1.00 AM **South Park** (S14)
2.30 **The Ren & Stimpy Show**
3.00 **Beavis and Butt-Head**
3.20 **The Ricky Gervais Show**
3.45 **The Daily Show** New edition Talk show.
4.15 **to 5.00** AM **Friends**

+1 hour 212/213 133

ITV Be

131 119 28 119

7.00 AM **The Real Housewives of Cheshire**
8.00 **Buying and Selling**
9.00 **LittleBe**
12.00 NOON **Sugar Showdown** New edition
12.25 PM **Real Housewives of New York City**
1.20 **The Real Housewives of Cheshire** Reality series.
2.20 **The Only Way Is Essex**
3.15 **Million Dollar Listing: LA**
4.10 **The Real Housewives of Atlanta** Reality series.
5.00 **The Real Housewives of New York City**
6.00 **Making It Home with Kortney & Kenny** New edition Kortney and Kenny help a family to transform their home.
7.00 **Buying and Selling**
8.00 **Dinner Date**
9.00 **Million Pound Pawn**
10.00 **Botched**
11.00 **Chrisley Knows Best**
12.00 M'T **to 1.00** AM **The Only Way Is Essex**

+1 hour 120 58

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 120 818 118 26 117

6.00 AM **Great World Cup Goals**
6.10 **The Saint**
7.10 **Robin of Sherwood**
8.20 **Magnum, PI**
9.20 **The Sweeney**
10.30 **Minder**
11.30 **The Saint**
12.40 PM **Robin of Sherwood**
1.55 **Extreme Salvage Squad**
2.45 **Magnum, PI**
3.45 **The Sweeney**
4.55 **Minder**
6.00 **Made in Britain** A look at how Yorkshire puddings are made.

10.00 Alien

6.30 LIVE **Football: FA Cup** Southampton v Grimsby Town: Laura Woods presents coverage of the fifth-round tie from St Mary's Stadium. With analysis from Jobi McAnuff, commentary by Seb Hutchinson and Ally McCoist, and reports from Becky Ives. Kick-off is at 7.15.

9.35 **Made in Britain** Jimmy Nail narrates a look inside a firework factory.

10.00 FILM **Alien** Ridley Scott's sci-fi horror starring Sigourney Weaver. (1979, 15, 117min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.20 AM FILM **RoboCop** Futuristic thriller starring Peter Weller and Nancy Allen. A murdered cop is transformed into an indestructible cyborg policeman. With Ronny Cox. (1987, 18, 103min) ★★★★★
2.30 **to 3.00** AM **Made in Britain**

+1 hour 220 175 60 118

Sky Sci-Fi

139 139 836 122 348 363

6.00 AM **Pandora** 2/13. (S1)
7.00 **The Outpost** 2/13. (S4)
8.00 **Teleshopping**
11.00 **Pandora** 2/13. (S1)
12.00 NOON **Star Trek: Deep Space Nine** 16&17/20. (S1)
2.00 PM **Fringe** 16/21. (S1)
3.00 **The Outpost** 2/13. (S4)
4.00 **Pandora** 2/13. (S1)
5.00 **Stargate SG-1** 8/22. The team look for missing soldiers. (S5)
6.00 **Star Trek: Deep Space Nine** 16/20. The fantasies of the DS9 crew come true. (S1)

9.00 Blood & Treasure

7.00 **Star Trek: Deep Space Nine** *The Forsaken:* 17/20. Lwaxana Troi becomes fascinated by Odo. (S1)

8.00 **Star Trek: Voyager** *Parallax:* 3/16. The crew end up in severe danger of being drawn into a black hole. (S1)

9.00 **Blood & Treasure** New episode *The Throne of the Khan:* 9/13. Simon is forced to complete another task by Khan.

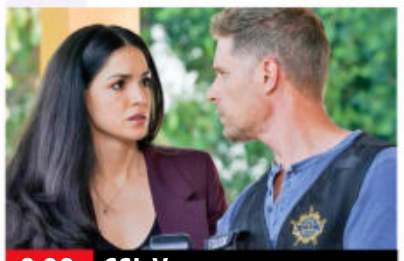
10.00 **Blood & Treasure** New episode *The Secret History of the Mongols:* 10/13. The team try to translate a scroll. (S2)
11.00 FILM **Ape vs Monster** Sci-fi adventure starring Quinn Baker. (2021, 12, 88min) ★★
1.00 AM **Star Trek: Voyager** (S1)
2.00 **Spides** 3/8. (S1)
3.00 **Stargate SG-1** 8/22. (S5)
4.00 **to 6.00** AM **Star Trek: Deep Space Nine**

+1 hour 229

Alibi

109/110 809 126 343 358

7.15 AM **Murdoch Mysteries** (S12)
9.00 **Hudson & Rex** 16/16. (S4)
10.00 **Rizzoli & Isles** 5/10. (S1)
11.00 **Person of Interest** (S2)
12.00 NOON **Miss Fisher's Murder Mysteries** 3/13. (S1)
1.00 PM **Death in Paradise** (S6)
2.00 **Murdoch Mysteries** (S12)
4.00 **Hudson & Rex** 16/16. (S4)
5.00 **Rizzoli & Isles** 5/10. (S1)
6.00 **Without a Trace** 16/23. Martin tries to make amends for failing to prevent the kidnap of a 12-year-old. (S3)


9.00 CSI: Vegas

7.00 **Person of Interest** *In Extremis:* 20/22. A heart surgeon is poisoned with polonium and has just 24 hours to live. (S2)

8.00 **Death in Paradise** *The Impossible Murder:* 3/8. A hotel owner is killed in what appears to be an attempted robbery. (S6)

9.00 **CSI: Vegas** New episode *Eyeballs:* 10/21. A social media influencer party ends with the murder of a popular guest. (S2)

10.00 **Clarice** *Motherless Child:* 10/13. Ruth recruits Krendler and ViCAP to track Catherine down after she absconds. (S1)
11.00 **Without a Trace** As 6.00pm.
12.00 M'T **Hudson & Rex** 16/16. A police officer and her canine partner are attacked. (S4)
1.00 AM **Miss Fisher's Murder Mysteries** 3/13. (S1)
2.00 **Evil** 10/13. (S2)
3.00 **to 4.00** AM **Traces**

+1 hour 209/210 191

GOLD

110/111 110/111 124 344 359

7.10 AM **Highlights**
9.20 **Are You Being Served?**
10.00 **Open All Hours**
10.40 **Last of the Summer Wine**
12.00 NOON **Green Green Grass**
12.40 PM **Outnumbered**
1.20 **Dad's Army**
2.00 **Open All Hours**
2.35 **Are You Being Served?**
3.20 **Last of the Summer Wine**
4.40 **Dad's Army**
5.20 **The Green Green Grass**
6.00 **Are You Being Served?**
6.40 **Dad's Army**

10.35 Live at the Apollo

7.20 **Dad's Army** Mainwaring and his platoon set up an observation post in the local lighthouse.

8.00 **Blackadder the Third** Edmund tries to find a rich bride for Prince George. **8.35** The Duke of Wellington challenges Prince George to a duel.

9.15 **Miranda** Penny threatens to cancel Miranda's Christmas.

9.55 **Not Going Out** Lee's father Frank turns up on the doorstep, looking for somewhere to stay.

10.35 **Live at the Apollo** Alistair McGowan introduces Kevin Bridges and Reginald D Hunter.

11.35 **Blackadder the Third** As shown at 8.00pm. **12.15** AM As 8.35pm.
12.55 **Miranda** As 9.15pm.
1.35 **Not Going Out** As 9.55pm.
2.10 **Live at the Apollo**
3.00 **to 4.00** AM **Hold the Sunset**

+1 hour 210/211 194

Dave

111/112 127 19 157

7.10 AM **Secrets of the Supercars**
8.00 **Cop Car Workshop**
9.00 **The Force: Behind the Line**
10.00 **Survivor South Africa** New edition Reality challenge.
11.00 **Rick Stein's Mediterranean Escapes** Moroccan bazaars.
12.00 NOON **Special Ops: Crime Squad UK**
1.00 PM **Cop Car Workshop**
2.00 **Top Gear** Double bill.
4.00 **Red Bull Soapbox Race** From Eduardo VII Park in Lisbon.
5.00 **Taskmaster** Double bill.

7.40 Room 101

7.00 **Richard Osman's House of Games** With Shaun Williamson.

7.40 **Room 101** With Lucy Porter, Robert Rinder and Romesh Ranganathan.

8.20 **Would I Lie to You? At Christmas** With James Acaster, Lily Allen, Sian Gibson and Noddy Holder.

9.00 **QI XL** Guests Claudia O'Doherty, Suggs and Jimmy Carr join regular panellist Alan Davies and host Stephen Fry.

10.00 **World's Most Dangerous Roads** Phil Wang and Pierre Novellie drive through Lesotho in Africa.
11.00 **Taskmaster** The grand final.
12.00 M'T **Mock the Week**
12.40 AM **QI XL** With Cariad Lloyd.
1.20 **Meet the Richardsons**
2.00 **House of Games** As 7.00pm.
2.30 **QI XL** With Jimmy Carr.
3.30 **to 4.00** AM **Beat the Internet with John Robins**

+1 hour 211 131 57

Wednesday

7 PM 8 PM 9 PM 10 PM

GREAT! tv

157 189 50 142

6.00 AM **Sue Thomas: F.B.Eye** 2&3/19. (S2)
8.00 **Highway to Heaven**
10.00 **Crazy Like a Fox** (S2)
11.00 **Castle** 5/23. (S6)
12.00 NOON **Body of Proof**
1.00 PM **Sue Thomas: F.B.Eye** 12&13/19. (S2)
3.00 **Diagnosis Murder**
5.00 **Murder, She Wrote**
7.00 **M*A*S*H** 11-14/26. (S7)
9.00 **Randall and Hopkirk (Deceased)** *Vendetta for a Dead Man:* 24/26. A violent criminal escapes from a psychiatric unit. (S1)
10.00 **The Persuaders!** *The Old, the New and the Deadly:* 9/24. Danny's life is endangered. (S1)
11.00 **Return of the Saint**
12.00 M'T **M*A*S*H** (S7)
2.00 AM **Randall and Hopkirk (Deceased)**
3.00 **Sue Thomas: F.B.Eye**
4.30 **to 6.00** AM **Highway to Heaven**

+1 hour 257 220 62 143

4seven

137 143 49 127

9.00 AM **Come Dine with Me**
11.30 **A Place in the Sun**
1.30 PM **A New Life in the Sun: Where Are They Now?** Documentary.
2.30 **Come Dine with Me**
5.00 **A Place in the Sun**
6.00 **Emergency Helicopter Medics** Documentary.
7.00 **A Place in the Sun**
7.45 **The Great Pottery Throw Down** The five remaining potters take part in the quarter-final.
9.00 **Grand Designs** A widowed teacher making a fresh start in rural Cambridgeshire.
10.00 **Bronson: Fit to Be Free?** Double bill.
12.10 AM **The Billionaires Who Made Our World: Mark Zuckerberg**
1.15 **The Piano**
2.15 **Sex Actually with Alice Levine** Documentary.
3.20 **24 Hours in A&E**
4.15 **to 5.00** AM **George Clarke's Amazing Spaces**

5USA

141 141 153 21 129

9.00 AM **NCIS** (S4)
11.55 **Entertainment News**
12.00 NOON **Law & Order**
4.55 PM **Entertainment News**
5.00 **Law & Order** (S20)
6.00 **NCIS** *Lost and Found:* 9/19. The team search for a missing survivalist. **7.00** *Corporal Punishment:* 10/19. A Marine escapes from a psychiatric unit. **8.00** *Tribes:* 11/19. A Muslim US Marine is found dead. (S5)
9.00 **Criminal Minds** *Middle Man:* 7/24. Several women are found dead. **10.00** *Reflection of Desire:* 8/24. A missing woman's body is found in an alley. (S6)
11.00 **Law & Order: Special Victims Unit** (S5&4)
1.50 AM **Law & Order** (S4)
2.50 **The Blacklist** (S1)
3.35 **to 4.00** AM **Criminals: Caught on Camera**

+1 hour 241 185 130

5STAR

128 151 32 131

8.00 AM **Entertainment News**
8.10 **Rich Kids, Skint Holiday**
9.00 **Bargain-Loving Brits in the Sun**
10.00 **Call the Bailiffs: Time to Pay Up**
11.00 **Dirty Home Rescue**
12.00 NOON **Traffic Cops**
2.00 PM **Police Interceptors**
5.00 **Call the Bailiffs: Time to Pay Up**
6.00 **Home and Away**
7.00 **GPs: Behind Closed Doors** Documentary.
8.00 **Casualty 24/7: Every Second Counts**
9.00 **A&E After Dark**
10.00 FILM **Dead Calm** Thriller. (1988, 15, 96min) ★★★★★
12.05 AM **Mysterious Murder of Caroline Crouch**
1.35 **Skin A&E**
2.35 **It's Your Fault I'm Fat**
3.30 **Home and Away**
3.55 **to 4.00** AM **Entertainment News**

+1 hour 228 186 141

W

132 827 125 25 156

6.15 AM **Top Chef**
7.00 **Property Brothers: Forever Homes**
8.00 **Tipping Point**
10.00 **DIY SOS: The Big Build**
12.00 NOON **Bang on Budget**
1.00 PM **Tipping Point**
4.00 **DIY SOS: The Big Build**
5.00 **Property Brothers: Forever Homes**
6.00 **MasterChef Australia**
7.20 **Nigellissima**
8.00 **Emergency: First Time Medics** New edition It's the Reading Festival and the junior doctors have no idea what's in store for them.
9.00 **DIY SOS: The Big Build**
10.00 **Stacey Dooley Sleeps Over USA** New edition Stacey travels to Virginia to meet a unique family.
11.00 **Inside the Operating Theatre** Documentary.
12.00 M'T **Emergency: First Time Medics** As 8pm.
1.00 **to 3.00** AM **Young Vets**

+1 hour 232 190

Drama

143 130 20 158

7.20 AM **Pie in the Sky**
8.15 **The Bill**
9.15 **Classic Holby City**
10.35 **Casualty**
11.40 **The Bill**
12.40 PM **Classic EastEnders**
2.00 **Howards' Way**
3.10 **Lovejoy**
4.20 **Peak Practice**
5.20 **As Time Goes By**
6.00 **Keeping Up Appearances**
6.40 **Last of the Summer Wine** Double bill.
8.00 **Sister Boniface Mysteries** *Song for the Dead:* 6/10. (S1)
9.00 **Strike – Career of Evil** 1/2. Strike's partner Robin receives a severed leg in the post. (S3)
10.20 **New Tricks**
11.20 **Clocking Off**
12.30 AM **Bad Girls**
1.30 **Lovejoy**
2.45 **to 4.00** AM **Classic Holby City**

+1 hour 243 226 60

WEDNESDAY

Documentaries

Wednesday

RealityXtra

147 197 68 134

9.00 AM **Perry Mason**
11.00 **Matlock** As 6pm.
12.00 NOON **The Fugitive**
1.00 PM **Evidence of Evil**
3.00 **Perry Mason** *The Case of the Blind Man's Bluff*: James Kincannon is in need of Perry's help. **4.00** *The Case of the Barefaced Witness*: A recently released embezzler is murdered.
5.00 **The Fugitive** *The Iron Maiden*: 13/30. Kimble becomes trapped underground after an explosion in a shaft. (S2)
6.00 **Matlock** *The Outcast – Part Two*: 15/22. Matlock investigates the suspicious death of a hitchhiker. (S6)
7.00 **Judge Judy** Real-life small-claims cases.
1.00 AM **Matlock** As 6pm.
2.00 **The Fugitive** As 5pm.
3.00 **Murder By the Sea**
5.00 **to 6.00** AM **Medical Detectives**

Legend

148 149 41 137

8.00 AM **Walker, Texas Ranger** 18/27. (S4)
9.00 **Mutant X** 16/22. (S2)
10.00 **Star Trek: The Next Generation** 23/26. (S4)
11.00 FILM **Fire Serpent** Thriller. (2007, 15) ★★
12.50 PM **Legend Lowdown**
1.00 FILM **Shark Season** Thriller. (2020, PG) ★★
2.50 **Legend Lowdown**
3.00 FILM **Virtual Nightmare** Thriller. (2000, 12) ★★
4.50 **Legend Lowdown**
5.00 **Star Trek** 9/24. (S3)
6.00 **Star Trek: The Next Generation** 24/26. (S4)
7.00 **Airwolf** 5/22. (S3)
8.00 **Walker, Texas Ranger**
9.00 FILM **Road Train** Thriller. (2010, 15, 87min) ★★
10.50 FILM **Beware My Brethren** Thriller. (1972, 15, 98min) ★★
12.40 AM FILM **Cabin Fever** Horror. (2016, 15) ★
2.35 **to 4.30** AM FILM **What Keeps You Alive** Thriller. (2018, 15, 98min) ★★

Challenge

145 139 48 146

7.00 AM **The Chase**
10.00 **Dickinson's Real Deal**
11.00 **Dale's Supermarket Sweep** Double bill.
12.00 NOON **Wheel of Fortune** Double bill.
1.00 PM **Catchphrase**
2.00 **Classic Who Wants to Be a Millionaire?**
3.00 **Play Your Cards Right**
4.00 **Bruce's Price Is Right**
5.00 **Bullseye** Four editions of the darts-based quiz.
7.00 **Pointless** Quiz hosted by Alexander Armstrong and Richard Osman.
8.00 **The Chase** Double bill of the quiz show hosted by Bradley Walsh.
10.00 **Classic Who Wants to Be a Millionaire?** Big-money quiz show hosted by Chris Tarrant.
11.00 **Bullseye** Double bill of the darts-based quiz.
12.00 M'T **The Chase**
4.00 AM **Classic Who Wants to Be a Millionaire?**
5.00 **to 6.00** AM **Bullseye**

E!

159 159 835 160

7.00 AM **Wags**
8.00 **Keeping Up with the Kardashians**
10.00 **Jerseylicious**
11.00 **Rich Kids of Beverly Hills** Reality series.
12.00 NOON **Botched**
1.00 PM **Kourtney & Kim Take New York**
2.00 **Keeping Up with the Kardashians**
7.00 **Botched** The doctors call for back-up on a revision tummy tuck. **8.00** Paul Nassif tackles a nose job gone wrong.
9.00 **Keeping Up with the Kardashians** Scott experiences some troubling health issues. **10.00** Kris plans a getaway to Palm Springs.
11.00 **Rich Kids of Beverly Hills** Reality series.
12.00 M'T **Dr 90210**
1.00 AM **Wags**
2.00 **Teleshopping**
3.00 **to 5.00** AM **Kimora: Life in the Fab Lane**

Sky Documentaries

121 121 819 277 352 367

6.00 AM **The Guest Wing**
7.00 **Discovering: Rock Hudson**
8.00 **The Directors**
9.00 **The Seventies**
10.00 **Spector**
11.00 **The Vow**
12.00 NOON **I Am Johnny Cash** Documentary.
1.45 PM **My Icon: Martin Offiah**
2.00 **The Janes**
4.00 **The Directors**
5.00 **Discovering: Rock Hudson**
6.00 **The Seventies**
7.00 **Spector**
8.00 **The Vow**
9.00 **Liverpool Narcos**.
10.00 **Meth Storm**
12.00 M'T **Django & Django**
1.35 AM FILM **I Am Evidence** Documentary. (2017, 12, 89min) ★★★★
3.15 **Dan Carter: A Perfect 10**
5.00 **to 6.00** AM **Discovering: Rock Hudson**

Sky Nature

124 124 822 278 354 369

6.00 AM **Wild Castles**
7.00 **Monkey Life**
8.00 **New Kids in the Wild**
9.00 **Africa's Wild Roommates**
10.00 **Brazil Untamed**
11.00 **Africa's Wild Horizons**
12.00 NOON **Hope for Wildlife**
1.00 PM **Monkey Life**
2.00 **New Kids in the Wild**
3.00 **Africa's Wild...**
4.00 **Brazil Untamed**
5.00 **Africa's Wild Horizons**
6.00 **Hope for Wildlife**
7.00 **Monkey Life**
8.00 **Patagonia**
9.00 **Tales from Zambia**
10.00 **Africa's Wild Horizons**
11.00 **Hope for Wildlife**
12.00 M'T **Mysteries of the Mekong** Documentary.
1.00 AM **Valley of Flood and Fire** Documentary.
2.00 **Patagonia**
3.00 **Tales from Zambia**
4.00 **New Kids in the Wild**
5.00 **to 6.00** AM **Africa's Wild Roommates**

HGTV

158 286 44 166

7.00 AM **Building Off the...**
8.00 **The Great Interior...**
9.00 **A Place in the Sun**
10.00 **Escape to the Country**
11.00 **Fantasy Homes by...**
12.00 NOON **My Lottery Dream Home**
1.00 PM **Home Town**
2.00 **Bargain Block**
3.00 **The Great Interior Design Challenge**
4.00 **Restoration Home**
5.00 **Building Off the Grid**
6.00 **A Place in the Sun**
7.00 **Fantasy Homes by the Sea** The Dorset coast.
8.00 **Escape to the Country**
9.00 **My Lottery Dream Home** Double bill.
10.00 **Good Bones** New edition
11.00 **Home Town**
12.00 M'T **Fantasy Homes...**
1.00 AM **Building Off the...**
2.00 **Restoration Home**
3.00 **to 4.00** AM **My Lottery Dream Home**

+1 hour 258 290

Food Network

140 285 43 148

6.00 AM **Southern Kitchen**
7.00 **The Pioneer Woman**
8.00 **Delicious Miss Brown** New editions
9.00 **Jamie's 15 Minute Meals**
9.30 **Jamie's 30 Minute Meals**
10.00 **Tom Kerridge's...**
11.00 **Donal's Meals in Minutes**
12.00 NOON **Great British...**
2.00 PM **American Adventure**
3.00 **Jamie's 15 Minute Meals**
3.30 **Jamie's 30 Minute Meals**
4.00 **Delicious Miss Brown**
5.00 **The Pioneer Woman**
6.00 **Ainsley Eats the Streets**
7.00 **Great British Bake Off**
8.00 **American Adventure**
9.00 **Tom Kerridge's Sunday Lunch** Double bill.
10.00 **Ainsley Eats the Streets**
11.00 **Restaurant: Impossible**
12.00 M'T **Guy's Grocery Games** New edition
1.00 AM **Restaurant: Impossible**
2.00 **to 3.00** AM **Hairy Bikers: Mums Know Best**

+1 hour 240 149

DMAX

172 171 38 150

6.00 AM **Salvage Dawgs**
7.00 **Outback Opal Hunters**
8.00 **Alaskan Bush People**
10.00 **Alaska: Last Frontier**
12.00 NOON **Yukon Men**
1.00 PM **Aussie Gold Hunters**
2.00 **Gold Divers**
3.00 **Alaska: Homestead Rescue** Reality series.
4.00 **Building Off the Grid**
5.00 **Scrap Kings**
6.00 **Outback Opal Hunters**
7.00 **Deadliest Catch** The crab-fishing fleet return to the Bering Sea.
9.00 **Alaska: Homestead Rescue** The Raneys construct a massive yurt in Tennessee.
11.00 **Jade Fever**
12.00 M'T **Alaska: Last Frontier** Reality series.
1.00 AM **Naked and Afraid**
2.00 **Teleshopping**
4.00 **Tanked**
5.00 **to 6.00** AM **Maine Cabin Masters**

+1 hour 272 214 151

5Action

150 150 33 132

9.00 AM **Winter Road Rescue** Documentary.
9.35 **Outback Truckers**
10.35 **Trucking Hell**
11.35 **Police Interceptors**
12.30 PM FILM **Apache Drums** Western. (1951, U, 76min) ★★
2.05 FILM **Broken Arrow** Western. (1950, PG, 93min) ★★★★
4.00 **Trucking Hell**
5.00 **Outback Truckers**
6.00 **Police Interceptors**
10.00 FILM **Escape to Victory** World War Two drama with Sylvester Stallone. (1981, PG, 111min) ★★
12.25 AM **Helicopter Pursuits: Caught on Camera**
12.55 **UK's Strongest Man**
1.55 **999: Criminals Caught on Camera**
2.55 **Doomsday: Caught on Camera**
3.40 **How They Built the Jumbo Jet**
4.30 **to 5.00** AM **Red Shoe Diaries**

Sky Crime

122 122 820 121 349 364

6.00 AM **Highway Patrol**
7.00 **Motorway Patrol**
8.00 **Send in the Dogs**
9.00 **Nothing to Declare**
10.00 **UK Border Force**
11.00 **How I Caught the Killer**
12.00 NOON **What the Killer...**
1.00 PM **Murders That Shocked the Nation**
2.00 **Killer in My Village**
3.00 **World's Most Evil Killers**
4.00 **Britain's Most Evil Killers**
5.00 **What the Killer Did Next**
6.00 **Killer in My Village**
7.00 **World's Most Evil Killers**
8.00 **Britain's Most Evil Killers**
9.00 **Fred West: The Glasgow Girls**
10.00 **How I Caught the Killer**
11.00 **World's Most Evil Killers**
12.00 M'T **Catching the Killer**
1.00 AM **Killer in My Village**
2.00 **Murders That Shocked...**
3.00 **The Force: North East**
4.00 **The Force: Manchester**
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 222 164

CBS Reality

146 148 67 135

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **Medical Detectives** A sleeping bag contains traces of a murder. **7.30** A woman's body is found under a bridge.
8.00 **48 Hours** New edition The Daybell children claim their father was framed for the murders of JJ and Tylee.
9.00 **Evidence of Evil** Startling criminal cases.
10.00 **Killers: Caught on Camera** New edition A murder in a garage is recorded on camera.
11.00 **Fatal Vows**
12.00 M'T **Injustice with Nancy Grace**
1.00 AM **Evidence of Evil**
2.00 **Killers: Caught on Camera** As 10.00pm.
3.00 **48 Hours**
3.45 **Medical Detectives**
4.10 **to 6.00** AM **Judge Judy**

+1 hour 246 218 136

Really

142 128 17 160

6.00 AM **Fantasy Homes by the Sea** In Hampshire.
7.00 **Teleshopping**
8.00 **Salvage Hunters**
10.00 **Antiques Road Trip**
12.00 NOON **Money for Nothing** Lab stools.
1.00 PM **A Place in the Sun**
2.00 **Animal Cops San Francisco** Double bill.
4.00 **Dr Jeff: Rocky Mountain Vet**
5.00 **Helicopter ER**
6.00 **Money for Nothing**
7.00 **Antiques Road Trip**
9.00 **My Feet Are Killing Me** New edition A man hopes Dr Sarah can rid his feet of fungus.
10.00 **The Hair Loss Clinic** A man seeks help after two bad hair transplants.
11.00 **Ghost Adventures**
12.00 M'T **Ghost Nation**
1.00 AM **Ghost Adventures**
2.00 **Teleshopping**
4.00 **to 6.00** AM **Animal Cops San Francisco**

Blaze

164 199 64 162

6.00 AM **Hardcore Pawn**
7.45 **Weird or What? with William Shatner**
8.40 **Ancient Aliens**
10.40 **Storage Wars Canada**
11.10 **Storage Wars**
12.10 PM **Pawn Stars**
2.05 **Hardcore Pawn**
4.00 **Ancient Aliens**
6.00 **The UnXplained with William Shatner**
7.00 **Storage Wars**
8.00 **Dickinson's Real Deal**
9.00 **Paranormal: Caught on Camera** New edition
10.00 **The Proof Is Out There** Mysterious lights under the surface of Earth's deepest lake.
11.00 **Strange Evidence**
12.00 M'T **National Park Mysteries** Double bill.
1.00 AM **Wicked Tuna**
2.00 **Swamp People**
3.00 **Dickinson's Real Deal**
3.45 **Storage Wars Canada**
4.10 **to 6.00** AM **Pawn Stars**

+1 hour 81

TLC

133 133 828 167

7.00 AM **Flip or Flop**
8.00 **Good Bones**
9.00 **Say Yes... UK**
10.00 **Say Yes to the Dress**
11.00 **Say Yes... Atlanta**
12.00 NOON **Say Yes to the Dress: Lancashire**
1.00 PM **Cake Boss**
2.00 **Dr Pimple Popper**
3.00 **My Lottery Dream Home** Double bill.
4.00 **Seeking Sister Wife**
5.00 **I Love a Mama's Boy**
6.00 **Flip or Flop**
7.00 **Seeking Sister Wife**
8.00 **Love After Lock Up**
9.00 **Long Island Medium**
10.00 **Return to Amish**
11.00 **Extreme Sisters**
12.00 M'T **Love After Lock Up**
1.00 AM **Long Island Medium**
2.00 **Return to Amish**
3.00 **Extreme Sisters**
4.00 **Flip or Flop**
5.00 **to 6.00** AM **Say Yes to the Dress: UK**

+1 hour 233 172

5SELECT

153 152 56 133

9.00 AM **Eggheads**
9.25 **GPs: Behind Closed Doors** Documentary.
10.30 **Ruby Herring Mysteries: Silent Witness** Crime drama.
12.20 PM FILM **Tempted By Danger** Thriller. (2020, PG, 87min) ★★
2.00 **Holiday Homes in the Sun** The Amalfi coast.
3.00 **The Yorkshire Vet**
4.00 **Ben Fogle: New Lives in the Wild** Double bill.
6.00 **World's Most Scenic River Journeys**
7.00 **Viking Murder Mystery: Ancient Mysteries**
8.00 **Drain the Oceans**
9.00 **Draining the Bermuda Triangle**
10.00 **Forged in Fire**
11.55 **Drain the Oceans**
1.00 AM **Great British Ships: The Mary Rose**
2.00 **Ben Fogle: New Lives in the Wild** Double bill.
3.50 **to 4.00** AM **Entertainment News**

Quest

144 144 834 169 12 172

6.00 AM **How Do They Do It?**
6.25 **Find It, Fix It, Flog It**
7.10 **The Repair Shop**
8.00 **American Pickers**
10.00 **Chasing Classic Cars**
11.00 **Salvage Hunters: Classic Cars**
12.00 NOON **Motor Pickers**
1.00 PM **The Repair Shop**
2.00 **Love Your Garden**
3.00 **Find It, Fix It, Flog It**
4.00 **Salvage Hunters**
5.00 **Salvage Hunters: The Restorers**
6.00 **Wheeler Dealers**
7.00 **Aussie Gold Hunters**
8.00 **Salvage Hunters** **9.00** New edition
10.00 **The Yorkshire Auction House**
11.00 **How Do They Do It?**
12.00 M'T **Wheeler Dealers**
1.00 AM **Cops UK**
2.00 **Salvage... Classic Cars**
3.00 **Motor Pickers**
4.00 **to 5.00** AM **How It's Made**

+1 hour 244 213 70 168

Quest Red

149 170 40 169

6.00 AM **Say Yes to the Dress**
7.00 **Curvy Brides Boutique**
8.00 **Say Yes to the Dress**
9.00 **Animal Cops Detroit**
10.00 **Animal Cops Houston**
11.00 **Forensic Detectives**
1.00 PM **Diabolical: Deadly Love**
2.00 **Disappeared**
3.00 **Murder Comes to Town**
4.00 **Reasonable Doubt**
5.00 **Say Yes to the Dress**
7.00 **Who Do You Think You Are?** Lisa Hammond traces her roots.
8.00 **Dr Pimple Popper** Ravon has a dangling growth on his leg.
9.00 **People Magazine Investigates** New edition A serial killer in Washington, DC.
10.00 **Where Murder Lies**
11.00 **Forensic Detectives**
1.00 AM **The Perfect Murder**
2.00 **Murder Comes to Town**
3.00 **to 4.00** AM **FBI Files**

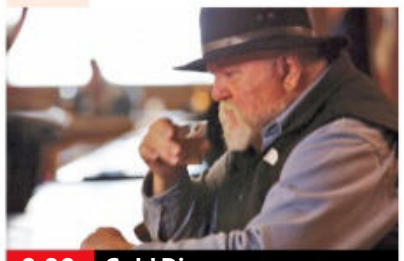
+1 hour 249 170

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125 125 823 250 320 325

6.00 AM **Wheeler Dealers**
7.00 **Deadliest Catch**
8.00 **Alaska: Homestead Rescue**
9.00 **Flying Wild Alaska**
10.00 **How Do They Do It?**
11.00 **Wheeler Dealers**
12.00 NOON **Salvage Hunters**
1.00 PM **Gold Rush**
3.00 **Building Off the Grid**
4.00 **Alaska: Homestead Rescue**
5.00 **Wheeler Dealers**
6.00 **Salvage Hunters** Drew Pritchard visits a 500-year-old Tudor manor in Cheshire.



9.00 Gold Divers

7.00 **Kindig Customs** Dave is tasked with finding and transforming a 1967 GTO for a secret client from South Africa.

8.00 **Dive Wars Australia** Following fishing crews through the highs and lows of the competitive and risky abalone season.

9.00 **Gold Divers** New edition 1/2. A newcomer changes the dynamic of the gold market.

10.00 **Gold Divers** New edition 2/2. Kris Kelly manages an excavator issue, and Vernon's tactics horrify Hurricane Dave.

11.00 **Moonshiners** New edition Following the efforts of illegal whiskey brewers, providing an insight into their lifestyles.
12.00 M'T **Combat Dealers**
1.00 AM **Gold Divers**
3.00 **Moonshiners**
4.00 **to 5.00** AM **Wheeler Dealers**

+1 hour 225 258

Animal Planet

162 251

8.00 AM **Tanked**
9.00 **Pit Bulls & Parolees**
10.00 **My Cat from Hell**
11.00 **Animal Cops Philadelphia**
12.00 NOON **Tanked**
1.00 PM **Pit Bulls & Parolees**
2.00 **Celebrity Animal Encounters**
3.00 **The Crocodile Hunter: Best of Steve Irwin**
4.00 **My Cat from Hell**
5.00 **Animal Cops Philadelphia**
6.00 **Tanked** Music producer and Fugees founder Wyclef Jean faces a tank emergency.

10.00 Alaska: Surviving...

7.00 **Pit Bulls & Parolees** Tia attempts to rescue a stray, and new parolee Mike struggles to balance working and parenthood.

8.00 **Deadliest Sharks** Dr Michael Domeier and Dr Barry Bruce search for rare oceanic white tip sharks.

9.00 **Shark Alley: Legend of Dynamite** Documentary tracing a juvenile great white shark near Gansbaai, South Africa.

10.00 **Alaska: Surviving the Last Frontier** Four groups of ordinary people explore the American wilderness.

11.00 **The Zoo** Three lynx kittens are ready to explore their exhibit.
12.00 M'T A beaver undergoes a tooth trim.
1.00 AM **Alaska: Surviving the Last Frontier** Reality series.
2.00 **My Cat from Hell**
3.00 **Animal Cops Philadelphia**
4.00 **to 5.00** AM **Tanked**

+1 hour 262 259

Nat Geographic

129 129 825 266

8.00 AM **Made in a Day**
8.30 **Food Factory USA**
9.00 **Air Crash Investigation**
10.00 **Hitler's Last Stand**
11.00 **Nazi Weird War Two**
12.00 NOON **Car S.O.S**
1.00 PM **Wicked Tuna**
2.00 **Lost Treasures of Egypt** Documentary following archaeologists working in Egypt's Valley of the Kings.
3.00 **Bloody Tales of the Tower**
6.00 **Tut's Treasures: Hidden Secrets** Examining objects found in Tutankhamun's tomb.

8.00 Alaska: The Next...

7.00 **Air Crash Investigation** Investigators uncover a deadly flaw in an aircraft used all around the world.

8.00 **Alaska: The Next Generation** New edition Spring is on the horizon as new challenges emerge for rural Alaskans.

9.00 **Trafficked with Mariana Van Zeller** Mariana investigates the illicit trade of human organs.

10.00 **Narco Wars** How a group of marijuana traffickers created Mexico's first-ever drug cartel.

11.00 **Air Crash Investigation** A crash in Indiana in 1994.
12.00 M'T **Airport Security: Rome**
1.00 AM **To Catch a Smuggler**
2.00 **Money Meltdown**
2.30 **America's Wild Spaces**
2.55 **Secrets of the Zoo: Keeper Tales**
3.20 **to 5.00** AM **Food Factory**

+1 hour 229 267

Sky History

123 123 821 270 353 368

6.00 AM **Forged in Fire**
7.00 **Storage Wars**
8.00 **American Pickers**
9.00 **Pawn Stars**
10.00 **Mystery Places**
11.00 **Digging Up Britain's Past**
12.00 NOON **Mountain Men**
1.30 PM **Nature Gone Wild**
2.00 **Ancient Aliens**
3.00 **Salvage Kings**
4.00 **Storage Wars**
5.00 **Pawn Stars**
6.00 **American Pickers** Searching for profit-bringing treasures.

10.00 World's Greatest...

7.00 **Forged in Fire** The two finalists must re-create one of the Ottoman Empire's most lethal sabers – the Kilij.

8.00 **Secrets of the Lost Ark** A team of archaeologists embark on a quest to unearth the Ark of the Covenant.

9.00 **The Curse of Oak Island** New edition The scientists finally manage to identify the area where the gold is located.

10.00 **World's Greatest Treasure Mysteries** New edition A hunt for emeralds from the *Atocha* shipwreck.

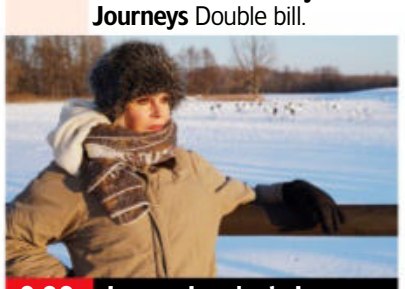
11.00 **Digging Up Britain's Past** Investigating the Pendle Witch trials of 1612.
12.00 M'T **Colosseum**
1.00 AM **Secrets of the Lost Ark**
2.00 **Digging Up Britain's Past**
3.00 **Storage Wars**
4.00 **Salvage Kings**
5.00 **to 6.00** AM **Ancient Aliens**

+1 hour 223 271

Yesterday

155 155 846 129 27 159

6.00 AM **Churchill's Bodyguard**
8.00 **Abandoned Engineering**
9.00 **Narrow Escapes of World...**
10.00 **WW2: Battles for Europe**
11.00 **Secrets of the London Underground**
12.00 NOON **Great British Railway Journeys** Four editions.
2.00 PM **Bangers & Cash: Restoring Classics**
4.00 **Narrow Escapes of World War II** Documentary.
5.00 **WW2: Battles for Europe**
6.00 **Great British Railway Journeys** Double bill.



9.00 Joanna Lumley's Japan

7.00 **Secrets of the London Underground** Tim Dunn and Siddy Holloway explore the disused parts of Piccadilly Circus.

8.00 **Great Continental Railway Journeys** Michael Portillo travels through Germany.

9.00 **Joanna Lumley's Japan** The actress embarks on a 2,000-mile journey across Japan in Hokkaido.

10.00 **Bangers & Cash: Restoring Classics** The team gamble on restoring a Vanden Plas saloon from the 1970s.

11.00 **Abandoned Engineering** Exploring a series of vaults in Edinburgh that tell a murky story of opportunity, crime and destitution.
12.00 M'T **Great British Railway Journeys** Double bill.
1.00 **to 3.00** AM **Churchill's Bodyguard**

+1 hour 255 217 74

Wednesday

7 PM

8 PM

9 PM

10 PM

Disc. History

177 257

6.00 AM **Combat Dealers**
7.00 **How the Universe Works**
8.00 **Tony Robinson's World War One**
9.00 **Combat Dealers**
10.00 **Expedition Unknown**
11.00 **Nefertiti**
12.00 NOON **Shed and Buried** Double bill.
1.00 PM **Combat Dealers**
2.00 **Expedition Unknown**
3.00 **Blowing Up History**
4.00 **Mysteries at the Museum** Traffic signals.
5.00 **Mysteries of the Deep**
6.00 **How the Universe Works**
7.00 **Expedition Unknown**
8.00 **Combat Dealers**
9.00 **The Dino Hunters**
10.00 **Expedition X**
11.00 **Nefertiti**
12.00 M'T **Blowing Up History**
1.00 AM **Combat Dealers**
2.00 **The Dino Hunters**
3.00 **Combat Dealers**
4.00 **to 5.00** AM **Blowing Up History**

+1 hour 277 261

Eden

166 245

9.00 AM **Inside the Vets**
10.00 **Aquarium: An Aquatic Life**
11.00 **World of Oceans**
12.00 NOON **Forbidden History** Double bill..
2.00 PM **Inside the Vets**
3.00 **Africa From Above**
5.00 **Aquarium: An Aquatic Life**
6.00 **World of Oceans**
7.00 **Forbidden History**
8.00 **Inside the Vets**
9.00 **Africa From Above**
10.00 **World of Oceans**
11.00 **Aquarium: An Aquatic Life**
12.00 M'T **Forbidden History**
1.00 AM **Inside the Vets**
2.00 **Aquarium: An Aquatic Life**
3.00 **World of Oceans**
3.50 **Africa From Above**
4.40 **Forbidden History**
5.30 **to 6.00** AM **David Attenborough's Natural Curiosities**

+1 hour 266 246

WILD

165 165 841 264 265

8.00 AM **Animal Fight Club**
9.00 **Wild China: Giant Pandas**
10.00 **What The Shark?**
11.00 **Yukon Vet**
12.00 NOON **Snakes in the City** Documentary.
1.00 PM **Lone Star Vet**
2.00 **Gorillas Close Up**
3.00 **Monster Snakes**
4.00 **America's Funniest Home Videos: Animal Edition** Comical clips.
5.00 **Snakes in the City: Lady & The Mamba**
6.00 **Snakes in the City: Simon Goes Wild**
7.00 **Secrets of the Zoo**
8.00 **Bizarre Animal Friends**
9.00 **Gordon Ramsay: Uncharted** South Africa.
10.00 **Wild Florida**
11.00 **Snakes in the City**
12.00 M'T **Shark Attack Files**
1.00 AM **Animal Fight Club**
2.00 **Gorillas Close Up**
3.00 **Monster Snakes**
4.00 **to 5.00** AM **Lone Star Vet**

Sky History 2

163 163 840 272

8.00 AM **Treasures Decoded**
9.00 **Dangerous Missions**
10.00 **River Hunters**
11.00 **Ancient Aliens**
1.00 PM **National Park Mysteries** Double bill.
2.00 **Treasures Decoded**
4.00 **Deep Water Salvage**
5.00 **Dangerous Missions**
6.00 **Alien Files: Unsealed**
7.00 **Ancient Aliens** How government officials are now discussing UFOs.
8.00 **On the Trail of UFOs: Dark Sky** The enigma of unidentified flying objects.
10.00 **Bomber: Terror of WWII** The remorseless development of weapons and bombers.
11.00 **Ancient Aliens**
1.00 AM **On the Trail of UFOs: Dark Sky**
2.40 **National Park Mysteries**
3.05 **Bomber: Terror of WWII**
4.00 **River Hunters**
5.00 **to 6.00** AM **What on Earth?**

PBS America

174 273 84 155

8.00 AM **Beautiful Serengeti**
8.30 **Bat Superpowers**
9.40 **Back to Chernobyl**
10.50 **WWII in Color: Road...**
11.55 **The World's Biggest...**
1.00 PM **Beautiful Serengeti**
1.30 **Bat Superpowers**
2.40 **Back to Chernobyl**
3.55 **WWII in Color: Road...**
5.00 **The World's Biggest...**
6.10 **Bat Superpowers**
7.20 **Back to Chernobyl** Life in the area close to the Chernobyl nuclear disaster, 35 years on.
8.35 **WWII in Color: Road to Victory** New edition Hitler's Nazi empire is in ruins, but there is still a city to take before the allies can declare victory.
9.40 **The World's Biggest Bomb** The story of the race to build the world's biggest bomb.
10.50 **Back to Chernobyl**
12.00 M'T **WWII in Color...**
1.05 **to 2.00** AM **Beautiful Serengeti**

CI

156 156 837 198

6.00 AM **The First 48**
8.00 **Cold Case Files**
9.00 **Killer Britain**
10.00 **Meet, Marry, Murder**
11.00 **The Real Murders of Orange County**
12.00 NOON **Buried in the Backyard**
1.00 PM **Fear Thy Neighbour**
2.00 **Imperfect Murder**
3.00 **On the Case**
4.00 **Murdertown**
5.00 **Cold Case Files**
6.00 **The First 48**
7.00 **Homicide: Hours to Kill**
8.00 **Imperfect Murder** New edition
9.00 **I Knew My Murderer**
10.00 **The Preppy Murder: Death in Central Park**
11.00 **Homicide Hunter**
12.00 M'T **Snapped**
1.00 AM **Murdertown**
2.00 **The Preppy Murder...**
3.00 **Criminal Confessions**
4.00 **Imperfect Murder**
5.00 **to 6.00** AM **The Real...**

+1 hour 256 222

SKY HD SD | VIRGIN HD | FREEVIEW HD | FREESAT HD | BT HD

WEDNESDAY Films

Wednesday

Sky Cinema Premiere

301 301 848 401 501 515

6.00 AM **Cinema List: Sports Films**
6.15 **The Invitation** As 12.25am.
8.15 **The Independent** (2022)
10.20 **Lamborghini: The Man Behind the Legend** (2022)
12.10 PM **Bullet Train** As 8.00pm.
2.30 **Where Is Anne Frank** Animation. (2021, PG) ★★★★
4.25 **Paradise City** Crime thriller. (2022, 15, 94min) ★★
6.15 **Lamborghini: The Man Behind the Legend** Drama. (2022, 12, 97min) ★★

6.15 Lamborghini

8 PM **8.00** **Bullet Train** Comedy thriller starring Brad Pitt, Joey King, Aaron Taylor-Johnson, Brian Tyree Henry and Andrew Koji. Five assassins aboard a swiftly moving train discover their missions have something in common. (2022, 15, 127min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM **10.20** **The Independent** Drama starring Jodie Turner-Smith, Brian Cox and Luke Kirby. A journalist discovers a conspiracy involving a US presidential candidate. (2022, 12, 108min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11 PM **12.25** AM **The Invitation** Horror. (2022, 15, 105min) ★★★
2.25 **Paradise City** As 4.25pm.
4.15 **to 6.10** AM **Where Is Anne Frank** As shown at 2.30pm.

+1 hour 312

Sky Cinema Hits

303 303 857 403 503 517

6.00 AM **The Cinema List: The 90s**
6.20 **Run Hide Fight** (2020, 15) ★
8.20 **Blithe Spirit** As 2.15pm.
10.20 **Baby Done** Comedy. (2020, 15, 91min) ★★★
12.15 PM **Eternal Sunshine of...**
2.15 **Blithe Spirit** Comedy. (2020, 12, 95min) ★★★
4.15 **The Boss Baby 2: Family Business** Animated sequel. (2021, PG, 107min) ★★
6.15 **Six Minutes to Midnight** Thriller. (2020, 12) ★★★

6.15 Six Minutes to Midnight

8.00 **The Hangover Part III** Dark comedy sequel starring Bradley Cooper, Ed Helms and Zach Galifianakis. The friends go in search of a Chinese criminal after they are captured by his mobster rival. With Ken Jeong. (2013, 15, 100min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **The Purge** Horror thriller. starring Ethan Hawke and Lena Headey. (2013, 15, 83min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.40 **Eternal Sunshine of the Spotless Mind** Offbeat romantic comedy starring Jim Carrey and Kate Winslet. An estranged couple decide to have their memories of each other erased by a firm of mind specialists. With Kirsten Dunst. (2004, 15, 108min) ★★★★★
1.40 AM **Six Minutes to Midnight**
3.30 **The Purge** As 10.00pm.
5.05 **to 6.05** AM **Sky Cinema Preview**

Sky Cinema Kids Books

306 306 850 406 506 520

6.15 AM **Call of the Wild** Adventure. (2009, PG) ★★★
7.45 **Clifford the Big Red Dog** Adventure. (2021, PG) ★★★
9.25 **The Secret Garden** Drama. (2020, PG, 99min) ★★★★
11.10 **Matilda** (1996, PG) ★★★★
12.55 PM **Red Shoes and the Seven Dwarfs** As shown at 5.45am.
2.30 **Maya the Bee** (2014, U) ★★
4.00 **The Ant Bully** (2006) ★★★★
5.35 **Charlie and the Chocolate Factory** (2005, PG) ★★★★

5.35 Charlie and the Chocolate...

7.35 **Four Kids and It** Family fantasy based on Jacqueline Wilson's novel, starring Matthew Goode, Paula Patton, Michael Caine and Russell Brand. (2020, PG, 110min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.35 **Dr Seuss' The Lorax** Animated comedy adventure based on the book by Dr Seuss, featuring the voices of Danny DeVito, Ed Helms, Zac Efron and Taylor Swift. (2012, U, 86min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.05 **Nancy Drew and the Hidden Staircase** Family crime drama starring Sophia Lillis. (2019, PG, 89min) ★★★
12.40 AM **Four Kids and It** (2020)
2.40 **Dr Seuss' The Lorax** (2012)
4.10 **Nancy Drew and the Hidden Staircase** As 11.05pm.
5.45 **to 7.30** AM **Red Shoes and the Seven Dwarfs** Animated adventure featuring the voice of Chloë Grace Moretz. (2019, PG, 92min) ★★★

Sky Cinema Action

307 307 851 407 507 521

7.55 AM **One Shot** Action thriller. (2021, 15, 96min) ★★
9.35 **Last Seen Alive** Thriller. (2022, 15, 95min) ★★★
11.15 **Dead Reckoning** As 12.15am.
12.55 PM **Jackie Chan's The Tuxedo** As shown at 1.50am.
2.35 **Transformers** Sci-fi adventure. (2007, 12, 144min) ★★★★
5.00 **The Lord of the Rings: The Fellowship of the Ring** Epic fantasy adventure. (2001, PG, 178min) ★★★★★

5.00 The Lord of the Rings

8.00 **Inception** Christopher Nolan's sci-fi thriller starring Leonardo DiCaprio. A corporate spy assembles a team to infiltrate the dreams of a billionaire, but his own guilty dreams of his dead wife threaten to sabotage the mission. With Ken Watanabe and Joseph Gordon-Levitt. (2010, 12, 148min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.30 **Rambo** Action drama sequel starring Sylvester Stallone. John Rambo takes on the Burmese army to rescue a captive group of missionaries. (2008, 18, 92min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.15 AM **Dead Reckoning** Action thriller. (2020, 15, 91min) ★★
1.50 **Jackie Chan's The Tuxedo** Action comedy starring Jackie Chan. (2002, 12, 98min) ★★
3.40 **Rambo** As 10.30pm.
5.25 **to 8.00** AM **Transformers**

Sky Cinema Comedy

308 308 408 508 522

6.10 AM **Long Story Short** Comedy. (2021, 15, 90min) ★★★
7.50 **When Jeff Tried to Save the World** (2018, 12) ★★★★
9.45 **Norbit** Comedy. (2007, 12) ★★
11.35 **Summer Rental** (1985) ★★
1.10 PM **Vampire in Brooklyn** Horror comedy. (1995, 15) ★★
2.55 **Bewitched** As 11.50pm.
4.40 **I Love You Phillip Morris** Comedy. (2009, 15) ★★★
6.20 **Just Friends** Comedy. (2005, 12, 94min) ★★

10.00 Sleepless in Seattle

8.00 **The First Wives Club** Comedy starring Goldie Hawn, Bette Midler and Diane Keaton as three abandoned New York wives who begin plotting their revenge on their errant ex-husbands. With Maggie Smith. (1996, PG, 102min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Sleepless in Seattle** Romantic comedy starring Tom Hanks and Meg Ryan as two people who fall in love without ever meeting. (1993, PG, 105min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.50 **Bewitched** Romantic comedy fantasy with Nicole Kidman. (2005, PG, 102min) ★★★
1.45 AM **Pineapple Express** Comedy starring Seth Rogen. (2008, 18, 111min) ★★★★
3.45 **Road Trip** Teen comedy. (2000, 15, 94min) ★★★
5.35 **to 6.35** AM **Sky Cinema Preview**

primetime

Sky Cinema Oscars

304 304 849 404 504 518

6.50 AM **The Quiet Man** As 4.55am.
9.05 **Dallas Buyers Club** Fact-based drama. (2013, 15) ★★★★
11.05 **The Danish Girl** Period drama. (2015, 15, 117min) ★★★
1.10 PM **Life Is Beautiful** Italian tragi-comedy. Subtitled. (1998, PG, 109min) ★★★★
3.10 **Terminator 2: Judgment Day** Sci-fi action thriller sequel. (1991, 15, 146min) ★★★★★

5.50 **Selma** Fact-based drama starring David Oyelowo. (2014, 12, 128min) ★★★★★
8.00 **A Beautiful Mind** Biopic starring Russell Crowe as John Nash, a mathematician who suffered from paranoid schizophrenia but went on to win the Nobel Prize. (2001, 12, 136min) ★★★★
10.20 **The Bourne Ultimatum** Spy thriller sequel starring Matt Damon and Julia Stiles. (2007, 12, 115min) ★★★★

12.20 AM **Pulp Fiction** Quentin Tarantino's comedy thriller. (1994, 18, 154min) ★★★★★
3.05 **Little Voice** Comedy drama. (1998, 15, 98min) ★★★★
4.55 **to 7.15** AM **The Quiet Man** John Ford's romantic drama. (1952, U, 129min) ★★★

Sky Cinema Animation

305 305 412 500 514

6.00 AM **Magic Arch** As 11.25pm.
7.25 **Samsam** As 2.50am.
8.45 **Asterix: Mansions of the Gods**
10.15 **The Adventures of Tom Thumb and Thumbelina**
11.35 **A Dragon's Adventure** Animation. (2019, U, 80min) ★★
1.00 PM **Spy Cat** Animated comedy. (2018, U, 92min) ★★
2.35 **The Rugrats Movie** Animated comedy. (1998, U, 80min) ★★★

4.00 **Shaun the Sheep Movie** Animation. (2015, U) ★★★★
5.30 **A Shaun the Sheep Movie: Farmageddon** Animation. (2019, U, 86min) ★★★★
7.00 **The Adventures of Tom Thumb and Thumbelina** Animated family adventure. (2002, U, 72min) ★★
8.20 **Asterix: The Mansions of the Gods** Animated adventure. (2014, PG, 85min) ★★
9.50 **Wheely** Animated comedy. (2018, PG, 90min) ★

11.25 **Magic Arch** Animated fantasy. (2020, PG, 82min) ★
1.05 AM **Justin and the Knights of Valour** Animated adventure. (2013, PG, 96min) ★★
2.50 **Samsam** (2019, U) ★★★
4.25 **to 6.00** AM **Vic the Viking** Animation. (2019, U, 77min) ★★

TCM Movies

315 415

6.00 AM **Hollywood's Best Directors**
8.20 **One of Our Spies is Missing!** Adventure. (1966, U, 91min) ★★
10.15 **Gold Fever** Western adventure. (1952, b/w, U, 63min) ★★
11.35 **To Trap a Spy** Thriller. (1965, PG, 92min) ★★★
1.30 PM **The Man Behind the Gun** Western. (1952, U, 82min) ★★
3.15 **King of the Wild Stallions** Western. (1959, U, 76min) ★★

4.50 **The Spy Who Came in from the Cold** Spy thriller. (1965, b/w, PG, 107min) ★★★★
7.10 **Rocky Mountain** Western with Errol Flynn and Patrice Wymore. (1950, b/w, PG, 83min) ★★
9.00 **Unlocked** Thriller starring Noomi Rapace and Orlando Bloom. A CIA agent turns to an ex-soldier to prevent a lethal biological attack on London. (2017, 15, 98min) ★★★
11.10 **Jericho** Western starring Mark Valley. (2000, PG, 101min) ★★

1.35 AM **Teleshopping**
3.35 **Off Set** Actor Michael Caine discusses his illustrious career.
4.00 **Close Up** Double bill.
5.00 **to 6.00** AM **Hollywood's Best Directors**

+1 hour 316 417

Talking Pictures

328 445 82 306

6.00 AM **The Detectives** (S2)
6.30 **For the Love of Helen**
7.00 **The Flaw** Melodrama. (1955, b/w, PG, 90min) ★★
8.15 **A Tale of Five Cities** Drama. (1951, b/w, PG, 86min) ★★
10.00 **The Onedin Line** 9/15. (S1)
11.00 **The Purple Plain** As 2.55am.
1.00 PM **The Rogues** 17/30. (S1)
2.00 **Upstairs, Downstairs** (S3)
3.00 **Saddle Up**

3.05 **Count Three and Pray** Period drama. (1955, PG, 106min) ★★
5.10 **Saddle Up**
5.15 **Dick Powell's Zane Grey Theatre** (S4)
5.50 **Saddle Up**
5.55 **The Westerner** 7/13. (S1)
6.25 **Law of the Plainsman** (S1)
6.55 **The Big Catch** Family drama. (1967, U, 55min) ★★
8.00 **Gideon's Way** 10/26. (S1)
9.00 **Mr Denning Drives North** Suspense drama starring John Mills. (1951, b/w, PG, 93min) ★★

10.50 **The Detective** Thriller starring Frank Sinatra and Lee Remick. (1968, 12, 114min) ★★
1.05 AM **Maigret** 1/4. (S1)
2.55 **The Purple Plain** World War Two drama with Gregory Peck. (1954, PG, 100min) ★★★
4.55 **to 6.00** AM **Stagecoach West**

HorrorXtra

317 192 138

HorrorXtra programmes start at 5.00pm

5.00 PM **Apocalypse of Ice** Disaster thriller. (2020, PG, 88min) ★★
6.50 **This Is HorrorXtra**
7.00 **First Wave** *Ohio Players:* 11/22. Cade investigates alien mind-control. (S2)
8.00 **Knight Rider** *Goliath: Part Two:* 2/24. Kitt has to be rebuilt. (S2)
9.00 **The Stakelander** Horror sequel starring Connor Paolos. With the future of humanity at stake, a young man searches for his mentor, the vampire hunter Mister. (2016, 15, 81min) ★★

10.45 **Cold Skin** Fantasy horror with Ray Stevenson and David Oakes. (2017, 15, 108min) ★★★
12.50 AM **This Is HorrorXtra**
1.00 **First Wave** As 7.00pm.
2.00 **to 3.00** AM **Knight Rider**

+1 hour 318 219 139

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Thriller

309 309 409 509 523

6.00 AM **Silent Night** Drama. (2020, 15, 93min) ★★★★
7.50 **Finding Steve McQueen** Crime caper. (2019, 15) ★★★
9.40 **The Dry** Crime drama. (2020, 15, 117min) ★★★★
11.50 **Promising Young Woman** Thriller. (2020, 15) ★★★★
2.00 PM **Red Lights** Thriller. (2012, 15, 109min) ★★★
4.00 **Old** Horror. (2021, 15) ★★
6.00 **Limitless** Action thriller. (2011, 15, 104min) ★★★★

8.00 10 Cloverfield Lane

8.00 **10 Cloverfield Lane** Thriller starring Mary Elizabeth Winstead. After a woman survives a car crash, she wakes up to find herself in an underground bunker. (2016, 12, 103min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.45 **The Cinema List: The 90s** With Alex Zane.
10.00 **Law Abiding Citizen** Thriller starring Jamie Foxx and Gerard Butler. (2009, 18, 109min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.50 **Dragged Across Concrete** Crime drama starring Mel Gibson and Vince Vaughn. Two overzealous cops get suspended from the force when a video of their strong-arm tactics is leaked. (2018, 18, 158min) ★★★★
2.40 AM **Brooklyn's Finest** Crime thriller starring Richard Gere. (2009, 18, 127min) ★★★
5.00 **to 6.00** AM **Sky Cinema Preview**

Sky Cinema Drama

310 310 410 510 524

6.00 AM **Blush** Melodrama. (2021, 15, 101min) ★★
7.50 **Albert Nobbs** As 2.00am.
9.50 **Aisha** As shown at 12.20am.
11.35 **A Monster Calls** As 4.00am.
1.30 PM **Sunset Boulevard** Classic Hollywood melodrama. (1950, b/w, PG, 110min) ★★★★★
3.30 **The Great Gatsby** Romance based on F Scott Fitzgerald's novel. (1974, 12, 146min) ★★★
5.55 **Revolutionary Road** Drama. (2008, 15, 119min) ★★★★

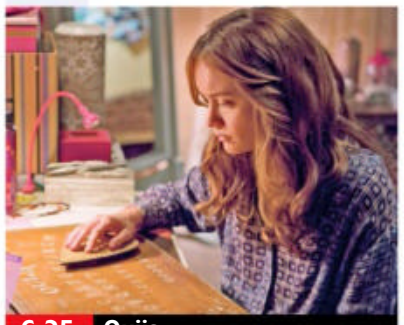
5.55 Revolutionary Road

8.00 **Babel** Epic global drama starring Brad Pitt, Cate Blanchett and Gael García Bernal. A rifle shot on a Moroccan hillside reverberates around the world and affects the lives of strangers on three continents. With Rinko Kikuchi and Adriana Barraza. Partly subtitled. (2006, 15, 143min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
10.25 **Brooklyn** Drama starring Saoirse Ronan. An Irish immigrant starts a new life in 1950s New York, but her past catches up with her and she faces a harsh choice. (2015, 12, 109min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
12.20 AM **Aisha** Drama with Letitia Wright. (2022, 12) ★★★★
2.00 **Albert Nobbs** Period drama. (2011, 15, 109min) ★★★★
4.00 **to 6.00** AM **A Monster Calls** Fantasy with Lewis MacDougall. (2016, 12, 108min) ★★★★

Sky Cinema Sci-Fi/Horror

311 311 858 411 511 525

6.00 AM **Final Days** Horror thriller. (2020, 15, 92min) ★★★
7.40 **A Quiet Place Part II** (2020)
9.30 **Dual** As shown at 1.40am.
11.10 **Umma** As shown at 3.25am.
12.50 PM **Skyline** (2010, 15) ★★★
2.35 **Firestarter** Horror thriller. (2022, 15, 94min) ★★★
4.15 **The Mortal Instruments: City of Bones** Fantasy. (2013, 12, 127min) ★★★
6.25 **Ouija** Horror starring Olivia Cooke. (2014, 15, 87min) ★★


6.25 Ouija

8.00 **Paycheck** Sci-fi thriller starring Ben Affleck and Uma Thurman. A computer genius who has had his short-term memory erased has to piece together his past from an envelope full of random objects. (2003, 12, 119min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
10.00 **A Quiet Place Part II** Horror sequel directed by and starring John Krasinski, with Emily Blunt, Millicent Simmonds and Cillian Murphy. (2020, 15, 97min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.50 **Pet Sematary** Supernatural thriller starring Dale Midkiff. (1989, 18, 103min) ★★
1.40 AM **Dual** Sci-fi thriller starring Karen Gillan and Aaron Paul. (2022, 15, 94min) ★★★★
3.25 **Umma** Horror with Sandra Oh. (2022, 15, 83min) ★★★★
5.00 **to 6.00** AM **Sky Cinema Preview**

Sky Cinema Cult Classics

302 302 856 402 502 516

7.05 AM **The Warriors** As 2.20pm.
8.55 **Days of Thunder** As 6.05pm.
10.50 **Legend** As shown at 8.00pm.
12.40 PM **Evil Dead 2** Horror sequel. (1987, 18, 85min) ★★★
2.20 **The Warriors** Urban thriller. (1979, 15, 94min) ★★★
4.05 **The Saint** Movie version of the TV series, starring Val Kilmer. (1997, 12, 116min) ★★★
6.05 **Days of Thunder** High-speed drama starring Tom Cruise. (1990, 15, 107min) ★★★

6.05 Days of Thunder

8.00 **Legend** Fantasy starring Tom Cruise and Mia Sara. A woodland lad tries to save a kidnapped princess from the Lord of Darkness. With Tim Curry. (1985, PG, 94min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
9.35 **Risky Business** Comedy drama starring Tom Cruise. An enterprising teenager turns his house into a high-class brothel while his parents are away. With Rebecca De Mornay (1983, 18, 98min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.20 **Event Horizon** Sci-fi horror thriller starring Laurence Fishburne and Sam Neill. The crew of a recovery vessel encounter an evil presence on board a deserted spacecraft. (1997, 18, 96min) ★★★
1.00 AM **The Punisher** Thriller with Tom Jane and John Travolta. (2004, 18, 123min) ★
3.05 **The Saint** As 4.05pm.
5.15 **to 6.00** AM **Sky Cinema Preview**

Film4

313 313 855 428 14 300

■ **Films start at 11.00am**
11.00 AM **The Guns of Fort Petticoat** Western. (1958, PG, 82min) ★★
12.40 PM **Man of the West** Western. (1958, 12, 96min) ★★
2.40 **Appointment with Danger** Thriller. (1949, b/w, PG) ★★
4.30 **Donovan's Reef** Comedy. (1963, U, 104min) ★★★
6.55 **The Iron Lady** Oscar-winning biopic starring Meryl Streep. (2011, 12, 104min) ★★★★

6.55 The Iron Lady

The Iron Lady (film started at 6.55pm) **8 PM**
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **The Godfather** Francis Ford Coppola's classic gangster saga of a Mafia family engaged in bloody war with rival crime families. Stars Marlon Brando, Al Pacino, James Caan, Robert Duvall, Diane Keaton, Talia Shire and John Cazale. (1971, 15, 167min) ★★★★★ **9 PM**
SEX ●●● VIOLENCE ●●● LANG ●●●

12.35 **to 3.55** AM **Topsy-Turvy** Mike Leigh's period drama exploring the circumstances which inspired composer Arthur Sullivan and writer WS Gilbert to create *The Mikado*. Stars Jim Broadbent, Allan Corduner, Timothy Spall and Lesley Manville. (1999, 12, 159min) ★★★ **11 PM**

+1 hour 314 430 47 301

GREAT! movies romance

319 424 52 303

6.00 AM **Sweet Autumn** Romantic drama. (2020, PG, 84min) ★★
8.00 **Listen Out for Love** Romantic comedy. (2022, PG, 88min) ★★
10.00 **Sincerely, Yours, Truly** Drama. (2020, PG, 90min) ★★
12.00 NOON **Love to the Rescue** Romance. (2019, PG) ★★
2.00 PM **The Wedding Ring** Romance starring Lauren Lee Smith. (2020, PG, 85min) ★★
4.00 **Love Takes Flight** Romance. (2019, PG, 87min) ★★
6.00 **Love Locks** Romantic drama starring Rebecca Romijn. (2017, PG, 90min) ★★
8.00 **October Kiss** Romance starring Ashley Williams and Sam Jaeger. (2015, PG, 90min) ★★
10.00 **Starting Up Love** Romantic comedy starring Anna Hutchison and Rocky Myers. (2019, PG, 77min) ★★
11.50 **Harvest Moon** Romantic drama. (2015, PG, 84min) ★★
1.30 AM **Summer in the Vineyard** Drama. (2017, PG, 82min) ★★
3.00 **Love on Ice** Romantic drama. (2017, PG, 84min) ★★
4.30 **to 6.00** AM **Undercover Bridesmaid** (2012, PG) ★★

+1 hour 320 303 63 304

GREAT! movies

321 425 34 302

9.00 AM **Famous and Fatal** Thriller. (2019, 12, 87min) ★★
11.00 **Not My Life** Psychological thriller starring Meredith Monroe. (2006, 15, 90min) ★★
1.00 PM **The Alleged Abduction** Mystery starring Michelle Mylett. (2019, PG, 90min) ★★
2.50 **A Mother's Sacrifice** Thriller starring Kristy Swanson. (2017, PG, 85min) ★★
4.40 **Lawrence of Arabia** David Lean's epic biopic of the life of British soldier and adventurer TE Lawrence. Stars Peter O'Toole, Alec Guinness, Omar Sharif and Anthony Quinn. (1962, PG, 221min) ★★★★★
9.00 **47 Ronin** Fantasy adventure starring Keanu Reeves. A former slave leads a band of samurai as they battle monstrous and magical enemies in a quest for redemption. With Hiroyuki Sanada. (2011, 12, 119min) ★★
11.20 **Vincent N Roxxy** Romance. (2016, 15, 102min) ★★★
1.25 AM **To End All Wars** War drama. (2002, 15, 112min) ★★★★
4.00 **to 6.00** AM **Come Away** Fantasy. (2020, PG) ★★★

+1 hour 322 61

GREAT! movies action

323 426 42 305

6.00 AM **M*A*S*H** (S10)
7.00 **Fallout** Sci-fi action drama. (1998, PG, 91min) ★
8.50 **Meteor Apocalypse** Sci-fi adventure. (2010, 15, 90min) ★
10.30 **Battle Honours**
11.30 **Wild West Chronicles**
12.00 NOON **M*A*S*H** (S10)
1.00 PM **Suicide Mission** Wartime drama starring Leif Larsen. (1956, U, 69min) ★★★
2.30 **The Aryan Couple** War drama. (2004, 12, 119min) ★
4.50 **Rio Diablo** Western adventure. (1993, PG, 91min) ★★
6.45 **Wild West Chronicles**
7.15 **Global Meltdown** Disaster thriller starring MJ Almasi. (2017, PG, 105min) ★
9.00 **Sniper Elite** Adventure starring Matthew Reese. A marksman in a war against aliens has a crisis of conscience when he meets an enemy soldier left for dead. (2014, 15, 91min) ★★
10.55 **Behind the Line: Escape to Dunkirk** Drama. (2020, 12) ★★
12.45 AM **Men of War** Action drama. (1994, 18, 99min) ★★
2.55 **to 4.00** AM **The Blitz on Hamburg**

+1 hour 324

Movies 24

325 419

7.00 AM **The Gourmet Detective: Roux the Day** Crime drama. (2020, PG, 83min) ★★
9.00 **At Home in Mitford** Drama. (2017, PG, 84min) ★★
11.00 **The Baker's Son** Romantic fantasy. (2021, PG, 84min) ★★
1.00 PM **A Royal Runaway Romance** Comedy. (2022, PG, 84min) ★★
3.00 **Love in the Limelight** Romantic comedy. (2022, PG, 84min) ★★
5.00 **Country at Heart** Romantic drama. (2020, PG, 84min) ★★
7.00 **Marry Go Round** Comedy with Amanda Schull. A woman preparing to marry discovers that her divorce from her high-school sweetheart was never finalised. (2022, PG, 84min) ★★
9.00 **Charm of Love** Romantic drama starring Alina Alcantara. An art historian travels to find the 'Lovers Stone', but her search may lead to true love. (2020, PG, 90min) ★★
11.00 **Love's Second Chance** Romance. (2020, PG) ★★
1.00 AM **When Sparks Fly** Drama. (2014, PG, 86min) ★★
3.00 **to 5.00** AM **Romance on the Menu** Drama. (2020, PG) ★★

+1 hour 326 420

FILMS ON OTHER CHANNELS

6pm TLL LATE

10.00 PM **Alien** *ITV4* Director Ridley Scott's sci-fi horror starring Sigourney Weaver. ★★★★★
10.00 **Dead Calm** *5STAR* Thriller starring Nicole Kidman, Sam Neill and Billy Zane. ★★★★★
10.00 **Escape to Victory** *5Action* War drama starring Sylvester Stallone and Michael Caine. ★★
10.40 **Captain America: The Winter Soldier** *BBC1* Thriller starring Chris Evans. The superhuman soldier battles a mysterious cyborg assassin. ★★★★
11.00 **Ape vs Monster** *Sky Sci-Fi* Sci-fi adventure starring Quinn Baker, Rudy Bentz and Buck Burns. ★★
11.15 **Entebbe** *BBC2* Fact-based drama, starring Rosamund Pike and Daniel Brühl. ★★★
12.20 AM **RoboCop** *ITV4* Paul Verhoeven's comic-book thriller starring Peter Weller. ★★★★★
1.35 **I Am Evidence** *Sky Documentaries* Documentary directed by Trish Adlesic and Geeta Gandbhir. ★★★★
2.50 **A Fantastic Woman** *Channel 4* Chilean drama starring Daniela Vega, Francisco Reyes and Luis Gnecco. Subtitled. ★★★★

WEDNESDAY Sport 1 March

Sky Sports Main Event

401 401 859 | 511 501 | 420 440

6.00 AM **Sky Sports News**
7.00 **Good Morning Sports Fans** News and views on today's early stories, a look at the back pages, and a tip on today's racing.
7.30 LIVE **Test Cricket South Africa v West Indies.** Coverage of the second day's play of the first Test in the two-match series, which takes place at SuperSport Park Cricket Stadium in Centurion.
4.00 PM LIVE **Pakistan Super League Peshawar Zalmi v Karachi Kings.** Coverage of the T20 match, which takes place at Rawalpindi Cricket Stadium.
6.00 **Sky Sports News** A round-up of the sports news, with live analysis and comment, plus extended interviews with the headline-makers.
10.30 **Back Pages Tonight** A look at the sports headlines in tomorrow's newspapers.
11.00 **Sky Sports News** Round-up of the latest sports stories.
5.30 **to 6.00** AM LIVE **LPGA Tour Golf** Coverage of the first day of the HSBC Women's World Championship, taking place at Sentosa Golf Club in Singapore.

Sky Sports Premier League

402 402 860 | 512 502 | 421 441

6.00 AM **PL Greatest Games**
7.00 **Premier League Legends**
8.00 **Premier League Best Goals**
9.00 **Premier League 100 Club**
10.00 **The Football Show**
12.00 NOON **Gary Neville's Soccerbox** Double bill.
1.00 PM **Premier League Years** The 1998/99 season.
3.00 **PL Greatest Games**
4.00 **Premier League Best Goals** The 2001/02 season.
5.00 **Premier League 100 Club**
6.00 **Premier League Legends**
7.00 **Premier League Stories** Behind the scenes of the top flight.
7.30 **Premier League 100: David James** Career highlights.
8.00 **Gary Neville's Soccerbox**
9.00 **Premier League Stories**
9.30 **Premier League 100: Dion Dublin** Memorable goals.
10.00 **Premier League Icons**
10.30 **Premier League Highlights**
11.30 **Premier League Stories**
12.00 M'T **Premier League Icons**
1.00 **Premier League Years**
3.00 **PL Greatest Games**
4.00 **Premier League Best Goals**
5.30 **to 6.00** AM **Premier League 100 Club**

Sky Sports Football

403 403 861 | 513 503 | 422 442

6.00 AM **EFL** The 2018/19 play-offs.
9.00 **EFL Greatest Games**
10.00 **EFL Cup Retro** Swansea City v Bradford City in the 2013 final.
12.00 NOON **EFL Highlights**
1.00 PM **Scottish Premiership Round-Up** Recent action.
1.15 **EFL Highlights**
2.00 **Bundesliga Highlights Show**
3.00 **EFL Cup Highlights**
4.00 **EFL Highlights**
4.15 **Scottish Premiership Round-Up** Recent action.
4.30 **Soccer AM: The Best Bits**
5.00 **EFL Greatest Games**
6.00 **EFL Highlights**
6.30 **EFL Goals: Leagues 1 & 2**
7.00 **EFL Highlights**
8.00 **EFL Cup Highlights** Action from Manchester United v Newcastle United in this year's final.
9.00 **Bundesliga Highlights Show**
10.00 **EFL Highlights**
10.30 **EFL Goals: Leagues 1 & 2**
11.00 **EFL Greatest Games**
12.00 M'T **EFL** Archive highlights.
4.00 AM **EFL Cup Highlights**
5.00 **Best Goals of the Carabao Cup 2020/21**
5.30 **to 6.00** AM **Best Goals of the Carabao Cup 2021/22**

Sky Sports Cricket

404 404 862 | 514 504 | 423 443

6.00 AM **Best of the Women's World T20** England v New Zealand in the 2009 final.
6.30 **Test Cricket**
7.30 LIVE **Test Cricket South Africa v West Indies.** Coverage of the second day of the first Test in the two-match series from SuperSport Park Cricket Stadium in Centurion.
4.00 PM LIVE **Pakistan Super League Peshawar Zalmi v Karachi Kings.** Coverage of the T20 match, which takes place at Rawalpindi Cricket Stadium.
6.00 **Test Cricket** Highlights of South Africa v West Indies.
7.00 **Talking Cricket**
8.00 **Pakistan Super League Highlights** Action from Peshawar Zalmi v Karachi Kings.
9.00 **Test Cricket**
10.00 **Pakistan Super League Highlights** As shown at 8pm.
11.00 **Test Cricket**
12.00 M'T **Pakistan Super League**
4.10 AM **Best of the Women's World T20** The 2009 final.
4.40 Action from the 2012 final.
5.00 **to 6.00** AM **Pakistan Super League Highlights**

Sky Sports Golf

405 405 863 | 515 505 | 424 444

6.00 AM **PGA Tour Golf**
7.30 **DP World Tour Golf**
8.00 **PGA Tour Golf**
9.00 **DP World Tour Golf**
10.00 **PGA Tour Golf**
11.00 **How the 2004 Ryder Cup Was Won** A look back at the event.
1.00 PM **The Players Championship Official Film** At TPC Sawgrass.
5.00 **Roots: Nicolas Colsaerts**
5.30 **Arnold Palmer Invitational**
6.00 **Masterpiece Theatre**
6.15 **Mr Palmer's Legacy**
7.00 **PGA Tour: The Cut**
7.30 **Challenge Tour Golf**
8.00 **Arnold Palmer Invitational**
8.30 **PGA Tour Golf**
9.30 **PGA Tour: The Cut**
10.00 **Challenge Tour Golf**
10.30 **Arnold Palmer Invitational**
11.00 **Roots** Profiles of leading players.
12.30 AM **PGA Tour: The Cut**
1.00 **Challenge Tour Golf**
1.30 **Mr Palmer's Legacy**
2.15 **Masterpiece Theatre**
2.30 **PGA Tour: The Cut**
3.00 **PGA Tour Golf**
5.00 **PGA Tour: The Cut**
5.30 **to 6.00** AM LIVE **LPGA Tour Golf** The first day of the HSBC Women's World Championship.

BT Sport 1

413 413 870 | 527 | 408 430

6.00 AM LIVE **Test Cricket India v Australia.** Coverage of the opening day of the third Test.
12.00 NOON **ESPN FC** Football news.
12.30 PM **Premier League Stories**
1.00 **Premier League Legends**
1.30 **Vanarama National League**
3.00 **Vanarama National League Highlights** Recent action.
3.30 **BT Sport Reload**
4.00 **Hockey** Double bill.
6.00 LIVE **MLB New York Yankees v Washington Nationals.** Coverage of the spring training match from George M. Steinbrenner Field in Tampa, Florida. Start-time **6.05pm**.
9.30 **The Football's On**
10.30 **Fight Week**
11.00 **Dan Hardy Breakdown Show**
11.30 **Premier League Reload**
11.45 **WWE NXT UK Classics**
12.45 AM **UFC Countdown**
1.45 **BT Sport Goals Reload**
2.15 **BT Sport Reload**
2.45 **Test Cricket Highlights**
3.45 **to 6.00** AM LIVE **Test Cricket India v Australia.** Coverage of the second day of the third Test from Himachal Pradesh Cricket Association Stadium, Dharamsala.

BT Sport 2

414 414 871 | 528 | 409 431

6.00 AM LIVE **Hockey Australia v USA.** Women's FIH Pro League match from Tasmanian Hockey Centre. Push-back is at **6.10am**.
8.00 LIVE **Hockey Australia v Spain.** Coverage of the Men's FIH Pro League encounter in Hobart. Push-back is at **8.10am**.
10.00 **BT Sport Goals Reload**
10.30 **Badminton Unlimited**
11.00 **Classic Ligue 1**
11.30 **Primeira Liga** Vizela v Benfica.
12.30 PM **Ligue 1** Recent highlights.
3.30 **BT Sport Goals Reload**
3.45 **Premier League Reload**
4.00 **ESPN FC** Football news.
4.30 **Gallagher Premiership Rugby Highlights** The latest action.
6.00 **Test Cricket Highlights**
9.00 **WWE NXT** Wrestling action.
10.45 **WWE Raw Highlights**
11.45 **BT Sport Goals Reload**
12.00 M'T LIVE **College Basketball Alabama Crimson Tide v Auburn Tigers** Tip-off **12.00m't**.
2.00 AM LIVE **College Basketball TCU Horned Frogs v Texas Longhorns** Tip-off **2.00am**.
4.00 **Premier League Legends**
5.00 **to 6.00** AM **Classic Ligue 1**

BT Sport 3

417 417 874 | 529 | 410 432

6.00 AM **ESPN FC** Football news.
6.30 **Premier League Reload**
6.45 **BT Sport Goals Reload**
7.00 **WWE Monday Night Raw**
9.30 **Serie A** As 7pm and 8pm.
11.30 **UEFA Champions League Magazine** News and action.
12.00 NOON **UEFA Europa League Highlights Show** Action from the knockout round play-off second-leg encounters.
1.00 PM **Gallagher Premiership Rugby Highlights** Recent action.
2.30 **A-League Highlights**
3.00 **Serie A** As 7pm and 8pm.
5.00 **WWE SmackDown Highlights** The latest wrestling action.
6.00 **WWE Raw Highlights**
7.00 **Serie A** Cremonese v AS Roma. **8.00** Juventus v Torino.
9.00 **UFC Countdown** A look ahead to the upcoming UFC action.
10.00 **Test Cricket Highlights** Action from the first day of the third Test between India and Australia from Himachal Pradesh Cricket Association Stadium, Dharamsala.
11.00 **Ligue 1 Highlights**
12.00 M'T **World Poker Tour Series**
2.00 **to 6.00** AM **Isuzu UTE A-League**

Sky Sports Action

407 407 865 | 517 507 | 426 446

6.00 AM **Netball Superleague** Another chance to see Loughborough Lightning v Saracens Mavericks.
8.00 **International Rugby Union**
11.00 **My Icon** Triple bill.
11.45 **Super Bowl LVII Highlights** Action from Philadelphia Eagles v Kansas City Chiefs.
12.00 NOON **Good Morning Football**
3.00 PM **Fight Night International** A replay of Artur Beterbiev v Marcus Browne from 2021. **4.00** Terence Crawford v Shawn Porter from November 2021. **5.00** Another chance to see Vasiliy Lomachenko v Richard Commey from December 2021.
6.00 **NBC's Pro-Football Talk**
8.00 **Premier League Darts** Action from the fourth night of the tournament at 3Arena in Dublin.
11.30 **Betfred Super League Highlights** Recent action.
12.00 M'T **Total Access** A round-up of the latest NFL news.
1.00 AM **Fight Night** A chance to see Natasha Jonas v Marie Eve Dicaire from November 2022.
2.00 **to 6.00** AM **Fight Night International**

Sky Sports Mix

416 416 873 | 520 510 | 429 449

6.00 AM **PL Greatest Games**
7.00 **Premier League Legends**
7.30 **NBA Basketball** Philadelphia 76ers v Boston Celtics.
9.30 **Fight Night International**
11.30 **Formula 1** Action from the 2022 Abu Dhabi Grand Prix.
12.30 PM **Formula 1** Highlights of the 2022 Australian Grand Prix.
1.30 **My Icon** Double bill.
1.50 LIVE **Pakistan Super League Peshawar Zalmi v Karachi Kings.** The T20 match from Rawalpindi Cricket Stadium.
6.00 **Women's ICC World T20 Cricket** This year's final.
7.00 **Premier League Legends**
7.30 **Betfred Super League Highlights** Recent action.
8.00 **NBA Basketball** Action from Milwaukee Bucks v Phoenix Suns.
10.00 **Premier League Stories**
10.30 **Test Cricket**
11.30 **Betfred Super League Highlights** Recent action.
1.00 AM **Test Cricket**
2.00 **Women's ICC World T20 Cricket** This year's final.
3.00 **NBA Basketball**
5.00 **to 6.00** AM **Pakistan Super League Highlights**

BT Sport 4

423 423 876 | 530 | 411 434

6.00 AM **ESPN SportsCenter**
6.15 **Around the Horn**
6.45 **Pardon the Interruption**
7.15 **ESPN SportsCenter**
7.30 **ESPN FC** Football news.
8.00 **MLB** Another chance to see St Louis Cardinals v New York Mets. **11.00** Another chance to see New York Mets v Houston Astros.
2.00 PM **ESPN FC** Football news.
2.30 **Around the Horn**
3.00 **Pardon the Interruption**
3.30 **College Basketball** Action from recent NCAA encounters.
7.00 **NCAA Championship** The men's fencing championship.
10.00 **ESPN SportsCenter** Phil Murphy looks at the day's news.
10.15 **Around the Horn**
10.45 **Pardon the Interruption**
11.15 **ESPN SportsCenter**
11.30 **BT Sport Reload**
12.00 M'T **NCAA Championship**
4.30 **to 6.00** AM **Premier Lacrosse League**

Eurosport 1

410 410 868 | 521 | 412 435

6.00 AM **Formula E**
8.00 **Freestyle Skiing**
8.55 **Cross-Country Skiing**
9.50 LIVE **Nordic Combined Skiing** From Planica in Slovenia.
11.00 **Skiing: Best of 2022**
11.20 LIVE **Cross-Country Skiing** From Planica in Slovenia.
1.30 PM **Sailing: The Ocean Race**
2.00 LIVE **Nordic Combined Skiing** From Planica in Slovenia.
3.10 **Best of Super G 2022**
3.20 **Cross-Country Skiing**
4.20 LIVE **Ski Jumping** In Slovenia.
6.30 **Show Jumping**
7.30 **Olympic Games**
8.45 **Ski Jumping** From Planica.
9.45 **Best of Giant Slalom 2022**
10.00 **Formula E** The Cape Town ePrix.
11.00 **Cycling** Action from Belgium.
1.00 AM **Cross-Country Skiing**
2.00 **Cycling: Tour of Rwanda**
3.00 **Les Reines du Tour 2**
4.00 **Cross-Country Skiing**
5.00 **to 6.00** AM **Ski Jumping**

Eurosport 2

411 411 869 | 522 | 413 436

6.00 AM **Freestyle Skiing**
7.00 **Cross-Country Skiing**
8.00 **Formula E** Double bill.
10.00 **Cycling: Women's GP Le Samyn** Action from Belgium.
11.00 **Cycling: GP Le Samyn**
12.00 NOON **Olympic Games: Fighting Power**
1.00 PM **Cycling: Tour of Rwanda**
2.00 **Electric Touring Car Racing World Cup** The 2022 season.
3.00 **World Touring Car Cup**
4.00 **Cycling: Tour of Rwanda**
5.00 **Sailing: The Ocean Race**
5.30 **Snooker: Northern Ireland Open** The final in Belfast.
7.30 **Discovery Golf**
8.00 **Cycling: Omloop Het Nieuwsblad** Action from Belgium.
10.00 **Cross-Country Skiing**
11.00 **Ski Jumping** From Planica.
12.00 M'T **World Superbikes**
2.00 AM **Snooker: European Masters** Action from the final.
4.00 **to 6.00** AM **Formula E**

Sky Sports Arena

408 408 866 | 518 508 | 427 447

6.00 AM **Super League's Supermen**
6.30 **Betfred Super League Highlights** Recent action.
7.30 **Premier League Darts**
11.00 **NBA Basketball** Philadelphia 76ers v Boston Celtics.
1.00 PM **Fight Night**
3.00 **Netball Superleague** Another chance to see Loughborough Lightning v Saracens Mavericks.
5.00 **NBA on Fire** The latest news.
5.30 **NBA Basketball** A replay of Detroit Pistons v Toronto Raptors.
7.30 **Betfred Super League Highlights** Recent action.
8.00 **Kevin Sinfield's 7 in 7 Challenge** Ultra-marathons.
10.00 **Fight Night** Mikaela Mayer v Alycia Baumgardner from 2022. **11.00** Claressa Shields v Savannah Marshall from 2022.
12.00 M'T **NBA Basketball**
2.00 AM **Premier League Darts**
5.30 **to 6.00** AM **Betfred Super League Highlights**

Sky Sports F1

406 406 864 | 516 506 | 425 445

6.00 AM **Best of 2022**
12.00 NOON **Formula 1** Back-to-back highlights, including at: **3.00** PM Action from the 2019 Bahrain Grand Prix. **4.00** Highlights from the 2020 Bahrain Grand Prix. **5.00** Action from the 2021 Bahrain Grand Prix in Sakhir. **6.00** As shown at 9.30pm.
7.00 **The F1 Show: 2023 Season Launch** Preview of the season.
8.00 **Testing Wrap**
8.30 **The Notebook**
9.00 **Ted's Development Corner**
9.30 **Formula 1** Highlights of the 2022 Bahrain Grand Prix, the opening round of the season, which took place at Bahrain International Circuit in Sakhir.
10.30 **The F1 Show: 2023 Season Launch** Preview of the season.
11.30 **Ted's Development Corner**
12.00 M'T **Johnny, Seb & The Green Pea** A 100-year-old Aston Martin.
12.15 **to 6.00** AM **Best of 2022**

SKY HD SD | VIRGIN HD | BT HD

Thursday

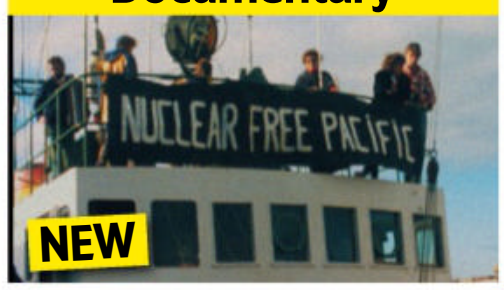
2 March

Evening Planner

Golf

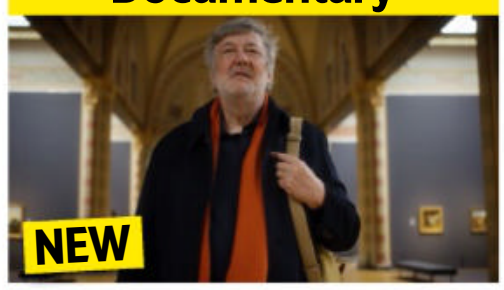
Arnold Palmer Invitational
Sky Sports Golf, 12noon
Rory McIlroy will be looking to reclaim the world number one ranking against a very strong field teeing off at Bay Hill in Florida.

Documentary



Murder in the Pacific
BBC2, 9pm
Examining the sinking of the Greenpeace flagship *Rainbow Warrior* in Auckland in 1985 by the French secret service.

Documentary

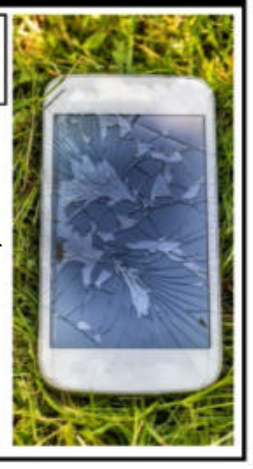


Stephen Fry: Willem & Freida – Defying the Nazis
C4, 9pm
How a couple managed to save thousands of Jews from the Nazi death camps.

OnDemand

itvX

Social Media Murders
Available today
Investigating murder cases in which young people crossed paths with their killers via social media.



SKY EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES								
101 BBC1	7.00 The One Show	7.30 EastEnders	8.00 Dragons' Den		9.00 The Apprentice		10.00 News; Local News	
102 BBC2	7.00 Richard Osman's House of Games		8.00 Great British Menu		9.00 Murder in the Pacific		10.00 Apprentice...	10.30 Newsnight
103 ITV1	7.00 Emmerdale		8.00 Coronation Street		9.00 Next Level Chef		10.00 News; Local News	
104 CHANNEL 4	7.00 News		8.00 The Dog House		9.00 Stephen Fry: Willem & Frieda – Defying the Nazis			10.30 Gogglebox
105 CHANNEL 5	7.00 Build Your Dream Home in the Country		8.00 Isle of Wight: Jewel of the South		9.00 Into the Grand Canyon with Nick...		10.00 Anorexic	
106 SKY SHOWCASE	7.00 The Simpsons		8.00 An Idiot Abroad 2		9.00 Funny Woman		10.00 A League of Their Own Road Trip...	
ENTERTAINMENT								
117 BBC3		7.10 Yianni: Supercar Customiser	8.00 Top Gear		9.00 Life and Death Row		10.00 Tonight with Target	
116 BBC4	7.00 Great British...	7.30 Villages by the...	8.00 Film: Chariots of Fire				10.00 Film: Rain Man	
118 ITV2	7.00 The Masked Singer US		8.00 Superstore		9.00 Love Island		10.05 The Emily Atack Show	
136 MORE4	◂ 6.55 Escape to the Chateau		7.55 Grand Designs		9.00 24 Hours in A&E		10.00 999: What's Your Emergency?	
135 E4	7.00 Hollyoaks	7.30 Come Dine...	8.00 Below Deck: Mediterranean		9.00 Gogglebox		10.00 Naked Attraction	
107 SKY WITNESS	7.00 Nothing to Declare		8.00 Blue Bloods		9.00 The Rookie		10.00 Private Eyes	
108 SKY ATLANTIC	◂ 6.50 Ray Donovan		7.55 Game of Thrones		9.00 Watchmen			10.15 The Last of Us
110 GOLD	◂ 6.40 Dad's Army		8.00 Blackadder Goes Forth			9.20 French and Saunders		
111 DAVE	7.00 Would I Lie to You?	7.40 Room 101		8.20 Richard Osman's...	9.00 QI XL		10.00 Late Night Mash	
119 ITV3	◂ 6.55 Heartbeat		8.00 Vera				10.00 Grantchester	
120 ITV4	◂ 6.55 River Monsters		7.55 Made in Britain		9.00 Film: Diamonds Are Forever			
112 COMEDY CENTRAL	7.00 Friends				9.00 South Park			
139 SKY SCI-FI	7.00 Star Trek: Deep Space Nine		8.00 Star Trek: Voyager		9.00 The Twilight Zone			
113 SKY MAX	7.00 Stargate SG-1		8.00 An Idiot Abroad 2		9.00 Funny Woman		10.00 A League of Their Own Road Trip...	
132 ALIBI	7.00 Person of Interest		8.00 Death in Paradise		9.00 Murdoch Mysteries		10.00 My Life Is Murder	
130 SKY ARTS	7.00 Landscape Artist of the Year		8.00 Landscape Artist of the Year:		9.00 Discovering: Marlon Brando		10.00 The Directors	
DOCUMENTARY								
125 DISCOVERY	7.00 Kindig Customs		8.00 Dive Wars Australia		9.00 Legendary Locations		10.00 Naked and Afraid XL	
162 ANIMAL PLANET	7.00 Pit Bulls & Parolees		8.00 Meet the Orangutans		9.00 Meet the Penguins		10.00 Alaska: Surviving the Last Frontier	
129 NAT GEO	7.00 Air Crash Investigation		8.00 Car S.O.S.		9.00 Wicked Tuna: Outer Banks Showdown		10.00 Alaska: The Next Generation	
123 SKY HISTORY	7.00 Forged in Fire		8.00 Pawn Stars: A Very Vegas Christmas		9.00 Colosseum		10.00 Forged in Fire	
155 YESTERDAY	7.00 Secrets of the London Underground		8.00 Bangers and Cash		9.00 Hornby: A Model World		10.00 Bangers & Cash: Restoring Classics	
121 SKY DOCS	7.00 Spector		8.00 The Vow		9.00 Liverpool Narcos		10.00 Film: Kings of Coke	
FILMS - Sky Cinema								
301 PREMIERE	◂ 5.50 Bullet Train		8.00 The Independent				10.00 Paradise City	
303 HITS	◂ 6.10 Vendetta		8.00 Ted				10.00 The Purge: Anarchy	
304 OSCARS	◂ 6.00 The Bourne Ultimatum		8.00 The Batman					
305 ANIMATION		7.15 Cranston Academy: Monster Zone			8.45 Son of Bigfoot			10.20 Dogtanian and the...
306 KIDS BOOKS		7.25 Oliver!					9.55 Clifford the Big Red Dog	
307 ACTION	◂ 5.00 The Lord of the Rings: The Two...		8.00 San Andreas				9.55 The 355	
308 COMEDY	◂ 5.50 Trainwreck		8.00 Sleepless in Seattle				10.00 Central Intelligence	
309 THRILLER	◂ 6.05 Welcome to the Punch		8.00 Panic Room				10.00 Dragged Across Concrete	
310 DRAMA	◂ 6.25 Miss Potter		8.00 In the Heights					10.25 The Back-Up Plan
311 SCI-FI	◂ 6.10 Escape Room: Tournament of...		8.00 Midnight Special				10.00 Pet Sematary	
302 ELVIS	◂ 6.00 GI Blues		8.00 Blue Hawaii				9.55 Girls! Girls! Girls!	
313 FILM4	◂ 6.45 Crocodile Dundee II				9.00 The Godfather Part II			
315 TCM MOVIES	◂ 5.45 Wagons West	7.30 The Fighting Lawman			9.00 Wyatt Earp			
SPORT								
401 MAIN EVENT	7.00 Premier League Darts – Live: Coverage from Westpoint Arena, Exeter							10.30 Back Pages...
402 PREMIER LEAGUE	7.00 PL – The Big...	7.30 PL Stories	8.00 Premier League Highlights		9.00 PL – The Big...	9.30 PL Stories	10.00 PL Icons	10.30 PL Retro
403 FOOTBALL	7.00 EFL Highlights	7.30 Women's...	8.00 Bundesliga	8.30 Scottish...	9.00 Bundesliga...	9.30 Inside the WSL	10.00 Bundesliga	10.30 Women's...
404 CRICKET	7.00 Talking Cricket		8.00 Pakistan Super League Highlights		9.00 Test Cricket		10.00 Pakistan Super League Highlights	
413 BT SPORT 1	◂ 6.00 MLB – Live: Boston Red Sox v Philadelphia Phillies					9.30 Serie A – Full...	10.00 PL – The Big...	10.30 ESPN FC...
414 BT SPORT 2	◂ 6.30 WWE Monday Night Raw				9.00 WWE NXT Highlights		10.00 World Poker Tour Series	

◂ Denotes programmes starting before 7.00pm † Regions vary

THURSDAY

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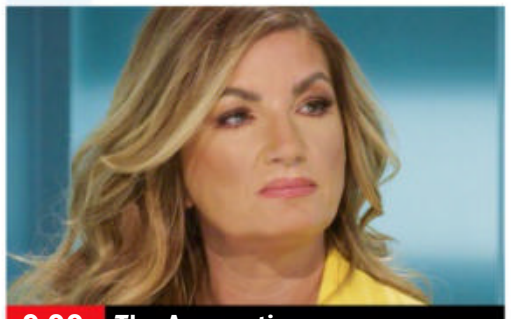
Thursday

BBC1

101 101 | 101 101 | 1 101 | 101 101/106

6.00 AM **Breakfast** (S)
9.15 **Morning Live** New edition (S)
10.00 **Caught Red Handed** New edition An elderly woman awakens to find a burglar near her bed. (S)(AD)
10.30 **Claimed and Shamed** (S)(R)
11.15 **Homes Under the Hammer** (S)(R)
12.15 PM **Bargain Hunt** (S)(R)(AD)
1.00 **BBC News** (S)
1.30 **Local News** (S)
1.45 **Doctors** (S)(AD)
2.15 **The Farmers' Country Showdown** Farmers attend Guildford Farmers' Market. (S)(R)
3.00 **Escape to the Country** (S)(R)(AD)
3.45 **Antiques Road Trip** New edition Treasure-hunting in The Fens. (S)
4.30 **Bridge of Lies** Quiz show. (S)(R)
5.15 **Pointless** Quiz show. (S)(R)
6.00 **BBC News** (S)
6.30 **Local News** (S)



9.00 The Apprentice

7 PM

7.00 **The One Show** Alex Jones and Roman Kemp present the topical show. (S)
7.30 **EastEnders** Lola and Jay return from their honeymoon and seek help for their money issues. (S)(AD)

8 PM

8.00 **Dragons' Den** New edition 9/14. The entrepreneur behind an inclusive nail polish brand seeks investment, as do two brothers promoting their motorcycle clothing brand. Hosted by Evan Davis. (S)(AD)

9 PM

9.00 **The Apprentice** New edition 9/12. Lord Sugar challenges the remaining candidates to design a new men's skincare product, before pitching it to industry buyers. (S)
■ *The Apprentice: You're Fired* follows on BBC2

10 PM

10.00 **BBC News** (S)
10.30 **Local News** (S)
10.40 **Question Time** Fiona Bruce chairs the topical debate, inviting a panel of guests in Sunderland to answer questions from the audience. (S)
11.40 **Newscast** Journalists including Adam Fleming and Chris Mason host a weekly round-up of political events from Westminster. (S)
12.10 AM **Have I Got News for You** Mel Giedroyc hosts, with Richard Osman and Sonia Sodha joining regulars Ian Hislop and Paul Merton to delve into the news headlines of April 2022. (S)(R)
12.40 **Weather for the Week Ahead** Seven-day forecast. (S)
12.45 **to 6.00** AM **BBC News** (S)

BBC2

102 102/115 802 | 102 102 | 2 102 | 102 102/106

6.15 AM **Antiques Road Trip** (S)(R)
7.00 **Sign Zone: Digging for Britain** 3/6. Examining a gatehouse riddled with bullets. (S)(R)(AD)
8.00 **Sign Zone: Serengeti III** 5/6. Nalla the elephant finds a solution to quench everyone's thirst. (S)(R)(AD)
9.00 **BBC News** (S)
12.15 PM **Politics Live** (S)
1.00 **Impossible** Game show. (S)(R)
1.45 **Eggheads** Quiz show. (S)(R)
2.45 **Holding Back the Years** Examining people's entitlement to have an operation on the NHS. (S)(R)(AD)
3.30 LIVE **Athletics: European Indoor Championships** Coverage of opening day's events from Atakoy Arena in Istanbul, Turkey. Heats take place in the men's and women's 800m, women's 3,000m and men's 1500m. (S)

10.00 The Apprentice: You're Fired

7 PM

7.00 **Richard Osman's House of Games** Two editions of the trivia-based game show. With Mae Martin Patsy Kensit, Nihal Arthanayake and Jake Humphrey. (S)(R)

8 PM

8.00 **Great British Menu** New edition 15/24. The two highest-scoring chefs from Scotland go head-to-head and cook their six-course menus again. Andi Oliver hosts, with guest judge Scottish comic-book artist Frank Quitely. (S)

9 PM

9.00 NEW SERIES **Murder in the Pacific** 1/3. Documentary examining the bombing of Greenpeace ship *Rainbow Warrior* while in Auckland harbour, New Zealand, in 1985. *See feature, page 21.* (S)
9.45 **Mandy** 5/6. (S2) (S)(R)(AD)

10 PM

10.00 **The Apprentice: You're Fired** New edition 9/11. Tom Allen interviews the show's freshly rejected candidate. (S)
10.30 **Newsnight** (S)
11.10 **Weather** (S)
11.15 NEW TO BBC2 **Slammed: The Seventies** *Revolution*: 1/3. Focusing on the Wales rugby union team of the 1970s. *Previously on BBC1 Wales*. (S)(AD)
12.15 AM **Saving Lives in Leeds** (S)(R)
1.15 **Sign Zone: The Warship – Tour of Duty** 4/6. The warship launches anti-submarine helicopters (S)(R)
2.15 **Sign Zone: Rip Off Britain – Holidays** Consumer issues. (S)(R)
3.00 **to 5.45** AM **Previews** (S)

ITV1

103 103/176 803 | 103 103/113 | 3 103 | 103 111

6.00 AM **Good Morning Britain** (S)
9.00 **Lorraine** (S)
10.00 **This Morning** (S)
12.30 PM **Loose Women** (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 **Dickinson's Real Deal** David Dickinson and the team visit Bridlington, where an admiral watercolour washes up on Karen Dalmeny's table, and Fay Rutter is hoping for a tipple when a drinks globe rolls in. (S)(R)(AD)
3.00 **Lingo** Word-based quiz show hosted by Adil Ray. (S)(R)
4.00 **Tipping Point** New edition Game show hosted by Ben Shephard. (S)
5.00 **The Chase** New edition Quiz show hosted by Bradley Walsh. (S)
6.00 **Local News** (S)
6.30 **ITV News** (S)

9.00 Next Level Chef

7 PM

7.00 **Emmerdale** Marlon feels distressed, while Amy tries to stay strong for a terrified Kyle, whose solicitor calls with big news. (S)(AD)

8 PM

8.00 **Coronation Street** Stephen receives a taste of his own medicine and takes a trip down memory lane, while Peter makes Paul an offer that he cannot refuse, and Maria sympathises with Daisy. (S)(AD)

9 PM

9.00 **Next Level Chef** Series finale 8/8. The three remaining chefs must cook a three-course meal in 90 minutes, with one of them winning the £100,000 prize, plus the mentorship. (S)(AD)

10 PM

10.00 **ITV News** (S)
10.30 **Local News** (S)
10.45 **On Assignment** New edition Peter Smith reports from Turkey near the epicentre of the earthquake that struck last month. (S)
11.20 **The Jonathan Ross Show** With *Ant-Man* star Evangeline Lilly, actors Danny Dyer and Will Sharpe, comedian Maisie Adam and model Leomie Anderson. Plus, music from the 1975. (S)(R)
12.20 AM **Wrestling: AEW Rampage** The latest wrestling action. (S)(R)
1.15 **Shop: Ideal World**
3.00 **Unforgotten** (S)(SL)(R)(AD)
3.50 **Unwind with ITV** (S)
5.05 **to 6.00** AM **Bling** (S)(SL)(R)

+1 hour 203 | 114 | 35 | 112

CHANNEL 4

104 104/108 804 | 104/108 | 4 104 | 104/106

6.10 AM **Countdown** (S)(R)
6.50 **3rd Rock from the Sun** (S)(R)(AD)
7.40 **The King of Queens** (S)(R)(AD)
9.00 **Frasier** 7-9/24. (S3) (S)(R)(AD)
10.25 **Undercover Boss USA** (S)(R)
11.25 **News** (S)
11.30 **Emergency Helicopter Medics** (R)
12.30 PM **Steph's Packed Lunch** New edition Magazine. (S)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** (S)(R)
4.00 **A New Life in the Sun: Where Are They Now?** New edition (S)
5.00 **Four in a Bed** New edition (S)
5.30 **Come Dine with Me** New edition An Asian-inspired menu is served on night four in north London. (S)
6.00 **The Simpsons** (S)(R)(AD)
6.30 **Hollyoaks** Rayne is forced into making a confession, while Sienna clashes with Grace. (S)(AD)

5.30 Come Dine with Me

7 PM

7.00 **News** (S)

8 PM

8.00 **The Dog House** 3/8. Eighty-five-year-old Pim admires stubborn beagle Dexter, while chihuahuas Bear and Dave attempt to convince seven-year-old husky-fan Ollie that two little dogs are better than one. (S)(R)(AD)

9 PM

9.00 NEW **Stephen Fry: Willem & Frieda – Defying the Nazis** The actor and writer visits Amsterdam to learn how, during the occupation of the Netherlands in World War Two, painter Willem Arondeus and cellist Frieda Belinfante, used their artistic skills to forge identity cards that saved many thousands of Jews from the Nazi death camps. (S)(AD)

10 PM

10.30 **Gogglebox** The armchair critics are back to share their thoughts on the best of the week's TV and streaming output. (S)(R)(AD)
11.35 **Sex Actually with Alice Levine** (R)
12.35 AM **Ramsay's Kitchen Nightmares USA** (S)(SL)(R)
1.25 **Couples Come Dine with Me** (R)
2.20 FILM **Whiskey Tango Foxtrot** Comedy drama starring Tina Fey. (S)(SL) (2016, 15, 110min) ★★★
4.10 **Extraordinary Escapes with Sandi Toksvig** (S)(SL)(R)(AD)
5.05 **Location, Location, Location** (R)
5.55 **to 6.10** AM **Kirstie's House of Craft** (S)(R)

+1 hour 204/208 | 142 | 15 | 121

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

CHANNEL 5

105 105 805 | 154 105 | 5 105 | 105 105

5.30 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
12.45 PM **GPs: Behind Closed Doors** The risks associated with being a frontline NHS worker. (S)(R)
1.40 **News** (S)
1.45 **Home and Away** (S)(R)(AD)
2.15 FILM **I Do or I Die: A Killer Arrangement** Thriller starring Ana Golja and Rachel Wilson. (S) (2020, 12, 105min) ★★★
4.00 **Bargain-Loving Brits in the Sun** Ex-army officer Diane hosts a black-tie function for a charity very dear to her. (S)(R)(AD)
5.00 **News** (S)
6.00 **Big Road Rescue: Emergency Call Out** Marcus and Trigger patch up an HGV's fuel tank during rush hour. (S)(R)(AD)
6.55 **News** (S)

8.00 Isle of Wight

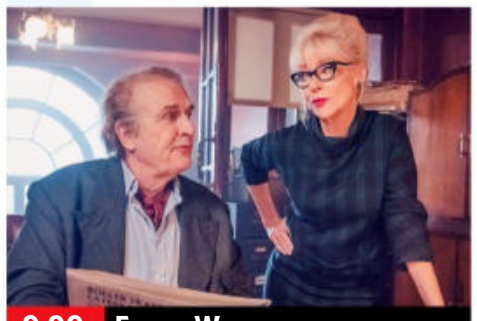
7.00 **Build Your Dream Home in the Country** New edition Mark Millar helps a couple transform a dilapidated country cottage into their dream home. (S)
7.55 **News** (S)
8.00 NEW SERIES **Isle of Wight: Jewel of the South** Documentary celebrating the natural beauty and historical heritage of the Isle of Wight, following residents whose families have lived there for generations. (S)
9.00 NEW SERIES **Into the Grand Canyon with Nick Knowles** 1/2. The presenter adventures through the Grand Canyon, and examines the chasm from every vantage point. (S)
■ Concludes tomorrow
10.00 NEW **Anorexic** One-off documentary taking a look at the eating disorder, telling the stories of three women via observational filming and intimate self-filmed diaries. (S)
11.30 **A&E After Dark** A patient refuses to leave A&E. (S)(R)
12.30 AM **Police Interceptors** Two officers are in hot pursuit of a suspected drug dealer. (S)(R)
1.20 **LeoVegas Live Casino Show** (S)
3.20 **Paddington Station 24/7** (S)(R)
4.05 **OMG: Rise of the Insta-Babes** Documentary. (S)(SL)(R)
4.55 **Divine Designs** (S)(SL)(R)
5.20 **to 5.40** AM **House Doctor** (R)

+1 hour 205 | 155 | 46 | 128

SKY SHOWCASE

106 106 806 | 109 | 340 355

6.00 AM **The Early Rundown**
7.00 **Kay Burley**
8.00 **Dogs with Extraordinary Jobs** Documentary. (S)(R)(AD)
9.00 **Nothing to Declare** (S)(R)(AD)
10.00 **Supergirl** 20/22. (S4) (S)(R)
11.00 **NCIS: New Orleans** (S6) (S)(R)
1.00 PM **Hawaii Five-0** (S3) (S)(R)
2.00 **S.W.A.T.** 18/18. (S4) (S)(R)(AD)
3.00 **Malawi Wildlife Rescue** (S)(R)
4.00 **The Conners** 12/20. (S3) (R)
4.30 **Futurama** (S)(R)
5.00 **The Simpsons** (S)(R)
5.30 **The Fresh Prince of Bel Air** 12/26. Will competes with an American football hero. (S)(R)
6.00 13/26. Will makes an extravagant promise. (S4) (S)(R)
6.30 **The Simpsons** *The Call of the Simpsons:* The family head off on a camping trip. (S)(R)



9.00 Funny Woman

7.00 **The Simpsons** *The Telltale Head:* Bart's efforts to impress his tough new friends backfire. (S)(R)
7.30 *Life on the Fast Lane:* Homer's neglect drives Marge into the arms of a Lothario at the bowling alley. (S)(R)
8.00 **An Idiot Abroad 2** 2/8. Karl Pilkington boards the Trans-Siberian Express bound for China. During the journey, he is forced to fight Mongolian wrestlers and makes a detour to a village of dwarves. (S)(R)
9.00 **Funny Woman** New episode 4/6. Barbara enjoys life as one half of the nations' favourite couple as the sitcom's ratings soar, until she is suddenly confronted with Clive's infidelity. (S1)
■ Entire series on Sky Box Sets
10.00 **A League of Their Own Road Trip: Southeast Asia** 2/6. Jamie Redknapp and Micah Richards are joined by Patrice Evra, Maisie Adam and Mo Gilligan as they take on more sporting and cultural challenges. (R)
11.00 **Brassic** 3/6.Erin attends a disastrous dinner party with Jake's family. (S2) (S)(R)(AD)
12.00 M'T **NCIS: Los Angeles** 6/20. The team investigate after a rear admiral is abducted. (S14) (S)(R)
1.00 AM **Road Wars** (S)(R)
2.00 **Brit Cops: War on Crime** (S)(R)
3.00 **Hawaii Five-0** 7/24. (S3) (S)(R)
4.00 **S.W.A.T.** 18/18. (S4) (S)(R)(AD)
5.00 **to 6.00** AM **The Early Rundown**

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky **951**, Virgin **862**, Freesat **960**
11.15am Bargain Hunt (S)(R) **12.00noon-1.00pm** First Minister's Questions (S)

N. IRELAND
Sky **953**, Virgin **863**, Freesat **957**
10.40pm The View (S) **11.20** Question Time (S) **12.20am** Newscast (S) **12.50** Have I Got News for You (S)(R) **1.20-6.00am** BBC News (S)

WALES
Sky **952**, Virgin **864**, Freesat **964**
10.00-10.30am Caught Red Handed (S)(R) **12.10** Dark Land: Hunting the Killers (S)(R) **12.50-6.00am** BBC News (S)

BBC2

N. IRELAND
Sky **972**, Freesat **969**
10.00-10.30pm The Ulster Rugby Show (S) **11.15** The Apprentice: You're Fired New edition (S) **11.45** NEW SERIES Slammed: The Seventies (S)(AD) **12.45-1.15am** BBC News (S)

WALES
Sky **971**, Freesat **971**
No variations

ITV1

No variations

S4C

Sky **134**, Virgin **166**, Freesat **120**
6.00am Cyw **12.00noon** Newyddion S4C a'r Tywydd **12.05pm** Sain Ffagan **12.30** Heno **1.00** Pen/Campwyr **1.30** Y Byd ar Bedwar **2.00** Newyddion S4C a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion S4C a'r Tywydd **3.05** Stori'r Iaith **4.00** Awr Fawr **5.00** Stwnsh **6.00** Codi Hwyl **6.30** Bois y Pizza: Chwe' Gwlad (AD) **6.57** Newyddion S4C **7.00** Heno New edition **7.30** Newyddion S4C a'r Tywydd **8.00** Pobol y Cwm New episode (AD) **8.25** Rownd a Rownd New episode (AD) **8.55** Newyddion S4C a'r Tywydd **9.00** Jonathan New edition **10.00** Am Dro! (AD) **11.00-11.35pm** Galw Nain Nain Nain

TV&Satellite week
Best for Sky and Virgin

BBC3

117/141/173 | 107/157 | 23 109 | 179 | 107

BBC3 programmes start at 7.00pm

7.00 PM **The Fast and the Farmer-ish** The Wales heat.
7.10 **Yianni: Supercar Customiser** Double bill.
7.55 **The Catch Up**
8.00 **Top Gear** The team tackle 1920s-style motorsport.
9.00 **Life and Death Row** 1/4. A look at capital punishment through the eyes of young people.
10.00 **Tonight with Target** New edition 4/6. DJ Target casts a satirical eye over the week's news stories.
10.45 FILM **End of Watch** Police thriller starring Jake Gyllenhaal and Michael Peña. A pair of freewheeling LA cops become the targets of a Mexican drug cartel. (2012, 15, 104min) ★★★★
12.25 AM **Charlotte in Sunderland** Double bill.
1.25 **Tonight with Target**
2.10 **Life and Death Row**
3.15 **Squad Goals: Dorking 'Til I Die.**
3.40 **to 3.55** AM **The Fast and the Farmer-ish**

BBC4

116 116 | 107/108 | 9/24 106 | 108

BBC4 programmes start at 7.00pm

7.00 PM **Great British Railway Journeys** Michael Portillo begins the last leg of his journey to Caernarfon.
7.30 **Villages by the Sea** Ben Robinson visits Bamburgh in Northumberland, revealing how the fortunes of the locals were shaped by those in charge of its castle.
8.00 FILM **Chariots of Fire** Oscar-winning sporting drama, directed by the late Hugh Hudson, starring Ben Cross and Ian Charleson as two runners competing for gold at the 1924 Olympics. With Nigel Havers, Nicholas Farrell and Ian Holm. (1981, U, 120min) ★★★★★
10.00 FILM **Rain Man** Drama starring Dustin Hoffman and Tom Cruise. A self-centred car dealer kidnaps his autistic elder brother in a bid to claim his inheritance. (1988, 15, 133min) ★★★★
12.10 AM **Hans Zimmer: Hollywood Rebel**
1.10 **to 3.30** AM **Peaky Blinders**

MORE4

136 136 831 | 147 | 18 | 124

8.55 AM **Kirstie's Handmade Treasures** Kirstie Allsopp enters a single-cake class.
9.15 **A Place in the Sun**
10.05 **A New Life in the Sun**
11.05 **Find It, Fix It, Flog It**
1.10 PM **Heir Hunters**
2.10 **Four in a Bed**
4.50 **Location, Location, Location** Catching up with couples searching Swindon and Bolton.
5.55 **Kirstie and Phil's Love It or List It** Helping a couple from Royal Wootton Bassett.
6.55 **Escape to the Chateau** Dick and Angel throw a garden party for Arthur and Dorothy's friends.
7.55 **Grand Designs** Kevin McCloud follows a couple from Sussex as they build a giant family house of fun, featuring a revolving bookcase door, secret dens and hiding places.
9.00 **24 Hours in A&E** Patients include a tree surgeon who fell 40ft to the ground.
10.00 **999: What's Your Emergency?** Examining what happens when members of the public act as judge and jury.
11.05 **24 Hours in A&E**
12.05 AM **999: On the Front Line**
1.10 **8 Out of 10 Cats Does Countdown**
2.15 **24 Hours in A&E**
3.20 **to 3.45** AM **A Place in the Sun**

+1 hour 236 | 196 | 125

E4

135 135 830 | 106 | 13 | 122

6.00 AM **Hollyoaks**
7.00 **Ramsay's Kitchen Nightmares USA**
9.00 **The Goldbergs**
10.00 **The Big Bang Theory**
11.00 **Modern Family**
12.00 NOON **Brooklyn Nine-Nine**
1.00 PM **The Big Bang Theory**
3.00 **Modern Family**
4.00 **Brooklyn Nine-Nine**
5.00 **The Big Bang Theory**
7.00 **Hollyoaks** Mercedes accidently reveals the truth to the wrong person.
7.30 **Come Dine with Me** Taxi driver Jamie serves up a fine dining menu in Edinburgh.
8.00 **Below Deck: Mediterranean** New edition Dave attempts to accommodate a guest's specific food request.
9.00 **Gogglebox** Opinions on *Strictly Come Dancing Vigil* and *Hotel Paranormal*.
10.00 **Naked Attraction** A music producer and a designer hope to find romance.
11.05 **First Dates**
12.10 AM **Gogglebox**
1.15 **Rick and Morty**
1.45 **Smiling Friends**
2.00 **YOLO: Silver Destiny** New episode (S2)
2.15 **Naked Attraction**
3.10 **Below Deck: Mediterranean**
4.00 **Kitchen Nightmares USA**
4.50 **to 6.00** AM **The Goldbergs**

+1 hour 235 | 146 | 30 | 123

Thursday primetime

THURSDAY Entertainment

Thursday

Sky Witness

107 107 807 110 341 356

6.00 AM **Sun, Sea and A&E**
7.00 **Border Security USA**
8.00 **Border Patrol**
9.30 **Caught Red Handed**
11.00 **Air Ambulance ER**
12.00 NOON **FBI** 14/19. A US attorney is found dead. (S2)
1.00 PM **9-1-1** 7/18. A man claims that he was buried alive after being shot. (S5)
2.00 **Bull** 16/22. Jason tries to get a new trial for an old client. (S2)
3.00 **The Real A&E**
4.00 **Nothing to Declare**

9.00 The Rookie

7 PM

7.00 **Nothing to Declare** Large rolls of fabric from Thailand are inspected. **7.30** A laptop contains something sinister.

8 PM

8.00 **Blue Bloods** *Long Lost:* 18/20. An encounter with an old rival leads Erin to look into an alleged wrongful conviction. (S12)

9 PM

9.00 **The Rookie** New episode *The Fugitive:* 5/17. Officers Nolan and Juarez hunt for a fugitive after a car incident goes awry. (S5)

10 PM

10.00 **Private Eyes** *Under Par-Essure:* 7/12. A stalker targets a female golf professional during a tournament. (S4)
11.00 **FBI** 8/19. A crash results in the death of a photographer. (S2)
12.00 M'T **FBI: Most Wanted** (S3)
1.00 AM **Chicago Med** (S8)
2.00 **Chicago Fire** (S11)
3.00 **Chicago PD** (S10)
4.00 **9-1-1** As shown at 1.00pm.
5.00 **to 6.00** AM **The Real A&E**

+1 hour 207 163

Sky Atlantic

108/109 108/109 808 342 357

6.00 AM **Urban Secrets**
7.55 **The Sopranos** (S6)
10.05 **Ray Donovan** 7&8/12. (S6)
12.15 PM **Game of Thrones** (S5)
1.20 **The Leftovers** 5&6/10. (S1)
3.30 **The Sopranos** 14/21. Johnny Sack deals with bad news. **4.35** 15/21. Tony leaves town to avoid the FBI. (S6)
5.45 **Ray Donovan** 9/12. Ray makes a move to save Novak's campaign and Mac's life. **6.50** 10/12. The cops take a drastic measure that sends Ray on a warpath. (S6)

5.45 Ray Donovan

7.55 **Game of Thrones** *High Sparrow:* 3/10. Queen Margaery spends time with her new husband, and Tyrion walks the Long Bridge of Volantis. (S5)

9.00 **Watchmen** *See How They Fly:* 9/9. Trieu wants her father and a clone of her mother present when she activates a machine to steal Manhattan's power for herself. (S1)
10.15 **The Last of Us** *Left Behind:* 7/9. Drama starring Pedro Pascal. (S1)
11.20 **Django** 1/10. Western starring Matthias Schoenaerts, Noomi Rapace and Nicholas Pinnock. **12.25** AM 2/10. Sarah and John discover oil. (S1)
1.30 AM **Britannia** 8&9/9. (S1)
3.30 **In Treatment** (S4)
4.00 **to 6.00** AM **Urban Secrets**

+1 hour 208/209

Sky Max

113/114 113/114 111 346 361

6.00 AM **Stargate SG-1** (S4)
8.00 **DC's Legends of Tomorrow**
9.00 **Quantum Leap** 20/22. (S2)
10.00 **Supergirl** 20/22. (S4)
11.00 **NCIS: New Orleans** (S6)
1.00 PM **Hawaii Five-0** 7/24. (S3)
2.00 **S.W.A.T.** 18/18. (S4)
3.00 **Quantum Leap** 19/22. (S2)
4.00 **DC's Legends of Tomorrow**
5.00 **Supergirl** 20/22. (S4)
6.00 **Stargate SG-1** 4/22. A Jaffa priestess from Teal'c's past makes an unexpected appearance. (S4)

7.00 Stargate SG-1

7.00 **Stargate SG-1** *Divide and Conquer:* 5/22. Major Graham goes berserk with a gun, firing on a crowd before killing himself. (S4)

8.00 **An Idiot Abroad 2** 2/8. Karl Pilkington plans to board the Trans-Siberian Express through Russia.

9.00 **Funny Woman** New episode 4/6. Sophie is suddenly confronted with Clive's infidelity. (S1)
■ Entire series on Box Sets

10.00 **A League of Their Own Road Trip: Southeast Asia** 2/6. With Patrice Evra, Maisie Adam and Mo Gilligan.
11.00 **Brassic** 3/6. Erin attends a disastrous dinner party with Jake's family. (S2)
12.00 M'T **NCIS: Los Angeles** (S14)
1.00 AM **Road Wars**
2.00 **Highway Patrol**
2.35 **Road Wars**
3.00 **Hawaii Five-0** 7/24. (S3)
4.00 **S.W.A.T.** 18/18. (S4)
5.00 **to 6.00** AM **Highway Patrol**

ITV2

118 118 816 115 6 113

6.00 AM **World's Funniest Videos**
6.35 **Guinness World Records**
7.00 **Love Bites**
8.00 **Dress to Impress**
9.00 **Chuck** 13/24. (S4)
10.00 **One Tree Hill** 20/23. (S2)
11.00 **The O.C** 15/24. (S2)
12.00 NOON **Love Bites**
1.00 PM **Dress to Impress**
2.00 **Family Fortunes**
3.05 **Chuck** 14/24. (S4)
4.00 **One Tree Hill** 21/23. (S2)
5.00 **The O.C** 16/24. (S2)
6.00 **Celebrity Catchphrase**

10.05 The Emily Atack Show

7.00 **The Masked Singer US** The top six from Groups A and B compete for a spot in the semi-finals.

8.00 **Superstore** 1/21. A robot co-worker is introduced to everyone. **8.30** 2/21. Dina is unhappy with Jonah. (S5)

9.00 **Love Island** New edition Week seven continues with the single people living like celebrities in the villa. Maya Jama hosts.

10.05 **The Emily Atack Show** Emily delivers some truth bombs to her friends.
10.50 **Family Guy** 12/20. Brian pursues Patty. (S14)
11.20 **Family Guy** 6/20. Peter's sister Karen arrives in Quahog for Thanksgiving. (S14)
11.50 **American Dad!** (S3)
12.50 AM **Superstore** 3&4/21. Double bill. (S5)
1.50 **Hey Tracey!** (S1)
2.35 **to 3.00** AM **Unwind with ITV**

+1 hour 218 116 29 114

ITV3

119 119 817 117 10 115

6.00 AM **Classic Emmerdale**
7.05 **Classic Coronation Street**
8.15 **On the Buses**
8.50 **Where the Heart Is**
11.00 **Heartbeat**
12.15 PM **Agatha Christie's Poirot**
1.30 **Classic Emmerdale**
2.35 **Classic Coronation Street**
3.40 **Midsomer Murders** *Market for Murder:* A prominent villager is battered to death. Guest stars Anton Rodgers.
5.50 **Downton Abbey** 4/7. The fair arrives in the village. (S1)

8.00 Vera

6.55 **Heartbeat** *Bad Apple:* Nick and Jo get engaged, but receive a hostile response to their news from her mother.

8.00 **Vera** *Cuckoo:* The detective investigates the discovery of an unidentified teenage boy's body in a coastal town's shipyard, and discovers that the quiet community conceals a serious drugs problem. Guest stars Mark Addy.

10.00 **Grantchester** 4/6. A young man is found dead and stark naked out on the Fens. (S5)
11.05 **The Bay** 4/6. It is the day of Saif's funeral, and as Jenn watches closely for any suspicious behaviour, divisions within the Rahman household widen. (S3)
12.05 AM **Where the Heart Is**
2.15 **to 2.30** AM **Unwind with ITV**

+1 hour 219 174 59 116

BBC Scotland

SCOT 115 108 9 106 106
REST OF UK 187 162 110

12.00 NOON **This Is BBC Scotland**
7.00 PM **Great Escapes with Colin and Justin** 7/8. Why architects choose to build with wood.
7.25 **Beechgrove Repotted**
7.30 **Scotland's Greatest Escape** 3/7. Best friends Suzie and Shirley try out waterfront getaways.
8.00 **The Adventure Show** New edition Amy Irons tries bouldering along the Solway Firth.
8.30 **Food Fest Scotland** 2/5. Edith Bowman and Colin Murray visit the Stranraer Oyster Festival.
9.00 **The Nine**
10.00 **Scot Squad** 4/5. The cops tackle an ice-cream man serving up hard liquor. (S1)
10.30 **Noteworthy with Chris McQueer** The stories behind the faces on Scotland's banknotes.
11.30 PM **to 12.00** M'T **Loop**

Sky Comedy

114/115 112 347 362

8.00 AM **Futurama** (S1)
9.00 **A.P. Bio** 3&4/13. (S2)
10.00 **Pen15** 3&4/10. (S1)
11.15 **Entourage** (S2)
12.30 PM **Fresh Prince of...**
1.30 **Modern Family** (S8)
2.30 **The Office (US)** (S2)
3.00 **Will & Grace** (S2)
4.00 **The Conners** (S3)
4.30 **Futurama** (S5)
5.00 **The Office (US)** (S2)
5.30 **Fresh Prince of Bel Air**
6.30 **Futurama** (S1)
7.30 **The Office (US)** (S5)
8.00 **The Conners** New episode 13/20. (S3)
8.30 **The Office (US)** (S5)
9.00 **Sex and the City** (S3)
10.15 **Carters Get Rich** (S1)
11.15 **The Late Late Show** New edition Chat show.
12.15 AM **The Tonight Show** New edition Talk show.
1.15 **Curb Your Enthusiasm**
2.00 **Young Rock** Series finale 13/13. (S3)
2.30 **Curb Your Enthusiasm**
3.05 **Vice Principals**
4.20 **to 5.00** AM **Sex and...**

Sky Arts

130 130 140 123 11 147 365

6.00 AM **Andrea Bocelli: The Journey**
7.20 **The Royal Ballet in Cuba**
9.00 **Tales of the Unexpected**
10.00 **Hitchcock Presents**
11.00 **Discovering**
12.00 NOON **Tate Britain's Great Art Walks**
1.00 PM **Tales of the...**
2.00 **Brunelleschi's Impossible Dome**
3.00 **Landscape Artist 2018**
4.00 **Discovering**
5.00 **Tales of the Unexpected**
6.00 **Hitchcock Presents**
7.00 **Landscape Artist of the Year** 8&9/10.
9.00 **Discovering**
10.00 **The Directors** New edition The life and career of Clint Eastwood.
11.00 **The Movies**
12.00 M'T **Discovering Westerns on Film**
1.30 AM **Hitchcock Presents**
4.00 **The Park Bench Plays**
5.00 **Music Icons**
5.30 **to 6.00** AM **Video Killed the Radio Star**

Pick

151 135 36 144

7.00 AM **Nothing to Declare**
8.00 **Motorway Patrol**
9.00 **Stop, Search, Seize**
10.00 **Nothing to Declare**
11.00 **Highway Patrol**
12.00 NOON **Motorbike Cops**
1.00 PM **Border Patrol**
2.00 **Nothing to Declare**
4.00 **Warehouse 13** (S3)
5.00 **Star Trek: The Next Generation** 21/26. (S3)
6.00 **Star Trek: Enterprise**
7.00 **Star Trek: Voyager** (S2)
8.00 **NCIS: New Orleans** (S1)
9.00 **S.W.A.T.** 4/21. (S3)
10.00 **Grimm** 4/22. (S1)
11.00 **Snapped** A man finds his sister stabbed to death in her living room.
12.00 M'T **How I Caught the Killer** A man is killed by his wife's stalker.
1.00 AM **Brit Cops: Frontline Crime UK**
2.00 **Nothing to Declare**
3.00 **Border Patrol**
4.00 **Motorway Patrol**
5.00 **to 6.00** AM **Highway Cops**

Comedy Central

112/113 181 132 345 360

8.00 AM **Younger** (S1)
9.00 **The Middle** (S7)
11.00 **Last Man Standing** (S5)
1.00 PM **Friends** (S2&3)
8.00 **Friends** 13/25. Monica bumps into ex-boyfriend Richard. **8.30** 14/25. Chandler dates a woman with a prosthetic leg. (S3)
9.00 **South Park** 9/14. Randy Marsh tries to break a world record. (S11) **9.30** 3/14. The kids try out a new drug. (S12) **10.00** New episode Satirical animation. (S26)
10.30 **South Park** Triple bill.
12.00 M'T **Jimmy Carr in Concert** From London's Bloomsbury Theatre.
1.00 AM **South Park**
2.30 **The Ren & Stimpy Show**
3.00 **Beavis and Butt-Head**
3.20 **The Ricky Gervais Show**
3.45 **The Daily Show** New edition Talk show.
4.15 **to 5.00** AM **Friends**

+1 hour 212/213 133

ITV Be

131 119 28 119

7.00 AM **The Real Housewives of Cheshire**
8.00 **Buying and Selling**
9.00 **LittleBe**
12.00 NOON **Sugar Showdown** New edition
12.25 PM **Real Housewives of New York City**
1.20 **The Real Housewives of Cheshire** Reality series.
2.20 **The Only Way Is Essex**
3.15 **Million Dollar Listing: LA**
4.10 **The Real Housewives of Atlanta** Reality series.
5.00 **The Real Housewives of New York City**
6.00 **Making It Home with Kortney & Kenny** New edition
7.00 **Buying and Selling**
8.00 **Dinner Date**
9.00 **Emergency Nurses: A&E Stories**
10.00 **Botched**
11.00 **For Real: The Story of Reality TV**
12.00 M'T **to 1.00** AM **The Only Way Is Essex**

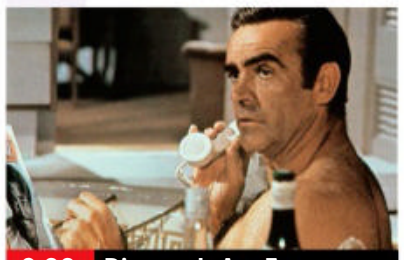
+1 hour 120 58

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 120 818 118 26 117

6.00 AM **Hot Shots**
6.05 **The Saint**
7.10 **Robin of Sherwood**
8.15 **Magnum, PI**
9.20 **The Sweeney**
10.25 **Minder**
11.30 **The Saint**
12.35 PM **Robin of Sherwood**
1.45 **Extreme Salvage Squad**
2.40 **Magnum, PI**
3.45 **The Sweeney**
4.55 **Minder**
6.00 **Extreme Salvage Squad**
6.55 **River Monsters**


9.00 Diamonds Are Forever

7.25 **River Monsters** Reports of attacks by sharks in fresh water
7.55 **Made in Britain** Behind the scenes at British brands, including creating the soles of Dr Marten's and the production of Wagon Wheels.
9.00 FILM **Diamonds Are Forever** James Bond adventure starring Sean Connery. British secret service agent 007 goes on the trail of smuggled diamonds and discovers a world-threatening conspiracy. (1971, PG, 119min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.30 FILM **Lone Survivor** Drama starring Mark Wahlberg. Four soldiers face a battle for survival while on a mission to eliminate a terrorist. (2013, 15, 116min) ★★★★
1.55 AM **Minder**
2.50 **to 3.00** AM **Unwind with ITV**

+1 hour 220 175 60 118

Sky Sci-Fi

139 139 836 122 348 363

6.00 AM **Pandora** 3/13. (S1)
7.00 **The Outpost** 3/13. (S4)
8.00 **Teleshopping**
11.00 **Pandora** 3/13. (S1)
12.00 NOON **Star Trek: Deep Space Nine** 18&19/20. (S1)
2.00 PM **Fringe** 17/21. (S1)
3.00 **The Outpost** 3/13. (S4)
4.00 **Pandora** 3/13. (S1)
5.00 **Stargate SG-1** 9/22. (S5)
6.00 **Star Trek: Deep Space Nine** 18/20. Sisko's decision to let alleged gun-runners visit the station provokes Kira. (S1)

9.00 The Twilight Zone

7.00 **Star Trek: Deep Space Nine** *Duet:* 19/20. Kira suspects a notorious war criminal is at large. (S1)
8.00 **Star Trek: Voyager** *Time and Again:* 4/16. Paris and Janeway are transported back in time to the day before an explosion. (S1)
9.00 **The Twilight Zone** *Try, Try:* 9/10. A man dazzles a woman with his seemingly miraculous abilities.
10.00 **The Twilight Zone** *You Might Also Like:* 10/10. A woman learns a desired product comes with an unpleasant truth. (S2)
11.00 **Room 104** (S1)
12.00 M'T FILM **The Final Level: Escaping Rancala** Fantasy. (2019, PG, 87min) ★
2.00 AM **Star Trek: Voyager** (S1)
3.00 **Spides** 4/8. (S1)
4.00 **Stargate SG-1** 9/22. (S5)
5.00 **to 6.00** AM **Star Trek: Deep...**

+1 hour 229

Alibi

109/110 809 126 343 358

7.15 AM **Murdoch Mysteries**
9.00 **WPC 56** 1/5. (S1)
10.00 **Rizzoli & Isles** 6/10. (S1)
11.00 **Person of Interest** (S2)
12.00 NOON **Miss Fisher's Murder Mysteries** 4/13. (S1)
1.00 PM **Death in Paradise** (S6)
2.00 **Murdoch Mysteries** (S12)
4.00 **The Doctor Blake Mysteries**
5.00 **Rizzoli & Isles** 6/10. (S1)
6.00 **Without a Trace** 17/23. Jack and the team try to locate an estate agent who disappeared during an appointment. (S3)

9.00 Murdoch Mysteries

7.00 **Person of Interest** *Zero Day:* 21/22. Finch and Reese learn the Machine is in danger from the Stanton virus. (S2)
8.00 **Death in Paradise** *Stumped in Murder:* 4/8. The president of the local cricket club is found dead on the pitch. (S6)
9.00 **Murdoch Mysteries** New episode *Murdoch and the Sonic Boom:* 7/24. Murdoch gets a visit from Terence Meyers. (S16)
10.00 **My Life Is Murder** *All the Better To See You:* 7/10. An actor is murdered in the middle of a live performance.(S2)
11.00 **Without a Trace** As 6.00pm.
12.00 M'T **The Doctor Blake Mysteries** 1/10. A girl's body is found in a lake. (S1)
1.00 AM **Miss Fisher's Murder Mysteries** 4/13. (S1)
2.00 **Evil** 11/13. (S2)
3.00 **to 4.00** AM **Traces**

+1 hour 209/210 191

GOLD

110/111 110/111 124 344 359

7.10 AM **Highlights**
9.20 **Are You Being Served?**
10.00 **Open All Hours**
10.40 **Last of the Summer Wine**
12.00 NOON **The Green Green Grass**
12.40 PM **Outnumbered**
1.20 **Dad's Army**
2.00 **Open All Hours**
2.40 **Are You Being Served?**
3.20 **Last of the Summer Wine**
4.40 **Dad's Army**
5.20 **The Green Green Grass**
6.00 **Are You Being Served?**
6.40 **Dad's Army**

8.00 Blackadder Goes Forth

7.20 **Dad's Army** Jones's glorious military reputation is called into question.
8.00 **Blackadder Goes Forth** Captain Blackadder develops an interest in art. **8.40** Captain Blackadder is put on trial for eating General Melchett's pigeon.
9.20 **French and Saunders** Skits, sketches and movie parodies, including a spoof of *Cold Mountain*.
10.00 **French and Saunders** The duo pay tribute to Cher. With Eve Pollard. **10.40** Spoofs of *Kill Bill* and *Most Haunted*.
11.20 **French and Saunders** Tributes to Madonna and Chris Martin's mother. With Michelle Collins and Brian Cox.
12.00 M'T **French and Saunders**
1.20 AM **Blackadder Goes Forth**
2.35 **French and Saunders**
3.10 **to 4.00** AM **Hold the Sunset**

+1 hour 210/211 194

Dave

111/112 127 19 157

7.10 AM **Secrets of the Supercars**
8.00 **Cop Car Workshop**
9.00 **The Force: Behind the Line**
10.00 **Survivor South Africa** New edition Reality series.
11.00 **Rick Stein's German Bite**
12.00 NOON **Special Ops: Crime Squad UK** Tracking a violent gang in Surrey.
1.00 PM **Cop Car Workshop**
2.00 **Top Gear** Double bill.
4.00 **Red Bull Soapbox Race** Action from Cincinnati.
5.00 **Taskmaster** Double bill.

10.00 Late Night Mash

7 PM
7.00 **Would I Lie to You?** With Rhod Gilbert, Ronan Keating, Ellie Taylor and Georgia Toffolo.
7.40 **Room 101** With Gabby Logan, Richard Ayoade and Alun Cochrane.
8 PM
8.20 **Richard Osman's House of Games** With Mina Anwar and Glen Moore.
9 PM
9.00 **QI XL** Guest Jimmy Carr, Gyles Brandreth and Sally Phillips join regular panellist Alan Davies and host Sandi Toksvig.
10 PM
10.00 **Late Night Mash** Host Rachel Parris is joined by special guests to deliver topical insights and fake news reports.
11.00 **Taskmaster** With Tim Key.
12.00 M'T **Mock the Week**
12.40 AM **QI XL** With Rhod Gilbert.
1.20 **Meet the Richardsons**
2.00 **House of Games** As 8.20pm.
2.35 **QI XL** With Sara Pascoe.
3.35 **to 4.00** AM **Beat the Internet with John Robins**

+1 hour 211 131 57

GREAT! tv

157 189 50 142

6.00 AM **Sue Thomas: F.B.Eye** 4&5/19. (S2)
8.00 **Highway to Heaven**
10.00 **Crazy Like a Fox** (S2)
11.00 **Castle** 6/23. (S6)
12.00 NOON **Body of Proof**
1.00 PM **Sue Thomas: F.B.Eye** 14&15/19. (S2)
3.00 **Diagnosis Murder**
5.00 **Murder, She Wrote**
7.00 **M*A*S*H** 15-18/26. (S7)
9.00 **Randall and Hopkirk (Deceased)** *You Can Always Find a Fall Guy:* 25/26. Jeff finds himself framed for breaking and entering. (S1)
10.00 **The Persuaders!** *Angie, Angie:* 10/24. Danny meets an old friend on the French Riviera. (S1)
11.00 **Return of the Saint**
12.00 M'T **M*A*S*H** (S7)
2.00 AM **Randall and Hopkirk (Deceased)**
3.00 **Sue Thomas: F.B.Eye**
4.30 **to 6.00** AM **Highway to Heaven**

+1 hour 257 220 62 143

4seven

137 143 49 127

9.00 AM **Come Dine with Me**
11.30 **A Place in the Sun**
1.30 PM **A New Life in the Sun: Where Are They Now?** Documentary.
2.30 **Come Dine with Me**
5.00 **A Place in the Sun**
6.00 **Emergency Helicopter Medics** Documentary.
7.00 **World's Most Secret Hotels** Documentary.
8.00 **Kirstie and Phil's Love it or List it: Brilliant Builds**
9.00 **Guy Martin's Great British Power Trip**
10.00 FILM **Hancock** Action comedy fantasy starring Will Smith. (2008, 12, 92min) ★★★
11.50 **Joe Lycett: I'm About to Lose Control and I Think Joe Lycett**
12.55 AM **Katie Price's Mucky Mansion**
1.55 **The Dog House**
3.00 **George Clarke's Amazing Spaces**
4.00 **to 5.05** AM **Grand Designs**

5USA

141 141 153 21 129

9.00 AM **NCIS** (S4)
11.55 **Entertainment News**
12.00 NOON **Law & Order**
3.55 PM **Entertainment News**
4.05 **Law & Order** (S20)
6.00 **NCIS** *Stakeout:* 12/19. A stake-out leads to a murder investigation. **7.00** *Dog Tags:* 13/19. A suspected drug-smuggler is apparently killed by his own dog. **8.00** *Internal Affairs:* 14/19. Shepard becomes the prime suspect in the murder of La Grenouille. (S5)
9.00 **Blue Bloods** *Moonlighting:* 9/22. Jamie goes undercover in one of the Sanfino family's criminal organisations. (S2)
10.00 **Law & Order: Special Victims Unit** (S5&4)
1.50 AM **The Blacklist**
3.35 **to 4.00** AM **Criminals: Caught on Camera**

+1 hour 241 185 130

5STAR

128 151 32 131

8.00 AM **Entertainment News**
8.10 **Rich Kids, Skint Holiday**
9.00 **Bargain-Loving Brits in the Sun**
10.00 **Call the Bailiffs: Time to Pay Up**
11.00 **Dirty Home Rescue**
12.00 NOON **Traffic Cops**
2.00 PM **Police Interceptors**
5.00 **Call the Bailiffs: Time to Pay Up**
6.00 **Home and Away**
7.00 **GPs: Behind Closed Doors** Documentary.
8.00 **Casualty 24/7: Every Second Counts**
9.00 **Cause of Death**
10.00 **Ambulance: Code Red**
11.00 **999: Critical Condition**
12.00 M'T **Skin A&E**
1.00 AM **Car Pound Cops: Give Me My Car Back!**
2.00 **GPs: Behind Closed Doors** Documentary.
3.00 **Plastic Surgery Knifemares**
3.50 **to 4.00** AM **Entertainment News**

+1 hour 228 186 141

W

132 827 125 25 156

6.15 AM **Top Chef**
7.00 **Property Brothers: Forever Homes**
8.00 **Tipping Point**
10.00 **DIY SOS: The Big Build**
12.00 NOON **Bang on Budget**
1.00 PM **Tipping Point**
4.00 **DIY SOS: The Big Build**
5.00 **Nigellissima**
5.30 **MasterChef Australia**
8.00 **Alex Jones: Making Babies** New edition Alex meets two couples desperately trying to defy the odds and become parents.
9.00 **DIY SOS: The Big Build**
10.00 **24 Hours in A&E**
11.00 **Inside the Operating Theatre** A patient has keyhole surgery to repair his hernia.
12.00 M'T **One Born Every Minute** Documentary.
1.00 AM **Dating With My Mates** Reality series.
2.00 **to 3.00** AM **Inside the Ambulance**

+1 hour 232 190

Drama

143 130 20 158

7.20 AM **Pie in the Sky**
8.15 **The Bill**
9.15 **Classic Holby City**
10.35 **Casualty**
11.40 **The Bill**
12.40 PM **Classic EastEnders**
2.00 **Howards' Way**
3.10 **Lovejoy**
4.20 **Peak Practice**
5.20 **As Time Goes By**
6.00 **Keeping Up Appearances**
6.40 **Last of the Summer Wine** Double bill.
8.00 **Death in Holy Orders** Part two of two. The death toll at St Anselm's theological college continues to mount..
10.00 **New Tricks** *Ice-Cream Wars:* The squad look into a feud between two ice-cream businesses.
11.20 **Clocking Off**
12.30 AM **Bad Girls**
1.30 **Lovejoy**
2.45 **to 4.00** AM **Classic Holby City**

+1 hour 243 226 60

THURSDAY

Documentaries

Thursday

RealityXtra
147 197 68 134

9.00 AM **Perry Mason**
11.00 **Matlock** As 6pm.
12.00 NOON **The Fugitive**
1.00 PM **Evidence of Evil**
3.00 **Perry Mason**
5.00 **The Fugitive** *Devil's Carnival:* 14/30. A startled Kimble discovers that the man giving him a ride is a wanted criminal when a police roadblock looms up in front of them. (S2)
6.00 **Matlock** *The Big Payoff:* 16/22. Michelle joins forces with an insurance investigator to prove that a man killed his wife so he could inherit her money. (S6)
7.00 **Judge Judy** Real-life small-claims cases presided over by judge Judy Sheindlin.
1.00 AM **Matlock** As 6pm.
2.00 **The Fugitive** As 5pm.
3.00 **Murder By the Sea**
5.00 **to 6.00** AM **Medical Detectives**

Legend
148 149 41 137

8.00 AM **Walker, Texas Ranger** 19/27. (S4)
9.00 **Mutant X** 17/22. (S2)
10.00 **Star Trek: The Next Generation** 24/26. (S4)
11.00 FILM **Virtual Nightmare** Thriller. (2000, 12) ★★
1.00 PM FILM **Heat Wave** Thriller. (2009, PG) ★★
3.00 FILM **Tremors 4: The Legend Begins** Monster movie prequel. (2003, 12, 96min) ★★★
5.00 **Star Trek** 10/24. (S3)
6.00 **Star Trek: The Next Generation** 25/26. (S4)
7.00 **Airwolf** 6/22. (S3)
8.00 **Walker, Texas Ranger**
9.00 FILM **Western World** Western adventure. (2017, 12, 78min) ★★
10.35 FILM **Extinction** Horror. (2015, 15, 108min) ★★
12.45 AM FILM **Videodrome** Sci-fi thriller. (1982, 18, 88min) ★★★
2.30 **to 4.20** AM FILM **Await Further Instructions** Horror. (2018, 15) ★★

Challenge
145 139 48 146

7.00 AM **The Chase**
10.00 **Dickinson's Real Deal**
11.00 **Dale's Supermarket Sweep** Double bill.
12.00 NOON **Wheel of Fortune** Double bill.
1.00 PM **Catchphrase**
2.00 **Classic Who Wants to Be a Millionaire?**
3.00 **Play Your Cards Right**
4.00 **Bruce's Price Is Right**
5.00 **Bullseye** Four editions of the darts-based quiz.
7.00 **Pointless** Quiz hosted by Alexander Armstrong and Richard Osman.
8.00 **The Chase** Double bill of the quiz show hosted by Bradley Walsh.
10.00 **Classic Who Wants to Be a Millionaire?** Big-money quiz show hosted by Chris Tarrant.
11.00 **Bullseye** Double bill of the darts-based quiz.
12.00 M'T **The Chase**
4.00 AM **Classic Who Wants to Be a Millionaire?**
5.00 **to 6.00** AM **Bullseye**

E!
159 159 835 160

7.00 AM **Wags**
8.00 **Keeping Up with the Kardashians**
10.00 **Jerseylicious**
11.00 **Rich Kids of Beverly Hills** Reality series.
12.00 NOON **Botched**
1.00 PM **Kourtney & Kim Take New York**
2.00 **Keeping Up with the Kardashians**
7.00 **Botched** A woman seeks her seventh breast enhancement. **8.00** US celeb Tawny Kitaen seeks advice.
9.00 **Keeping Up with the Kardashians** The family deal with the fallout of Kendall and Kylie's fight. **10.00** Khloe worries she may have COVID-19.
11.00 **Rich Kids of Beverly Hills** Reality series.
12.00 M'T **Dr 90210**
1.00 AM **Wags**
2.00 **Teleshopping**
3.00 **to 5.00** AM **Kimora: Life in the Fab Lane**

Sky Documentaries
121 121 819 277 352 367

6.00 AM **The Guest Wing**
7.00 **Discovering: Groucho Marx**
8.00 **The Directors**
9.00 **The Eighties**
10.00 **Spector**
11.00 **The Vow**
12.00 NOON **Wirecard: A Billion Euro Lie**
2.00 PM **Val**
4.00 **The Directors**
5.00 **Discovering: Groucho Marx**
6.00 **The Eighties**
7.00 **Spector**
8.00 **The Vow**
9.00 **Liverpool Narcos**
10.00 **Kings of Coke**
11.50 **Whitey: United States of America v James J Bulger** Documentary.
1.40 AM FILM **The Act of Killing** Chilling documentary. (2012, 15, 122min) ★★★★
4.00 **The Directors**
5.00 **to 6.00** AM **Discovering: Groucho Marx**

Sky Nature
124 124 822 278 354 369

6.00 AM **Wild Castles**
7.00 **Monkey Life**
8.00 **Dogs with Extraordinary Jobs**
9.00 **Malawi Wildlife Rescue**
10.00 **Brazil Untamed**
11.00 **Africa's Wild Horizons**
12.00 NOON **Hope for Wildlife**
1.00 PM **Monkey Life**
2.00 **Dogs with...**
3.00 **Malawi Wildlife Rescue**
4.00 **Brazil Untamed**
5.00 **Africa's Wild Horizons**
6.00 **Hope for Wildlife**
7.00 **Monkey Life**
8.00 **Mysteries of the Mekong** Documentary.
9.00 **America's Wild Seasons**
10.00 **Africa's Wild Horizons**
11.00 **Hope for Wildlife**
12.00 M'T **Battle of the Alphas** Double bill.
1.00 AM **Wildlife Rescue New Zealand**
2.00 **Mysteries of the...**
3.00 **America's Wild Seasons**
4.00 **Dogs with...**
5.00 **to 6.00** AM **Malawi...**

HGTV
158 286 44 166

7.00 AM **Building Off the...**
8.00 **The Great Interior...**
9.00 **A Place in the Sun**
10.00 **Escape to the Country**
11.00 **Fantasy Homes by...**
12.00 NOON **My Lottery Dream Home**
1.00 PM **Home Town**
2.00 **Good Bones**
3.00 **The Great Interior Design Challenge**
4.00 **Restoration Home**
5.00 **Building Off the Grid**
6.00 **A Place in the Sun**
7.00 **Fantasy Homes by the Sea** From Sussex.
8.00 **Escape to the Country**
9.00 **My Dream Derelict Home in the Sun**
10.00 **Christina in the Country** New edition
11.00 **Home Town**
12.00 M'T **Fantasy Homes...**
1.00 AM **Building Off the...**
2.00 **Restoration Home**
3.00 **to 4.00** AM **My Lottery Dream Home**
+1 hour 258 290

Food Network
140 285 43 148

6.00 AM **Southern Kitchen**
7.00 **The Pioneer Woman**
8.00 **Delicious Miss Brown** New editions
9.00 **Jamie's 15 Minute Meals**
9.30 **Jamie's 30 Minute Meals**
10.00 **French Country Cooking**
11.00 **Donal's Meals in Minutes**
11.30 **Asian Baking Adventure**
12.00 NOON **Great British...**
2.00 PM **American Adventure**
3.00 **Jamie's 15 Minute Meals**
3.30 **Jamie's 30 Minute Meals**
4.00 **Delicious Miss Brown**
5.00 **The Pioneer Woman**
6.00 **Ainsley Eats the Streets**
7.00 **Great British Bake Off**
8.00 **American Adventure**
9.00 **Mary's Quick Cooking**
10.00 **Ainsley Eats the Streets**
11.00 **Restaurant: Impossible**
12.00 M'T **Guy's Grocery Games** New edition
1.00 AM **Restaurant: Impossible**
2.00 **to 3.00** AM **Paul Hollywood: Baker's Life**
+1 hour 240 149

DMAX
172 171 39 150

6.00 AM **Salvage Dawgs**
7.00 **Outback Opal Hunters**
8.00 **Alaskan Bush People**
10.00 **Alaska: Last Frontier**
12.00 NOON **Yukon Men**
1.00 PM **Aussie Gold Hunters**
2.00 **Gold Divers**
3.00 **Alaska: Homestead Rescue** Reality series.
4.00 **Building Off the Grid**
5.00 **Scrap Kings**
6.00 **Outback Opal Hunters**
7.00 **Deadliest Catch**
8.00 **Alaska: Last Frontier**
9.00 **My Deadly Face Tumour: Body Bizarre** A man with a facial tumour needs one more operation.
10.00 **Monsters Inside Me**
11.00 **Jade Fever**
12.00 M'T **Alaska: Last Frontier**
1.00 AM **Naked and Afraid**
2.00 **Teleshopping**
4.00 **Tanked**
5.00 **to 6.00** AM **Maine Cabin Masters**
+1 hour 272 214 151

5Action
150 150 33 132

9.00 AM **Winter Road Rescue**
9.35 **Outback Truckers**
10.30 **Trucking Hell**
11.30 **Police Interceptors**
12.25 PM FILM **Drums Across the River** Western. (1954, PG, 75min) ★★
2.00 FILM **Damn the Defiant!** Adventure. (1962, PG, 97min) ★★★
4.05 **Trucking Hell**
5.05 **Outback Truckers**
6.00 **Police Interceptors**
9.00 **Trucking Hell**
10.00 **World's Deadliest Weather: Caught on Camera** A hurricane.
11.00 **WWE – Raw Highlights**
12.00 M'T **Police Interceptors**
1.00 AM **UK's Strongest Man 2022** Semi-final action.
2.00 **999: Criminals Caught on Camera**
3.00 **Doomsday: Caught on Camera**
3.45 **How They Built the Jumbo Jet**
4.35 **to 5.00** AM **Criminals: Caught on Camera**

Sky Crime
122 122 820 121 349 364

6.00 AM **Highway Patrol**
7.00 **Motorway Patrol**
8.00 **Send in the Dogs**
9.00 **Nothing to Declare**
10.00 **UK Border Force**
11.00 **How I Caught the Killer**
12.00 NOON **What the Killer...**
1.00 PM **Murders That Shocked The Nation**
2.00 **Killer in My Village**
3.00 **World's Most Evil Killers**
4.00 **Britain's Most Evil Killers**
5.00 **What the Killer Did Next**
6.00 **Killer in My Village**
7.00 **World's Most Evil Killers**
8.00 **Britain's Most Evil Killers**
9.00 **Catching the Killer**
10.00 **Fred West: The Glasgow Girls**
11.00 **World's Most Evil Killers**
12.00 M'T **Love You To Death**
1.00 AM **Snapped**
2.00 **Killer in My Village**
3.00 **Murders That Shocked...**
4.00 **The Force: Manchester**
5.00 **to 6.00** AM **Motorway Patrol**
+1 hour 222 164

CBS Reality
146 148 67 135

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **Medical Detectives** A woman's apparently accidental death begins to look suspicious. **7.30** Police turn to the FBI to catch a killer.
8.00 **48 Hours** New edition The case of the murder of Doug Benefield.
9.00 **Evidence of Evil** A blaze in Pinyon Pines.
10.00 **Shocking Crimes: Murder Book** Investigators in Florida seek to solve a murder from 20 year earlier.
11.00 **Fatal Vows**
12.00 M'T **Injustice with Nancy Grace**
1.00 AM **Evidence of Evil**
2.00 **Shocking Crimes: Murder Book**
3.00 **48 Hours**
3.45 **Medical Detectives**
4.10 **to 6.00** AM **Judge Judy**
+1 hour 246 218 136

Really
142 128 17 160

6.00 AM **Fantasy Homes by the Sea** From Sardinia.
7.00 **Teleshopping**
8.00 **Salvage Hunters**
10.00 **Antiques Road Trip**
12.00 NOON **Money for Nothing** An old chair.
1.00 PM **A Place in the Sun**
2.00 **Animal Cops San Francisco** Double bill.
4.00 **Dr Jeff: Rocky Mountain Vet**
5.00 **Helicopter ER**
6.00 **Money for Nothing**
7.00 **Antiques Road Trip**
9.00 **Paranormal: Caught on Camera** New edition A Civil War spirit strolls along a battlefield.
10.00 **Kindred Spirits** New edition A haunted library is investigated.
11.00 **Ghost Adventures**
12.00 M'T **Ghost Nation**
1.00 AM **Ghost Adventures**
2.00 **Teleshopping**
4.00 **to 6.00** AM **Animal Cops San Francisco**

Blaze
164 199 64 162

6.00 AM **Hardcore Pawn**
7.45 **The UnXplained with William Shatner**
8.40 **Ancient Aliens**
10.40 **Storage Wars Canada**
11.10 **Storage Wars**
12.10 PM **Pawn Stars**
2.05 **Hardcore Pawn**
4.00 **Ancient Aliens**
6.00 **The UnXplained with William Shatner**
7.00 **Storage Wars**
8.00 **Dickinson's Real Deal**
9.00 **UFOs Declassified**
10.00 **Alien Files: Unsealed**
11.00 **Curse of Skinwalker Ranch** The team detect dangerous energy spikes and discover something otherworldly.
12.00 M'T **National Park Mysteries** Double bill.
1.00 AM **Court Cam**
2.00 **Swamp People**
3.00 **Dickinson's Real Deal**
3.45 **Storage Wars Canada**
4.10 **to 6.00** AM **Pawn Stars**
+1 hour 81

TLC
133 133 828 167

7.00 AM **Flip or Flop**
8.00 **Good Bones**
9.00 **Say Yes... UK**
10.00 **Say Yes to the Dress**
11.00 **Say Yes... Atlanta**
12.00 NOON **Say Yes to the Dress: Lancashire**
1.00 PM **Cake Boss**
2.00 **Dr Pimple Popper**
3.00 **My Lottery Dream Home** Double bill.
4.00 **Seeking Sister Wife**
5.00 **I Love a Mama's Boy**
6.00 **Flip or Flop**
7.00 **Dr Pimple Popper**
8.00 **My 600lb Life**
10.00 **Body Invaders** The story of a man who accidentally ate a sewing needle during dinner.
11.00 **Dr Pimple Popper**
12.00 M'T **My 600lb Life**
2.00 AM **Body Invaders**
3.00 **Dr Pimple Popper**
4.00 **Flip or Flop**
5.00 **to 6.00** AM **Say Yes to the Dress: UK**
+1 hour 233 172

5SELECT
153 152 56 133

9.00 AM **Eggheads**
9.30 **GPs: Behind Closed Doors** Documentary.
10.30 FILM **The Killer Affair** Thriller. (2019, PG) ★★
12.15 PM FILM **The Drowning at Beldwin Lake** Thriller. (2021, PG, 90min) ★★
2.00 **Holiday Homes in the Sun** The Tamar Valley.
3.00 **The Yorkshire Vet**
4.00 **Ben Fogle: New Lives in the Wild** Double bill.
6.00 **World's Most Scenic River Journeys**
7.00 **Susan Calman's Grand Day Out**
8.00 **Inside Waitrose: Britain's Poshest Supermarket**
9.00 **Secrets of the Royals on Tour** Documentary.
10.00 **Forged in Fire**
11.55 **Drain the Oceans**
1.00 AM **Great British Ships**
2.00 **Ben Fogle: New Lives in the Wild** Double bill.
3.50 **to 4.00** AM **Entertainment News**

Quest
144 144 834 169 12 172

6.00 AM **How Do They Do It?**
6.25 **Find It, Fix It, Flog It**
7.10 **The Repair Shop**
8.00 **American Pickers**
10.00 **Chasing Classic Cars**
11.00 **Goblin Works Garage**
12.00 NOON **Motor Pickers**
1.00 PM **The Repair Shop**
2.00 **Love Your Garden**
3.00 **Find It, Fix It, Flog It**
4.00 **Salvage Hunters**
5.00 **Salvage Hunters: The Restorers**
6.00 **Wheeler Dealers**
7.00 **Aussie Gold Hunters**
8.00 **Salvage Hunters**
9.00 NEW SERIES **Motor Pickers**
10.00 **Richard Hammond's Workshop**
12.00 M'T **Wheeler Dealers**
1.00 AM **Cops UK: Bodycam Squad**
2.00 **Goblin Works Garage**
3.00 **Motor Pickers**
4.00 **to 5.00** AM **How It's Made**
+1 hour 244 213 70 168

Quest Red
149 170 40 169

6.00 AM **Say Yes to the Dress**
7.00 **Curvy Brides Boutique**
8.00 **Say Yes to the Dress**
9.00 **Animal Cops Houston**
11.00 **Forensic Detectives**
1.00 PM **Diabolical: Deadly Love**
2.00 **Disappeared**
3.00 **Murder Comes to Town**
4.00 **Reasonable Doubt**
5.00 **Say Yes to the Dress**
7.00 **Who Do You Think You Are?** With Ruby Wax.
8.00 **Dr Pimple Popper**
9.00 **Murder in the Heartland** New edition The case of Roxanne Houston, whose shallow grave was discovered by hikers.
10.00 **A Killer's Mistake** A businessman disappears after a commercial failure.
11.00 **Forensic Detectives**
1.00 AM **The Perfect Murder**
2.00 **Murder Comes to Town**
3.00 **to 4.00** AM **FBI Files**
+1 hour 249 170

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125 125 823 250 320 325

6.00 AM **Wheeler Dealers**
7.00 **Deadliest Catch**
8.00 **Alaska: Homestead Rescue**
9.00 **Flying Wild Alaska**
10.00 **How Do They Do It?**
11.00 **Wheeler Dealers**
12.00 NOON **Salvage Hunters**
1.00 PM **Gold Rush**
3.00 **Building Off the Grid**
4.00 **Alaska: Homestead Rescue**
5.00 **Wheeler Dealers**
6.00 **Salvage Hunters** Drew Pritchard visits a magnificent country house in Scotland.

8.00 Dive Wars Australia

7.00 **Kindig Customs** The '67 GTO is ready for its debut, but the team aren't entirely sure about Dave's choice of colour.

8.00 **Dive Wars Australia** The crew try to take advantage of a break in the weather to seize their share of the trade.

9.00 **Legendary Locations** Josh Gates ventures to five legendary locations where man has battled the forces of nature.

10.00 **Naked and Afraid XL** Montana delivers a ferocious windstorm the night before extraction.

11.00 **Naked and Afraid** A couple test their survival skills and relationship in Guyana.
12.00 M'T **Expedition Bigfoot**
1.00 AM **Legendary Locations**
2.00 **Naked and Afraid XL**
3.00 **Moonshiners**
4.00 **to 5.00** AM **Wheeler Dealers**

+1 hour 225 258

Animal Planet

162 251

8.00 AM **Tanked**
9.00 **Pit Bulls & Parolees**
11.00 **Alaska: Homestead Rescue**
12.00 NOON **The Pool Master**
1.00 PM **Life at Vet University**
2.00 **Wild Dubai**
3.00 **Deadliest Sharks**
4.00 **My Cat from Hell** A cat that is tearing a couple apart.
5.00 **Animal Cops Philadelphia** Members of the team rescue a cat trapped in a drain.
6.00 **Tanked** Brett and Wayde to build a wrestling-themed tank for grappler Chris Jericho.

11.00 Monster Hammerhead

7.00 **Pit Bulls & Parolees** Earl returns from rehab, hoping to rebuild his life working with the dogs.

8.00 **Meet the Orangutans** Orangutan toddlers receive lessons in life. **8.30** The babies are at high risk from parasites.

9.00 **Meet the Penguins** The staff help a penguin contaminated by oil. **9.30** A new arrival melts Crabby's icy heart.

10.00 **Alaska: Surviving the Last Frontier** Greg Pierson sets out on a goat hunt despite never having fired a gun before.

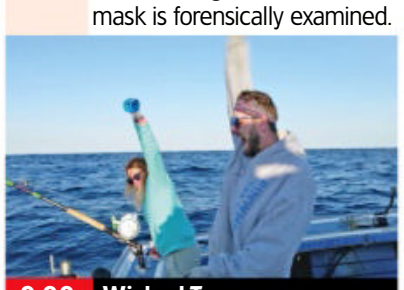
11.00 **Monster Hammerhead** A hammerhead shark rumoured to be 25ft long.
12.00 M'T **Sharks of the Shadowlands** Documentary.
1.00 AM **Alaskan Bush People**
2.00 **My Cat from Hell**
3.00 **Animal Cops Philadelphia**
4.00 **to 5.00** AM **Tanked**

+1 hour 262 259

Nat Geographic

129 129 825 266

8.00 AM **Made in a Day**
8.30 **Food Factory USA**
9.00 **Air Crash Investigation**
10.00 **Hitler's Last Stand**
11.00 **Nazi Weird War Two**
12.00 NOON **Car S.O.S**
1.00 PM **Wicked Tuna**
2.00 **Lost Treasures of Egypt**
3.00 **Two Million Year Old Boy**
4.00 **Sex in the Stone Age**
5.00 **Viking Warrior Women**
6.00 **Tut's Treasures: Hidden Secrets** King Tut's death mask is forensically examined.



9.00 Wicked Tuna...

7.00 **Air Crash Investigation** The crash of United Airlines Flight 232 in Sioux City, Iowa, in 1989.

8.00 **Car S.O.S** Tim Shaw and Fuzz Townshend help to fulfil a man's dream to get an E-type Jaguar back on the road.

9.00 **Wicked Tuna: Outer Banks Showdown** New edition Strategy becomes the key to catching elusive fish.

10.00 **Alaska: The Next Generation** Johnny searches for small game, while Chris and Jessi's livelihood is threatened.

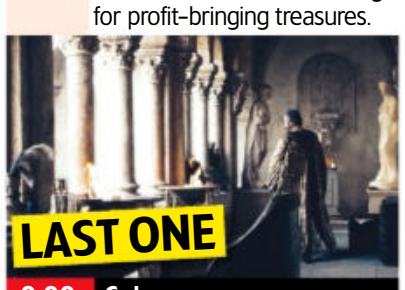
11.00 **Air Crash Investigation** The story of a 1974 plane crash.
12.00 M'T **Airport Security: Rome**
1.00 AM **To Catch a Smuggler**
2.00 **Money Meltdown**
2.30 **America's Wild Spaces**
2.55 **Secrets of the Zoo: Keeper Tales**
3.20 **to 5.00** AM **Food Factory**

+1 hour 229 267

Sky History

123 123 821 270 353 368

6.00 AM **Forged in Fire**
7.00 **Storage Wars**
8.00 **American Pickers**
9.00 **Pawn Stars**
10.00 **Secrets of the Lost Ark**
11.00 **Digging Up Britain's Past**
12.00 NOON **Mountain Men**
1.30 PM **Nature Gone Wild**
2.00 **Ancient Aliens**
3.00 **Salvage Kings**
4.00 **Strangest Things**
5.00 **Pawn Stars**
6.00 **American Pickers** Searching for profit-bringing treasures.



9.00 Colosseum

7.00 **Forged in Fire** Four bladesmiths must forge not just one, but three knives from railroad spikes in three hours.

8.00 **Pawn Stars: A Very Vegas Christmas** The guys hold a Christmas barbecue with the stars of other TV shows.

9.00 **Colosseum** Series finale *The Pagan:* 8/8. Examining the decline of the Roman Empire. (S1)

10.00 **Forged in Fire** New edition Two more intense one-on-one battles rage on as part of Gladiators of the Forge.

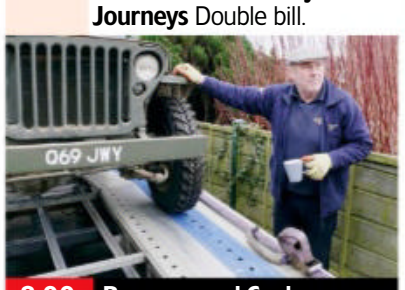
11.00 **History's Crazy Rich Ancients** Double bill
12.00 M'T **Historic Hauntings**
1.00 AM **Pawn Stars: A Very Vegas Christmas** As 8pm.
2.00 **Digging Up Britain's Past**
3.00 **Strangest Things**
4.00 **Salvage Kings**
5.00 **to 6.00** AM **Ancient Aliens**

+1 hour 223 271

Yesterday

155 155 846 129 27 159

6.00 AM **Highlights**
9.00 **Narrow Escapes of World War II** Documentary.
10.00 **WW2: Battles for Europe**
11.00 **Secrets of the London Underground**
12.00 NOON **Great British Railway Journeys** Four editions.
2.00 PM **Bangers & Cash: Restoring Classics**
4.00 **Narrow Escapes of World War II** Documentary.
5.00 **WW2: Battles for Europe**
6.00 **Great British Railway Journeys** Double bill.



8.00 Bangers and Cash

7.00 **Secrets of the London Underground** Tim Dunn and Siddy Holloway explore the hidden parts of Euston. **7 PM**

8.00 **Bangers and Cash** New edition A World War Two-era Willys Jeep arrives that is ripe for restoration. **8 PM**

9.00 **Hornby: A Model World** There's a challenge for designer Phil to get the curvature correct on Hornby's A4 locos. **9 PM**

10.00 **Bangers & Cash: Restoring Classics** Derek thinks a 29,000-mile Ford Capri should be kept original. **10 PM**

11.00 **Abandoned Engineering** The remains of a sky-high solution to a ground-based problem in Georgia.
12.00 M'T **Great British Railway Journeys** Double bill.
1.00 AM **Churchill's Bodyguard**
2.00 **to 3.00** AM **Scouting for Toys**

+1 hour 255 217 74

Disc. History

177 257

6.00 AM **Combat Dealers**
7.00 **How the Universe Works**
8.00 **Mysteries of the Deep**
9.00 **Combat Dealers**
10.00 **Expedition Unknown**
11.00 **How the Universe Works**
12.00 NOON **Shed and Buried** Double bill.
1.00 PM **Combat Dealers**
2.00 **Expedition Unknown**
3.00 **Blowing Up History**
4.00 **Mysteries at the Museum** A muscle car.
5.00 **Mysteries of the Deep**
6.00 **How the Universe Works**
7.00 **Expedition Unknown**
8.00 **Combat Dealers**
9.00 **The Dino Hunters**
10.00 **Expedition X** Examining the legend of Mothman.
11.00 **How the Universe Works**
12.00 M'T **Blowing Up History**
1.00 AM **Combat Dealers**
2.00 **The Dino Hunters**
3.00 **Combat Dealers**
4.00 **to 5.00** AM **Blowing Up History**

+1 hour 277 261

Eden

166 245

9.00 AM **Inside the Vets**
10.00 **Aquarium: An Aquatic...**
11.00 **David Attenborough's Natural Curiosities**
12.00 NOON **Forbidden History** Double bill.
2.00 PM **Inside the Vets**
3.00 **Africa From Above**
5.00 **Aquarium: An Aquatic...**
6.00 **David Attenborough's Natural Curiosities**
7.00 **Forbidden History**
8.00 **Inside the Vets**
9.00 **Africa From Above**
10.00 **David Attenborough's Natural Curiosities**
11.00 **Aquarium: An Aquatic Life** Repairs are made following a big storm.
12.00 M'T **Forbidden History**
1.00 AM **Inside the Vets**
2.00 **Aquarium: An Aquatic...**
3.00 **Natural Curiosities**
3.50 **Africa From Above**
4.40 **Forbidden History**
5.30 **to 6.00** AM **Natural Curiosities**

+1 hour 266 246

WILD

165 165 841 264 265

8.00 AM **Animal Fight Club**
9.00 **Ocean's Weirdest**
10.00 **Monster Fish of the Congo** A giant predator.
11.00 **Yukon Vet**
12.00 NOON **Snakes in the...**
1.00 PM **Lone Star Vet**
2.00 **Search for King Cobra**
3.00 **Komodo Dragons**
4.00 **America's Funniest Home Videos: Animal Edition**
5.00 **Snakes in the City**
7.00 **Secrets of the Zoo**
8.00 **Wicked Tuna: North v South**
9.00 **World's Biggest Bull Sharks** An unusually large bull shark.
10.00 **Serpents Surprise**
11.00 **Snakes in the City**
12.00 M'T **When Sharks Attack** Documentary.
1.00 AM **Animal Fight Club**
2.00 **Search for King Cobra**
3.00 **Komodo Dragons**
4.00 **to 5.00** AM **Lone Star Vet**

Sky History 2

163 163 840 272

8.00 AM **Empire Builders**
9.00 **Dangerous Missions**
10.00 **Damian Lewis: Spy Wars**
11.00 **Ancient Aliens**
1.00 PM **The Proof Is Out There** With Tony Harris.
2.00 **Empire Builders**
3.00 **History of Weapons**
4.00 **World's Deadliest Weather** An avalanche.
5.00 **Dangerous Missions**
6.00 **Alien Files: Unsealed**
7.00 **Ancient Aliens**
8.00 **History of Weapons** The Scorpio, the long sword and Henry's rifle.
9.00 **Britain's Greatest Obsessions** Exploring Britain's class system.
10.00 **Historic Hauntings**
11.00 **Ancient Aliens**
1.00 AM **History of Weapons**
2.00 **Britain's Greatest Obsessions** As 9.00pm.
3.00 **Historic Hauntings**
4.00 **Spy Wars**
5.00 **to 6.00** AM **What on Earth?**

PBS America

174 273 84 155

8.00 AM **Beautiful Serengeti**
8.30 **Stalin: Inside the Terror**
10.30 **WWII in Color: Road to Victory**
11.40 **D-Day: Last Words**
1.00 PM **Beautiful Serengeti**
1.45 **Stalin: Inside the Terror**
3.45 **WWII in Color: Road to Victory**
4.55 **D-Day: Last Words**
6.20 **Stalin: Inside the Terror** A portrait of the Soviet leader.
8.15 **WWII in Color: Road to Victory** New edition The US reluctantly prepare to invade Japan.
9.25 **D-Day: Last Words** The recollections of those involved in D-Day on 6 June 1944.
10.50 **Iberia's Woodlands: Life on the Edge** The wildlife of Spain and Portugal's forests.
12.00 M'T **WWII in Color: Road to Victory**
1.05 **to 2.00** AM **Beautiful Serengeti**

CI

156 156 837 198

6.00 AM **The First 48**
8.00 **Cold Case Files**
9.00 **Killer Britain**
10.00 **Meet, Marry, Murder**
11.00 **The Real Murders of...**
12.00 NOON **Buried in the Backyard**
1.00 PM **Fear Thy Neighbour**
2.00 **Imperfect Murder**
3.00 **On the Case**
4.00 **Murdertown**
5.00 **Cold Case Files**
6.00 **The First 48**
7.00 **Homicide: Hours to Kill**
8.00 **Imperfect Murder** New edition
9.00 **Homicide: Hours to Kill** New edition
10.00 **The First 48**
11.00 **Homicide Hunter**
12.00 M'T **Snapped**
1.00 AM **Homicide: Hours...**
2.00 **Murdertown**
3.00 **Criminal Confessions**
4.00 **Imperfect Murder**
5.00 **to 6.00** AM **The Real Murders of Atlanta**

+1 hour 256 222

SKY HD SD | VIRGIN HD | FREEVIEW HD | FREESAT HD | BT HD

THURSDAY Films

Thursday

Sky Cinema Premiere

301 301 848 401 501 515

6.10 AM **Lamborghini: The Man Behind the Legend** (2022)
8.00 **Paradise City** As 10.00pm.
9.50 **Bullet Train** As 5.50pm.
12.05 PM **The Independent** (2022)
2.05 **Where Is Anne Frank** Animation. (2021, PG) ★★★★
4.00 **Dakota** Family drama. (2022, PG, 96min) ★★
5.50 **Bullet Train** Comedy thriller starring Brad Pitt, Joey King and Aaron Taylor-Johnson. (2022, 15, 127min) ★★★★

4.00 Dakota

8 PM

8.00 **The Independent** Drama starring Jodie Turner-Smith, Brian Cox and Luke Kirby. A journalist discovers a conspiracy involving a US presidential candidate. (2022, 12, 108min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10 PM

10.00 **Paradise City** Thriller with Bruce Willis and John Travolta. A man tackles the Hawaiian crime world to wreak vengeance on the kingpin who apparently killed his father. (2022, 15, 94min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11 PM

11.50 **Lamborghini: The Man Behind the Legend** Drama. (2022, 12, 97min) ★★
1.40 AM **Dakota** As 4.00pm.
3.30 **Where Is Anne Frank** (2021)
5.25 **to 6.00** AM **Sky Cinema Preview**

+1 hour 312

Sky Cinema Hits

303 303 857 403 503 517

6.05 AM **Baby Done** Comedy. (2020, 15, 91min) ★★★
7.45 **The Cinema List: The 90s**
8.00 **Delivery Man** As 11.50pm.
10.00 **Stardust** Drama. (2020) ★★
12.00 NOON **The Boss Baby 2: Family Business** Animated sequel. (2021, PG, 107min) ★★
2.00 PM **Chicago** Musical. (2002, 12, 112min) ★★★★
4.10 **The Hangover Part III** Comedy sequel. (2013, 15, 100min) ★★
6.10 **Vendetta** As 1.45am.

6.10 Vendetta

8.00 **Ted** Offbeat buddy comedy starring Mark Wahlberg and Mila Kunis. A 35-year-old Boston slacker's best friend is the stuffed teddy bear who magically came to life when he was an eight-year-old boy. (2012, 15, 106min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **The Purge: Anarchy** Horror sequel with Frank Grillo and Carmen Ejogo. (2014, 15, 101min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.50 **Delivery Man** Remake of the French comedy drama *Starbuck*, starring Vince Vaughn and Chris Pratt. (2013, 12, 102min) ★★★
1.45 AM **Vendetta** Action thriller starring Bruce Willis, Thomas Jane and Clive Standen. (2022, 15, 96min) ★★
3.30 **The Purge: Anarchy** As shown at 10.00pm.
5.25 **to 6.25** AM **Sky Cinema Preview**

Sky Cinema Kids Books

306 306 850 406 506 520

7.30 AM **Maya the Bee** (2014) ★★
9.00 **The Ant Bully** Animation. (2006, U, 89min) ★★★★
10.35 **Charlie and the Chocolate Factory** (2005, PG) ★★★★
12.35 PM **The Snow Queen: Mirrorlands** (2018, U) ★★
2.05 **Peter Pan** (2003, PG) ★★★★
4.00 **The Amazing Maurice** Animation. (2022, PG) ★★★★
5.40 **Willy Wonka and the Chocolate Factory** Fantasy. (1971, U, 100min) ★★★★

4.00 The Amazing Maurice

7.25 **Oliver!** Musical based on Charles Dickens' *Oliver Twist*, starring Mark Lester. A runaway orphan learns the ways of the London underworld from a gang of urchin pickpockets and their boss, Fagin. (1968, U, 146min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.55 **Clifford the Big Red Dog** Family adventure starring Jack Whitehall, Darby Camp, Izaac Wang and John Cleese. (2021, PG, 96min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.35 **Moomins and the Winter Wonderland** Animated adventure featuring the voices of Stellan Skarsgård and Alicia Vikander. Moomintroll decides to stay awake to explore the winter instead of having his winter slumber as usual. (2017, U, 82min) ★★★
1.05 AM **Oliver!** As 7.25pm.
3.35 **Clifford the Big Red Dog**
5.15 **to 6.45** AM **Moomins and the Winter Wonderland**

Sky Cinema Action

307 307 851 407 507 521

8.00 AM **The Lord of the Rings: The Fellowship of the Ring** Epic fantasy adventure. (2001, PG, 178min) ★★★★★
11.00 **Inception** Sci-fi thriller. (2010, 12, 148min) ★★★★★
1.30 PM **The Warrior Queen of Jhansi** As shown at 2.05am.
3.15 **The Hurricane Heist** Action thriller. (2018, 12, 103min) ★
5.00 **The Lord of the Rings: The Two Towers** Epic fantasy. (2002, 12, 179min) ★★★★★

9.55 The 355

8.00 **San Andreas** Disaster movie starring Dwayne Johnson and Carla Gugino. Following an earthquake in California, a helicopter pilot makes a dangerous journey across the state to rescue his daughter. (2015, 12, 114min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.55 **The 355** Action thriller with Jessica Chastain and Penélope Cruz. When a top-secret weapon falls into mercenary hands, a CIA agent joins forces with three international agents to retrieve it. (2022, 12, 122min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **Stealth** Action thriller with Josh Lucas, Jessica Biel, Jamie Foxx and Sam Shepard. (2005, 12, 121min) ★★
2.05 AM **The Warrior Queen of Jhansi** Adventure starring Devika Bhise and Jodhi May. (2019, 15, 102min) ★★
3.55 **to 6.00** AM **The 355** (2022)

Sky Cinema Comedy

308 308 408 508 522

6.35 AM **Norbit** (2007, 12) ★★
8.30 **Summer Rental** Comedy. (1985, PG, 88min) ★★
10.10 **Vampire in Brooklyn** Horror comedy. (1995, 15) ★★
12.05 PM **I Love You Phillip Morris** Comedy. (2009, 15) ★★★
2.00 **The First Wives Club** Comedy. (1996, PG, 102min) ★★★
4.00 **Just Friends** Comedy. (2005, 12, 94min) ★★
5.50 **Trainwreck** Comedy drama. (2015, 15, 124min) ★★★

5.50 Trainwreck

8.00 **Sleepless in Seattle** Romantic comedy starring Tom Hanks and Meg Ryan. A woman hears a grieving widower pour his heart out on the radio and becomes convinced he is the man of her dreams. (1993, PG, 105min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Central Intelligence** Action comedy starring Dwayne Johnson and Kevin Hart. A rogue CIA agent turns to an old classmate for help when he is targeted by his own organisation. (2016, 12, 107min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.55 **Pineapple Express** Comedy. (2008, 18, 111min) ★★★★
1.55 AM **Road Trip** Teen comedy. (2000, 15, 94min) ★★★
3.45 **Poms** Comedy drama. (2019, 12, 90min) ★★★
5.25 **to 6.25** AM **Sky Cinema Preview**

primetime

Sky Cinema Oscars

304 304 849 404 504 518

7.15 AM **The Danish Girl** Period drama. (2015, 15, 117min) ★★★
9.15 **Selma** Fact-based drama. (2014, 12, 128min) ★★★★★
11.25 **A Beautiful Mind** Biopic. (2001, 12, 136min) ★★★★
1.40 PM **The Cinema List: Behind the Camera Oscars**
2.00 **The Hours** Drama with Nicole Kidman and Meryl Streep. (2002, 12, 115min) ★★★
3.55 **The Social Network** Drama starring Jesse Eisenberg. (2010, 12, 120min) ★★★★★
6.00 **The Bourne Ultimatum** Spy thriller sequel with Matt Damon. (2007, 12, 115min) ★★★★
8.00 **The Batman** Comic-book drama starring Robert Pattinson. When a masked terrorist starts murdering seemingly innocent people, Batman begins investigating on the streets of Gotham City. With Zoë Kravitz. (2021, 15, 176min) ★★★★
11.00 **Pulp Fiction** Black comedy thriller starring John Travolta. (1994, 18, 154min) ★★★★★
1.35 AM **Little Voice** Comedy drama. (1998, 15, 98min) ★★★★
3.15 **The Hours** As 2.00pm.
5.10 **to 6.50** AM **Hondo** Western. (1953, PG, 84min) ★★★

Sky Cinema Animation

305 305 412 500 514

6.00 AM **Wheely** Animated comedy. (2018, PG, 90min) ★
7.35 **A Dragon's Adventure** Animated family adventure. (2019, U, 80min) ★★
9.10 **Spy Cat** Animated comedy. (2018, U, 92min) ★★
10.55 **The Rugrats Movie** Animation. (1998, U, 80min) ★★★
12.35 PM **Shaun the Sheep Movie** Animation. (2015, U) ★★★★
2.15 **A Shaun the Sheep Movie: Farmageddon** Animation. (2019, U, 86min) ★★★★
4.00 **Dragon Rider** Animation. (2020, PG, 91min) ★★★
5.35 **Fly Me to the Moon** Animation. (2008, U, 84min) ★★
7.15 **Cranston Academy: Monster Zone** Animated adventure. (2020, PG, 85min) ★★★
8.45 **Son of Bigfoot** Animation. (2017, U, 95min) ★★★
10.20 **Dogtanian and the Three Muskehounds** (2021, U) ★
11.55 **Justin and the Knights of Valour** Animated adventure. (2013, PG, 96min) ★★
1.35 AM **Animals United** Animation. (2010, U, 92min) ★★
3.15 **Cranston Academy: Monster Zone** As shown at 7.15pm.
4.45 **to 6.20** AM **Son of Bigfoot**

TCM Movies

315 415

6.00 AM **Hollywood's Best Directors**
8.55 **Off Set** With Ben Miller.
9.15 **The Spy with My Face** Adventure. (1964, PG) ★★
11.00 **Knights of the Round Table** Adventure. (1953, PG) ★★★
1.30 PM **The Bounty Hunter** Western. (1954, U, 79min) ★★
3.10 **The Treasure of the Sierra Madre** Adventure. (1948, b/w, PG, 126min) ★★★★★
5.45 **Wagons West** Western. (1952, U, 71min) ★★★
7.15 **Off Set** With Jamie Cullum.
7.30 **The Fighting Lawman** Western with Wayne Morris. A robber's sister double-crosses a deputy marshal while helping him locate her brother's partners in crime. (1953, b/w, U, 71min) ★★
9.00 **Wyatt Earp** Epic Western biopic of the famous frontier lawman. Stars Kevin Costner, Dennis Quaid and Gene Hackman. (1994, 12, 190min) ★★★
12.55 AM **Hard Target** Action thriller with Jean-Claude Van Damme. (1993, 18, 95min) ★★★
3.00 **Teleshopping**
5.00 **to 6.00** AM **Hollywood's Best Directors**

+1 hour 316 417

Talking Pictures

328 445 82 306

6.00 AM **Honey West** 15/30. (S1)
6.30 **Francis of Assisi** Epic drama. (1961, PG, 111min) ★★★
8.40 **The World of Budgerigars**
9.00 **Black Saddle** 10/20. (S1)
9.30 **Daddy Long Legs** Musical. (1955, U, 126min) ★★★
12.00 NOON **The Escape Artist** Crime comedy. (1982, PG, 90min) ★★
1.50 PM **Behind the Camera**
2.30 **Crown Court**
3.00 **Melvyn's Talking Pictures**
3.10 **Bulldog Drummond at Bay** Adventure. (1937, PG) ★★
4.45 **Melvyn's Talking Pictures**
4.55 **Green for Danger** Comedy thriller. (1946, b/w, PG) ★★★★
6.45 **Shadow of Fear** Thriller. (1963, b/w, U, 63min) ★★
8.00 **The Saint** 1/23. (S3)
9.00 **Justice** 13/13. (S2)
10.00 **Steptoe and Son** Big-screen comedy spin-off starring Wilfrid Brambell and Harry H Corbett. (1972, PG, 98min) ★★
11.50 **Cry of the City** Crime thriller. (1948, b/w, PG, 95min) ★★
1.40 AM **This Was a Woman** Crime drama. (1948, b/w, PG) ★★
3.45 **The Resurrection of Zachary Wheeler** Sci-fi thriller. (1971, 12, 100min) ★★★
5.50 **to 6.00** AM **Look at Life**

HorrorXtra

317 192 138

HorrorXtra programmes start at 5.00pm

5.00 PM **Wyvern** Monster movie. (2009, 15, 84min) ★★
6.50 **This Is HorrorXtra**
7.00 **First Wave** *Night Falls:* 12/22. The aliens try to trick Cade. (S2)
8.00 **Knight Rider** *Brother's Keeper:* 3/24. An extortionist threatens to blow up a city. (S2)
9.00 **The Diabolical** Horror with Ali Larter. A single mother and her children are awoken nightly by an intense presence, so she asks her scientist boyfriend to destroy the spirit. (2015, 15, 86min) ★★
10.45 **The Loft** Thriller starring Karl Urban and James Marsden. (2013, 15, 98min) ★★★★
12.50 AM **This Is HorrorXtra**
1.00 **First Wave** As 7.00pm.
2.00 **to 3.00** AM **Knight Rider**

+1 hour 318 219 139

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Thriller

309 309 409 509 523

6.00 AM **Promising Young Woman** Thriller. (2020, 15) ★★★★
8.05 **Old** Horror. (2021, 15) ★★
10.05 **Red Lights** Thriller. (2012, 15, 109min) ★★★
12.05 PM **Limitless** Action thriller. (2011, 15, 104min) ★★★★
2.05 **Reindeer Games** Thriller. (2000, 15, 105min) ★★★★
4.05 **10 Cloverfield Lane** Thriller. (2016, 12, 103min) ★★★★
6.05 **Welcome to the Punch** Thriller. (2013, 15, 98min) ★★★

8.00 Panic Room

8.00 **Panic Room** Suspense thriller starring Jodie Foster. A newly divorced woman and her daughter are trapped in a hidden chamber in their home by three burglars. With Kristen Stewart and Forest Whitaker. (2002, 15, 112min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Dragged Across Concrete** Crime drama starring Mel Gibson and Vince Vaughn. Two overzealous cops get suspended, forcing them to delve into the criminal underworld to get their proper compensation. (2018, 18, 158min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.40 AM **Brooklyn's Finest** Thriller. (2009, 18, 127min) ★★★
3.05 **The Secrets We Keep** Thriller. (2020, 15, 97min) ★★★
5.00 **to 6.00** AM **Sky Cinema Preview**

Sky Cinema Drama

310 310 410 510 524

6.00 AM **23 Walks** As 4.10am.
7.45 **Sunset Boulevard** Drama. (1950, b/w, PG) ★★★★★
9.40 **The Great Gatsby** Romance. (1974, 12, 146min) ★★★
12.05 PM **Revolutionary Road** Drama. (2008, 15) ★★★★
2.10 **Babel** Epic global drama. (2006, 15, 143min) ★★★
4.35 **Forces of Nature** Comedy. (1999, 12, 105min) ★★★
6.25 **Miss Potter** Biographical drama. (2006, PG) ★★★★

10.25 The Back-Up Plan

8.00 **In the Heights** Musical starring Anthony Ramos, Corey Hawkins and Leslie Grace. A sympathetic New York bodega owner saves every penny every day as he imagines and sings about a better life. (2021, PG, 143min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.25 **The Back-Up Plan** Romantic comedy starring Jennifer Lopez and Alex O'Loughlin. (2010, 12, 100min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.15 AM **Kramer vs Kramer** Drama starring Dustin Hoffman and Meryl Streep. (1979, PG, 104min) ★★★★★
2.10 **A Violent Separation** Crime thriller with Brenton Thwaites. (2019, 15, 106min) ★★
4.10 **to 6.00** AM **23 Walks** Romantic comedy drama. (2020, 12, 102min) ★★

Sky Cinema Sci-Fi/Horror

311 311 858 411 511 525

6.00 AM **Firestarter** Thriller. (2022, 15, 94min) ★★★
7.50 **Ouija** Horror. (2014, 15) ★★
9.35 **Skyline** (2010, 15) ★★★
11.25 **The Mortal Instruments: City of Bones** (2013, 12) ★★★
1.50 PM **Paycheck** Sci-fi thriller. (2003, 12, 119min) ★★★
4.00 **Battle: Los Angeles** Adventure. (2011, 12, 116min) ★★★
6.10 **Escape Room: Tournament of Champions** Horror sequel. (2021, 15, 88min) ★★

10.00 Pet Sematary

8.00 **Midnight Special** Sci-fi adventure starring Michael Shannon and Jaeden Martell. A boy with strange powers is protected by his father from religious extremists and government agents. With Kirsten Dunst. (2015, 12, 109min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Pet Sematary** Supernatural thriller based on the bestseller by Stephen King, starring Dale Midkiff, Fred Gwynne and Denise Crosby. (1989, 18, 103min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.50 **Halloween Kills** Horror sequel with Jamie Lee Curtis. (2021, 18, 105min) ★★★★
1.40 AM **Crimes of the Future** Horror with Viggo Mortensen. (2022, 18, 107min) ★★★
3.35 **We Still Say Grace** Thriller. (2020, 15, 94min) ★★★
5.15 **to 6.15** AM **Sky Cinema Preview**

Sky Cinema Elvis

302 302 856 402 502 516

6.00 AM **Sky Cinema Preview**
6.50 **GI Blues** As 6.00pm.
8.45 **Blue Hawaii** As 8.00pm.
10.40 **Girls! Girls! Girls!** As 9.55pm.
12.35 PM **Fun in Acapulco** (1963)
2.25 **Paradise – Hawaiian Style** Musical. (1966, U, 91min) ★★
4.10 **Easy Come, Easy Go** Musical adventure starring Elvis Presley. (1967, U, 95min) ★★
6.00 **GI Blues** Musical comedy starring Elvis Presley. (1960, PG, 100min) ★★★

9.55 Girls! Girls! Girls!

8.00 **Blue Hawaii** Musical starring Elvis Presley. Returning to Hawaii after military service, the son of a pineapple tycoon gets a job in a travel agency – to the consternation of his snobbish family. (1961, PG, 103min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.55 **Girls! Girls! Girls!** Musical starring Elvis Presley, Stella Stevens and Laurel Goodwin. A fisherman falls for a rich girl who is pretending to be poor. (1962, U, 106min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.50 **Fun in Acapulco** Musical comedy starring Elvis Presley as a trapeze artist who becomes an Acapulco lifeguard. With Ursula Andress. (1963, U, 93min) ★★
1.40 AM **Paradise – Hawaiian Style** As shown at 2.25pm.
3.25 **Easy Come, Easy Go**
5.15 **to 6.15** AM **Sky Cinema Preview**

Film4

313 313 855 428 14 300

■ **Films start at 11.00am**
11.00 AM **Yangtse Incident** Adventure with Richard Todd. (1956, b/w, PG, 113min) ★★★
1.25 PM **A Town Like Alice** World War Two drama. (1956, b/w, PG, 111min) ★★★★
3.55 **Howards End** Period drama. (1991, PG, 142min) ★★★★★
6.45 **Crocodile Dundee II** Comedy adventure sequel starring Paul Hogan and Linda Kozlowski. (1988, PG, 111min) ★★

9.00 The Godfather Part II

Crocodile Dundee II (film started at 6.45pm) 8 PM
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **The Godfather Part II** Francis Ford Coppola's gangster sequel starring Al Pacino and Robert De Niro. Having escaped to America following his mother's murder by a Mafia don, Sicilian Vito Corleone rises to prominence as a feared gangster. Fifty years later, his son Michael consolidates his position as the head of his late father's empire. (1974, 18, 200min) ★★★★★ 9 PM 10 PM 11 PM
SEX ●●● VIOLENCE ●●● LANG ●●●

1.05 **to 3.50** AM **Her Smell** Drama starring Elisabeth Moss. A self-destructive punk rocker struggles with sobriety. (2018, 15, 136min) ★★★★

+1 hour 314 430 47 301

GREAT! movies romance

319 424 52 303

6.00 AM **Love Stories in Sunflower Valley** Romantic comedy. (2021, PG, 90min) ★★
8.00 **Our Dream Wedding** Romantic drama. (2020, PG, 90min) ★★
10.00 **A Wedding to Remember** Drama. (2020, PG, 85min) ★★
12.00 NOON **Love at Sea** Romantic drama. (2018, PG, 90min) ★★
2.00 PM **Just for the Summer** Drama. (2020, PG, 90min) ★★
4.00 **Autumn Dreams** Comedy. (2015, PG, 90min) ★★
6.00 **Just the Way You Are** Comedy starring Candace Cameron Bure. (2015, PG, 90min) ★★
8.00 **Love Struck Cafe** Romantic drama starring Sarah Jane Morris. (2017, PG, 84min) ★★
10.00 **A Love to Remember** Romantic drama starring Rhiannon Fish and Edward Ruttle. (2021, PG, 90min) ★★
11.50 **Cooking Up Love** Romantic drama. (2020, PG, 85min) ★★
1.30 AM **For the Love of Chocolate** Comedy. (2021, PG, 85min) ★★
3.00 **Blue Moon Ball** Romantic drama. (2021, PG, 95min) ★★
4.30 **to 6.00** AM **Anything for Love** Comedy. (2016, PG, 84min) ★★

+1 hour 320 303 63 304

GREAT! movies

321 425 34 302

9.00 AM **The Wedding Stalker** Thriller. (2017, PG, 89min) ★★
11.00 **Evidence of Truth** Thriller. (2016, 12, 90min) ★★
1.00 PM **Deadly Switch** Thriller. (2019, PG, 90min) ★★
3.00 **Crimes of the Mind** Fact-based thriller. (2014, PG, 84min) ★★
5.00 **Lost Letter Mysteries: Signed Sealed Delivered** Crime drama. (2013, PG, 90min) ★★
6.50 **Bewitched** Romantic comedy fantasy starring Nicole Kidman and Will Ferrell. An egotistical actor unwittingly casts a real witch to co-star in a revival of the 1960s TV series about a witch married to a mortal man. (2005, PG, 102min) ★★★
9.00 **The American** Thriller starring George Clooney. A lone assassin hides out in an Italian hill-top village while he builds a customised rifle for a fellow killer. (2010, 15, 104min) ★★★
10.55 **Tears of the Sun** Action drama. (2003, 15, 121min) ★
1.15 AM **The Butterfly Effect** Sci-fi thriller. (2003, 15, 113min) ★★★
3.45 **to 6.00** AM **The Diamond Hunters** Drama. (2001, PG) ★★

+1 hour 322 61

GREAT! movies action

323 426 42 305

6.00 AM **M*A*S*H** (S10)
7.00 **Candlelight in Algeria** Thriller. (1943, b/w, PG, 85min) ★★★
8.50 **500 MPH Storm** Disaster movie. (2013, PG, 86min) ★★
10.30 **Battle Honours**
11.30 **Wild West Chronicles**
12.00 NOON **M*A*S*H** (S10)
1.00 PM **Red Rose of Normandy** World War Two adventure. (2011, 12, 98min) ★★
3.05 **The Walls of Hell** Adventure. (1964, b/w, PG, 88min) ★★
4.55 **Aces 'N Eights** Western. (2008, 12, 80min) ★★
6.40 **Wild West Chronicles**
7.10 **Tornado Warning** Sci-fi action thriller starring Jeff Fahey. (2012, PG, 90min) ★★
9.00 **First Kill** Thriller starring Bruce Willis and Hayden Christensen. A father is blackmailed into helping a criminal gang evade a corrupt police chief. (2017, 15, 97min) ★★
11.05 **Area of Conflict** Drama starring Tino Struckmann and Ted McGinley. (2017, 15, 94min) ★★
12.55 AM **Active Stealth** Action thriller. (1999, 18, 95min) ★
2.55 **to 4.00** AM **The Blitz on Berlin**

+1 hour 324

Movies 24

325 419

7.00 AM **Love at Sunset Terrace** Drama. (2020, PG, 90min) ★★
9.00 **Finding Love in Mountain View** Drama. (2020, PG, 90min) ★★
11.00 **It Was Always You** Romantic drama. (2021, PG, 86min) ★★
1.00 PM **Love at Daisy Hills** Drama. (2020, PG, 90min) ★★
3.00 **Calling for Love** Romantic comedy starring Karissa Lee Staples. (2020, PG, 90min) ★★
5.00 **Blueprint to the Heart** Drama. (2020, PG, 90min) ★★
7.00 **Unthinkably Good Things** Drama starring Karen Pittman. Three old friends reunite in Tuscany, and take the chance to reexamine their relationships. (2022, PG, 84min) ★★
9.00 **Moriah's Lighthouse** Comedy starring Rachelle Lefevre. An artisan living in a seaside town dreams of restoring a lighthouse – but an architect may derail her plans. (2022, PG, 84min) ★★
11.00 **Save the Wedding** Romantic drama. (2021, PG, 86min) ★★
1.00 AM **Love Is a Piece of Cake** Drama. (2020, PG, 90min) ★★
3.00 **to 5.00** AM **Sweet Autumn** Drama. (2020, PG, 84min) ★★

+1 hour 326 420

FILMS ON OTHER CHANNELS

6pm TILL LATE

Fall *Netflix* Survival thriller. ★★★
8.00 PM **Chariots of Fire** *BBC4* Drama starring Ben Cross and Ian Charleson. ★★★★★
9.00 **Diamonds Are Forever** *ITV4* James Bond adventure starring Sean Connery. ★★★
10.00 **Hancock** *4Seven* Action comedy fantasy starring Will Smith and Charlize Theron. ★★★
10.00 **Rain Man** *BBC4* Barry Levinson's drama starring Dustin Hoffman and Tom Cruise. ★★★★
10.45 **End of Watch** *BBC3* Police thriller starring Jake Gyllenhaal and Michael Peña. ★★★★
11.30 **Lone Survivor** *ITV4* Fact-based Afghanistan War drama starring Mark Wahlberg. ★★★★
12.00 M'T **The Final Level: Escaping Rancala** *Sky Sci-Fi* Fantasy adventure starring Emily Sweet and Jessica Chancellor. ★
1.40 AM **The Act of Killing** *Sky Documentaries* Documentary in which former leaders of death squads re-enact their killings. Subtitled. ★★★★
2.20 **Whiskey Tango Foxtrot** *Channel 4* Fact-based comedy drama starring Tina Fey. ★★★

Thursday

Sky Sports Main Event

401 401 859 | 511 501 | 420 440

6.00 AM LIVE **LPGA Tour Golf** The opening day of the HSBC Women's World Championship.
7.30 LIVE **Test Cricket South Africa v West Indies.** Coverage of the third day's play of the first Test in the two-match series from SuperSport Park Cricket Stadium in Centurion.
4.00 PM LIVE **Pakistan Super League Lahore Qalandars v Quetta Gladiators.** Coverage of the T20 match, which takes place at Gaddafi Stadium in Lahore.
6.00 **Sky Sports News**
7.00 LIVE **Premier League Darts** The fifth night of the tournament from Westpoint Arena in Exeter.
10.30 **Back Pages Tonight**
11.00 **Sky Sports News**
12.00 M'T **TNT Pre-Game Show**
12.30 AM LIVE **NBA Basketball Dallas Mavericks v Philadelphia 76ers** Tip-off 12.30am.
3.00 LIVE **NBA Basketball Golden State Warriorsv Los Angeles Clippers** Tip-off 3.00am.
5.30 **to 6.00** AM LIVE **LPGA Tour Golf** The second day of the HSBC Women's World Championship.

Sky Sports Premier League

402 402 860 | 512 502 | 421 441

6.00 AM **PL Greatest Games**
7.00 **Premier League Legends**
8.00 **Premier League Best Goals**
9.00 **Premier League Highlights**
10.00 **The Football Show**
12.00 NOON **Premier League Highlights** Double bill.
1.00 PM **Premier League Years** Highlights of the 2000/01 season.
3.00 **PL Greatest Games**
4.00 **Premier League Best Goals** The 2003/04 season.
5.00 **Premier League 100 Club**
6.00 **Premier League Highlights**
7.00 **Premier League – The Big Interview**
7.30 **Premier League Stories**
8.00 **Premier League Highlights**
9.00 **Premier League – The Big Interview**
9.30 **Premier League Stories**
10.00 **Premier League Icons**
10.30 **PL Retro** Birmingham City v Aston Villa from 2002.
12.30 AM **Premier League Icons**
1.00 **Premier League Years**
3.00 **PL Greatest Games**
4.00 **PL Best Goals 09/10**
5.00 **Premier League Best Goals**
5.30 **to 6.00** AM **Premier League 100 Club**

Sky Sports Football

403 403 861 | 513 503 | 422 442

6.00 AM **EFL** The 2019/20 play-offs.
9.00 **EFL Greatest Games**
10.00 **EFL Cup Retro** Manchester City v Sunderland in the 2014 final.
12.00 NOON **EFL Highlights**
12.30 PM **EFL Goals: Leagues 1 & 2**
1.00 **EFL Highlights**
2.00 **EFL Goals: Leagues 1 & 2**
2.30 **Soccer AM: The Best Bits**
3.00 **Bundesliga Highlights Show**
4.00 **EFL Highlights**
4.30 **EFL Goals: Leagues 1 & 2**
5.00 **Bundesliga** Recent highlights.
5.30 **Women's Football Weekly**
6.00 **Bundesliga Weekly**
6.30 **Inside the WSL**
7.00 **EFL Highlights**
7.30 **Women's Football Weekly**
8.00 **Bundesliga** Recent highlights.
8.30 **Scottish Premiership Round-Up** Recent action.
8.45 **EFL Highlights** Action from Luton Town v Millwall.
9.00 **Bundesliga Weekly**
9.30 **Inside the WSL**
10.00 **Bundesliga** Recent highlights.
10.30 **Women's Football Weekly**
11.00 **EFL Greatest Games**
12.00 M'T **EFL Cup Highlights**
1.00 **to 6.00** AM **SPFL Greatest Games**

Sky Sports Cricket

404 404 862 | 514 504 | 423 443

6.00 AM **Best of The Women's World T20** The 2012 final. **6.20** Action from Australia v England in the 2018 final.
6.30 **Test Cricket**
7.30 LIVE **Test Cricket South Africa v West Indies.** Coverage of the third day of the first Test in the two-match series.
4.00 PM LIVE **Pakistan Super League Lahore Qalandars v Quetta Gladiators.** Coverage of the T20 match, which takes place at Gaddafi Stadium in Lahore.
6.00 **Test Cricket**
7.00 **Talking Cricket**
8.00 **Pakistan Super League Highlights** Action from Lahore Qalandars v Quetta Gladiators.
9.00 **Test Cricket**
10.00 **Pakistan Super League Highlights** As shown at 10pm.
11.00 **Test Cricket**
12.00 M'T **Pakistan Super League**
4.10 AM **Best of The Women's World T20** Action from England v Australia in the 2012 final. **4.30** Action from England v New Zealand in the 2009 final.
5.00 **to 6.00** AM **Pakistan Super League Highlights**

Sky Sports Golf

405 405 863 | 515 505 | 424 444

6.00 AM LIVE **LPGA Tour Golf** The opening day of the HSBC Women's World Championship.
7.30 **Women In Golf**
8.30 **PGA Tour: The Cut**
9.00 **LPGA Tour Golf**
11.00 **Arnold Palmer Invitational Preview** A look ahead.
11.30 **Challenge Tour Golf**
12.00 NOON LIVE **PGA Tour Golf** Coverage of the opening day of the Arnold Palmer Invitational.
11.00 PM **LPGA Tour Golf**
11.15 **Mr Palmer's Legacy**
12.00 M'T **Masterpiece Theatre**
12.15 AM **LPGA Tour Golf**
12.30 **Chronicles of a Champion Golfer** A profile of Tony Jacklin.
1.00 **PGA Tour Golf**
1.15 **Mr Palmer's Legacy**
2.00 **LPGA Tour Golf**
2.15 **PGA Tour Golf**
3.30 **LPGA Tour Golf**
3.45 **PGA Tour Golf**
4.00 **Mr Palmer's Legacy**
4.45 **Masterpiece Theatre**
5.00 **LPGA Tour Golf**
5.15 **PGA Tour Golf**
5.30 **to 6.00** AM LIVE **LPGA Tour Golf** The second day of the HSBC Women's World Championship.

BT Sport 1

413 413 870 | 527 | 408 430

6.00 AM LIVE **Test Cricket India v Australia.** Coverage of the second day of the third Test.
12.00 NOON **The Football's On**
1.00 PM **Test Cricket Highlights** New Zealand v England.
3.00 **Premier League Stories**
3.30 **The Football's On**
4.30 **Ligue 1 Show**
5.00 **ESPN FC** Football news.
5.30 **ESPN FC Presents: Gab & Juls**
6.00 LIVE **MLB Boston Red Sox v Philadelphia Phillies.** Coverage of the spring training match from JetBlue Park in Fort Myers, Florida.
9.30 **Serie A – Full Impact**
10.00 **Premier League – The Big Interview**
10.30 **ESPN FC Presents: Gab & Juls**
11.00 **The Football's On**
12.00 M'T LIVE **College Basketball Illinois Fighting Illini v Michigan Wolverines.** Coverage of the NCAA clash. Tip-off 12.00m't.
2.00 AM **BT Sport Reload**
2.15 **Serie A – Full Impact**
2.45 **Test Cricket Highlights**
3.45 **to 6.00** AM LIVE **Test Cricket India v Australia.** Coverage of the third day's play of the third Test from Dharamsala.

BT Sport 2

414 414 871 | 528 | 409 431

6.00 AM LIVE **Hockey Argentina v USA.** Coverage of the Women's FIH Hockey Pro League match from Tasmanian Hockey Centre in Hobart. Push-back 6.10am.
8.00 LIVE **Hockey Argentina v Spain.** Coverage of the Men's FIH Hockey Pro League match from Tasmanian Hockey Centre in Hobart. Push-back 8.10am.
10.00 **Primeira Liga** Vizela v Benfica.
11.00 **Ligue 1** Recent action.
3.00 PM **UEFA Europa League Highlights Show** Action from the knockout round play-off second-leg encounters.
4.00 **Primeira Liga** Vizela v Benfica.
5.00 **WWE Friday Night SmackDown** Wrestling action.
6.30 **WWE Monday Night Raw** The latest wrestling action.
9.00 **WWE NXT Highlights**
10.00 **World Poker Tour Series**
12.00 M'T **Hockey** Highlights from Argentina v USA in the Women's FIH Hockey Pro League.
2.00 AM LIVE **College Basketball** Coverage of an NCAA fixture.
4.00 **UFC** The tale of Leon Edwards.
4.30 **to 6.00** AM **Gallagher Premiership Rugby Highlights**

BT Sport 3

417 417 874 | 529 | 410 432

6.00 AM **ESPN FC** Football news.
6.30 **A-League Highlights**
7.00 **Premier League Reload**
7.15 **WWE NXT** Wrestling action.
9.00 **Serie A** Recent highlights.
6.00 PM **Test Cricket Highlights**
7.00 **Test Cricket Highlights** A look back at the second Test between New Zealand and England.
9.00 **Test Cricket Highlights** Action from the second day of the third Test between India and Australia.
10.00 **UFC Fight Camp**
10.30 **The Dan Hardy Breakdown Show** Upcoming UFC 285 action.
11.00 **Fight Week** A look ahead to the heavyweight title bout between Jon Jones and Ciryl Gane.
11.30 **UFC Countdown**
12.30 AM **UFC** The tale of Leon Edwards.
1.00 **The Dan Hardy Breakdown Show** Upcoming UFC 285 action.
1.30 **Fight Week**
2.00 **UFC Fight Camp**
2.30 **UFC Countdown**
3.30 **UEFA Europa League Highlights Show**
4.30 **Serie A – Full Impact**
5.00 **Ligue 1 Show**
5.30 **to 6.00** AM **ESPN FC Presents: Gab & Juls**

Sky Sports Action

407 407 865 | 517 507 | 426 446

6.00 AM **Rugby Greatest Games**
6.30 **International Rugby Union**
7.30 **Netball Superleague** Another chance to see Loughborough Lightning v Saracens Mavericks.
9.30 **British Basketball** Sheffield Sharks v Surrey Scorchers.
11.45 **Super Bowl LVII Highlights** Action from Philadelphia Eagles v Kansas City Chiefs.
12.00 NOON **Good Morning Football**
3.00 PM **Fight Night International**
5.00 **Fight Night** Josh Taylor v Jack Catterall from February 2022.
6.00 **NBA Action** The latest news.
6.30 **The Darts Show**
7.00 LIVE **Premier League Darts** Coverage of the fifth night of the tournament staged at Westpoint Arena, Exeter, with a format featuring quarter-finals, semi-finals and a final all in one night.
10.30 **The Darts Show**
11.00 **Black Arrows: The Next Generation** Diversity in darts.
12.00 M'T **Betfred Super League Highlights** Recent action.
12.30 AM **NFL Bitesize Highlights**
1.00 **Total Access**
2.00 **Premier League Darts**
5.30 **to 6.00** AM **The Darts Show**

Sky Sports Mix

416 416 873 | 520 510 | 429 449

6.00 AM **PL Greatest Games**
7.00 **Premier League Legends**
7.30 **DP World Tour Golf**
8.30 **PGA Tour Golf**
9.30 **Netball Superleague**
11.30 **Women's ICC World T20 Cricket** This year's final.
12.30 PM **Pakistan Super League**
1.30 **My Icon** Double bill.
1.50 LIVE **Pakistan Super League Lahore Qalandars v Quetta Gladiators.** The T20 match from Gaddafi Stadium in Lahore.
6.00 **Premier League Legends**
6.30 **Betfred Super League Highlights** Recent action.
7.00 **NBA Basketball** Philadelphia 76ers v Boston Celtics.
9.00 **Inside the WSL**
9.30 **Pakistan Super League Highlights** Recent action.
10.30 **Test Cricket**
11.30 **Premier League Stories**
12.00 M'T **Betfred Super League Highlights** Recent action.
12.30 AM **Women's ICC World T20 Cricket** This year's final.
1.30 **Inside the WSL**
2.00 **Premier League Darts**
5.30 **to 6.00** AM **Betfred Super League Highlights**

BT Sport 4

423 423 876 | 530 | 411 434

6.00 AM **ESPN SportsCenter**
6.15 **Around the Horn**
6.45 **Pardon the Interruption**
7.15 **ESPN SportsCenter**
7.30 **ESPN FC** Football news.
8.00 **NCAA Championship** The men's fencing championship.
9.30 **NCAA Championship**
11.00 **MLB** New York Yankees v Washington Nationals.
2.00 PM **College Basketball** Alabama Crimson Tide v Auburn Tigers.
3.45 **College Basketball** TCU Horned Frogs v Texas Longhorns.
5.30 **Hockey** Recent highlights.
7.30 **NCAA Championship** The women's fencing championship.
10.30 **Around the Horn** Four reporters from across America debate the hottest sporting issues of the day.
11.00 **Pardon the Interruption**
11.30 **ESPN FC Presents: Gab & Juls**
12.00 M'T **Premier Lacrosse League**
1.30 **to 6.00** AM **NCAA Championship**

Eurosport 1

410 410 868 | 521 | 412 435

6.00 AM **Formula E**
8.00 **The Judo Show**
9.00 **Discovery Golf**
9.30 **Ski Jumping**
10.25 **Cross-Country Skiing**
11.20 LIVE **Cross-Country Skiing** Coverage from Planica in Slovenia.
12.30 PM **Freestyle Skiing**
1.30 **Discovery Golf**
2.00 **Ski Jumping** Action from Planica.
3.00 LIVE **Biathlon** Coverage from Nove Mesto in the Czech Republic.
4.30 LIVE **Ski Jumping** In Slovenia.
5.30 LIVE **Speed Skating** From Heerenveen in the Netherlands.
9.15 **Cross-Country Skiing**
10.15 **Biathlon** From Nove Mesto.
11.15 **Cycling: Kuurne-Brussels-Kuurne** Action from Belgium.
12.15 AM **Sailing: The Ocean Race**
12.45 **Best of Downhill 2022**
1.00 **Cross-Country Skiing**
2.00 **Cycling** Action from Belgium.
4.00 **Cross-Country Skiing**
4.55 **to 5.50** AM **Biathlon**

Eurosport 2

411 411 869 | 522 | 413 436

6.00 AM **Ski Jumping**
7.00 **Cross-Country Skiing**
8.00 **World Superbikes**
10.00 **Cycling: Strade Bianche**
12.00 NOON **Snooker: Shoot-Out** The final day from Leicester.
2.00 PM **FIA World Endurance Championship** The 2022 season.
3.00 **Dakar Rally** A review of this year's edition of the race.
4.00 **Cycling: Women's GP Le Samyn** Action from Belgium.
5.00 **Cycling: GP Le Samyn**
6.00 **Snooker: UK Championship** Action from the final in York.
8.00 **Cycling: Tour of Rwanda** A review of this year's event.
9.00 **Les Reines du Tour 2** Cycling's Tour de France Femmes.
10.00 **Formula E** The Mexico City ePrix. **11.00** The Diriyah ePrix.
12.00 M'T **British Superbikes**
1.30 AM **Discovery Golf**
2.00 **Snooker: Turkish Masters**
4.00 **to 6.00** AM **World Superbikes**

Sky Sports Arena

408 408 866 | 518 508 | 427 447

6.00 AM **Super League Highlights**
6.15 **Super League Superstars**
6.45 **NRL** The 2022 Grand Final.
7.45 **World Club Challenge**
8.45 **Super League Gold**
8.50 LIVE **NRL Parramatta Eels v Melbourne Storm.** Coverage from Sydney. Kick-off 8.50am.
10.50 **Super League Gold**
11.00 **Premier League Darts**
2.30 PM **Super League Highlights**
3.00 **NBA Basketball** Philadelphia 76ers v Boston Celtics.
5.00 **NBC's Pro-Football Talk**
7.00 **Super League Highlights**
7.30 LIVE **Betfred Super League Warrington Wolves v Salford Red Devils** Kick-off 8.00pm.
10.15 **Super League Highlights**
10.30 **NBA Action**
11.00 **Allen Iverson: The Answer**
12.00 M'T **TNT Pre-Game Show**
12.30 AM LIVE **NBA Basketball** Coverage of two NBA fixtures.
5.30 **to 6.00** AM **Inside the NBA**

Sky Sports F1

406 406 864 | 516 506 | 425 445

6.00 AM **Best of 2022**
11.05 **F1 Feature**
11.30 **The F1 Show: 2023 Season Launch** Preview of the season.
12.30 PM **F1 Drivers Press Conference**
1.30 **Ted's Development Corner**
2.00 **The F1 Show: 2023 Launch**
3.00 **F1 Drivers Press Conference**
4.00 **The F1 Show: 2023 Season Launch** Preview of the season.
5.00 **Formula 1** Another chance to see the 2022 Bahrain Grand Prix at Bahrain International Circuit.
7.15 **F1 Feature**
7.25 **History of Team Orders**
7.30 **Graham Hill – World Champion**
8.00 **The F1 Show: 2023 Season Launch** Preview of the season.
9.00 **F1 Drivers Press Conference**
10.00 **The F1 Show: 2023 Launch**
11.00 **F1 Drivers Press Conference**
12.00 M'T **F1 Feature**
12.10 AM **Mauro Forghieri**
12.15 **Thank You Lewis**
12.20 **to 6.00** AM **Best of 2022**

SKY HD SD | VIRGIN HD | BT HD

Friday

3 March

Evening Planner

Drama

Beyond Paradise
BBC1, 8pm
Humphrey investigates the disappearance of an entire family, while Martha opens her café. The late Ruth Madoc guest stars.

Biopic

Elvis
Sky Premiere, 8pm
Biopic of the King of Rock'n'Roll, starring Austin Butler in the title role – with Tom Hanks as his manager, Colonel Tom Parker.

OnDemand

prime video

Daisy Jones & The Sixth
Available today
Riley Keough and Sam Claflin star as the troubled lead singers of a 1970s band in this ten-part musical drama.

OnDemand

Disney+

Finding Michael
Available today
Made in Chelsea's Spencer Matthews heads to Mount Everest, where his brother went missing in 1999.

SKY EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES								
101 BBC1	7.00 The One Show	7.30 EastEnders	8.00 Beyond Paradise		9.00 Death in Paradise		10.00 News; Local News	
102 BBC2	7.00 Secrets of the Jurassic Dinosaurs		8.00 Gardeners' World		9.00 QI	9.30 Cunk on...	10.00 Live at the...	10.30 Newsnight
103 ITV1	7.00 Emmerdale		8.00 Coronation Street		9.00 Hotel Portofino		10.00 News; Local News	
104 CHANNEL 4	7.00 News		8.00 Grand Designs		9.00 Gogglebox		10.00 The Last Leg	
105 CHANNEL 5	7.00 Wetherspoons: How Do They Do It?!		8.00 Cruising with Susan Calman		9.00 Escaping the Grand Canyon with Nick...		10.00 Wogan: The Great Entertainer	
106 SKY SHOWCASE	7.00 The Simpsons	7.30 Young Rock	8.00 The Simpsons		9.00 A League of Their Own Road Trip...		10.00 Fantasy Football...	10.35 Intelligence
ENTERTAINMENT								
117 BBC3	7.00 Yianni: Supercar Customiser		8.10 Film: Divergent: Insurgent				10.00 Film: Kick-Ass	
116 BBC4	7.00 All New Top of the Pops				9.00 St David's Day at the BBC		10.00 Manics Back to Blackwood	
118 ITV2	7.00 The Masked Singer US		8.00 Superstore		9.00 Love Island		10.05 Don't Hate the Playaz	
136 MORE4	◂ 6.55 A Place in the Sun	7.45 The Great Pottery Throw Down			9.00 The Wall: Cover Your Tracks		10.00 24 Hours in A&E	
135 E4	7.00 Hollyoaks	7.30 Come Dine...	8.00 Teen First Dates		9.00 Film: Instant Family			
107 SKY WITNESS	7.00 Blue Bloods		8.00 Chicago Med		9.00 Chicago Fire		10.00 Chicago PD	
108 SKY ATLANTIC	◂ 6.50 Ray Donovan	7.55 Game of Thrones			9.00 Succession		10.10 Christian	
110 GOLD	◂ 6.40 Dad's Army		8.00 Blackadder Goes Forth			9.20 French and Saunders		
111 DAVE	7.00 Richard Osman's...	7.40 Room 101		8.20 Would I Lie to You?	9.00 Have I Got a Bit More News for You		10.00 QI XL	
119 ITV3	◂ 6.55 Heartbeat		8.00 Doc Martin				10.00 Grantchester	
120 ITV4	7.00 Darts: UK Open – Live: The second session on day one							
112 COMEDY CENTRAL	7.00 Friends				9.00 Film: Police Academy 3: Back in Training			
139 SKY SCI-FI	7.00 Star Trek: Deep Space Nine		8.00 Star Trek: Voyager		9.00 Film: Ice Storm			
113 SKY MAX	7.00 Stargate SG-1		8.00 Strike Back: Vengeance		9.00 A League of Their Own Road Trip...		10.00 Fantasy Football...	10.35 Banshee
132 ALIBI	7.00 Person of Interest		8.00 Shakespeare & Hathaway: Private Investigators				10.00 The Diplomat	
130 SKY ARTS	7.00 Billy Joel in Black & White		8.00 Music Icons		9.00 Women Who Rock		10.15 Guy Garvey: From the...	
DOCUMENTARY								
125 DISCOVERY	7.00 Kindig Customs		8.00 Gold Rush		9.00 Mystery at Blind Frog Ranch		10.00 Aircrash Confidential	
162 ANIMAL PLANET	7.00 Pit Bulls & Parolees		8.00 Legends of the Wild				10.00 Alaska: Surviving the Last Frontier	
129 NAT GEO	7.00 Air Crash Investigation		8.00 Elizabeth I: The Secret Life		9.00 Secrets of Neuschwanstein Castle		10.00 The Lost Tomb of Alexander the Great	
123 SKY HISTORY	7.00 Forged in Fire		8.00 Salvage Kings		9.00 The Booze, Bets and Sex That Built the World			
155 YESTERDAY	7.00 Secrets of the London Underground		8.00 Train Truckers				10.00 Bangers & Cash: Restoring Classics	
121 SKY DOCS	7.00 Rolling Stone: Stories from the Edge		8.00 The Vow		9.00 Film: Senna			
FILMS - Sky Cinema								
301 PREMIERE	◂ 5.50 Bullet Train		8.00 Elvis					
303 HITS	◂ 6.25 Nobody		8.00 Bad Neighbours			9.50 The Purge: Election Year		
304 OSCARS	◂ 6.10 Ex Machina		8.00 Spotlight				10.10 Interstellar	
305 ANIMATION	7.15 Dr Seuss' The Lorax			8.45 Rabbit Academy			10.05 Astro Kid	
306 KIDS BOOKS	◂ 6.00 Smurfs: The Lost...	7.35 Ender's Game				9.30 Harriet the Spy		
307 ACTION	◂ 4.40 The Lord of the Rings: The Return...		8.00 The Northman					10.20 Fury
308 COMEDY	◂ 6.00 Ferris Bueller's Day Off		8.00 Ghost Town				10.00 Serendipity	
309 THRILLER	◂ 5.45 The Fifth Estate		8.00 In the Line of Fire					10.15 The Manchurian Candidate
310 DRAMA	◂ 5.35 Cast Away		8.00 The Duke			9.40 Downton Abbey: A New Era		
311 SCI-FI	◂ 6.00 Elysium		8.00 Terminator Salvation				10.00 Halloween Kills	
302 ELVIS	◂ 6.05 Blue Hawaii		8.00 GI Blues				10.00 Fun in Acapulco	
313 FILM4	◂ 6.50 Rat Race				9.00 The Godfather Part III			
315 TCM MOVIES	◂ 5.45 King...	7.20 Sherlock Holmes in Dressed to Kill			9.00 The Exorcist: The Version You've Never Seen			
SPORT								
401 MAIN EVENT	7.00 PGA Tour Golf...	7.30 EFL – Live: Hull City v West Bromwich Albion (Kick-off 8.00)						10.30 Back Pages...
402 PREMIER LEAGUE	7.00 PL Preview	7.30 PL – The Big...	8.00 Gary Neville's Soccerbox		9.00 PL Preview	9.30 PL – The Big...	10.00 PL Stories	10.30 PL Retro
403 FOOTBALL	7.00 EFL Highlights	7.30 EFL – Live: Hull City v West Bromwich Albion (Kick-off 8.00)						10.30 Inside the WSL
404 CRICKET	7.00 Talking Cricket		8.00 Pakistan Super League Highlights		9.00 Test Cricket		10.00 Pakistan Super League Highlights	
413 BT SPORT 1	7.00 Gallagher Premiership Rugby Union – Live: Bristol Bears v Northampton Saints (Kick-off 7.45)						10.00 WWE NXT UK Classics	
414 BT SPORT 2	7.00 Inside Serie A	7.30 Serie A – Live: Napoli v Lazio (Kick-off 7.45)				9.45 UEFA Champions League...		10.30 UFC Live

◂ Denotes programmes starting before 7.00pm † Regions vary

FRIDAY

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Friday

BBC1

101 101 | 101 101 | 1 101 | 101 101/106

6.00 AM **Breakfast** (S)
9.15 **Morning Live** New edition (S)
10.00 **Caught Red Handed** New edition A would-be robber underestimates an older female cashier. (S)(AD)
10.30 **Claimed and Shamed** (S)(R)(AD)
11.15 **Homes Under the Hammer** (S)(R)
12.15 PM **Bargain Hunt** (S)(R)(AD)
1.00 **BBC News** (S)
1.30 **Local News** (S)
1.45 **Father Brown** New episode *The Wheels of Wrath:* 9/10. (S1) (S)(AD)
2.30 **The Farmers' Country Showdown** Documentary. (S)(R)
3.00 **Escape to the Country** (S)(R)(AD)
3.45 **Antiques Road Trip** New edition A stereoscopic viewer. (S)
4.30 **Bridge of Lies** Quiz show. (S)(R)
5.15 **Pointless** Quiz show. (S)(R)
6.00 **BBC News** (S)
6.30 **Local News** (S)

7.30 EastEnders

7 PM

7.00 **The One Show** Alex Jones and Jermaine Jenas present the topical show. (S)
7.30 **EastEnders** Patrick and Vi are a hit with the *Walford Gazette*, while Nish and Suki bless their marriage. (S)

8 PM

8.00 **Beyond Paradise** New episode 2/6. Humphrey investigates a perplexing case involving the disappearance of an entire family. Meanwhile, Martha opens her cafe. With the late Ruth Madoc. *See feature, page12.* (S1) (S)(AD)

9 PM

9.00 **Death in Paradise** DI Mooney and the team are left stumped when a famous author is stabbed after taking an early morning swim in the ocean. With guest stars Simon Callow, Imogen Stubbs and Sian Gibson. (S7) (S)(R)(AD)

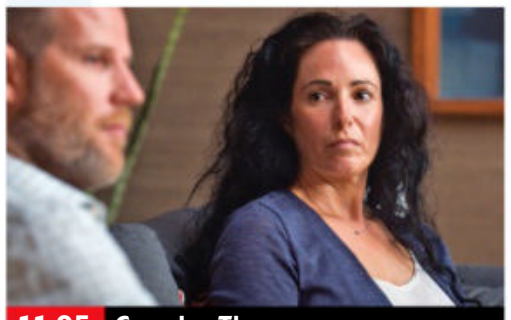
10 PM

10.00 **BBC News** (S)
10.30 **Local News** (S)
10.40 **The Graham Norton Show** New edition 20/21. The first of two compilations from the recent series, featuring guests Taylor Swift and Daniel Craig. (S)
11.25 **Michael McIntyre's The Wheel** 1/12. Stephen Mangan, Sam Quek, Charlotte Church, Kate Humble, Nihal Arthanayake, Rosie Ramsey and Keith Brymer Jones try to help the contestants. (S)(R)
12.25 AM **LIVE Basketball: NBA** Boston Celtics v Brooklyn Nets: Coverage of the Eastern Conference clash at TD Garden. Tip-off is at 12.30. (S)
2.55 **Weather for the Week Ahead** Seven-day forecast. (S)
3.00 **to 6.00** AM **BBC News** (S)

BBC2

102 102/115 802 | 102 102 | 2 102 | 102 102/106

5.45 AM **LIVE Athletics: European Indoor Championships** The morning session on day two from Atakoy Arena in Istanbul, featuring the women's pentathlon. (S)
10.30 AM **BBC News** (S)
12.15 PM **Politics UK** (S)
1.00 **Impossible** Game show. (S)(R)
1.45 **Eggheads** Quiz show. (S)(R)
2.45 **Best Bakes Ever** A selection of recipes from television chefs. (S)(R)
3.30 **LIVE Athletics: European Indoor Championships** Coverage of the second session on day two from Atakoy Arena in Istanbul. The women's pentathlon concludes with the long jump and 800m, and medals will also be decided in the men's shot put, triple jump and 1500m, and the women's 3,000m, shot put and 60m. (S)



11.05 Couples Therapy

7 PM

7.00 **Secrets of the Jurassic Dinosaurs** 2/2. Presenter Liz Bonnin joins the palaeontologists as they unearth the remains of fearsome Jurassic predators, considering if the site was a dinosaur hunting ground. (S)(R)

8 PM

8.00 **Gardeners' World** New edition 3/4. Compilation edition. Monty Don grows a plant he has never tried before – loofahs, and Joe Swift visits a garden where the contemporary and traditional meet. (S)

9 PM

9.00 **QI** Series finale 16/16. The best moments from the 'T' series, hosted by Sandi Toksvig. (S)
9.30 **Cunk on Shakespeare** A comedic look at the works of William Shakespeare. (S)(R)(AD)

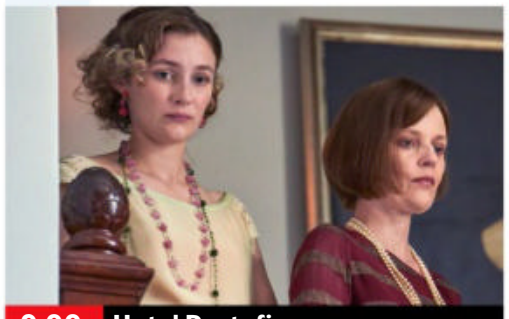
10 PM

10.00 **Live at the Apollo** 1/7. Tom Allen introduces stand-up sets by Rosie Jones and Kae Kurd at London's Hammersmith Apollo. (S)(R)
10.30 **Newsnight** (S)
11.00 **Weather** (S)
11.05 **Couples Therapy** New editions (S)
11.55 **FILM Pain and Glory** Pedro Almodóvar's Spanish drama. (S) (2019, 15, 110min) ★★★★
1.45 AM **FILM The Human Voice** Pedro Almodóvar's short film. (S) (2020, 15, 30min) ★★★★
2.15 **Sign Zone: Panorama** (S)(R)
2.45 **Sign Zone: Marie Antoinette** (R)
3.35 **Sign Zone: Our Flag Means Death** 7/10. (S1) (S)(R)(AD)
4.00 **to 6.30** AM **Previews** (S)

ITV1

103 103/176 803 | 103 103/113 | 3 103 | 103 111

6.00 AM **Good Morning Britain** (S)
9.00 **Lorraine** (S)
10.00 **This Morning** (S)
12.30 PM **Loose Women** Topical debate from a female perspective. (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 **Dickinson's Real Deal** David Dickinson sets up shop in Llandudno with his team of dealers Mark Stevens, Simon Schneider, Jo Brayshaw and James Layte. (S)(R)(AD)
3.00 **Lingo** Word-based quiz show hosted by Adil Ray. (S)(R)
4.00 **Tipping Point** New edition Game show hosted by Ben Shephard. (S)
5.00 **The Chase** New edition Quiz show hosted by Bradley Walsh. (S)
6.00 **Local News** (S)
6.30 **ITV News** (S)



9.00 Hotel Portofino

7 PM

7.00 **Emmerdale** The search for Paddy continues, Amy spontaneously proposes to Matty, while Dawn is utterly thrown to see Alex and Naomi flirting. (S)(AD)

8 PM

8.00 **Coronation Street** Amy and Aaron are drawn to each other after rowing with Summer, Stephen seeks revenge on Carla, and Paul takes out a loan pending a compensation payout. (S)(AD)

9 PM

9.00 **Hotel Portofino** New episode *Discoveries:* 5/6. As the local police search the residence for the missing heirloom and various guests and employees come under suspicion, Cecil confronts Bella over her letter. (S1) (S)(AD)

10 PM

10.00 **ITV News** (S)
10.30 **Local News** (S)
10.45 **FILM The Rock** Action thriller starring Sean Connery and Nicolas Cage. An FBI chemical-weapons expert and a convict try to break into Alcatraz to foil a disaffected US Marine general who has seized the island. (S)(AD) (1996, 15, 145min) ★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
1.10 AM **Shop: Ideal World**
3.00 **ITV Football Classics: Euro 96 England v Netherlands** Action from the memorable Group A match at Wembley Stadium. (S)(R)
3.50 **Unwind with ITV** (S)
5.05 **to 6.00** AM **Ainsley's Fantastic Flavours** (S)(SL)(R)

+1 hour 203 | 114 | 35 | 112

CHANNEL 4

104 104/108 804 | 104/108 | 4 104 | 104/106

6.10 AM **Countdown** (S)(R)
6.50 **3rd Rock from the Sun** (S)(R)(AD)
7.40 **The King of Queens** (S)(R)(AD)
9.00 **Frasier** 10-12/24. (S3) (S)(R)(AD)
10.30 **Undercover Boss USA** (S)(R)
11.25 **News Summary** (S)
11.30 **Emergency Helicopter Medics** (R)
12.30 PM **Steph's Packed Lunch** New edition Magazine. (S)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** (S)(R)
4.00 **A New Life in the Sun: Where Are They Now?** New edition (S)
5.00 **Four in a Bed** New edition The winners are announced. (S)
5.30 **Come Dine with Me** New edition PR executive Melissa presents her menu of Greek Cypriot classics. (S)
6.00 **The Simpsons** (S)(R)(AD)
6.30 **Hollyoaks** Mercedes reveals the truth to the wrong person. (S)(AD)

10.00 The Last Leg

7 PM

7.00 **News** (S)

8 PM

8.00 **Grand Designs** Kevin McCloud meets master carpenter Olaf, who is facing the biggest challenge of his career – creating an oasis for himself and partner, Fritha, on a small piece of land in West Sussex. (S)(R)(AD)

9 PM

9.00 **Gogglebox** New edition The armchair critics share their thoughts on the best of the week's TV and streaming output. (S)

10 PM

10.00 **The Last Leg** New edition Adam Hills, Josh Widdicombe and Alex Brooker are joined by comedians Frankie Boyle and Josh Pugh and TV presenter AJ Odudu for a light-hearted review of the past seven days. (S)
11.05 **8 Out of 10 Cats Does Countdown** With Richard Ayoade. (S)(R)
12.10 AM **FILM Bad Teacher** Comedy. (S)(AD) (2011, 15, 95min) ★★★
1.45 **Ramsay's Kitchen Nightmares USA** From Arizona. (S)(SL)(R)
2.35 **Come Dine with Me** (S)(R)(AD)
4.45 **Jamie: Keep Cooking and Carry On** Egg-free gnocchi. (S)(SL)(R)
5.15 **Kirstie's House of Craft** (S)(R)
5.25 **to 6.20** AM **Location, Location, Location** (S)(R)(AD)

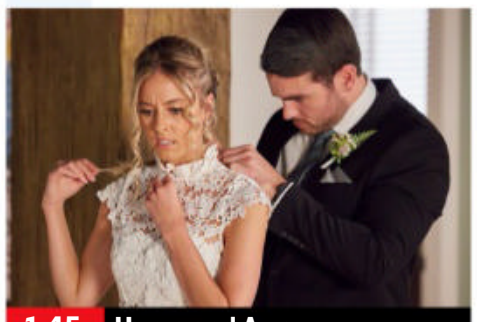
+1 hour 204/208 | 142 | 15 | 121

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

CHANNEL 5

105 105 805 | 154 105 | 5 105 | 105 105

5.40 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
12.45 PM **GPs: Behind Closed Doors** An 89-year-old is having trouble sleeping at night. (S)(R)(AD)
1.40 **News** (S)
1.45 **Home and Away** (S)(R)(AD)
2.15 FILM **A Family of Lies** Suspense thriller starring Paige Turco and Brittany Allen. (S) (2018, PG, 105min) ★★★
4.00 **Bargain-Loving Brits in the Sun** Hairdresser Dennis invites cameras inside his salon to share the secrets of his trade. (S)(R)
5.00 **News** (S)
6.00 **Big Road Rescue: Emergency Call Out** A jack-knifed HGV careers through the front garden of a property. (S)(R)(AD)
6.55 **News** (S)


1.45 Home and Away

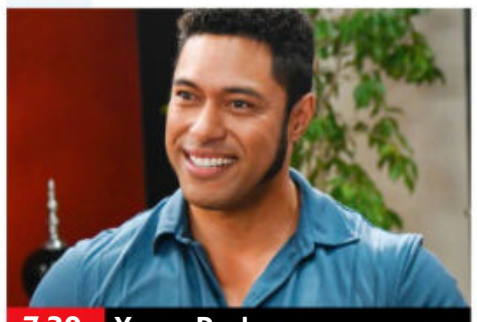
7.00 **Wetherspoons: How Do They Do It?!** A behind-the-scenes look at the inner workings of one of the UK's most popular pub chains. (S)(R)
7.55 **News** (S)
8.00 **Cruising with Susan Calman** 4/6. The presenter's next stop is the port of Civitavecchia, where she signs up for an excursion to the Italian capital of Rome. (S)(R)
9.00 **Escaping the Grand Canyon with Nick Knowles** Series finale 2/2. The presenter experiences the Canyon via helicopter, kayak and steam train, and also explores the region's history and towns. (S)
10.00 **Wogan: The Great Entertainer** A celebration of Terry Wogan's career, charting his rise from bank clerk to his work on radio, Eurovision, Children in Need, *Blankety Blank* and *Wogan*. (S)(R)
11.30 **Eurovision: Secrets & Scandals** Uncovering what goes on behind the scenes at the Eurovision song contest. (S)(R)
12.30 AM **ABBA's Greatest Hits** A countdown of the group's best-selling singles. (S)(R)
1.20 **LeoVegas Live Casino Show** (S)
3.20 **Paddington Station 24/7** (S)(R)
4.50 **Divine Designs** (S)(R)
5.20 **to 5.40** AM **House Doctor** (R)

+1 hour 205 155 46 128

SKY SHOWCASE

106 106 806 | 109 | 340 355

6.00 AM **The Early Rundown**
7.00 **Sky News Breakfast**
8.00 **Dogs with Extraordinary Jobs** Documentary. (S)(R)(AD)
9.00 **Nothing to Declare** (S)(R)(AD)
10.00 **Supergirl** 21/22. (S4) (S)(R)
11.00 **NCIS: New Orleans** (S6) (S)(R)
1.00 PM **Hawaii Five-0** (S3) (S)(R)
2.00 **S.W.A.T.** 1/22. (S5) (S)(R)(AD)
3.00 **Malawi Wildlife Rescue** (S)(R)
4.00 **The Conners** 13/20. (S3) (R)
4.30 **Futurama** (S)(R)
5.00 **The Simpsons** (S)(R)
5.30 **The Fresh Prince of Bel Air** 14/26. Will's lack of studying catches up with him. (S)(R) **6.00** 15/26. Carlton becomes a restaurant manager. (S4) (S)(R)
6.30 **The Simpsons** *Homer's Night Out:* Homer is caught in a compromising situation. (S)(R)


7.30 Young Rock

7.00 **The Simpsons** *The Crepes of Wrath:* Bart is sent to France. (S)(R)
7.30 **Young Rock** Series finale *False Ceilings:* 13/13. Dwayne tries to make good on a promise. (S3)
8.00 **The Simpsons** *Krusty Gets Busted:* Krusty the Clown is arrested for armed robbery. (S)(R) **8.30** *Step Brother from the Same Planet:* Homer is shocked when Grampa becomes a stepfather. (S)(R)
9.00 **A League of Their Own Road Trip: Southeast Asia** New edition 3/6. Hosts Jamie Redknapp and Micah Richards are joined by Maisie Adam and Mo Gilligan.
■ The first four editions are on Sky Box Sets
10.00 **Fantasy Football League** New edition With guest managers Chris McCausland and Trevor McDonald.
10.35 **Intelligence** 1/6. Comedy series starring Nick Mohammed and David Schwimmer. (S1) (S)(R)(AD)
11.05 **Intelligence** 2/6. Jerry is forced to take a polygraph test and attempts to run the procedure himself. (S1) (S)(R)
11.35 **Sex and the City** (S3) (S)(R)
12.45 **The Force: Manchester** (S)(R)
1.40 **Road Wars** (R)
2.10 **NCIS: New Orleans** (S6) (S)(R)
3.05 **Hawaii Five-0** 8/24. (S3) (S)(R)
4.00 **S.W.A.T.** 1/22. (S5) (S)(R)(AD)
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky **951**, Virgin **862**, Freesat **960**
11.25pm-12.25am A View from the Terrace (S)(R)

N. IRELAND
Sky **953**, Virgin **863**, Freesat **957**
6.55pm Party Political Broadcast (S)(R) **7.00-7.30pm** B&B by the Sea New edition (S)

WALES
Sky **952**, Virgin **864**, Freesat **964**
10.00-10.30am Caught Red Handed New edition (S)(R)(AD) **7.30pm** NEW SERIES Truckers: Life on the Road (S) **8.00** EastEnders (S)(AD) **8.30** Beyond Paradise New episode (S) **9.30-10.00pm** Mrs Brown's Boys (S)(R)

BBC2

N. IRELAND
Sky **972**, Freesat **969**
7.00pm The One Show (S) **7.30** Celebrity Antiques Road Trip (S)(R) **8.30** Gardeners' World New edition (S) **9.30-10.00pm** QI Series finale (S)

WALES
Sky **971**, Freesat **971**
7.00pm The Hairy Bikers' Asian Adventure (R) **7.30** LIVE Scrum V (S) **9.30-10.00pm** QI Series finale (S)

ITV1

No variations

S4C

Sky **134**, Virgin **166**, Freesat **120**
6.00am Cyw **12.00noon** Newyddion S4C a'r Tywydd **12.05pm** Caru Siopa (AD) **12.30** Heno **1.00** Ar Werth **1.30** Pobl a'u Gerddi **2.00** Newyddion S4C a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion S4C a'r Tywydd **3.05** Drych: Camau Tua'r Sêr **4.00** Awr Fawr **5.00** Stwnsh **6.00** Nyrsys (AD) **6.30** Adre **6.57** Newyddion S4C **7.00** Heno New edition **7.30** Newyddion S4C a'r Tywydd **8.00** NEW Cân i Gymru 2023 **10.00** Priodas Pum Mil **11.00pm-12.05am** Canu gyda Fy Arwr

TV&Satellite week
New issue on sale now

BBC3

117/141/173 | 107/157 | 23 109 | 179 | 107

BBC3 programmes start at 7.00pm

7.00 PM **Yianni: Supercar Customiser** Yianni turns his attentions to singer and TV personality Aston Merrygold's Range Rover. **7.20** Grime superstar Lethal Bizzle gives Yianni a tough deadline to work to. **7.45** Yianni is commissioned to customise a Porsche 918 hypercar that cost £1 million.
8.05 **The Catch Up**
8.10 FILM **Divergent: Insurgent** Sci-fi adventure starring Shailene Woodley and Kate Winslet. An outsider in a regimented society faces a conflict that threatens to tear her civilisation apart. (2015, 12, 116min) ★★
10.00 FILM **Kick-Ass** Comic-book action thriller starring Aaron Johnson and Nicolas Cage. (2010, 15, 117min) ★★★★
11.50 **Tonight with Target**
12.35 AM **Go Hard or Go Home**
2.35 **Squad Goals: Dorking 'Til I Die** Double bill.
3.35 **to 4.00** AM **My Mate's a Bad Date**

BBC4

116 116 | 107/108 | 9/24 106 | 108

BBC4 programmes start at 7.00pm

7.00 PM **Top of the Pops** Featuring Meat Loaf, Pet Shop Boys, Garth Brooks and Take That from April 1994. **7.30** Performances by the Pretenders, Deacon Blue and Prince from April 1994. **8.00** Performances from March 1978 by Darts, Kate Bush and Andy Williams. **8.30** Performances from March 1983 by Bananarama, Michael Jackson and Patti Austin & James Ingram.
9.00 **St David's Day at the BBC** Welsh-flavoured performances from the BBC's music archives, featuring Manic Street Preachers, Catatonia, Shirley Bassey and Tom Jones.
10.00 **Manics Back to Blackwood** Manic Street Preachers return to perform in their home town.
11.00 **Wales: Music Nation with Huw Stephens**
1.00 AM **St David's Day at the BBC** As 9.00pm.
2.00 **to 3.30** AM **Top of the Pops**

MORE4

136 136 831 | 147 | 18 | 124

8.55 AM **Kirstie's Vintage Gems** Designing Victorian-style silhouettes.
9.15 **A Place in the Sun**
10.05 **A New Life in the Sun**
11.05 **Find It, Fix It, Flog It**
1.10 PM **Heir Hunters**
2.10 **Four in a Bed**
4.50 **Location, Location, Location** Catching up with house-hunters in Guildford.
5.55 **Kirstie and Phil's Love It or List It** Catching up with the couple from the first edition back in 2015.
6.55 **A Place in the Sun** Scarlette Douglas helps two house-hunters find a property on Cyprus.
7.45 **The Great Pottery Throw Down** The five remaining potters take part in the quarter-final.
9.00 **The Wall: Cover Your Tracks** New episode 5/8. Celine begins to understand the modus operandi of the killer – the targets were already victims in some way. Subtitled. (S1)
10.00 **24 Hours in A&E** An actor with a suspected broken shoulder receives a more worrying diagnosis.
11.05 **24 Hours in A&E** A builder breaks his neck.
12.10 AM **8 Out of 10 Cats Does Countdown**
2.20 **24 Hours in A&E**
3.25 **to 3.50** AM **A Place in the Sun**

+1 hour 236 196 125

E4

135 135 830 | 106 | 13 | 122

6.00 AM **Hollyoaks**
7.00 **Ramsay's Kitchen Nightmares USA**
9.00 **The Goldbergs**
10.00 **The Big Bang Theory**
11.00 **Modern Family**
12.00 NOON **Brooklyn Nine-Nine**
1.00 PM **The Big Bang Theory**
3.00 **Modern Family**
4.00 **Brooklyn Nine-Nine**
5.00 **The Big Bang Theory**
7.00 **Hollyoaks** Mercedes holds an intervention for two warring friends.
7.30 **Come Dine with Me** Business owner and socialite Maz host the final dinner party from Edinburgh.
8.00 **Teen First Dates** Trainee accountant Richard is dressed to impress on his first-ever date but art student Charlotte is less than impressed.
9.00 FILM **Instant Family** Comedy starring Mark Wahlberg and Rose Byrne. A couple decide to adopt but get much more than they bargained for when they take in a rebellious teen and her two siblings. (2018, 12, 118min) ★★★★
11.20 **Naked Attraction**
1.30 AM **Gogglebox**
2.35 **First Dates**
3.30 **Ramsay's Kitchen Nightmares USA**
5.05 **to 6.00** AM **The Goldbergs**

+1 hour 235 146 30 123

Friday primetime

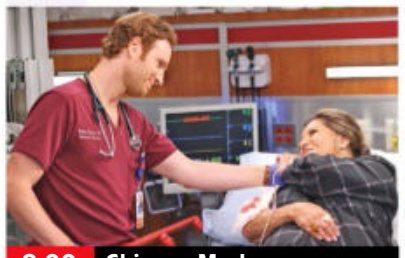
FRIDAY Entertainment

Friday

Sky Witness

107 107 807 110 341 356

6.00 AM **Sun, Sea and A&E**
7.00 **Border Security USA**
8.00 **Border Patrol**
9.30 **Caught Red Handed**
11.00 **Air Ambulance ER**
12.00 NOON **FBI** 15/19. (S2)
1.00 PM **9-1-1** Michael makes a life-changing decision. (S5)
2.00 **Bull** 17/22. A journalism professor is sued for stealing data from a dating app. (S2)
3.00 **The Real A&E** Double bill.
4.00 **Nothing to Declare** Six editions of the documentary.


8.00 Chicago Med

7 PM

7.00 **Blue Bloods** *Tangled Up In Blue:* 19/20. Erin is stalked by a man who was recently released from prison. (S12)

8 PM

8.00 **Chicago Med** New episode *Mama Said There Would Be Days Like This:* Marcel adjusts to his newfound fame. (S8)

9 PM

9.00 **Chicago Fire** New episode *All-Out Mystery:* Severide and Kidd investigate an explosion at a jewellery store. (S11)

10 PM

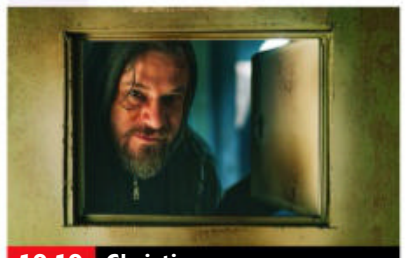
10.00 **Chicago PD** New episode *Sympathetic Reflex:* Atwater's reactions during an arrest are called into question. (S10)
11.00 **The Equalizer** 2/10. (S3)
12.00 M'T **FBI** 9/19. (S2)
1.00 AM **FBI: Most Wanted** (S3)
2.00 **Coroner** 4/10. (S3)
3.00 **How to Get Away with Murder** 2/15. (S6)
4.00 **9-1-1** 8/18. (S5)
5.00 **to 6.00** AM **The Real A&E**

+1 hour 207 163

Sky Atlantic

108/109 108/109 808 342 357

6.00 AM **Urban Secrets**
7.55 **The Sopranos** (S6)
10.05 **Ray Donovan** 9&10/12. (S6)
12.15 PM **Game of Thrones** (S5)
1.20 **The Leftovers** 7&8/10. (S1)
3.30 **The Sopranos** 16/21. Tony is bitten by the gambling bug. **4.35** 17/21. AJ is inconsolable after his split from Blanca. (S6)
5.45 **Ray Donovan** 11/12. The Donovans band together to save one of their own. **6.50** 12/12. Smitty is given a crash course in what it means to be a part of the family. (S6)


10.10 Christian

7.55 **Game of Thrones** *The Sons of the Harpy:* 4/10. Jaime and Bronn head south, while Ellaria and the Sand Snakes vow vengeance. (S5)

9.00 **Succession** *Too Much Birthday:* 7/9. At Kendall's lavish birthday bash, Shiv and Roman try to arrange a meeting with tech mogul Lukas Matsson. (S3)

10.10 **Christian** 3/6. Matteo continues with his investigation and takes giant steps. Subtitled. (S1)
11.15 **Der Pass** 8/8. A decayed body leads Ellie and Gedeon to an alpine hut. Subtitled. (S1)
12.30 AM **The Wire** 1/10. The Major Crimes Unit is disbanded. (S5)
1.45 **Devils** 9/10. (S1)
2.50 **Game of Thrones** As 7.55pm.
4.00 **to 6.00** AM **Urban Secrets**

+1 hour 208/209

Sky Max

113/114 113/114 111 346 361

6.00 AM **Stargate SG-1** (S4)
8.00 **DC's Legends of Tomorrow**
9.00 **Quantum Leap** 21/22. (S2)
10.00 **Supergirl** 21/22. (S4)
11.00 **NCIS: New Orleans** (S6)
1.00 PM **Hawaii Five-0** (S3)
2.00 **S.W.A.T.** 1/22. (S5)
3.00 **Quantum Leap** 20/22. (S2)
4.00 **DC's Legends of Tomorrow**
5.00 **Supergirl** 21/22. (S4)
6.00 **Stargate SG-1** 6/22. O'Neill and Teal'c are caught in a time loop, repeatedly living the same day over again. (S4)

10.00 Fantasy Football League

7.00 **Stargate SG-1** *Watergate:* 7/22. The Russian government encounter problems using a Stargate. (S4)

8.00 **Strike Back: Vengeance** 9/10. Stonebridge finds an opportunity to avenge his wife's death. (S3)

9.00 **A League of Their Own Road Trip: Southeast Asia** New edition 3/6. With Maisie Adam and Mo Gilligan.

10.00 **Fantasy Football League** New edition With Chris McCausland and Trevor McDonald.
10.35 **Banshee** 5/8. (S4)
11.35 **The Force: Manchester**
12.30 AM **Road Wars**
1.00 **NCIS: New Orleans** 3/20. A 20-year-old cold case takes Pride to New York City. (S6)
2.00 **Air Ambulance ER**
3.00 **Hawaii Five-0** 8/24. (S3)
4.00 **S.W.A.T.** 1/22. (S5)
5.00 **to 6.00** AM **Highway Patrol**

ITV2

118 118 816 115 6 113

6.00 AM **World's Funniest Videos**
6.35 **Guinness World Records**
7.00 **Love Bites**
8.00 **Dress to Impress**
9.00 **Chuck** 14/24. (S4)
10.00 **One Tree Hill** 21/23. (S2)
11.00 **The O.C** 16/24. (S2)
12.00 NOON **Love Bites**
1.00 PM **Dress to Impress**
2.00 **Family Fortunes**
3.05 **Chuck** 15/24. (S4)
4.00 **One Tree Hill** 22/23. (S2)
5.00 **The O.C** 17/24. (S2)
6.00 **Celebrity Catchphrase**

10.50 Family Guy

7.00 **The Masked Singer US** The remaining five singers perform in the quarter-finals.

8.00 **Superstore** 3/21. Dina blackmails Garrett. **8.30** 4/21. The closure of a shopping centre brings in new customers. (S5)

9.00 **Love Island** New edition Another week in the villa comes to an end, and tonight there are plenty more surprises in store.

10.05 **Don't Hate the Playaz** With Indiyah Polack.
10.50 **Family Guy** 13/20. Chris is sent on a rehab course for sex offenders. (S14)
11.20 **Family Guy** 7/20. Quagmire tells Ida that he is in love with Lois. (S14)
11.50 **American Dad!** (S3)
12.50 AM **Buffering** (S2)
1.20 **Superstore** (S5)
2.15 **CelebAbility**
2.55 **to 3.00** AM **Unwind with ITV**

+1 hour 218 116 29 114

ITV3

119 119 817 117 10 115

6.00 AM **Classic Emmerdale**
7.05 **Classic Coronation Street**
8.15 **On the Buses**
8.50 **Where the Heart Is**
11.00 **Heartbeat**
12.15 PM **Agatha Christie's Poirot**
1.30 **Classic Emmerdale**
2.35 **Classic Coronation Street**
3.40 **Midsomer Murders** *A Worm in the Bud:* A land feud leads to murder.
5.50 **Downton Abbey** 5/7. Mary is introduced to a potential suitor, while Isobel and Violet are in conflict. (S1)

8.00 Doc Martin

6.55 **Heartbeat** *Pig in the Middle:* A special constable disappears, and Greengrass's house benefits from a clean.

8.00 **Doc Martin** *The Apple Doesn't Fall:* 1/7. Pauline grows frustrated with her role and starts to interfere with Martin's work.

9.00 **Doc Martin** *Movement:* 2/7. Martin meets Poppy, the new receptionist, and Pauline returns from her course. (S3)

10.00 **Grantchester** 5/6. An unexpected twist lies in store at a charity boxing match at Vic's gym. (S5)
11.05 **The Bay** 5/6. Shazia's explosive revelation threatens to destroy the Rahman family. **12.10** AM 6/6. Jenn remains determined to find out the truth about Saif's murder. (S3)
1.10 **Where the Heart Is** (S5)
2.20 **to 2.30** AM **Unwind with ITV**

+1 hour 219 174 59 116

BBC Scotland

SCOT 115 108 9 106 106
REST OF UK 187 162 110

12.00 NOON **This Is BBC Scotland**
7.00 PM **The Seven**
7.30 LIVE **Sportscene: Championship** Hamilton Academical v Arbroath: Amy Irons presents all the action from the second-tier encounter at Fountain of Youth Stadium. Kick-off is at 7.45.
10.00 **Still Game** *Oot:* 5/6. Jack and Victor put their best feet forward when an old pal turns up after 35 years. (S3)
10.30 **A View from the Terrace** New edition Craig G Telfer, Craig Fowler, Robert Borthwick, Shaughan McGuigan and Joel Sked present a sideways look at Scottish football.
11.30 PM **to 12.00** M'T **Scottish Cup Classics** St Johnstone v Dundee United from 2014.

Sky Comedy

114/115 112 347 362

8.00 AM **Futurama** (S1)
9.00 **A.P. Bio** 5&6/13. (S2)
10.00 **Pen15** 5&6/10. (S1)
11.20 **Entourage** (S2)
12.30 PM **Fresh Prince of...**
1.30 **Modern Family** (S8)
2.30 **The Office (US)** (S2)
3.00 **Will & Grace** (S2)
4.00 **The Conners** (S3)
4.30 **Futurama** (S5)
5.00 **The Office (US)** (S3)
5.30 **Fresh Prince of Bel Air**
6.30 **Futurama** (S1)
7.30 **Young Rock** Series finale
8.00 **The Conners** New episode 14/20. (S3)
8.30 **The Office (US)** (S5)
9.00 **Intelligence** 3&4/6. (S1)
10.00 **Sex and the City** (S3)
11.15 **The Late Late Show with James Corden** New edition Chat show.
12.15 AM **The Tonight Show Starring Jimmy Fallon** New edition Talk show.
1.15 **Vice Principals** (S2)
2.25 **Curb Your Enthusiasm**
3.35 **Veep** 6/10. (S6)
4.05 **to 5.00** AM **A.P. Bio**

Sky Arts

130 130 140 123 11 147 365

6.00 AM **Highlights**
9.00 **Tales of the Unexpected**
10.00 **Hitchcock Presents**
11.00 **Discovering**
12.00 NOON **Raphael: Revealed** Documentary.
1.00 PM **Tales of the...**
2.00 **The Art of the Possible**
3.00 **Landscape Artist 2018**
4.00 **Discovering**
5.00 **Tales of the Unexpected**
6.00 **Hitchcock Presents**
7.00 **Billy Joel in Black & White**
8.00 **Music Icons**
9.00 **Women Who Rock** New edition The 1970s.
10.15 **Guy Garvey: From the Vaults** New edition
11.15 **Status Quo – Live**
1.15 AM **Patti Smith: Electric Poet**
2.30 **Music Icons**
3.00 **A Life on the Road**
4.00 **Ivor Cutler by KT Tunstall**
5.00 **Music Icons**
5.30 **to 6.00** AM **Video Killed the Radio Star**

Pick

151 135 36 144

7.00 AM **Nothing to Declare**
8.00 **Motorway Patrol**
9.00 **Stop, Search, Seize**
10.00 **Nothing to Declare**
11.00 **Highway Patrol**
12.00 NOON **Motorbike Cops**
1.00 PM **Border Patrol**
2.00 **Nothing to Declare**
4.00 **Warehouse 13** (S3)
5.00 **Star Trek: The Next Generation** 22/26. (S3)
6.00 **Star Trek: Enterprise**
7.00 **Star Trek: Voyager** (S2)
8.00 **NCIS: New Orleans** (S1)
9.00 **S.W.A.T.** 5/21. (S3)
10.00 **Grimm** 5/22. (S1)
11.00 **Snapped** A pair of newlyweds are show.
12.00 M'T **How I Caught the Killer** A killer wife who put her husband's remains in suitcases.
1.00 AM **Brit Cops: Frontline Crime UK**
2.00 **Nothing to Declare**
3.00 **Border Patrol**
4.00 **Motorway Patrol**
5.00 **to 6.00** AM **Highway Cops**

Comedy Central

112/113 181 132 345 360

8.00 AM **Younger** (S2)
9.00 **The Middle** (S7)
10.00 **Last Man Standing** (S5)
1.00 PM **Friends** (S3)
8.00 **Friends** 21/25. Monica faces a difficult decision. **8.30** 22/25. Joey's play gets poor reviews. (S3)
9.00 FILM **Police Academy 3: Back in Training** Comedy sequel starring Steve Guttenberg and David Graf. The academy is threatened with closure. (1986, PG, 82min) ★
10.40 FILM **Jackass: The Movie** Slapstick comedy with Johnny Knoxville. (2002, 18, 87min) ★
12.25 AM **South Park**
1.55 **Jack Whitehall: Comedy Central Live**
2.25 **Jimmy Carr: Comedy Central Live 2**
2.55 **Jimmy Carr in Concert**
3.40 **The Daily Show** New edition Talk show.
4.10 **to 5.00** AM **Friends**

+1 hour 212/213 133

ITV Be

131 119 28 119

7.00 AM **The Real Housewives of Cheshire**
8.00 **Buying and Selling**
9.00 **LittleBe**
12.00 NOON **Sugar Showdown** New edition
12.25 PM **Real Housewives of New York City**
1.20 **The Real Housewives of Cheshire** Reality series.
2.20 **The Only Way Is Essex**
3.15 **Million Dollar Listing: LA**
4.10 **The Real Housewives of Atlanta** Reality series.
5.00 **The Real Housewives of New York City**
6.00 **Making It Home with Kortney & Kenny** New edition A young family need help renovating their home.
7.00 **Buying and Selling**
8.00 **Dinner Date**
9.00 **Botched** Double bill.
11.00 **Dr. 90210** Dr Lee gives a woman a facelift.
12.00 M'T **to 1.00** AM **The Only Way Is Essex**

+1 hour 120 58

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 120 818 118 26 117

6.00 AM **Nine Dart Finishes**
6.05 **The Saint**
7.10 **Robin of Sherwood**
8.20 **Magnum, PI**
9.25 **The Sweeney**
10.30 **Minder**
11.35 **Football League Legends**
11.45 LIVE **Darts: UK Open** Coverage of the opening session on day one from Butlin's Minehead, Somerset.
5.00 PM **Minder**
6.05 **Extreme Salvage Squad** Team Salvage are tasked with back-to-back rescue missions.

5.00 Minder

7.00 LIVE **Darts: UK Open** Jacqui Oatley presents coverage of the second session on day one from Butlin's Minehead in Somerset, featuring fourth-round matches played over the best of 19 legs. Analysis by Chris Mason, Alan Warriner-Little, Mark Webster and Ned Boulting, and commentary from Stuart Pyke and John Rawling.

11.00 **Wrestling: AEW Dynamite** Hard-hitting action from the world of All Elite Wrestling.
1.05 AM **Robin of Sherwood** *Alan-A-Dale*: A lovelorn minstrel seeks Robin's help.
2.10 **Auto Mundial**
2.40 **to 3.00** AM **Unwind with ITV**

+1 hour 220 175 60 118

Sky Sci-Fi

139 139 836 122 348 363

6.00 AM **Pandora** 4/13. (S1)
7.00 **The Outpost** 4/13. (S4)
8.00 **Teleshopping**
11.00 **Pandora** 4/13. (S1)
12.00 NOON **Star Trek: Deep Space Nine** (S1&2)
2.00 PM **Fringe** 18/21.(S1)
3.00 **The Outpost** 4/13. (S4)
4.00 **Pandora** 4/13. (S1)
5.00 **Stargate SG-1** 10/22. (S5)
6.00 **Star Trek: Deep Space Nine** 20/20. Keiko O'Brien is criticised by a religious fundamentalist. (S1)

4.00 Pandora

7.00 **Star Trek: Deep Space Nine** *The Homecoming:* 1/26. Part one of three. Kira tries to rescue a jailed Bajoran hero. (S2)
8.00 **Star Trek: Voyager** *Phage:* 5/16. The crew look for dilithium crystals to supplement *Voyager*'s power core. (S1)
9.00 FILM PREMIERE **Ice Storm** Action thriller starring Tyler Christopher and McKenzie Westmore. A devastating winter storm freezes over the whole of North Carolina. (2023, 12, 85min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.00 **Blood & Treasure** (S2)
1.00 AM **Star Trek: Voyager** 4/16. Paris and Janeway investigate an explosion. (S1)
2.00 **Spides** 5/8. (S1)
3.00 **Stargate SG-1** 10/22. (S5)
4.00 **to 6.00** AM **Star Trek: Deep Space Nine**

+1 hour 229

Alibi

109/110 809 126 343 358

7.15 AM **Murdoch Mysteries**
9.00 **WPC 56** 2/5. (S1)
10.00 **Rizzoli & Isles** 7/10. (S1)
11.00 **Person of Interest** (S2)
12.00 NOON **Miss Fisher's Murder Mysteries** 5/13. (S1)
1.00 PM **Death in Paradise** (S6)
2.00 **Murdoch Mysteries** (S12)
4.00 **The Doctor Blake Mysteries**
5.00 **Rizzoli & Isles** 7/10. (S1)
6.00 **Without a Trace** 18/23. The team investigate when an emotionally unstable choir singer goes missing. (S3)

8.00 Shakespeare & Hathaway

7.00 **Person of Interest** *God Mode:* 22/22. The Machine refuses to divulge its location to hacker Root. (S2)
8.00 **Shakespeare & Hathaway: Private Investigators** 9/10. The duo investigate a case of culinary sabotage.
9.00 **Shakespeare & Hathaway: Private Investigators** 10/10. The duo try to recover a precious jewel. (S1)
10.00 **The Diplomat** 1/6. Political thriller starring Sophie Rundle. The body of a British man is found in Barcelona. (S1)
11.00 **Without a Trace** As 6.00pm.
12.00 M'T **The Doctor Blake Mysteries** 2/10. A hospital staff member is killed. (S1)
1.00 AM **Miss Fisher's Murder Mysteries** 5/13. (S1)
2.00 **Evil** 12/13. (S2)
3.00 **to 4.00** AM **Traces**

+1 hour 209/210 191

GOLD

110/111 110/111 124 344 359

7.10 AM **Highlights**
9.20 **Are You Being Served?**
10.00 **Open All Hours**
10.40 **Last of the Summer Wine**
12.00 NOON **Green Green Grass**
12.40 PM **Outnumbered**
1.20 **Dad's Army**
2.00 **Open All Hours**
2.35 **Are You Being Served?**
3.20 **Last of the Summer Wine**
4.40 **Dad's Army**
5.20 **The Green Green Grass**
6.00 **Are You Being Served?**
6.40 **Dad's Army**

9.20 French and Saunders

7.20 **Dad's Army** Mainwaring and Wilson plan to recruit women to take care of the less demanding tasks.
8.00 **Blackadder Goes Forth** Captain Blackadder organises a morale-boosting stage show. **8.40** Captain Blackadder applies to join the Royal Flying Corps.
9.20 **French and Saunders** Featuring a parody of *Silence of the Lambs*.
10.00 **French and Saunders** Including a parody of *The Seventh Seal*. **10.40** The comedy duo discuss Jerry Hall.
11.20 **French and Saunders** Dawn and Jennifer introduce sketches about sanitary protection and pony love, and star in a parody of *Aliens*. Guest stars Kathy Burke.
12.00 M'T **French and Saunders**
3.00 **to 4.00** AM **Hold the Sunset**

+1 hour 210/211 194

Dave

111/112 127 19 157

7.10 AM **Secrets of the Supercars**
8.00 **Cop Car Workshop**
9.00 **The Force: Behind the Line**
10.00 **Survivor South Africa** New edition Reality challenge.
11.00 **Rick Stein's India**
12.00 NOON **Special Ops: Crime Squad UK**
1.00 PM **Cop Car Workshop**
2.00 **Top Gear** Double bill.
4.00 **Best of Red Bull Soapbox: Vol 2** A look at the best karts, crashes and costumes.
5.00 **Taskmaster** Double bill.

9.00 Have I Got a Bit More...

7.00 **Richard Osman's House of Games** With Kiri Pritchard-McLean .
7.40 **Room 101** With guests Rob Delaney, Davina McCall and Laurence Fox.
8.20 **Would I Lie to You?** With Stacey Dooley, Alex Jones, Rachel Parris and Henning Wehn.
9.00 **Have I Got a Bit More News for You** Stephen Mangan hosts, with guest panellists Ross Noble and Ria Lina.
10.00 **QI XL** Guests Sara Pascoe, Johnny Vegas and Ed Balls join regular panellist Alan Davies and host Sandi Toksvig.
11.00 **Taskmaster** With Tim Key.
12.00 M'T **Mock the Week**
12.40 AM **QI XL** With Ross Noble.
1.20 **Meet the Richardsons**
2.00 **House of Games** As 7.00pm.
2.30 **Have I Got a Bit More News for You** As 9.00pm.
3.30 **to 4.00** AM **Beat the Internet**

+1 hour 211 131 57

Friday

7 PM 8 PM 9 PM 10 PM

GREAT! tv

157 189 50 142

6.00 AM **Sue Thomas: F.B.Eye** 6&7/19. (S2)
8.00 **Highway to Heaven**
10.00 **Crazy Like a Fox** (S2)
11.00 **Castle** 7/23. (S6)
12.00 NOON **Body of Proof**
1.00 PM **Sue Thomas: F.B.Eye** 16&17/19. (S2)
3.00 **Diagnosis Murder**
5.00 **Murder, She Wrote**
7.00 **M*A*S*H** 19-22/26. (S7)
9.00 **Randall and Hopkirk (Deceased)** *The Smile Behind the Veil:* 26/26. A smiling mourner arouses Marty's suspicions. (S1)
10.00 **The Persuaders!** *Chain of Events:* 11/24. Brett and Danny go on a camping holiday. (S1)
11.00 **Return of the Saint**
12.00 M'T **M*A*S*H** (S7)
2.00 AM **Randall and Hopkirk (Deceased)**
3.00 **Sue Thomas: F.B.Eye**
4.30 **to 6.00** AM **Highway to Heaven**

+1 hour 257 220 62 143

4seven

137 143 49 127

9.00 AM **Come Dine with Me**
11.30 **A Place in the Sun**
1.30 PM **A New Life in the Sun: Where Are They Now?** Documentary.
2.30 **Come Dine with Me**
5.00 **A Place in the Sun**
6.00 **Emergency Helicopter Medics** Documentary.
7.00 **George Clarke's Amazing Spaces** George tracks down a former contributor from the first-ever series.
8.00 **The Dog House** Eighty-five-year-old Pim admires stubborn beagle Dexter.
9.00 FILM **Military Wives** Fact-based comedy drama starring Kristin Scott Thomas and Sharon Horgan. (2019, 12, 112min) ★★★★
11.20 **Gogglebox**
1.25 AM **The Great Pottery Throw Down**
2.40 **The Piano**
3.40 **to 4.40** AM **24 Hours in A&E**

5USA

141 141 153 21 129

9.00 AM **NCIS** (S4&5)
11.55 **Entertainment News**
12.00 NOON **Law & Order**
2.00 PM **NCIS** 2/19. (S5)
3.00 **Law & Order** (S20)
4.55 **Entertainment News**
5.00 **Law & Order** (S20)
6.00 **NCIS** *In the Zone:* 15/19. A Marine is murdered in Baghdad. **7.00** *Recoil:* 16/19. Ziva becomes involved with a murder suspect. **8.00** *About Face:* 17/19. Two bodies are found at a building site on a US Navy base. **9.00** *Judgement Day – Part One:* 18/19. The entire team are put in danger while hunting for the killer of a former NCIS agent. (S5)
10.00 **Law & Order: Special Victims Unit** (S5&4)
1.50 AM **The Blacklist** (S1)
3.35 **to 4.00** AM **Criminals: Caught on Camera**

+1 hour 241 185 130

5STAR

128 151 32 131

8.00 AM **Entertainment News**
8.10 **Rich Kids, Skint Holiday**
9.00 **Bargain-Loving Brits in the Sun**
10.00 **Call the Bailiffs: Time to Pay Up**
11.00 **Dirty Home Rescue**
12.00 NOON **Traffic Cops**
2.00 PM **Police Interceptors**
5.00 **Call the Bailiffs: Time to Pay Up**
6.00 **Home and Away**
7.00 **Shoplifters & Scammers: At War with the Law**
8.00 **Car Pound Cops: Give Me My Car Back!** New edition
9.00 FILM **The Meg** Thriller. (2018, 12) ★★★
11.15 FILM **Scary Movie** Spoof. (2000, 18, 88min) ★★
1.00 AM **Countdown to Murder** Documentary.
2.00 **Cause of Death**
3.00 **Fights, Camera, Action!**
3.50 **to 4.00** AM **Entertainment News**

+1 hour 228 186 141

W

132 827 125 25 156

6.15 AM **Top Chef**
7.00 **Property Brothers: Forever Homes**
8.00 **Tipping Point**
10.00 **DIY SOS: The Big Build**
12.00 NOON **Bang on Budget**
1.00 PM **Tipping Point**
4.00 **DIY SOS: The Big Build**
5.00 **Property Brothers: Forever Homes**
6.00 **MasterChef Australia**
7.40 **Inside the Ambulance**
9.10 **Emergency: First Time Medics** It's the Reading Festival and the junior doctors have no idea what's in store for them.
10.10 **Gavin & Stacey** The happy couple return from their honeymoon. **10.50** Stacey prepares to move in with Gavin. **11.30** Nessa has her first ultrasound scan.
12.05 AM **24 Hours in A&E**
1.20 **Dating With My Mates**
2.05 **to 3.00** AM **Tipping Point**

+1 hour 232 190

Drama

143 130 20 158

7.20 AM **Pie in the Sky**
8.15 **The Bill**
9.15 **Classic Holby City**
10.35 **Casualty**
11.40 **The Bill**
12.40 PM **Classic EastEnders**
2.00 **Howards' Way**
3.10 **Lovejoy**
4.20 **Peak Practice**
5.20 **Birds of a Feather**
6.00 **Keeping Up Appearances**
6.40 **Last of the Summer Wine** Double bill.
8.00 **Father Brown** *The Resurrectionists:* The priest investigates a case of body-snatching. **9.00** *The Sins of the Father:* The son of a local aeronautics magnate is murdered.
10.00 **New Tricks**
11.20 **Clocking Off**
12.30 AM **Bad Girls**
1.30 **Lovejoy**
2.45 **to 4.00** AM **Classic Holby City**

+1 hour 243 226 60

RealityXtra

147 197 68 134

9.00 AM **Perry Mason**
11.00 **Matlock** As 6pm.
12.00 NOON **The Fugitive**
1.00 PM **Evidence of Evil**
3.00 **Perry Mason**
5.00 **The Fugitive** *Ballad for a Ghost:* 15/30. Kimble finds himself becoming emotionally involved with a co-worker who bears a strong resemblance to his murdered wife. (S2)
6.00 **Matlock** *The Abduction:* 17/22. Michelle is kidnapped by gangsters, who force Matlock to go against his professional ethics. (S6)
7.00 **Judge Judy** Real-life small-claims cases presided over by former New York judge Judy Sheindlin.
1.00 AM **Matlock** As 6pm.
2.00 **The Fugitive** As 5pm.
3.00 **Evidence of Evil**
5.00 to 6.00 AM **Medical Detectives**

Legend

148 149 41 137

8.00 AM **Walker, Texas Ranger** 20/27. (S4)
9.00 **Mutant X** 18/22. (S2)
10.00 **Star Trek: The Next Generation** 25/26. (S4)
11.00 FILM **Tremors 4: The Legend Begins** Monster movie prequel. (2003, 12, 96min) ★★★
1.00 PM **MacShayne: Winner Takes All** Crime drama.
3.00 **MacShayne: Final Roll of the Dice** Crime drama.
5.00 **Star Trek** 11/24. (S3)
6.00 **Star Trek: The Next Generation** 26/26. (S4)
7.00 **Airwolf** 8/22. (S3)
8.00 **Walker, Texas Ranger**
9.00 FILM **Johnny Handsome** Thriller. (1989, 15, 94min) ★★★
10.50 FILM **The Changeling** Ghost story. (1979, 15, 102min) ★★
12.55 AM FILM **Maniac** Thriller. (2012, 18, 87min) ★★★
2.45 to 4.30 AM FILM **Demon Eye** Horror. (2019, 15, 87min) ★★

Challenge

145 139 48 146

7.00 AM **The Chase**
10.00 **Dickinson's Real Deal**
11.00 **Dale's Supermarket Sweep** Double bill.
12.00 NOON **Wheel of Fortune** Double bill.
1.00 PM **Catchphrase**
2.00 **Classic Who Wants to Be a Millionaire?**
3.00 **Play Your Cards Right**
4.00 **Bruce's Price Is Right**
5.00 **Bullseye** Four editions of the darts-based quiz.
7.00 **Pointless** Quiz hosted by Alexander Armstrong and Richard Osman.
8.00 **The Chase** Double bill of the quiz show hosted by Bradley Walsh.
10.00 **Classic Who Wants to Be a Millionaire?** Big-money quiz show hosted by Chris Tarrant.
11.00 **Bullseye** Double bill of the darts-based quiz.
12.00 M'T **The Chase**
4.00 AM **Classic Who Wants to Be a Millionaire?**
5.00 to 6.00 AM **Bullseye**

E!

159 159 835 160

7.00 AM **Wags**
8.00 **Keeping Up with the Kardashians**
10.00 **Jerseylicious**
11.00 **Rich Kids of Beverly Hills** Reality series.
12.00 NOON **Botched**
1.00 PM **Kourtney & Kim Take New York**
2.00 **Keeping Up with the Kardashians**
7.00 **Botched** A plus-sized model wants implants.. **8.00** A reality star seeks a breast reduction.
9.00 **Keeping Up with the Kardashians** The family encourage Kendall and Kylie to reconcile. **10.00** Scott heads to a treatment centre to work on his health.
11.00 **Rich Kids of Beverly Hills** Reality series.
12.00 M'T **Dr 90210**
1.00 AM **Wags**
2.00 **Teleshopping**
3.00 to 5.00 AM **Kimora: Life in the Fab Lane**

Sky Documentaries

121 121 819 277 352 367

6.00 AM **The Guest Wing**
7.00 **Discovering: Jean Harlow**
8.00 **The Directors**
9.00 **The Eighties**
10.00 **Rolling Stone: Stories from the Edge**
11.00 **The Vow**
12.00 NOON **The Janes**
2.00 PM **Steve McQueen: The Lost Movie**
3.50 **My Icon: Shaun Gayle**
4.00 **The Directors**
5.00 **Discovering: Jean Harlow**
6.00 **The Eighties**
7.00 **Rolling Stone: Stories from the Edge**
8.00 **The Vow**
9.00 FILM **Senna** Documentary. (2010, 12, 105min) ★★★★
11.00 **I Am Johnny Cash**
12.45 AM **The Legend of the Underground**
2.25 **Reopening Night**
4.05 **The Directors**
5.00 to 6.00 AM **Discovering: Jean Harlow**

Sky Nature

124 124 822 278 354 369

6.00 AM **Wild Castles**
7.00 **Monkey Life**
8.00 **Dogs with Extraordinary Jobs**
9.00 **Malawi Wildlife Rescue**
10.00 **Brazil Untamed**
11.00 **Africa's Wild Horizons**
12.00 NOON **Hope for Wildlife**
1.00 PM **Monkey Life**
2.00 **Dogs with Extraordinary Jobs**
3.00 **Malawi Wildlife Rescue**
4.00 **Brazil Untamed**
5.00 **Africa's Wild Horizons**
6.00 **Hope for Wildlife**
7.00 **Monkey Life**
8.00 **Battle of the Alphas**
9.00 **Wild Pacific Rescue**
10.00 **Africa's Wild Horizons**
11.00 **Hope for Wildlife**
12.00 M'T **Caught in Motion**
1.00 AM **Big Cat Country**
2.00 **Battle of the Alphas**
3.00 **Wild Pacific Rescue**
4.00 **Dogs with Extraordinary Jobs**
5.00 to 6.00 AM **Malawi Wildlife Rescue**

HGTV

158 286 44 166

7.00 AM **Building Off the...**
8.00 **The Great Interior...**
9.00 **A Place in the Sun**
10.00 **Escape to the Country**
11.00 **Fantasy Homes by...**
12.00 NOON **My Lottery Dream Home**
1.00 PM **Home Town**
2.00 **My Dream Derelict Home in the Sun**
3.00 **The Great Interior Design Challenge**
4.00 **Restoration Home**
5.00 **Building Off the Grid**
6.00 **A Place in the Sun**
7.00 **Fantasy Homes by the Sea** The Norfolk coast.
8.00 **Escape to the Country** House-hunting in Devon.
9.00 **Good Bones**
10.00 **Fixer Upper Rewatch**
11.00 **Home Town**
12.00 M'T **Fantasy Homes...**
1.00 AM **Building Off the...**
2.00 **Restoration Home**
3.00 to 4.00 AM **My Lottery Dream Home**

+1 hour 258 290

Food Network

140 285 43 148

6.00 AM **Southern Kitchen**
7.00 **The Pioneer Woman**
8.00 **Delicious Miss Brown** New editions
9.00 **Jamie's 15 Minute Meals**
9.30 **Jamie's 30 Minute Meals**
10.00 **Mary's Quick Cooking**
11.00 **Asian Baking Adventure**
12.00 NOON **Great British...**
2.00 PM **James Martin's...**
3.00 **Jamie's 15 Minute Meals**
3.30 **Jamie's 30 Minute Meals**
4.00 **Delicious Miss Brown**
5.00 **The Pioneer Woman**
6.00 **Friday Night Feast**
7.00 **Great British Bake Off**
8.00 **James Martin's American Adventure**
9.00 **John Torode's Ireland**
10.00 **Friday Night Feast**
11.00 **Restaurant: Impossible**
12.00 M'T **Guy's Grocery Games** New edition
1.00 AM **Restaurant: Impossible**
2.00 to 3.00 AM **Paul Hollywood: Baker's Life**

+1 hour 240 149

DMAX

172 171 39 150

6.00 AM **Salvage Dawgs**
7.00 **Outback Opal Hunters**
8.00 **Alaskan Bush People**
10.00 **Alaska: Last Frontier**
12.00 NOON **Yukon Men**
1.00 PM **Aussie Gold Hunters**
2.00 **Gold Divers**
3.00 **Alaska: Homestead Rescue** Reality series
4.00 **Building Off the Grid**
5.00 **Scrap Kings**
6.00 **Outback Opal Hunters**
7.00 **Deadliest Catch**
8.00 **Alaska: Last Frontier** The Kilchers go fishing.
9.00 **Shifting Gears with Aaron Kaufman**
10.00 **Richard Hammond's Big**
11.00 **Jade Fever** Double bill.
12.00 M'T **Alaska: Last Frontier** Eivin suffers a devastating loss.
1.00 AM **Naked and Afraid**
2.00 **Teleshopping**
4.00 **Tanked**
5.00 to 6.00 AM **Maine Cabin Masters**

+1 hour 272 214 151

5Action

150 150 33 132

9.00 AM **Entertainment News**
9.15 **Outback Truckers**
10.15 **Trucking Hell**
11.15 **Police Interceptors**
12.15 PM FILM **Flaming Star** Western. (1960) ★★★
2.05 FILM **Flame of the Barbary Coast** Western. (1945, b/w, U) ★★
4.00 **Trucking Hell**
5.00 **Outback Truckers**
6.00 **Police Interceptors**
9.00 **Traffic Cops**
10.00 **Motorway Cops: Catching Britain's Speeders** Documentary.
11.00 **Police Code Zero: Officer Under Attack**
12.00 M'T **Police Interceptors**
1.00 AM **UK's Strongest Man 2022: The Final**
2.00 **Criminals: Caught on Camera**
3.00 **Doomsday: Caught on Camera**
3.45 **Concorde: 120 Seconds to Disaster**
4.35 to 5.00 AM **Red Shoe Diaries**

Sky Crime

122 122 820 121 349 364

6.00 AM **Highway Patrol**
7.00 **Motorway Patrol**
8.00 **Send in the Dogs**
9.00 **Nothing to Declare**
10.00 **UK Border Force**
11.00 **How I Caught the Killer**
12.00 NOON **What the Killer...**
1.00 PM **Murders That Shocked The Nation**
2.00 **Killer in My Village**
3.00 **World's Most Evil Killers**
4.00 **Britain's Most Evil Killers**
5.00 **What the Killer Did Next**
6.00 **Killer in My Village**
7.00 **World's Most Evil Killers**
8.00 **Britain's Most Evil Killers**
9.00 **Snapped** New edition
10.00 **Love You To Death**
11.00 **Fred West: The Glasgow Girls**
12.00 M'T **Catching the Killer**
1.00 AM **Killing Mum and Dad**
2.00 **Killer in My Village**
3.00 **Murders That Shocked...**
4.00 **The Force: Manchester**
5.00 to 6.00 AM **Motorway Patrol**

+1 hour 222 164

CBS Reality

146 148 67 135

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **Medical Detectives** The discovery of vital evidence helps detectives piece together a case. **7.30** A man claims his mother was murdered by a hitchhiker.
8.00 **48 Hours** The disappearance of tiger activist Carole Baskin's ex-husband Don Lewis.
9.00 **Evidence of Evil** Startling criminal cases.
10.00 **Shocking Crimes: Murder Book** Two men who disappeared while on a hunting trip in 1985.
11.00 **Fatal Vows**
12.00 M'T **Injustice**
1.00 AM **Evidence of Evil**
2.00 **Shocking Crimes: Murder Book**
3.00 **48 Hours**
3.45 **Medical Detectives**
4.10 to 6.00 AM **Judge Judy**

+1 hour 246 218 136

Really

142 128 17 160

6.00 AM **Fantasy Homes by the Sea** Pembrokeshire.
7.00 **Teleshopping**
8.00 **Salvage Hunters**
10.00 **Antiques Road Trip**
12.00 NOON **Money for Nothing** An old armchair.
1.00 PM **A Place in the Sun**
2.00 **Animal Cops San Francisco** Double bill.
4.00 **Dr Jeff: Rocky Mountain Vet**
5.00 **Helicopter ER**
6.00 **Money for Nothing**
7.00 **Antiques Road Trip**
9.00 **Ghost Adventures: House Calls** New edition The crew investigate unexplained activity in a woman's home.
10.00 **Help! My House Is Haunted** New edition
11.00 **Ghost Adventures**
12.00 M'T **Ghost Nation**
1.00 AM **Ghost Adventures**
2.00 **Teleshopping**
4.00 to 6.00 AM **Animal Cops San Francisco**

Blaze

164 199 64 162

6.00 AM **Hardcore Pawn**
7.45 **The UnXplained with William Shatner**
8.40 **Ancient Aliens**
10.40 **Storage Wars Canada**
11.10 **Storage Wars**
12.10 PM **Pawn Stars**
2.05 **Hardcore Pawn**
4.00 **Ancient Aliens**
6.00 **The UnXplained with William Shatner**
7.00 **Storage Wars**
8.00 **Dickinson's Real Deal**
9.00 **Walking Through History** Presenter Tony Robinson traces the story of the Norman invasion of Wales.
10.00 **Strangest Things**
11.00 **Secrets in the Ice**
12.00 M'T **National Park Mysteries** Double bill.
1.00 AM **Court Cam**
2.00 **Swamp People**
3.00 **Dickinson's Real Deal**
3.45 **Storage Wars Canada**
4.10 to 6.00 AM **Pawn Stars**

+1 hour 81

TLC

133 133 828 167

7.00 AM **Flip or Flop**
8.00 **Good Bones**
9.00 **Say Yes... UK**
10.00 **Say Yes to the Dress**
11.00 **Say Yes... Atlanta**
12.00 NOON **Say Yes to the Dress: Lancashire**
1.00 PM **Cake Boss**
2.00 **Dr Pimple Popper**
3.00 **My Lottery Dream Home** Double bill.
4.00 **Seeking Sister Wife**
5.00 **I Love a Mama's Boy**
6.00 **Flip or Flop**
7.00 **My Lottery Dream Home** Double bill.
8.00 **1000lb Sisters**
9.00 **Hoarding: Buried Alive**
10.00 **Monsters Inside Me**
11.00 **My Strange Addiction**
12.00 M'T **1000lb Sisters**
1.00 AM **Hoarding...**
2.00 **Monsters Inside Me**
3.00 **My Strange Addiction**
4.00 **Flip or Flop**
5.00 to 6.00 AM **Say Yes to the Dress: UK**

+1 hour 233 172

5SELECT

153 152 56 133

9.00 AM **Cruising with Jane McDonald**
9.20 **GPs: Behind Closed Doors** Documentary.
10.20 FILM **Deadly Prescription** Rhriller. (2018, PG, 90min) ★★
12.10 PM FILM **The Babysitter** Thriller. (2020, PG, 87min) ★★
2.00 **Holiday Homes in the Sun** From Sorrento.
3.00 **The Yorkshire Vet**
4.00 **Ben Fogle: New Lives in the Wild** Double bill.
6.00 **World's Most Scenic River Journeys**
8.00 **The Nile with Bettany Hughes** Documentary.
10.00 **Drain the Oceans** The role played by shipwrecks in Hollywood movie-making history.
11.00 **Forged in Fire**
12.45 AM **Great British Ships**
2.40 **Ben Fogle: New Lives in the Wild**
3.35 to 4.00 AM **Walking Wartime Britain**

Quest

144 144 834 169 12 172

6.00 AM **How Do They Do It?**
6.25 **Find It, Fix It, Flog It**
7.10 **The Repair Shop**
8.00 **American Pickers**
10.00 **Chasing Classic Cars**
11.00 **Goblin Works Garage**
12.00 NOON **Motor Pickers**
1.00 PM **The Repair Shop**
2.00 **Love Your Garden**
3.00 **Find It, Fix It, Flog It**
4.00 **Salvage Hunters**
5.00 **Salvage Hunters: The Restorers**
6.00 **Wheeler Dealers**
7.00 **Aussie Gold Hunters**
8.00 **Salvage Hunters**
9.00 **Helicopter ER** New edition
10.00 **Ambulance**
11.00 **How Do They Do It?**
12.00 M'T **Wheeler Dealers**
1.00 AM **Cops UK: Bodycam Squad**
2.00 **Goblin Works Garage**
3.00 **Motor Pickers**
4.00 to 5.00 AM **How It's Made**

+1 hour 244 213 70 168

Quest Red

149 170 40 169

6.00 AM **Say Yes to the Dress**
7.00 **Curvy Brides Boutique**
8.00 **Say Yes to the Dress**
9.00 **Animal Cops Houston**
11.00 **Forensic Detectives**
1.00 PM **Diabolical: Deadly Love**
2.00 **Disappeared**
3.00 **Murder Comes to Town**
4.00 **Reasonable Doubt**
5.00 **Curvy Brides Boutique**
7.00 **Who Do You Think You Are?** Michelle Keegan.
8.00 **Dr Pimple Popper**
9.00 **Signs of a Psychopath** New editions A missing woman's body is found. **9.30** A killer says he has killed another woman.
10.00 **Murder Under the Friday Night Lights** New edition The murder of a teen cheerleader.
11.00 **Forensic Detectives**
1.00 AM **The Perfect Murder**
2.00 **Murder Comes to Town**
3.00 to 4.00 AM **FBI Files**

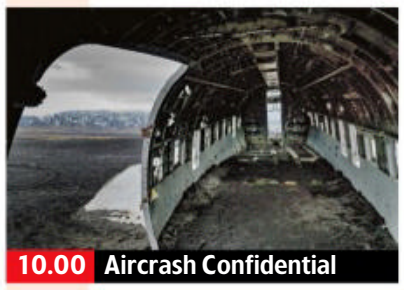
+1 hour 249 170

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125 125 823 250 320 325

6.00 AM **Wheeler Dealers**
7.00 **Deadliest Catch**
8.00 **Alaska: Homestead Rescue**
9.00 **Flying Wild Alaska**
10.00 **How Do They Do It?**
11.00 **Wheeler Dealers**
12.00 NOON **Salvage Hunters**
1.00 PM **Gold Rush**
2.30 **How Do They Do It?**
3.00 **Building Off the Grid**
4.00 **Alaska: Homestead Rescue**
5.00 **Wheeler Dealers**
6.00 **Salvage Hunters** Drew and Tee visit a motorbike museum.



10.00 Aircrash Confidential

7.00 **Kindig Customs** Dave and the team start a one of a kind build they have never attempted before – a 1964 Ranchero.

8.00 **Gold Rush** Following the gold miners of the Yukon as they put everything on the line in the hope of striking it rich.

9.00 **Mystery at Blind Frog Ranch** The results from the radiocarbon testing will tell Duane if the box is Aztec or not.

10.00 **Aircrash Confidential** A look at the events surrounding the disaster involving Air France Flight 296 in June 1988.

11.00 **Naked and Afraid**
12.00 M'T **Expedition Bigfoot**
1.00 AM **Mystery at Blind Frog Ranch** As shown at 9.00pm.
2.00 **Aircrash Confidential**
3.00 **Gold Rush** New edition Gold miners hope to strike it rich.
4.00 **to 5.00** AM **Wheeler Dealers**

+1 hour 225 258

Animal Planet

162 251

8.00 AM **Tanked**
9.00 **Pit Bulls & Parolees**
11.00 **Alaska: Homestead Rescue**
12.00 NOON **The Pool Master**
1.00 PM **Life at Vet University**
2.00 **From Wags to Riches**
3.00 **Pit Bulls & Parolees: Tia's Tales** Unforgettable moments.
4.00 **My Cat from Hell**
5.00 **Animal Cops Philadelphia** Vets try to save a dog's leg.
6.00 **Tanked** Actor Alyssa Milano seeks an elegant aquarium complete with a built-in wine rack for her family.

11.00 Meet the Orangutans

7.00 **Pit Bulls & Parolees** A woman travels from San Diego in California to offer one of Villalobos's senior dogs a home.

8.00 **Legends of the Wild** Damian Duffy and Matt Hoffman trek into some of the world's most dangerous areas.

9.00 **Legends of the Wild** Investigating endangered ridley sea turtles turning up dead along the beach in Costa Rica.

10.00 **Alaska: Surviving the Last Frontier** Carolyn Wise goes on a moose hunt, and the Flower Lake group stalk squirrels.

11.00 **Meet the Orangutans** Toddlers receive lessons in life. **11.30** The babies are at high risk from parasites.
12.00 M'T **Meet the Penguins**
1.00 AM **Alaskan Bush People**
2.00 **My Cat from Hell**
3.00 **Animal Cops Philadelphia**
4.00 **to 5.00** AM **Tanked**

+1 hour 262 259

Nat Geographic

129 129 825 266

8.00 AM **Food Factory USA**
9.00 **Air Crash Investigation**
10.00 **Hitler's Last Stand**
11.00 **Nazi Weird War Two**
12.00 NOON **Car S.O.S**
1.00 PM **Wicked Tuna**
2.00 **Lost Treasures of Egypt**
3.00 **Nazi Megastructures** The rail network of Nazi Germany. **4.00** Transporting prisoners to concentration camps. **5.00** Defences across Italy.
6.00 **Tut's Treasures: Hidden Secrets** Mummified babies found in Tutankhamun's tomb.

6.00 Tut's Treasures

7.00 **Air Crash Investigation** The errors that caused the deaths of 118 people in the Linate airport disaster in Milan.

8.00 **Elizabeth I: The Secret Life** Documentary looking at the monarch's life, examining claims of illegitimacy and adultery.

9.00 NEW **Secrets of Neuschwanstein Castle** Following the restoration of one of the most iconic castles in the world.

10.00 **The Lost Tomb of Alexander the Great** Pepi Papakosta goes in search of the conqueror's final resting place.

11.00 **Air Crash Investigation** A turboprop crashes.
12.00 M'T **Airport Security: Rome**
1.00 AM **To Catch a Smuggler**
2.00 **Money Meltdown**
2.30 **America's Wild Spaces**
2.55 **Secrets of the Zoo: Keeper Tales** A sick flamingo.
3.20 **to 5.00** AM **Food Factory**

+1 hour 229 267

Sky History

123 123 821 270 353 368

6.00 AM **Forged in Fire**
7.00 **Strangest Things**
8.00 **American Pickers**
9.00 **Pawn Stars**
10.00 **Pawn Stars: A Very Vegas Christmas** Reality series.
11.00 **Digging Up Britain's Past**
12.00 NOON **Mountain Men**
1.30 PM **Nature Gone Wild**
2.00 **Ancient Aliens** New edition
3.00 **Salvage Kings**
4.00 **Strangest Things**
5.00 **Pawn Stars**
6.00 **American Pickers**

8.00 Salvage Kings

7.00 **Forged in Fire** Four bladesmiths must forge a knife using steel from scissors or risk getting cut from the competition.

8.00 **Salvage Kings** The team at Priestly Demolition Inc smash and crash their way through the world's biggest structures.

9.00 **The Booze, Bets and Sex That Built the World** The origins of the alcohol, gambling, sex and tobacco industries, and the ambitious, notorious entrepreneurs who built some of history's biggest fortunes.

11.00 **The Proof Is Out There** An examination of seemingly impossible sightings.
12.00 M'T **Strangest Things**
1.00 AM **Salvage Kings**
2.00 **Digging Up Britain's Past**
3.00 **Strangest Things**
4.00 **Salvage Kings**
5.00 **to 6.00** AM **Ancient Aliens**

+1 hour 223 271

Yesterday

155 155 846 129 27 159

6.00 AM **Scouting for Toys**
8.00 **Abandoned Engineering**
9.00 **Narrow Escapes of World War II** Documentary.
10.00 **WW2: Battles for Europe**
11.00 **Secrets of the London Underground**
12.00 NOON **Great British Railway Journeys** Four editions.
2.00 PM **Bangers and Cash**
4.00 **Narrow Escapes of World War II** Documentary.
5.00 **WW2: Battles for Europe**
6.00 **Great British Railway Journeys** Double bill.

8.00 Train Truckers

7.00 **Secrets of the London Underground** Exploring the long-forgotten stations on the District Line in Whitechapel.

8.00 **Train Truckers** Documentary following the exploits of a family-run crew of heavy-haulage specialists.

9.00 **Train Truckers** Expert hauliers Eric Harrison and Chris Case move an iconic Deltic diesel to the Telford Steam Fair

10.00 **Bangers & Cash: Restoring Classics** Dave alerts the team to a 1979 Lotus Esprit S3.

11.00 **Abandoned Engineering** Exploring Agdam, a city in Azerbaijan razed to the ground in a conflict decided by a new weapon of war.
12.00 M'T **Great British Railway Journeys** Double bill.
1.00 **to 3.00** AM **Scouting for Toys**

+1 hour 255 217 74

Friday

7 PM
8 PM
9 PM
10 PM

Disc. History

177 257

6.00 AM **Combat Dealers**
7.00 **How the Universe Works**
8.00 **Mysteries of the Deep**
9.00 **Combat Dealers**
10.00 **Expedition Unknown**
11.00 **How the Universe Works**
12.00 NOON **Shed and Buried**
1.00 PM **Combat Dealers**
2.00 **Expedition Unknown**
3.00 **Blowing Up History**
4.00 **Mysteries at the Museum** A football linked to a World War One game of peace.
5.00 **Mysteries of the Deep**
6.00 **How the Universe Works**
7.00 **Expedition Unknown**
8.00 **Combat Dealers**
9.00 **The Dino Hunters**
10.00 **Expedition X**
11.00 **How the Universe Works**
12.00 M'T **Blowing Up History**
1.00 AM **Combat Dealers**
2.00 **The Dino Hunters**
3.00 **Combat Dealers**
4.00 **to 5.00** AM **Blowing Up History**

+1 hour 277 261

Eden

166 245

9.00 AM **Inside the Vets**
10.00 **Sea of Creepy Monsters**
11.00 **David Attenborough's Natural Curiosities**
12.00 NOON **Forbidden...**
2.00 PM **Inside the Vets**
3.00 **Africa From Above**
5.00 **Sea of Creepy Monsters**
6.00 **David Attenborough's Natural Curiosities**
7.00 **Forbidden History**
8.00 **Inside the Vets**
9.00 **Africa From Above**
10.00 **David Attenborough's Natural Curiosities**
11.00 **Sea of Creepy Monsters**
12.00 M'T **Forbidden History**
1.00 AM **Inside the Vets**
2.00 **Sea of Creepy Monsters**
3.00 **David Attenborough's Natural Curiosities**
3.50 **Africa From Above**
4.40 **Forbidden History**
5.30 **to 6.00** AM **David Attenborough's Natural Curiosities**

+1 hour 266 246

WILD

165 165 841 264 265

8.00 AM **Animal Fight Club**
9.00 **Ocean's Weirdest**
10.00 **Crocodile King**
11.00 **Yukon Vet**
12.00 NOON **Snakes in the City** A 12ft mamba.
1.00 PM **Lone Star Vet**
2.00 **Snake Underworld**
3.00 **Serpents Surprise**
4.00 **America's Funniest Home Videos: Animal Edition**
5.00 **Snakes in the City**
7.00 **Secrets of the Zoo**
8.00 **Africa's Deadliest**
9.00 **Legend of the Giant Squid** Ocean giants.
10.00 **When Predators Attack** The world's deadliest snakes.
11.00 **Snakes in the City**
12.00 M'T **When Sharks Attack** Documentary.
1.00 AM **Animal Fight Club**
2.00 **Snake Underworld**
3.00 **Serpents Surprise**
4.00 **to 5.00** AM **Lone Star Vet**

Sky History 2

163 163 840 272

8.00 AM **Chasing Mummies**
9.00 **Dangerous Missions**
10.00 **Weeks of War**
11.00 **Ancient Aliens**
1.00 PM **UFO Files**
2.00 **Chasing Mummies**
4.00 **Storm Stories**
5.00 **Dangerous Missions**
6.00 **Alien Files: Unsealed**
7.00 **Ancient Aliens**
8.00 **Top Secret UFO Projects Declassified**
9.00 **The Real War of Thrones** In France, the kingdom is plunged into chaos.
10.00 **Paranormal: Caught on Camera**
11.00 **Ancient Aliens**
1.00 AM **Top Secret UFO Projects Declassified**
2.00 **The Real War of Thrones** As 9.00pm.
3.00 **Paranormal: Caught on Camera**
4.00 **Weeks of War**
5.00 **to 6.00** AM **What on Earth?**

PBS America

174 273 84 155

8.00 AM **Beautiful Serengeti**
8.55 **Hiroshima: The Real...**
10.55 **WWII in Color: Road...**
11.55 **Stalin's Executioners...**
1.00 PM **Beautiful Serengeti**
1.30 **Hiroshima: The Real...**
3.30 **WWII in Color: Road...**
4.35 **Stalin's Executioners...**
5.35 **Beautiful Serengeti**
6.10 **Hiroshima: The Real Story** The in-depth story of the nuclear bomb.
8.05 **WWII in Color: Road to Victory** Series finale Two years after Pearl Harbour, America's war machine now has Japan on the back foot.
9.15 **Stalin's Executioners: The Katyn Massacre** The Soviets' murder of 22,000 Polish officers during World War Two.
10.20 **Beautiful Serengeti**
10.55 **Iberia's Woodlands: Life on the Edge**
12.00 M'T **WWII in Color...**
1.10 **to 2.00** AM **Beautiful Serengeti**

CI

156 156 837 198

6.00 AM **The First 48**
8.00 **Cold Case Files**
9.00 **Killer Britain**
10.00 **Meet, Marry, Murder**
11.00 **The Real Murders of...**
12.00 NOON **Buried in the Backyard**
1.00 PM **Fear Thy Neighbour**
2.00 **Imperfect Murder**
3.00 **On the Case**
4.00 **Murdertown**
5.00 **Cold Case Files**
6.00 **The First 48**
7.00 **Homicide: Hours to Kill**
8.00 **Imperfect Murder** New edition
9.00 **Kids Behind Bars**
10.00 **Cops Uncensored** New editions
11.00 **Homicide Hunter**
12.00 M'T **Snapped**
1.00 AM **Murdertown**
2.00 **Cops Uncensored**
3.00 **Criminal Confessions**
4.00 **Imperfect Murder**
5.00 **to 6.00** AM **The Real Murders of Atlanta**

+1 hour 256 222

SKY HD SD | VIRGIN HD | FREEVIEW HD | FREESAT HD | BT HD

FRIDAY Films

Friday

8 PM

9 PM

10 PM

11 PM

primetime

Sky Cinema Premiere

301 301 848 401 501 515

6.00 AM **Brian and Charles**
7.35 **The Independent** (2022)
9.25 **Bullet Train** As 5.50pm.
11.35 **PREMIERE Elvis** As 8pm.
2.25 PM **Where Is Anne Frank** Animated drama featuring the voice of Emily Carey. (2021, PG, 99min) ★★★★
4.10 **Lamborghini: The Man Behind the Legend** Drama. (2022, 12, 97min) ★★
5.50 **Bullet Train** Comedy thriller. (2022, 15, 127min) ★★★★

8.00 Elvis

8.00 **PREMIERE Elvis** Biopic starring Austin Butler and Tom Hanks. Singer Elvis Presley takes the world by storm while his manager, Colonel Tom Parker, exerts a grip over him. With Olivia DeJonge, Helen Thomson and Richard Roxburgh. (2022, 12, 159min) ★★★★
See review, page 22.
SEX ●○○ VIOLENCE ○○○ LANG ●●○

10.50 **The Independent** Drama starring Jodie Turner-Smith and Brian Cox. (2022, 12, 108min) ★★★
SEX ○○○ VIOLENCE ○○○ LANG ●●○

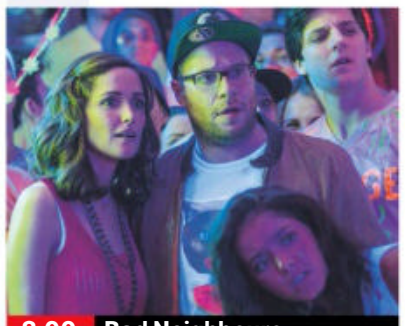
12.45 AM **Brian and Charles** Comedy starring David Earl. (2022, PG, 79min) ★★★★
2.30 **Lamborghini: The Man Behind the Legend** (2022)
4.10 **to 6.05** AM **Where Is Anne Frank** As shown at 2.25pm.

+1 hour 312

Sky Cinema Hits

303 303 857 403 503 517

6.25 AM **Stardust** Drama. (2020, 15, 109min) ★★
8.15 **In the Bedroom** As 11.45pm.
10.30 **The Young Messiah** Biblical drama. (2016, 12, 111min) ★★
12.30 PM **Chicago** Musical. (2002, 12, 112min) ★★★★
2.25 **Big Gold Brick** Comedy drama. (2022, 15, 135min) ★★★
4.40 **Ted** Offbeat buddy comedy. (2012, 15, 106min) ★★★
6.25 **Nobody** Crime drama. (2021, 15, 88min) ★★★★


8.00 Bad Neighbours

8.00 **Bad Neighbours** Comedy starring Seth Rogen and Zac Efron. A suburban couple enter into a vicious game of one-upmanship with the raucous student household next door. (2014, 15, 93min) ★★★
SEX ●●○ VIOLENCE ●○○ LANG ●●○

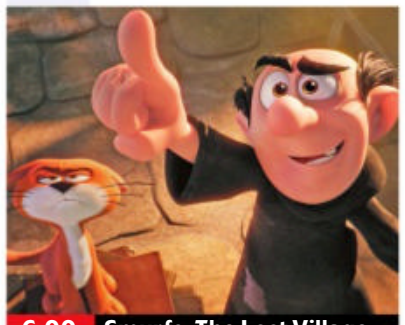
9.50 **The Purge: Election Year** Action horror sequel starring Frank Grillo, Mykelti Williamson and Elizabeth Mitchell. (2016, 15, 108min) ★★★
SEX ○○○ VIOLENCE ●●○ LANG ●●●

11.45 **In the Bedroom** Psychological drama set in Maine, starring Sissy Spacek and Tom Wilkinson. When their only son is murdered by his girlfriend's ex-husband, a middle-class couple come to a terrible decision. (2001, 15, 130min) ★★★★★
2.05 AM **Nobody** As 6.25pm.
3.45 **The Purge: Election Year**
5.45 **to 6.30** AM **Sky Cinema Preview**

Sky Cinema Kids Books

306 306 850 406 506 520

6.45 AM **The Snow Queen: Mirrorlands** (2018, U) ★★
8.15 **Peter Pan** (2003, PG) ★★★★
10.20 **The Amazing Maurice** Animation. (2022, PG) ★★★★
12.10 PM **Willy Wonka and the Chocolate Factory** Fantasy. (1971, U, 100min) ★★★★
2.05 **The Smurfs** (2011, U) ★★
4.00 **The Smurfs 2** Adventure sequel. (2013, U, 104min) ★★
6.00 **Smurfs: The Lost Village** Animation. (2017, U) ★★★


6.00 Smurfs: The Lost Village

7.35 **Ender's Game** Sci-fi adventure based on the novel by Orson Scott Card, starring Asa Butterfield, Harrison Ford and Hailee Steinfeld. (2013, 12, 111min) ★★★
SEX ○○○ VIOLENCE ●○○ LANG ○○○

9.30 **Harriet the Spy** Comedy adventure starring Michelle Trachtenberg as an 11-year-old aspiring writer whose spying activities make her an outcast. (1996, PG, 97min) ★★★★
SEX ○○○ VIOLENCE ○○○ LANG ○○○

11.15 **Tarzan** Animated family adventure featuring the voices of Kellan Lutz, Spencer Locke, Anton Zetterholm and Les Bubb. A man raised by apes in an African jungle fights to defend his home from a ruthless corporation. (2013, PG, 94min) ★★
12.55 AM **Ender's Game** As shown at 7.35pm.
2.50 **Harriet the Spy** As 9.30pm.
4.35 **to 6.15** AM **Tarzan** As 11.15pm.

Sky Cinema Action

307 307 851 407 507 521

6.00 AM **Stealth** Action thriller. (2005, 12, 121min) ★★
8.05 **The Lord of the Rings: The Two Towers** Epic fantasy. (2002, 12, 179min) ★★★★★
11.05 **San Andreas** Disaster movie. (2015, 12, 114min) ★★★
1.00 PM **The Brothers Grimm**
3.00 **Stone of Destiny** Comedy adventure. (2008, PG) ★★★
4.40 **The Lord of the Rings: The Return of the King** Fantasy. (2003, 12, 201min) ★★★★★

10.20 Fury

8.00 **The Northman** Historical adventure, starring Alexander Skarsgård and Nicole Kidman. Prince Amleth, the son of the murdered Viking King Aurvandill War-Raven, heads to Iceland to exact his revenge. With Claes Bang, Ethan Hawke and Anya Taylor-Joy. (2022, 15, 137min) ★★★★
SEX ●●○ VIOLENCE ●●● LANG ●○○

10.20 **Fury** Drama starring Brad Pitt, Shia LaBeouf and Logan Lerman. An American tank crew undertake a final dangerous mission behind enemy lines in the last months of World War Two. (2014, 15, 134min) ★★★
SEX ○○○ VIOLENCE ●●● LANG ●●○

12.40 AM **The Brothers Grimm** Fantasy adventure with Matt Damon and Heath Ledger. (2005, 12, 118min) ★★★
2.45 **Sky Cinema Preview**
3.45 **to 6.05** AM **Fury** (2014)

Sky Cinema Comedy

308 308 408 508 522

6.25 AM **The Joneses** As 3.20am.
8.15 **Trainwreck** Comedy. (2015, 15, 124min) ★★★
10.30 **The Brady Bunch Movie** Comedy. (1995, 12) ★★★
12.20 PM **The Stepford Wives**
2.10 **Nacho Libre** Comedy. (2006, 12, 92min) ★★★★
4.00 **Central Intelligence** Comedy. (2016, 12, 107min) ★★★
6.00 **Ferris Bueller's Day Off** Teen comedy starring Matthew Broderick. (1986, 12) ★★★★

6.00 Ferris Bueller's Day Off

8.00 **Ghost Town** Romantic fantasy comedy starring Ricky Gervais, Téa Leoni and Greg Kinnear. An anti-social New York dentist wakes up from an operation to discover that he can see ghosts. (2008, 12, 102min) ★★★★
SEX ○○○ VIOLENCE ○○○ LANG ●○○

10.00 **Serendipity** Romantic comedy with John Cusack and Kate Beckinsale. (2001, PG, 90min) ★★★★
SEX ○○○ VIOLENCE ○○○ LANG ○○○

11.45 **The Stepford Wives** Comedy remake of the classic 1974 chiller, starring Nicole Kidman. (2004, 12, 93min) ★
1.35 AM **Poms** Comedy with Diane Keaton and Jacki Weaver. (2019, 12, 90min) ★★★
3.20 **The Joneses** Comedy drama starring Demi Moore. (2009, 15, 91min) ★★★★
5.10 **to 6.50** AM **The Estate** Comedy starring Toni Collette. (2022, 15, 96min) ★★

Sky Cinema Oscars

304 304 849 404 504 518

6.50 AM **The Social Network** Oscar-winning drama. (2010, 12, 120min) ★★★★★
8.55 **Spider-Man 2** Fantasy sequel. (2004, PG, 127min) ★★★★
11.05 **Spider-Man: Into the Spider-Verse** Animation. (2018, PG, 117min) ★★★★★
1.05 PM **Batman** As 1.00am.
3.15 **The Batman** Comic-book drama. (2021, 15, 176min) ★★★★

6.10 **Ex Machina** Sci-fi drama, starring Domhnall Gleeson. (2014, 15, 104min) ★★★★
8.00 **Spotlight** Oscar-winning fact-based drama starring Mark Ruffalo and Michael Keaton. A team of journalists investigate a conspiracy to cover up child abuse in the Catholic church. (2015, 15, 129min) ★★★★★
10.10 **Interstellar** Sci-fi drama with Matthew McConaughey, Anne Hathaway and Michael Caine. (2014, 12, 166min) ★★★★

1.00 AM **Batman** Tim Burton's fantasy adventure with Michael Keaton and Jack Nicholson. (1989, 15, 121min) ★★★★
3.15 **Begin Again** Comedy drama. (2013, 15, 102min) ★★★★
5.05 **to 6.40** AM **Hondo** Western. (1953, PG, 84min) ★★★

Sky Cinema Animation

305 305 412 500 514

6.20 AM **Rabbit Academy** (2022)
7.50 **Animals United** Animation. (2010, U, 92min) ★★
9.35 **A Stork's Journey** As 11.40pm.
11.05 **Dogtanian and the Three Muskehounds** Animated adventure. (2021, U, 84min) ★
12.40 PM **Fly Me to the Moon** Animation. (2008, U) ★★
2.20 **Dragon Rider** Animation. (2020, PG, 91min) ★★★

4.00 **The Bad Guys** Animation. (2022, PG, 100min) ★★★
5.45 **PAW Patrol: The Movie** Animation. (2021, U) ★★★
7.15 **Dr Seuss' The Lorax** Animation. (2012, U, 86min) ★★★
8.45 **Rabbit Academy** Animation. (2022, U, 76min) ★★★
10.05 **Astro Kid** Animated adventure. (2019, PG, 89min) ★★★
11.40 **A Stork's Journey** Animated adventure. (2017, U, 85min) ★★
1.10 AM **Space Dogs: Return to Earth** Animation. (2020, U) ★★

2.35 **Space Chimps** Animation. (2008, U, 81min) ★★
4.00 **Space Chimps 2: Zartog Strikes Back** Animated sci-fi sequel. (2010, U, 72min) ★
5.20 **to 6.45** AM **The Ogglies** Animated family adventure. (2021, PG, 85min) ★★

TCM Movies

315 415

6.00 AM **Hollywood's Best Directors**
8.55 **Off Set** With Ben Miller.
9.15 **The Glenn Miller Story** Biopic. (1954, U, 116min) ★★★★★
11.40 **One of Our Spies is Missing!** Adventure. (1966, U, 91min) ★★
1.30 PM **The Naked Spur** Western. (1953, PG, 91min) ★★★
3.25 **The Desperate Hours** Fact-based suspense thriller. (1955, b/w, PG, 113min) ★★★

5.45 **King of the Wild Stallions** Western. (1959, U, 76min) ★★
7.20 **Sherlock Holmes in Dressed to Kill** Mystery starring Basil Rathbone and Nigel Bruce. (1946, b/w, U, 70min) ★★★
8.45 **Off Set** With Jamie Cullum.
9.00 **The Exorcist: The Version You've Never Seen** Horror with Linda Blair and Ellen Burstyn. A girl is possessed by a demon, forcing two priests to find the spiritual strength to exorcise it. (1973, 18, 155min) ★★★★★

11.45 **Halloween II** Horror sequel. (1981, 18, 92min) ★★
1.35 AM **Teleshopping**
4.00 **Close Up** Double bill.
5.00 **to 6.00** AM **Hollywood's Best Directors**

+1 hour 316 417

Talking Pictures

328 445 82 306

6.00 AM **Sing As You Swing** Musical comedy. (1937, b/w, U) ★★
7.05 **The Traitor** (1957, b/w, PG) ★★
8.45 **Penny Paradise** Comedy drama. (1938, b/w, PG, 72min) ★★★
10.15 **Go West** (1925, b/w, U) ★★★
11.50 **McLintock!** (1963, U) ★★★
2.30 PM **Crown Court**
3.00 **Nurse Edith Cavell** War drama. (1939, b/w, PG, 93min) ★★★
5.00 **Inquest** (1939, b/w, PG) ★★

6.15 **The Frozen North** Comedy. (1922, b/w, U, 22min) ★★★★
6.35 **Look at Life**
6.45 **Forbidden Cargo** Thriller. (1954, b/w, PG, 85min) ★★★
8.30 **Dial 999**
9.00 **Cellar Club with Caroline Munro**
9.05 **Five** Ensemble comedy drama. (2011, 12, 87min) ★★★
10.55 **Cellar Club with Caroline Munro**
11.00 **The Devil Commands** Horror thriller. (1941, 15, 65min) ★★
12.20 AM **Cellar Club with Caroline...**
12.25 **Jacktown** Drama. (1962, 15) ★★

1.40 **Cellar Club with Caroline Munro**
1.45 **House of the Long Shadows** Horror spoof. (1982, 15) ★★
3.55 **Fools Rush In** Thriller. (1955, b/w, PG, 69min) ★★
4.50 **Look at Life**
5.00 **to 6.00** AM **Target: The Corruptors**

HorrorXtra

317 192 138

HorrorXtra programmes start at 5.00pm

5.00 PM **Jetstream** Disaster movie starring David Chokachi. (2012, 12, 88min) ★★
6.50 **This Is HorrorXtra**
7.00 **First Wave** *Normal, Illinois:* 13/22. Foster investigates an alien experiment. (S2)
8.00 **Knight Rider** *Merchants of Death:* 4/24. A missile-firing helicopter disappears. (S2)
9.00 **The Humanity Bureau** Sci-fi thriller starring Nicolas Cage, Sarah Lind and Jakob Davies. (2017, 15, 95min) ★★

10.55 **Itsy Bitsy** Fantasy horror starring Bruce Davison. (2019, 15, 94min) ★★
12.50 AM **This Is HorrorXtra**
1.00 **First Wave** As 7.00pm.
2.00 **to 3.00** AM **Knight Rider**

+1 hour 318 219 139

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Thriller

309 309 409 509 523

6.00 AM **No Man of God** (2021)
7.55 **Barbarians** Horror thriller. (2021, 15, 89min) ★★★
9.40 **Reindeer Games** Thriller. (2000, 15, 105min) ★★★★
11.40 **Welcome to the Punch** Thriller. (2013, 15, 98min) ★★★
1.35 PM **Panic Room** Thriller. (2002, 15, 112min) ★★★
3.35 **Lord of War** Comedy thriller. (2005, 15, 122min) ★★★★
5.45 **The Fifth Estate** Thriller. (2013, 15, 125min) ★★★

5.45 The Fifth Estate

8.00 **In the Line of Fire** Thriller starring Clint Eastwood as a veteran secret service agent trying to stop a hit-man assassinating the US president. With John Malkovich, Rene Russo and Gary Cole. (1993, 15, 127min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.15 **The Manchurian Candidate** Thriller remake starring Denzel Washington, Meryl Streep and Liev Schreiber. (2004, 15, 130min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.25 AM **Scream** Horror comedy starring Neve Campbell. (1996, 18, 111min) ★★★★
2.20 **Sin City** Gory film noir thriller starring Bruce Willis, Mickey Rourke and Clive Owen. (2005, 18, 124min) ★★★★
4.25 **to 6.10** AM **No Man of God** Crime drama with Elijah Wood. (2021, 15, 100min) ★★★★

Sky Cinema Drama

310 310 410 510 524

6.00 AM **The Back-Up Plan** Comedy. (2010, 12) ★★
7.50 **Forces of Nature** Comedy. (1999, 12, 105min) ★★★
9.40 **Miss Potter** (2006) ★★★★
11.20 **Footloose** Dance drama remake. (2011, 12) ★★★
1.20 PM **In the Heights** Musical. (2021, PG, 143min) ★★★
3.45 **Whiplash** Music drama. (2014, 15, 106min) ★★★★★
5.35 **Cast Away** Adventure drama. (2000, 12, 143min) ★★★★

5.35 Cast Away

8.00 **The Duke** Comedy drama starring Jim Broadbent. In 1961, a 60-year-old taxi driver steals Goya's portrait of the Duke of Wellington from the National Gallery. (2020, 12, 95min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.40 **Downton Abbey: A New Era** Drama starring Hugh Bonneville and Jim Carter. The Crawley family go on a journey to the south of France to uncover the mystery of the dowager countess's villa. (2022, PG, 124min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.50 **American Beauty** Satirical comedy starring Kevin Spacey and Annette Bening. (1999, 18, 122min) ★★★★★
2.00 AM **French Exit** Comedy drama with Michelle Pfeiffer. (2020, 15, 113min) ★★★
4.00 **to 6.00** AM **Charming the Hearts of Men** Romance. (2021, 12, 107min) ★★★

Sky Cinema Sci-Fi/Horror

311 311 858 411 511 525

6.15 AM **The Call** (2020, 15) ★★
8.10 **After Yang** As 11.50pm.
10.00 **Midnight Special** Adventure. (2015, 12, 109min) ★★★★
12.10 PM **Battle: Los Angeles** Sci-fi adventure. (2011, 12) ★★★
2.10 **Escape Room: Tournament of Champions** Horror sequel. (2021, 15, 88min) ★★
4.00 **Looper** Time-travel thriller. (2012, 15, 119min) ★★★★
6.00 **Elysium** Sci-fi action thriller. (2013, 15, 107min) ★★★★

6.00 Elysium

8.00 **Terminator Salvation** Sci-fi action thriller sequel starring Christian Bale, Sam Worthington and Anton Yelchin. In 2018, resistance hero John Connor leads the fight back against the killer robots. (2009, 12, 110min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Halloween Kills** Horror sequel starring Jamie Lee Curtis and Judy Greer. (2021, 18, 105min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.50 **After Yang** Sci-fi drama starring Colin Farrell and Jodie Turner-Smith. (2022, PG, 96min) ★★★★
1.35 AM **Malignant** Horror, starring Annabelle Wallis, Maddie Hasson and George Young. (2021, 18, 111min) ★★★★
3.30 **Phobias** Horror anthology starring Leonardo Nam. (2021, 15, 85min) ★★★
5.05 **to 6.05** AM **Sky Cinema Preview**

Sky Cinema Elvis

302 302 856 402 502 516

6.15 AM **Sky Cinema Preview**
6.50 **Blue Hawaii** As 6.05pm.
8.45 **GI Blues** As shown at 8pm.
10.45 **Girls! Girls! Girls!** As 11.50pm.
12.40 PM **Fun in Acapulco** As 10pm.
2.30 **Paradise – Hawaiian Style** Musical. (1966, U, 91min) ★★
4.15 **Easy Come, Easy Go** Musical adventure starring Elvis Presley. (1967, U, 95min) ★★
6.05 **Blue Hawaii** Musical with Elvis Presley and Joan Blackman. (1961, PG, 103min) ★★

8.00 GI Blues

8.00 **GI Blues** Musical comedy starring Elvis Presley. A guitar-playing soldier, based in West Germany, bets that he can spend a night with an aloof cabaret dancer. With Juliet Prowse and James Douglas and Robert Ivers. (1960, PG, 100min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Fun in Acapulco** Musical comedy starring Elvis Presley as a trapeze artist who becomes an Acapulco lifeguard. With Ursula Andress. (1963, U, 93min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.50 **Girls! Girls! Girls!** Musical starring Elvis Presley, Stella Stevens and Laurel Goodwin. A fisherman falls for a rich girl who is pretending to be poor. (1962, U, 106min) ★★
1.45 AM **Easy Come, Easy Go**
3.35 **Paradise – Hawaiian Style**
5.20 **to 6.00** AM **Sky Cinema Preview**

Film4

313 313 855 428 14 300

■ **Films start at 11.00am**
11.00 AM **Shenandoah** Western. (1965, PG, 101min) ★★★★
1.10 PM **The File on Thelma Jordon** Film noir thriller. (1949, b/w, PG, 100min) ★★★
3.10 **Thunder Bay** Adventure. (1953, U, 102min) ★★★
5.15 **7th Cavalry** Western. (1956, U, 77min) ★★★
6.50 **Rat Race** Road comedy starring Rowan Atkinson. (2001, 12, 112min) ★★★

6.50 Rat Race

Rat Race (film started at 6.50pm) **8 PM**
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **The Godfather Part III** Concluding chapter of Francis Ford Coppola's grand gangster epic starring Al Pacino as Michael Corleone, now an ageing businessman attempting to put his criminal days behind him. With Diane Keaton. (1990, 15, 162min) ★★★ **9 PM**
SEX ●●● VIOLENCE ●●● LANG ●●●

12.15 **The Furies** Thriller starring Airlie Dodds and Linda Ngo. A kidnapped woman finds herself an unwilling participant in a lethal game where women are hunted by masked men. (2019, 18, 82min) ★★★ **10 PM**
1.55 **to 3.50** AM **127 Hours** Danny Boyle's fact-based adventure drama starring James Franco. (2010, 15, 93min) ★★★★ **11 PM**

+1 hour 314 430 47 301

GREAT! movies romance

319 424 52 303

6.00 AM **Eat, Drink and Be Married** Drama. (2019, U, 90min) ★★
8.00 **Love's Sweet Recipe** Romantic drama. (2021, PG, 85min) ★★
10.00 **Hint of Love** Romantic comedy. (2020, PG, 90min) ★★
12.00 NOON **Love on the Menu** Romantic comedy drama. (2019, PG, 90min) ★★
2.00 PM **A Midnight Kiss** Romance. (2018, PG, 95min) ★★
4.00 **In the Key of Love** Romantic drama. (2019, PG, 90min) ★★
6.00 **Home by Spring** Romantic drama starring Poppy Drayton. (2018, PG, 83min) ★★
8.00 **True Love Blooms** Romance starring Sara Rue and Jordan Bridges. (2019, PG, 82min) ★★
10.00 **A Feeling of Home** Romantic drama starring Jonna Walsh. (2019, PG, 90min) ★★
11.50 **Love Is a Piece of Cake** Drama starring Lindsey Gort. (2020, PG, 90min) ★★
1.30 AM **Double Wedding** Romantic comedy. (2010, PG, 88min) ★★
3.00 **A Picture Perfect Wedding** Drama. (2021, PG, 90min) ★★
4.30 **to 6.00** AM **Love in Full Swing** Drama. (2020, PG, 85min) ★★

+1 hour 320 303 63 304

GREAT! movies

321 425 34 302

9.00 AM **Deadly Vows** Crime drama. (2017, PG, 84min) ★★
11.00 **The Wrong Nanny** Thriller. (2017, PG, 90min) ★★
1.00 PM **Deadly Vengeance** Thriller. (2019, PG, 87min) ★★
3.00 **Cradle Swapping** Drama. (2017, 12, 88min) ★★
5.00 **Lost Letter Mysteries for Christmas** Festive comedy. (2014, PG, 84min) ★★
6.50 **Pixels** Sci-fi comedy with Adam Sandler and Peter Dinklage. Four former video games champions are recruited to defend Earth from an invasion of 1980s arcade game characters. (2015, 12, 105min) ★★
9.00 **Taken 3** Action thriller sequel starring Liam Neeson and Forest Whitaker. Ex-CIA agent Bryan Mills fights to clear his own name after being framed for his ex-wife's murder. (2015, 12, 104min) ★★
11.15 **The Guest** Darkly comic thriller. (2014, 15, 100min) ★★★★
1.20 AM **Basic** Military thriller. (2002, 15, 98min) ★★
3.25 **to 6.00** AM **What's Eating Gilbert Grape** (1993, 15) ★★★

+1 hour 322 61

GREAT! movies action

323 426 42 305

6.00 AM **M*A*S*H** (S10)
7.00 **Tomorrow We Live** War drama. (1942, b/w, U, 87min) ★★
8.45 **Storm Cell** Disaster movie. (2008, 12, 105min) ★
10.30 **Battle Honours**
11.30 **Wild West Chronicles**
12.00 NOON **M*A*S*H** (S10)
1.00 PM **The Devil's Brigade** World War Two drama. (1968, PG, 126min) ★★
3.45 **The Traitors** Espionage drama. (1962, b/w, PG, 70min) ★★★
5.10 **Four Fast Guns** Western. (1960, b/w, U, 72min)
6.45 **Wild West Chronicles**
7.15 **100 Degrees Below Zero** Disaster thriller starring Jeff Fahey. (2013, 12, 89min) ★
9.00 **Harrigan** Crime thriller starring Stephen Tompkinson. A police officer seeks revenge against the gang leader who murdered his friend in a troubled 1970s estate. (2013, 15, 95min) ★★
10.55 **Cell** Sci-fi thriller starring John Cusack and Samuel L Jackson. (2014, 15, 95min) ★★★
1.00 AM **Black Thunder** Adventure. (1998, PG, 85min) ★★
2.50 **to 4.00** AM **The Traitors**

+1 hour 324

Movies 24

325 419

7.00 AM **A Crafty Christmas Romance** (2020, PG) ★★
9.00 **When Sparks Fly** Drama. (2014, PG, 86min) ★★
11.00 **Country at Heart** Romantic drama. (2020, PG, 84min) ★★
1.00 PM **Marry Go Round** As 1am.
3.00 **Charm of Love** Romance. (2020, PG, 90min) ★★
5.00 **A Royal Runaway Romance** Comedy. (2022, PG, 84min) ★★
7.00 **Love's Second Chance** Romance starring Gabrielle Christian. When a young woman inherits her grandmother's vintage dress shop, she runs into her high-school crush, who convinces her to restore it. (2020, PG, 90min) ★★
9.00 **Love in the Limelight** Romantic comedy starring Alexa and Carlos PenaVega. A woman is reunited with her high-school crush – now a boy band singer. (2022, PG, 84min) ★★
11.00 **The Baker's Son** Romantic fantasy. (2021, PG, 84min) ★★
1.00 AM **Marry Go Round** Romantic comedy starring Amanda Schull. (2022, PG, 84min) ★★
3.00 **to 5.00** AM **Charm of Love**

+1 hour 326 420

FILMS ON OTHER CHANNELS

6pm TILL LATE

8.10 PM **Divergent: Insurgent** *BBC3* Sci-fi adventure sequel starring Shailene Woodley. ★★★
9.00 **Instant Family** *E4* Comedy starring Mark Wahlberg. ★★★★
9.00 **The Meg** *5STAR* Thriller. ★★★
9.00 **Police Academy 3: Back in Training** *Comedy Central* Comedy with Bubba Smith. ★
9.00 **Military Wives** *4Seven* Comedy drama with Kristin Scott Thomas and Sharon Horgan. ★★★★
9.00 **Ice Storm** *Sky Sci-Fi* Thriller. ★★
9.00 **Senna** *Sky Documentaries* Documentary about Formula 1 driver Ayrton Senna. ★★★★
10.00 **Kick-Ass** *BBC3* Action thriller starring Aaron Johnson. ★★★★
10.40 **Jackass: The Movie** *Comedy Central* Slapstick comedy. ★
10.45 **The Rock** *ITV1* Action thriller starring Sean Connery. ★★★★
11.15 **Scary Movie** *5STAR* Spoof. ★★
11.55 **Pain and Glory** *BBC2* Pedro Almodóvar's Spanish drama. Subtitled. ★★★★
12.10 AM **Bad Teacher** *Channel 4* Comedy starring Cameron Diaz and Justin Timberlake. ★★★
1.45 **The Human Voice** *BBC2* Pedro Almodóvar's short film. ★★★★

Friday

Sky Sports Main Event

401 401 859 | 511 501 | 420 440

6.00 AM LIVE LPGA Tour Golf Coverage of day two of the HSBC Women's World Championship.
7.30 LIVE Test Cricket South Africa v West Indies. The fourth day of the first Test.
10.00 The Football Show
11.00 LIVE Formula 1 The Bahrain Grand Prix first practice session.
1.00 PM LIVE Formula 3 Coverage of the Bahrain Grand Prix qualifying session.
1.40 F1 Feature
2.00 Total Football
2.45 LIVE Formula 1 The Bahrain Grand Prix second practice session.
4.25 LIVE Formula 2 The Bahrain Grand Prix qualifying session.
5.00 The F1 Show
6.00 LIVE PGA Tour Golf Day two of the Arnold Palmer Invitational.
7.30 LIVE EFL Hull City v West Bromwich Albion. Coverage of the Championship clash staged at MKM Stadium. Kick-off 8.00pm.
10.30 Back Pages Tonight
11.00 Sky Sports News
5.30 to 6.00 AM LIVE LPGA Tour Golf The third day of the HSBC Women's World Championship.

Sky Sports Premier League

402 402 860 | 512 502 | 421 441

6.00 AM PL Greatest Games
7.00 Premier League Legends
8.00 Premier League Best Goals
9.00 Premier League 100 Club
10.00 The Football Show
1.00 PM Total Football The definitive take from the managers and players themselves.
5.00 Premier League 100 Club
6.00 Premier League Legends
7.00 Premier League Preview
7.30 Premier League – The Big Interview
8.00 Gary Neville's Soccerbox Gary is joined by Sol Campbell. 8.30 With Thierry Henry.
9.00 Premier League Preview A look ahead to the weekend's matches in the top flight.
9.30 Premier League – The Big Interview
10.00 Premier League Stories Behind the scenes of the top flight.
10.30 PL Retro
12.30 AM Premier League Icons
1.00 Premier League Years
3.00 PL Greatest Games
4.00 PL Best Goals 11/12
5.00 Premier League Best Goals
5.30 to 6.00 AM Premier League 100 Club

Sky Sports Football

403 403 861 | 513 503 | 422 442

6.00 AM EFL The 2020/21 play-offs.
9.00 EFL Greatest Games
10.00 EFL Cup Retro
12.00 NOON Bundesliga Weekly
12.30 PM Inside the WSL
1.00 EFL Highlights
1.30 Women's Football Weekly
2.00 Scottish Premiership Round-Up
2.15 EFL Highlights
2.30 EFL Goals: Leagues 1 & 2
3.00 Bundesliga Weekly
3.30 Inside the WSL
4.00 Bundesliga
4.30 Women's Football Weekly
5.00 EFL Greatest Games
5.30 Scottish Premiership Round-Up
5.45 EFL Highlights Action from Preston North End v Coventry City.
6.00 Inside the WSL
6.30 Bundesliga
7.00 EFL Highlights
7.30 LIVE EFL Hull City v West Bromwich Albion. Coverage of the Championship clash from MKM Stadium. Kick-off 8.00pm.
10.30 Inside the WSL
11.00 EFL Greatest Games
12.00 M'T EFL Cup Highlights
1.00 AM EFL The 2012/13 play-offs.
4.00 to 6.00 AM Championship Retro

Sky Sports Cricket

404 404 862 | 514 504 | 423 443

6.00 AM Best of the Women's World T20 Archive highlights.
6.30 Test Cricket
7.30 LIVE Test Cricket South Africa v West Indies. Coverage of the fourth day of the first Test in the two-match series from SuperSport Park Cricket Stadium.
4.00 PM LIVE Pakistan Super League Islamabad United v Karachi Kings. Coverage of the T20 match, which takes place at Rawalpindi Cricket Stadium.
6.00 Test Cricket
7.00 Talking Cricket
8.00 Pakistan Super League Highlights Action from Islamabad United v Karachi Kings.
9.00 Test Cricket Action from day four of the first Test between South Africa and West Indies.
10.00 Pakistan Super League Highlights As 8.00pm.
11.00 Test Cricket Highlights of South Africa v West Indies.
12.00 M'T Pakistan Super League
4.10 AM Best of the Women's World T20 Archive highlights.
4.40 1999: England's Rock Bottom
5.00 to 6.00 AM Pakistan Super League Highlights

Sky Sports Golf

405 405 863 | 515 505 | 424 444

6.00 AM LIVE LPGA Tour Golf The second day of the HSBC Women's World Championship in Singapore.
7.30 PGA Tour Golf
9.00 LPGA Tour Golf
11.00 PGA Tour Golf
11.15 Challenge Tour Golf
11.45 PGA Tour Golf
12.00 NOON LIVE PGA Tour Golf The second day of the Arnold Palmer Invitational in Florida.
11.00 PM LPGA Tour Golf
11.15 Women in Golf: Breaking with Tradition Documentary.
12.15 AM LPGA Tour Golf
12.30 Chronicles of a Champion Golfer Profile of Shane Lowry.
1.00 PGA Tour Golf
1.15 Masterpiece Theatre
1.30 Golf Academy
2.00 LPGA Tour Golf
2.15 PGA Tour Golf
3.30 LPGA Tour Golf
3.45 PGA Tour Golf
4.00 Women in Golf: Breaking with Tradition Documentary.
5.00 LPGA Tour Golf
5.15 PGA Tour Golf
5.30 to 6.00 AM LIVE LPGA Tour Golf The third day of the HSBC Women's World Championship.

BT Sport 1

413 413 870 | 527 | 408 430

6.00 AM LIVE Test Cricket India v Australia. Day three of the third Test from Dharamsala.
12.00 NOON Test Cricket Highlights
2.00 PM Premier League – The Big Interview
2.30 Ligue 1 Show
3.00 WWE NXT Wrestling action.
4.45 Premier League Reload
5.00 Isuzu UTE A-League
6.00 Premier League Preview
6.30 Scottish Football Extra
7.00 LIVE Gallagher Premiership Rugby Union Bristol Bears v Northampton Saints. Coverage of tonight's top-flight match from Ashton Gate. Kick-off 7.45pm.
10.00 WWE NXT UK Classics
11.00 WWE NXT Highlights
12.00 M'T WWE SmackDown Highlights Wrestling action.
1.00 AM LIVE WWE Friday Night SmackDown Wrestling coverage from America.
3.00 Premier League Preview
3.30 Scottish Football Extra
4.00 to 6.00 AM LIVE A-League Women Newcastle Jets v Melbourne City. All the action from Newcastle Sports Ground No 2. Kick-off 4.00am.

BT Sport 2

414 414 871 | 528 | 409 431

6.00 AM Highlights
8.15 A-League Highlights
8.45 LIVE Isuzu UTE A-League Adelaide United v Melbourne City. Kick-off 8.45am.
10.45 ESPN FC Football news.
11.15 BT Sport Reload
11.30 Serie A – Full Impact
12.00 NOON The Football's On
1.00 PM BT Sport Films
2.30 BT Sport Reload
3.00 Fishing: On the Bank
4.00 Hockey Australia v Argentina.
6.00 Test Cricket Highlights
7.00 Inside Serie A
7.30 LIVE Serie A Napoli v Lazio. From Stadio Diego Armando Maradona. Kick-off 7.45pm.
9.45 Champions League Magazine
10.15 BT Sport Reload
10.30 UFC Live A preview of UFC 285.
11.00 Dan Hardy Breakdown Show
11.30 Fight Week
12.00 M'T Serie A Napoli v Lazio.
1.00 AM Ligue 1 Nice v Auxerre.
2.00 LIVE Isuzu UTE A-League Wellington Phoenix v Newcastle Jets. Kick-off 2.00am.
4.00 to 6.00 AM LIVE A-League Women Canberra United v Adelaide Utd. Kick-off 4.00am.

BT Sport 3

417 417 874 | 529 | 410 432

6.00 AM LIVE Hockey Australia v Argentina. The Men's FIH Pro League game. Push-back 6.10am.
8.00 LIVE Hockey Australia v Argentina. The Women's FIH Pro League clash. Push-back 8.10am.
10.00 Serie A – Full Impact
10.30 30 for 30: Unmatched
11.30 Backstory: Serena vs The Umpire Documentary.
12.30 PM MotoGP Classics
3.30 Test Cricket Highlights
5.30 Ligue 1 Show
6.00 The Football's On
7.00 ESPN FC Football news.
7.30 Ligue 1 Show
8.00 LIVE Ligue 1 Nice v Auxerre. From Allianz Riviera. Kick-off 8pm.
10.00 Scottish Football Extra
10.30 Premier League Preview
11.00 Test Cricket Highlights
12.00 M'T LIVE College Basketball Saint Louis Billikens v Dayton Flyers. Tip-off 12.00m't.
2.00 AM LIVE NCAA Championship Oklahoma Sooners v Florida Gators.
3.30 BT Sport Reload
3.45 to 6.00 AM LIVE Test Cricket India v Australia. Coverage of the fourth day of the third Test.

Sky Sports Action

407 407 865 | 517 507 | 426 446

6.00 AM International Rugby Union
6.55 LIVE Super Rugby Crusaders v Highlanders. Coverage from AAMI Park. Kick-off 7.00am.
9.00 Rugby Greatest Games
9.05 LIVE Super Rugby Rebels v Hurricanes. From AAMI Park in Melbourne. Kick-off 9.10am.
11.10 Rugby Greatest Games
11.30 The Rugby Championship
12.00 NOON Good Morning Football
3.00 PM Black Arrows: The Next Generation Deta Hedman explores diversity in darts.
4.00 The Darts Show
4.30 Super League Highlights
5.00 NBC's Pro-Football Talk
7.00 NBA Action
7.30 LIVE British Basketball Leicester Riders v London Lions. Coverage of the BBL encounter held at Morningside Arena. Tip-off is at 7.45pm.
9.45 NBA Basketball
10.00 The Darts Show
10.30 Top Rank Boxing Archive
12.00 M'T Fight Night International
1.00 AM Total Access
2.00 Premier League Darts
5.30 to 6.00 AM Super League Highlights

Sky Sports Mix

416 416 873 | 520 510 | 429 449

6.00 AM PL Greatest Games
7.00 Premier League Legends
7.30 Netball Superleague
9.30 Premier League Darts
1.00 PM Inside the WSL
1.30 My Icon
1.50 LIVE Pakistan Super League Islamabad United v Karachi Kings. Coverage of the T20 encounter, which takes place at Rawalpindi Cricket Stadium.
6.00 NBA Basketball Action from Charlotte Hornets v Philadelphia 76ers from the 2021/22 season. 6.15 Los Angeles Lakers v Brooklyn Nets from 2021/22.
6.30 Inside the WSL
7.00 LIVE Netball Superleague Manchester Thunder v Loughborough Lightning. Coverage of the match at Belle Vue Arena. Centre-pass 7.30pm.
9.00 NBA Action
9.30 NBA Basketball
12.15 AM Super League Highlights
1.00 Netball Superleague
3.00 Test Cricket
4.00 Women's ICC World T20 Cricket This year's final.
5.00 to 6.00 AM Pakistan Super League Highlights

BT Sport 4

423 423 876 | 530 | 411 434

6.00 AM ESPN SportsCenter
6.15 Around the Horn
6.45 ESPN SportsCenter
7.00 WWE Raw Highlights
8.00 WWE NXT Highlights
9.00 Pardon the Interruption
9.30 NCAA Championship
12.30 PM MLB Highlights from Boston Red Sox v Philadelphia Phillies.
3.30 NCAA Championship The SEC Indoor Track & Field Championship.
7.00 Around the Horn
7.30 Pardon the Interruption
8.00 College Basketball Illinois Fighting Illini v Michigan Wolverines. 9.45 Action from an NCAA clash.
11.30 Around the Horn
12.00 M'T Isuzu UTE A-League
1.00 AM LIVE College Basketball Coverage of an NCAA encounter.
3.00 Pardon the Interruption
3.30 LIVE College Basketball Coverage of an NCAA fixture.
5.30 to 6.00 AM Scottish Football Extra

Eurosport 1

410 410 868 | 521 | 412 435

5.50 AM LIVE Snowboarding From Bakuriani in Georgia.
8.20 Cross-Country Skiing
9.15 LIVE Alpine Skiing In Norway.
11.00 Freestyle Skiing
11.20 LIVE Cross-Country Skiing Coverage from Planica in Slovenia.
1.30 PM Sailing: The Ocean Race
2.00 Biathlon The men's 10km sprint.
3.00 LIVE Biathlon Coverage from Nove Mesto in Czech Republic.
4.30 LIVE Ski Jumping The men's HS138 event in Planica, Slovenia.
6.30 LIVE Alpine Skiing The men's downhill event in Aspen, Colorado.
8.30 Alpine Skiing From Norway.
9.30 Biathlon From Nove Mesto.
10.30 Ski Jumping From Slovenia.
11.30 Discovery Golf
12.00 M'T Cycling: Tour of Rwanda
1.00 AM Alpine Skiing
2.00 Cycling: Strade Bianche
4.00 Alpine Skiing From Norway.
4.55 to 5.50 AM Biathlon

Eurosport 2

411 411 869 | 522 | 413 436

6.00 AM Biathlon From Nove Mesto.
7.00 Cross-Country Skiing
8.00 Show Jumping
9.00 Freestyle Skiing
10.20 LIVE Snowboarding Coverage from Bakuriani in Georgia.
12.20 PM Discovery Golf
12.50 Triathlon
1.50 Bennetts British Superbikes
2.00 World Superbikes
4.00 Cycling: Omloop Het Nieuwsblad Action from Belgium.
6.00 Snooker: World Championship
8.00 Cycling: Strade Bianche
10.00 Formula E Recent highlights.
11.55 World Superbikes
1.45 AM LIVE World Superbikes The Superpoles in the Supersport and Superbike disciplines.
3.15 World Superbikes
3.45 LIVE World Superbikes Race one in the Supersport discipline.
5.15 to 6.30 AM LIVE World Superbikes Coverage of race one in the Superbike discipline.

Sky Sports Arena

408 408 866 | 518 508 | 427 447

6.00 AM Inside the NBA
6.30 Super League Highlights
8.45 World Club Challenge
9.00 LIVE NRL Penrith Panthers v Brisbane Broncos. Coverage of the encounter from BlueBet Stadium. Kick-off 9.05am.
11.00 Super League Highlights
11.30 Premier League Darts
3.00 PM Super League Highlights
3.30 NBA Action
4.00 NBA Basketball
6.00 Super League Highlights
7.30 LIVE Betfred Super League St Helens v Leeds Rhinos. The top-flight match at Totally Wicked Stadium. Kick-off is at 8.00pm.
10.15 NBA Basketball Another chance to see Golden State Warriors v Los Angeles Clippers.
12.15 AM Super League Highlights
1.00 Netball Superleague
3.00 Super League Highlights
3.30 NBA Basketball
5.30 to 6.00 AM NBA Action

Sky Sports F1

406 406 864 | 516 506 | 425 445

6.00 AM Highlights
7.50 LIVE Formula 3 The Bahrain Grand Prix practice session.
8.45 F1 Features
9.00 LIVE Formula 2 The Bahrain Grand Prix practice session.
9.55 F1 Features
11.00 LIVE Formula 1 The Bahrain Grand Prix first practice session.
1.00 PM LIVE Formula 3 Coverage of the Bahrain Grand Prix qualifying session.
1.40 F1 Features
2.45 LIVE Formula 1 Bahrain Grand Prix second practice session.
4.25 LIVE Formula 2 The Bahrain Grand Prix qualifying session.
5.00 The F1 Show
6.15 F1 Features
7.00 The F1 Show
8.00 LIVE Indycar Firestone GP of St. Petersburg first practice session.
9.15 F1 Features
11.00 PM to 6.00 AM Highlights

SKY HD SD VIRGIN HD BT HD

KIDS WATCHLIST

Great shows for young viewers (from tots to teens) on linear TV and streaming

tv+ Pretzel and the Puppies

Available from 24 February, Apple TV+

The world's longest dachshund is back for a second series. Together with wife Greta, the stay-at-home dad will be encouraging young pups Paxton, Poppy, Puck, Pippa and Pedro to 'make their bark' on the world around them.

It can be difficult keeping five eager pups entertained but proud dad Pretzel is determined to sniff out ways to make their hometown of Muttgomery a four-legged-friendly place.

Disney+ Moon Girl and Devil Dinosaur

Available from Wednesday, Disney+

Move over Spider-Woman, She-Hulk and Black Widow... There's a new kick-ass superheroine in town courtesy of this six-part Marvel animation. Lunella Lafayette – aka Moon Girl – is a teenage genius who finds brawn to match her brains when she accidentally brings a T-Rex into the present day to help her protect New York City's Lower East Side from danger.

More great shows to watch this week...

Tom and Jerry in New York NEW

Wed-Fri, 4.30pm, Boomerang

The cat-and-mouse duo are living in the Big Apple – alongside old and new pals. Plus, weekends in March on Boomerang are devoted to the duo.

Where Is Anne Frank

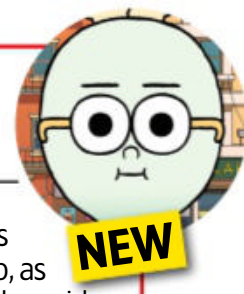
Sunday, 10.15am, Sky Premiere

This informative animated drama brings to life a young girl called Kitty, who was the imaginary friend who Anne Frank wrote to in her diary while she and her family were in hiding in Amsterdam during World War Two.

Apple & Onion

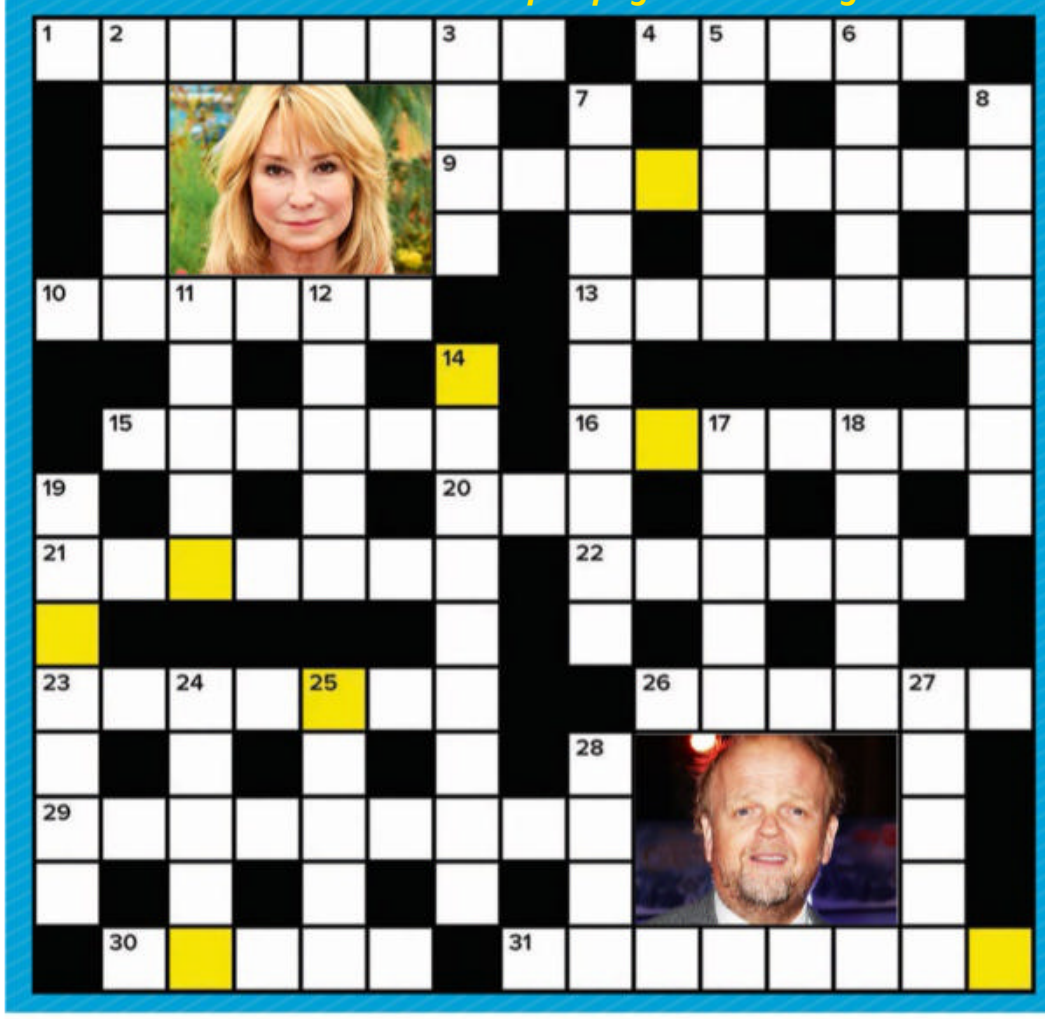
Wed-Fri, 5pm, Cartoon Network

Get ready for some brand new episodes of everyone's favourite fruit-and-veg duo, as they navigate the Big City alongside Falafel, Samosa and French Fry!



CROSSWORD

Solve the clues in our just-for-fun crossword puzzle and re-arrange the shaded squares so the letters spell out the name of a TV presenter (5,3). Answers at the bottom of the page – no cheating!



ACROSS

1 Dame Patricia Routledge's *Keeping up Appearances* role (8)
4 *Mickey Spillane's Mike Hammer* star, ----- Keach (5)
9 Supertramp album from 1979, --------- *in America* (9)
10 Writer who created Belgian supersleuth Hercule Poirot, ------ Christie (6)
13 Character played by Roger Lloyd Pack in sitcom *Only Fools and Horses* (7)
15 ------ King, plays *Emmerdale's* villainous Kim Tate (6)
16 Wide-ranging BBC arts show presented by Alan Yentob (7)
20 Director of 1997 movie *The Fifth Element*, --- Besson (3)
21 Peter -------, legendary British horror-film actor (7)
22 Lord Alan Sugar's aide on *The Apprentice*, ------ Brady (6)
23 The ---- ---, 2008 crime film starring Jason Statham and Saffron Burrows (4,3)
26 Writer and star of sitcom *Fawlty Towers*, John ------ (6)
29 US sitcom starring Ray Romano, --------- *Loves Raymond* (9)
30 Actor who plays The Kabin co-owner Brian Packham in *Coronation Street*, ----- Gunn (5)
31 See picture clue: -------- Kendal, star of *The Good Life* and *Rosemary & Thyme* (8)

DOWN

2 Anarchic 1980s sitcom starring Rik Mayall and Ade Edmondson, *The* ----- *Ones* (5)
3 See picture clue: ---- Jones, star of the 2016 movie remake of sitcom *Dad's Army* (4)
5 George -----, played Sulu in the original *Star Trek* series (5)
6 Star of 2006 Bond movie *Casino Royale*, Daniel ----- (5)
7 BBC crime-drama series starring Dennis Waterman about cold cases (3,6)
8 Real surname of The Beatles drummer Sir Ringo Starr (7)
11 Fantasy film from 2013 with Tom Hanks, *Cloud* ----- (5)
12 ----- Klum, model and *America's Got Talent* judge (5)
14 Director of 2017 war drama *Hacksaw Ridge* (3,6)
17 ----- Lavigne, Canadian singer (5)
18 Jim Carrey comedy film from 2000, *Me, Myself &* ----- (5)
19 Stage name of Chris Millar as drummer of punk band The Damned, Rat ------- (7)
24 Played Meg Richardson in *Crossroads*, ----- Gordon (5)
25 Yootha -----, played Mildred in *Man About the House* (5)
27 Joe -----, garden designer, journalist and TV presenter (5)
28 David ---- Pierce, played Niles Crane in sitcom *Frasier* (4)

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CROSSWORD SOLUTION

ANSWER: JAMES MAY ACROSS: 1 Hyacinth 4 Stacy 9 Breakfast 10 Agatha 13 Trigger 15 Claire 16 Imagine 20 Luc 21 Cushing 22 Karren 23 Bank Job 26 Cleese 29 Everybody 30 Peter 31 Felicity
DOWN: 2 Young 3 Toby 5 Takei 6 Craig 7 New Tricks 8 Starkey 11 Atlas 12 Heidi 14 Mel Gibson 17 Avril 18 Irene 19 Scabies 24 Noele 25 Joyce 27 Swift 28 Hyde

Coming soon

FIRST LOOK

Toni Collette (left) and John Leguizamo (second from left) as Margot and Rob

The Power

Toni Collette stars in a drama about girls who discover they have a remarkable gift

Auli'i Cravalho as Jos

Here's a sneak peek at Toni Collette in Prime Video's intriguing new drama *The Power*.

The series, airing from Friday 31 March, is based on Naomi Alderman's 2016 novel and follows teenage girls across the globe who suddenly realise that they can electrocute people whenever they want.

As the fallout leaves the world reeling and has a huge impact on the gender balance, youngsters in the UK, America, Nigeria and Eastern Europe try to come to terms with the change.

Collette heads the cast as Margot Cleary-Lopez, a US mayor who believes that the power could have significant benefits, while John Leguizamo plays her husband, Rob Lopez, and Auli'i Cravalho is her daughter Jos, who is one of those who develop the mysterious gift.

GLOBAL ADVENTURE

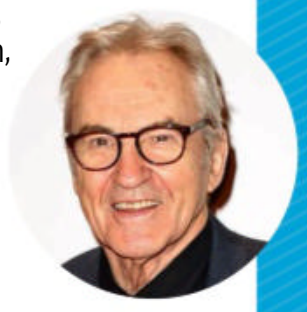
Eddie Marsan co-stars as ruthless gangster Bernie Monke, while Ria Zmitrowicz is his daughter Roxy, Toheeb Jimoh is journalist Tunde Ojo, Zrinka Cvitešić is the wife of a powerful Eastern European leader, Tatiana Moskalev, and Halle Bush plays troubled teen Allie Montgomery, who finds strength through her power.

'I'm thrilled beyond words,' says Alderman, who has adapted the series from her book. 'The story is a global one, about the lives of women and men everywhere, so I'm hugely excited that *The Power* will spark conversation and debate. We're going to make something revolutionary and, dare I say it, electrifying.'

WHAT'S NEXT FOR...

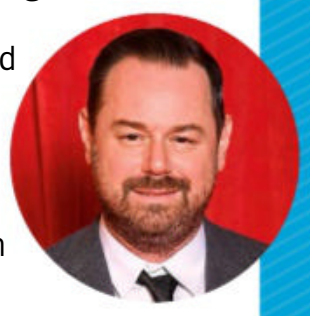
Larry Lamb

Channel 5 drama **The Inheritance** will see the actor portray a patriarch who dies suddenly, leaving his children, played by Robert James-Collier, Gaynor Faye and Jemima Rooper, to pick up the pieces.



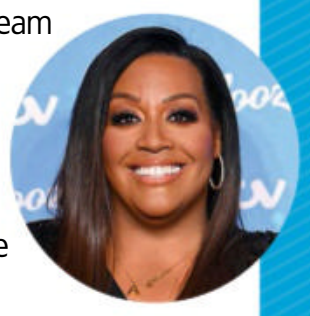
Danny Dyer

The actor will star in Sky Comedy's six-part series **Mr Bigstuff** as macho Lee, who tries to escape his past and ends up turning to Glen (Ryan Sampson), his estranged brother who is dealing with his own issues.



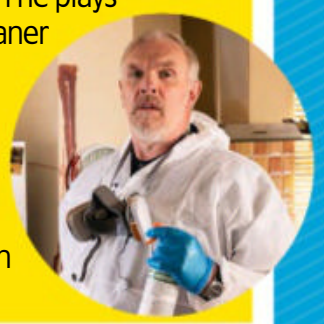
Alison Hammond

In Sky Max's comedy panel-show pilot **On Demand**, the host of *This Morning* will be a team captain alongside Josh Widdicombe, as they answer questions about TV shows, while Rob Beckett will be the quizmaster.



Coming Back

Greg Davies is returning for a second series of BBC1 comedy **The Cleaner**, in which he plays crime-scene cleaner Paul 'Wicky' Wickstead. Zoë Wanamaker, Asim Chaudhry, Dame Harriet Walter and Simon Callow guest star.



Next week

On sale Tuesday 28 February

Luther: The Fallen Sun

The disgraced detective (Idris Elba) hunts a killer in Netflix's film.

DNA Journey

John Bishop and Hugh Bonneville investigate their roots in the return of ITV1's genealogy show.

School Spirits

Paramount+'s supernatural drama stars Peyton List as a teenager trapped in the afterlife.

The Bay

Jenn (Marsha Thomason) looks into a mum's death in the fourth series of ITV1's crime drama.

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Sculptural Clock

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In tribute to our nation's courageous military heroes

Golden LED illumination

Shown smaller than actual size. Measures 9 inches (22.9 cm) in height x 7.6 inches (19.4 cm) in width. Requires 3 x AA batteries (not included).

An impressive 9 inches in height

In Flanders Fields the poppies blow, between the crosses, row on row...

Lieutenant-Colonel John McCrae's poetic tribute to those who lost their lives during WWI forever stirs our nation's emotions whilst also evoking pride in those who have served their country – past and present. The Bradford Exchange pays tribute to our armed forces with the *Lest We Forget Sculptural Clock* – an exclusive presentation **officially endorsed by the Lest We Forget Association.**

Handsculpted and handpainted, with illumination and John McCrae's poem

Expertly handcrafted, this clock depicts a pair of hand-sculpted soldiers, their heads bowed in solemn remembrance. Each is handpainted in **rich bronze patinas**, reminiscent of museum-quality pieces. The **precision Quartz movement** clock is set into a transparent art panel which features a montage of soldiers set against a field of vibrant red poppies. Hidden **LED lights illuminate the scene** on the face, which is also accented with a memorial wreath and the tribute, Lest We Forget. The bevelled, wood-tone base features a **golden excerpt from John McCrae's 'In Flanders Field' poem.**

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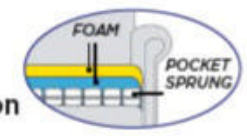

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